

Catford 5K

15 August 2015

Pos	No	Name	Club	Cat	Time
1	260	Rob Danson	Wesham RR	M	15:27
2	206	Ray Edgar	Lancaster & Morecambe	M	15:33
3	211	William Onek	Lancaster & Morecambe	M	16:16
4	153	Joseph Monk	Blackburn Harriers	M	16:26
5	222	Lee Partington	Barlick Fell Runners	M	16:46
6	187	Jason Parker	Preston Harriers	MV40	16:49
7	203	Steve Waterhouse	Wesham RR	MV45	16:57
8	213	Mark Leadbeatter	Lancaster & Morecambe	M	17:10
9	247	Andrew Fairbairn	Thornton Cleveleys RC	MV40	17:34
10	193	David Taylor	Wesham RR	M	17:36
11	169	Simon Croft	Fylde Coast Runners	M	17:37
12	157	Thomas Howarth	Lytham St Annes Road Runners	M	17:40
13	262	Ian Dawson	Blackpool, Wyre & Fylde	M	17:45
14	257	Lee Barlow	Wesham RR	MV40	17:46
15	191	Richard Jones	Garstang RC	M	17:50
16	225	David Watson	Preston Harriers	MV45	17:53
17	243	Richard Smith	Preston Harriers	M	18:00
18	215	Carolyn Baxter	Lancaster & Morecambe	F	18:03
19	246	Phil Quibell	Salford Harriers	MV60	18:05
20	197	Steve Myerscough	Wesham RR	MV40	18:11
21	274	Ryan Heaps	Wesham RR	M	18:13
22	214	Eddie Simpson	Horwich RMI Harriers	MV45	18:14
23	231	Stanley Owen	Salford Harriers	MV60	18:15
24	174	Maria Snell	Lancaster & Morecambe	F	18:36
25	220	Peter Cruse	Wesham RR	MV50	18:39
26	230	Garry Barnett	Wesham RR	MV45	18:41
27	224	Gary Pendlebury	Salford Harriers	MV60	18:49
28	221	Paul Mason	Wigan Harriers	M	18:51
29	242	Stephen Brooks	Thornton Cleveleys RC	M	18:53
30	147	Catherine Carrdus	Wesham RR	FV40	18:56
31	185	Warren Crook	Chorley AC & Tri	MV50	19:00
32	234	Tony Coding	Thornton Cleveleys RC	MV50	19:05
33	138	Steven Gore	Wesham RR	M	19:12
34	202	Mark Willett	Lytham St Annes Road Runners	MV40	19:18
35	179	Michael McCarthy		M	19:21
36	190	Jayne Perry	Lancaster & Morecambe	FV35	19:29
37	155	Russell Codd	Preston Harriers	MV45	19:33
38	189	Stuart Topping	Wesham RR	MV40	19:34
39	271	Peter Cowling	Preston Harriers	MV50	19:39
40	166	James Gilleade-Smith	Fylde Coast Runners	M	19:39
41	229	Stuart Cann	Red Rose Road Runners	MV50	19:44
42	254	Fraser Snape	Trawden AC	MV45	19:51
43	217	Helen Booth	Lancaster & Morecambe	F	19:54
44	145	George Kennedy	Wesham RR	MV55	19:59
45	192	Elliot Costello	Wesham RR	M	20:06
46	140	Mark Billington	Red Rose Road Runners	MV45	20:13
47	148	John Bertenshaw	Wesham RR	MV55	20:19
48	142	Carmel Sullivan	Wesham RR	FV45	20:30
49	175	Peter Darwen	Black Pear Joggers	MV50	20:34
50	141	Claire Melbourne		FV40	20:38
51	236	Peter Sandford	Dallam	MV55	20:49
52	233	Peter Carter	Preston Harriers	MV50	20:56
53	200	Nigel Burke	Salford Metropolitan AC	MV50	20:58
54	161	Andrew Tranter	Preston Harriers	MV45	20:59
55	237	Claire Bunce	Tri Preston	F	21:01
56	196	Sean Murray	Wesham RR	M	21:05
57	235	Janine Needham	Red Rose Road Runners	FV40	21:08

58	261	Jeff Wilson	Blackpool, Wyre & Fylde	MV40	21:11
59	177	Neil West	Stoke FIT	M	21:12
60	272	Stephen Perry	Lancaster & Morecambe	MV60	21:12
61	154	Sarah Sherratt	Wesham RR	FV40	21:13
62	249	Stephen Browne	Wesham RR	MV45	21:19
63	151	Michael Edge	Wesham RR	MV55	21:23
64	210	Damien Russell	Red Rose Road Runners	M	21:28
65	265	Ben Wrigley	Wesham RR	M	21:29
66	156	Emma Naylor	Wigan Phoenix	F	21:32
67	255	Ian Wharton	Red Rose Road Runners	MV45	21:42
68	146	Gemma Owen	Wesham RR	FV35	21:44
69	250	Derek Crane	Blackpool, Wyre & Fylde	MV45	21:50
70	139	Victoria Duckett	Preston Harriers	FV35	21:59
71	258	Anne Mayers-Smith	Wesham RR	FV35	22:00
72	276	Kate Lakeland	Preston Harriers	F	22:06
73	135	Anthony Hughes	Red Rose Road Runners	M	22:15
74	149	Tracey Hulme	Wesham RR	FV50	22:19
75	279	Name No		F	22:26
76	238	Sharon Bullock	Kendal AC	FV35	22:34
77	212	Anthony Murphy	Red Rose Road Runners	MV45	22:37
78	205	Lee Moore	Clayton Le Moors Harriers	M	22:37
79	201	David Scott	Clayton Le Moors Harriers	MV70	22:49
80	239	Peter O'Grady	Red Rose Road Runners	MV55	22:59
81	275	Sharon Cooper	Wesham RR	FV40	23:00
82	223	Peter Leadbeater	Wesham RR	MV55	23:05
83	209	Terry Lonergan	Barlick Fell Runners	MV65	23:12
84	167	Faruki Yamin	Red Rose Road Runners	M	23:18
85	136	Steve Taylor	Red Rose Road Runners	MV40	23:20
86	152	Kirsty Holland	Blackpool, Wyre & Fylde	F	23:22
87	241	Gary Carradice		MV40	23:35
88	219	Paul McAllister	Chapel Cheetahs	MV45	23:36
89	195	Kath Hoyer	Wesham RR	FV55	23:44
90	207	Richard Lawson	Clayton Le Moors Harriers	MV75	23:51
91	263	Mark Dobson	Wesham RR	MV50	23:56
92	226	Louise Keasney		FV40	24:07
93	269	Andy Speer	Red Rose Road Runners	MV50	24:09
94	176	Alan Littler	Eccleston Revolution RC	MV70	24:16
95	194	Dave Waywell	Wesham RR	MV70	24:34
96	137	Lorna Taylor	Red Rose Road Runners	FV35	24:35
97	171	Nick Halford		MV60	24:41
98	216	Warren Strickland		MV40	24:47
99	172	Natalie Moore	Fylde Coast Runners	F	25:27
100	204	Andy Whitlam	Thornton Cleveleys RC	MV60	25:31
101	259	Michael Smith		M	25:46
102	168	Shaikh Anees	Red Rose Road Runners	MV50	25:52
103	248	Michael Biggs		MV55	25:52
104	198	Deborah Myerscough	Wesham RR	FV50	25:58
105	253	Dave Jones	Thornton Cleveleys RC	MV65	26:00
106	244	Julia Patefield	Garstang RC	FV45	26:15
107	181	Judi Ingham	Red Rose Road Runners	FV45	26:20
108	163	Louise Davitt	Red Rose Road Runners	FV40	26:31
109	180	Helen Greenhalgh	Red Rose Road Runners	FV35	26:54
110	232	Damian Clapham	Red Rose Road Runners	M	26:55
111	162	Angela Tranter	Preston Harriers	FV45	27:09
112	273	Clare Belfield	Wesham RR	F	27:39
113	266	James Danson	Wesham RR	MV50	27:52
114	270	Helen Orson	Red Rose Road Runners	FV50	27:52
115	256	Sue Wickham	Preston Harriers	FV50	28:29
116	267	Laura Stephenson		F	28:34
117	251	Davina Bowling	Red Rose Road Runners	FV65	28:55
118	240	Marion O'Grady	Red Rose Road Runners	FV55	29:11
119	182	Maggie Howarth		FV35	29:57
120	165	Louise Bentley		FV45	30:12

121	160	Ann Donoghue	Red Rose Road Runners	F	30:23
122	245	Carol Heaton	Red Rose Road Runners	FV45	30:47
123	264	Maureen Danson	Wesham RR	FV45	30:47
124	252	Mike Walsh	Thornton Cleveleys RC	MV80	30:57
125	218	Susan Heatley	Red Rose Road Runners	FV35	31:30
126	208	Val Lawson	Clayton Le Moors Harriers	FV70	32:01
127	183	Steve Tilley		MV45	32:12
128	268	Rachael Awde		F	32:27
129	144	Dawn Needle		FV40	32:47
130	227	Janet Saynor	Red Rose Road Runners	FV60	32:50
131	228	Kelly Giles		F	33:41
132	150	Gill Skelton	Thornton Cleveleys RC	FV50	33:51