

# Wholan Nook

11 May 2016

Pos	No	Name	Club	Cat	Time
1	174	Julian Hood	Barlick Fell Runners	M	30:24
2	60	David Mirfield	Unattached	M	30:45
3	139	Christopher Davies	Blackburn Harriers	M	31:13
4	173	Shaun Chew	Barlick Fell Runners	M	31:27
5	168	Jordan McDonald	Clayton le Moors Harriers	MJ	31:44
6	38	Marc Smith	Trawden AC	M	31:46
7	182	Darren Fishwick	Chorley AC & Tri Club	M45	32:08
8	160	Sam Wadsworth	Barlick Fell Runners	M	32:11
9	97	Andrew Chew	Barlick Fell Runners	M	32:12
10	37	Jonathan Pye	Clayton le Moors Harriers	M	32:51
11	141	Jonathan Cleaver	Clayton le Moors Harriers	M	33:01
12	57	Craig Stansfield	Rossendale Harriers	M45	33:02
13	165	Carl Helliwell	Clayton le Moors Harriers	M40	33:10
14	2	Lee Edwards	Barlick Fell Runners	M	33:11
15	104	Stephen Hall	Trawden AC	M40	33:12
16	102	Ian Cocks	Barlick Fell Runners	M	33:13
17	178	Daniel Taylor	Barlick Fell Runners	M	33:15
18	31	Matthew Duckworth	Clayton le Moors Harriers	M	33:18
19	92	Carl Pawson	Barlick Fell Runners	M40	33:22
20	144	Fraser Durris	Trawden AC	M	33:27
21	83	Luke Turner	Trawden AC	M	33:39
22	166	Paul Hesketh	Clayton le Moors Harriers	M50	33:55
23	143	Chris Snell	Clayton le Moors Harriers	M	34:02
24	68	Steven Procter	Settle Harriers	M	34:06
25	70	Adam Procter	Settle Harriers	M	34:07
26	64	Richard Jones	Garstang Running Club	M	34:10
27	69	Jeff Holden	Rossendale Harriers	M40	34:34
28	66	Tom Bradley	Clayton le Moors Harriers	MJ	34:36
29	33	James Boulton	Clayton le Moors Harriers	MJ	34:37
30	26	Dale Grimshaw	Trawden AC	M	34:48
31	87	Tom Cosway	Trawden AC	M	34:51
32	125	Michael Clarke	Clayton le Moors Harriers	M40	34:59
33	101	Simon Phillips	Stockport Tri	M55	35:11
34	42	Thornton Taylor	Rossendale Harriers	M55	35:37
35	142	Sean Clare	Clayton le Moors Harriers	M50	35:43
36	117	Richard Briscoe	Clayton le Moors Harriers	M	35:45
37	167	John Wilcock	Clayton le Moors Harriers	M50	35:46
38	19	Autumn Howard	Trawden AC	F	35:56
39	5	Chris Funnell	Clayton le Moors Harriers	M45	36:01
40	27	Adrian Blackledge	Trawden AC	M40	36:04
41	121	Scott McCredie	Barlick Fell Runners	M	36:06
42	181	Nick Roscoe	Clayton le Moors Harriers	M45	36:10
43	86	Paul Biscomb	UKNetRunner	M	36:16
44	99	Jonathan Phillips	Barlick Fell Runners	M	36:20
45	162	Andrew Braithwaite	Trawden AC	M40	36:24
46	153	Daniel Bolton	Trawden AC	M40	36:32
47	16	Stephen Ainsworth	Clayton le Moors Harriers	M55	36:44
48	134	Daniel Plant	Clayton le Moors Harriers	M	36:55
49	106	Martin Greenwood	Trawden AC	M	36:58
50	34	Chris Paul	Clayton le Moors Harriers	M	37:02
51	67	Andy Bradley	Clayton le Moors Harriers	M50	37:05
52	24	Adam Howard	Trawden AC	M	37:07
53	91	Michael Hogan	Clayton le Moors Harriers	M45	37:10
54	188	Kevin Fenlon Clough	Trawden AC	M40	37:21
55	12	Craig Eccles	Trawden AC	M40	37:25

56	3	Jennifer Hird	Barlick Fell Runners	F	37:26
57	18	Jamie Dowdall	Darwen Dashers	M40	37:27
58	140	Reece Lawrence	Clayton le Moors Harriers	MJ	37:35
59	82	Kieran Turner	Trawden AC	M	37:38
60	158	Bryan Searby	Blackburn Harriers	M40	37:39
61	124	Andrew Corbishley	Rossendale Harriers	M65	37:47
62	20	David Howard	Trawden AC	M60	37:49
63	59	Craig Storozok	Trawden AC	M	37:56
64	40	Ken Taylor	Rossendale Harriers	M65	37:58
65	119	Peter LLewellyn	Unattached	M45	37:59
66	157	Ian Plowright	Unattached	M45	38:04
67	136	Nicola Nuttall	Trawden AC	F45	38:04
68	120	Austin Wensley	Rossendale Harriers	M	38:06
69	95	Angela Donlan	Barlick Fell Runners	F40	38:11
70	147	Anthony Brown	Trawden AC	M	38:12
71	93	Stephen Radcliffe	Rossendale Harriers	M45	38:12
72	85	Stephen Biscomb	Clayton le Moors Harriers	M60	38:12
73	45	Peter Sagar	Hyndburn AC	M55	38:14
74	32	Robert Morrison	Clayton le Moors Harriers	M40	38:20
75	61	James Crook	Trawden AC	M45	38:25
76	36	Andrew James Webster	Clayton le Moors Harriers	M45	38:28
77	135	Paul Young	Rossendale Harriers	M	38:37
78	96	Lorraine Slater	Barlick Fell Runners	F45	38:40
79	58	Sean Haydock	Trawden AC	M	38:42
80	98	Mark Duerden	Trawden AC	M50	38:49
81	172	Andy Quinn	Clayton le Moors Harriers	M45	38:50
82	11	John McDonald	Trawden AC	M50	38:50
83	190	Chris Emmerson	Trawden AC	M	39:08
84	116	Mark Storey	Trawden AC	M45	39:21
85	17	Stuart Proctor	Clayton le Moors Harriers	M	39:23
86	78	Paul Wale	Clayton le Moors Harriers	M45	39:24
87	156	Carl Dale	Clayton le Moors Harriers	M	39:28
88	187	Ian Hollas	Trawden AC	M45	39:31
89	44	Steven Melling	Rossendale Harriers	M55	39:37
90	110	Corinna Howorth	Rossendale Harriers	FJ	39:46
91	109	Helen O'Rourke	Clayton le Moors Harriers	F	39:59
92	25	Darren Rushton	Clayton le Moors Harriers	M45	40:02
93	177	Elizabeth Mullan	Clayton le Moors Harriers	F	40:02
94	152	Matt Lord	Unattached	M	40:07
95	81	Stephen White	Trawden AC	M60	40:19
96	8	Carole Fryer	Calder Valley FellRunners	F50	40:45
97	118	Diane Haggard	Wharfedale Harriers	F50	40:52
98	29	Irene Roche	Clayton le Moors Harriers	F55	40:54
99	184	David Smith	Trawden AC	M45	40:57
100	149	David Moynihan	Hyndburn AC	M45	41:07
101	13	David Farrer	Trawden AC	M50	41:12
102	65	Rick Moore	Clayton le Moors Harriers	M50	41:36
103	7	Hannah Newbold	Barlick Fell Runners	FJ	41:44
104	112	Justine Jordan	Trawden AC	F40	41:45
105	84	Andrew Hollas	Accrington Road Runners	M50	41:46
106	4	Heather Driver	Barlick Fell Runners	F	41:54
107	138	Neil Willows	Trawden AC	M40	41:59
108	176	Joanne Bennett	Clayton le Moors Harriers	F45	42:07
109	50	Carl Carey	Clayton le Moors Harriers	M45	42:16
110	94	Rachel Lowther	Barlick Fell Runners	F40	42:17
111	75	Lynsey Birtwistle	Clayton le Moors Harriers	F35	42:18
112	183	Diane Whiteoak	Keighley & Craven AC	F40	42:21
113	46	Robert Smith	Trawden AC	M60	42:23
114	89	Mark Pemberton	Trawden AC	M40	42:25
115	74	Jean Knightley	Clayton le Moors Harriers	F55	42:26
116	71	Steven Teal	Trawden AC	M	42:27
117	90	Brian Wildman	Clayton le Moors Harriers	M50	42:32

118	179	Dan Stacey	Unattached	M	42:37
119	185	Julie Dawes	Clayton le Moors Harriers	F45	42:40
120	113	Jenny McAndrew	Trawden AC	F40	42:45
121	48	Phillip Larter	Trawden AC	M50	42:50
122	56	Lisa Stansfield	Rossendale Harriers	F40	42:52
123	23	Cassandra Smedley	Clayton le Moors Harriers	F35	43:01
124	111	Jane Ryan	Clayton le Moors Harriers	F35	43:02
125	137	Graham Odgers	Trawden AC	M45	43:04
126	39	Barry Mitchell	Clayton le Moors Harriers	M70	43:07
127	164	Nerina Gill	Clayton le Moors Harriers	F45	43:10
128	79	Andrew Taylor	Clayton le Moors Harriers	M55	43:41
129	73	Paul Heneghan	Rossendale Harriers	M45	43:43
130	129	Alex Copeman	Unattached	M	43:48
131	28	Wayne McIntosh	Trawden AC	M	43:49
132	10	Colin Smith	Trawden AC	M55	43:52
133	171	Beth Quinn	Clayton le Moors Harriers	FJ	44:09
134	62	Simon Moriarty	Bury AC	M45	44:18
135	63	Pam Moriarty	Bury AC	F40	44:24
136	180	Adam Vickers	Unattached	M	44:26
137	43	Tony Pilling	Clayton le Moors Harriers	M50	44:30
138	30	Bianca Bennet	Clayton le Moors Harriers	F	44:36
139	131	Helen Burnett	Clayton le Moors Harriers	F45	44:37
140	150	Peter O'Gorman	Rossendale Harriers	M55	44:41
141	80	Nicola White	Trawden AC	F	44:56
142	163	Juli Anne Rrushton	Clayton le Moors Harriers	F50	45:02
143	108	Claire Vincent	Clayton le Moors Harriers	F	45:13
144	189	Michael Mullen	Unattached	M60	45:16
145	128	Ian John Hargreaves	Clayton le Moors Harriers	M50	45:19
146	175	Janine Pollard	Clayton le Moors Harriers	F45	45:37
147	122	Danny Pilkington	Clayton le Moors Harriers	M40	45:39
148	186	Gary Dawes	Unattached	M45	45:41
149	76	Justin Birtwistle	Clayton le Moors Harriers	M40	45:47
150	22	Victoria McKay	Unattached	F35	45:50
151	133	Leanne Cottam	Clayton le Moors Harriers	F35	45:57
152	51	Sarah Jane Ashworth	Unattached	F	46:05
153	100	Graham Denney	Trawden AC	M50	46:26
154	145	Dawn Denton	Wharfedale Harriers	F40	46:37
155	161	Gary Mills	Unattached	M55	46:40
156	170	Karen Goldswain	Rossendale Harriers	F50	47:01
157	105	David Greenwood	Trawden AC	M50	47:03
158	114	Charis Rowlands	Trawden AC	F45	47:26
159	169	Hilary Farren	Rossendale Harriers	F50	47:43
160	41	Sean Pickles	Unattached	M45	47:45
161	88	Rob Scott	Unattached	M	48:01
162	77	Deborah Greenwood	Clayton le Moors Harriers	F45	48:32
163	132	Michelle Butschok	Clayton le Moors Harriers	F40	48:52
164	127	Mark Lord	Trawden AC	M40	49:24
165	155	Kathryn Ann Clayton	Unattached	F35	49:36
166	55	Lisa Ellis	Clayton le Moors Harriers	F	49:39
167	14	Stuart Barker	Clayton le Moors Harriers	M45	49:53
168	21	Ian Barton	Fylde Coast Runners	M55	49:55
169	123	Phil Naylor	Clayton le Moors Harriers	M	50:04
170	148	Liz Allison	Trawden AC	F50	50:10
171	47	Andy Lamb	Unattached	M50	50:13
172	35	Shaun Bradshaw	Unattached	M40	50:41
173	126	Annika Halsall	Unattached	F	50:49
174	107	Martin O'Rourke	Clayton le Moors Harriers	M55	50:50
175	9	Peter Blackledge	Accrington Road Runners	M65	50:56
176	154	Steven Allock	Unattached	M50	51:11
177	1	Doug Munroe	Clayton le Moors Harriers	M70	51:13
178	159	Ron Chappell	Clayton le Moors Harriers	M65	51:14
179	151	Lorna Taylor	Rossendale Harriers	F	51:27

180	130	Mark Knowles	Clayton le Moors Harriers	M40	52:19
181	6	Sharon Newbold	Barlick Fell Runners	F50	53:21
182	146	Caroline Harrison	Wharfedale Harriers	F45	53:21
183	103	Stacey Smith	Unattached	F	56:43
184	53	Karen Clarkin	Clayton le Moors Harriers	F40	57:13
185	49	Judith Carey	Clayton le Moors Harriers	F35	57:46
186	52	Sharon Wilson	Clayton le Moors Harriers	F40	58:27
187	54	Anita Jones	Clayton le Moors Harriers	F60	59:09
188	15	Zoe Francle	Unattached	F	59:15
189	72	Shelley Heneghan	Rossendale Harriers	F45	1:03:29