

Heptonstall Fell Race

17 March 2013

Pos	Name	Club	Cat	Time
1	Adam Osborne	Leeds City AC	M	1:58:20
2	Spencer Ryley	Wharfedale Harriers	M	2:03:20
3	Dave Kirkham	Wharfedale Harriers	M	2:04:54
4	Matthew Lalor	Clayton-Le-Moors	M	2:05:08
5	Gareth Hird	Wharfedale Harriers	M	2:06:42
6	Stephen Brock	Wharfedale Harriers	M	2:07:08
7	Tim Black	CVFR	M	2:08:40
8	Dave Wilby	Ilkley Harriers	M	2:09:38
9	Harry Dalby	Pudsey & Bramley	M	2:12:02
10	John Raho	Holcombe Harriers	M	2:12:41
11	Kevin Houlton	CVFR	M	2:13:20
12	Jason Hemsley	Wharfedale Harriers	V40*	2:13:28
13	Colin Walker	Pudsey & Bramley	V40	2:14:36
14	Ian Symington	CVFR	M	2:15:24
15	Chris Williams	Queensbury RC	M	2:16:17
16	Charlie McInosh	Pudsey & Bramley	V40	2:16:56
17	Paul Hobbs	Todmorden Harriers	M	2:17:03
18	Andy McFie	Todmorden Harriers	V40	2:18:31
19	Philip Hewitt	Holmfirth Harriers	M	2:18:48
20	Steve Smithies	CVFR	V40	2:19:51
21	Neil Hardiman	Clayton-Le-Moors	V40	2:20:11
22	James Morris	Dewsbury Road Runners	V40	2:20:15
23	Andrew Cottier	Dewsbury Road Runners	V40	2:20:19
24	Andy Berry	Barlick Fell Runners	M	2:20:55
25	Simon Vallance	Valley Striders	V40	2:21:28
26	Dave McGuire	Hyde Park Harriers	V40	2:21:40
27	Bradley Chapman	Ilkley Harriers	M	2:21:57
28	John Marsham	Valley Striders	M	2:22:04
29	Keiran Horrigan	unattached	V50*	2:22:34
30	Nathan Crossley	Horsforth Harriers	V40	2:22:49
31	Paul Lambert	Wharfedale Harriers	V40	2:23:02
32	Ben Frechette	CVFR	M	2:23:23
33	Jonathan Collins	Stainland Lions	M	2:23:31
34	Shane Ewen	fra	M	2:23:43
35 (lady 1)	Liza Barry	CLC Striders	L*	2:24:21
36	Graham Lund	Bowland	M	2:24:22
37	Tristan Sheard	Stainland Lions	V40	2:24:36
38	Martin Huddleston	CVFR	V40	2:24:45
39	Darren Fishwick	Chorley AC & TRI	V40	2:24:56
40	Dan Taylor	Todmorden Harriers	M	2:25:15
41	Robert Paradise	CVFR	M	2:25:37
42	Scott Davies	Wharfedale Harriers	V40	2:26:03
43	Paul Brown	Trawden Ac	M	2:26:45
44	Daniel Clark	Bowland	M	2:27:54
45	Simon Kelly	Clayton-Le-Moors	M	2:28:12
46	Dan Wilkinson	unattached	M	2:28:54
47	Ben Grant	Harrogate Harriers	V60*	2:29:46
48	Mick Loftus	Valley Striders	V40	2:29:53
49	Carl Bedson	Glossopdale	V40	2:31:02

50	Girik Stangneb	Valley Striders	M	2:31:19
51	Will Buckton	Ilkley Harriers	M	2:31:41
52	Jonathan Emberton	CVFR	V50	2:31:44
53	Lee Shimwell	CVFR	M	2:31:53
54	Toby Cotterill	CVFR	M	2:32:18
55	Thornton Taylor	Rossendale	V50	2:32:23
56	Dan Appleby	Swinton AC	M	2:32:24
57	Dan Murray	Valley Striders	M	2:32:31
58	Matt Huxford	unattached	M	2:32:46
59	Clive Bandy	Ilkley Harriers	M	2:33:27
60	Rob Gray	Todmorden Harriers	M	2:33:43
61	Chris Standish	CVFR	V40	2:34:00
62	Mark Wharton	CVFR	V40	2:34:03
63	Giles Simon	CVFR	M	2:34:07
64	Graeme Mienzers	Preston Harriers	M	2:34:09
65	Ryan Beckshaw	Trawden Ac	M	2:34:56
66	Ben Clare	Queensbury RC	M	2:35:08
67	Andrew Heskimmon	Dewsbury Road Runners	V40	2:35:12
68	Matthew Perry	Clayton-Le-Moors	M	2:35:16
69	Michael Griffin	Wharfedale Harriers	M	2:35:18
70	Mick Dobson	Clayton-Le-Moors	V40	2:35:46
71	Andrew Mayer	Valley Striders	M	2:35:48
72	Clive Greatorex	Todmorden Harriers	V40	2:35:59
73	Paul Biddulph	CVFR	V40	2:36:11
74	Richard Sunderland	CVFR	M	2:36:55
75	Ivan Whigham	Clayton-Le-Moors	V50	2:37:52
76	Mark Pottinger	Stainland Lions	M	2:37:59
77	Peter Hughes	Queensbury RC	V50	2:38:05
78	Robert Bolton	unattached	V40	2:38:16
79 (lady 2)	Rachel Pilling	Pudsey & Bramley	L	2:38:26
80	Adrian Phillips	unattached	V40	2:38:27
81	Paul Hindle	Wharfedale Harriers	V50	2:38:50
82	Benjamin Taylor	unattached	M	2:39:11
83	Damien Brockie	unattached	M	2:39:14
84	John Boothman	Barlick Fell Runners	V50	2:39:21
85	Ashley Sharp	CVFR	M	2:39:34
86	David Copping	Keighley & Craven AC	V40	2:39:36
87	Robert Tyson	Todmorden Harriers	M	2:39:53
88	Ian Sutcliffe	Stadium Runners	V40	2:40:09
89	Graham Hill	CVFR	V40	2:40:29
90	John Wilcox	Clayton-Le-Moors	V50	2:41:00
91	Rob Haworth	Horwich RMI	V50	2:41:17
92	Giles Bailey	Meltham AC	V40	2:41:19
93	Andrew Kennedy	Fellandale	M	2:42:25
94	Nicholas Walsh	Rochdale & AC	V40	2:42:26
95	Ian Sanderson	Valley Striders	V40	2:42:27
96	Michael Bray	Wharfedale Harriers	V40	2:43:07
97	Phil Wells	unattached	V40	2:43:34
98	Ken Taylor	Rossendale	V60	2:44:00
99	Timothy Jacobs	Abbey Runners	V40	2:44:04
100 (lady 3)	Anna Kelly	Clayton-Le-Moors	LV50*	2:44:16
101	Mark Walker	Rochdale & AC	V40	2:44:20
102	David Bevan	Saddleworth	V40	2:44:26
103	Carl Heron	Queensbury RC	V50	2:45:18
104	Michael Fryer	CVFR	V50	2:45:28
105	Paul Hartley	Trawden Ac	M	2:45:31
106	Martin Mason	CVFR	V40	2:45:40

107	Andrew Bibby	Todmorden Harriers	V50	2:45:41
108	Nigel Hodson	Clayton-Le-Moors	V40	2:45:53
109	Hadrian Knight	Rothwell Harriers	V40	2:46:16
110	Jeff Winder	CVFR	V60	2:46:48
111	Graham Kay	FRA	M	2:47:28
112 (lady 4)	Kate Mansell	CVFR	LV40*	2:47:35
113	Nick Murphy	CVFR	V50	2:48:11
114	Brian Horsley	CVFR	V60	2:48:22
115	Chris Myers	unattached	M	2:48:33
116	Andy B Thorpe	CVFR	V40	2:48:40
117 (lady 5)	Jackie Scarf	CVFR	LV50	2:48:44
118	Michael Dean	CVFR	V40	2:49:11
119	Dick Ballantine	Keighley & Craven AC	V40	2:49:54
120	Nick Ward	Todmorden Harriers	M	2:50:53
121	Adam Moger	Kirkstall	M	2:51:00
122	Marcellus Springer	Horsforth Harriers	V50	2:51:03
123	Andy Robinson	Helsby RC	V50	2:51:16
124	Dave Tait	Dark Peak	V60	2:51:23
125	Michael Cooper	unattached	V40	2:51:25
126	Michael Thistlethwaite	Barlick Fell Runners	M	2:51:39
127	Simon Farrar	Keighley & Craven AC	V40	2:51:46
128	Wally Coppelov	Newburgh Nomads	V50	2:52:05
129	Andy Holden	Wharfedale Harriers	V40	2:52:13
130	Martin Finn	Pudsey & Bramley	V40	2:52:28
131	Paul Smith	Valley Striders	V40	2:52:36
132	Mike Ayers	Abbey Runners	V50	2:52:43
133	Andrew Davidson	Abbey Runners	V40	2:52:49
134	Phil Cook	Todmorden Harriers	V40	2:53:03
135	Roger Saxton	unattached	V40	2:53:42
136	Mark Nolan	Pudsey Pacers	V40	2:53:42
137	Craig Tipton	Ackworth Road Runners	V40	2:53:49
138	Joe Daniels	Todmorden Harriers	M	2:53:49
139	Fred Duenbier	Newburgh Nomads	V60	2:54:05
140 (lady 6)	Caroline Harding	Pudsey & Bramley	L	2:54:11
141	Trevor Harden	unattached	V60	2:54:46
142	Ian Newbold	Wharfedale Harriers	V40	2:55:18
143	Robert Halstead	unattached	V50	2:55:53
144 (lady 7)	Helen Buchan	CVFR	L	2:55:56
145	Garth De-Roux	Horsforth Harriers	M	2:56:15
146	Martin Brady	Clayton-Le-Moors	V50	2:56:24
147	Simon Fisher	CVFR	V40	2:56:57
148	Mike Wardle	CVFR	V50	2:57:19
149	Mark Bennett	Wharfedale Harriers	M	2:57:36
150 (lady 8)	Kath Brierley	Todmorden Harriers	LV50	2:58:05
151	Mark Culsham	Newburgh Nomads	V40	2:58:10
152	Simon Franklin	unattached	V40	2:58:30
153 (lady 9)	Claire Kirkham	Holcombe Harriers	L	2:58:57
154	Nathan Kennaugh	CVFR	M	2:59:08
155	Mark O'Connor	unattached	M	2:59:28
156	Daniel Brookes	Newburgh Nomads	M	3:00:47
157	Wrigglesworth	unattached	M	3:00:49
158	Bob Hudson	Saltaire Striders	M	3:00:53
159	Trevor Wakenshaw	North Shiels Poly	V40	3:01:29
160	Jilly Oldfield	CVFR	V40	3:01:51
161	David Halliday	Barlick Fell Runners	V40	3:02:08
162	Martin Dalton	Rochdale & AC	V50	3:02:17
163 (lady 10)	Amanda Seims	Valley Striders	L	3:03:25

164	Matthew Law	Clayton-Le-Moors	M	3:03:46
165 (lady 11)	Kerrie Bretherton	Trawden Ac	L	3:04:32
166	Simon Gallaway	Todmorden Harriers	V40	3:05:06
167	Paul Wale	Clayton-Le-Moors	V40	3:05:18
168 (lady 12)	Rachel Slattery	Keswick AC	LV40	3:05:50
169	Phil Hancock	Horsforth Harriers	V40	3:06:40
170	Steve Mordey	Horsforth Harriers	V40	3:06:47
171	Tony Steward	CVFR	V50	3:06:50
172	Malcolm Coles	Valley Striders	V70*	3:07:10
173 (lady 13)	Louise Marix Evans	CVFR	LV40	3:07:42
174	Matthew Wells	unattached	M	3:07:56
175	Andrew Heptinstall	unattached	V40	3:08:06
176 (lady 14)	Jasmine Banks	Runners	L	3:08:17
177	Mick Craven	Todmorden Harriers	V50	3:08:36
178	Ben Beckwith	unattached	M	3:08:38
179	Andrewr Pigg	Stadium Runners	V50	3:09:06
180 (lady 15)	Sharon Godsman	CVFR	LV40	3:09:09
181 (lady 16)	Adela Reperecki	Ilkley Harriers	LV50	3:09:14
182	John Nunn	CVFR	V50	3:09:34
183	Edwin Sherstone	Southport Waterloo	V40	3:10:02
184	Tommy Brichard	unattached	M	3:10:43
185	Matthew Ogden	unattached	M	3:15:13
186	Steve Hemingway	Spen	V50	3:15:28
187	Stephen Bury	Clayton-Le-Moors	V50	3:16:16
188 (lady 17)	Theresa Duckett	Horsforth Harriers	LV40	3:17:46
189	Steve Milner	Wharfedale Harriers	V50	3:19:11
190 (lady 18)	Sarah Smith	Otley	L	3:19:13
191	Gavin Holmes	unattached	M	3:19:17
192 (lady 19)	Julie Laverock	Salford Harriers	LV40	3:19:31
193 (lady 20)	Gillian Wisbey	CVFR	LV40	3:19:40
194 (lady 21)	Sue Fulton	Bingley	LV50	3:19:51
195	Robert Gaylor	Spen	V50	3:20:03
196	Martin Rowe	Runners	V50	3:20:15
197	Simon Reeves	unattached	M	3:21:14
198	Martin Burside	Idle AC	V50	3:21:18
199	Will Meredith	Pennine Fell Runners	M	3:21:48
200 (lady 22)	Sally Chesworth	CVFR	LV40	3:22:03
201 (lady 23)	Dawn Richards	unattached	LV40	3:23:55
202	Martin Terry	Clayton-Le-Moors	V50	3:23:56
203 (lady 24)	Michelle Morris	Baildon Runners	L	3:24:13
204	Paul Griffiths	Runners	V50	3:24:52
205	Jim Goddard	Baildon Runners	V40	3:25:05
206 (lady 25)	Amy Freeman	unattached	L	3:25:23
207 (lady 26)	Sarah Pickin	unattached	L	3:25:25
208 (lady 27)	Julie Haworth	Horwich RMI	LV40	3:25:34
209	Andrew Meek	CVFR	V40	3:26:17
210	Dave Culpán	CVFR	V50	3:27:23
211	Graham Ford	Valley Striders	V50	3:30:40
212 (lady 28)	Hilary Lane	Abbey Runners	LV50	3:31:09
213	Andrew Webster	unattached	M	3:35:20
214 (lady 29)	Emily Whitehead	Keighley & Craven AC	LV40	3:38:05
215 (lady 30)	Vo Louise Ward	unattached	L	3:38:06
216	Richard Smith	unattached	V40	3:38:06
217 (lady 31)	Andrea Lawton Hyde	Stadium Runners	L	3:39:51
218	Colin Grime	Spectrum Striders	V60	3:41:19
219 (lady 32)	Sharon Hague	Pudsey Pacers	LV40	3:42:58
220 (lady 33)	Becky Newman	unattached	L	3:43:39

221 (lady 34)	Jenny Cooper	Pudsey Pacers	L	3:44:23
222	David Banbury	unattached	V60	3:47:11
223	Michael Swale	Skyrac AC	V60	3:54:42
224	Leroy Sutton	Valley Striders	V40	4:16:15
225	Geoff Webster	unattached	V70	4:16:16