

# Mid Lancs Cross Country League

## at Sefton Park, Liverpool on Saturday 26th November 2016

### Under 11 Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	3201	Bain Harriet	Liverpool Harriers & AC	7:20	31	2271	Harbord Ruth	Hyndburn Ac	8:52
2	700	Bohannon Sophie	Lytham St Annes RR	7:25	32	1407	Hoggatt Lexi	Burnley Ac	8:53
3	3202	Spencer Clara	Kendal AAC	7:31	33	3213	Woods Alicia	Chorley AC	8:56
4	1604	Waddington Lauren	Chorley AC	7:42	34	3214	Pickles Lucille	Barlick Fell Runners	8:57
5	3203	Cordwell Blythe	Chorley AC	7:45	35	93	Hargreaves Summer	Clayton Le Moors Harriers	9:03
6	3204	Smith Sarah	Kendal AAC	7:46	36	3215	Robinson Evie	Lancaster & Morecambe Ac	9:03
7	479	Hutton Maddie	Lancaster & Morecambe Ac	7:51	37	244	Hartley Isabelle	Blackburn Harriers	9:05
8	1606	Poole Lucy	Chorley AC	7:58	38	97	Thompson Kady	Clayton Le Moors Harriers	9:09
9	2030	Wells Grace	Howgill Harriers	7:59	39	1499	Whiteside Anna	Trawden Road Runners	9:11
10	1920	Stone Erin	Team North Cumbria	8:10	40	704	Thorpe Amara	Lytham St Annes RR	9:20
11	3205	White Helana	Clayton Le Moors Harriers	8:11	41	903	Swift Katelyn	Southport Waterloo Ac	9:22
12	904	Hughes Amber	Southport Waterloo Ac	8:15	42	629	Tickle Holly	Blackpool Wyre & Fylde Ac	9:26
13	2296	Haxton Keira	Blackburn Harriers	8:18	43	3216	Guy Sian	Liverpool Harriers & AC	9:30
14	3206	McMurturie Ella	Liverpool Harriers & AC	8:18	44	701	Tierny Hebe	Lytham St Annes RR	9:32
15	2202	Woodworth Caroline	Blackburn Harriers	8:23	45	3217	Robinson Evie	Liverpool Harriers & AC	9:34
16	1609	Leigh Megan	Chorley AC	8:26	46	706	Ramsden Jessica	Lytham St Annes RR	9:36
17	1079	Thompson Anna	Preston Harriers	8:29	47	1500	Beechey Isobel	Trawden Road Runners	9:39
18	3207	O'Shea Kyla	Liverpool Harriers & AC	8:31	48	1408	Holden Sienna	Burnley Ac	9:40
19	3208	Southern Amelia	Burnley Ac	8:31	49	3218	Crispin Abigail	Liverpool Harriers & AC	9:44
20	3209	Saunders Batha	Leven Valley AC	8:31	50	3219	Threadgold Lottie	Liverpool Harriers & AC	9:47
21	3210	White Mia	Liverpool Harriers & AC	8:32	51	3220	Bird Maisie	Southport Waterloo Ac	9:53
22	3211	McMurturie Megan	Liverpool Harriers & AC	8:34	52	2215	Clipston Lucie	Red Rose Road Runners	9:54
23	1617	Downham Eve	Chorley AC	8:35	53	2428	Horne Grace	Preston Harriers	9:54
24	243	Cookson Kate	Blackburn Harriers	8:36	54	2468	Joyce Isabel	Preston Harriers	10:00
25	2203	Simpson Libby	Southport Waterloo Ac	8:38	55	3221	Roy Isabelle	Liverpool Harriers & AC	10:07
26	2456	Swarbrick Olivia	Team North Cumbria	8:38	56	3222	Scott Evie	Barlick Fell Runners	10:31
27	2452	Scott Gracie	Blackpool Wyre & Fylde Ac	8:45	57	3223	Ogilvie Sophie	Kirkby Milers	10:34
28	1409	Corns Erica	Burnley Ac	8:46	58	1166	Clare Aimee	Kirkby Milers	11:11
29	3212	Carroll Alisha	Liverpool Harriers & AC	8:47	59	1503	Rosthorne Eleanor	Trawden Road Runners	11:18
30	1501	Fort Ruby	Trawden Road Runners	8:51					

### Under 11 Girls — TEAM RESULTS

1	Chorley AC	17	—	4	Lauren Waddington	5	Blythe Cordwell	8	Lucy Poole
2	Liverpool Harriers & AC	33	—	1	Harriet Bain	14	Ella McMurturie	18	Kyla O'Shea
3	Blackburn Harriers	52	—	13	Keira Haxton	15	Caroline Woodworth	24	Kate Cookson
4	Southport Waterloo Ac	78	—	12	Amber Hughes	25	Libby Simpson	41	Katelyn Swift
5	Burnley Ac	79	—	19	Amelia Southern	28	Erica Corns	32	Lexi Hoggatt
6	Clayton Le Moors Harriers	84	—	11	Helana White	35	Summer Hargreaves	38	Kady Thompson
7	Lytham St Annes RR	86	—	2	Sophie Bohannon	40	Amara Thorpe	44	Hebe Tierney
8	Trawden Road Runners	116	—	30	Ruby Fort	39	Anna Whiteside	47	Isobel Beechey
9	Preston Harriers	124	—	17	Anna Thompson	53	Grace Horne	54	Isabel Joyce

### Under 11 Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	194	Thompson Dexta	Clayton Le Moors Harriers	7:03	25	2286	Fleming Matthew	Trawden Road Runners	8:15
2	2465	Ince James	Preston Harriers	7:18	26	2141	McCredie Logan	Barlick Fell Runners	8:15
3	733	Denye George	Lytham St Annes RR	7:21	27	529	Honeysett Archie	Lancaster & Morecambe Ac	8:19
4	3224	Schiller Fabian	Lancaster & Morecambe Ac	7:28	28	328	Gill Oliver	Blackburn Harriers	8:19
5	3225	RowlandsWhiteoak Wil	Trawden Road Runners	7:35	29	679	Maude Alex	Blackpool Wyre & Fylde Ac	8:21
6	3226	Pickerill Sammy	Southport Waterloo Ac	7:41	30	534	Pyle Jonathan	Lancaster & Morecambe Ac	8:21
7	200	Bentham Jenson	Clayton Le Moors Harriers	7:47	31	1139	Warren Jenson	Preston Harriers	8:24
8	1564	Woodruff William	Trawden Road Runners	7:51	32	2138	Latham Jack	Barlick Fell Runners	8:26
9	2036	Pennington Caius	Howgill Harriers	7:53	33	1568	Phillips Daniel	Trawden Road Runners	8:34
10	3227	Barker Jack	Kendal AAC	7:55	34	1186	McCarthy Elliot	Kirkby Milers	8:47
11	325	Sharp Saul	Blackburn Harriers	7:56	35	1140	Middleton Corey	Preston Harriers	8:51
12	3228	Escoffrey Roco	Liverpool Harriers & AC	7:56	36	1505	Woodruff Louie	Trawden Road Runners	8:54
13	2139	Treitl Harley	Barlick Fell Runners	7:58	37	3234	Paxton Joseph	Liverpool Pembroke Sefton	8:58
14	1567	Osbourne Callum	Trawden Road Runners	7:59	38	1187	McClellan Mark	Kirkby Milers	8:59
15	3229	Lamb Jack Lamb	Chorley AC	8:00	39	3235	Harding Archie	Team North Cumbria	9:02
16	3230	Eamshaw Isaac	Hyndburn Ac	8:01	40	736	Wrigley Eric	Lytham St Annes RR	9:12
17	198	Jackson Matthew	Clayton Le Moors Harriers	8:02	41	2494	Wise Oliver	Preston Harriers	9:17
18	3231	Taylor Ben	Liverpool Harriers & AC	8:04	42	1141	Thompson Joseph	Preston Harriers	9:18
19	1402	McNally Will	Leven Valley AC	8:05	43	2495	Wise Dylan	Preston Harriers	9:23
20	3232	Redmond Josh	Liverpool Harriers & AC	8:08	44	3236	Eamshaw Zack	Lancaster & Morecambe Ac	9:25
21	2204	Maher Ronan	Lancaster & Morecambe Ac	8:09	45	3237	Boothman Chloe	Barlick Fell Runners	9:37
22	3233	Crispin Joseph	Liverpool Harriers & AC	8:10	46	2493	Ball Oliver	Lancaster & Morecambe Ac	9:48
23	528	Preston Jacob	Lancaster & Morecambe Ac	8:10	47	536	Giles Benjamin	Lancaster & Morecambe Ac	9:54
24	799	Roberts James	Liverpool Pembroke Sefton	8:14	48	537	Giles Nathan	Lancaster & Morecambe Ac	9:59

### Under 11 Boys — TEAM RESULTS

1	Clayton Le Moors Harriers	25	—	1	Dexta Thompson	7	Jenson Bentham	17	Matthew Jackson
2	Trawden Road Runners	27	—	5	Wil RowlandsWhiteoak	8	William Woodruff	14	Callum Osbourne
3	Lancaster & Morecambe Ac	48	—	4	Fabian Schiller	21	Ronan Maher	23	Jacob Preston
4	Liverpool Harriers & AC	50	—	12	Roco Escoffrey	18	Ben Taylor	20	Josh Redmond
5	Preston Harriers	68	—	2	James Ince	31	Jenson Warren	35	Corey Middleton
6	Barlick Fell Runners	71	—	13	Harley Treitl	26	Logan McCredie	32	Jack Latham

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2016

## Under 13 Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time		Club	Time	
1	3238	O'Hare Faye	Liverpool Harriers & AC	11:20	45	3251Holmes Olivia	Liverpool Harriers & AC	13:26
2	1993	Mason Anna	Border Harriers	11:28	46	3252Grant Jenny	Liverpool Harriers & AC	13:29
3	1587	Leigh Olivia	Chorley AC	11:40	47	1162Hoad Megan	Kirkby Milers	13:29
4	1396	Winder Olesia	Leven Valley AC	11:43	48	3253Byrne Fiona	Liverpool Pembroke Sefton	13:31
5	3239	Sutton Scarlett	Preston Harriers	11:48	49	3254Ireston Mia	Liverpool Harriers & AC	13:32
6	2457	Swarbrick Emily	Team North Cumbria	11:50	50	3255Harkins Esmae	Preston Harriers	13:33
7	2240	Merritt Isabella	Horwich RMI Harriers	11:58	51	3256Duthie Lauren	liverpool harriers & AC & AC	13:34
8	899	Logan Olivia	Southport Waterloo Ac	11:59	52	1494Dugdale Amelia	Trawden Road Runners	13:36
9	3240	Leyland Isabel	Liverpool Harriers & AC	12:11	53	3257Blakemore Clark	Liverpool Harriers & AC	13:38
10	3241	Richards Martha	Team North Cumbria	12:14	54	2435Fearon Imogen	Liverpool Pembroke Sefton	13:40
11	1075	Blackwell Imogen	Preston Harriers	12:14	55	3258Dallas Isabel	Liverpool Harriers & AC	13:46
12	234	Charnley Eleesha	Blackburn Harriers	12:16	56	3259Bird Alice	Southport Waterloo Ac	13:48
13	3242	Heath Georgia	Kendal AAC	12:19	57	1161Parr Caitlin	Kirkby Milers	13:49
14	1852	Pendlebury Ella	Horwich RMI Harriers	12:20	58	3260Escoffrey Amber	Liverpool Harriers & AC	13:49
15	3243	Houghton Faye	Preston Harriers	12:21	59	1496Singleton Paige	Trawden Road Runners	13:51
16	463	Hannam Larissa	Lancaster & Morecambe Ac	12:29	60	699Ramsden Sydney	Lytham St Annes RR	13:54
17	473	Maher Kirsty	Lancaster & Morecambe Ac	12:31	61	1589Warren Emily	Chorley AC	14:04
18	623	Tickle Lucy	Blackpool Wyre & Fylde Ac	12:32	62	3261Hearnshaw Amelia	Lancaster & Morecambe Ac	14:09
19	239	Hoole Leah	Blackburn Harriers	12:34	63	3262Mullen Kate	Liverpool Pembroke Sefton	14:11
20	1491	Stanworth Sophie	Trawden Road Runners	12:34	64	2432Mathison Katie	Chorley AC	14:13
21	3244	Brown Grace	Preston Harriers	12:39	65	3263Ellinas Andrea	Liverpool Harriers & AC	14:15
22	1279	Burns Maisie	Wigan & District Harriers	12:40	66	761Wissett Freya	Liverpool Pembroke Sefton	14:16
23	3245	Dentith Tamzin	Liverpool Harriers & AC	12:44	67	3264Tudson Teigan	Barlick Fell Runners	14:18
24	763	Hannaway Faye	Liverpool Pembroke Sefton	12:47	68	1497Singleton Ellie	Trawden Road Runners	14:20
25	90	Dorrington-Levy Ella	Clayton Le Moors Harriers	12:49	69	3265Gelling India	Liverpool Harriers & AC	14:22
26	3246	Russell Katie	Team North Cumbria	12:51	70	3266McCoy Lizzie	Southport Waterloo Ac	14:28
27	760	Morris Gabrielle	Liverpool Pembroke Sefton	12:54	71	2066Boothman Jenna	Barlick Fell Runners	14:28
28	624	Barnes Felicity	Blackpool Wyre & Fylde Ac	12:57	72	3267Sutcliffe Kate	Liverpool Pembroke Sefton	14:29
29	2216	Earnshaw Abigail	Preston Harriers	12:59	73	3268Newbrook Robyn	liverpool harriers & AC & AC	14:33
30	1994	Mattinson Lauren	Border Harriers	13:00	74	1949Nelson Freyah	Barrow & Furness Striders	14:46
31	765	Williamson Emily	Liverpool Pembroke Sefton	13:05	75	2291Kewin Heidi	Clayton Le Moors Harriers	14:53
32	900	Tobin Grace	Southport Waterloo Ac	13:07	76	3269White Jessica	Liverpool Harriers & AC	14:54
33	1498	Stratton Abigail	Trawden Road Runners	13:08	77	2354Ireland Millie	Southport Waterloo Ac	14:57
34	3247	Lead better Isabel	Liverpool Harriers & AC	13:09	78	767Usher Ruth	Liverpool Pembroke Sefton	14:59
35	625	Whipp Bethany	Blackpool Wyre & Fylde Ac	13:09	79	3270Letts Kayley	liverpool harriers & AC & AC	15:04
36	3248	Mayson Emily	Preston Harriers	13:13	80	3271Moran Connie	Liverpool Harriers & AC	15:39
37	1586	Boardman Amber	Chorley AC	13:14	81	3272Yarwood Beth	Liverpool Pembroke Sefton	16:17
38	1493	Crook Holly	Trawden Road Runners	13:15	82	3273Fowler Keira	Liverpool Harriers & AC	16:25
39	3249	Reynolds Emily	Preston Harriers	13:16	83	2481Thomas Alicia	Preston Harriers	17:38
40	3250	Goldthorpe Lucy	Chorley AC	13:19	84	462Harrison Lucy	Lancaster & Morecambe Ac	17:47
41	1595	Heaton Amy	Chorley AC	13:20	85	1077Halliday Grace	Preston Harriers	17:49
42	1584	Waddington Kate	Chorley AC	13:23	86	2249Carmichael Femke	Kirkby Milers	20:03
43	2449	Shuttleworth Emily	Barlick Fell Runners	13:25	87	1160O'Connor Mia	Kirkby Milers	20:03
44	2299	Hodson Gabrielle	Wigan & District Harriers	13:26	88	474Giles Hannah	Lancaster & Morecambe Ac	22:01

## Under 13 Girls — TEAM RESULTS

1	Preston Harriers	31	—	5	Scarlett Sutton	11	Imogen Blackwell	15	Faye Houghton
2	Liverpool Harriers & AC	33	—	1	Faye O'Hare	9	Isabel Leyland	23	Tamzin Dentith
3	Team North Cumbria	42	—	6	Emily Swarbrick	10	Martha Richards	26	Katie Russell
4	Chorley AC	80	—	3	Olivia Leigh	37	Amber Boardman	40	Lucy Goldthorpe
5	Blackpool Wyre & Fylde Ac	81	—	18	Lucy Tickle	28	Felicity Barnes	35	Bethany Whipp
6	Liverpool Pembroke Sefton	82	—	24	Faye Hannaway	27	Gabrielle Morris	31	Emily Williamson
7	Trawden Road Runners	91	—	20	Sophie Stanworth	33	Abigail Stratton	38	Holly Crook
8	Lancaster & Morecambe Ac	95	—	16	Larissa Hannam	17	Kirsty Maher	62	Amelia Hearnshaw
9	Southport Waterloo Ac	96	—	8	Olivia Logan	32	Grace Tobin	56	Alice Bird
10	Barlick Fell Runners	181	—	43	Emily Shuttleworth	67	Teigan Tudson	71	Jenna Boothman
11	Kirkby Milers	190	—	47	Megan Hoad	57	Caitlin Parr	86	Femke Carmichael
12	liverpool harriers & AC & AC	203	—	51	Lauren Duthie	73	Robyn Newbrook	79	Kayley Letts

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2016

## Race 4 - Under 13 Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time						
1	520	Ashton Rhys	Lancaster & Morecambe Ac	10:21	23	792	Usher Nicholas	Liverpool Pembroke Sefton	12:34	
2	1129	Durney Thomas	Preston Harriers	10:53	24	950	McMahon Lewis	Southport Waterloo Ac	12:37	
3	1130	Barnes Thom	Preston Harriers	10:54	25	1185	Short Ryan	Kirkby Milers	12:38	
4	1128	Warren Ethan	Preston Harriers	10:58	26	789	Ralfs Thomas	Liverpool Pembroke Sefton	12:39	
5	190	McKay Jackson	Clayton Le Moors Harriers	10:59	27	2341	Suffolk Luke	Preston Harriers	12:44	
6	525	Swarbrick Tobias	Lancaster & Morecambe Ac	11:04	28	189	Jackson Lennon	Clayton Le Moors Harriers	12:45	
7	1906	Mair Matthew	Horwich RMI Harriers	11:04	29	2309	Wiggins Vladimir	Preston Harriers	12:50	
8	1910	Healy Cian	Horwich RMI Harriers	11:08	30	322	Teare Rory	Blackburn Harriers	13:01	
9	786	Roberts Mark	Liverpool Pembroke Sefton	11:13	31	1183	O'Connor Declan	Kirkby Milers	13:02	
10	1909	Flatters Matthew	Horwich RMI Harriers	11:15	32	953	Pike James	Southport Waterloo Ac	13:04	
11	1673	Lilley Daniel	Chorley AC	11:32	33	2248	Gilkes Ned	Preston Harriers	13:12	
12	1359	Hughes Jack	Wigan & District Harriers	11:34	34	2243	Nelson Jakob	Barrow & Furness Striders	13:24	
13	787	Dickinson Jake	Liverpool Pembroke Sefton	11:43	35	2324	Thomas Edward	Howgill Harriers	13:25	
14	2261	Harbord Henry	Hyndburn Ac	11:56	36	797	Hitchmough Jack	Liverpool Pembroke Sefton	13:38	
15	951	Coupland Sam	Southport Waterloo Ac	11:57	37	191	Nicholls William	Clayton Le Moors Harriers	14:08	
16	319	Barbarewicz Ethan	Blackburn Harriers	12:00	38	798	Ferreira Jake	Liverpool Pembroke Sefton	14:22	
17	321	Joyce Joseph	Blackburn Harriers	12:01	39	1562	Smith Ronnie	Trawden Road Runners	14:32	
18	731	Eunson Louis	Lytham St Annes RR	12:05	40	793	Edwards Ethan	Liverpool Pembroke Sefton	14:36	
19	1131	Withers Benjamin	Preston Harriers	12:08	41	3005	Davis Will	Chorley AC	15:01	
20	318	Whittaker George	Blackburn Harriers	12:20	42	796	French Shaun	Liverpool Pembroke Sefton	15:36	
21	954	Cain Finn	Southport Waterloo Ac	12:31	43	795	French Matthew	Liverpool Pembroke Sefton	16:09	
22	524	Pearson Freddie	Lancaster & Morecambe Ac	12:31	44	794	Rathbone Daniel	Liverpool Pembroke Sefton	16:16	

## Race 4 - Under 13 Boys — TEAM RESULTS

1	Preston Harriers	9	—	2	Thomas Durney	3	Thom Barnes	4	Ethan Warren
2	Horwich RMI Harriers	25	—	7	Matthew Mair	8	Cian Healy	10	Matthew Flatters
3	Lancaster & Morecambe Ac	29	—	1	Rhys Ashton	6	Tobias Swarbrick	22	Freddie Pearson
4	Liverpool Pembroke Sefton	45	—	9	Mark Roberts	13	Jake Dickinson	23	Nicholas Usher
5	Blackburn Harriers	53	—	16	Ethan Barbarewicz	17	Joseph Joyce	20	George Whittaker
6	Southport Waterloo Ac	60	—	15	Sam Coupland	21	Finn Cain	24	Lewis McMahon
7	Clayton Le Moors Harriers	70	—	5	Jackson McKay	28	Lennon Jackson	37	William Nicholls

## Race 4 - Under 15 Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time						
1	1990	Mason Olivia	Border Harriers	10:21	18	783	Corlett Annabel	Liverpool Pembroke Sefton	13:18	
2	2455	Easthope Mia	Team North Cumbria	11:28	19	1274	Wilson Lara	Wigan & District Harriers	13:25	
3	1275	Edwards Charlotte	Wigan & District Harriers	11:30	20	753	Hitchmough Amelia	Liverpool Pembroke Sefton	13:43	
4	1073	Treadell Lucy	Preston Harriers	11:44	21	2232	Harrison Anna	Lancaster & Morecambe Ac	13:51	
5	81	Holt Briony	Clayton Le Moors Harriers	11:45	22	80	Root Eleanor	Clayton Le Moors Harriers	13:51	
6	1072	Fulton Emma	Preston Harriers	11:56	23	83	Thompson Liberty	Clayton Le Moors Harriers	14:03	
7	2224	Royle Finty	Red Rose Road Runners	11:57	24	896	Doyle Hannah	Southport Waterloo Ac	14:09	
8	615	Whipp Danielle	Blackpool Wyre & Fylde Ac	12:06	25	695	Bremner Laura	Lytham St Annes RR	14:16	
9	895	Walsh Freya	Southport Waterloo Ac	12:20	26	2287	Hartley Isabel	Trawden Road Runners	14:21	
10	1917	Davies Clara	Team North Cumbria	12:25	27	757	Fearon Isobel	Liverpool Pembroke Sefton	14:55	
11	1066	Danby Kate	Preston Harriers	12:25	28	2503	Swales Ollie	Blackpool Wyre & Fylde Ac	15:10	
12	756	Williamson Jennifer	Liverpool Pembroke Sefton	12:33	29	2285	Aherne Jasmine	Trawden Road Runners	15:18	
13	1273	Elsden Sarah	Wigan & District Harriers	12:37	30	697	Bohannon Lucy	Lytham St Annes RR	15:35	
14	460	Oldham Sasha	Lancaster & Morecambe Ac	12:40	31	759	Sutter Rachael	Liverpool Pembroke Sefton	15:42	
15	461	Hamilton Kirsty	Lancaster & Morecambe Ac	12:52	32	758	Sutter Jennifer	Liverpool Pembroke Sefton	16:14	
16	2266	Moynihan Nicola	Hyndburn Ac	12:58	33	1158	Murray Ella	Kirkby Milers	16:47	
17	618	Winstanley Hollie	Blackpool Wyre & Fylde Ac	13:08						

## Race 4 - Under 15 Girls — TEAM RESULTS

1	Preston Harriers	21	—	4	Lucy Treadell	6	Emma Fulton	11	Kate Danby
2	Wigan & District Harriers	35	—	3	Charlotte Edwards	13	Sarah Eldsen	19	Lara Wilson
3	Liverpool Pembroke Sefton	50	—	12	Jennifer Williamson	18	Annabel Corlett	20	Amelia Hitchmough
4	Lancaster & Morecambe Ac	50	—	14	Sasha Oldham	15	Kirsty Hamilton	21	Anna Harrison
5	Clayton Le Moors Harriers	50	—	5	Briony Holt	22	Eleanor Root	23	Liberty Thompson
6	Blackpool Wyre & Fylde Ac	53	—	8	Danielle Whipp	17	Hollie Winstanley	28	Ollie Swales

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2016

## Race 5 - Under 15 Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	3276	Preddy Benjamin	Preston Harriers	9:55	24	946	Cain James	Southport Waterloo Ac	11:15
2	1445	Mackay Matthew	Rossendale Harriers & Ac	10:05	25	3282	Hankin Thomas	Liverpool Pembroke Sefton	11:16
3	315	Ramsden Matthew	Blackburn Harriers	10:16	26	2438	Foster Fletcher	Liverpool Pembroke Sefton	11:17
4	510	Stanley James	Lancaster & Morecambe Ac	10:17	27	785	Corcoran Thomas	Liverpool Pembroke Sefton	11:17
5	1899	Wilkes Lewis	Horwich RMI Harriers	10:18	28	1125	Marsden Euan	Preston Harriers	11:28
6	3277	Knowles Matthew	Lancaster & Morecambe Ac	10:18	29	2437	Sutcliffe Oliver	Liverpool Pembroke Sefton	11:29
7	781	Dickinson Tom	Liverpool Pembroke Sefton	10:21	30	1667	Goldthorpe Oliver	Chorley AC	11:37
8	3278	Harding Charlie	Team North Cumbria	10:23	31	3283	Parry Max	Team North Cumbria	11:40
9	3008	Forrest Benjamin	Rossendale Harriers & Ac	10:23	32	1928	Stone Sam	Team North Cumbria	11:42
10	515	Pyle William	Lancaster & Morecambe Ac	10:29	33	3284	Joyce Than	Blackburn Harriers	11:47
11	3279	Ford Jamie	Liverpool Harriers & AC	10:29	34	3285	Roelants Joshua	Kendal AAC	11:55
12	3280	Flaherty Sam	Liverpool Harriers & AC	10:39	35	784	Russo Matthew	Liverpool Pembroke Sefton	11:58
13	676	Smith James	Blackpool Wyre & Fylde Ac	10:41	36	314	Ingleson Luke	Blackburn Harriers	12:02
14	674	Lund Joe	Blackpool Wyre & Fylde Ac	10:45	37	3286	Umpleby Joey	Kendal AAC	12:09
15	3281	Smith Jacob	Kendal AAC	10:49	38	2543	Wilkin Harry	Blackburn Harriers	12:13
16	1902	Seddon Robert	Horwich RMI Harriers	10:50	39	2126	Chew Daniel	Barlick Fell Runners	12:16
17	1669	Roberts Thomas	Chorley AC	10:53	40	3287	Gilland Jack	Liverpool Harriers & AC	12:17
18	308	Thomas Leon	Blackburn Harriers	10:54	41	1127	Halliday Aaron	Preston Harriers	13:59
19	310	Teare Jamie	Blackburn Harriers	10:55	42	3288	Umpleby Toby	Kendal AAC	14:17
20	945	Pike Harry	Southport Waterloo Ac	10:56	43	1182	Cope Daniel	Kirby Milers	14:25
21	307	Meikleham Bradley	Blackburn Harriers	11:02	44	2477	Baldwin Arran	Preston Harriers	16:04
22	1903	Brindle Luke	Horwich RMI Harriers	11:07	45	2476	Coleman Harry	Preston Harriers	16:50
23	671	Tickle Jack	Blackpool Wyre & Fylde Ac	11:11	46	3298	Beardwood Lottie	Kendal AAC	27:58

## Race 5 - Under 15 Boys — TEAM RESULTS

1	Lancaster & Morecambe Ac	20	—	4	James Stanley	6	Matthew Knowles	10	William Pyle
2	Blackburn Harriers	40	—	3	Matthew Ramsden	18	Leon Thomas	19	Jamie Teare
3	Horwich RMI Harriers	43	—	5	Lewis Wilkes	16	Robert Seddon	22	Luke Brindle
4	Blackpool Wyre & Fylde Ac	50	—	13	James Smith	14	Joe Lund	23	Jack Tickle
5	Liverpool Pembroke Sefton	58	—	7	Tom Dickinson	25	Thomas Hankin	26	Fletcher Foster
6	Liverpool Harriers & AC	63	—	11	Jamie Ford	12	Sam Flaherty	40	Jack Gilland
7	Preston Harriers	70	—	1	Benjamin Preddy	28	Euan Marsden	41	Aaron Halliday
8	Team North Cumbria	71	—	8	Charlie Harding	31	Max Parry	32	Sam Stone
9	Kendal AAC	86	—	15	Jacob Smith	34	Joshua Roelants	37	Joey Umpleby

## Race 5 - Under 17 Women — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	1916	Davies Esme	Team North Cumbria	15:40	12	3295	Pierce Aimee	Liverpool Harriers & AC	18:40
2	3289	Ireland Faye	Liverpool Harriers & AC	16:02	13	1063	Rotherham Sophie	Preston Harriers	18:43
3	3290	Cook Jessica	Liverpool Harriers & AC	16:24	14	748	Molyneux Morag	Liverpool Pembroke Sefton	18:43
4	228	Elliott Maddie	Blackburn Harriers	16:59	15	1065	Morris Charlotte	Preston Harriers	18:53
5	1062	Ward Eleanor	Preston Harriers	17:06	16	3296	Coy Charlie	Blackburn Harriers	19:28
6	3291	Moulding Ella	Preston Harriers	17:25	17	3297	Lucass Emily	Liverpool Harriers & AC	19:32
7	3292	Morgan Jade	Liverpool Harriers & AC	17:52	18	1270	Wheatley Lauren	Wigan & District Harriers	20:06
8	3293	Raine Millie	Liverpool Harriers & AC	18:04	19	749	Dickinson Flossie	Liverpool Pembroke Sefton	20:14
9	230	Cookson Hannah	Blackburn Harriers	18:22	20	227	Black Freya	Blackburn Harriers	20:16
10	1064	Macuras Tegan	Preston Harriers	18:36	21	752	Bunclark Alex	Liverpool Pembroke Sefton	21:08
11	3294	Miller Lucy	Liverpool Harriers & AC	18:38	22	2310	Wiggins Emily	Preston Harriers	25:58

## Race 5 - Under 17 Women — TEAM RESULTS

1	Liverpool Harriers & AC	12	—	2	Faye Ireland	3	Jessica Cook	7	Jade Morgan
2	Preston Harriers	21	—	5	Eleanor Ward	6	Ella Moulding	10	Tegan Macuras
3	Blackburn Harriers	29	—	4	Maddie Elliott	9	Hannah Cookson	16	Charlie Coy
4	Liverpool Pembroke Sefton	54	—	14	Morag Molyneux	19	Flossie Dickinson	21	Alex Bunclark

## Race 6 - Under 17 Men — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	1115	Dunn Nathan	Preston Harriers	17:46	18	2516	Reynolds Kieran	Border Harriers	19:46
2	3300	Ford Joseph	Liverpool Harriers & AC	18:00	19	3308	Dugdale Michael	Helm Hill Runners	19:54
3	1926	Dugdale Joseph	Team North Cumbria	18:03	20	3309	Grixti Matias	Preston Harriers	20:07
4	2026	Dutson Oliver	Border Harriers	18:07	21	3310	Mattinson James	Team North Cumbria	20:10
5	3301	Preston Daniel	Liverpool Harriers & AC	18:23	22	3311	Aubrey Jacob	Helm Hill Runners	20:16
6	3302	Brame Max	Liverpool Harriers & AC	18:23	23	772	Sherwin Glenn	Liverpool Pembroke Sefton	20:27
7	3303	Jones Dan	Liverpool Pembroke Sefton	18:28	24	179	Holt Curtis	Clayton Le Moors Harriers	20:29
8	501	Bowe Thomas	Lancaster & Morecambe Ac	18:41	25	304	Gebbie Joe	Blackburn Harriers	20:29
9	2382	Whitehead Josh	Rossendale Harriers & Ac	18:43	26	3312	Tilley Lewis	Chorley AC	20:31
10	3304	Howard William	Preston Harriers	18:46	27	1662	Norris George	Chorley AC	20:55
11	3305	Bowen Luke	Kendal AAC	18:50	28	3313	Evans Scott	Border Harriers	21:23
12	1121	Higham Niall	Preston Harriers	18:58	29	506	Pyle Thomas	Lancaster & Morecambe Ac	21:49
13	3306	Blaikie Cole	Kendal AAC	19:13	30	181	Wilshaw Simon	Clayton Le Moors Harriers	22:03
14	776	Gordon Joe	Liverpool Pembroke Sefton	19:15	31	3314	Prescot Jay	Liverpool Harriers & AC	22:04
15	3200	Greenbank Harry	Team North Cumbria	19:18	32	2439	Corlett Thomas	Liverpool Pembroke Sefton	22:25
16	3307	Dentith Kyle	Liverpool Harriers & AC	19:36	33	1663	Linford Jon	Chorley AC	24:12
17	500	Twigg Joseph	Lancaster & Morecambe Ac	19:37					

## Race 6 - Under 17 Men — TEAM RESULTS

1	Liverpool Harriers & AC	13	—	2	Joseph Ford	5	Daniel Preston	6	Max Brame
2	Preston Harriers	23	—	1	Nathan Dunn	10	William Howard	12	Niall Higham
3	Team North Cumbria	39	—	3	Joseph Dugdale	15	Harry Greenbank	21	James Mattinson
4	Liverpool Pembroke Sefton	44	—	7	Dan Jones	14	Joe Gordon	23	Glenn Sherwin
5	Border Harriers	50	—	4	Oliver Dutson	18	Kieran Reynolds	28	Scott Evans
6	Lancaster & Morecambe Ac	54	—	8	Thomas Bowe	17	Joseph Twigg	29	Thomas Pyle
7	Chorley AC	86	—	26	Lewis Tilley	27	George Norris	33	Jon Linford

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2016

## Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	220	Howe Phoebe	L20	1 Blackburn Harriers	40:36
2	2064	Newbold Hannah	L20	2 Barlick Fell Runners	43:27

## Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

## Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	3315	Burns Rachael	L	1 Liverpool Harriers & AC	28:42	73	819	Cooper Sharon	L35	15 Wesham Road Runners & Ac	40:32						
2	3316	Clitheroe Helen	L	2 Preston Harriers	28:53	74	220	Howe Phoebe	L20	1 Blackburn Harriers	40:36						
3	608	Japp Emily	L	3 Blackpool Wyre & Fylde Ac	29:04	75	3330	James Carol	L	75 Southport Waterloo Ac	40:37						
4	3317	Howard Sarah	L	4 Liverpool Harriers & AC	30:45	76	3331	Ruman Louisa	L	76 Lytham St Annes RR	40:39						
5	740	Sahgal Helen	L	5 Liverpool Pembroke Sefton	31:28	77	1394	Winder Anastasia	L35	16 Leven Valley AC	40:44						
6	1234	Dutton Tracey	L45	1 Wigan & District Harriers	32:33	78	1393	McNally Liz	L45	17 Leven Valley AC	41:25						
7	1940	Waite Katie	L	7 Barrow & Furness Striders	33:09	79	34	Knightley Jean	L55	6 Clayton Le Moors Harriers	41:28						
8	1480	Singleton Christina	L35	1 Trawden Road Runners	33:21	80	3332	Mistry Bhavna	L	80 Kirkby Milers	41:31						
9	687	Goorney Joanna	L45	2 Lytham St Annes RR	33:24	81	1471	McAndrew Jenny	L35	17 Trawden Road Runners	41:45						
10	3318	Pickup Harriet	L	10 University Of Liverpool AC	33:30	82	3333	Hilton Jan	L	82 Wigan & District Harriers	41:55						
11	2404	Taylor Rebecca	L	11 Blackburn Harriers	33:49	83	3334	Jamieson Vicky	L	83 Southport Waterloo Ac	42:01						
12	816	Carrud Catherine	L45	3 Wesham Road Runners & Ac	33:52	84	1152	Murray Rachel	L35	18 Kirkby Milers	42:04						
13	543	Dixon Sharon	L45	4 Glaxo Hoad Hill Harriers	34:01	85	958	Kevan Carolyn	L55	7 Kendal AAC	42:11						
14	3319	Rashleigh Janet	L	14 Horwich RMI Harriers	34:09	86	3335	Barlow Tanya	L	86 Wesham Road Runners & Ac	42:20						
15	2055	Villiers Rachel	L35	2 Barlick Fell Runners	34:31	87	959	Booth Susan	L55	8 Kendal AAC	42:26						
16	1367	Wade Anna	L	16 Riversway Road Runners	35:07	88	593	Titterington Alison	L55	9 Blackpool Wyre & Fylde Ac	42:27						
17	3320	Manir Jolley Lynn	L	17 Wigan Phoenix	35:11	89	684	Rolfe Julia	L45	18 Lytham St Annes RR	42:28						
18	1250	Dootson Laura	L	18 Wigan & District Harriers	35:14	90	2379	Atherton Lisa	L45	19 Wigan & District Harriers	42:31						
19	1936	Seddon Jill	L35	3 Barrow & Furness Striders	35:15	91	2356	Bradbury Amanda	L	91 Southport Waterloo Ac	42:33						
20	3321	TRAFFORD IMOGEN	L	20 University Of Liverpool AC	35:30	92	1725	Porter Debbie	L45	20 Red Rose Road Runners	42:47						
21	3322	Unsworth Victoria	L	21 Liverpool Harriers & AC	35:40	93	872	Stewart Sue	L65	1 Southport Waterloo Ac	42:49						
22	3323	Pyatt Emma	L	22 University Of Liverpool AC	35:49	94	880	Lodge Helen	L45	21 Southport Waterloo Ac	43:01						
23	605	Gilderdale Laura	L	23 Blackpool Wyre & Fylde Ac	35:53	95	3336	Lavelle Helen	L	95 Southport Waterloo Ac	43:14						
24	742	Jones Vicky	L	24 Liverpool Pembroke Sefton	35:54	96	996	Belteki Zsofia	L	96 Lancaster University	43:17						
25	2052	Bailey Emma	L35	4 Barlick Fell Runners	35:55	97	2064	Newbold Hannah	L20	2 Barlick Fell Runners	43:27						
26	1237	Platt Julie	L45	5 Wigan & District Harriers	35:59	98	1258	Kaufman Rebecca	L	98 Wigan & District Harriers	43:32						
27	594	Wright Bev	L55	1 Blackpool Wyre & Fylde Ac	36:00	99	3337	Grisdale Cath	L	99 Barrow & Furness Striders	44:00						
28	1055	Essex-Crosby Emma	L35	5 Preston Harriers	36:06	100	1364	Jackson Emma	L35	19 Riversway Road Runners	44:09						
29	1246	Brearton Danielle	L35	6 Wigan & District Harriers	36:32	101	2484	Bellhouse Gina	L45	22 Southport Waterloo Ac	44:12						
30	2386	Berends Lindsey	L35	7 Preston Harriers	36:36	102	804	Eccles Kerry	L45	23 Wesham Road Runners & Ac	44:17						
31	3324	Allan Tracey	L	31 Southport Waterloo Ac	36:45	103	50	Burnett Helen	L45	24 Clayton Le Moors Harriers	44:18						
32	12	McAvoy Amie	L	32 Garstang Running Club	36:55	104	3338	Smith Amanda	L	104 Wigan Phoenix	44:30						
33	1229	Jones Jacqui	L45	6 Wigan & District Harriers	36:58	105	1053	Haworth Melanie	L35	20 Preston Harriers	44:31						
34	995	Hebbert Lizzie	L	34 Lancaster University	37:03	106	1462	Rowlands Charis	L45	25 Trawden Road Runners	44:38						
35	1934	Travers Kerry	L45	7 Barrow & Furness Striders	37:08	107	1225	Foster Pauline	L55	10 Wigan & District Harriers	44:41						
36	2351	Preece Shan	L	36 Lancaster University	37:08	108	3339	Flynn Andrea	L	108 Kirkby Milers	44:49						
37	405	Fletcher Susan	L35	8 Astley & Tyldesley RR	37:09	109	1727	Oates Pita	L45	26 Red Rose Road Runners	45:11						
38	1912	Davies Kerry	L45	8 Team North Cumbria	37:25	110	2491	Jolly Michelle	L45	27 Red Rose Road Runners	45:23						
39	1939	Jackson Leanne	L	39 Barrow & Furness Striders	37:42	111	8890	O'Driscoll Lilly	L	111 Southport Waterloo Ac	45:31						
40	1372	Thomson Alison	L	40 Riversway Road Runners	37:43	112	1711	Mercer Alison	L45	28 Red Rose Road Runners	45:38						
41	340	Bansal Nikki	L	41 Wigan Phoenix	37:43	113	6	Cottam Sheena	L45	29 Garstang Running Club	45:44						
42	348	Gregory Amanda	L	42 Wigan Phoenix	37:44	114	1153	Kelsall Helen	L35	21 Kirkby Milers	45:44						
43	1051	Kalasingam Loy	L45	9 Preston Harriers	37:56	115	603	Maher Dawn	L	115 Blackpool Wyre & Fylde Ac	45:50						
44	2357	Simpson Nicola	L	44 Southport Waterloo Ac	38:07	116	3340	Williams Emma	L	116 Kirkby Milers	45:58						
45	2164	McLaughlan Caroline	L35	9 Thornton Cleveleys RC	38:11	117	435	Preston Lisa	L45	30 Lancaster & Morecambe Ac	45:59						
46	3325	Wilson Karen	L	46 Southport Waterloo Ac	38:13	118	3341	Barton Sally	L	118 Glaxo Hoad Hill Harriers	46:03						
47	1227	Rasburn Caroline	L45	10 Wigan & District Harriers	38:17	119	1	Hewitt Mary	L55	11 Garstang Running Club	46:09						
48	683	Holmes Barbara	L55	2 Lytham St Annes RR	38:25	120	3342	Carter Christine	L	120 Kirkby Milers	46:28						
49	596	Smith Andrea	L45	11 Blackpool Wyre & Fylde Ac	38:29	121	207	Davies Lindsay	L35	22 Blackburn Harriers	46:32						
50	1758	Hughes Nicola	L	50 Red Rose Road Runners	38:35	122	3343	Cooper Keisha	L	122 Wigan Phoenix	46:34						
51	2548	Hunt Daisy	L	51 Lancaster University	38:37	123	5	Patefield Julia	L45	31 Garstang Running Club	46:53						
52	3326	Houghton Jennifer	L	52 Kirkby Milers	38:40	124	3344	Vickers Lyn	L	124 Southport Waterloo Ac	47:12						
53	2312	Abbott Michelle	L35	10 Clayton Le Moors Harriers	38:46	125	3345	Stevens Vicky	L	125 Kirkby Milers	47:32						
54	595	Dunford Karen	L45	12 Blackpool Wyre & Fylde Ac	38:49	126	1046	Wickham Sue	L55	12 Preston Harriers	47:42						
55	2366	Bouffler Sarah	L35	11 Barrow & Furness Striders	38:51	127	2311	Wiggins Olga	L35	23 Preston Harriers	47:51						
56	35	Roche Irene	L55	3 Clayton Le Moors Harriers	38:51	128	2446	Muller Nicola	L	128 Barlick Fell Runners	47:54						
57	963	Warth Rachel	L35	12 Kendal AAC	38:59	129	1043	Deakin Judith	L65	2 Preston Harriers	48:04						
58	2519	Travis Heather	L35	13 Glaxo Hoad Hill Harriers	39:08	130	2531	Terras Deborah	L45	32 Blackpool Wyre & Fylde Ac	48:28						
59	1369	Ashford Charlotte	L	59 Riversway Road Runners	39:11	131	878	Sutton Elaine	L45	33 Southport Waterloo Ac	48:35						
60	1362	Munnely Karen	L45	13 Riversway Road Runners	39:20	132	1223	Cole Pat	L55	13 Wigan & District Harriers	48:52						
61	3327	Ainsworth Chloe	L	61 Wigan Phoenix	39:23	133	681	Gittins Sylvia	L65	3 Lytham St Annes RR	49:40						
62	346	Fletcher Hayley	L	62 Wigan Phoenix	39:23	134	874	Blacklin Jane	L55	14 Southport Waterloo Ac	50:08						
63	2060	Naylor Karen	L	63 Barlick Fell Runners	39:26	135	1224	Taylor Pauline	L55	15 Wigan & District Harriers	50:42						
64	398	Whittaker Linda	L45	14 Astley & Tyldesley RR	39:36	136	60	Carey Judith	L35	24 Clayton Le Moors Harriers	51:53						
65	3328	Thompson Jennifer	L	65 Wesham Road Runners & Ac	39:39	137	2059	Milligan Donna	L	137 Barlick Fell Runners	52:29						
66	2368	Shaw Anna	L	66 Glaxo Hoad Hill Harriers	39:45	138	692	Johnson Allen Olivia	L	138 Lytham St Annes RR	52:46						
67	3329	Priestley Dianne	L	67 Kendal AAC	39:48	139	3346	Wignall Rachel	L	139 Lytham St Annes RR	52:46						
68	1719	Parkinson Alison	L45	15 Red Rose Road Runners	39:57	140	1731	Walsh Louise	L45	34 Red Rose Road Runners	54:11						
69	803	Hoyer Kath	L55	4 Wesham Road Runners & Ac	40:06	141	1734	Hyde Lisa	L35	25 Red Rose Road Runners	54:51						
70	1228	Taylor Shona	L45	16 Wigan & District Harriers	40:14	142	36	Allen Susan	L55	16 Clayton Le Moors Harriers	54:58						
71	873	Cooper Sue	L55	5 Southport Waterloo Ac	40:24	143	32	Leathley Christine	L65	4 Clayton Le Moors Harriers	56:48						
72	437	Stapleton Emily	L35	14 Lancaster & Morecambe Ac	40:26	144	680	Lock Dawn	L65	5 Lytham St Annes RR	1:05:39						

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2016

## Race 6 - Ladies over 18 — TEAM RESULTS

1	Liverpool Harriers & AC	26	—	1	Rachael Burns	4	Sarah Howard	21	Victoria Unsworth
2	Wigan & District Harriers	50	—	6	Tracey Dutton	18	Laura Dootson	26	Julie Platt
3	University Of Liverpool AC	52	—	10	Harriet Pickup	20	IMOGEN TRAFFORD	22	Emma Pyatt
4	Blackpool Wyre & Fylde Ac	53	—	3	Emily Japp	23	Laura Gilderdale	27	Bev Wright
5	Preston Harriers	60	—	2	Helen Clitheroe	28	Emma Essex-Crosby	30	Lindsey Berends
6	Barrow & Furness Striders	61	—	7	Katie Waite	19	Jill Seddon	35	Kerry Travers
7	Wigan Phoenix	100	—	17	Jolley Llynn Manir	41	Nikki Bansal	42	Amanda Gregory
8	Barlick Fell Runners	103	—	15	Rachel Villiers	25	Emma Bailey	63	Karen Naylor
9	Wigan & District Harriers 'B'	109	—	29	Danielle Brearton	33	Jacqui Jones	47	Caroline Rasburn
10	Riversway Road Runners	115	—	16	Anna Wade	40	Alison Thomson	59	Charlotte Ashford
11	Southport Waterloo Ac	121	—	31	Tracey Allan	44	Nicola Simpson	46	Karen Wilson
12	Lancaster University	121	—	34	Lizzie Hebbert	36	Shan Preece	51	Daisy Hunt
13	Lytham St Annes RR	133	—	9	Joanna Goorney	48	Barbara Holmes	76	Louisa Ruman
14	Glaxo Hoad Hill Harriers	137	—	13	Sharon Dixon	58	Heather Travis	66	Anna Shaw
15	Wesham Road Runners & Ac	146	—	12	Catherine Carrdus	65	Jennifer Thompson	69	Kath Hoyer
16	Clayton Le Moors Harriers	188	—	53	Michelle Abbott	56	Irene Roche	79	Jean Knightley
17	Blackpool Wyre & Fylde Ac 'B'	191	—	49	Andrea Smith	54	Karen Dunford	88	Alison Titterington
18	Barrow & Furness Striders 'B'	193	—	39	Leanne Jackson	55	Sarah Bouffler	99	Cath Grisdale
19	Trawden Road Runners	195	—	8	Christina Singleton	81	Jenny McAndrew	106	Charis Rowlands
20	Blackburn Harriers	206	—	11	Rebecca Taylor	74	Phoebe Howe	121	Lindsay Davies
21	Kendal AAC	209	—	57	Rachel Warth	67	Dianne Priestley	85	Carolyn Kevan
22	Red Rose Road Runners	210	—	50	Nicola Hughes	68	Alison Parkinson	92	Debbie Porter
23	Kirkby Milers	216	—	52	Jennifer Houghton	80	Bhavna Mistry	84	Rachel Murray
24	Wigan Phoenix 'B'	227	—	61	Chloe Ainsworth	62	Hayley Fletcher	104	Amanda Smith
25	Southport Waterloo Ac 'B'	229	—	71	Sue Cooper	75	Carol James	83	Vicky Jamieson
26	Wesham Road Runners & Ac 'B'	261	—	73	Sharon Cooper	86	Tanya Barlow	102	Kerry Eccles
27	Garstang Running Club	264	—	32	Amie McAvoy	113	Sheena Cottam	119	Mary Hewitt
28	Preston Harriers 'B'	274	—	43	Loy Kalasiram	105	Melanie Haworth	126	Sue Wickham
29	Red Rose Road Runners 'B'	331	—	109	Pita Oates	110	Michelle Jolly	112	Alison Mercer
30	Kirkby Milers 'B'	338	—	108	Andrea Flynn	114	Helen Kelsall	116	Emma Williams
31	Lytham St Annes Road Runne 'B'	360	—	89	Julia Rolfe	133	Sylvia Gittins	138	Allen Olivia Johnson
32	Barlick Fell Runners 'B'	362	—	97	Hannah Newbold	128	Nicola Muller	137	Donna Milligan
33	Clayton Le Moors Harriers 'B'	381	—	103	Helen Burnett	136	Judith Carey	142	Susan Allen

## Race 6 - Ladies over 35 — TEAM RESULTS

1	Wigan & District Harriers	22	—	1	Tracey Dutton	9	Julie Platt	12	Danielle Brearton
2	Preston Harriers	42	—	11	Emma Essex-Crosby	13	Lindsey Berends	18	Loy Kalasiram
3	Barrow & Furness Striders	47	—	7	Jill Seddon	15	Kerry Travers	25	Sarah Bouffler
4	Blackpool Wyre & Fylde Ac	56	—	10	Bev Wright	22	Andrea Smith	24	Karen Dunford
5	Lytham St Annes RR	69	—	3	Joanna Goorney	21	Barbara Holmes	45	Julia Rolfe
6	Wesham Road Runners & Ac	72	—	4	Catherine Carrdus	32	Kath Hoyer	36	Sharon Cooper
7	Clayton Le Moors Harriers	88	—	23	Michelle Abbott	26	Irene Roche	39	Jean Knightley
8	Trawden Road Runners	97	—	2	Christina Singleton	40	Jenny McAndrew	55	Charis Rowlands
9	Kendal AAC	112	—	27	Rachel Warth	42	Carolyn Kevan	43	Susan Booth
10	Southport Waterloo Ac	131	—	34	Sue Cooper	48	Sue Stewart	49	Helen Lodge
11	Red Rose Road Runners	135	—	31	Alison Parkinson	47	Debbie Porter	57	Pita Oates
12	Garstang Running Club	188	—	60	Sheena Cottam	63	Mary Hewitt	65	Julia Patefield

## Race 6 - Ladies over 45 — TEAM RESULTS

1	Wigan & District Harriers	13	—	1	Tracey Dutton	5	Julie Platt	7	Jacqui Jones
2	Blackpool Wyre & Fylde Ac	33	—	6	Bev Wright	13	Andrea Smith	14	Karen Dunford
3	Lytham St Annes RR	41	—	2	Joanna Goorney	12	Barbara Holmes	27	Julia Rolfe
4	Wesham Road Runners & Ac	55	—	3	Catherine Carrdus	19	Kath Hoyer	33	Kerry Eccles
5	Clayton Le Moors Harriers	72	—	15	Irene Roche	23	Jean Knightley	34	Helen Burnett
6	Southport Waterloo Ac	82	—	21	Sue Cooper	30	Sue Stewart	31	Helen Lodge
7	Red Rose Road Runners	84	—	18	Alison Parkinson	29	Debbie Porter	37	Pita Oates
8	Preston Harriers	99	—	10	Loy Kalasiram	44	Sue Wickham	45	Judith Deakin
9	Garstang Running Club	125	—	40	Sheena Cottam	42	Mary Hewitt	43	Julia Patefield

## Race 6 - Ladies over 55 — TEAM RESULTS

1	Clayton Le Moors Harriers	28	—	3	Irene Roche	6	Jean Knightley	19	Susan Allen
2	Southport Waterloo Ac	32	—	5	Sue Cooper	10	Sue Stewart	17	Jane Blacklin
3	Lytham St Annes RR	39	—	2	Barbara Holmes	16	Sylvia Gittins	21	Dawn Lock
4	Wigan & District Harriers	44	—	11	Pauline Foster	15	Pat Cole	18	Pauline Taylor

## Race 6 - Ladies over 65 — TEAM RESULTS

No complete teams

## Race 6 - Vet 70 Men — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time
1	828	Waywell Dave	V70 1 Wesham Road Runners & Ac	43:58

## Race 6 - Vet 70 Men — TEAM RESULTS

No complete teams

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2016

## Senior Men — PROVISIONAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time				
1	1111	Dever Patrick		Preston Harriers	29:48	86	2367	Tomkinson Mark	V4012 Glaxo Hoad Hill Harriers 38:21
2	3347	Farrell Christopher		Horwich RMI Harriers	30:46	87	1306	Morgan-Hillam Mark	V4013 Wigan & District Harriers 38:23
3	3348	Warner Robert		Blackburn Harriers	30:55	88	1334	Nicholls Stephen	Wigan & District Harriers 38:25
4	3349	Ashcroft John		Liverpool Harriers & AC	31:09	89	1536	Potter Dave	V4014 Trawden Road Runners 38:27
5	3350	Jackson Matt		Liverpool Harriers & AC	31:13	90	1108	Grimshaw Andy	Preston Harriers 38:32
6	2017	Grieve Matthew		Border Harriers	31:17	91	916	Sprackland John	V50 2 Southport Waterloo Ac 38:33
7	3351	Burney Richard		Liverpool Harriers & AC	31:36	92	3375	Christian Martin	Kirkby Milers 38:34
8	2485	Cayton Michael		Horwich RMI Harriers	31:38	93	1313	Baines Simon	V4015 Wigan & District Harriers 38:36
9	2012	Douglas James		Border Harriers	31:46	94	423	Hughes Neil	V4016 Astley & Tyldesley RR 38:37
10	1971	Waite Phil		Barrow & Furness Striders	31:54	95	859	Barlow Lee	V4017 Wesham Road Runners & Ac 38:39
11	289	Raynes Tim		Blackburn Harriers	32:10	96	1097	Durney Alan	V50 3 Preston Harriers 38:45
12	2113	Corrigan Thomas		Barlick Fell Runners	32:25	97	3376	Duckworth Matthew	Clayton Le Moors Harriers 38:47
13	938	Johnson Ben		Southport Waterloo Ac	32:37	98	3377	Kasabov Bozhibar	Wigan & District Harriers 38:48
14	3352	Bell Kevin		Liverpool Harriers & AC	32:40	99	3378	Quirk Kristian	Liverpool Harriers & AC 38:52
15	1110	Bebbington Daniel		Preston Harriers	32:44	100	421	Ford Simon	V4018 Astley & Tyldesley RR 38:53
16	3353	Holdsworth Christoph		Clayton Le Moors Harriers	32:46	101	3379	Halson John	Liverpool Pembroke Sefton 38:53
17	2424	Foster Harry		Kendal AAC	32:52	102	1301	Harris Mike	V4019 Wigan & District Harriers 38:59
18	1973	Campbell Ross		Barrow & Furness Striders	33:04	103	3380	Harrison Sam	Red Rose Road Runners 38:59
19	2018	Landon Ross		Border Harriers	33:19	104	3381	Gilbody Danny	Liverpool Pembroke Sefton 39:03
20	989	Hoyle Michael		Kendal AAC	33:20	105	2034	Pennington Brian	V4020 Howgill Harriers 39:09
21	1412	Shaw Gary	V40 1	Burnley Ac	33:25	106	3382	Connolly John	Liverpool Harriers & AC 39:21
22	2123	Craig James		Barlick Fell Runners	33:39	107	2088	Pawson Carl	V4021 Barlick Fell Runners 39:22
23	939	Walsh Ciaran		Southport Waterloo Ac	33:48	108	3383	Joinson Ian	Kirkby Milers 39:25
24	2105	Livesey Ian		Barlick Fell Runners	33:59	109	3384	Walker Tom	Lancaster University 39:28
25	3354	Hassan Charla		Liverpool Harriers & AC	34:02	110	1104	Wales Chris	V4022 Preston Harriers 39:33
26	990	Ingham Robbie		Kendal AAC	34:12	111	3385	Owens Paul	Liverpool Harriers & AC 39:37
27	1894	Bruton Jonathan		Horwich RMI Harriers	34:15	112	3386	Addison Ken	Red Rose Road Runners 39:38
28	2119	Hartley Marc		Barlick Fell Runners	34:25	113	570	Howie Christopher	V4023 Glaxo Hoad Hill Harriers 39:42
29	3355	Davies Chris		Blackburn Harriers	34:25	114	2416	Waddelove Alex	Preston Harriers 39:44
30	3356	Whiston Ryan		Liverpool Harriers & AC	34:27	115	3387	Pedder Chris	Liverpool Pembroke Sefton 39:46
31	3357	Ashton Alan		Liverpool Harriers & AC	34:28	116	1661	Sciacca Ryan	Chorley AC 39:47
32	2550	Hessini Andre		Lancaster University	34:29	117	2544	Vornhagen Lars	Lancaster University 39:55
33	924	Hamilton David	V40 2	Southport Waterloo Ac	34:31	118	2115	Carson Andrew	Barlick Fell Runners 39:55
34	659	Hayes Daniel		Blackpool Wyre & Fylde Ac	34:38	119	3388	Christie Andy	Red Rose Road Runners 40:00
35	288	Blaney Thomas		Blackburn Harriers	34:39	120	575	Jackson Andy	V4024 Glaxo Hoad Hill Harriers 40:08
36	2509	Sache Ben	U20 1	Lancaster University	34:42	121	2546	Walker Alex	Lancaster University 40:13
37	1006	Butcher Ross	U20 2	Lancaster University	34:44	122	1647	Leigh Ian	V4025 Chorley AC 40:14
38	1109	Smith Richard		Preston Harriers	34:47	123	2317	Holt Andrew	V4026 Clayton Le Moors Harriers 40:18
39	934	Dunham Mark		Southport Waterloo Ac	34:49	124	563	Dover Gary	V50 4 Glaxo Hoad Hill Harriers 40:19
40	2104	Parrington Lee		Barlick Fell Runners	34:49	125	1400	McNally Dave	Leven Valley AC 40:20
41	3358	Martin Euan		Liverpool Harriers & AC	34:50	126	146	Cran Alex	V4027 Clayton Le Moors Harriers 40:22
42	1331	Kaufman Andrew		Wigan & District Harriers	34:51	127	1094	Griffiths John	V50 5 Preston Harriers 40:24
43	1523	Gaskell Nick	V40 3	Trawden Road Runners	34:59	128	919	Roome Peter	V50 6 Southport Waterloo Ac 40:24
44	3359	Moran Ian		Liverpool Harriers & AC	35:02	129	1651	Chamley Chris	V4028 Chorley AC 40:25
45	3360	Benson Jon		Barrow & Furness Striders	35:06	130	582	Nutt Cian	Glaxo Hoad Hill Harriers 40:26
46	3361	Luscombe Laurie		Liverpool Harriers & AC	35:06	131	1311	Bryers Paul	V4029 Wigan & District Harriers 40:26
47	1100	Butler Gethin	V40 4	Preston Harriers	35:08	132	1960	Sadler Ian	V50 7 Barrow & Furness Striders 40:29
48	492	Leadbeater Mark		Lancaster & Morecambe Ac	35:35	133	388	Melbourne Mark	Wigan Phoenix 40:29
49	728	Greenwood Joe		Lytham St Annes RR	35:36	134	3389	Rashid Sammy	Liverpool Pembroke Sefton 40:29
50	2111	Treit Nick		Barlick Fell Runners	35:40	135	2369	Robinson Simon	Red Rose Road Runners 40:30
51	3362	Buttery Andy		Blackburn Harriers	35:50	136	3390	Woodruffe Steve	Red Rose Road Runners 40:31
52	3363	Weeks Richard		Liverpool Pembroke Sefton	35:50	137	663	Simm Andrew	Blackpool Wyre & Fylde Ac 40:35
53	727	McCarthy Christopher		Lytham St Annes RR	35:54	138	914	Adshead Neil	V50 8 Southport Waterloo Ac 40:39
54	2423	Everett Ryan	U20 3	Barrow & Furness Striders	36:06	139	933	Warrington Paul	Southport Waterloo Ac 40:39
55	3364	Gratix Quentin		Kendal AAC	36:08	140	121	Davies Kevin	V50 9 Clayton Le Moors Harriers 40:42
56	259	Chippendale Mark	V40 5	Blackburn Harriers	36:13	141	1308	Jackson Darren	V4030 Wigan & District Harriers 40:44
57	3365	Wynne Mark		Liverpool Pembroke Sefton	36:17	142	921	Tobin Simon	V5010 Southport Waterloo Ac 40:56
58	419	Campbell Tim	V40 6	Astley & Tyldesley RR	36:25	143	909	Johnson Rob	V60 1 Southport Waterloo Ac 41:00
59	3366	Higham Dale		Liverpool Harriers & AC	36:28	144	3391	Shaw Dan	Wesham Road Runners & Ac 41:05
60	2459	Aspinall Robert	V50 1	Clayton Le Moors Harriers	36:30	145	2506	Fowler Alec	U20 7 Lancaster University 41:06
61	2086	Holgate Mark	V40 7	Barlick Fell Runners	36:34	146	1174	Wilton Gary	Kirkby Milers 41:08
62	2504	Turner Jack	U20 4	Lancaster University	36:34	147	724	Tate Neil	Lytham St Annes RR 41:12
63	3367	Cain John		Liverpool Harriers & AC	36:35	148	985	Mann Paul	Kendal AAC 41:16
64	2087	Barton Virgil	V40 8	Barlick Fell Runners	36:36	149	917	Fitzpatrick Ian	V5011 Southport Waterloo Ac 41:16
65	1832	Hughes Daniel		Red Rose Road Runners	36:45	150	583	Southward Tom	Glaxo Hoad Hill Harriers 41:16
66	3368	Midghall Lee		Liverpool Harriers & AC	36:48	151	138	Dorrington Alan	V4031 Clayton Le Moors Harriers 41:18
67	3369	Brame Peter		Liverpool Harriers & AC	36:58	152	3392	Dayo Kenny	Kirkby Milers 41:20
68	3370	Kirkbride Sean		Liverpool Pembroke Sefton	37:00	153	3393	Daly David	Kirkby Milers 41:24
69	392	Hilton James		Wigan Phoenix	37:02	154	1962	Grace Neil	V4032 Barrow & Furness Striders 41:25
70	1820	Anderson Duncan		Red Rose Road Runners	37:12	155	1831	Wheeler Barry	Red Rose Road Runners 41:28
71	2091	Chew Andrew		Barlick Fell Runners	37:15	156	1091	Rainford John	V5012 Preston Harriers 41:29
72	2480	Francis Ben		Lancaster University	37:18	157	1324	Wane Gary	Wigan & District Harriers 41:31
73	1004	Barltrop Callum	U20 5	Lancaster University	37:21	158	1392	Williams Chris	Riversway Road Runners 41:32
74	3371	Potts Colin		Liverpool Harriers & AC	37:32	159	391	Partington Lee	Wigan Phoenix 41:34
75	987	Sisson William		Kendal AAC	37:32	160	565	Dixon Sean	V5013 Glaxo Hoad Hill Harriers 41:34
76	2411	Simon James		Red Rose Road Runners	37:33	161	3394	Wood Robbie	Liverpool Pembroke Sefton 41:38
77	488	Pyle Chris	V40 9	Lancaster & Morecambe Ac	37:50	162	2033	Wells Richard	V4033 Howgill Harriers 41:40
78	2218	Swift Jordan		Chorley AC	37:55	163	665	Tremble Darren	Blackpool Wyre & Fylde Ac 41:41
79	1002	Okell Jack		Lancaster University	37:56	164	3395	Essex-Crosby Christo	Horwich RMI Harriers 41:46
80	571	Chadwick Jeffrey	V4010	Glaxo Hoad Hill Harriers	37:56	165	3396	Cornwell Kevin	Liverpool Harriers & AC 41:48
81	3372	Deyne Simon		Wesham Road Runners & Ac	38:01	166	115	Horrocks Brian	V5014 Clayton Le Moors Harriers 41:50
82	1411	Hanson Mark	V4011	Burnley Ac	38:02	167	3397	McMahon Carl	Southport Waterloo Ac 41:51
83	3373	Manir Jolley Mo		Wigan Phoenix	38:05	168	1388	Manning Pete	Riversway Road Runners 41:54
84	2479	Settle Sam	U20 6	Lancaster University	38:09	169	3398	Hummerlink Ronald	Lancaster & Morecambe Ac 41:55
85	3374	Hawkins Mitchell		Liverpool Harriers & AC	38:14	170	2125	Boardman Scott	Barlick Fell Runners 41:57

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

171	2549	Robinson Max	U20	8	Lancaster University	41:58	237	910	Davey Brian	V60	9	Southport Waterloo Ac	45:13	
172	124	Wilcock John	V5015		Clayton Le Moors Harriers	41:58	238	2535	Holliday Matthew	V5033		Garstang Running Club	45:24	
173	3399	O'Callaghan Mark			Kirkby Milers	42:00	239	277	Hartley Allan	V4050		Blackburn Harriers	45:28	
174	2510	Thomas David			Lancaster University	42:01	240	1293	Edwards Kevin	V5034		Wigan & District Harriers	45:30	
175	3400	Butler Phillip			Red Rose Road Runners	42:07	241	573	Hampton Erik	V4051		Glaxo Hoad Hill Harriers	45:34	
176	264	Greenough Craig	V4034		Blackburn Harriers	42:08	242	1389	Lawrence Samuel			Riversway Road Runners	45:41	
177	2079	Bradley Gary	V5016		Barlick Fell Runners	42:12	243	2196	Doyle Ian	V4052		Southport Waterloo Ac	45:44	
178	3401	Vinegard Mike			Garstang Running Club	42:13	244	911	Nelson Matt	V5035		Southport Waterloo Ac	45:48	
179	2496	Sparrow Paul	V4035		Blackpool Wyre & Fylde Ac	42:14	245	1098	Tranter Andrew	V5036		Preston Harriers	45:52	
180	3402	Iddon Phillip			Chorley AC	42:17	246	3412	Everett Phil			Barrow & Furness Striders	45:57	
181	3403	Gunderson Andy			Preston Harriers	42:26	247	1243	Rex Kevin			Wigan & District Harriers	46:06	
182	3404	Mcculloch Davey			Kirkby Milers	42:30	248	15	Lyons Geoff	V5037		Garstang Running Club	46:07	
183	379	Weall Paul	V4036		Wigan Phoenix	42:31	249	3413	Porter Steven			Wigan Phoenix	46:11	
184	1796	Billington Mark	V5017		Red Rose Road Runners	42:31	250	581	Macdonald Alastair			Glaxo Hoad Hill Harriers	46:13	
185	1384	Lamb Stephen	V4037		Riversway Road Runners	42:36	251	3414	Spencer-Grey Phillip			Astley & Tyldesley RR	46:17	
186	3405	Boulger Andy			Kirkby Milers	42:37	252	927	Silcock Neil	V4053		Southport Waterloo Ac	46:24	
187	2545	Simpson Alex	U20	9	Lancaster University	42:38	253	564	Wilson Alan	V5038		Glaxo Hoad Hill Harriers	46:49	
188	2092	Beresford Peter			Barlick Fell Runners	42:40	254	2106	Cockell David			Barlick Fell Runners	46:51	
189	832	Collier John	V60	2	Wesham Road Runners & Ac	42:42	255	1003	Green Mark			Lancaster University	46:55	
190	1631	Wareing Paul	V5018		Chorley AC	42:43	256	1800	Royle Jon	V4054		Red Rose Road Runners	47:04	
191	1179	Warburton James			Kirkby Milers	42:44	257	2541	Mather Rob	V4055		Red Rose Road Runners	47:08	
192	710	Webster Graham	V60	3	Lytham St Annes RR	42:47	258	1175	Cope Paul			Kirkby Milers	47:20	
193	1168	Rivers Ian	V4038		Kirkby Milers	42:55	259	3415	Conway Andrew			Liverpool Pembroke Sefton	47:23	
194	1788	Nightingale Frank	V5019		Red Rose Road Runners	42:58	260	2542	Hatton Andrew			Blackburn Harriers	47:29	
195	2440	Dickinson John	V5020		Liverpool Pembroke Sefton	42:59	261	2334	Lawrence Christopher	V5039		Clayton Le Moors Harriers	47:36	
196	427	Stevens Gary			Astley & Tyldesley RR	43:01	262	1084	McLoughlin Michael	V6010		Preston Harriers	47:51	
197	1825	Bell Gareth			Red Rose Road Runners	43:02	263	1799	Wharton Ian	V5040		Red Rose Road Runners	47:52	
198	1809	Corcoran Gary	V4039		Red Rose Road Runners	43:03	264	1088	Brown Michael	V5041		Preston Harriers	47:54	
199	2537	Elcock Paul	V4040		Barlick Fell Runners	43:07	265	1864	Jackson Steven	V6011		Horwich RMI Harriers	47:59	
200	2118	Taylor Daniel			Barlick Fell Runners	43:15	266	269	Teare Danny	V4056		Blackburn Harriers	48:03	
201	3406	Davidson Phil			Red Rose Road Runners	43:18	267	566	Davison Peter	V5042		Glaxo Hoad Hill Harriers	48:07	
202	3407	Alexander Danny			Kirkby Milers	43:22	268	3416	Atkinson Ryan			Pendle AC	48:09	
203	2327	Jolly Alan	V5021		Red Rose Road Runners	43:24	269	3417	Waite Howard			Wigan Phoenix	48:10	
204	560	Pinder Graham	V5022		Glaxo Hoad Hill Harriers	43:26	270	3418	Dean Phil			Red Rose Road Runners	48:19	
205	390	Blakemore Paul			Wigan Phoenix	43:28	271	2521	Close Ian	V6012		Blackpool Wyre & Fylde Ac	48:29	
206	1386	Potter Marc	V4041		Riversway Road Runners	43:37	272	145	Quinn Andy	V4057		Clayton Le Moors Harriers	48:47	
207	567	Horrocks Phil	V5023		Glaxo Hoad Hill Harriers	43:38	273	3419	Nicholls Craig			Clayton Le Moors Harriers	48:55	
208	359	Bamford Dave	V5024		Wigan Phoenix	43:39	274	866	Wrigley Ben			Wesham Road Runners & Ac	49:01	
209	1964	Travers Glen	V4042		Barrow & Furness Striders	43:40	275	1884	Murray Alastair	V4058		Horwich RMI Harriers	49:03	
210	2377	Parkinson Roy	V5025		Preston Harriers	43:41	276	2500	Taylor Chris	V4059		Red Rose Road Runners	49:07	
211	1107	Bonsu Stephen			Preston Harriers	43:41	277	116	Browning Peter	V5043		Clayton Le Moors Harriers	49:26	
212	970	McGurk Stuart	V5026		Kendal AAC	43:43	278	3420	Jones Gary			Kirkby Milers	49:42	
213	3408	Hudson Mark			Liverpool Pembroke Sefton	43:44	279	905	Hargreaves Billy	V6013		Southport Waterloo Ac	49:45	
214	1106	Mort Stephen	V4043		Preston Harriers	43:46	280	2415	Sharpley Wayne	V4060		Red Rose Road Runners	49:46	
215	711	Hellings Terry	V60	4	Lytham St Annes RR	43:49	281	557	Evelin Tom	V6014		Glaxo Hoad Hill Harriers	49:49	
216	568	Quinn Paul	V5027		Glaxo Hoad Hill Harriers	43:52	282	1526	Wilcocks Neil	V4061		Trawden Road Runners	49:52	
217	360	Murray Peter	V5028		Wigan Phoenix	43:59	283	3421	Dobie John			Liverpool Pembroke Sefton	49:59	
218	3409	McGowan Mick			Chorley AC	44:01	284	1315	West Keith	V4062		Wigan & District Harriers	50:07	
219	30	Parker Ian	V4044		Garstang Running Club	44:03	285	142	Carey Carl	V4063		Clayton Le Moors Harriers	50:11	
220	1289	Abram Barry	V5029		Wigan & District Harriers	44:04	286	634	Wilkinson Alan	V6015		Blackpool Wyre & Fylde Ac	50:16	
221	3410	Kilmartin Stuart			Chorley AC	44:04	287	1792	Speer Andrew	V5044		Red Rose Road Runners	50:22	
222	1381	Heyworth Gary	V5030		Riversway Road Runners	44:09	288	2533	Pinches Rick	V4064		Blackpool Wyre & Fylde Ac	51:12	
223	1524	Crook James	V4045		Trawden Road Runners	44:11	289	644	Scarr Simon	V5045		Blackpool Wyre & Fylde Ac	51:59	
224	907	Joyce Alan	V60	5	Southport Waterloo Ac	44:12	290	1170	Jones David	V4065		Kirkby Milers	52:02	
225	432	Priestley Scott			Astley & Tyldesley RR	44:23	291	3422	Rowe David			Liverpool Harriers & AC	52:06	
226	1439	Radcliffe Stephen	V4046		Rossendale Harriers & Ac	44:30	292	554	Newnham Adrian	V6016		Glaxo Hoad Hill Harriers	52:14	
227	2096	McCredie Scott			Barlick Fell Runners	44:31	293	1087	Lakeland Phil	V5046		Preston Harriers	52:39	
228	561	Jones Damian	V5031		Glaxo Hoad Hill Harriers	44:36	294	3423	Fitzhenry Brian			Kirkby Milers	54:13	
229	834	Bertenshaw John	V60	6	Wesham Road Runners & Ac	44:37	295	1290	Collins David	V5047		Wigan & District Harriers	54:36	
230	1083	Appleby Alan	V60	7	Preston Harriers	44:40	296	931	Coupland Lee	V4066		Southport Waterloo Ac	54:38	
231	932	Swift Keith	V4047		Southport Waterloo Ac	44:45	297	2365	Pike Ian			Southport Waterloo Ac	54:59	
232	3411	Gaskell Andrew			Wigan Phoenix	44:47	298	1529	Lord Mark	V4067		Trawden Road Runners	55:27	
233	552	Thomas Pat	V60	8	Glaxo Hoad Hill Harriers	44:48	299	718	Oulton Greg	V4068		Lytham St Annes RR	56:32	
234	1316	Holding Stuart	V4048		Wigan & District Harriers	44:48	300	3424	McCullagh Philip			Chorley AC	57:47	
235	922	Kitt Richard	V4049		Southport Waterloo Ac	44:51								
236	118	Hickie James	V5032		Clayton Le Moors Harriers	44:56								

## Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time	
1	2509	Sache Ben	U20	1	Lancaster University	34:42
2	1006	Butcher Ross	U20	2	Lancaster University	34:44
3	2423	Everett Ryan	U20	3	Barrow & Furness Striders	36:06
4	2504	Turner Jack	U20	4	Lancaster University	36:34
5	1004	Barltrop Callum	U20	5	Lancaster University	37:21
6	2479	Settle Sam	U20	6	Lancaster University	38:09
7	2506	Fowler Alec	U20	7	Lancaster University	41:06
8	2549	Robinson Max	U20	8	Lancaster University	41:58
9	2545	Simpson Alex	U20	9	Lancaster University	42:38

## Senior Men under 20 — TEAM RESULTS

1	Lancaster University	7	—	1	Ben Sache	2	Ross Butcher	4	Jack Turner	
2	Lancaster University	'B'	18	—	5	Callum Barltrop	6	Sam Settle	7	Alec Fowler



## Senior Men — TEAM RESULTS

1 Liverpool Harriers & AC	85	—	4	John Ashcroft	5	Matt Jackson	7	Richard Burney	14	Kevin Bell	25	Charla Hassan	30	Ryan Whiston
2 Barlick Fell Runners	176	—	12	Thomas Corrigan	22	James Craig	24	Ian Livesey	28	Marc Hartley	40	Lee Parrington	50	Nick Treitt
3 Blackburn Harriers	185	—	3	Robert Warner	11	Tim Raynes	29	Chris Davies	35	Thomas Blaney	51	Andy Buttery	56	Mark Chippendale
4 Liverpool Harriers & AC 'B'	284	—	31	Alan Ashton	41	Euan Martin	44	Ian Moran	46	Laurie Luscombe	59	Dale Higham	63	John Cain
5 Preston Harriers	287	—	1	Patrick Dever	15	Daniel Bebbington	38	Richard Smith	47	Gethin Butler	90	Andy Grimshaw	96	Alan Durney
6 Lancaster University	312	—	32	Andre Hessini	36	Ben Sache	37	Ross Butcher	62	Jack Turner	72	Ben Francis	73	Callum Barltrop
7 Southport Waterloo Ac	327	—	13	Ben Johnson	23	Ciaran Walsh	33	David Hamilton	39	Mark Dunham	91	John Sprackland	128	Peter Roome
8 Kendal AAC	341	—	17	Harry Foster	20	Michael Hoyle	26	Robbie Ingham	55	Quentin Gratix	75	William Sisson	148	Paul Mann
9 Barrow & Furness Striders	413	—	10	Phil Waite	18	Ross Campbell	45	Jon Benson	54	Ryan Everett	132	Ian Sadler	154	Neil Grace
10 Liverpool Pembroke Sefton	497	—	52	Richard Weeks	57	Mark Wynne	68	Sean Kirkbride	101	John Halson	104	Danny Gilbody	115	Chris Pedder
11 Wigan & District Harriers	510	—	42	Andrew Kaufman	87	Mark Morgan-Hillam	88	Stephen Nicholls	93	Simon Baines	98	Bozhibar Kasabov	102	Mike Harris
12 Red Rose Road Runners	545	—	65	Daniel Hughes	70	Duncan Anderson	76	James Simon	103	Sam Harrison	112	Ken Addison	119	Andy Christie
13 Clayton Le Moors Harriers	562	—	16	Christoph Holdsworth	60	Robert Aspinall	97	Matthew Duckworth	123	Andrew Holt	126	Alex Cran	140	Kevin Davies
14 Barlick Fell Runners 'B'	591	—	61	Mark Holgate	64	Virgil Barton	71	Andrew Chew	107	Carl Pawson	118	Andrew Carson	170	Scott Boardman
15 Glaxo Hoad Hill Harriers	653	—	80	Jeffrey Chadwick	86	Mark Tomkinson	113	Christopher Howie	120	Andy Jackson	124	Gary Dover	130	Cian Nutt
16 Lancaster University 'B'	655	—	79	Jack Okell	84	Sam Settle	109	Tom Walker	117	Lars Vormhagen	121	Alex Walker	145	Alec Fowler
17 Horwich RMI Harriers	741	—	2	Christopher Farrell	8	Michael Cayton	27	Jonathan Bruton	164	Christo Essex-Crosby	265	Steven Jackson	275	Alastair Murray
18 Chorley AC	815	—	78	Jordan Swift	116	Ryan Sciacca	122	Ian Leigh	129	Chris Chamley	180	Phillip Iddon	190	Paul Wareing
19 Kirkby Milers	824	—	92	Martin Christian	108	Ian Joinson	146	Gary Wilton	152	Kenny Dayo	153	David Daly	173	Mark O'Callaghan
20 Wigan Phoenix	832	—	69	James Hilton	83	Jolley Mo Manir	133	Mark Melbourne	159	Lee Partington	183	Paul Weall	205	Paul Blakemore
21 Southport Waterloo Ac 'B'	878	—	138	Neil Adshead	139	Paul Warrington	142	Simon Tobin	143	Rob Johnson	149	Ian Fitzpatrick	167	Carl McMahon
22 Preston Harriers 'B'	898	—	110	Chris Wales	114	Alex Waddelove	127	John Griffiths	156	John Rainford	181	Andy Gunderson	210	Roy Parkinson
23 Astley & Tyldesley RR	924	—	58	Tim Campbell	94	Neil Hughes	100	Simon Ford	196	Gary Stevens	225	Scott Priestley	251	Phillip Spencer-Grey
24 Lytham St Annes RR	953	—	49	Joe Greenwood	53	Christopher McCarthy	147	Neil Tate	192	Graham Webster	215	Terry Hellings	299	Greg Oulton
25 Red Rose Road Runners 'B'	979	—	135	Simon Robinson	136	Steve Woodruffe	155	Barry Wheeler	175	Phillip Butler	184	Mark Billington	194	Frank Nightingale
26 Wesham Road Runners & Ac	1012	—	81	Simon Deyne	95	Lee Barlow	144	Dan Shaw	189	John Collier	229	John Bertenshaw	274	Ben Wrigley
27 Blackpool Wyre & Fylde Ac	1070	—	34	Daniel Hayes	137	Andrew Simm	163	Darren Tremble	179	Paul Sparrow	271	Ian Close	286	Alan Wilkinson
28 Wigan & District Harriers 'B'	1123	—	131	Paul Bryers	141	Darren Jackson	157	Gary Wane	220	Barry Abram	234	Stuart Holding	240	Kevin Edwards
29 Glaxo Hoad Hill Harriers 'B'	1165	—	150	Tom Southward	160	Sean Dixon	204	Graham Pinder	207	Phil Horrocks	216	Paul Quinn	228	Damian Jones
30 Riversway Road Runners	1181	—	158	Chris Williams	168	Pete Manning	185	Stephen Lamb	206	Marc Potter	222	Gary Heyworth	242	Samuel Lawrence
31 Kirkby Milers 'B'	1212	—	182	Davey McCulloch	186	Andy Boulger	191	James Warburton	193	Ian Rivers	202	Danny Alexander	258	Paul Cope
32 Liverpool Pembroke Sefton 'B'	1245	—	134	Sammy Rashid	161	Robbie Wood	195	John Dickinson	213	Mark Hudson	259	Andrew Conway	283	John Dobie
33 Clayton Le Moors Harriers 'B'	1258	—	151	Alan Dorrington	166	Brian Horrocks	172	John Wilcock	236	James Hickie	261	Christopher Lawrence	272	Andy Quinn

### Senior Men (Vets) over 40 — TEAM RESULTS

1 Glaxo Hoad Hill Harriers	77	—	11	Jeffrey Chadwick	13	Mark Tomkinson	26	Christopher Howie	27	Andy Jackson
2 Preston Harriers	81	—	4	Gethin Butler	20	Alan Durney	25	Chris Wales	32	John Griffiths
3 Wigan & District Harriers	88	—	14	Mark Morgan-Hillam	17	Simon Baines	22	Mike Harris	35	Paul Bryers
4 Southport Waterloo Ac	88	—	2	David Hamilton	16	John Sprackland	33	Peter Roome	37	Neil Adshead
5 Barlick Fell Runners	92	—	8	Mark Holgate	9	Virgil Barton	24	Carl Pawson	51	Gary Bradley
6 Clayton Le Moors Harriers	105	—	7	Robert Aspinall	29	Andrew Holt	31	Alex Cran	38	Kevin Davies
7 Trawden Road Runners	215	—	3	Nick Gaskell	15	Dave Potter	79	James Crook	118	Neil Wilcocks
8 Red Rose Road Runners	240	—	54	Mark Billington	60	Frank Nightingale	62	Gary Corcoran	64	Alan Jolly
9 Blackburn Harriers	255	—	5	Mark Chippendale	50	Craig Greenough	92	Allan Hartley	108	Danny Teare
10 Blackpool Wyre & Fylde Ac	406	—	52	Paul Sparrow	110	Ian Close	121	Alan Wilkinson	123	Rick Pinches

### Senior Men (Vets) over 50 — TEAM RESULTS

1 Southport Waterloo Ac	16	—	2	John Sprackland	6	Peter Roome	8	Neil Adshead
2 Preston Harriers	21	—	3	Alan Durney	5	John Griffiths	13	John Rainford
3 Clayton Le Moors Harriers	25	—	1	Robert Aspinall	9	Kevin Davies	15	Brian Horrocks
4 Glaxo Hoad Hill Harriers	43	—	4	Gary Dover	14	Sean Dixon	25	Graham Pinder
5 Red Rose Road Runners	64	—	18	Mark Billington	22	Frank Nightingale	24	Alan Jolly
6 Wigan & District Harriers	139	—	33	Barry Abram	43	Kevin Edwards	63	David Collins
7 Blackpool Wyre & Fylde Ac	172	—	54	Ian Close	58	Alan Wilkinson	60	Simon Scarr

### Senior Men (Vets) over 60 — TEAM RESULTS

1 Southport Waterloo Ac	15	—	1	Rob Johnson	5	Alan Joyce	9	Brian Davey
2 Glaxo Hoad Hill Harriers	38	—	8	Pat Thomas	14	Tom Evelin	16	Adrian Newnham