

# Lancaster Half Marathon

## 3 November 2013

Pos	No	First Name	Last Name	Club	Cat	Gun Time	Chip Time
1	276	Michael	Keedy	Skipton AC	MV40	01:15:27	01:15:26
2	313	Philip	Lowery	Morecambe AC	MV50	01:18:40	01:18:37
3	375	Robin	Outtersides	Unattached	MS	01:19:41	01:19:39
4	1035	Robbie	Whitaker	Unattached	MS	01:20:24	01:20:23
5	337	Robert	Mcgrath	Unattached	MV45	01:20:31	01:20:28
6	282	Lee	Knight	AMBLESIDE	MS	01:20:37	01:20:36
7	496	Adrian	Thomas	Keighley & Craven AC	MV40	01:21:50	01:21:49
8	185	Mark	Garnett	Unattached	MV45	01:22:08	01:22:05
9	1259	Jonathan	Purslow	Unattached	MV45	01:22:26	01:22:23
10	1293	Mark	Gardner	Morecambe AC	MS	01:22:34	01:22:33
11	1292	David	Brown	Morecambe AC	MS	01:22:35	01:22:33
12	1232	Stephen	Schoffield	Tri Clan	MS	01:22:39	01:22:35
13	1017	Jason	Walker	Unattached	MV40	01:22:56	01:22:55
14	195	Mark	Gostelow	Unattached	MV45	01:23:29	01:23:26
15	290	Gary	Lawton	Unattached	MV40	01:23:56	01:23:54
16	279	Ian	Kenworthy	RUNNERS	MS	01:23:59	01:23:55
17	18	Tom	Atkin	Unattached	MS	01:24:22	01:24:13
18	29	Tim	Bateson	Club	MV45	01:24:25	01:24:22
19	1287	Jonathan	Mann	Chorley AC	MS	01:24:49	01:24:44
20	260	Simon	Jackson	Sale Harriers	MV40	01:25:05	01:25:02
21	175	William	Foreman	Ripon Runners	MV50	01:25:14	01:25:09
22	133	JWK	Team	Unattached	TEAM	01:25:40	01:25:35
23	1008	Phillip	Turton	Unattached	MS	01:25:52	01:25:47
24	451	Michael	Sharkey	Middleton Harriers	MV55	01:25:58	01:25:53
25	477	Neil	Stephenson	Ymca harriers	MS	01:26:06	01:26:02
26	278	Mark	Kemp	Unattached	MS	01:26:18	01:26:11
27	1213	A	Walsh	Unattached	MS	01:26:27	01:26:24
28	1047	Ewan	Willcox	Unattached	MS	01:26:34	01:26:23
29	1256	Paul	Knowles	AMBLESIDE	MV45	01:26:36	01:26:36
30	1071	Alastair	Wallace	Skipton AC	MV40	01:26:47	01:26:37
31	339	John	Mcmanniman	Liverpool RC	MS	01:26:57	01:26:52
32	409	Steve	Price	club	MS	01:27:01	01:26:41
33	399	Jose	Pinon Shaw	Runners	MV45	01:27:05	01:27:03
34	1028	Troy	Watson	Runners	MV45	01:27:12	01:27:08
35	344	Mark	Melbourne	Wigan Phoenix	MS	01:27:38	01:27:36
36	1091	Ian	Douglas	Rochdale Harriers	MS	01:27:55	01:27:52
37	1212	Pete	Miles	Unattached	MS	01:28:15	01:28:13
38	58	Steven	Buckley	Unattached	MS	01:28:32	01:28:27
39	1219	Niels	Lauston	Unattached	MV40	01:28:38	01:28:35
40	1042	James	Whitmore	GB Bootcamps	MS	01:29:17	01:29:09
41	309	Harvey	Lord	Unattached	MS	01:29:24	01:29:19
42	1089	Tom	Longdon	Unattached	MV40	01:29:31	01:29:24
43	98	Claire	Cooper	Keighley & Craven AC	FS	01:30:00	01:29:56
44	1121	Chris	Dexter	Unattached	MS	01:30:11	01:30:06
45	1048	Mark	Willett	LSARR	MS	01:30:11	01:29:56
46	102	Daniel	Cottle	Prestwich AC	MS	01:30:16	01:30:07
47	418	Roberto	Raso	Frontrunners	MV45	01:30:35	01:30:25
48	220	Derrell	Hind	Unattached	MV45	01:30:54	01:30:50

48	239	Darren	Hiru	Unattached	MV45	01:30:34	01:30:30
49	197	Tom	Greaves	AC	MS	01:30:54	01:30:38
50	494	Philip	Taylor	Prestwich AC	MV45	01:30:57	01:30:47
51	1010	James	Upton	Unattached	MS	01:30:59	01:30:53
52	346	Simon	Merrin	Ripon Runners	MV40	01:31:09	01:31:04
53	1268	Alan	Coulson	Unattached	MS	01:31:15	01:31:10
54	99	Craig	Cooper	Keighley & Craven AC	MV40	01:31:21	01:31:17
55	4	Lisa	Ainslie	Unattached	FS	01:31:25	01:31:18
56	471	Dominik	Sokol	Unattached	MS	01:31:38	01:31:32
57	206	Daniel	Hale	Unattached	MS	01:31:43	01:31:38
58	1204	Hannah	Shillitoe	Heaton Harriers	FS	01:31:45	01:31:41
59	9	Steve	Almond	Tri Preston	MV50	01:31:50	01:31:46
60	198	Chris	Green	Sale harriers	MV40	01:31:59	01:31:57
61	1237	Martin	Kerry	Blackburn RR	MV50	01:32:07	01:32:00
62	205	Daniel	Grose	Kendal AAC	MV40	01:32:10	01:32:06
63	1207	Ellen	Humewood	Westerlands	FV35	01:32:10	01:32:04
64	1263	Steven	Parkinson	Unattached	MS	01:32:15	01:31:56
65	452	Ashley	Sharp	Runners	MS	01:32:24	01:32:22
66	39	Mark	Bishop	Prestwich AC	MS	01:32:27	01:32:11
67	1281	Harry	Solding	Unattached	MS	01:32:53	01:32:41
68	488	Matthew	Swallow	Unattached	MS	01:32:54	01:32:40
69	1289	James	Bottomley	Unattached	MV50	01:32:58	01:32:32
70	1234	Stephen	Grimley	Runners	MV40	01:33:01	01:33:00
71	305	Paul	Longfield	Unattached	MS	01:33:03	01:32:59
72	262	John	James	Heaton Harriers	MV55	01:33:07	01:33:04
73	1065	Yvonne	Wyke	Parbold Pink Panthers	FV45	01:33:19	01:33:10
74	1280	Neil	Willcox	Unattached	MV50	01:33:22	01:33:11
75	101	David	Cooper	Unattached	MV40	01:33:25	01:33:15
76	139	Martin	Deans	Unattached	MV40	01:33:39	01:33:34
77	478	Amanda	Sterling	Keighley & Craven AC	FV40	01:33:49	01:33:46
78	334	Steven	Mcdermott	Unattached	MS	01:33:55	01:33:42
79	167	Paul	Farren	Bentham Beagles	MV50	01:34:36	01:34:20
80	459	David	Simmons	Prestwich AC	MV40	01:34:41	01:34:28
81	37	Adam	Birch	Unattached	MS	01:34:50	01:34:36
82	357	Ben	Mousley	Unattached	MS	01:34:55	01:34:54
83	417	Oliver	Radford	Glossopdale Harriers	MS	01:34:57	01:34:37
84	273	Christopher	Kay	Unattached	MS	01:35:05	01:34:59
85	90	Richard	Collins	Prestwich AC	MS	01:35:07	01:34:53
86	65	Jayne	Butterworth	Skipton AC	FV45	01:35:16	01:35:03
87	1251	Joanne	Taylor	Morecambe AC	FV40	01:35:29	01:35:20
88	1252	Michael	Roy	Morecambe AC	MS	01:35:37	01:35:23
89	1087	Louise	Goddard	Morecambe AC	FV45	01:35:44	01:35:36
90	414	Ron	Pundick	Unattached	MV50	01:35:47	01:35:40
91	117	Mark	Cronin	Unattached	MS	01:35:53	01:35:38
92	105	James	Court	Unattached	MS	01:36:00	01:35:48
93	151	Owen	Dowsett	Unattached	MS	01:36:06	01:35:48
94	1223	Matt	McNuley	Unattached	MS	01:36:11	01:35:58
95	30	Joseph	Bavis	Unattached	MS	01:36:18	01:36:13
96	212	Richard	Halstead	Unattached	MS	01:36:18	01:36:13
97	1257	William	Cross	Morecambe AC	MV45	01:36:22	01:36:12
98	1288	Jonathan	Baizon	Chorley AC	MS	01:36:28	01:36:22
99	468	Paul	Smith	Morecambe AC	MS	01:36:29	01:36:10
100	1206	Glyn	Taylor	Unattached	MV45	01:36:41	01:36:37

101	1009	David	Unsworth	Horwich RMI Harriers	MV50	01:36:45	01:36:37
102	403	Simon	Platts	PUDSEY PACERS	MS	01:36:53	01:36:41
103	1215	Jeffrey	Pickup	Clayton Le Moors	MV60	01:37:01	01:36:52
104	106	Martin	Couzin	Unattached	MS	01:37:08	01:36:30
105	233	Neil	Higson	Unattached	MS	01:37:17	01:37:07
106	32	Andrew	Bell	Unattached	MV45	01:37:24	01:37:12
107	462	Matthew	Slack	Unattached	MS	01:37:32	01:36:53
108	82	Jonathan	Cimmerman	Unattached	MS	01:37:35	01:37:32
109	433	Steven	Robinson	Unattached	MS	01:37:43	01:37:26
110	487	Mark	Sullivan	Unattached	MV45	01:37:51	01:37:41
111	1222	Stephen	Tingle	Unattached	MV50	01:38:04	01:37:32
112	1106	Andrea	Edmondson	Settle Harriers	FV40	01:38:06	01:37:58
113	289	Anthony	Lawrenson	Unattached	MV40	01:38:08	01:37:37
114	295	Adrian	Leigh	Bentham Beagles	MV55	01:38:19	01:38:17
115	1273	Andrew	Whitton	Morecambe AC	MV55	01:38:24	01:38:20
116	1203	Ben	Shillitoe	Heaton Harriers	MS	01:38:27	01:38:23
117	434	Philip	Robinson	Unattached	MS	01:38:32	01:38:15
118	393	David	Penkethman	Manchester YMCA	MV50	01:38:35	01:38:31
119	194	Stuart	Gordon	Blackhill Bounders	MV45	01:38:54	01:38:34
120	137	Morecambe	Football	Unattached	TEAM	01:38:56	01:38:54
121	1201	Harry	Blenkinship	Unattached	MS	01:38:56	01:38:04
122	1083	Jeremy	Wright	Saltaire Striders	MV50	01:39:07	01:38:59
123	1067	Chris	Young	Unattached	MS	01:39:12	01:38:39
124	1285	Daniel	Stocks	Bentham Beagles	MS	01:39:15	01:38:59
125	44	David	Bradshaw	Prestwich AC	MV50	01:39:19	01:38:56
126	121	Robert	Currie	Unattached	MS	01:39:26	01:38:41
127	1085	John	Murray	Unattached	MV65	01:39:31	01:39:23
128	318	Diane	Macdonald	Keighley & Craven AC	FV40	01:39:44	01:39:38
129	226	Michael	Hayes	Unattached	MS	01:40:02	01:39:24
130	118	Neil	Crossley	Unattached	MV40	01:40:13	01:39:51
131	1236	Richard	Fenton	Unattached	MS	01:40:14	01:39:44
132	193	Jeremy	Gold	AC	MV45	01:40:15	01:40:12
133	19	Michelle	Atkinson	Bentham Beagles	FV40	01:40:15	01:40:13
134	1029	Stuart	Waugh	Unattached	MS	01:40:19	01:39:50
135	368	Stuart	Nixon	Unattached	MS	01:40:22	01:39:47
136	444	Graeme	Rycyk	Unattached	MS	01:40:27	01:39:48
137	364	Stephen	Myers	Prestwich AC	MV45	01:40:27	01:40:05
138	187	Jade	Gilchrist	Unattached	FS	01:40:29	01:39:40
139	77	Colin	Chapman	Kirkstall Harriers	MV45	01:40:30	01:40:19
140	280	Derek	Kirkman	Unattached	MV45	01:40:40	01:40:33
141	56	Stuart	Bryan	Barlick Fell Runners	MV40	01:40:43	01:40:28
142	1233	Chris	Cavey	Runners	MV45	01:40:49	01:40:44
143	248	Clive	Hope	Unattached	MV55	01:40:53	01:40:39
144	220	Vikki	Hardwicke	Rosendale Harriers	FV45	01:41:02	01:40:59
145	408	Jordan	Preston	Unattached	MS	01:41:22	01:41:08
146	76	Jonathan	Channell	UKNetRunner	MV40	01:41:38	01:41:27
147	1278	Douglas	French	Unattached	MS	01:41:43	01:41:33
148	361	Angus	Murray	Unattached	MV40	01:41:45	01:41:28
149	1254	Claire	Holden	Durham University	FS	01:41:54	01:41:47
150	1260	Allison	Daly	Kendal AC	FV35	01:41:55	01:41:45
151	1078	John	Raich	Morecambe AC	MV50	01:42:20	01:41:58
152	55	Andrew	Bryan	Unattached	MV40	01:42:20	01:42:07
153	1250	Con	Balmer	Clayton	MV45	01:42:26	01:42:00

153	1250	Gary	Banner	Clayton	MV45	01:42:20	01:42:00
154	422	Jon	Revill	Unattached	MS	01:42:26	01:42:12
155	73	Charles	Cawthorn	Unattached	MS	01:42:35	01:42:23
156	80	Michael	Christopher	Unattached	MV40	01:42:40	01:42:32
157	135	David	Davies	Unattached	MS	01:42:41	01:41:52
158	79	Marcus	Chester	Bolton United H ...	MS	01:42:44	01:42:24
159	1064	Nathan	Wright	Club	MV45	01:42:49	01:42:41
160	341	Teresa	Medley	BORDER HARRIERS	FV40	01:42:50	01:42:16
161	1098	Kevin	Preston	Unattached	MV45	01:42:53	01:42:33
162	264	Mark	Jesson	Orienteers	MV45	01:42:59	01:42:46
163	1052	Jon	Wimborne	Unattached	MV45	01:43:03	01:42:29
164	1246	Tony	Thornton	Settle Harriers	MV40	01:43:04	01:42:55
165	245	Andy	Holt	Unattached	MS	01:43:09	01:43:04
166	301	Christopher	Lindsay	Unattached	MS	01:43:10	01:42:52
167	114	Michael	Croft	Unattached	MS	01:43:15	01:42:47
168	1001	Tamsin	Threlfall	Unattached	FV35	01:43:29	01:43:06
169	67	Jack	Carney	Unattached	MS	01:43:38	01:43:33
170	329	David	Marshall	Unattached	MS	01:43:53	01:43:23
171	165	Riccardo	Fantauzzo	Unattached	MS	01:43:55	01:43:25
172	450	Gina	Senior	Wigan Phoenix	FV40	01:44:05	01:44:01
173	246	Edward	Hooley	Unattached	MS	01:44:08	01:44:02
174	490	Roy	Tatlock	Unattached	MV55	01:44:13	01:43:34
175	247	Ray	Hooper	Unattached	MV40	01:44:15	01:44:04
176	1211	Adam	Baird	AMBLESIDE	MV40	01:44:17	01:44:10
177	1282	Edward	McCarthy	Unattached	MV50	01:44:24	01:44:15
178	1216	Frank	Beecroft	Saltaire Striders	MV45	01:44:36	01:44:26
179	467	Jan	Smith	Skipton AC	FV45	01:44:39	01:44:22
180	1205	Alan	Clement	Unattached	MV55	01:44:42	01:44:27
181	2	Richard	Addis	SLH	MS	01:44:43	01:44:21
182	394	Jamie Adam	Penswick	Unattached	MS	01:45:07	01:44:17
183	454	Joseph	Sharples	Unattached	MS	01:45:08	01:44:17
184	6	Alison	Allerton	Prestwich AC	FV40	01:45:13	01:44:51
185	241	Jonathan	Holding	Unattached	MS	01:45:16	01:44:30
186	379	Phillip	Parker	Unattached	MS	01:45:24	01:45:04
187	390	Richard	Pegg	STRIDERS	MV50	01:45:29	01:44:53
188	144	Jonathan	Dixon	Unattached	MV50	01:45:34	01:45:02
189	184	Bob	Gardner	North Derbyshire	MV50	01:45:39	01:45:14
190	75	Paul	Chadwick	Unattached	MV45	01:45:53	01:45:46
191	132	Bennett	Brooks	Unattached	TEAM	01:45:56	01:45:54
192	85	Graham	Clarke	Denmead Striders	MV65	01:46:05	01:45:44
193	21	Martin	Bailey	Unattached	MV45	01:46:08	01:45:19
194	163	Paul	Fallon	Prestwich AC	MV45	01:46:09	01:45:47
195	1066	Kassra	Yazdani	Unattached	MS	01:46:28	01:46:21
196	1244	Shelley	Fawcett	Helm Hill Runners	FV35	01:46:31	01:46:19
197	328	Raymond	Marshall	Norwich Road Runners	MV50	01:46:44	01:46:20
198	111	Jonathan	Cox	Unattached	MS	01:47:01	01:46:44
199	428	Sabrina	Robinson	Unattached	FS	01:47:03	01:46:40
200	299	James	Lewis	AC	MS	01:47:06	01:46:48
201	131	Lancaster	Lasses	Unattached	TEAM	01:47:06	01:47:03
202	492	Sarah	Taylor	Unattached	FS	01:47:10	01:46:51
203	135	RnB	Legal	Unattached	TEAM	01:47:24	01:47:22
204	210	Dave	Halladay	Unattached	MV50	01:47:35	01:47:03
205	211	Andy	Halladay	Unattached	MV55	01:47:35	01:47:04

206	1277	Henry	Halladay	Unattached	MS	01:47:36	01:47:05
207	439	Kerry	Rowson	Unattached	FS	01:47:39	01:47:26
208	1229	John	Edmondson	Kendal AC	MV60	01:47:40	01:47:03
209	1230	Steve	Bateman	Kendal AC	MV55	01:47:40	01:47:02
210	5	Tim	Allen	Unattached	MS	01:47:44	01:47:28
211	100	Andrew	Cooper	Unattached	MS	01:47:47	01:47:35
212	131	Maria	Davies	Unattached	FS	01:47:49	01:47:24
213	1271	Graeme	Brown	Unattached	MS	01:47:52	01:47:41
214	213	Peter	Halstead	Unattached	MV55	01:47:55	01:47:48
215	47	Mark	Briggs	Unattached	MS	01:48:00	01:47:33
216	363	Robert	Murray	Unattached	MS	01:48:01	01:47:41
217	1108	Sarah	Cross	Settle Harriers	FV40	01:48:04	01:47:56
218	1283	Alan	Stanworth	Unattached	MS	01:48:08	01:47:55
219	1112	Emma	Newbold	Skipton AC	FV40	01:48:15	01:47:59
220	1036	Paul	Whitaker	Unattached	MS	01:48:19	01:47:50
221	1220	Phil	Corris	Constabulary	MV60	01:48:22	01:47:51
222	1039	Paul	White	Unattached	MV45	01:48:26	01:47:43
223	1096	Charlie	Satterly	Morecambe AC	MV45	01:48:26	01:48:14
224	120	Mark	Croston	Unattached	MS	01:48:37	01:48:07
225	470	Lester	Smith	Unattached	MV45	01:48:50	01:48:36
226	321	Karen	Mackinnon	HARRIERS	FV40	01:48:51	01:48:47
227	330	Rob	Mayor	Unattached	MS	01:48:54	01:48:37
228	413	David	Pugsley	Unattached	MV50	01:48:55	01:48:49
229	475	Helen	Staff	Newcastle Staffs	FS	01:48:58	01:48:58
230	325	Frank	Mallinson	Unattached	MV55	01:48:59	01:48:39
231	335	Ruth	Mcdonald	Bentham Beagles	FV50	01:49:01	01:48:48
232	380	Gemma	Parkin	New Marske Harriers	FS	01:49:03	01:48:54
233	1269	Andrew	Gittins	Black Coombe Runners	MV45	01:49:08	01:48:59
234	331	Peter	Mc Cullagh	Unattached	MV50	01:49:11	01:48:59
235	355	Chris	Mossop	Unattached	MS	01:49:19	01:49:08
236	1240	Geoff	Leech	Horwich RMI Harriers	MV45	01:49:20	01:49:04
237	406	Lorna	Balmer	Clayton Harriers	FV40	01:49:22	01:49:15
238	438	Tony	Rowe	Prestwich AC	MV55	01:49:22	01:49:00
239	1027	Liam	Wareing	Unattached	MS	01:49:25	01:48:40
240	1272	Rebecca	Willmott	Unattached	FS	01:49:25	01:49:17
241	1102	Jon	Paramor	Ymca harriers	MV60	01:49:31	01:49:00
242	498	Victoria	Thornton	Unattached	FS	01:49:33	01:49:00
243	215	David	Hanby	Unattached	MS	01:49:33	01:49:00
244	366	Rachel	Newbury	LWRG	FV40	01:49:39	01:49:20
245	404	Paul	Plested	Ellesmere Port RC	MV50	01:49:45	01:49:09
246	173	Bob	Fleetwood	Unattached	MV55	01:49:46	01:49:44
247	1115	Gareth	Schofield	Unattached	MS	01:49:51	01:49:25
248	62	Dawn	Burns	Triathletes	FV40	01:50:01	01:49:48
249	63	Gary	Burns	Triathletes	MV40	01:50:01	01:49:48
250	371	Stuart	O'Connor	COLT	MV45	01:50:02	01:49:28
251	1231	Michael	Whitewell	Unattached	MV45	01:50:06	01:49:40
252	236	Rob	Hinds	Unattached	MV50	01:50:15	01:49:26
253	219	Dale	Hardman	Unattached	MS	01:50:25	01:50:10
254	1208	Lee	Simmons	Unattached	MS	01:50:27	01:49:59
255	1073	Michael	Malcolm	Unattached	MV40	01:50:28	01:50:04
256	405	Sharon	Plested	Ellesmere Port RC	FV45	01:50:29	01:49:54
257	89	Amanda	Coleman	Prestwich AC	FV40	01:50:33	01:50:09
258	1028	Stuart	White	Unattached	MS	01:50:37	01:50:16

258	1038	Stuart	White	Unattached	MS	01:50:37	01:50:16
259	1218	Mark	Davey	Dallam Running Club	MV45	01:50:40	01:50:25
260	199	Helen	Greenep	Settle Harriers	FV45	01:50:44	01:50:36
261	83	Louise	Clark	Unattached	FS	01:50:45	01:50:06
262	229	Jennifer	Helm	Prestwich AC	FV35	01:50:54	01:50:28
263	277	Shane	Keeling	Unattached	MS	01:50:55	01:50:16
264	1247	Daniel	Ross	Unattached	MS	01:50:59	01:50:27
265	347	Andy	Miller	Unattached	MV45	01:51:01	01:50:31
266	136	Park	Rangers	University of York	TEAM	01:51:15	01:51:12
267	1241	Andrew	Ross	Unattached	MV50	01:51:25	01:50:53
268	71	Jonathan	Carter	Unattached	MS	01:51:27	01:50:53
269	1284	Dominic	Goggins	Unattached	MS	01:51:32	01:51:08
270	382	George	Parrington	Morecambe AC	MV65	01:51:32	01:51:15
271	1116	Bernard	Brown	Unattached	MV45	01:51:36	01:51:00
272	180	Francesca	Frois	Unattached	FS	01:51:49	01:51:36
273	54	Sarah	Bruce	Unattached	FV35	01:51:50	01:51:31
274	1125	Keith	Driscoll	Unattached	MS	01:52:06	01:51:17
275	381	Eden	Parkinson	Dallam Running Club	MV40	01:52:32	01:51:55
276	1265	D	Bunting	Unattached	MS	01:52:33	01:52:20