

Hutton Roof Crag

25 May 2013

| Pos | Name | Club | Cat | Time |
|-----|------------------|-------------------------------|-----|---------|
| 1 | Rob Jebb | Bingley Harriers & Ac | | 49:12 |
| 2 | Mark Addison | Helm Hill | | 49:25 |
| 3 | Paul Dugdale | Kendal Amateur Athletic Club | V45 | 50:55 |
| 4 | Paul Webb | Unattached | | 51:11 |
| 5 | Garry Greenhow | Ambleside Ac | | 51:41 |
| 6 | Chris Miller | Harrogate Harriers & Athletic | | 52:30 |
| 7 | Paul Crabtree | Wharfedale Harriers | V40 | 53:33 |
| 8 | Brian Taylor | Ellenborough Ac | V45 | 54:00 |
| 9 | Mary Wilkinson | Bingley Harriers & Ac | L | 54:19 |
| 10 | Andy Thorpe | Calder Valley Fell Runners | V40 | 54:52 |
| 11 | Mark Chippendale | Bowland Fell Runners | V40 | 55:04 |
| 12 | Robertq Moffatt | Howgill Harriers | | 55:12 |
| 13 | David Wilby | Ilkley Harriers Ac | | 55:51 |
| 14 | David Parkington | Preston Harriers & Ac | V45 | 55:54 |
| 15 | Robin Stones | Helm Hill | | 56:40 |
| 16 | Ben Crawshaw | Kendal Amateur Athletic Club | | 57:08 |
| 17 | David Alcock | Pudsey & Bramley Ac | | 57:22 |
| 18 | Chris Davies | Saddleworth Runners Club | V55 | 57:40 |
| 19 | Rich Taylor | Unattached | | 57:43 |
| 20 | Craig Burrow | Helm Hill | | 57:46 |
| 21 | Billy Proctor | Helm Hill | V55 | 57:55 |
| 22 | Paul Crabtree | Wharfedale Harriers | V45 | 58:00 |
| 23 | Carl Edmonds | Black Combe | JM | 58:50 |
| 24 | Paul Reilly | Coniston Fell Runners | | 58:53 |
| 25 | David Wilson | Bowland Fell Runners | V45 | 58:55 |
| 26 | Nick Ray | Ellenborough Ac | V40 | 59:03 |
| 27 | Andy Mouncey | Settle Harriers | V45 | 59:12 |
| 28 | Mark Walsh | Ellenborough Ac | | 59:22 |
| 29 | Jackie Winn | Ellenborough Ac | V60 | 59:29 |
| 30 | Chris Reade | Bowland Fell Runners | V45 | 59:39 |
| 31 | Chris Pender | Newburgh Nomads Rc | | 59:41 |
| 32 | Shaun Addison | Helm Hill | V50 | 59:42 |
| 33 | Paul Lambert | Wharfedale Harriers | V45 | 59:43 |
| 34 | Sean Robinson | Howgill Harriers | | 59:45 |
| 35 | Brian Horrocks | Clayton Le Moors Harriers | V50 | 59:59 |
| 36 | Roy Gibson | Dark Peak Fell Runners Club | V50 | 1:00:10 |
| 37 | Steve McLean | Southport Waterloo Ac | V50 | 1:00:12 |
| 38 | Douglas Love | Unattached | | 1:00:38 |
| 39 | Chris Balderson | Clayton Le Moors Harriers | V45 | 1:00:44 |
| 40 | Sam Daley | Settle Harriers | | 1:01:04 |
| 41 | Michael Bigmore | Unattached | V45 | 1:01:11 |
| 42 | Graham Lubb | Coniston Fell Runners | V45 | 1:01:14 |
| 43 | Robert Crawford | Coniston Fell Runners | | 1:01:29 |
| 44 | Jim Andrews | Coniston Fell Runners | V45 | 1:01:51 |
| 45 | Paul Upton | Helm Hill | | 1:01:55 |
| 46 | Scott Davies | Wharfedale Harriers | V40 | 1:02:02 |
| 47 | Clare Pearson | Wharfedale Harriers | L | 1:02:06 |
| 48 | Barry Hodgson | Ellenborough Ac | V55 | 1:02:28 |
| 49 | Ivan Whigham | Clayton Le Moors Harriers | V50 | 1:02:36 |
| 50 | Lynne Clough | Chorley | L40 | 1:02:53 |
| 51 | John Thompson | Newburgh Nomads Rc | V40 | 1:02:59 |
| 52 | Phil Mather | Lonsdale | | 1:03:05 |
| 53 | Andrew Carruther | Halesowen AC | V50 | 1:03:07 |
| 54 | Mark Irving | Bowland Fell Runners | | 1:03:10 |
| 55 | Colin Whitaker | Bowland Fell Runners | V50 | 1:03:19 |
| 56 | Allan Miller | Kendal Amateur Athletic Club | V55 | 1:03:26 |
| 57 | Sam Schofield | Unattached | JM | 1:03:31 |

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| 58 | Pete Miles | Unattached | | 1:03:39 |
| 59 | Holly Page | Calder Valley Fell Runners | L | 1:03:44 |
| 60 | Peter Kemp | Ellenborough Ac | | 1:03:46 |
| 61 | Rachel Hill | Wharfedale Harriers | L40 | 1:03:50 |
| 62 | Simon Tobin | Southport Waterloo Ac | V45 | 1:04:00 |
| 63 | Alistair Hana | Howgill Harriers | JM | 1:04:09 |
| 64 | Rowan Wood | City Of Lancaster Triathlon | | 1:04:10 |
| 65 | Neil Worswick | Clayton Le Moors Harriers | V45 | 1:04:17 |
| 66 | Richard Briscoe | Clayton Le Moors Harriers | | 1:04:23 |
| 67 | Ian Hutchinson | Bowland Fell Runners | V50 | 1:04:26 |
| 68 | Leigh Baron | Unattached | V45 | 1:04:35 |
| 69 | Michael Walsh | Kendal Amateur Athletic Club | V60 | 1:04:37 |
| 70 | Nigel Horney | Keswick Aac | V50 | 1:05:02 |
| 71 | Stuart Allan | Allen Valley Striders | V40 | 1:05:04 |
| 72 | Paul Johnson | Cumberland Fell Runners | | 1:05:05 |
| 73 | Andrew Lee | Rossendale Harriers & Ac | V40 | 1:05:15 |
| 74 | Martin Harris | Helm Hill | V40 | 1:05:19 |
| 75 | Brian Miller | Harrogate Harriers & Athletic | V55 | 1:05:22 |
| 76 | Les Smalley | Bury Athletic Club | V45 | 1:05:24 |
| 77 | Dawn Atkins | Chorley | L | 1:05:25 |
| 78 | Stephen Laskley | Unattached | V45 | 1:05:38 |
| 79 | Andy Evans | Settle Harriers | V50 | 1:05:40 |
| 80 | Stephen Morran | Northern Veterans Ac | V55 | 1:05:41 |
| 81 | Rowena Brown | Bowland Fell Runners | L50 | 1:05:43 |
| 82 | David Horrocks | Clayton Le Moors Harriers | V50 | 1:05:46 |
| 83 | Nick Bishop | Wilmslow Running Club | V50 | 1:05:54 |
| 84 | Paul Hindle | Wharfedale Harriers | V50 | 1:06:04 |
| 85 | Wally Coppelov | Newburgh Nomads Rc | V50 | 1:06:06 |
| 86 | Alex McCann | MDOC | JM | 1:06:08 |
| 87 | Ali Richards | Helm Hill | | 1:06:11 |
| 88 | Michael Toman | Rossendale Harriers & Ac | V45 | 1:06:17 |
| 89 | Stephen Douglas | Ellenborough Ac | | 1:06:22 |
| 90 | Jonathan Welch | Unattached | V45 | 1:06:29 |
| 91 | Phil Fortun | Coniston Fell Runners | | 1:06:40 |
| 92 | Peter Hall | Barrow & Furness Striders Ac | V70 | 1:07:12 |
| 93 | David James | Unattached | V45 | 1:07:34 |
| 94 | Tim Bennett | City Of Lancaster Triathlon | V45 | 1:07:41 |
| 95 | Thomas Yates | Dallam | | 1:07:55 |
| 96 | Mike Woodbridge | Dallam | V45 | 1:07:58 |
| 97 | Gary Lane | Coniston Fell Runners | V40 | 1:08:06 |
| 98 | Jamie Dowdall | Darwen Dashers Rc | | 1:08:15 |
| 99 | Jim Turner | Unattached | | 1:08:21 |
| 100 | Adam Bennett | Unattached | | 1:08:30 |
| 101 | Alan Martin | Preston Harriers & Ac | V45 | 1:08:32 |
| 102 | Alex Brown | Helm Hill | JM | 1:08:46 |
| 103 | Mark Taylor | Clayton Le Moors Harriers | | 1:08:48 |
| 104 | Helen Allan | Pennine Fell Runners | L | 1:08:51 |
| 105 | Pete Hopley | Burnden Road Runners | V45 | 1:08:52 |
| 106 | Helen Ilsley | Unattached | L | 1:08:55 |
| 107 | Chris Reade | Bowland Fell Runners | V45 | 1:08:56 |
| 108 | Rick Froligh | Riverside Runners | V50 | 1:08:58 |
| 109 | Sarah Sherra6tt | Bowland Fell Runners | L40 | 1:08:59 |
| 110 | Ian Newbold | Wharfedale Harriers | V45 | 1:09:00 |
| 111 | Peter Singleton | Blackpool Wyre & Fylde Ac | V55 | 1:09:17 |
| 112 | Adam Johnson | Ellenborough Ac | | 1:09:28 |
| 113 | (No. 12) | Bowland Fell Runners | | 1:09:36 |
| 114 | Sarah Grant | Abbey Runners | L40 | 1:09:45 |
| 115 | Amanda Burrow | Helm Hill | L | 1:09:47 |
| 116 | Dorothy Pelly | Ambleside Ac | L55 | 1:09:50 |
| 117 | Ellie Maddocks | Lonsdale | L | 1:09:52 |
| 118 | John Thompson | Wharfedale Harriers | V55 | 1:10:05 |
| 119 | Kevin Price | Mow Cop Runners | V45 | 1:10:15 |
| 120 | John Spooner | Heysham Triers | V45 | 1:10:18 |

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| 121 | Frank McTominay | Lonsdale | V50 | 1:10:21 |
| 122 | Dave Grunny | Bury Athletic Club | V50 | 1:10:26 |
| 123 | James Goffe | Black Combe | V50 | 1:10:29 |
| 124 | Dave Turner | Lomond Hill Runners | V40 | 1:10:30 |
| 125 | Chris Schofield | Helm Hill | V50 | 1:10:32 |
| 126 | Jamie Murphy | Lancaster & Morecambe Ac | V45 | 1:10:40 |
| 127 | Steven Howard | Unattached | | 1:10:55 |
| 128 | Dave Reynolds | Newburgh Nomads Rc | V45 | 1:10:56 |
| 129 | Nikki Kay | Lancaster & Morecambe Ac | L | 1:11:02 |
| 130 | Stephen Bury | Clayton Le Moors Harriers | V55 | 1:11:06 |
| 131 | David Miller | Unattached | V55 | 1:11:12 |
| 132 | Wendy Dodds | Clayton Le Moors Harriers | L60 | 1:11:18 |
| 133 | Bbruce McLoughli | Unattached | V45 | 1:11:34 |
| 134 | Anne Ferguson | Burnden Road Runners | L55 | 1:11:42 |
| 135 | Andy Taylor | Unattached | | 1:11:48 |
| 136 | William Titley | Trawden AC | V45 | 1:11:54 |
| 137 | Kelly Wilby | Ilkley Harriers Ac | L | 1:11:55 |
| 138 | Christine Whitak | Wharfedale Harriers | L50 | 1:11:57 |
| 139 | Angela Donlan | Wharfedale Harriers | L | 1:12:08 |
| 140 | Steve Moss | Spensborough & Dist Ac | V60 | 1:12:30 |
| 141 | Ian Hall | Unattached | V45 | 1:12:35 |
| 142 | Ian Smith | Bolton United Harriers & Ac | V60 | 1:12:38 |
| 143 | Rob Jackson | Abbey Runners | V45 | 1:12:41 |
| 144 | Paul Stupples | ABC Runners | V45 | 1:12:43 |
| 145 | Mark Midgley | Bowland Fell Runners | V45 | 1:12:45 |
| 146 | Helen Hoyle | Barnet & District | L45 | 1:12:49 |
| 147 | Mark Whitaker | Todmorden Harriers & Ac | V50 | 1:12:51 |
| 148 | Neil Taylor | Skelmersdale Boundary H | V45 | 1:12:52 |
| 149 | Simon Hodgson | Unattached | | 1:12:53 |
| 150 | Alex Grieve | Richmond Ravers | V45 | 1:12:55 |
| 151 | Emma Dodd | Wharfedale Harriers | L | 1:13:05 |
| 152 | Denise Tunstall | Durham Fell Runners | L45 | 1:13:06 |
| 153 | Trace Peters | Southport Waterloo Ac | L | 1:13:15 |
| 154 | Jill Eccleston | Settle Harriers | L | 1:13:17 |
| 155 | Peter Dugdale | Clayton Le Moors Harriers | V55 | 1:13:34 |
| 156 | Edwin Sherstone | Southport Waterloo Ac | V45 | 1:13:43 |
| 157 | David Appleyard | Helm Hill | V50 | 1:13:56 |
| 158 | Gavin Slack | Unattached | | 1:13:57 |
| 159 | Simon Cockram | Unattached | V50 | 1:14:08 |
| 160 | Mark David | Nidd Valley Road Runners | V45 | 1:14:08 |
| 161 | Nigel Garnett | Kendal Amateur Athletic Club | V55 | 1:14:37 |
| 162 | Colin Webb | Unattached | V60 | 1:14:45 |
| 163 | Jo Wilcox | Helm Hill | L45 | 1:14:55 |
| 164 | Andrew Gittins | Black Combe | V50 | 1:15:06 |
| 165 | Graeme Fox | Ellenborough Ac | | 1:15:09 |
| 166 | Victoria Upton | Helm Hill | L | 1:15:14 |
| 167 | Charlie Franklan | Unattached | V45 | 1:15:32 |
| 168 | Jenna Wood | Howgill Harriers | L | 1:15:33 |
| 169 | Pete Ellwood | Settle Harriers | V45 | 1:15:36 |
| 170 | Darren Baker | FRA | V45 | 1:15:37 |
| 171 | Paul Morton | Bowland Fell Runners | | 1:15:40 |
| 172 | Julie Holmes | Mow Cop Runners | L50 | 1:15:41 |
| 173 | Holly Craggs | Burnden Road Runners | L | 1:15:45 |
| 174 | John Marsh | FRA | V50 | 1:16:24 |
| 175 | Steven Wilkinson | Southport Waterloo Ac | | 1:16:34 |
| 176 | Rob Myers | Wharfedale Harriers | V55 | 1:16:43 |
| 177 | Judith Marshall | Settle Harriers | L | 1:17:14 |
| 178 | Stephen Fish | Clayton Le Moors Harriers | V60 | 1:17:18 |
| 179 | Elaine Roper | Burnden Road Runners | L50 | 1:17:23 |
| 180 | Alan Heaton | Bowland Fell Runners | V55 | 1:17:27 |
| 181 | Robert Cosgrove | Southport Waterloo Ac | V45 | 1:17:32 |
| 182 | Angela White | Unattached | L40 | 1:17:35 |
| 183 | Paul Foster | Helsby (bicc) Running Club | V40 | 1:17:54 |
| 184 | Linda Lord | Clayton Le Moors Harriers | L65 | 1:17:58 |

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| 185 | David Parminter | Black Combe | V55 | 1:17:59 |
| 186 | Paul Turner | Unattached | | 1:18:04 |
| 187 | Gareth Rapkin | Unattached | | 1:18:15 |
| 188 | Kevan Latham | SELOC | V55 | 1:18:24 |
| 189 | David Timmins | FRA | V60 | 1:18:45 |
| 190 | William Hallahan | Unattached | V55 | 1:18:49 |
| 191 | Anthony Hallahan | Unattached | | 1:18:50 |
| 192 | Phil Corris | Lancs Constabulary | V55 | 1:18:51 |
| 193 | Peter Bardsley | Bowland Fell Runners | V40 | 1:19:01 |
| 194 | Colin Grimp | Spectrum Striders | V65 | 1:19:04 |
| 195 | David Downes | WCOC | V55 | 1:19:12 |
| 196 | Lynn Whittaker | Wharfedale Harriers | L50 | 1:19:15 |
| 197 | Gary Hadwin | Keswick Aac | V40 | 1:19:18 |
| 198 | Kath Hoyer | Wesham Road Runners | L50 | 1:19:31 |
| 199 | Tim Walker | Yealand Harrier | V55 | 1:19:38 |
| 200 | John Hazell | FRA | V50 | 1:19:46 |
| 201 | Nigel Blandford | Bury Athletic Club | V45 | 1:19:46 |
| 202 | Vicky Kirkwood | Dallam | L40 | 1:19:58 |
| 203 | Gregory Tagney | Dallam | V60 | 1:19:58 |
| 204 | Nigel Brady | Bury Athletic Club | V50 | 1:20:25 |
| 205 | Michael Frost | Clayton Le Moors Harriers | V55 | 1:20:40 |
| 206 | Anil Bose | Newburgh Nomads Rc | V50 | 1:20:46 |
| 207 | Caren Crabtree | Wharfedale Harriers | L | 1:21:02 |
| 208 | Jenny Salt | Wesham Road Runners | L | 1:21:09 |
| 209 | Raj Madhas | Wharfedale Harriers | V45 | 1:21:55 |
| 210 | Graham Jameson | Lancaster & Morecambe Ac | V70 | 1:21:58 |
| 211 | Dave Hudson | Carlisle Tri | V40 | 1:22:04 |
| 212 | Graham Lawton | Heysham Triers | | 1:22:15 |
| 213 | Rochelle Byron | Unattached | L | 1:22:17 |
| 214 | Paul Walsh | Bowland Fell Runners | V65 | 1:22:24 |
| 215 | Richard Treitl | Barlick Fell Runners | V60 | 1:22:29 |
| 216 | Jeffrey Wright | Blackpool Wyre & Fylde Ac | V55 | 1:22:34 |
| 217 | Alan Chamberlain | Unattached | | 1:22:50 |
| 218 | Nick Forsberg | Sevenoaks Streakers | | 1:23:02 |
| 219 | John Agg | FRA | V50 | 1:23:15 |
| 220 | Darren Carradice | Dallam | V45 | 1:23:20 |
| 221 | Nichola Horsfall | Clayton Le Moors Harriers | L50 | 1:23:46 |
| 222 | Hilary Page | Unattached | L50 | 1:23:55 |
| 223 | Andrew Brewer | Unattached | | 1:24:07 |
| 224 | Jonathan Davies | Unattached | V45 | 1:24:17 |
| 225 | Eden Parkinson | Dallam | V40 | 1:24:18 |
| 226 | James Ehitham | Coniston Fell Runners | | 1:24:20 |
| 227 | Jo FrancisNichol | Black Combe | L50 | 1:25:14 |
| 228 | Robert Hirst | Clayton Le Moors Harriers | V60 | 1:26:12 |
| 229 | Roger Bell | Ambleside Ac | V70 | 1:26:43 |
| 230 | Ben Higginson | Preston Harriers & Ac | V55 | 1:27:05 |
| 231 | Jenny White | Horsham Joggers | L | 1:27:06 |
| 232 | Graham Schofield | Chorley | V60 | 1:27:45 |
| 233 | Jenny Miller | Harrogate Harriers & Athletic | L | 1:27:57 |
| 234 | David Wolffendal | Bowland Fell Runners | V60 | 1:28:15 |
| 235 | Anthony Macre | Trawden AC | V55 | 1:30:07 |
| 236 | Sarah Arnold | Darwen Dashers Rc | L40 | 1:30:18 |
| 237 | Phil Martin | Bowland Fell Runners | V70 | 1:30:31 |
| 238 | George Arnold | Preston Harriers & Ac | V75 | 1:30:32 |
| 239 | Ruth Power | Unattached | L40 | 1:30:36 |
| 240 | Elaine Sutton | Southport Waterloo Ac | L45 | 1:31:02 |
| 241 | Iain Phillips | Unattached | V40 | 1:34:12 |
| 242 | Sean Kearney | Unattached | V40 | 1:34:12 |
| 243 | Anne Milner | Wharfedale Harriers | L45 | 1:34:31 |
| 244 | Richard Handford | Keighley & Craven Ac | V55 | 1:35:44 |
| 245 | John Francis | Clayton Le Moors Harriers | V65 | 1:36:03 |
| 246 | Maria Parkinson | Burnden Road Runners | L40 | 1:36:26 |
| 247 | Michele Smith | Hutton Roof Harriers | L40 | 1:37:10 |

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| 248 | Nazir Hassain | Spensorough & Dist Ac | V60 | 1:37:21 |
| 249 | John Riley | Calder Valley Fell Runners | V60 | 1:37:33 |
| 250 | Nicola Johnson | Parbold Pink Panthers Rc | L | 1:38:01 |
| 251 | Lesley Bow | Unattached | L | 1:38:25 |
| 252 | Denis Wood | Borrowdale Fell Runners | V70 | 1:39:00 |
| 253 | Ian Folkard | Unattached | V40 | 1:40:08 |
| 254 | Anna Baker | Helm Hill | L | 1:42:42 |
| 255 | Bryan Pycroft | FRA | V70 | 1:43:55 |
| 256 | Hilary Oxley | Settle Harriers | L50 | 1:45:28 |