

# Accrington 10K Road Race

27 October 2013

Pos	No	Name	Club	Cat	Time
1	443	Matthew Lalor	Border Harriers	M	34:52
2	442	Rich Smith	Blackburn Harriers AC	M	35:06
3	419	Chris Williams		MV40	36:10
4	458	Brian Fogarty	Queensbury Running Club	M	36:22
5	441	Michael Hunt	Blackburn Harriers AC	M	36:24
6	469	Paul Guiwan	Trafford AC	MV40	36:27
7	440	Nick Gaskell	Blackburn Harriers AC	MV40	36:32
8	451	Tom Brewster	Clayton le Moors Harriers	MV40	36:53
9	475	Phil Hall	Clayton le Moors Harriers	M	37:10
10	483	Ian Jackson	Clayton le Moors Harriers	MV50	37:35
11	375	Steve Darby	Salford Harriers	MV45	37:38
12	429	Tim Greenald	Barnsley AC	MV45	37:57
13	470	Darren Midgley	East Cheshire Harriers	MV40	38:19
14	456	Joe Dooley	Queensbury Running Club	MV40	38:29
15	490	Alan Lundberg-Bury		MV45	39:23
16	139	Paul Brindle	Rosendale Harriers	MV50	39:29
17	465	David Lord	Darwen Dashers	MV40	39:33
18	484	Peter Hughes	Trawden AC	MV50	39:37
19	144	Paul Seddon	Queensbury Running Club	MV55	39:42
20	436	James Harris	Wigan Phoenix	MV40	39:43
21	445	Jon Richardson	Trawden AC	M	40:03
22	152	Kevin Foster	Howgill Harriers	M	40:21
23	455	Jonny Lee	Sale Harriers	M	40:25
24	341	Hannah Oldroyd		M	40:29
25	430	Ian Fisher	Saltaire Striders	F	40:30
26	454	Evan Cook		MV45	40:36
27	140	Richard Briscoe	Blackburn Harriers AC	MV60	40:38
28	391	Leon Passco	Clayton le Moors Harriers	M	40:50
29	434	Lee Pasco	Clayton le Moors Harriers	MU19	40:52
30	435	Rudolf Maciejkowicz	Clayton le Moors Harriers	M	41:13
31	149	Matthew Donnelly	Horwich RMI	MV60	41:22
32	425	Nicholas Cook		M	41:23
33	413	Sam McGreadie		M	41:37
34	347	BJ Morris	Blackburn Harriers AC	F	41:42
35	438	Martin Kerry		MV50	41:51
36	489	Fraser Snape	Blackburn RR	MV50	41:54
37	376	Mr Wilkinson		MV45	41:55
38	363	Gary Furness	Clayton le Moors Harriers	M	42:01
39	450	Matthew Haworth	EON RR	M	42:10
40	156	Mark Fawcett	Trawden AC	M	42:23
41	329	Austin Wensley	Trawden AC	MV40	42:32
42	482	Simon Maughan	Rosendale Harriers	M	42:41
43	143	Damian Fletcher		MV45	42:48
44	313	Adam Shaw	Clayton le Moors Harriers	M	42:55
45	150	Ed Ashton	Clayton le Moors Harriers	M	42:57
46	453	Lee Ellis		MV50	43:05
47	121	Andrew Seddon		M	43:06
48	477	Stephen Biscomb		M	43:12
49	346	Daniel Plant	Clayton le Moors Harriers	MV60	43:18
50	351	Michael Roy		M	43:27
51	402	Emma Wood		M	43:30
52	153	Heath Eynon	Howgill Harriers	F	43:37
53	487	Allister Haire		MV40	43:43
54	134	Uason Cole	Lancs Fire & Rescue	MV45	43:54
55	479	Helen Lawrenson		M	43:56

56	137	Adam Howard	Wesham RR	FV40	44:01
57	401	Chris Waterworth	Trawden AC	M	44:04
58	115	Stephen Green		MV40	44:06
59	496	Stuart Thompson	Clayton le Moors Harriers	MV55	44:08
60	350	Richard Brierley	Bingley Harriers	MV65	44:11
61	468	Emma Louise Walton		M	44:17
62	366	Alex Braysford		F	44:20
63	491	Thomas Cosway	Clayton le Moors Harriers	MV40	44:22
64	116	Daniel Morton		M	44:26
65	405	David Moywihan		M	44:28
66	461	Peter Pendlebury	Hyndburn AC	MV45	44:42
67	353	Damion Beech		MV40	44:48
68	344	Ken Livesey		MV40	44:52
69	160	David Clarkson	Trawden AC	MV55	44:53
70	320	Shafiq Khan		M	44:54
71	424	Jeanette Richards	Blackburn RR	M	44:57
72	388	Lee Denton	Blackburn RR	FV45	44:58
73	406	Mark Taylor	Blackburn RR	MV50	44:58
74	499	Oliver Barder		M	45:02
75	157	Colin Smith		M	45:08
76	352	Adam Bateman	Trawden AC	MV55	45:10
77	365	Steven Helling	Blackburn RR	M	45:17
78	481	Andrew Payne	Rosendale Harriers	MV55	45:19
79	382	Steven Heyes		M	45:23
80	420	Gary Balmer	Blackburn RR	MV40	45:28
81	164	Niall Pellymounter	Clayton le Moors Harriers	MV40	45:39
82	327	Colin Baxter		MV50	45:57
83	466	Richard Slater	Clayton le Moors Harriers	MV40	46:06
84	395	Philip Leaver	Blackburn RR	MV55	46:12
85	364	Michael Hodgetts	Wesham RR	MV60	46:15
86	355	Anthony Ciesla		M	46:19
87	473	Darren Ware		MV55	46:21
88	396	John Ramsbottom		MV40	46:22
89	356	Michael Moran		MV40	46:27
90	309	Joan Jackson	Blackburn RR	MV50	46:28
91	155	Paul Wilkinson	Northern Vets AC	FV55	46:34
92	147	Michael Alexander	Blackburn Harriers AC	MV40	46:37
93	314	Neil Haydock	Barlick Fell Runners	M	46:38
94	108	Paul Foster		MV50	46:39
95	331	Brian Wildman		MV45	46:44
96	145	Peter O'Gorman	Clayton	MV45	46:50
97	316	Ian Jackson		MV50	47:05
98	163	Chris Emmerson		MV45	47:06
99	129	Hannah Brierley		M	47:13
100	480	Martin Brady	Manchster YMCA HARRIERS	F	47:18
101	418	Chris Lowery	Clayton le Moors Harriers	MV50	47:50
102	492	Martin Hammond	Rosendale Harriers	MV45	47:53
103	304	Ella Gregory	Horwich RMI	M	47:59
104	362	Kaylie Panaro	Blackburn Harriers AC	FU19	48:09
105	345	Paul Clarke	Blackburn Harriers AC	F	48:21
106	337	Gary Redford		MV55	48:22
107	107	John Collins		MV50	48:32
108	148	Neil Thompson		M	48:38
109	372	Andrew Moffat		M	48:43
110	119	Michael Stapleford		MV45	48:45
111	500	Darren Smith		MV40	48:47
112	141	Dan Stacey	Red Rose Road Runners	MV40	49:11
113	495	David Richards		M	49:24
114	387	Joe Walters	Blackburn RR	MV50	49:26
115	126	Stuart Furness		MV45	49:29
116	449	Brian Holden	Blackburn Harriers AC	MV65	49:34
117	398	Joanne Graham	Guernsey Island AC	MV60	49:42

118	421	Stephen Moffatt		FV45	49:44
119	338	Margaret Bullock		MV45	49:51
120	128	David Taylor	Altrincham & District AC	FV45	49:53
121	423	Tracy Ireland		MV40	49:55
122	379	Emilio Vozzolo	Rossendale Harriers	FV45	49:56
123	370	Name No		MV45	49:56
124	503	Ged Johnson		F	49:56
125	404	Craig Hummer	Darwen Dashers	MV55	50:09
126	317	Trevor McCoy		MV40	50:11
127	493	Gary Innes	Lancs Fire & Rescue	MV60	50:18
128	476	Paul Derbyshire		MV55	50:19
129	412	Warren Jones	Wigan Harriers	MV50	50:20
130	431	Peter Wilkinson		M	50:30
131	101	Robert Smith	Northern Vets AC	MV65	50:34
132	133	Ian Gahagan	Trawden AC	MV55	50:37
133	343	Malcolm Garratt	Northern Vets AC	MV55	50:58
134	103	Mik Bullock		MV60	51:00
135	360	Stephen White		MV40	51:01
136	105	Nick Grimshaw		MV55	51:25
137	474	P Gildea		M	51:30
138	471	James Riley		MV50	51:44
139	335	Jonathan Peel		M	51:47
140	447	Jennifer Adams		MV40	52:07
141	136	Osman Sidik	Northern Vets AC	FV60	52:09
142	132	Robert O'Connell	Littlewoods RC	MV45	52:18
143	410	Mark Green		MV50	52:32
144	472	Kath Brady		M	52:37
145	417	Isla Armstrong	Clayton le Moors Harriers	FV45	52:40
146	154	Paul Smith		F	52:44
147	488	Thomas Graham	Lancaster & Morecambe AC	MV40	53:00
148	422	Fiona Ashton		MV50	53:01
149	452	Sissel Lundbery-Bury		FV45	53:17
150	138	Julie Thornley	Rossendale Harriers	FV45	53:25
151	497	Alain Dekker	Red Rose Road Runners	FV45	53:28
152	369	Neil Walton		MV40	53:30
153	358	David Kenneford		MV40	53:32
154	389	Alison Heath		MV40	53:38
155	390	Mike Gaughan		FV40	53:39
156	399	Kim Pilling		MV45	53:45
157	485	Stephen Wilkinson		FV40	53:50
158	446	George Fletcher	Wesham RR	MV60	53:58
159	131	Ron Chappell	Red Rose Road Runners	MV65	54:20
160	428	Name No	Clayton le Moors Harriers	MV65	54:25
161	501	Clive Millan		F	54:36
162	348	Linda Rusyn		MV50	54:38
163	433	Neil Gregson	Blackburn RR	FV55	54:42
164	397	Alan James Fearnhead	Lancashire Constabulary	MV40	54:43
165	354	Craig Barrett	Accrington RR	MV65	54:44
166	416	Wendy Gaynor		M	54:45
167	415	David Short		F	54:45
168	409	Paul Savage	Blackburn RR	MV45	54:55
169	426	David Barrett		MV60	55:19
170	393	Alan Graham		MV40	55:30
171	380	Sam Swain		MV55	55:32
172	336	Nicholas Roxburgh	Andems Runners	FV40	55:33
173	439	Lee Longworth		M	55:49
174	318	James Robinson		MV40	55:57
175	460	Ryan Wilkinson	Red Rose Road Runners	M	56:01
176	427	Ron Hill		M	56:08
177	100	Dominic Arnfield	Clayton le Moors Harriers	MV75	56:18
178	486	Bill Francis		M	56:20
179	467	Mathew Burrow		MV50	56:25

180	325	Stephen Howarth		M	56:29
181	384	Jawad Bhatti	West Cheshire	MV65	56:33
182	120	Denise Hughes		M	56:40
183	457	Robert McKnight	Garstang RC	FV50	56:46
184	146	Elizabeth Webster		MV45	56:52
185	368	Joanne Motley		F	56:53
186	392	Erica Ripo		F	57:05
187	324	Michael Porter		FV35	57:09
188	162	Ross Whittaker		M	57:43
189	130	Damian Brooks		M	57:49
190	432	Giuseppe Incutti		MV50	58:17
191	378	Gerry O'Donnell		MV40	58:40
192	411	Steve Riley		MV55	58:42
193	308	Caroline Parsons	UK Net Runner	MV55	58:49
194	373	Andrew Ainsworth		FV40	59:20
195	159	Debbie Ainsworth		M	59:28
196	158	Suzanne Davies	Darwen Dashers	FV35	59:31
197	125	David Spicer	Trawden AC	FV50	59:40
198	414	Mike Reid	Northern Vets AC	MV70	59:52
199	135	Lauren Wilkinson		MV45	59:53
200	371	Victoria Metelko-Taylor		FV35	1:00:05
201	315	Charlotte Brown		F	1:01:03
202	478	Lee Rawlinson		FV35	1:01:10
203	361	Claire Incutti		MV40	1:01:16
204	377	Tim Whitcombe	Blackburn RR	FV40	1:01:22
205	462	Mark Brown		MV45	1:01:44
206	463	Sarah Drachonbory		MV40	1:01:44
207	448	Marc Walker-Knight		FV40	1:01:58
208	494	S.Dawn Mills		MV40	1:02:54
209	367	Trevor Grundy		FV50	1:03:29
210	106	Clair Ryan		MV70	1:04:19
211	151	Malcolm Towler		F	1:04:21
212	400	Leanne Fogg	Northern Vets AC	MV70	1:05:21
213	333	Julie Stirpe		FV35	1:05:49
214	312	David Morris		FV50	1:06:04
215	498	Steven Evans		MV50	1:06:30
216	332	Dawn Brockbank		M	1:07:18
217	342	Sharon Drew		FV45	1:07:23
218	321	Eloise Bartlett		FV40	1:07:25
219	349	Jane Wilson		F	1:07:33
220	322	Sarah Bullock		FV60	1:08:04
221	359	Kevin Passmore		FV40	1:08:32
222	111	David Heppenstall		MV55	1:08:36
223	437	David Procter	Accrington RR	MV70	1:08:39
224	113	Lloyd Brown		M	1:08:41
225	102	Martyn Hamer		MV40	1:08:48
226	328	Lisa Worsley		M	1:11:16
227	114	Nick Allen		F	1:11:47
228	112	Tracey Hall		M	1:12:12
229	118	Marise Armstrong		FV50	1:12:27
230	444	Leisha Johnston		F	1:12:35
231	123	Danielle Marton		F	1:21:06
232	124	Liz Graham		FV35	1:21:08
233	300	Michael Drain		F	1:23:09
234	299			M	1:23:11