

Preston 10 Mile Road Race

16 November 2014

Pos	No	Name	Club	Cat	Time
1	415	Tom Charles	Trafford AC	M	52:14
2	80	David Rigby	Preston Harriers	M	53:43
3	204	Rob Affleck	Preston Harriers	MV40	53:45
4	37	Martin Swensson	Penny Lane Striders	M	54:06
5	81	Matt Thompson	Southport & Waterloo AC	MV45	54:22
6	366	Neil Pendlebury	Leigh Harriers	M	54:29
7	52	Richard Howarth	Horwich RMI Harriers	MV40	54:34
8	7	Matthew Livingstone	Preston Harriers	M	54:49
9	114	Robert Danson	Wesham RR	M	55:30
10	34	Andrew Green	Warrington AC	MV50	55:45
11	432	Christopher Tully	Preston Harriers	M	55:46
12	457	Shaun Livesey	Blackburn Harriers	MV40	56:17
13	230	James Ashworth	Knowsley Harriers AC	M	56:34
14	336	Jason Parker	Preston Harriers	MV40	57:11
15	79	Christopher Davies	Blackburn Harriers	M	57:31
16	295	David Hamilton	Southport & Waterloo AC	MV45	57:39
17	408	Andy Pickford	Altrincham AC	MV40	58:03
18	24	Mark Hall	Otley AC	MV50	58:34
19	348	Stephen Doyle	Knowsley Harriers AC	MV40	58:41
20	377	Mike Goulbourne		MV40	59:00
21	350	Tom Moseley	Beckenham RC	M	59:47
22	238	David Birtwistle	Blackburn RR	M	1:00:00
23	91	Simon Denye	Lytham St Annes RR	MV40	1:00:01
24	463	Lee Barlow	Wesham RR	MV40	1:00:24
25	376	Joseph Monk	Blackburn Harriers	M	1:00:32
26	132	Mark Bissell	Knowsley Harriers AC	M	1:00:39
27	466	Steve Darby	Barnsley AC	MV45	1:00:42
28	434	Nicolas Hicketts	Bramhall Runners	M	1:00:45
29	424	Richard Smith	Preston Harriers	M	1:00:50
30	44	Kevin Davies	Clayton-Le-Moors Harriers	MV50	1:00:58
31	202	Mark Clair	Knowsley Harriers AC	M	1:01:11
32	283	Ricahrd Stevenson	Clayton-Le-Moors Harriers	M	1:01:16
33	183	Kevin Brennan	St Helens Striders	MV45	1:01:21
34	23	David Edwards	Knowsley Harriers AC	MV50	1:01:23
35	391	Jason Cook	Blackburn RR	MV45	1:01:24
36	197	John Preece	Knowsley Harriers AC	MV40	1:01:38
37	108	Christopher Millington	Spectrum Striders	MV40	1:01:40
38	136	Robert Walsh	Chorley Harriers & Tri	MV40	1:01:59
39	314	James Thompson	Knowsley Harriers AC	M	1:02:04
40	223	Marc Jacques	Knowsley Harriers AC	MV45	1:02:24
41	410	Peter Cruse	Lytham St Annes RR	MV50	1:02:25
42	465	Hannah Oldroyd	UK Net Runner	F	1:02:28
43	199	Joe Grundy	Knowsley Harriers AC	M	1:02:33
44	313	Helen Fines	Holmfirth Harriers	FV40	1:02:37
45	507	Karl Tavini	Stockport Harriers	MV45	1:02:43
46	118	Chris Wright		M	1:02:46
47	396	Darren Mcdermott	Preston Harriers	MV40	1:02:47
48	10	Robert Hough		MV40	1:02:54
49	343	Daniel Hughes	Red Rose Road Runners	M	1:03:10
50	444	Stephen Laker	Wirral AC	MV40	1:03:18
51	214	Garry Barnett	Wesham RR	MV45	1:03:32
52	311	Daniel Isherwood	Blackburn RR	M	1:03:35
53	277	Chris Quigley	Trawden AC	MV45	1:03:55
54	416	Paul Gregory	Wesham RR	M	1:04:20
55	439	Jon Hanson	Clayton-Le-Moors Harriers	M	1:04:20

56	446	Richard Butterwick	Todmorden Harriers	MV40	1:04:45
57	272	Stephen Coleman	Astley & Tyldesley RR	MV50	1:04:47
58	312	Colin Dobbs	Penny Lane Striders	M	1:04:47
59	177	Anthony Lawlor	Knowsley Harriers AC	MV50	1:05:00
60	198	Graham Taylor	Knowsley Harriers AC	M	1:05:01
61	443	Graham Earlam	Ellesmere Port	MV55	1:05:05
62	503	James Darkin		MV40	1:05:15
63	303	Samantha Mccreadie	Blackburn Harriers	F	1:05:19
64	49	Craig Renshaw	Bolton Harriers	M	1:05:27
65	115	Thomas Howarth	Lytham St Annes RR	M	1:05:32
66	251	Michael Anderson		M	1:05:38
67	207	Stephen Hayes	Knowsley Harriers AC	MV40	1:05:49
68	2	Neil McGraw	Glossopdale Harriers	MV40	1:05:53
69	374	Nik Smart		M	1:06:05
70	423	Staurt Cann	Red Rose Road Runners	MV50	1:06:08
71	294	Michael Hogan	Clayton-Le-Moors Harriers	MV45	1:06:11
72	71	Richard Jones	Garstang Running Club	M	1:06:15
73	61	Mick Fairs	Wilmslow AC	MV65	1:06:19
74	116	Neil Tate	Lytham St Annes RR	M	1:06:23
75	244	Oliver Barber		M	1:06:25
76	86	Graham Webster	Lytham St Annes RR	MV70	1:06:29
77	180	Chris Pownell	Knowsley Harriers AC	M	1:06:34
78	65	David Singleton		MV50	1:06:37
79	92	Tamara Weatherhead	Otley AC	FV45	1:06:39
80	287	Nicholas Hackett	South Cheshire Harriers	M	1:06:40
81	471	Steve Forrest		MV40	1:06:41
82	355	Thomas Blackburn		M	1:06:48
83	324	Carmel Sullivan	Wesham RR	FV45	1:06:53
84	326	Paul Garnett	Wilmslow RC	MV50	1:06:56
85	85	David Walters	Wigan Phoenix	M	1:07:00
86	317	Alan Hudson	Wesham RR	MV65	1:07:04
87	98	John Rainford	Preston Harriers	MV50	1:07:05
88	458	Terence Westhead	Blackpool Wyre & Fylde	MV50	1:07:13
89	411	Bev Wright	Blackpool Wyre & Fylde	FV50	1:07:21
90	470	Ian Joslin	Astley & Tyldesley RR	MV40	1:07:30
91	224	Mike Gall	Knowsley Harriers AC	M	1:07:34
92	438	Joseph Dooley		MV45	1:07:40
93	442	Neil Adair	Spectrum Striders	M	1:07:43
94	20	David Daly	Knowsley Harriers AC	M	1:07:43
95	473	James McMurray		M	1:07:46
96	209	James Warburton	Knowsley Harriers AC	M	1:08:02
97	286	John Carr	Lancaster & Morecambe	MV50	1:08:06
98	400	Edmund Ashton	Burnden RR	MV50	1:08:09
99	390	Mark Bond	Chorley Harriers & Tri	M	1:08:29
100	142	David Chambers	Manchester Front R	M	1:08:41
101	152	Steve Hatton	Manchester Front R	M	1:08:52
102	232	Darren Unsworth	Knowsley Harriers AC	MV40	1:08:57
103	128	David Brunton	Red Rose Road Runners	MV45	1:08:59
104	196	Sharon Samson	Knowsley Harriers AC	FV35	1:09:00
105	254	Eunan Kealey		M	1:09:05
106	131	Jonathan Mattock	Chorley Harriers & Tri	MV40	1:09:11
107	96	Lee Kings	Preston Harriers	MV40	1:09:20
108	337	Stephen Biscomb	Clayton-Le-Moors Harriers	MV60	1:09:22
109	340	Andy Gaskell	Spectrum Striders	MV45	1:09:25
110	387	David Taylor	Wesham RR	M	1:09:27
111	412	Elliot Costello		M	1:09:34
112	173	Mark Collins		MV40	1:09:38
113	353	Jason Rippingale	Blackburn RR	M	1:09:42
114	249	Alex Bentley	Knowsley Harriers AC	M	1:09:44
115	289	John Bampton	Penny Lane Striders	M	1:09:46
116	226	Alison Draper	Spectrum Striders	F	1:09:46

117	464	Richard Maughan	Red Rose Road Runners	M	1:09:48
118	191	Martin Hirrell	Penny Lane Striders	MV45	1:09:49
119	155	Tony Craig	Knowsley Harriers AC	MV45	1:09:51
120	417	Nigel Fielden	Sale Harriers	MV60	1:09:53
121	420	Adam Howard	Trawden AC	M	1:09:56
122	17	Mark Fawcett	Trawden AC	MV40	1:09:58
123	166	Kirsty Johnson	Glossopdale Harriers	F	1:10:02
124	508	Dave Kershaw	Chorley Harriers & Tri	MV55	1:10:03
125	148	Chris Falls	St Helens Striders	M	1:10:03
126	450	Stephen Pilkington		MV50	1:10:08
127	4	David Chrystie	Stockport Harriers	MV55	1:10:10
128	394	Terry Mckeown	Liverpool RC	MV50	1:10:13
129	506	Pete Baistow	Trawden AC	M	1:10:19
130	74	David Mellor	Stockport Harriers	MV60	1:10:20
131	304	Richard Worsley	St Helens Striders	MV40	1:10:28
132	510	Lee Stinch	ABC Runners	MV40	1:10:33
133	332	William Campbell		MV60	1:10:38
134	51	Darren Marsden		MV40	1:10:40
135	33	Matthew Orford		M	1:10:41
136	385	Nicola Brown	Holmfirth Harriers	FV40	1:10:43
137	100	Gary Heyworth		MV45	1:10:48
138	501	John Bradley	Preston Harriers	M	1:10:50
139	259	Scott Robertson	St Helens Striders	M	1:10:51
140	359	Michael Edge	Wesham RR	MV50	1:10:55
141	338	Russell Barnes		M	1:10:56
142	228	Paul Cunningham	Knowsley Harriers AC	M	1:11:05
143	456	Alan Clarkson	Clayton-Le-Moors Harriers	MV55	1:11:08
144	18	Allan Sumner	Preston Harriers	MV45	1:11:14
145	468	Charles Cawthorn	Darwen Dashers	M	1:11:36
146	29	Beth Massey	Northern Vets Ac	FV40	1:11:48
147	318	Richard Starkie	Barlick Fell Runners	MV45	1:11:50
148	168	Gillian Lee	St Helens Striders	FV45	1:11:51
149	461	Andrew Cooper		M	1:11:52
150	245	Kevin Fisher		M	1:12:02
151	172	Richard Slater	Blackburn RR	MV55	1:12:03
152	212	Simon Lawson		M	1:12:05
153	162	Martin Catterall	Warrington Road Runners	M	1:12:12
154	430	Matthew Bishop		M	1:12:16
155	193	Alan Grehan	Warrington Road Runners	M	1:12:30
156	99	Marc Potter	Riversway RR	M	1:12:30
157	351	Kenny Forster	Spectrum Striders	MV55	1:12:32
158	270	Joe Carne	Manchester Front R	M	1:12:42
159	319	Andrew Tranter	Preston Harriers	MV45	1:12:52
160	431	Gary Fletcher		M	1:12:53
161	141	Michael Christopher		MV40	1:12:59
162	325	Steven Melling	Rossendale Harriers	MV55	1:13:00
163	426	Paul Kelly	Spectrum Striders	MV40	1:13:01
164	192	Justine Moore	Knowsley Harriers AC	FV35	1:13:03
165	76	Michael Goodliffe	Blackburn RR	M	1:13:05
166	302	Matthew Mccoll		M	1:13:17
167	165	Roger Haslett	St Helens Striders	MV45	1:13:24
168	258	Ian Wright	St Helens Striders	MV40	1:13:24
169	413	Alan Williams	Altrincham AC	MV50	1:13:27
170	30	Jon Paramor	Manchester Harriers	MV60	1:13:50
171	53	Michael Brennand	Preston Harriers	MV45	1:13:52
172	72	Cayden Fletcher		M	1:13:59
173	95	Carol Butterworth	Darwen Dashers	FV45	1:14:00
174	227	Gina Senior	Wigan Phoenix	FV40	1:14:03
175	467	Tom Jordon	Riversway RR	M	1:14:08
176	174	Gary Ward	St Helens Striders	M	1:14:11
177	299	Emma Weall	Wigan Phoenix	F	1:14:26

178	451	Mike Roxburgh	Penny Lane Striders	MV45	1:14:28
179	16	John McDonald	Trawden AC	MV50	1:14:28
180	195	Neil Dawkins		MV50	1:14:33
181	367	Terry Beardsworth	Blackburn RR	MV40	1:14:38
182	151	John Lowe	Manchester Front R	MV40	1:14:48
183	459	Anthony Horsfall	St Helens Striders	MV50	1:14:56
184	445	Jonathan Seeds		MV40	1:14:59
185	460	Daniel Gear		M	1:15:02
186	406	Duncan Weisters	Blackburn RR	M	1:15:02
187	187	Ambi Tipping	Preston Harriers	F	1:15:03
188	119	Michael Moran	Blackburn RR	MV55	1:15:05
189	186	Colin Davies	Altrincham AC	MV65	1:15:24
190	82	Carl Edwards	Darwen Dashers	F	1:15:30
191	474	Lee Thomas		M	1:15:30
192	368	Julia Eccleston	St Helens Sutton AC	FV40	1:15:35
193	120	Nicola Unsworth	Wesham RR	FV40	1:15:45
194	265	Mark Scott	Liverpool RC	MV45	1:15:51
195	308	James Fox	Manchester Front R	M	1:15:51
196	469	Andrew Stell	Red Rose Road Runners	MV40	1:15:54
197	453	Brian Wildman	Clayton-Le-Moors Harriers	MV45	1:15:54
198	274	Matthew Given	Stockport Harriers	M	1:16:17
199	3	Neville McGraw	Glossopdale Harriers	MV65	1:16:22
200	67	Richard Wolencroft		M	1:16:29
201	379	Louise Dickinson	Rosendale Harriers	F	1:16:30
202	345	Joseph Waller	Rosendale Harriers	M	1:16:30
203	248	Nico Gibert	Manchester Front R	MV40	1:16:34
204	161	Daniel Green	Warrington Road Runners	MV40	1:16:37
205	362	Kaylie Panaro	Blackburn Harriers	F	1:16:39
206	255	John Wiseman	Red Rose Road Runners	MV50	1:16:41
207	242	Paul Abela-Stevenson	Liverpool RC	MV40	1:16:51
208	45	John Houghton		MV55	1:16:55
209	364	Philip Rose	Spectrum Striders	MV50	1:16:59
210	452	Emma Kearney	Penny Lane Striders	FV35	1:17:05
211	322	Sue O'brien	Knowsley Harriers AC	FV55	1:17:14
212	56	Steve Hollis	UK Road Runners	MV55	1:17:29
213	291	Brian Speake		MV45	1:17:37
214	402	Rob Mather	Red Rose Road Runners	MV40	1:17:38
215	139	Neil Whatton	Red Rose Road Runners	M	1:17:40
216	276	Lynne Berbatiotis	Rosendale Harriers	F	1:17:41
217	176	Miran Aprahamian	Sale Harriers	MV60	1:17:55
218	428	David Howard	Trawden AC	MV55	1:17:57
219	279	Iain Myers		MV40	1:18:01
220	83	Andrew Porter	Manchester Front R	M	1:18:01
221	504	Philip Hilton		MV50	1:18:10
222	164	Martin Farrar	St Helens Striders	MV45	1:18:20
223	418	Mike Donnelly		MV45	1:18:20
224	215	Tony Man	Penny Lane Striders	MV45	1:18:21
225	87	Rowena Doherm	Blackburn RR	M	1:18:22
226	275	Felicity Wolohan	Lytham St Annes RR	F	1:18:36
227	386	Marissa Cornall	Garstang Running Club	FV35	1:18:43
228	462	Michael Bradshaw		M	1:18:54
229	349	Mansel Pope	Altrincham AC	MV60	1:18:55
230	62	Billy Hargreaves	Southport & Waterloo AC	MV65	1:19:01
231	405	Michael Pearson	Atherton RC	MV45	1:19:06
232	409	Andrew Holland	Warrington Road Runners	M	1:19:18
233	78	Nigel Sheperd	Wesham RR	MV55	1:19:22
234	217	Chris Taylor		MV50	1:19:31
235	64	David Hulme		MV45	1:19:32
236	380	Bernard Mitchell		MV50	1:19:35
237	123	Angelo Tomasso	Manchester Front R	M	1:19:35
238	301	Brian Jones	Wesham RR	MV50	1:19:37

239	327	Peter O'Gorman	Rossendale Harriers	MV50	1:19:38
240	354	Sara Ward	Wesham RR	FV45	1:19:39
241	384	Susan Wolstenholme	Blackburn RR	FV40	1:19:41
242	36	Tony Hails		MV50	1:19:41
243	189	Mark Tyldesley		M	1:19:44
244	113	Sarah Rickard	Manchester Front R	FV40	1:19:55
245	121	Rod Jones	Liverpool RC	MV55	1:20:02
246	47	Victor Hutchins	Hercules Wimbledon	MV55	1:20:20
247	84	John Mitchell	Blackburn RR	MV70	1:20:22
248	331	James Butler	Fylde Coast Runners	M	1:20:23
249	146	Jason Green	Ivanhoe Runners	MV40	1:20:25
250	347	Maria Brockway	Wirral AC	FV50	1:20:36
251	182	Conor McGarry	Knowsley Harriers AC	M	1:20:40
252	181	Ian Broadhurst	Knowsley Harriers AC	MV45	1:20:40
253	278	Alan Thomas		MV55	1:20:52
254	293	Alan Spencer	Knowsley Harriers AC	MV50	1:20:59
255	112	Gerald Waterfield		MV55	1:21:02
256	441	Rejesh Jinabhai	Littlewoods Running Club	MV40	1:21:09
257	158	Tarja Barnes	Warrington Road Runners	FV45	1:21:16
258	234	Timothy Crump	Manchester Front R	M	1:21:22
259	208	Chris Jackson		MV40	1:21:29
260	135	Gill Darby	Penny Lane Striders	FV50	1:21:35
261	104	Charles Satterly	Lancaster & Morecambe	M	1:21:53
262	157	Michael Hall	Holmfirth Harriers	MV50	1:21:56
263	231	John Insole		M	1:22:16
264	436	Havdis Stephenson		FV35	1:22:23
265	267	Shereen Salami	Knowsley Harriers AC	F	1:22:25
266	32	Bernard Brown		MV50	1:22:31
267	194	Dave Thompson	Spectrum Striders	MV55	1:22:33
268	382	Rachael Gavin	Blackburn RR	F	1:22:36
269	383	Marie Fenton		FV35	1:22:36
270	241	Damian Cowell	Warrington RC	MV45	1:22:42
271	239	Julia White	Warrington RC	FV35	1:22:43
272	502	Rhydwyn Jones		MV50	1:22:45
273	147	Ruth Green	Ivanhoe Runners	FV40	1:22:47
274	58	Osman Sidik	Littlewoods Running Club	MV50	1:22:51
275	378	Bill Topping	Preston Harriers	MV65	1:22:54
276	38	Phil O'Rourke	Liverpool RC	MV50	1:22:56
277	320	Gareth Roberts		M	1:23:17
278	419	Richard Pinches		MV45	1:23:24
279	388	Donna Cook	Blackburn RR	FV40	1:23:36
280	94	Lisa Ingham	Blackburn RR	FV45	1:23:37
281	9	Michael Thorpe		MV40	1:23:37
282	43	Ross Wood		MV70	1:23:47
283	63	Terry Noon	Knowsley Harriers AC	M	1:23:47
284	185	Amanda Lee	Knowsley Harriers AC	FV40	1:23:49
285	357	Mike Guaghan	Fylde Coast Runners	MV45	1:23:50
286	54	Calvin Ferguson		M	1:23:51
287	150	Paula Medley	Manchester Front R	FV35	1:23:53
288	356	Alan Jones	Garstang Running Club	MV55	1:23:58
289	475	Mike O'Brien	Manchester YMCA	MV55	1:24:00
290	31	Philip Bailey		M	1:24:03
291	297	Joanne Jackson	St Helens Striders	FV40	1:24:09
292	210	Tony Dickinson	Knowsley Harriers AC	MV40	1:24:09
293	310	Michael Speak		MV40	1:24:20
294	399	Stephen Wilkinson	Wesham RR	MV60	1:24:26
295	205	mIchael Roy	Lancaster & Morecambe	M	1:24:29
296	240	Julie Dale		FV50	1:24:35
297	352	Michael Coupland	Red Rose Road Runners	M	1:24:43
298	89	Fiona Geldard	Lytham St Annes RR	FV50	1:24:51
299	407	Caroline Weisters	Blackburn RR	FV35	1:24:52

300	509	Chris Bowker		M	1:24:52
301	221	Shannon Houghton		F	1:25:08
302	339	Anneke Crosby	Red Rose Road Runners	FV45	1:25:18
303	75	Joanne Malcolmson	Red Rose Road Runners	FV35	1:25:18
304	421	Ged Johnson	Blackburn RR	MV55	1:25:20
305	122	Davie Pratt		MV55	1:25:20
306	103	Joanne Bingham	Blackburn RR	FV45	1:25:22
307	393	Craig Wilkinson	Blackburn RR	MV45	1:25:22
308	5	Jane Brown		FV45	1:25:38
309	361	Erica Ripo	Rossendale Harriers	FV35	1:25:40
310	73	Sandra Underwood		FV45	1:25:49
311	250	David Marsh	Southport & Waterloo AC	MV50	1:25:52
312	505	Jill Maxfield	Trawden AC	FV35	1:25:55
313	211	Aimie Wormald		F	1:25:59
314	55	Dorothy Parkes	Preston Harriers	F	1:26:06
315	263	Keith Boyle	Penny Lane Striders	MV40	1:26:26
316	102	Michael Sharp	Blackburn RR	MV45	1:26:32
317	163	Jeremy Connolly		MV50	1:26:41
318	57	Natasha Shaw	Blackburn RR	FV40	1:26:43
319	369	Andrew Boardman	Blackburn RR	MV45	1:26:43
320	455	Liz Greene		FV45	1:26:51
321	246	Michelle Kelly	Penny Lane Striders	FV55	1:26:52
322	247	John Kelly	Penny Lane Striders	MV50	1:26:52
323	35	Margaret Fletcher	UK Net Runner	FV45	1:27:03
324	440	Malcolm Brown	Glossopdale Harriers	MV50	1:27:13
325	252	Emma Anderson		F	1:27:16
326	334	David Young	Wesham RR	MV65	1:27:25
327	27	Angela McNeilly		FV50	1:27:33
328	229	Iain Weatherall		M	1:27:51
329	237	Steven Omar		MV40	1:27:54
330	236	Nicky Omar	Wesham RR	FV40	1:27:54
331	170	Loretta Munden		FV40	1:27:57
332	363	Anne Fortune	Spectrum Striders	FV60	1:27:59
333	137	Mick Obrien	Knowsley Harriers AC	MV45	1:28:09
334	335	Daniel Willett		M	1:28:13
335	12	Nial Keating		MV50	1:28:16
336	133	Robert Kelly	Knowsley Harriers AC	M	1:28:30
337	167	Jane Meloy		F	1:28:38
338	375	Barry Stuart	Winston Runners	MV65	1:28:52
339	117	Paul Smith		MV40	1:28:57
340	333	Pamela Hardman	Lytham St Annes RR	FV55	1:29:01
341	59	John Bradley	Blackpool Wyre & Fylde	MV70	1:29:05
342	41	Judith Robinson		FV40	1:29:07
343	40	Helen Dawson		FV40	1:29:08
344	216	John Dooley	Spectrum Striders	MV65	1:29:19
345	154	Finlay McCalman	Wesham RR	MV50	1:29:21
346	472	Ron Chappell	Clayton-Le-Moors Harriers	MV65	1:29:25
347	145	Catherine Jones	Ackworth RR & AC	FV45	1:29:50
348	233	Carl Wynne		MV55	1:29:50
349	68	Gail Bristo		FV40	1:29:59
350	21	Michael Kay		MV40	1:30:00
351	243	Tina Carr	Red Rose Road Runners	FV45	1:30:04
352	60	Jacqueline Crowley		FV65	1:30:09
353	134	Sinead Sweeney		FV40	1:30:17
354	300	Sean Sweeney		MV40	1:30:17
355	321	Emma William	Knowsley Harriers AC	F	1:30:32
356	290	Terry Long	Penny Lane Striders	MV60	1:30:34
357	448	Rob Sterritt		MV65	1:30:54
358	346	Anthony Brockway	Wirral AC	MV50	1:30:59
359	256	Joanne Keogh	St Helens Striders	FV40	1:31:09
360	435	Mia Gatrell		FV40	1:31:24

361	261	Chloe Shankland	Warrington RC	F	1:31:35
362	401	Fiona Ashton	Burnden RR	FV50	1:32:00
363	288	Eunice Nopondo	Penny Lane Striders	FV50	1:32:14
364	6	Victoria Scott		F	1:32:17
365	425	Elizabeth Allison	Trawden AC	FV50	1:32:30
366	222	Mike Mcneilis	Knowsley Harriers AC	M	1:32:52
367	110	Pauline Foster	Wigan Harriers	FV50	1:33:11
368	111	Tony Foster	Wigan Harriers	MV50	1:33:11
369	316	Jane Matthewman	Blackburn RR	F	1:33:14
370	307	Joanne Weir	Blackburn RR	FV45	1:33:19
371	190	Diane Robson		F	1:33:21
372	454	Gill Begg		F	1:33:22
373	101	Lorna Sharp	Blackburn RR	FV35	1:33:27
374	219	Katharine Ireland		F	1:33:29
375	422	Eden Parkinson	Lancaster & Morecambe	MV40	1:33:54
376	371	Samantha Goodwin		FV45	1:33:59
377	309	Karen Davies	Wesham RR	FV50	1:34:00
378	218	Dave Reid	Chester Tri	MV50	1:34:04
379	105	Steve Riley	UK Net Runner	MV55	1:34:16
380	397	David Guy	Swinton RC	MV50	1:34:20
381	70	Allan Howard	Red Rose Road Runners	MV55	1:34:49
382	429	Neil Scanlan		MV60	1:35:28
383	269	Nigel Harrison		MV50	1:36:03
384	159	Sarah Matthews	Warrington Road Runners	F	1:36:07
385	93	Heather Goadsby	Southport & Waterloo AC	FV50	1:36:33
386	292	Alan Graham		MV60	1:36:44
387	372	Lee Rawlinson		MV40	1:36:54
388	50	Chris Johnson	East Cheshire Harriers	MV65	1:37:28
389	153	Simon Kirkman		M	1:38:13
390	381	Adrian Melton		MV70	1:38:22
391	97	Michael King		MV40	1:38:35
392	253	Vicky Simpson	Liverpool RC	F	1:38:42
393	144	Lauren Brodie		F	1:38:42
394	42	Danielle Loder		F	1:38:44
395	260	Adele Rosenbloom	Knowsley Harriers AC	FV35	1:38:46
396	296	Michael Brunt	St Helens Striders	MV40	1:38:53
397	107	Jacqueline Latham	St Helens Striders	F	1:38:58
398	15	Kat Jarvis		F	1:39:23
399	13	Rachel Molyneux		FV40	1:39:31
400	285	Christopher Oakey		M	1:39:32
401	175	Paul Carr	St Helens Striders	MV60	1:39:39
402	220	Erica Dillon	Knowsley Harriers AC	FV35	1:40:26
403	306	Ashley Weir	Blackburn RR	MV45	1:41:03
404	90	Lance Ellis		MV70	1:41:55
405	273	Kelly Day	Red Rose Road Runners	F	1:42:14
406	88	Jane Mowbray	Red Rose Road Runners	FV40	1:42:20
407	365	Helen Boyer	Preston Harriers	FV40	1:42:23
408	447	Myra Wells	Todmorden Harriers	FV55	1:42:30
409	403	Peter Meloy		MV60	1:42:40
410	342	Gayle Coleman	Red Rose Road Runners	F	1:43:10
411	109	Carol Heaton	Red Rose Road Runners	FV45	1:43:10
412	66	Karen Bond		FV45	1:43:37
413	392	Peter Whiteside	Burnden RR	MV60	1:43:37
414	26	Linda Stapleton	Lancaster & Morecambe	FV65	1:44:40
415	25	Emily Stapleton	Lancaster & Morecambe	FV40	1:44:43
416	156	Rachel Craig	Knowsley Harriers AC	FV45	1:45:25
417	39	David Aspin	Red Rose Road Runners	MV65	1:45:40
418	28	Emily Curbishley	St Helens Striders	F	1:45:47
419	46	Esther Martin	Sneyd Striders	FV45	1:46:19
420	341	Nicola Nally	Riversway RR	F	1:46:20
421	106	Josephine Walsh		FV40	1:46:23

422	77	Mike Walsh	Thornton Cleveleys RC	MV70	1:47:01
423	130	Carol Fell	Warrington AC	FV65	1:47:55
424	140	Susan Heatley		FV35	1:48:11
425	315	Deborah Hill	St Helens Striders	FV40	1:48:20
426	281	Mick Cowell		MV55	1:50:25
427	282	Sophie Cowell		F	1:50:25
428	370	Brian Stuart-Cole		MV65	1:53:39
429	235	Nina Barthel	Manchester Front R	F	1:56:01
430	323	Vici Olthoff		FV45	2:03:34
431	329	Susan McGann		FV45	2:03:34