

Central Lancashire 5K

21 February 2016

Pos	No	Name	Club	Cat	Time
1	344	Chris Farrell	Horwich RMI	M S	15:52
2	257	Tom Carson	Bolton UH	M S	16:39
3	227	Karl Darcy	Bolton UH	M S	16:44
4	95	Nick Jones	Warrington AC	M40 to 44	16:55
5	209	Aaron Jarvis	Liverpool Pembroke Sefton	M U20	17:12
6	150	James Lund	Keighley & Craven AC	M U20	17:29
7	144	Darren Newbould	Hallamshire Harriers	M45 to 49	17:31
8	368	Liam Moore	Leigh Harriers	M S	17:35
9	339	Frazer Jardine	Bolton UH	M S	17:39
10	122	Charlie Baker	Torbay	M S	17:39
11	360	Phill Williams	Leigh Harriers	M S	17:49
12	221	Ian Livesey	Barlick Fell Runners	M S	17:52
13	71	Declan Toomey	Bolton UH	M U20	17:58
14	358	Dave Smith	Leigh Harriers	M S	18:02
15	266	John Convery	Bingley Harriers & AC	M50 to 54	18:04
16	324	Scott Crompton	Bolton UH	M S	18:05
17	302	James Hilton	Wigan Phoenix	M S	18:06
18	108	Mathew Walker	Bolton UH	M U20	18:09
19	251	Tim Campbell	Astley and Tyldesley RR	M40 to 44	18:10
20	228	Andrew Crickmore	Bolton UH	M S	18:20
21	341	Simon Dally	Bolton UH	M45 to 49	18:24
22	21	Michael Harrington	Vale Royal AC	M40 to 44	18:27
23	17	Mark Holgate	Barlick Fell Runners	M40 to 44	18:31
24	336	James Tingle	Barlick Fell Runners	M S	18:43
25	225	Mark Havenhand	Kingstone Runners	M45 to 49	18:54
26	381	Richard Smith	Leigh Harriers	M S	18:59
27	38	Dean Furniss	Hallamshire Harriers	M45 to 49	19:01
28	148	Craig Boggon	Holmfirth Harriers	M S	19:01
29	224	Chris Povey	Bolton UH	M40 to 44	19:03
30	65	Lee Edwards	Barlick Fell Runners	M S	19:08
31	105	Simon Walker	Bolton UH	M U20	19:10
32	147	Neal Emmerson	Radcliffe AC	M S	19:14
33	369	Andrew Henderson	Burnden Road Runners	M S	19:07
34	260	Robert Short	Burnden Road Runners	M S	19:19
35	255	Mark Griffiths	Manchester YMCA Harriers	M S	19:20
36	89	Lewis Aldred	Bolton UH	M U20	19:23
37	30	David Watson	Preston Harriers	M45 to 49	19:25
38	240	Dominic Gavin	Bolton UH	M S	19:30
39	347	Lindsey Brindle	Horwich RMI	F35 to 39	19:32
40	287	Alex Rowe	Wesham RR	M55 to 59	19:36
41	283	Richard Brierley	Manchester YMCA Harriers	M S	19:38
42	91	Paul Brannigan	Todmorden Harriers	M50 to 54	19:39
43	171	David Norman	Wirral A.C.	M55 to 59	19:41
44	160	Colin Rigby	Burnden Road Runners	M45 to 49	19:42
45	311	Keith Roscoe	Wigan Phoenix	M45 to 49	19:45
46	111	Andy Staveley	Burnden Road Runners	M55 to 59	19:50
47	92	Mark Willett	Red Rose Road Runners	M40 to 44	19:57
48	154	Giles Bennett	Bury AC	M45 to 49	20:01
49	168	Chris Topping	Bolton UH	M S	20:07
50	249	Ian Warrington	Radcliffe AC	M S	20:06
51	245	Lee White	Burnden Road Runners	M40 to 44	20:11
52	20	Helen Whitby	Northern Masters AC	F35 to 39	20:17
53	371	Martin Conroy	Leigh Harriers	M S	20:15
54	43	Mark Riches	Astley and Tyldesley RR	M50 to 54	20:21
55	4	Peter Nicholson	East Cheshire Harriers	M S	20:23
56	153	Craig Kenny		M S	20:26
57	173	Nicola Cartridge	Bolton UH	F S	20:27
58	11	Mike Bayley-Sanderson	Northern Masters AC	M45 to 49	20:30
59	185	George Dennis	Keighley & Craven AC	M U20	20:32
60	76	Mark Collins	Astley and Tyldesley RR	M40 to 44	20:32
61	214	David Hanson	Bolton UH	M45 to 49	20:26

62	334	Matthew Thorpe	Astley and Tyldesley RR	M S	20:31
63	244	Anthony Warham	Bolton UH	M S	20:28
64	307	Neil Hughes	Astley and Tyldesley RR	M40 to 44	20:34
65	273	Daryl Bentley	Bolton UH	M45 to 49	20:37
66	194	Paul Duke	Burnden Road Runners	M40 to 44	20:35
67	109	Kerry Storrar	Barnsley A.C.	F40 to 44	20:38
68	231	Steven Doxey	Swinton Running Club	M55 to 59	20:39
69	310	Ian Gregory	Bolton UH	M S	20:38
70	115	David Gill	Warrington AC	M55 to 59	20:43
71	320	Peter Kearney	Bolton UH	M40 to 44	20:45
72	60	Rob Shiels	Radcliffe AC	M40 to 44	20:47
73	333	James Rideout	Bolton UH	M50 to 54	20:55
74	247	Evan Cook	Blackburn Harriers	M65 to 69	20:56
75	200	Chris Bennett	Astley and Tyldesley RR	M S	20:57
76	15	Rudolf Maciejkowicz	Horwich RMI	M60 to 64	20:57
77	290	Stewart Brierly	Bolton UH	M S	20:59
78	353	Marcus Taylor	Burnden Road Runners	M45 to 49	21:00
79	291	Laurence Keighley	Burnden Road Runners	M45 to 49	21:02
80	361	John Turner	Burnden Road Runners	M50 to 54	21:02
81	6	Graham Hargraves		M S	21:03
82	181	Stephen Bonney	Bolton UH	M45 to 49	21:05
83	70	Liz McLellan	Burnden Road Runners	F45 to 49	21:11
84	104	Peter Walker	Bolton UH	M45 to 49	21:12
85	103	Adrian Merritt	Burnden Road Runners	M40 to 44	21:13
86	329	Alan Smith	Leigh Harriers	M55 to 59	21:17
87	248	Peter Hunter	Radcliffe AC	M S	21:14
88	230	Josie My	Astley and Tyldesley RR	F35 to 39	21:26
89	172	Christophe Menand	Burnden Road Runners	M45 to 49	21:30
90	373	Peter Woodcock	Swinton Running Club	M S	21:30
91	31	Andy Duffy	Burnden Road Runners	M50 to 54	21:35
92	189	David Pollitt	Leigh Harriers	M50 to 54	21:36
93	151	Jenny Wakeman	Barnsley A.C.	F55 to 59	21:41
94	143	Tony Wall	Burnden Road Runners	M55 to 59	21:46
95	34	Ken Fowler	Bolton UH	M60 to 64	21:50
96	59	Frank Reilly	Stockport Harriers	M70 to 74	21:50
97	279	Chris Paxton	Radcliffe AC	M S	21:46
98	215	John Boothman	Barlick Fell Runners	M50 to 54	21:49
99	338	Brendan Loughrey	Astley and Tyldesley RR	M45 to 49	21:51
100	57	Dave Flitcroft	Bolton UH	M50 to 54	21:52
101	56	Cathy Flitcroft	Bolton UH	F50 to 54	21:56
102	306	Jackie Price	Astley and Tyldesley RR	F35 to 39	21:57
103	280	Simon Bond	Swinton Running Club	M40 to 44	22:00
104	118	Graham Townshend	Astley and Tyldesley RR	M45 to 49	21:58
105	367	David Unsworth	Horwich RMI	M50 to 54	22:02
106	58	Peter Weatherhead	Wirral A.C.	M60 to 64	22:07
107	216	Paul Mills	Bolton UH	M50 to 54	22:04
108	352	Marcus Chester	Burnden Road Runners	M40 to 44	22:07
109	146	Gwen Kinloch	Burnden Road Runners	F55 to 59	22:11
110	328	Martin Bates	Wesham RR	M55 to 59	22:15
111	314	Mark Lovesey	Barlick Fell Runners	M S	22:20
112	335	Olivia Stones	Leigh Harriers	F U20	22:22
113	304	Jonathan Hall	Astley and Tyldesley RR	M40 to 44	22:22
114	331	Adrian Costello	Bolton UH	M S	22:22
115	93	Jonathan Mellor	Swinton Running Club	M40 to 44	22:31
116	312	Susan Fletcher	Astley and Tyldesley RR	F35 to 39	22:34
117	317	Craig Elsby	Leigh Harriers	M S	22:36
118	340	Antony Golding	Swinton Running Club	M40 to 44	22:38
119	100	Dave Dalton		M55 to 59	22:44
120	217	Matthew Barker	Burnden Road Runners	M45 to 49	22:43
121	354	Lesley Fisher	Burnden Road Runners	F55 to 59	22:45
122	96	Rachel Bailey	Bolton UH	F U20	22:51
123	3	Eric Rannicar	Bolton UH	M65 to 69	22:46
124	10	Sarah Jepson		F S	22:56
125	183	Stewart Jones	Burnden Road Runners	M55 to 59	22:47
126	54	Nick Barnes	Radcliffe AC	M S	22:51
127	282	David Kerrigan	Swinton Running Club	M S	22:52
128	192	Stuart Parsonson	Bolton UH	M40 to 44	22:56

129	296	Paul Rutherford	Swinton Running Club	M50 to 54	22:50
130	138	Mark Butler	Burnden Road Runners	M50 to 54	22:59
131	193	Lyndsay Darbyshire	Burnden Road Runners	F45 to 49	23:02
132	127	James Howell		M U20	22:57
133	363	Simon Marland	Burnden Road Runners	M55 to 59	23:06
134	155	Steven Bate		M S	23:04
135	305	Hannah Brierley	Manchester YMCA Harriers	F S	23:09
136	274	Chris Greenall	Burnden Road Runners	M45 to 49	23:04
137	359	Simon Townsend	Chorley ATC	M50 to 54	23:14
138	330	Scott Oshea		M S	23:13
139	45	Trevor Fishwick	Burnden Road Runners	M40 to 44	23:15
140	303	Amanda Gregory	Wigan Phoenix	F S	23:20
141	72	Mercedes Mercer	Bolton UH	F U20	23:23
142	238	George Shepherd	Bolton UH	M U20	23:18
143	377	Vincent Robinson	Wigan Phoenix	M60 to 64	23:24
144	64	Lewis Hodgson		M U20	23:15
145	39	David Halliday	Swinton Running Club	M S	23:27
146	125	Guillaume Joly		M S	23:25
147	63	Callum Crosby	Bolton Tri Club	M U20	23:24
148	87	Rod Scholes	Barnsley A.C.	M70 to 74	23:34
149	254	Rebecca Mills	Swinton Running Club	F S	23:30
150	380	Andrew Nightingale	Wigan Phoenix	M40 to 44	23:35
151	25	Katy Thompson	Burnden Road Runners	F40 to 44	23:34
152	26	David McAlister	Wallasey A.C.	M55 to 59	23:40
153	162	Arnold Bradshaw	Manchester Harriers & A.C.	M65 to 69	23:29
154	319	Olivia Kearney	Bolton UH	F U20	23:43
155	49	Gary Ingham		M45 to 49	23:44
156	325	Colm O'Brien	Burnden Road Runners	M55 to 59	23:40
157	51	Anne Ferguson	Burnden Road Runners	F55 to 59	23:46
158	40	Donna Cooper	Bolton UH	F40 to 44	23:47
159	176	Georgia Greenhalgh	Bolton UH	F U20	23:53
160	212	Carolyn Barker	Burnden Road Runners	F45 to 49	23:47
161	375	Simon Thorne	Bolton UH	M40 to 44	23:56
162	128	Mel Walker	Burnden Road Runners	M70 to 74	24:05
163	243	Craig Philpot	Burnden Road Runners	M40 to 44	24:04
164	177	Linda Leyland	Northern Masters AC	F55 to 59	24:11
165	219	Andrew Barrow	Bolton UH	M50 to 54	24:10
166	365	Lawrence Pinnell	Horwich RMI	M45 to 49	24:07
167	234	Matthew Harwood		M S	24:04
168	165	Finlay Coyne		M65 to 69	24:16
169	201	Louise Simpson	Astley and Tyldesley RR	F35 to 39	24:19
170	272	Lawrence McDonald	Burnden Road Runners	M40 to 44	24:11
171	309	Liam Scholes	Swinton Running Club	M S	24:21
172	293	Helen Nation	Swinton Running Club	F35 to 39	24:30
173	382	David Smith	Endurance Store	M55 to 59	24:25
174	81	Jane Mulryan	Stockport Harriers	F60 to 64	24:32
175	207	Hannah Newbold	Barlick Fell Runners	F U20	24:39
176	281	Claudia Hammond Price	Manchester YMCA Harriers	F S	24:30
177	112	Shirley Staveley	Burnden Road Runners	F50 to 54	24:47
178	313	Christine Boardman	Horwich RMI	F S	24:53
179	12	Lorraine Thompson		F40 to 44	24:49
180	346	Jane Bowles	Chorley ATC	F45 to 49	24:52
181	374	Philip Spencer-Gray	Astley and Tyldesley RR	M S	24:47
182	121	Sarah Sutcliffe	Burnden Road Runners	F40 to 44	24:55
183	75	Phil Lamb	Burnden Road Runners	M50 to 54	24:52
184	205	Don Nicholson	Burnden Road Runners	M60 to 64	24:57
185	326	Jane Forrest	Burnden Road Runners	F50 to 54	24:57
186	267	Rachel Hodgkinson	Leigh Harriers	F45 to 49	25:02
187	195	Cecilia Woods	Bolton UH	F55 to 59	24:57
188	252	Mike O'Brien	Manchester YMCA Harriers	M55 to 59	25:02
189	139	George Butler	Burnden Road Runners	M U20	25:11
190	85	Jackie Oakes	Burnden Road Runners	F40 to 44	24:57
191	253	Stephen Symons	Manchester YMCA Harriers	M50 to 54	25:05
192	292	Hannah Edwards	Bolton UH	F S	25:16
193	327	Adrienne Fisher	Bolton UH	F40 to 44	25:17
194	14	Wendy Drake		F45 to 49	25:17
195	161	Eric Wickstead	Northern Masters AC	M65 to 69	25:19

196	315	David Morrision	Bolton UH	M45 to 49	25:20
197	126	Andrew Howell		M40 to 44	25:23
198	53	David Allen		M65 to 69	25:26
199	44	Gemma Stokes	Horwich RMI	F35 to 39	25:36
200	164	Chris Hart		M U20	25:40
201	286	Justin Wood		M40 to 44	25:38
202	106	Peter Wilkinson	Barlick Fell Runners	M65 to 69	25:42
203	52	Tony Lythe	Sale Harriers Manchester	M70 to 74	25:43
204	278	Paul Shier	Swinton Running Club	M S	25:50
205	163	David Tomlinson	Bolton UH	M75+	25:53
206	9	Beverley Walker	Burnden Road Runners	F40 to 44	26:00
207	184	Dave Waywell	Wesham RR	M70 to 74	26:09
208	370	I Hamilton	Astley and Tyldesley RR	M65 to 69	26:07
209	120	Craig Balmer		M S	26:11
210	210	Susanne Smith	Leigh Harriers	F45 to 49	26:17
211	372	Elaine Roper	Burnden Road Runners	F55 to 59	26:17
212	110	Deborah Flitcroft	Bolton UH	F S	26:17
213	246	Leanne McGregor	Swinton Running Club	F S	26:15
214	74	Jeffrey Pendlebury	Burnden Road Runners	M55 to 59	26:29
215	271	Rachel Haslam	Astley and Tyldesley RR	F S	26:22
216	145	Andy Warburton	Burnden Road Runners	M50 to 54	26:29
217	222	Alex Donnelly	Bolton UH	M45 to 49	26:29
218	197	Sara Green	Bolton UH	F35 to 39	26:44
219	198	Eileen Castledine	Leigh Harriers	F60 to 64	26:44
220	137	Ann Butler	Burnden Road Runners	F50 to 54	26:54
221	220	Judy Povey	Burnden Road Runners	F35 to 39	27:10
222	299	Nicola Scott	Astley and Tyldesley RR	F40 to 44	27:03
223	55	Helen Sandiford		F35 to 39	27:06
224	355	Dave Pearson	Burnden Road Runners	M60 to 64	27:17
225	180	Nick Rawcliffe	Hyndburn A.C.	M45 to 49	27:25
226	285	Rob Foster	Astley and Tyldesley RR	M45 to 49	27:13
227	80	Martin Mulryan		M60 to 64	27:30
228	98	Kerry Lomas	Astley and Tyldesley RR	F S	27:17
229	97	Kieran Lomas	Astley and Tyldesley RR	M S	27:18
230	379	Chris Nightingale	Wigan Phoenix	M45 to 49	27:40
231	179	John Paramor	Manchester YMCA Harriers	M60 to 64	27:31
232	113	Emma Walker	Burnden Road Runners	F40 to 44	27:33
233	47	Maria Parkinson	Burnden Road Runners	F45 to 49	27:42
234	308	Lesley Kaneen	Burnden Road Runners	F50 to 54	27:45
235	277	Rebecca Clark	Astley and Tyldesley RR	F S	27:38
236	27	Faye Holden	Pendle AC	F35 to 39	27:57
237	158	Eileen Royle	Radcliffe AC	F65+	27:55
238	8	Steven Harris		M40 to 44	27:56
239	16	David Williamson	Swinton Running Club	M45 to 49	28:01
240	188	Michael Geoghegan	Astley and Tyldesley RR	M55 to 59	27:54
241	289	Phillip Griffiths	Astley and Tyldesley RR	M S	28:05
242	190	Jason Revill	Astley and Tyldesley RR	M40 to 44	28:05
243	169	Julie Newton	Burnden Road Runners	F45 to 49	28:17
244	295	Joanna Borecka	Swinton Running Club	F S	28:14
245	23	Virginia Lewin	Halifax Harriers AC	F60 to 64	28:18
246	174	Anthony Foster	Burnden Road Runners	M65 to 69	28:20
247	237	Richard Lord	Burnden Road Runners	M50 to 54	28:15
248	298	Vanessa Thomson	Astley and Tyldesley RR	F35 to 39	28:20
249	50	Chloe Ingham		F S	28:41
250	284	Jenny Castle	Swinton Running Club	F40 to 44	28:37
251	337	Tracy Loughrey	Astley and Tyldesley RR	F45 to 49	28:44
252	131	Ben Clarke-Davison		M U20	28:55
253	376	Karen Taylor	Burnden Road Runners	F S	28:55
254	132	Paul Davison		M45 to 49	28:55
255	208	Laura Nicholls	Bolton UH	F S	28:48
256	79	Martin Twining	Burnden Road Runners	M40 to 44	28:57
257	294	Joan Cooke	Astley and Tyldesley RR	F40 to 44	28:51
258	159	Diane Morrison	Burnden Road Runners	F45 to 49	29:06
259	123	Lee Petch	Bolton UH	M55 to 59	29:01
260	318	Feysal Nagi	Bolton UH	M45 to 49	29:00
261	211	John Egan	Burnden Road Runners	M65 to 69	29:12
262	233	Vanessa Harwood		F35 to 39	29:07

263	178	Andrew Gallagher	Bolton UH	M50 to 54	29:06
264	261	Joanne Gibson	Astley and Tyldesley RR	F S	29:04
265	124	Theresa Taylor-Kay		F40 to 44	29:20
266	136	Gerard Tucker	Bolton UH	M45 to 49	29:20
267	357	Alec Cottrill	Burnden Road Runners	M55 to 59	29:27
268	356	Sally Cottrill	Burnden Road Runners	F45 to 49	29:27
269	86	Debra Hennessey	Burnden Road Runners	F45 to 49	29:28
270	170	Susan Wood	Burnden Road Runners	F45 to 49	29:29
271	157	Simon Darby	Burnden Road Runners	M50 to 54	29:39
272	364	Diane Denney	Leigh Harriers	F35 to 39	29:32
273	342	Ellie Forrest	Bolton UH	F U20	29:40
274	88	David Cowgill	Holmfirth Harriers	M70 to 74	29:41
275	297	Mandy Beard	Swinton Running Club	F45 to 49	29:44
276	206	Clare Derbyshire	Bolton UH	F40 to 44	29:44
277	135	Louise Geoghegan	Burnden Road Runners	F45 to 49	29:53
278	288	Emma Higgins	Astley and Tyldesley RR	F35 to 39	29:47
279	175	Iain Harris	Radcliffe AC	M65 to 69	29:52
280	300	Catherine Worsley	Astley and Tyldesley RR	F40 to 44	30:11
281	250	Kay Campbell		F40 to 44	30:25
282	133	Gemma Chapman	Burnden Road Runners	F35 to 39	30:37
283	156	Joanne Darby	Burnden Road Runners	F45 to 49	30:49
284	42	David Curry	Swinton Running Club	M60 to 64	30:51
285	33	Karen Doherty	Radcliffe AC	F40 to 44	30:50
286	140	Angela Pike	Leigh Harriers	F60 to 64	30:56
287	362	Sue Blackman	Burnden Road Runners	F55 to 59	31:14
288	203	Jackie Cairns	Burnden Road Runners	F45 to 49	31:10
289	332	Kevin Sims		M S	31:09
290	182	Kevin Dillon	Manchester Harriers & A.C.	M60 to 64	31:18
291	196	Jane Lim	Bolton UH	F55 to 59	31:47
292	119	Katie Desmond		F S	31:58
293	321	Brenda Sedgewick	Burnden Road Runners	F65+	31:56
294	235	Wendy Doxey	Swinton Running Club	F55 to 59	32:01
295	141	Julie Bower	Burnden Road Runners	F45 to 49	32:17
296	213	Brenda Riordan		F S	32:21
297	69	Marie Gaskell		F50 to 54	32:29
298	199	Rita Ledwards	Burnden Road Runners	F55 to 59	32:41
299	73	Christine Pendlebury	Burnden Road Runners	F50 to 54	32:49
300	276	Peter Whiteside	Burnden Road Runners	M60 to 64	32:46
301	116	Brenda Robinson	Rochdale Harriers	F65+	33:06
302	29	Dawn Evans	Burnden Road Runners	F45 to 49	33:10
303	62	Tom West	Radcliffe AC	M75+	33:25
304	262	Richard Coates		M45 to 49	33:34
305	351	Melissa Eccleston	Burnden Road Runners	F S	33:32
306	366	Heather Pinnell	Horwich RMI	F U20	33:35
307	117	Derek Walton	Altrincham AC	M70 to 74	33:47
308	142	Louise Wall	Burnden Road Runners	F50 to 54	33:59
309	149	Liz Hopley	Burnden Road Runners	F45 to 49	33:54
310	82	Jessica Sammon	Burnden Road Runners	F S	34:06
311	37	Rachel Haslam		F40 to 44	34:20
312	68	Wayne Gaskell		M50 to 54	34:15
313	167	Brenda Spotswood	Swinton Running Club	F40 to 44	34:30
314	94	Fatemeh Ziaei		F S	34:56
315	270	Lisa Noel		F S	34:59
316	265	David Beevers	Burnden Road Runners	M60 to 64	35:19
317	258	Alice Baxendale	Bolton UH	F S	35:14
318	268	Emma Noel		F S	35:16
319	269	Paul Noel		M40 to 44	35:41
320	129	Gillian McGowan	Burnden Road Runners	F50 to 54	36:17
321	187	Grainne O'Connor		F S	36:10
322	130	George Ogden	Burnden Road Runners	M50 to 54	38:14
323	32	Jim Rhodes	Radcliffe AC	M75+	38:37
324	84	Jennifer Delaney	Manchester YMCA Harriers	F S	39:25
325	102	Leah Aftab		F S	39:49
326	5	Nadia Hargraves		F S	40:49
327	101	Kathryn Baker		F35 to 39	41:01
328	7	Anna Harris		F35 to 39	41:38