

Cheshire 10K

29 September 2013

Pos	RaceNo	Name	Category	Club	Gun Time
1	46	Russell Bently	Senior	Kent AC	00:30:21
2	476	Ian Mcbride	Senior	Royton Road Runners	00:32:01
3	360	James Horman	Senior	Liverpool Harriers	00:32:23
4	98	Steve Cairns	V45	Tynebridge Harriers	00:32:51
5	488	James McNally	Senior	Liverpool Harriers	00:33:02
6	643	Mat Rushbrook	V35	Knutsford Tri Club	00:33:06
7	431	Phillip Langan	V35	Wirral Ac	00:33:22
8	33	Phil Beastall	Senior	Cheltenham & County Harriers	00:33:24
9	553	Emma Pallant	Lady	Aldershot	00:33:37
10	521	James Mulvany	V35	Wyre & Fylde Ac	00:33:46
11	126	Mark Clair	Senior	Knowsley Harriers	00:33:49
12	732	Robert Tudor	V45	Salford Harriers	00:33:52
13	729	Nick Treitl	Senior	Barlick Fell Runners	00:33:56
14	827	Sean Livesey	V35	Blackburn Harriers	00:34:07
15	372	Michael Hunt	V40	Trafford Ac	00:34:38
16	577	Carl Platt	Senior	Trentham Running Club	00:34:41
17	359	Matt Holt	V35	East Cheshire Harriers	00:34:46
18	128	Doni Clarke	Senior		00:34:52
19	387	Ian Jackson	V45	Salford Harriers	00:34:58
20	367	Gareth Howell	Senior	Liverpool Harriers & Ac	00:35:05
21	246	Michael Fitzsimmons	Senior	Liverpool Harriers	00:35:07
22	158	Neil Cosgrove	Senior	Knowsley Harriers Ac	00:35:11
23	411	Robert Kelly	Senior	Knowsley Harriers	00:35:26
24	800	Scott Wilson	Senior	Macclesfield Harriers	00:35:30
25	220	Phil Ellison	V35	Ashurst Bike Club	00:35:41
26	385	Russell Ingham	V35	Royton Road Runners	00:35:42
27	565	Dave Peart	V45	Royton Road Runners	00:35:44
28	529	Steven Nijs	V40	Knowsley Harriers Ac	00:35:55
29	20	Gavin Astin	V50	Stockport Harriers	00:36:11
30	523	Daniel Murphy	V35		00:36:19
31	621	Terry Roberts	Senior	Wirral Ac	00:36:20
32	433	Steve Large	V45	Horsforth Harriers	00:36:25
33	575	Alan Pitman	V35	Sale Harriers	00:36:25
34	142	John Connolly	V40	Penny Lane Striders	00:36:25
35	796	Robert Wilson	V45	Wilmslow Rc	00:36:30
36	152	Matthew Corby	V35		00:36:42
37	416	Mike Kennedy	V40		00:36:47
38	57	Louise Blizzard	LV35	Belgrave Harriers	00:36:49
39	211	David Edwards	V50	Knowsley Harriers A/C	00:37:02
40	121	Martin Christian	V40	Knowsley Harriers	00:37:27
41	530	Brent Nile	Senior		00:37:37
42	804	James Woodcock	V60	Menai Track And Field	00:37:57
43	125	Jennifer Clague	LV40	Liverpool Harriers & Ac	00:37:58
44	245	Katherine Fitzpatrick	Lady		00:38:01
45	173	Chris Dawson	Senior	Spectrum Striders	00:38:02
46	513	Tony Morgan	V40	Knowsley Harriers	00:38:23
47	818	Owen Evens	V50		00:38:25
48	705	John Thompson	V45	Skelmersdale Boundary Harriers	00:38:34
49	458	Andrew Mackinnon	V35		00:38:48
50	591	John Preece	V35	Knowsley Harriers A/C/	00:38:48
51	787	Rob Williams	V35	Knowsley Harriers Ac	00:38:49

52	763	Brian Watts	V40		00:38:51
53	819	Rachel Wood	Lady	Blackburn Harriers	00:38:52
54	251	Bob Freeman	V55	West Cheshire Ac	00:38:52
55	852	Evan Cook	V60	Blackburn Harriers	00:38:55
56	697	Mark Taylor	V40	East Cheshire Harriers	00:38:55
57	174	Jim Dawson	V50	Warrington Road Runners	00:38:58
58	594	Thomas Preston	Senior		00:39:00
59	462	Lee Mahoney	Senior		00:39:02
60	81	Andrew Brookes	Senior	Manchester Frontrunners	00:39:04
61	148	Mike Coogan	V40	East Cheshire Harriers	00:39:09
62	157	Jonathan Cosgrove	V35		00:39:16
63	789	Merfyn Williams	V50	Cybi Striders	00:39:25
64	319	Graham Harrison	V50	Altrincham District Athletics Club	00:39:25
65	474	Graeme Mattison	Senior	Unattached	00:39:28
66	22	Phil Bailey	V60	Southporetwaterloo	00:39:29
67	559	Ralph Pawling	Senior	Eryri Harriers	00:39:33
68	49	Giles Bett	Senior		00:39:35
69	205	David Dyer	V40		00:39:38
70	370	David Hughes	V50		00:39:41
71	298	Chris Hall	V35		00:39:50
72	269	Mitchell Goodall	Senior	Nike+ Manchester	00:39:51
73	252	Paul Garnett	V50	Wilmslow Running Club	00:39:56
74	216	Janine Ellis	LV40	Wilmslow Rc	00:39:58
75	138	Maurice Collins	V50	St Helens Sutton	00:40:02
76	485	Kevin Mciver	Senior	Manchester Frontrunners	00:40:04
77	139	Clive Colson	V45	Delamere Spartans	00:40:12
78	701	Chris Thomas	Senior	Cybi Striders	00:40:19
79	526	Alistair Nash	V40	Saltaire Striders	00:40:28
80	699	Steve Taylor	V55		00:40:28
81	110	Mike Carter	V50		00:40:30
82	661	Duncan Shuttleworth	V55		00:40:31
83	487	Dave McNab	V35		00:40:33
84	863	Andrew Wilson	Senior		00:40:33
85	426	Izzy Knox	Lady	Tynebridge Harriers	00:40:38
86	532	Paul Norris	V55	Wilmslow Running Club	00:40:39
87	410	Alistair Kell	V40	Sale Harriers	00:40:43
88	693	Steve Swallow	Senior		00:40:49
89	749	Ian Walker	V50		00:40:54
90	375	S Husson	Senior	Penny Lanes	00:40:55
91	289	Howard Griffiths	V50		00:40:56
92	830	Mesbah Nang	Senior		00:40:56
93	183	Mark Devany	V40		00:41:00
94	394	Debbie Jerman	LV35		00:41:07
95	141	Jon Congdon	Senior		00:41:10
96	189	Colin Dobbs	V35	Penny Lane Striders	00:41:13
97	29	Jason Barrow	V35	Razz Ears Runners	00:41:14
98	59	Andrew Bolton	Senior		00:41:17
99	831	Nick Parrott	Senior	Chorlton Runners	00:41:18
100	850	Graham Henderson	Senior		00:41:26
101	625	Colin Robertson	V40		00:41:27
102	407	William Keeling	V45	Knutsford Tri Club	00:41:27
103	111	Ant Cassidy	V35	Mossley Hill Ac	00:41:32
104	115	Jason Chapman	V40	-	00:41:39
105	288	Alan Grehan	Senior		00:41:39
106	438	Adam Leebetter	Senior		00:41:43
107	354	Stephen Holden	V45	Unattached	00:41:47

108	627	Rebecca Robinson	Lady	Royton Road Runners	00:41:49
109	91	Andy Burnett	V55		00:41:51
110	240	Jonathan Fisher	Senior	Liverpool Running Club	00:41:51
111	258	Nico Gibert	V35	Manchester Frontrunners	00:41:52
112	517	Stuart Morrison	V50		00:41:53
113	684	Neil Stewart	Senior		00:41:54
114	363	Christian Hosker	V35	Otley Ac	00:41:57
115	451	Carl Loftus	V40		00:42:01
116	514	April Morgan	LV45	St Helens Striders	00:42:02
117	313	Ivan Hancock	V35		00:42:02
118	556	Simon Parker	Senior		00:42:04
119	144	Michael Connor	V45	Knowsley Harriers Ac	00:42:08
120	555	Dave Parker	Senior	U/A	00:42:12
121	770	Deane Wharton	V35		00:42:22
122	852	Stuart Towns	Senior		00:42:23
123	241	Kevin Fisher	Senior		00:42:25
124	231	Rob Evers	V35		00:42:27
125	243	Rachael Fishwick	Lady	St Helen'S Striders	00:42:31
126	557	Lee Parry	Senior		00:42:36
127	773	Roger Whitehead	V45		00:42:37
128	434	Emma Lawton	Lady	Penny Lane Striders	00:42:41
129	199	Philip Doyle	V45	Unattached	00:42:43
130	706	David Thompson	Senior		00:42:47
131	560	Carol Paxton	Lady		00:42:51
132	264	Gil Gittins	LV35		00:42:51
133	624	Kimberley Roberts	Lady		00:42:51
134	473	Nick Massey	V40	Halton And Frodsham	00:42:54
135	124	David Chrystie-Lowe	V55	Stockport	00:42:56
136	786	David Williams	V35		00:42:56
137	132	Paul Clifford	V50	Winston Runners	00:42:57
138	636	Philip Rose	V50	Spectrum Striders	00:42:58
139	51	Antony Birchall	V50		00:42:58
140	748	Stewart Wakefield	V40		00:43:00
141	464	John Manby	V40		00:43:01
142	2	Mike Aisbitt	V35		00:43:03
143	477	Michael Mccarthy	Senior		00:43:11
144	191	Kelvin Dobson	V35	Kelvin Dobson	00:43:15
145	232	Anthony Fairhurst	V35		00:43:16
146	383	Phil Ikin	V35		00:43:24
147	598	Owen Rabbit	Senior		00:43:26
148	180	Louise Dempster	LV50	Spectrum Striders	00:43:28
149	771	Helen Whitby	Lady		00:43:35
150	857	Danien Harbridge	Senior	Warrington Tri Club	00:43:38
151	340	Oliver Higby	Senior		00:43:40
152	472	Paul Mason	V35	Atherton Running Club	00:43:43
153	754	Laura Walters	Lady	Royton Road Runners	00:43:46
154	181	Darren Dentith	V40		00:43:48
155	292	Janet Grint	LV35	East Cheshire Harriers	00:43:52
156	203	Daniel Dunbabin	V35		00:43:58
157	860	Gavin Mendham	Senior	Wilmslow Rc	00:44:03
158	276	Andrew Graham	V40		00:44:04
159	172	Jon Davies	Senior		00:44:04
160	574	Daisy Pickles	Lady	Macclesfield Harriers	00:44:04
161	681	Jason Steadman	Senior		00:44:06
162	194	Andrew Dodd	V40	Wilmslow Rc	00:44:06
163	720	Dave Tomkins	V65	Warrington Ac	00:44:07

164	725	Stuart Towns	V35		00:44:12
165	525	David Murray	V45		00:44:13
166	316	Jonathan Harper	Senior		00:44:15
167	192	Ben Dobson	Senior		00:44:20
168	227	Rochelle Evans	LV35	Royton Road Runners	00:44:24
169	256	Mike Gibbons	V40		00:44:24
170	837	Chris Thatcher	Senior		00:44:27
171	519	Nicky Mowat	LV55	Wilmslow	00:44:28
172	405	Martin Kaine	V45		00:44:28
173	356	Jordan Hollinrake	Senior		00:44:30
174	823	Simon Clarke	Senior	Chorlton Runners	00:44:31
175	74	Danielle Brearton	LV35	Na	00:44:32
176	133	Richard Clipperton	V40		00:44:35
177	430	Stephen Lancashire	V55		00:44:35
178	737	David Turton	V55	Stockport	00:44:36
179	821	D Jones	Senior	Derby Harriers	00:44:39
180	561	Tony Payne	V50	Chorlton Runners	00:44:41
181	652	Brian Seal	Senior	Village Road Runners	00:44:43
182	866	Darren Tydesley	Senior		00:44:46
183	312	Lee Hampton	Senior	Knowsley Harriers	00:44:47
184	449	Paul Lockett	V35	Winston Runners	00:44:49
185	320	Carole Harrison	LV45	Altrincham District Athletics Club	00:44:54
186	667	David Smith	V35		00:44:56
187	677	Chris Speed	Senior		00:44:58
188	829	Tim Wright	Senior	Razzers Runners	00:44:59
189	335	Steve Herring	V40		00:45:02
190	304	Kieran Hallinan	V45		00:45:03
191	28	Keith Bardsley	V35		00:45:05
192	864	Scott Croby	Senior		00:45:05
193	743	Damian Utton	V45	Altrincham AC	00:45:06
194	622	Carl Roberts	Senior		00:45:06
195	386	Edward Jackson	V45	Altrincham & District Ac	00:45:07
196	36	Katie Beer	LV40		00:45:11
197	714	Chris Tidd	V35		00:45:19
198	408	Simon Keenan	Senior		00:45:19
199	738	Liz Turnton	Lady	Stockport Harriers	00:45:21
200	672	Paul Smith	Senior		00:45:21
201	266	Gary Gleave	V40		00:45:22
202	369	Dave Hughes	Senior		00:45:24
203	65	Maxine Booth	Lady	Knowsley Harriers Ac	00:45:27
204	538	Dan O'Connell	Senior	Chorlton Runners	00:45:29
205	694	Paul Sweeney	V35		00:45:43
206	7	John Archer	V60	Winston Runners	00:45:44
207	315	Sam Hardie	Senior		00:45:44
208	592	Jamie Prescott	Senior		00:45:46
209	612	Norman Render	V40		00:45:47
210	153	Alistair Core	Senior		00:45:48
211	334	Aaron Hepworth	Senior		00:45:49
212	34	Sian Beck	LV35	Prestatyn Running Club	00:45:56
213	969	Walter Kusack	Senior		00:45:56
214	709	Helen Thompstone	Lady		00:45:59
215	260	Liam Gibson	Senior		00:46:01
216	839	Ben Hood	Senior		00:46:02
217	9	Joshua Arnold	Senior		00:46:03
218	95	Graham Bushnell-Wye	V60	Razzers Runners	00:46:06
219	19	Neil Astill	V50	Unattached	00:46:13

220	493	William Meachin	Senior		00:46:13
221	865	Ian Betteley	Senior		00:46:14
222	715	Darren Tillotson	Senior		00:46:17
223	345	Gail Hill	LV40	Wilmslow Rc	00:46:19
224	114	Neil Chapman	Senior		00:46:20
225	259	Tracy Gibson	LV45		00:46:22
226	478	Kieron Mccomb	Senior		00:46:23
227	314	Paul Harbidge	V50	Warrigton Tri Club	00:46:28
228	13	Ian Ashcroft	V65	Wilmslow	00:46:29
229	349	Iain Hobson	V35		00:46:33
230	531	Mark Norman	Senior	Chorlton Runners	00:46:36
231	719	Ruth Todd	Lady	Bellevue Racers Manchester	00:46:36
232	589	Barrie Powers	V45		00:46:38
233	490	Shane Mcneill	V40		00:46:47
234	236	John Felton	V45		00:46:49
235	847	Charlie Reader	Senior		00:46:51
236	122	George Christie	V55		00:46:54
237	533	Michael Northey	Senior		00:46:56
238	445	David Limbrick	V50		00:46:56
239	344	Kathryn Hill	LV35		00:46:57
240	581	Jonathan Poole	Senior		00:46:58
241	678	Mark Staley	V35		00:47:01
242	109	Anthony Carr	Senior		00:47:02
243	587	Luke Potts	V35	Spectrum Striders	00:47:03
244	579	Jo Pollock	LV35		00:47:05
245	16	Scott Ashworth	V45	Winston Runners	00:47:08
246	88	Bernard Brown	V45		00:47:14
247	583	Sarah Pope	Lady	Pensby	00:47:17
248	658	Graham Sherratt	Senior		00:47:18
249	200	Adam Drinkwater	Senior		00:47:19
250	825	Glenn Cundy	Senior		00:47:20
251	457	Gavin Lyons	Senior		00:47:21
252	440	Brenda Lewis	LV50	Styal Running Club	00:47:22
253	422	John Kirkham	V60	Holcombe Harriers	00:47:24
254	568	Deansie Phillips	LV50	Widness Wasps Ladies Club	00:47:25
255	854	Mark Molloy	Senior	Warrington Road Runners	00:47:25
256	689	Sue Strang	Lady	Wilmslow	00:47:27
257	688	Michael Strahand	V50		00:47:26
258	66	Andrea Booth	LV40		00:47:28
259	271	Guy Goodger	V40		00:47:29
260	310	Tracy Hampson	LV35	Warrington Triathlon Club	00:47:33
261	427	Simon Lake	V55	Royton Road Runners	00:47:37
262	775	Guy Whitfield	V40	East Cheshire Harriers	00:47:38
263	90	Lee Buckley	Senior	East Cheshire Harriers	00:47:39
264	348	Matt Hitchen	Senior		00:47:39
265	619	Paul Riley	V40		00:47:40
266	582	Angela Poole	Lady		00:47:42
267	257	Gavin Gibbons	V40		00:47:43
268	710	Helen Thornhill	LV40	Stockport	00:47:44
269	186	Tony Dickinson	V40	Knowsley Harriers	00:47:47
270	843	Karen Jones	Lady		00:47:47
271	795	Mels Williamson	LV35	Chorlton Runners	00:47:50
272	759	Gabrielle Waring	LV55	Prestatyn Rc	00:47:51
273	726	Kelly Anne Towns	LV35	Astley And Tyldesley	00:47:59
274	100	Iain Cameron	V35		00:48:04
275	755	Laura Walton	LV35		00:48:04

276	368	Juliet Huggins	LV45	Rossendale Harriers	00:48:06
277	444	Samuel Lilley	Senior		00:48:07
278	396	Alan Jones	V40	Deestridders	00:48:19
279	502	Holly Metcalfe	Lady		00:48:20
280	708	Jennifer Thompson	Lady		00:48:22
281	820	Nikki Green	LV45	Royton Road Runners	00:48:23
282	72	Michael Bradley	V55	Spectrum Striders	00:48:26
283	226	Rhys Evans	Senior		00:48:28
284	208	Darren Eccles	V35		00:48:31
285	824	John Moore	Senior		00:48:34
286	332	Graeme Henderson	Senior	Manchester Fronrunners	00:48:34
287	237	Simon Fenton	V70	Wilmslow Running Club	00:48:36
288	539	Rob O'Connell	V50	U/A	00:48:36
289	77	Chemane Brier	Lady	Radcliffe Ac	00:48:38
290	175	Chris Day	V40		00:48:40
291	812	Janet Wyles	LV45	Wilmslow Rc	00:48:41
292	780	Laura Wild	LV35		00:48:46
293	222	Ali El-Sheikh	Senior		00:48:48
294	802	Stephen Wolstenholme	V35		00:48:50
295	84	James Brown	Senior		00:48:52
296	177	Andrew Deighton	V45	Bramhall Runners	00:48:53
297	504	Ian Milan	V45		00:48:55
298	646	Tim Rustige	V40		00:48:57
299	728	Richard Treitl	V60	Barlick Fell Runners	00:48:58
300	134	Tony Clixby	V60	Village Road Runners	00:49:00
301	248	Emma Flint	LV40	Chorlton Runners	00:49:01
302	774	Sarah Whitelegge	Lady	Chorlton	00:49:02
303	32	Michael Bayliss	V60		00:49:05
304	654	Neal Senior	V35		00:49:06
305	639	Jason Rowbottom	V45		00:49:09
306	272	Josh Goodman	Senior		00:49:13
307	657	Rob Sharpe	V65	Styal Rc	00:49:13
308	169	Alan Davenport	Senior		00:49:22
309	585	Andy Porter	V35		00:49:23
310	270	Dave Goodall	V60	Village Road Runners	00:49:24
311	510	Justine Moore	LV40	Knowsley Harriers Ac	00:49:25
312	614	Jason Revill	V40	Astley & Tyldesley Road Runners	00:49:26
313	766	Maura Welch	LV40		00:49:28
314	374	Stuart Hurst	Senior		00:49:32
315	855	Ian Hayho	Senior		00:49:32
316	225	Jeff Enamu	V35		00:49:38
317	670	Guy Smith	V55	Wold Vets	00:49:40
318	117	Mark Chapman	V35		00:49:40
319	116	Natalie Chapman	LV35		00:49:41
320	640	Phil Rowen	V40		00:49:42
321	421	John Kirk	V65	Northern Vets	00:49:44
322	690	Scott Sumner	V35		00:49:46
323	642	Andrew Rudge	V35		00:49:47
324	331	Shelagh Hemming	LV45	Lymm Runners	00:49:47
325	486	Andy Mckinnon	V50		00:49:49
326	371	Paula Hulme	LV45		00:49:49
327	321	Jamie-Lee Harrison	Senior		00:49:49
328	4	Ben Allott	Senior		00:49:49
329	193	Kate Dobson	Lady		00:49:51
330	339	Steve Hibbert	V50	Warrington Tri Club	00:49:51
331	202	Danielle Duddle	Lady		00:49:54

332	675	Phil Smith	Senior		00:49:55
333	626	Colin Robinson	V40		00:50:01
334	30	Holly Barry	Lady		00:50:02
335	69	Diana Bowen	LV45		00:50:04
336	15	Graham Ashton	Senior		00:50:06
337	164	Juliet Crowson	LV35		00:50:08
338	412	Michelle Kelly	V50	Penny Lane Striders	00:50:10
339	489	Ian Mcneill	V55	Sunlight Runners	00:50:10
340	185	Barbara Dickinson	LV40	East Cheshire Harriers	00:50:11
341	859	Gren Singer	V35		00:50:12
342	196	Elizabeth Donevan	Lady	Chorlton Runners	00:50:14
343	215	Catherine Elliott	LV40	Chorlton Runners	00:50:16
344	39	Sue Beesley	Lady	Warrington Tri Club	00:50:17
345	103	Jill Carlin	LV50	Warrington Triathlon Club	00:50:19
346	376	Cheryl Hutchins	LV50	Sandbach Striders	00:50:19
347	692	Jo Sutton	Lady	Garscube Harriers	00:50:27
348	6	Dawn Anderson	LV40		00:50:30
349	188	Alison Dixon	LV40		00:50:32
350	450	Hilary Loftus	Lady		00:50:34
351	782	Stephen Wilkinson	V60	Wesham Road Runners	00:50:36
352	512	Darren Moorhouse	V45		00:50:39
353	808	David Woodward	V35		00:50:39
354	381	Christine Hyde	Lady		00:50:40
355	105	Ann Carney	LV50	Chorlton Runners	00:50:40
356	377	Matt Hutson	Senior		00:50:41
357	845	Un Known	Senior		00:50:43
358	544	Elaine Opara	Lady	Village Road Runners	00:50:46
359	280	Carl Grealis	Senior	No Club	00:50:46
360	849	Gary Goodall	Senior	Village Road Runners	00:50:46
361	131	Lynda Clifford	LV45	Winston Runners	00:50:51
362	609	Gareth Redman	Senior	Hive Trail	00:50:58
363	816	Denise Zachariasz	LV40	Plodders	00:50:59
364	135	Katy Clough	LV45		00:51:00
365	841	Andrea Maidment	Senior		00:51:01
366	756	Kevin Ward	V35		00:51:09
367	644	Simon Rushton	V45		00:51:22
368	520	Karnis Mullings	Lady		00:51:28
369	648	Paul Savage	V60		00:51:28
370	900	Chris Flavell	V40		00:51:32
371	702	Louise Thomas	LV45		00:51:33
372	398	Huw Jones	V50	Unattached	00:51:33
373	224	Andrew Emuss	V45		00:51:34
374	495	Steve Mealand	V45		00:51:34
375	537	Clare O'Callaghan	Lady	Penny Lane Striders	00:51:38
376	815	Chris Youngs	V45		00:51:42
377	338	Amanda Hey	LV50	Radcliffe	00:51:45
378	480	Stephen Mcgoldrick	V35		00:51:46
379	456	Gemma Lyons	Lady		00:51:48
380	641	Sebastian Rozpendowski	Senior		00:51:49
381	353	Guy Holden	V50		00:51:50
382	676	Neil Southern	V50		00:51:50
383	182	Paul Derbyshire	V50	Wigan Harriers	00:51:52
384	302	Richard Hall	V45	Bramhall Runners	00:51:56
385	395	Phil Jolley	V40		00:52:02
386	293	Simon Hackett	V50		00:52:03
387	176	Emma De Brabander	LV35		00:52:06

388	659	Ruth Shiels	Lady		00:52:07
389	836	Nigel Wareing	Senior		00:52:09
390	617	Sue Richardson	LV45		00:52:12
391	366	Graham Howell	V60	Liverpool Harriers	00:52:15
392	41	Reece Bell	Senior		00:52:16
393	300	Philip Hall	V40		00:52:17
394	25	Steven Bann	Senior		00:52:23
395	73	Neil Bradley	V35		00:52:25
396	599	Tanzeer Rahaman	Senior		00:52:26
397	53	David Bishop	V50		00:52:28
398	96	Sharon Byrne	LV55		00:52:30
399	24	Sarah Ball	LV35		00:52:34
400	618	Rachel Rick	LV50	Penny Lane Stridersw	00:52:34
401	467	Dave Mangan	V55	Penny Lane Striders	00:52:34
402	546	Linda Owen	LV55	Spectrum Striders	00:52:36
403	805	Georgina Woods	LV40		00:52:36
404	201	Anna Drinkwater	Lady		00:52:37
405	21	Diane Atherton	LV50	Spectrum Striders	00:52:39
406	479	Aoife Mcevoy	Lady	Chorlton Runners	00:52:39
407	828	Photis Kanellis	Senior		00:52:45
408	301	Jackie Hall	LV45	Hyde Striders	00:52:48
409	417	Brendan Keville	V35	Manchester Frontrunners	00:52:52
410	572	Ian Pickford	V40		00:52:55
411	799	Mark Wilson	Senior		00:52:55
412	217	Kim Ellis	LV35		00:53:00
413	218	Andy Ellis	Senior		00:53:01
414	503	Susannah Middleton	LV40	Macc Harriers	00:53:07
415	593	Matthew Prescott	V40	No Club	00:53:09
416	712	Barry Tickle	V60		00:53:09
417	75	Mark Breary	V40		00:53:10
418	350	Verity Hodder	LV35		00:53:10
419	683	Elizabeth Stewart	Lady	Chorlton Runners	00:53:10
420	409	Samantha Keiley	LV40	Rosendale Tri Club	00:53:11
421	150	Matthew Copping	V35		00:53:12
422	730	Phillipa Trow	LV40		00:53:17
423	58	Laura Bloor	Lady		00:53:19
424	432	Karen Large	LV45	Horsforth Harriers	00:53:20
425	810	Naomi Wright	Lady		00:53:25
426	788	Eddy Williams	Senior		00:53:29
427	284	Craig Greenhalgh	V45	Blackburn Road Runners	00:53:29
428	18	Jess Aspey	Lady		00:53:31
429	549	David Owen	V60	Prestatyn	00:53:41
430	397	Melvyn Jones	V60	Swinton Rc	00:53:47
431	106	Belinda Carp	LV45	Wilmslow Rc	00:53:47
432	167	Lisa Cushworth	LV45		00:53:47
433	420	Katherine Kingsley	LV55		00:53:48
434	147	Peter Conroy	V40		00:53:49
435	790	Jeannette Williams	LV35		00:53:51
436	382	Gordon Hyland	V40		00:53:51
437	146	Holly Connor	LV40	-	00:53:52
438	492	Sally Mcqueen	LV35		00:53:54
439	547	Emma Owen	LV35		00:53:55
440	481	Glyn MCGovern	V50		00:53:58
441	228	Anna Evans	LV35		00:54:02
442	716	Mohammed Timol	Senior		00:54:07
443	851	Dermot Ferguson	Senior		00:54:08

444	570	Robert Phillips	V35		00:54:10
445	673	Michael Smith	V70	Bingley Harriers	00:54:10
446	322	Kelly Harrop	LV35		00:54:14
447	357	Stephen Holly	V35		00:54:17
448	190	Martin Dobson	V55		00:54:22
449	765	Chris Webster	V40		00:54:27
450	649	Paul Scarborough	V40		00:54:27
451	542	Rachel O'Hare	LV35		00:54:34
452	707	Sarah Thompson	Lady		00:54:39
453	631	Stacy Robinson	Lady		00:54:40
454	535	Carl Nybakk	Senior		00:54:40
455	853	Paddy Eyes	Senior		00:54:43
456	615	Rick Reynolds	Senior		00:54:43
457	93	Jane Burton	LV45	Lymm Runners	00:54:46
458	497	Kathryn Mee	LV35		00:54:49
459	390	Michael Jaras	V65		00:54:51
460	769	Danielle Whalley	LV35		00:54:53
461	744	Julie Valentine	LV40		00:54:54
462	597	Rachel Prince	Lady	Whitchurch Whippets	00:55:00
463	162	Amanda Crawford	LV40		00:55:02
464	783	Paul Wilkinson	V35		00:55:02
465	54	Kelli Black	LV35	Mossley Hill Athletic Club	00:55:02
466	305	Steven Hallmark	V35		00:55:03
467	459	Ian Maddrell	Senior	Atherton Running Club	00:55:04
468	862	Megan O'Brien	Lady		00:55:07
469	107	Steve Carr	V45	U/A	00:55:09
470	674	Pauline Smith	LV70	Bingley Harriers	00:55:09
471	400	Kev Jones	V40		00:55:12
472	760	Jonathan Watkins	V40	-	00:55:14
473	291	Michael Griffiths	Senior		00:55:15
474	136	Jan Coetsee	V35		00:55:17
475	209	Jane Eccleston	LV45	Astley And Tyldesley Road Runners	00:55:21
476	807	Nick Woodsford	Senior		00:55:21
477	660	Barbara Shuttleworth	LV55		00:55:25
478	606	Kay Ray	LV40		00:55:26
479	206	Heather Dyer	LV50		00:55:37
480	268	Kim Godsman	LV40	Uk Net Runner	00:55:38
481	214	Kate Eldridge	Lady	Chorlton Runners	00:55:38
482	508	Liz Mole	LV55	Atherton Running Club	00:55:40
483	45	Sandra Bentley	LV45		00:55:41
484	92	Michael Burns	V45		00:55:45
485	79	Maggi Broadbent	Lady		00:55:46
486	826	Dale Pendleton-Briers	Senior		00:55:47
487	239	Ruth Fisher	Lady	Penny Lane Striders	00:55:48
488	221	Samantha Elsby	LV35		00:55:50
489	384	Emma Ikin	LV35		00:55:50
490	23	Rachel Bainbridge	LV40	Birkenhead Ac	00:55:51
491	364	Stephen Howarth	V65	West Cheshire Ac	00:55:52
492	235	Sharon Feldmann	LV45		00:55:54
493	573	Jane Pickles	LV40		00:55:54
494	130	Adrian Clarke	V40		00:55:55
495	703	Rowena Thomas	LV35	Chorlton Runners	00:56:01
496	605	Roger Ray	V60		00:56:01
497	806	Helen Woods	LV35		00:56:03
498	123	Rachael Chrystal	Lady	Chorlton Runners	00:56:09
499	328	Laura Heaney	Lady	Chorlton Runners	00:56:09

500	333	Jenna Hepworth	Lady		00:56:12
501	482	Ruth Mcintyre	Lady		00:56:12
502	435	Lesley Lazenby	Lady		00:56:14
503	484	Jenny Mcintyre	LV50		00:56:17
504	129	James Clarke	V50		00:56:21
505	713	Bev Tickle	LV35	Astley & Tyldesley	00:56:23
506	767	Ali Wennell	V45		00:56:26
507	55	Vicky Blackhurst	LV35		00:56:26
508	840	Laurence Hobdoy	V55		00:56:30
509	747	Sam Wade	LV40		00:56:31
510	762	Paul Watson	V35		00:56:40
511	645	Maria Rushton	LV45		00:56:40
512	137	Gina Coldrick	LV35		00:56:44
513	768	Jennie West	Lady		00:56:54
514	325	Maisie Harvey	Lady		00:56:57
515	378	David Hutson	V50		00:56:57
516	494	Jan Mealand	LV45		00:57:02
517	448	Chris Locke	Senior		00:57:02
518	616	Adam Richards	Senior	Whitchurch Whippets	00:57:06
519	527	Sarah Nealey	LV35	Penny Lane Striders	00:57:19
520	64	Tony Booth	V70		00:57:19
521	307	Rachel Hamer	LV35		00:57:28
522	281	Kate Green	Lady		00:57:34
523	273	Louise Gough	LV40		00:57:37
524	731	Philip Truman	V45		00:57:39
525	554	Amanda Palmer	LV35		00:57:40
526	294	Roy Haggett	Senior	Unattached	00:57:45
527	324	Brian Hartley	V70		00:57:45
528	460	Anne Maher	LV50		00:57:48
529	463	Samantha Mallinson	Lady		00:57:53
530	586	Elsbeth Potts	LV45		00:57:57
531	522	Rachel Murphy	LV45		00:57:57
532	610	Janet Redpath	LV60	Spectrum Striders	00:58:00
533	452	Charlotte Logie	LV40		00:58:02
534	453	Scott Logie	V40		00:58:02
535	223	Hayley Emanuel	Lady		00:58:04
536	604	William Ray	Senior		00:58:07
537	56	Terrie Blammon	LV40	Winston Runners	00:58:10
538	17	Fiona Ashworth	LV40	Winston Runners	00:58:11
539	779	Kerry Wilcock	LV35		00:58:13
540	404	Angela Jones	LV40		00:58:17
541	506	John Millington	V35		00:58:20
542	83	Richard Brookman	V35		00:58:24
543	668	Jennifer Smith	LV40		00:58:29
544	784	Justine Wilkinson	LV40	Blackburn Road Runners	00:58:29
545	785	Craig Wilkinson	V45	Blackburn Road Runners	00:58:29
546	113	Karl Chandler	V40		00:58:29
547	764	David Webb	Senior		00:58:45
548	501	David Menon	V45		00:58:51
549	500	Joanne Menon	Lady		00:58:51
550	564	Hayley Pearson	LV40	B/	00:58:52
551	40	Dean Belfield	V40		00:58:52
552	89	Roger Brown	V40		00:58:59
553	666	Nicholas Smith	V40		00:58:59
554	698	John Taylor	V45		00:58:59
555	691	Morag Sutton	LV40	Razzer'S Runners	00:59:00

556	669	Karren Smith	LV55	Wold Vets	00:59:10
557	285	Rachel Greenwood	LV40		00:59:11
558	171	Rhys Davies	Senior	Don'T Have One	00:59:11
559	250	Zoe France	LV35		00:59:12
560	727	Geoff Treasure	V45		00:59:12
561	233	Joanne Fairhurst	LV35	Atherton Running Club	00:59:14
562	197	Chris Dorrington	Senior		00:59:20
563	429	Matthew Lamey	V35	Na	00:59:22
564	856	Samantha Heaps	Lady		00:59:33
565	562	Tracy Peacock	LV40		00:59:33
566	814	Stephen Yates	V55		00:59:35
567	634	Clare Rogan	Lady		00:59:36
568	848	Beveley Gore	Lady		00:59:37
569	337	Emily Hetherington	Lady		00:59:37
570	120	Eva Christian	LV40		00:59:37
571	361	Rehana Horrocks	LV35		00:59:38
572	187	Fiona Dillon	LV50	Whitchurch Whippets	00:59:44
573	50	Jane Birch	LV35		00:59:47
574	723	Sharon Toolin	LV40	Hyde Village Striders	00:59:49
575	229	Christopher Eveling	V70		00:59:49
576	230	Barbara Eveling	LV70		00:59:50
577	38	David Beesley	Senior	Warrington Tri Club	00:59:53
578	662	Elisabeth Simon	LV35		00:59:53
579	399	Kate Jones	LV50		00:59:56
580	439	Claire Lestoquoit	LV40		01:00:02
581	680	Caron Stanley	LV45	Village Running People	01:00:05
582	37	Gill Beesley	LV60		01:00:13
583	650	Fiona Schrimshaw	Lady	Na	01:00:17
584	78	Andrew Brigden	V35	Manchester Fronrunners	01:00:20
585	428	Mary Lamey	Lady	Na	01:00:22
586	213	Gayle Eisen	LV35		01:00:29
587	803	Cate Wood	LV55		01:00:32
588	566	Helen Pennington	Lady		01:00:33
589	468	Jayne Marks	LV40		01:00:42
590	402	Sharon Jones	LV35		01:00:42
591	42	Martin Bell	V40		01:00:47
592	671	Ann Smith	LV50		01:00:53
593	238	Joanne Fillingham	LV35		01:00:55
594	633	Janice Rodgers	LV45		01:00:56
595	365	Rob Howe	V40		01:00:57
596	178	Margaret Deighton	LV55	Bramhall Runners	01:00:58
597	170	Jane Davies	LV45		01:01:00
598	341	Peter Higby	V50		01:01:05
599	326	Beckie Hastings	Lady		01:01:10
600	741	Jeanette Unsworth	LV45		01:01:11
601	861	Chris O'Brien	Senior		01:01:14
602	838	James Loftus	Senior		01:01:26
603	540	Katy O'Connor	LV50	Lymm Runners	01:01:30
604	195	Carmen Donaghy	LV40	Winston Runners	01:01:38
605	498	Vicki Meggersee	LV35	Plettenberg Bay South Africa	01:01:51
606	611	Anne Reece	LV50		01:01:55
607	262	Judi Gill	LV35		01:01:57
608	567	Keren Perks	LV45		01:02:00
609	584	Philippa Pordes	LV40		01:02:00
610	844	David Hebden	Senior	Village Road Runners	01:02:04
611	466	Julie-Ann Mancini	LV40	Village Road Runners	01:02:04

612	303	Kerry Hall	LV40		01:02:25
613	296	Andre Hakiman	Senior		01:02:34
614	94	Ilona Burton	Lady		01:02:36
615	419	Jane King	LV45		01:02:36
616	418	Emily King	Lady		01:02:43
617	401	Lindsey Jones	Lady		01:02:44
618	761	Clare Watling	LV40		01:02:53
619	781	Tim Wild	V40		01:02:55
620	247	Yvonne Fletcher	LV45		01:02:57
621	753	Eric Walters	V55		01:02:57
622	5	Lindsay Anders	Lady		01:02:58
623	12	Heather Arnold	Lady		01:02:58
624	613	Joanne Render	LV40		01:03:06
625	655	Kelly Senior	LV35		01:03:06
626	295	Chris Haggett	V65	Unattached	01:03:07
627	48	Justina Best	LV40		01:03:10
628	379	Val Hutson	LV50		01:03:12
629	82	Chris Brookes-Mann	V35		01:03:15
630	656	Anna Sharman	LV35		01:03:31
631	846	Timothy Kitcheem	Senior		01:03:40
632	628	Katie Robinson	Lady		01:03:45
633	415	Emma Kennedy	Lady	Royton Road Runners	01:03:47
634	588	Rachael Povey	LV35		01:03:48
635	447	Philip Lloyd Williams	Senior		01:03:53
636	446	Ceri Lloyd Williams	Lady		01:03:53
637	290	Nicola Griffiths	LV35		01:04:16
638	306	Sheila Hambleton	LV65	Holmes Chapel Harriers	01:04:24
639	179	John Delaney	V45		01:04:34
640	391	Amillah Javed	Lady		01:04:41
641	299	Michael Hall	V50	41 Minutes	01:04:41
642	265	Julia Glancy	LV55	Winston Runners	01:04:42
643	711	Anne Thornley	LV50		01:04:43
644	746	David Vayro	V50		01:04:44
645	745	Ruth Vayro	LV45		01:04:44
646	576	Carol Platt	LV55		01:04:55
647	63	Caroline Bones	Lady		01:04:57
648	665	Andrew Slater	Senior		01:05:01
649	858	Gill Miller	Lady		01:05:05
650	329	Joanne Heap	LV40		01:05:18
651	465	Carrie Manby	LV35		01:05:19
652	758	Kerry Ward	Lady	Plodders Runcorn	01:05:20
653	406	Anna Kartberg	Lady	Aw Ik	01:05:24
654	687	Kelly Story	LV35	Plodders Runcorn	01:05:24
655	80	Vicki Broderick	Lady	Plodders	01:05:25
656	833	Rachel Jackson	Lady		01:05:28
657	61	Kat Bond	Lady		01:05:29
658	393	Katy Jennings	LV35		01:05:39
659	85	Philippa Brown	Lady		01:05:49
660	551	Caroline Oxley	Lady	Caroline Oxley	01:05:52
661	97	Tamsin Caine	LV40		01:05:52
662	496	Steve Mee	V35	Delamere Spartans	01:06:17
663	210	David Edwards	V45		01:06:44
664	742	Catherine Unwin	LV45	Rochdale Harriers	01:07:15
665	163	Emily Cribbin	Lady	Warrington Plodders	01:07:19
666	204	Nicola Dunbabin	Lady		01:07:21
667	212	Sarah Edwards	LV40		01:07:41

668	14	Brian Ashley	V55	Manchester Frontrunners	01:07:50
669	792	Kate Williams	Lady		01:07:51
670	108	Rachel Carr	LV45		01:08:15
671	351	Colin Hogan	V45		01:08:50
672	832	John Milligan	Senior		01:08:51
673	736	Emma Turner	LV40		01:08:52
674	455	Susan Lynne	LV60	Winston Runners	01:09:02
675	629	Jessica Robinson	Lady		01:09:05
676	267	Sylvia Godber	LV40		01:09:06
677	638	Grant Roughley	V35		01:09:15
678	499	Tony Melia	V35		01:09:25
679	60	Patricia Bolton	LV70	Biddulph Rc	01:09:25
680	801	Wendy Winnard	LV50		01:09:29
681	413	Gemma Kelly	Lady		01:10:31
682	541	Sara O'Connor	Lady		01:11:04
683	834	Tanya Slater	Lady		01:11:17
684	461	Graham Mahon	V45		01:11:17
685	282	Susan Green	LV45		01:11:23
686	283	Ricky Green	V50		01:11:24
687	653	Rosie Sears	Lady		01:11:30
688	87	Andrea Brown	Lady		01:11:30
689	346	Robert Hill	V50		01:12:02
690	347	Zoe Hill	Lady		01:12:02
691	76	Zanee Breheny	Senior		01:12:06
692	516	Nicola Morris	Lady		01:12:26
693	392	Sana Javed	Lady		01:12:28
694	545	Jodie Oswald	Lady		01:13:14
695	336	Shelley Hesford	LV45		01:13:23
696	86	Stephanie Brown	LV40		01:14:17
697	330	Sarah Heath	LV45		01:15:19
698	548	Caroline Owen	LV35	Winston Runners	01:16:22
699	423	Helen Knight	LV35	Winston Runners	01:17:06
700	161	Sarah Cowling	LV40	Winston Runners	01:27:37
701	469	Paula Marsh	Lady		01:31:03
702	470	Jack Marsh	Senior		01:31:03

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