

# Accrington 10K

26 October 2014

Pos	No	Name	Club	Cat	Time
1	189	Ben Fish	Blackburn Harriers AC	M	32:52
2	46	Alasdair Mcleod	Shettleston AC	M	33:51
3	147	Jonny Mccann	Clayton le Moors Harriers	M	34:47
4	47	Douglas Tullie		M	34:48
5	202	Matt Nuttall	Blackburn Harriers AC	MV45	34:58
6	113	Chris Nicoll	Derby Tri	MV45	35:32
7	129	Rich Smith		MV40	36:03
8	135	John Knowles	Burnden Road Runners	MV40	36:05
9	181	Shaun Livesey	Blackburn Harriers AC	MV40	36:15
10	114	Ed Nicoll		MV50	36:21
11	97	Christopher Davies	Blackburn Harriers AC	M	36:25
12	92	Marko Gvero	Keighley & Craven AC	MV45	36:37
13	476	David Birtwistle	Blackburn RR	M	37:15
14	63	Alan Lundberg-Bury	Rossendale Harriers	MV50	37:48
15	110	Phil Hall	Clayton le Moors Harriers	MV50	38:06
16	211	Neal Emmerson		M	38:34
17	367	Richard Stevenson	Clayton le Moors Harriers	M	38:38
18	456	Andrew Fell	Rossendale Harriers	MV40	38:43
19	125	Andy Berry	Barlick Fell Runners	M	38:46
20	457	Zac Musker		M	38:57
21	145	Mark Heath		MV40	39:26
22	99	Robert Short	Burnden Road Runners	M	39:54
23	414	Glen Kenyon	Burnden Road Runners	M	40:00
24	383	Garry Barnett	Wesham RR	MV45	40:04
25	371	Martin Peck	Roberttown RR	M	40:08
26	465	Lee White	Burnden Road Runners	MV40	40:10
27	177	Steven Forrest		MV40	40:21
28	120	Anthony Royle		MV45	40:22
29	191	Pete Hopley	Burnden Road Runners	MV45	40:24
30	412	Oliver Barber		M	40:29
31	207	Keith Thomas	Burnden Road Runners	MV55	40:38
32	210	Jeff Holden		M	40:52
33	197	Michael Heys		M	40:59
34	443	Peter Coates		M	41:05
35	50	Kevin Harding	Tring RC	MV55	41:29
36	454	Rachel Wood	Blackburn Harriers AC	F	41:35
37	162	Brian Morris	Darwen Dashers	MV50	41:46
38	463	Ian Pudge	Burnden Road Runners	MV40	41:53
39	325	John Turner	Burnden Road Runners	MV50	41:58
40	198	Nick Roscoe	Clayton le Moors Harriers	MV45	42:01
41	196	Tim Boland	Holcombe Harriers	MV40	42:04
42	413	Robert Ballinger		M	42:14
43	479	Fraser Snape	Trawden AC	MV45	42:17
44	440	Daniel Plant	Rossendale Harriers	M	42:29
45	195	Joe Dooley		MV45	42:37
46	363	Chris Stanley		MV40	42:39
47	481	Lindsay Hirst	Blackburn RR	F	42:39
48	79	Evan Cook	Blackburn Harriers AC	MV60	42:45
49	131	Claire Vincent	Clayton le Moors Harriers	F	42:49
50	355	Suzanne Bailey		F	42:51
51	51	Rebecca Harding		F	43:15
52	180	Sarah Tipler	Barlick Fell Runners	F	43:29
53	365	Gwen Kinloch	Burnden Road Runners	FV50	43:34
54	167	Martin Kerry	Blackburn RR	MV50	43:37
55	402	Kirsty Normanton	Burnden Road Runners	FV40	43:40

56	206	Marcus Taylor	Burnden Road Runners	MV40	43:47
57	41	Mark Anthony Fawcett	Trawden AC	MV40	43:57
58	161	Lee Denton	Blackburn RR	MV50	44:01
59	426	Mark Harder		M	44:03
60	439	Christopher Menand	Burnden Road Runners	MV45	44:08
61	490	Name No		M	44:13
62	462	Stephen Holden		MV45	44:20
63	201	I Thompson		MV45	44:30
64	317	David Clarkson		M	44:34
65	56	David Walton		MV40	44:37
66	40	John McDonald	Trawden AC	MV50	44:38
67	392	George Butler	Burnden Road Runners	M	44:40
68	221	Richard Arislop	Clayton le Moors Harriers	M	44:41
69	187	Alan Clarkson	Clayton le Moors Harriers	MV55	44:45
70	58	Paul Christie	Burnden Road Runners	MV60	44:50
71	321	David Grimshaw		MV50	45:00
72	199	Daniel Whitaker		M	45:15
73	306	Kim Kennedy		F	45:16
74	453	Jack Walsh		M	45:17
75	148	David Womersley	Hyde Park Harriers	MV60	45:22
76	172	Simon Rowland		M	45:28
77	159	Simon Marland	Burnden Road Runners	MV55	45:31
78	142	Heath Eynon		FV45	45:40
79	326	Michael Moran	Blackburn RR	MV55	45:42
80	374	Tony Wall	Burnden Road Runners	M	45:43
81	320	Simon Lake	Royton RR	MV55	45:49
82	212	Joan Jackson	Northern Vets	FV55	45:53
83	442	Paula Pilling	Burnden Road Runners	FV35	45:56
84	188	Matt Bishop		M	46:00
85	88	Craig Wardell		MV40	46:01
86	308	Ian Gahagan	Northern Vets AC	MV60	46:07
87	416	Daniel Grear		M	46:11
88	48	Alison Harding	Tring RC	FV50	46:12
89	368	Richard Starkie	Barlick Fell Runners	MV45	46:12
90	200	Eddie Mitchell		MV50	46:14
91	466	Anthony Spencer		M	46:18
92	379	Lyndsay Darbyshire	Burnden Road Runners	FV45	46:18
93	186	Alison Dugdale	Clayton le Moors Harriers	FV45	46:19
94	117	Neil Crichley	Burnden Road Runners	MV45	46:21
95	410	Craig Yates	Fylde Coast Runners	MV45	46:29
96	134	Philip Leaver	Wesham RR	MV60	46:31
97	192	Colm O'brien	Burnden Road Runners	MV50	46:33
98	112	Don Nichol	Burnden Road Runners	MV55	46:37
99	377	Stephen Hall		M	46:40
100	85	Emilio Vozzolo		MV50	46:45
101	396	Paul Alcock		M	46:57
102	132	Matthew Carefoot		M	46:58
103	116	Joe Cirino		M	46:58
104	126	Mark Smith	Pudsey & Bramley AC	MV45	46:59
105	179	Steven Melling	Rosendale Harriers	MV55	47:01
106	399	Tariq Ahmed		M	47:02
107	408	David Hill		M	47:08
108	429	John Hannan	Blackburn RR	MV50	47:15
109	337	Isaline Kneale	Burnden Road Runners	FV45	47:16
110	91	Colin Smith	Trawden AC	MV55	47:16
111	37	Anne Ferguson	Burnden Road Runners	FV55	47:17
112	359	Scott Sell		M	47:20
113	184	Brian Wildman	Clayton le Moors Harriers	MV45	47:24
114	171	Geoff Biscomb		MV55	47:27
115	312	Peter Llewellyn		MV45	47:27
116	164	Lewis Heaton		M	47:29
117	427	Rowena Doherty	Blackburn RR	FV35	47:33

118	322	Liam Kilbride		M	47:34
119	111	Clive Smith		MV45	47:34
120	484	David Colson		MV45	47:38
121	344	Tony Taylor		MV40	47:39
122	156	Robert Savage	Rossendale Harriers	M	47:43
123	214	Kaylie Panaro	Blackburn Harriers AC	F	47:43
124	400	Brian Speake		MV45	47:46
125	470	Iain Myers		MV40	47:58
126	193	Jane Forrest	Burnden Road Runners	FV50	48:03
127	390	Mark Butler	Burnden Road Runners	MV50	48:04
128	96	Martin Brady	Clayton le Moors Harriers	MV50	48:16
129	123	Margaret Bullock	Altrincham & District AC	FV50	48:17
130	98	David Howard	Trawden AC	MV55	48:20
131	450	Rhys Holt		M	48:20
132	469	Holly Craggs	Burnden Road Runners	FV35	48:22
133	316	Graham Hargreaves		M	48:22
134	349	Carolyn Barker	Burnden Road Runners	FV45	48:29
135	175	Mark Vaughton	Lancashire Constabulary	MV40	48:35
136	406	Greg Boyes		M	48:43
137	86	Jonathan Melvin		M	48:47
138	452	Craig Philpot	Burnden Road Runners	MV40	48:50
139	141	George Morini	Darwen Dashers	MV50	48:51
140	343	Anthony Booth		M	48:52
141	217	Ian McCann		M	48:57
142	71	Mark Turner	Burnden Road Runners	MV50	48:59
143	369	David Stephenson		M	49:01
144	424	Joe Walters		MV45	49:02
145	302	Craig Hummer		MV40	49:03
146	90	Michael Donnelly		MV55	49:09
147	77	Katy Thompson	Burnden Road Runners	MV40	49:09
148	76	Alain Dekker		MV40	49:14
149	422	Peter Hayler	Northern Vets AC	MV55	49:17
150	182	Dave Taylor	Chester Tri	MV60	49:24
151	444	Ian Singleton		M	49:28
152	130	Helen O'rourke		M	49:29
153	360	Jonathan Hands		M	49:35
154	66	Michael Gibbons	Bramhall Runners	MV55	49:36
155	411	Julia Rushton	Clayton le Moors Harriers	FV50	49:37
156	464	Laura Singleton		F	49:39
157	449	Darren Griffin		MV45	49:45
158	319	Andrew Moffatt		MV45	49:48
159	115	David Anltow	Burnden Road Runners	MV55	49:51
160	459	John Verity	Blackburn RR	MV50	49:58
161	38	Jawad Bhatti		M	50:02
162	118	Adam Jones		M	50:06
163	305	Matthew Barker	Burnden Road Runners	MV45	50:10
164	49	Bryony Harding	Tring RC	M	50:15
165	72	Robert Smith	Trawden AC	MV60	50:16
166	460	David Buckley		MV55	50:27
167	315	Peter O Gorman	Rossendale Harriers	MV50	50:29
168	89	Peter Wilkinson	Northern Vets	MV65	50:38
169	455	Joe Incutti		MV40	50:39
170	435	Beverley Walker	Burnden Road Runners	FV40	50:40
171	54	Lynn Ripley	Darwen Running Group	FV45	51:01
172	140	Tom Graham		MV50	51:01
173	169	Peter Lynch	Blackburn Harriers AC	MV60	51:09
174	194	Stuart Furness	Blackburn Harriers AC	MV65	51:35
175	74	Graham Craven		MV60	51:38
176	136	Roger Matthornthuaite		M	51:44
177	491	Name No		M	51:44
178	468	Lee Canning		M	51:44
179	176	Steven Moss		MV40	51:48

180	122	Amanda Duffy	Clayton le Moors Harriers	FV35	51:49
181	378	Jon Brough		MV40	51:52
182	84	Kenneth Duckworth		MV55	51:54
183	139	Joanne Graham		FV50	51:56
184	151	Mark Items		M	51:58
185	152	David Shorrocks	Darwen Dashers	MV65	52:05
186	94	Fred Blogs	Darwen Dashers	M	52:06
187	82	Victoria Lingard		FV40	52:08
188	352	Steve Rogerson		MV40	52:10
189	428	Leonie Millard		FV35	52:12
190	153	Mik Bullock		MV40	52:14
191	163	Deborah Stevenson	Trawden AC	FV35	52:19
192	303	Thomas Lord		MV45	52:19
193	133	Michael Sanders		M	52:23
194	333	Joseph Connor	Bramhall Runners	M	52:23
195	458	Mike Gaughan	Fylde Coast Runners	MV45	52:23
196	477	Sarah Roberts	Run England	FV45	52:26
197	144	John Vincent		M	52:28
198	218	Yusuf Zaman		MV40	52:36
199	87	Clive McMillan		MV50	52:39
200	405	Greg Smith		M	52:42
201	492	Name No		M	53:05
202	478	Peter Murphy	Run England	MV55	53:10
203	446	Leon Spencer		M	53:12
204	388	Simon Dewhurst		M	53:15
205	433	John Hall	Burnden Road Runners	MV55	53:19
206	220	Jackie Kershaw	Clayton le Moors Harriers	FV40	53:37
207	73	Osman Sidik	Littlewoods RC	MV50	53:41
208	339	Lee Taylor		M	53:44
209	57	Sheila Christie	Burnden Road Runners	FV50	53:48
210	208	David Kenneford		MV40	53:52
211	128	Stephen Wilkinson	Wesham RR	MV60	53:55
212	80	Mike Reid		MV45	53:56
213	353	Erica Ripo	Rosendale Harriers	FV35	54:01
214	328	Joanne Sullivan		FV40	54:04
215	146	Keith Robson	Manchester Tri	MV70	54:08
216	209	Paul Smith		MV40	54:09
217	357	David Pickles		MV55	54:12
218	60	Robert Hirst	Clayton le Moors Harriers	MV60	54:14
219	62	Sissel Lundberg-Bury	Rosendale Harriers	FV45	54:16
220	471	Paul Dignan		M	54:34
221	389	Kathleen Pooler		F	54:37
222	70	Jennifer Adams	Northern Vets	FV60	54:38
223	403	John Sears		MV60	54:38
224	222	J Peel		FV40	54:49
225	61	Paul Bury		MV45	54:56
226	55	David Ripley	Darwen Running Group	MV50	55:03
227	178	Bill Francis		MV50	55:07
228	205	Dave Pearson	Burnden Road Runners	MV60	55:13
229	309	Angela Beech	Northern Vets AC	FV55	55:17
230	423	Calvin Ferguson		M	55:20
231	173	Jeffrey Pendlebury	Burnden Road Runners	MV50	55:28
232	419	Denise Penney	Blackburn RR	FV50	55:35
233	150	Natasha Shaw	Blackburn RR	FV40	55:35
234	348	Nikki Green	Royton RR	FV45	55:55
235	370	Anna Hollingworth		FV35	55:57
236	480	Ali Heath		FV45	55:59
237	313	Daniel Hosker		M	56:20
238	409	Amy Leeming		F	56:29
239	168	W Nelson	Red Rose Road Runners	MV55	56:42
240	437	Alec Cottrill	Burnden Road Runners	MV50	57:19
241	362	Lesley Kaneen	Burnden Road Runners	FV50	57:21

242	149	Emma Drake	Horsforth Harriers	FV45	57:33
243	356	William Swift	Northern Vets AC	MV65	57:43
244	493	Name No		M	57:47
245	336	Shaun Grime		MV45	57:50
246	494	Name No		M	58:01
247	166	Jim Robinson	Red Rose Road Runners	MV65	58:06
248	137	Linda Rusyn	Blackburn RR	FV55	58:10
249	385	David Turner		M	58:12
250	482	Clair Marland	Burnden Road Runners	F	58:16
251	157	Mick Ryan		MV55	58:17
252	78	James Smithson	Accrington RR	MV60	58:21
253	68	Steven Mcgee		MV40	58:26
254	67	Ailish Mcgee		MV40	58:26
255	425	Nicholas Breare		MV60	58:30
256	417	Richard Lupton		M	58:33
257	418	Matthew Rushton		M	58:34
258	415	Jim Taylor	Darwen Dashers	MV65	58:38
259	64	Caroline Parsons		FV45	58:39
260	204	Daniel Lord		MV40	58:42
261	304	Katie McCarthy		F	58:42
262	127	David Morrill	Blackburn Harriers AC	MV50	58:58
263	119	Damian Brooks	Event ADJ	MV50	59:00
264	65	Christine Gibbons	Bramhall Runners	FV55	59:10
265	341	Julie Otley	Accrington RR	FV45	59:16
266	301	Steve Riley	UK Net Runner	MV55	59:29
267	342	Wendy Buck		FV45	59:40
268	69	John Crooft		MV65	59:40
269	361	Anthony Pooler		M	59:42
270	401	Alan Graham		MV55	59:47
271	158	Claire Pallister		FV40	59:54
272	375	Diane Morrison	Burnden Road Runners	FV45	1:00:02
273	324	Benedikt Frankland		M	1:00:04
274	323	Juliet Frankland		FV45	1:00:04
275	213	Deborah Greenwood		FV45	1:00:24
276	223	Karen Taylor	Burnden Road Runners	F	1:00:33
277	340	Verity Hinchcliffe		F	1:00:53
278	53	J McGregor		MV40	1:01:05
279	448	Frances Riley		F	1:01:07
280	441	Kate Reid		F	1:01:07
281	483	Sharon Cocker	Blackburn RR	FV40	1:01:12
282	486	Gail Bamber		FV40	1:01:12
283	124	Gordon Brown	Liverpool Harriers	MV80	1:01:18
284	107	Name No		M	1:01:19
285	393	Stephen Teadale		MV40	1:01:38
286	485	Kate Plowright		FV40	1:01:49
287	331	Martin Wright		M	1:01:52
288	81	David Lingard		MV65	1:02:17
289	83	Diane Duckworth		FV55	1:02:17
290	203	Michelle Havers		FV45	1:02:18
291	93	Janet Lowry		MV50	1:02:49
292	190	Liz Hopley	Burnden Road Runners	FV45	1:03:09
293	382	Oliver Collins		M	1:03:18
294	216	Paige Mallamdawan		F	1:03:19
295	432	Caroline Mercer		FV35	1:03:54
296	421	Jenny Pollard		FV35	1:03:54
297	330	Julie Caffrey		FV45	1:04:20
298	420	Holly Ainger		FV35	1:04:28
299	430	Kerry Woods		F	1:04:29
300	329	Lucy Jackson		FV40	1:04:35
301	224	Pete Whiteside	Burnden Road Runners	MV60	1:04:35
302	380	Huw Collins		MV50	1:05:16
303	183	Mary Barnett		FV40	1:05:21

304	215	Deborah Gasse		FV35	1:05:26
305	373	Louise Wall	Burnden Road Runners	FV50	1:05:39
306	44	Ann Lawes		FV50	1:05:49
307	185	Caroline Spencer		FV40	1:06:27
308	59	David Aspin	Red Rose Road Runners	MV65	1:07:11
309	387	Walter Gray		MV55	1:08:08
310	386	Emma Gray		F	1:08:08
311	381	George Ogden	Burnden Road Runners	MV50	1:08:11
312	332	Sophia Keenan		F	1:08:35
313	170	Hannah Lawmen		F	1:08:47
314	174	Stacey Davidson		F	1:08:47
315	391	Ann Butler	Burnden Road Runners	FV50	1:08:50
316	143	Rita Ledwards	Burnden Road Runners	FV55	1:08:50
317	474	Charlotte King		F	1:08:50
318	473	Rachel Walker		F	1:08:51
319	154	Sarah Bullock		FV45	1:09:15
320	155	Sharon Metcalfe		FV45	1:09:16
321	395	Melissa Southern		F	1:09:54
322	472	Alison King		F	1:10:32
323	121	Sandra Burnyeat		MV60	1:10:32
324	165	Mandy Whitham		MV45	1:11:14
325	376	Martyn Hamer		M	1:11:31
326	311	Garth Spencer		M	1:11:52
327	394	Tara Smith		F	1:11:52
328	314	Gemma Bush		F	1:11:52
329	95	Amanda Ogden	Burnden Road Runners	F	1:14:20
330	475	Lloyd Brown		MV40	1:14:29
331	358	Karen Westwell		F	1:15:02
332	52	A Reynolds		MV55	1:15:10
333	372	Louise Geoghegan	Burnden Road Runners	FV45	1:16:35
334	160	Sue Blackman	Burnden Road Runners	FV50	1:16:35
335	219	Wendy Price		MV50	1:17:14
336	138	Gillian MCGovan	Burnden Road Runners	FV50	1:18:35
337	445	Christine Pendlebury	Burnden Road Runners	FV50	1:18:35