

# Lancaster Half Marathon

## 1 November 2015

Pos	No	Name	Club Name	Cat	Time
1	1	Ivan Acereda		M	1:12:34
2	302	Ben Johnson	Southport Waterloo AC	M	1:12:53
3	260	Angus Holford	Woodford Green AC	M	1:15:25
4	125	Simon Dally	Bolton Harriers	MV45	1:16:04
5	6	Duncan Anderson	Tri Preston	M	1:16:15
6	109	Jonathan Cox	Eden Runners	M	1:17:59
7	741	Mark Holgate	Barlick Fell Runners	MV40	1:18:41
8	397	Thomas Mills	Warrington AC	M	1:19:23
9	696	Sam Harrison	Bowland Fell Runners	M	1:20:27
10	146	Ben Donoghue	Red Rose Road Runners	M	1:20:52
11	647	Melanie Hyder	Helmhill	F	1:21:27
12	330	Carl Krystek		M	1:22:24
13	362	Alan Lucker	Bowland Fell Runners	MV40	1:22:35
14	717	Johanna Gascoigne-Owens	Alnwick Harriers	FV35	1:22:47
15	704	Richard Jones	Garstang RC	M	1:23:08
16	87	Morgan Clarkson		F	1:23:28
17	281	Daniel Hughes	Red Rose Road Runners	M	1:23:30
18	450	Jose Pinon Shaw	Red Rose Road Runners	MV45	1:24:16
19	728	Dave Potter	Trawden AC	MV40	1:24:46
20	657	Ken Addison	Red Rose Road Runners	MV55	1:24:54
21	671	Andrew Scowcroft		MV40	1:24:59
22	105	Dan Cottle	Prestwich AC	M	1:24:59
23	443	Mike Pauley	Bentham Beagles	MV55	1:25:19
24	290	Paula Irons	Black Combe Runners	FV35	1:25:25
25	460	Chris Pyle	Lancaster & Morecambe AC	MV40	1:25:33
26	689	Simon Couchman	Fylde Coast Runners	MV40	1:25:36
27	429	Chris O'Brien	Bournemouth AC	MV40	1:25:46
28	307	Jason Jones	FITT	M	1:26:10
29	455	Simon Powner	Newcastle Tri Club	M	1:26:15
30	482	Steven Robinson		M	1:26:16
31	595	Alex Waddelove	Southport Waterloo AC	M	1:26:29
32	262	Nigel Holmes	Prestwich AC	MV40	1:26:35
33	231	Andrew Harrison		M	1:27:05
34	224	David Harker	Walney Wind Cheetahs	MV40	1:27:17
35	461	Tim Ratcliffe		M	1:27:45
36	183	Lindy-Lee Folscher		F	1:27:51
37	720	Andrew Christie	Red Rose Road Runners	M	1:27:55
38	25	Hannah Bateson	Lancaster & Morecambe AC	F	1:28:30
39	95	Steve Coleman		MV50	1:28:41
40	11	Matthew Armistead		M	1:28:50
41	456	Graeme Prescott	FITT	M	1:28:57
42	44	Jimmy Bottomley		MV50	1:29:00
43	742	Philip Low	Walney Wind Cheetahs	MV50	1:29:06
44	700	John Naylor	Prestwich AC	M	1:29:06
45	53	Karen Bridge	Eden Runners	FV45	1:29:22
46	88	Dan Clackson		M	1:29:29
47	703	Mick Dolan		MV50	1:29:42
48	170	Paul Farren	Bentham Beagles	MV50	1:29:46
49	509	Adam Senn		M	1:30:12
50	340	Mark Leherie		MV40	1:30:18
51	139	Brian Devlin	Chorlton Runners	M	1:30:23
52	652	Niels Laustsen		MV45	1:30:28
53	566	Phil Taylor	Prestwich AC	MV45	1:30:29
54	764	Daniel Stocks	Bentham Beagles	M	1:30:37
55	548	Jayson Stokes		M	1:30:40
56	59	Samuel Butler		M	1:30:42
57	691	Stuart Cann	Red Rose Road Runners	MV50	1:30:46

58	525	David Simmons	Prestwich AC	MV40	1:30:53
59	219	Mark Hanson		M	1:31:02
60	457	Chris Price		MV45	1:31:26
61	77	Sam Chapman		M	1:31:31
62	535	Tom Southward	Hoad Hill Harriers	M	1:31:33
63	751	Norman Hayhurst		MV55	1:32:08
64	619	Ben Wilson		M	1:32:15
65	687	Philip Doran		M	1:32:23
66	733	Les Hill	Dumfries Running Club	MV55	1:32:33
67	562	Pete Taylor	Black Combe Runners	MV50	1:32:44
68	67	David Calder	Westerland Cross Country Club	MV55	1:33:00
69	665	David Jardin	Elswick Harriers	MV40	1:33:03
70	311	Martyn Jones		M	1:33:04
71	171	Matt Farrington		M	1:33:10
72	688	David Yates		M	1:33:27
73	369	Noj Mal		M	1:33:28
74	752	Sam Norris		M	1:33:44
75	413	Graeme Murray		MV40	1:33:50
76	201	Anthony Gornall		M	1:33:52
77	46	Warren Bowden	Chorlton Runners	MV45	1:33:52
78	42	Scott Boardman	Barlick Fell Runners	M	1:33:56
79	715	James Grinbergs	Eden Runners	M	1:34:08
80	725	Alex Patrick Camilleri	Prestwich AC	M	1:34:15
81	680	Philip Horrocks	Glaxo Hoad Hill Harriers	MV50	1:34:19
82	758	Nick Higham		MV45	1:34:20
83	20	Allan Ballester		M	1:34:22
84	501	Lee Salsbury		MV45	1:34:31
85	64	James Bryne		MV40	1:34:39
86	70	Andrew Campbell		MV40	1:34:52
87	754	Jon Sear	Lancaster & Morecambe AC	MV40	1:34:56
88	746	Stewart Hopes	Redcar Running Club	M	1:34:57
89	158	Dan Edwards	Chorley Harriers AC & Tri	M	1:34:59
90	277	Amy Howatson	Bolton Harriers	F	1:35:12
91	708	Mark Bishop	Prestwich AC	M	1:35:16
92	223	Adam Hargreaves		M	1:35:22
93	769	Jonathan Holden		M	1:35:24
94	767	Steven Jackson		M	1:35:26
95	670	JP Challinor	Ambleside AC	M	1:35:31
96	103	Thomas Cosway	Trawden AC	M	1:35:58
97	611	Michael Whyte		M	1:36:01
98	354	Hayley Lloyd-Henry	Prestwich AC	F	1:36:01
99	718	Anthony Lawrenson		MV40	1:36:06
100	328	Matthew Knowles		M	1:36:11
101	528	Mike Skyrme	Walney Wind Cheetahs	MV45	1:36:15
102	299	Jill Jefferson	Red Rose Road Runners	FV55	1:36:20
103	656	Stephen Glover		MV40	1:36:44
104	666	Adam Baird	Ambleside AC	MV40	1:36:48
105	337	Bob Lauder		MV50	1:36:52
106	39	Mark Billington	Red Rose Road Runners	MV40	1:36:54
107	632	Peter Milligan	Cumberland AC	M	1:37:08
108	270	Sam Horne		M	1:37:23
109	407	Andrew Mudd	Prestwich AC	MV50	1:37:26
110	416	Stephen Myers	Prestwich AC	MV50	1:37:26
111	321	John Keegan	Knutsford Tri Club	M	1:37:35
112	532	Richard Smith	Accrington Road Runners	M	1:37:48
113	723	Steven Batty	Walney Wind Cheetahs	MV50	1:37:50
114	478	Joanna Robbins	Sale Harriers	FV40	1:37:53
115	237	Mark Harvey		MV45	1:37:57
116	743	Louise Goddard	Lancaster & Morecambe AC	FV45	1:38:05
117	639	Mark Doctor	Alnwick Harriers	MV40	1:38:08
118	506	Jordan Scudder		M	1:38:10
119	575	Steve Tingle		MV50	1:38:13
120	211	Matthew Hackett	Wigan Phoenix	M	1:38:30

121	584	Rob Unsworth		M	1:38:43
122	284	Paul Hunt		M	1:38:48
123	674	Christian Scott		M	1:39:03
124	394	Alison Mellor	Keswick AC	FV35	1:39:07
125	709	Carlos Rodriguez	City of Lancaster Tri	M	1:39:14
126	264	David Hooton	Red Rose Road Runners	MV60	1:39:19
127	308	Ian Jones	Walney Wind Cheetahs	MV55	1:39:25
128	486	Dany Louise Robson	Trawden AC	FV40	1:39:48
129	714	Kerry Grinbergs	Eden Runners	FV35	1:39:49
130	173	Lucia Fernandez		F	1:39:55
131	463	Dave Raynor		MV50	1:39:59
132	45	Abdel Bouya-Samadi		M	1:39:59
133	579	Ruth Travis	Red Rose Road Runners	FV40	1:40:18
134	649	Joanne McLeod	Glaxo Hoad Hill Harriers	FV45	1:40:30
135	505	Paul Scott		M	1:40:32
136	683	Adrian Leigh	Bentham Beagles	MV55	1:40:41
137	448	Paul Phillips		MV40	1:40:50
138	716	Andy Mingay	Eden Runners	M	1:40:54
139	344	Kim Leong		F	1:40:55
140	417	Emma Naylor	Wigan Phoenix	F	1:40:59
141	151	Ashley Duckworth		M	1:41:13
142	418	Charlotte Neate		F	1:41:16
143	130	Colin Davies	Altrincham& District AC	MV65	1:41:19
144	737	Graeme Brown		M	1:41:24
145	374	Clair Martin	Prestwich AC	FV35	1:41:42
146	375	Glenn Martin	Prestwich AC	M	1:41:42
147	773	Mark Usitel		MV50	1:41:47
148	591	Ben Usher		M	1:41:47
149	629	Sarah Zejma		F	1:41:54
150	368	Karen Ann Maggio-Poyntz	Walney Wind Cheetahs	FV45	1:41:56
151	13	Mark Arrowsmith		M	1:41:58
152	75	Nikki Chamberlain	Knutsford Tri Club	FV45	1:42:02
153	659	Sarah Sutcliffe		F	1:42:27
154	388	Elaine McMillan		FV45	1:42:40
155	739	Mark Asutin		M	1:42:41
157	707	Simon Heald	Prestwich AC	M	1:42:54
158	342	Sarah-Jane Lennie		FV40	1:43:06
159	729	Oliver Haines	Trawden AC	M	1:43:16
160	537	Michael Spencer	Tockholes Secret	MV40	1:43:22
161	599	Andrew Walmsley		MV60	1:43:37
162	296	Roman Jambor		MV45	1:43:39
163	404	Stuart Morris	Alnwick Harriers	MV40	1:43:49
164	319	Joseph Keane		M	1:43:56
165	744	Helen Newton	Kendal AC	FV35	1:44:03
166	732	Martin Watton		M	1:44:05
167	705	Samantha Ayers	Keswick AC	FV45	1:44:07
168	217	Neil Hanlon		MV45	1:44:20
169	172	Pierre Fayon		M	1:44:26
170	518	Philip Shorrocks		M	1:44:32
171	156	Ken Earnshaw	Lancaster & Morecambe AC	MV50	1:44:34
172	160	Steph Ellison		F	1:44:37
173	178	Michael Flanagan		M	1:44:37
174	117	Daniel Crowe		M	1:44:45
175	341	Graham Lennie		MV55	1:44:49
176	424	Emily Nunnery		F	1:44:49
177	34	Andrew Bell	Congleton Harriers	MV50	1:45:01
178	755	Stuart Humphreys	Red Rose Road Runners	M	1:45:10
179	52	Siobhan Brewer	Keswick AC	FV40	1:45:32
180	631	Maigorzata Zimon		F	1:45:36
181	5	Kim Anderson	Walney Wind Cheetahs	F	1:45:45
182	85	Nicola Clark		FV35	1:45:46
183	402	Jayme Morgan		MV40	1:46:01
184	376	Andrew Martin	Salford Harriers	M	1:46:11

185	31	Ian Beaumont	Stadium Runners	MV55	1:46:23
186	191	Gary Frearson		MV40	1:46:26
187	278	Andy Howe		MV40	1:46:31
188	168	Paul Fallon	Prestwich AC	MV50	1:46:47
189	32	Joanne Beaumont		F	1:47:04
190	622	Madelaine Winzer	Richmond	F	1:47:05
191	673	Alan Every		M	1:47:12
192	437	Simon Parry		MV50	1:47:23
193	444	Steven Payne		M	1:47:33
194	360	Kelly Loveick		F	1:47:42
195	513	Grant Shann	Teesdale AC	MV40	1:47:47
196	396	Andy Miller		MV50	1:48:03
197	604	William Warren		M	1:48:24
198	699	Stephen Aspden	Leigh Harriers AC	MV55	1:48:31
199	686	Robin Wilson		M	1:48:31
200	765	Marc Conroy		MV40	1:48:33
201	697	Stuart O'Connor		M	1:48:39
202	485	Michael Robson		M	1:48:40
203	207	Ann Griffiths	Fylde Coast Runners	FV50	1:48:46
204	186	Alice Forrester		F	1:48:54
205	626	Karen Worrall		FV40	1:48:54
206	533	Zoe Smith		F	1:49:06
207	356	Tony Lomax		MV55	1:49:15
208	361	Jack Lowe		M	1:49:17
209	355	Helen Lodge	Southport Waterloo AC	FV45	1:49:20
210	620	Rebecca Wilson		F	1:49:21
211	542	Alice Steele	Dallam RC	F	1:49:22
212	265	Liam Hooton	Red Rose Road Runners	M	1:49:26
213	667	Al Goodings	Ulverston Tri Club	MV40	1:49:27
214	615	Mark Wilde		MV40	1:49:29
215	774	Name No		M	1:49:29
216	600	Andrew Walton		M	1:49:29
217	322	Sam Kellet		M	1:49:34
218	759	George Parrington	Lancaster & Morecambe AC	MV65	1:49:35
219	574	Andrew Timpany		MV45	1:49:41
220	66	Patrick Caffrey		M	1:49:44
221	459	Ryan Purtill	Astley & Tyldsley RR	M	1:49:47
222	199	Aimee Goodings	Ulverston Tri Club	F	1:49:48
223	690	Michael Caldecott		M	1:49:49
224	489	Mike Rosedale	Sweatshop Running	MV40	1:49:55
225	553	Phil Sumner	Accrington Road Runners	MV50	1:50:04
226	606	Phil Webster	Ultra Running 365	MV40	1:50:09
227	305	James Jones		M	1:50:14
228	323	Roger Kelsall		MV40	1:50:27
229	572	Alison Thomson	Riversway RR	F	1:50:31
230	371	Pete Manning	Riversway RR	M	1:50:31
231	676	Rebecca Barker		F	1:50:32
232	54	Anthony Briffa		MV40	1:50:32
233	297	Mark James		MV50	1:50:37
234	706	Juliet Grieves	Keswick AC	FV45	1:50:40
235	719	Chris Bowker		M	1:50:41
236	22	Rhona Barker		FV40	1:50:41
237	468	Robert Reynolds		MV55	1:50:42
238	760	Malcolm Nicholas		MV60	1:50:52
239	115	Anneke Crosby	Red Rose Road Runners	FV45	1:50:58
240	477	Alan Riley		MV45	1:51:00
241	698	John Clucas	Blackburn Road Runners	MV50	1:51:05
242	175	Peter Finch		M	1:51:10
243	419	Alison Neate		FV50	1:51:13
244	24	Maxine Baron	Parkside Panthers	FV45	1:51:19
245	316	Roisin Kavanagh	Prestwich AC	FV35	1:51:26
246	569	James Taylor		M	1:51:28
247	86	Georgina Clarke		F	1:51:37

248	314	Christine Jukes		FV40	1:51:38
249	414	Dylan Musgrave		MV40	1:51:40
250	491	Emilie Roussel		F	1:51:41
251	240	Daniel Hayes		M	1:51:43
252	641	Carol Douglass	Red Rose Road Runners	FV65	1:51:47
253	702	Callum Morris		M	1:51:50
254	17	Darren Ayrey		MV50	1:51:55
255	679	John Boileau	Prestwich AC	M	1:51:57
256	269	Steve Horne		MV45	1:52:03
257	16	Sean Avis		MV40	1:52:04
258	585	Miriam Unsworth		F	1:52:07
259	616	Jane Wilding		FV35	1:52:20
260	73	Julie Cavin-Riley		FV35	1:52:21
261	320	Paul Kear		MV50	1:52:22
262	100	Michael Cook	Brunden RR	M	1:52:38
263	771	Paul Crompton		M	1:52:38
264	334	Phil Lamb	Burnden Road Runners	MV50	1:52:42
265	653	Raymond Stephenson		MV50	1:52:42
266	102	Richard Costain		M	1:52:47
267	9	Sean Anstee		M	1:52:48
268	695	Sarah Rawlings	Eccleshill RR	FV45	1:52:49
269	313	Trevor Jowett		MV45	1:52:50
270	761	Andrew Sayers		M	1:52:50
271	106	Ricardo Couto		M	1:52:59
272	121	Alison Currie	Parkside Panthers	FV40	1:53:00
273	119	Steven Cullen		M	1:53:11
274	675	Joe Edmundson	Trawden AC	MV65	1:53:13
275	453	Debbie Porter	Red Rose Road Runners	FV45	1:53:13
276	78	Chris Charnley	Red Rose Road Runners	MV40	1:53:13
277	544	Sue Stewart	Southport Waterloo AC	FV65	1:53:21
278	215	James Hall		M	1:53:24
279	232	Emma Harrop		FV40	1:53:28
280	763	Helena Lewis	Lancaster & Morecambe AC	FV45	1:53:34
281	346	Michael Lilley	Swinton RC	MV55	1:53:45
282	363	Isabelle Luscombe		F	1:53:47
283	124	Craig Dainty		M	1:53:50
284	222	Jae Hargan		FV40	1:53:54
285	348	Mark Lineker		MV45	1:53:56
286	226	Karen Harper	Goole Viking Striders	FV50	1:53:57
287	520	Rebecca Shuttleworth	Parkside Panthers	F	1:54:10
288	660	Anne Mayers-Smith	Wesham RR	FV35	1:54:17
289	2	Nathaniel Alabaster		M	1:54:23
290	18	Jake Ayrey		M	1:54:37
291	37	Oliver Berisford		M	1:54:49
292	227	Lee Harris		M	1:54:50
293	736	Rebecca Willmott		F	1:54:52
294	654	David Tuck		MV40	1:54:55
295	692	Richard Field	Red Rose Road Runners	M	1:54:58
296	594	Alison Vidler		FV45	1:55:00
297	508	John Sears		MV60	1:55:00
298	558	Chris Tallant		M	1:55:09
299	55	Amanda Brooks		FV45	1:55:15
300	335	Ben Lamont		M	1:55:20
301	257	Kevin Hodder	Chorlton Runners	MV40	1:55:25
302	435	Rui Pan		M	1:55:27
303	628	Yue Yin		M	1:55:27
304	605	Mark Webster	Red Rose Road Runners	MV45	1:55:35
305	481	Barbara Robinson	Skipton AC	FV65	1:55:38
306	398	Parish Minton		F	1:55:42
307	519	Daniel Shuker		M	1:55:42
308	496	Dan Rufus		M	1:55:48
309	568	Steve Taylor	Red Rose Road Runners	MV40	1:55:58
310	138	Dawn Denton	Wharfedale Harriers	FV40	1:56:03

311	596	Ivan Wadeson		MV45	1:56:06
312	724	Victoria Thompson	Hoad Hill Harriers	F	1:56:11
313	445	Mark Pemberton	Trawden AC	MV40	1:56:27
314	552	Ian Storey	Eccleshill RR	MV40	1:56:28
315	259	Peter Holden		MV40	1:56:36
316	136	Graham Denney	Trawden AC	MV50	1:56:38
317	527	Paul Sixsmith		M	1:56:43
318	279	Kathryn Howe		FV40	1:56:51
319	294	Jonny Jaconelli		M	1:56:59
320	524	Robert Simm		M	1:57:02
321	111	Lindsay Crawford		FV35	1:57:03
322	473	Glen Riding		MV40	1:57:03
323	295	Lucy Jain		F	1:57:07
324	762	Mark Gallamde		M	1:57:10
325	97	Julian Collins	Prestwich AC	MV40	1:57:13
326	239	Leesa Haydock		F	1:57:14
327	466	Jason Reilly		MV40	1:57:23
328	603	Joanna Ward-Brown		F	1:57:24
329	184	Danny Folscher		MV40	1:57:26
330	177	Kevin Fitzgerald		MV50	1:57:27
331	89	Chris Clarkson		M	1:57:28
332	353	Linzi Lloyd-Henry	Prestwich AC	FV50	1:57:29
333	618	Alex Williams		MV40	1:57:30
334	727	Christopher Mckay		M	1:57:33
335	378	Rosie Matthews		F	1:57:45
336	550	Sophie Stone		F	1:57:45
337	131	Gareth Davies		M	1:57:49
338	438	Graham Parsonage		MV45	1:57:54
339	50	Katie Braid	Hoad Hill Harriers	F	1:58:06
340	662	Anthony Grady		MV50	1:58:13
341	386	Grainne McKenna		F	1:58:21
342	555	Chris Swarbrick		MV40	1:58:21
343	685	Richard Parry	Chester Road Runners	MV40	1:58:22
344	522	Kirsty Silcock		F	1:58:23
345	352	Mark Llwellyn		MV55	1:58:30
346	76	Phillip Chandler		M	1:58:35
347	382	Che McGarvey-Gill		F	1:58:39
348	440	Umesh Patel		MV45	1:58:40
349	254	Rob Heywood		MV50	1:58:47
350	492	Ian Rowlands		MV40	1:58:50
351	395	Alison Mercer	Red Rose Road Runners	FV50	1:58:50
352	640	Michael Jeffreys	Red Rose Road Runners	MV45	1:58:54
353	576	Kayleigh Torpey		F	1:58:58
354	609	Paul Whitaker		M	1:58:58
355	214	Rebecca Hall		F	1:59:13
356	81	Alan Chesters	Bentham Beagles	MV60	1:59:18
357	393	Stephen Meek		MV50	1:59:22
358	490	John Ross	Red Rose Road Runners	MV45	1:59:23
359	216	Angela Hanily	Prestwich AC	FV45	1:59:24
360	738	Leslie Pateloup		F	1:59:27
361	740	Konstantinos Goergalos		M	1:59:27
362	547	James Stitt		M	1:59:40
363	546	Daniel Stitt		M	1:59:41
364	735	simon Lister		MV45	1:59:41
365	701	Janet Monaghan	Bentham Beagles	FV60	1:59:43
366	49	Amanda Bracegirdie		FV40	1:59:44
367	161	Mark Ellison		MV40	1:59:44
368	589	Joanne Unsworth		F	1:59:48
369	590	John Unsworth		M	1:59:48
370	514	Stephanie Sharp	Fylde Coast Runners	FV45	1:59:52
371	364	Vicki Luther	Bentham Beagles	F	1:59:55
372	556	Neil Sweeney		M	2:00:02
373	664	Rob McKeever	Black Combe Runners	MV60	2:00:08

374	593	Michele Vettese		F	2:00:13
375	523	Janet Silverwood		FV45	2:00:16
376	756	Carmen Watson		FV45	2:00:16
377	345	Catherine Lilley		F	2:00:28
378	592	Diane Vaughton		FV40	2:00:32
379	612	Rob Wibberley		M	2:00:37
380	389	Jenny McNally		FV35	2:00:42
381	209	Catherine Grisdale	Parkside Panthers	FV55	2:01:04
382	166	Jenny Fairclough	Red Rose Road Runners	FV55	2:01:10
383	162	Gillian Elsworth	Skipton AC	FV45	2:01:19
384	205	Emma Grierson		FV35	2:01:31
385	163	Paul Evans		M	2:01:32
386	770	Victoria Crompton		FV35	2:01:33
387	582	Scott Turner		MV40	2:01:36
388	497	Matt Rutter		M	2:01:36
389	516	Ian Shelmerdine		MV45	2:01:39
390	563	Michelle Taylforth		FV50	2:01:46
391	306	Sarah Jones		F	2:01:47
392	176	Oliver Finlay	Lancaster Uni RC	M	2:01:47
393	267	Andrew Hopkinson		MV40	2:01:57
394	583	Michael Tyson		M	2:02:13
395	648	Lucia Ramirez-Montesinos	Preston Harriers	F	2:02:20
396	285	Amelia Hunt		FV45	2:02:21
397	745	Mark Salthouse		M	2:02:40
398	454	Matt Potts		M	2:02:40
399	475	Yvonne Rigby		FV40	2:02:49
400	748	Janine Thompson	Halifax Harriers	FV35	2:02:54
401	403	David Morris		M	2:02:57
402	72	Graham Carr		MV55	2:02:59
403	359	Joanne Lovick	Trawden AC	FV45	2:02:59
404	252	Claire Hetherington		FV40	2:02:59
405	74	Sarah Chadbourne	Bramhall Runners	F	2:03:13
406	621	Victoria Wilson	Skipton AC	FV40	2:03:26
407	110	Tina Crabtree		FV40	2:03:44
408	645	Stephen Robshaw	Bentham Beagles	MV40	2:03:51
409	99	Joseph Connor	Bramhall Runners	M	2:03:56
410	144	Karl Dolden		MV45	2:04:01
411	251	Philip Heaketh		MV45	2:04:02
412	65	Julia Byrne		FV35	2:04:19
413	218	Charlie Hanogue		F	2:04:26
414	12	Sue Arnott	Bentham Beagles	FV55	2:04:28
415	730	Tomas Folta		MV60	2:04:29
416	387	Ian McLean		M	2:04:35
417	772	Liz Smith	City of Lancaster Tri	FV55	2:04:40
418	529	Andy Slater	Worsley RC	MV45	2:04:51
419	19	Angela Bailey		FV40	2:05:02
420	123	Hannah Cutler		F	2:05:04
421	488	Chris Rose	Skipton AC	FV60	2:05:06
422	159	Ruth Elkington	Skipton AC	FV50	2:05:06
423	476	Daniel Rigby		M	2:05:09
424	731	Jason Noblet		M	2:05:12
425	366	George Mabey		M	2:05:14
426	446	Gina Pennington		F	2:05:18
427	549	Benn Stokes		M	2:05:24
428	757	Jan Duncan		FV45	2:05:26
429	309	Lorraine Jones		FV45	2:05:30
430	301	Louise Johnson		FV35	2:05:35
431	766	Ben Clifton		M	2:05:48
432	539	Michael Starr		M	2:05:49
433	200	Vicky Gore	Red Rose Road Runners	FV35	2:05:56
434	98	Veronica Connochie		FV50	2:06:01
435	287	John Hutcheon		M	2:06:01
436	507	Michelle Sears		FV40	2:06:05

437	268	Xanthe Horne		FV50	2:06:19
438	41	Nick Boardman		M	2:06:19
439	567	Sharon Taylor	Walney Wind Cheetahs	FV50	2:06:20
440	36	Karen Ann Bennett	Walney Wind Cheetahs	FV45	2:06:22
441	51	Emma Braithwaite		F	2:06:22
442	668	Andrei Ciuca		M	2:06:32
443	734	Fabia Fowler		F	2:06:47
444	94	Paige Coates		F	2:06:47
445	165	Jenny Evans		F	2:06:51
446	655	Douglas McDonagh		M	2:06:53
447	483	Matthew Robson	GB Bootcamps	M	2:06:54
448	637	Allan Howard	Red Rose Road Runners	MV55	2:07:01
449	452	Kirstin Poppleton	Wray Womens	F	2:07:02
450	189	Angela Foster		FV40	2:07:02
451	336	Helen Large		FV40	2:07:06
452	338	Anita Leach		FV50	2:07:06
453	684	Elizabeth Allison	Trawden AC	FV50	2:07:18
454	436	David Parkinson		MV60	2:07:20
455	181	Mark Fletcher	Evenwood RR	M	2:07:27
456	379	Kevin Maughan		M	2:07:27
457	588	Chris Unsworth		MV60	2:07:49
458	768	Joseph Hillier		M	2:07:53
459	401	Phil Moore		MV60	2:07:54
460	289	Judi Ingham	Red Rose Road Runners	FV45	2:07:55
461	56	Clare Bugeja		FV45	2:08:10
462	623	Helen Witter		FV55	2:08:17
463	230	Caroline Harrison	Wharfedale Harriers	FV45	2:08:22
464	137	Rachel Dennison	Chorlton Runners	F	2:08:22
465	157	Heather Edwards		F	2:08:29
466	370	Helen Mangnall		FV35	2:08:47
467	220	Lynda Hardman		FV45	2:08:50
468	129	Jane Davies		FV50	2:08:51
469	192	Anna Fubini		FV40	2:09:03
470	15	Beverley Atherton		FV45	2:09:04
471	141	Stephen Dixon		MV40	2:09:31
472	410	Catherine Mulley		FV40	2:09:37
473	471	Dean Richardson		M	2:09:40
474	541	Melissa Steele		F	2:09:45
475	380	Charlotte McCarthy		F	2:09:45
476	194	Alicia Gaskell		F	2:10:12
477	134	Emily Dean		F	2:10:18
478	30	Yvette Beaumont		FV45	2:11:08
479	234	Jacqui Hartley		FV50	2:11:11
480	347	Niall Lineker		M	2:11:15
481	644	Joan Gouldthorpe	Red Rose Road Runners	FV60	2:11:21
482	433	Sarah Oxley		FV40	2:11:30
483	484	Mark Robson	Teesdale AC	MV40	2:11:31
484	614	Pam Wilcox		MV40	2:11:50
485	57	Hannah Buonacorsi-How		F	2:11:59
486	351	Jane Little-Smith		FV35	2:12:08
487	531	Catherine Smith	Women on the Run	FV45	2:12:37
488	651	Karen Clark	Red Rose Road Runners	FV55	2:12:38
489	554	Suzanne Sumner	Accrington Road Runners	FV45	2:12:38
490	633	Bea Freund		F	2:12:45
491	434	Chris Paknik		M	2:12:48
492	61	Andrew Butler		MV45	2:12:49
493	167	Gareth Fairey	Sweatshop Running	MV40	2:12:50
494	747	Marie Watson		F	2:12:54
495	750	Sarah Bowden		F	2:12:59
496	179	Val Fleming	Walney Wind Cheetahs	FV60	2:13:04
497	3	Miriam Allman		FV40	2:13:07
498	512	Alex Shanks		MV55	2:13:15
499	564	Nicola Taylor		FV35	2:13:23



500	775	Name No		M	2:13:27
501	23	Mary Barnett		FV40	2:13:29
502	221	Peter Hardy		M	2:13:31
503	638	Philip Morris	Lancaster & Morecambe AC	MV55	2:13:42
504	7	Ruth Angus		FV35	2:13:47
505	682	Jill Nobble	Bentham Beagles	FV55	2:13:50
506	21	Steph Barcroft		FV40	2:13:51
507	643	Emma Carter	Lancaster & Morecambe AC	FV40	2:14:02
508	642	Carol Fishwick	Lancaster & Morecambe AC	FV50	2:14:02
509	458	Hannah Pritchard	Lancaster & Morecambe AC	F	2:14:14
510	678	Linda Chicken		FV40	2:14:22
511	677	Graham Padden		MV50	2:14:22
512	749	Jane Slater		FV45	2:14:27
513	753	Jill McVerry		F	2:14:37
514	392	Michael McVerry		M	2:14:37
515	60	Catherine Butler		FV45	2:14:57
516	630	Andrew Zejma		MV60	2:15:35
517	208	Carly Griffiths		F	2:15:53
518	198	Moira Godbert-Laird	Red Rose Road Runners	FV40	2:16:13
519	164	Daniela Evans		F	2:16:17
520	266	Martin Hopkins		MV50	2:16:31
521	580	Ian Trencher		M	2:16:34
522	462	Lee Rawlinson		MV40	2:16:49
523	634	Ashley Toms	Lancaster & Morecambe AC	MV65	2:16:50
524	236	Jenny Hartt		F	2:17:04
525	449	Katie Pierce		F	2:17:41
526	493	Gabbi Royle		F	2:18:28
527	256	Gareth Hine		M	2:18:36
528	143	Brandon Doherty		M	2:18:38
529	333	Stephanie Lake		F	2:18:40
530	372	Nick Markland		M	2:19:06
531	154	Emily Dunstan		F	2:19:06
532	722	Ben Hackeson		M	2:19:17
533	658	Emma Donaldson		FV35	2:19:23
534	120	John Cunliffe		M	2:19:42
535	147	Ann Donoghue	Red Rose Road Runners	F	2:19:45
536	694	Joanne Malcolmson	Red Rose Road Runners	FV35	2:19:45
537	465	Dave Reid	Chester Tri	MV50	2:20:05
538	204	Francesca Greenhow		F	2:20:21
539	681	Karen Dolphin		FV45	2:20:31
540	225	Jenni Harlow		F	2:20:57
541	325	Martin Kevill		M	2:20:58
542	113	Anna Cresswell		F	2:21:02
543	235	Lana Hartley		F	2:21:02
544	128	Alex Davidson		M	2:21:09
545	663	Debra Grady		FV50	2:21:28
546	142	Rebecca Dodd-Chandler		F	2:21:38
547	14	Juliet Ashton		FV35	2:21:43
548	327	Amy Knott		F	2:21:49
549	721	Claire Hackeson	Fylde Coast Runners	F	2:21:54
550	373	Helen Marr	Walney Wind Cheetahs	FV35	2:21:58
551	469	Samia Rezugui		F	2:21:59
552	635	Patrica Dill		FV45	2:22:00
553	400	Carol Monaghan		FV45	2:23:05
554	258	Rachel Hodson	Fylde Coast Runners	FV35	2:23:09
555	391	Stephen McTigue		MV50	2:23:13
556	409	Becky Mullen	Huddersfield RR	FV35	2:23:15
557	365	Andrea Lyons	Huddersfield RR	FV50	2:23:15
558	693	Simon Kirkman	Red Rose Road Runners	M	2:23:24
559	93	Steve Clensy		MV40	2:23:49
560	283	Antony Hughes-Jones		M	2:23:54
561	467	Anna Ressel		F	2:23:54
562	282	Chris Hughes		MV50	2:23:54

563	92	Kerry Clensy		FV35	2:23:55
564	246	Carol Heaton	Red Rose Road Runners	FV45	2:24:20
565	288	Emily Ingham		F	2:24:20
566	203	Helen Greenhalgh	Red Rose Road Runners	FV35	2:24:23
567	245	Susan Heatley	Red Rose Road Runners	FV35	2:24:23
568	534	Claire Solloway		FV40	2:24:44
569	149	Lee Drury		M	2:25:12
570	300	Carla Jenkinson		F	2:25:46
571	428	Simon O'Brien		MV40	2:25:50
572	515	Michelle Shaw	Parkside Panthers	F	2:25:59
573	499	Abu Saleh		M	2:25:59
574	421	Daniel Newton		M	2:26:02
575	193	Dili Garnett		FV45	2:26:21
576	377	Jess Matthewman		F	2:26:24
577	650	Chris Clark	Red Rose Road Runners	MV55	2:26:40
578	253	Andrew Heydeman		MV50	2:26:52
579	495	Drew Rucastle	Lancaster & Morecambe AC	M	2:27:06
580	441	Jessica Patterson		F	2:27:17
581	442	Sarah Patterson	City of Lancaster Tri	FV50	2:27:21
582	570	Caroline Thomas	Holmfirth Harriers	FV40	2:27:22
583	250	Britta Herzog		F	2:28:18
584	669	Anna Arisah	Skipton AC	FV55	2:28:44
585	672	Kath Mackechnie	Skipton AC	FV45	2:28:44
586	432	Michael Owen	Trafford AC	MV45	2:30:31
587	726	Sally Bean		F	2:33:10
588	540	Ian Statter		MV40	2:35:14
589	212	Mary Hadley	Hyde Village Striders	FV45	2:35:18
590	581	Emma Turner	Hyde Village Striders	FV35	2:35:18
591	383	Danielle McGhee		F	2:36:12
592	329	Pippa Knowles		FV35	2:36:24
593	28	Julie Beaghan		FV45	2:36:24
594	196	Christopher Gilmore		M	2:37:58
595	132	Paul Davies		M	2:37:58
596	108	Michael Cox	Accrington Road Runners	MV70	2:38:42
597	206	Kathy Griffin		FV35	2:40:09
598	197	Helen Gittens		FV45	2:44:08
599	598	Esther Walmsley		F	2:44:32
600	47	Rosa Bowe		F	2:44:54
601	324	Megan Kerr		F	2:45:32
602	343	Catherine Lennon		F	2:45:32
603	474	Katie Rigby		F	2:45:52
604	646	Peter Ellison		MV80	2:46:26
605	331	Ursula Krystek-Walton		FV35	2:47:16
606	29	Jim Beaton		MV60	2:48:59
607	712	Louis Lees		M	2:50:11
608	711	Phil Jones		MV50	2:50:15
609	48	Michael Bowker	Bentham Beagles	MV60	2:50:21
610	155	Alistair Eagles		MV45	2:52:48
611	27	Mark Baynham		MV40	2:52:48
612	83	Bernadette Clark		FV50	2:55:47
613	447	Louise Perry	Micks Road Runners	F	3:02:26
614	713	Jake Streeton		M	3:02:56
615	710	Andrew Tattershall		MV40	3:02:56
616	601	Lucy Walton		F	3:04:22