



Supported by Different Strokes

Sedbergh School - Results 25 February 2018

| Senior Race | | | | | | | |
|-------------|----------|------------|------------|------|-------|-----------------------|-------------------|
| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
| 1 | 4 | Michael | Ainsworth | Man | 26:06 | Helm Hill | 1st Man |
| 2 | 51 | Tom | Addison | Man | 26:15 | Helm Hill | 2nd Man |
| 3 | 454 | Reuben | Copley | MU21 | 27:26 | Barrow | 3rd Man/1st MU21 |
| 4 | 1152 | Benjamin | Forrest | MU21 | 27:29 | Rossendale | |
| 5 | 280 | Harvey | Lord | Man | 27:56 | Black Combe | |
| 6 | 457 | Jospeh | Twigg | MU21 | 28:15 | Lancaster & Morecambe | |
| 7 | 402 | Jos | Addison | Man | 28:28 | Helm Hill | |
| 8 | 185 | Jacob | Aubrey | MU21 | 28:30 | Helm Hill | |
| 9 | 95 | Jonathon | Lowther | Man | 28:36 | Helm Hill | |
| 10 | 279 | Richard | Wells | MV40 | 28:45 | Howgill Harriers | 1st MV40 |
| 11 | 99 | Phil | Mather | Man | 28:50 | Lonsdale | |
| 12 | 260 | Laurie | Kearsey | Man | 28:52 | Helm Hill | |
| 13 | 87 | Scott | Umpleby | MV50 | 28:55 | Kendal AAC | 1st MV50 |
| 14 | 1257 | Felix | Kirsten | Boy | 28:59 | Sedbergh School | |
| 15 | 228 | Peter | Rigby | Man | 29:39 | | |
| 16 | 30 | Brian | Pennington | MV40 | 29:51 | Howgill Harriers | |
| 17 | 24 | Craig | Burrow | MV40 | 30:03 | Helm Hill | |
| 18 | 425 | Hannah | Russell | LU21 | 30:04 | Helm Hill | 1st Lady/1st LU21 |
| 19 | 207 | Ross | Jenkin | Man | 30:16 | Howgill Harriers | |
| 20 | 49 | Jacob | Dyer | MV40 | 30:19 | Helm Hill | |
| 21 | 26 | Daniel | Malcolm | MV40 | 30:23 | Helm Hill | |
| 22 | 10 | Jake | Lowther | Man | 30:25 | Helm Hill | |
| 23 | 79 | Jake | Cooper | MU21 | 30:26 | Leven Valley | |
| 24 | 146 | Martin | Askew | MU21 | 30:40 | Helm Hill | |
| 25 | 225 | Kelli | Roberts | Lady | 30:49 | Helm Hill | 2nd Lady |
| 26 | 183 | Ben | Whitham | Man | 30:59 | | |
| 27 | 284 | Justin | Tancrel | MV40 | 31:09 | | |
| 28 | 308 | Stephen | Nicholls | Man | 31:12 | Wigan & District | |
| 29 | 45 | James | Baron | MV50 | 31:15 | Helm Hill | |
| 30 | 447 | John | Hosker | Man | 31:18 | Howgill Harriers | |
| 31 | 451 | Ian | Willis | MV40 | 31:21 | KCAC | |
| 32 | 136 | Declan | Bulmer | Man | 31:42 | Wharfedale | |
| 33 | 362 | Mark | Cropper | MV40 | 31:44 | Helm Hill | |
| 34 | 1190 | Ben | Kirkman | MU21 | 31:46 | Rossendale | |
| 35 | 452 | Jon | Richardson | Man | 31:49 | Rossendale | |
| 36 | 23 | Imogen | Burrow | LU21 | 31:54 | Helm Hill | 3rd Lady |
| 37 | 53 | Steven | Middleton | MV40 | 32:04 | Howgill Harriers | |
| 38 | 261 | Emma | Johnston | Lady | 32:11 | Helm Hill | |
| 39 | 127 | John | Rainford | MV50 | 32:14 | Preston Harriers | |
| 40 | 177 | David | Griffin | MV50 | 32:24 | Dallam | |
| 41 | 117 | Simon | Fox | MV50 | 32:30 | Darwen Dashers | |
| 42 | 448 | Simon | Wright | MV50 | 32:35 | Bingley | |
| 43 | 263 | Tim | Pickering | Man | 32:46 | Helm Hill | |
| 44 | 98 | Rowan | Wood | Man | 32:50 | Lonsdale | |
| 45 | 194 | Dominic | Merchant | Man | 32:52 | Helm Hill | |
| 46 | 174 | Alistair | Hearn | MV40 | 32:53 | Helm Hill | |
| 47 | 309 | Joseph | Sharples | Man | 32:55 | Preston Harriers | |
| 48 | 192 | Brian | Thompson | MV60 | 33:16 | Helm Hill | 1st MV60 |
| 49 | 237 | James | Todhunter | Man | 33:18 | Helm Hill | |
| 50 | 314 | Ray | Gill | MV50 | 33:20 | Dallam | |
| 51 | 267 | Carol | Evans | LV50 | 33:29 | Settle | 1st LV50 |
| 52 | 25 | Tom | Matthew | MV40 | 33:48 | Bowland | |
| 53 | 343 | Mick | Kirkman | MV50 | 34:03 | Rossendale | |

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|-----|------|------------|------------|------|-------|----------------------|----------|
| 54 | 48 | Bianca | Dyer | LV40 | 34:22 | Helm Hill | 1st LV40 |
| 55 | 62 | David | Appleyard | MV50 | 34:26 | Helm Hill | |
| 56 | 455 | Roger | Taylor | MV50 | 34:32 | Preston Harriers | |
| 57 | 1209 | Thomas | Ward | MU21 | 34:45 | Helm Hill | |
| 58 | 12 | Tim | Murray | MV50 | 34:45 | Helm Hill | |
| 59 | 205 | Ronald | Hummelink | Man | 34:46 | Lonsdale | |
| 60 | 17 | Ali | Richards | LV40 | 34:59 | Helm Hill | |
| 61 | 235 | Tyrone | Lewis | MV50 | 35:02 | Dallam | |
| 62 | 40 | Jonny | Grisedale | MV40 | 35:05 | Helm Hill | |
| 63 | 203 | Toby | Johnson | MV40 | 35:09 | Helm Hill | |
| 64 | 85 | Ian | Hutchinson | MV50 | 35:18 | Bowland Fell Runners | |
| 65 | 86 | Joey | Umpleby | MU21 | 35:28 | Kendal AAC | |
| 66 | 130 | Amy | Slattery | LU21 | 35:30 | Helm Hill | |
| 67 | 105 | Paul | Corkill | Man | 35:31 | Levens Valley AC | |
| 68 | 322 | Kate | Simpson | LV40 | 35:40 | Helm Hill | |
| 69 | 266 | Andy | Evans | MV50 | 35:51 | Settle | |
| 70 | 42 | Andy | Holden | MV50 | 36:01 | Wharfedale | |
| 71 | 449 | Gavin | Clar?? | Man | 36:02 | | |
| 72 | 106 | Peter | Singleton | MV60 | 36:05 | Blackpool | |
| 73 | 8 | Jayne | Rigby | LV40 | 36:13 | Helm Hill | |
| 74 | 436 | David | Hunter | MV50 | 36:19 | Helm Hill | |
| 75 | 63 | Erica | Evans | Lady | 36:24 | Ambleside | |
| 76 | 460 | Mike | Cooper | MV40 | 36:58 | Leven Valley | |
| 77 | 75 | Andy | Mingay | Man | 37:03 | Eden Runners | |
| 78 | 178 | Caroline | Lambert | LV40 | 37:12 | | |
| 79 | 274 | Rowan | Ranner | LV40 | 37:40 | Helm Hill | |
| 80 | 443 | Jessica | Bagnall | LV40 | 38:07 | Settle | |
| 81 | 305 | Steve | Taylor | MV60 | 38:11 | Preston Harriers | |
| 82 | 6 | David | Barnes | MV60 | 38:13 | Horwich | |
| 83 | 186 | Liz | McNally | LV40 | 38:26 | Leven Valley | |
| 84 | 201 | Katie | Palmer | LV40 | 38:27 | Helm Hill | |
| 85 | 286 | Pete | Coe | MV60 | 38:27 | Helm Hill | |
| 86 | 33 | Leah | Albion | LU21 | 38:31 | Broughton | |
| 87 | 264 | Anne Marie | Swallow | LV40 | 38:41 | | |
| 88 | 149 | Rachel | Slattery | LV40 | 38:45 | Helm Hill | |
| 89 | 380 | Jo | Appleby | LV40 | 38:47 | Helm Hill | |
| 90 | 102 | Jo | Taylor | LV50 | 38:49 | Bowland | |
| 91 | 34 | Joanne | Pennington | LV40 | 38:59 | Kendal AAC | |
| 92 | 96 | Helen | Barker | LV40 | 39:23 | Kendal AAC | |
| 93 | 41 | Lynn | Whittaker | LV50 | 39:28 | Wharfedale | |
| 94 | 173 | Michael | McLoughlin | MV60 | 40:16 | Preston Harriers | |
| 95 | 453 | Maria | Hearn | LV40 | 40:29 | Helm Hill | |
| 96 | 37 | Jo | Cater | Lady | 40:31 | Helm Hill | |
| 97 | 437 | Jane | Umpleby | LV50 | 41:06 | | |
| 98 | 458 | Richard | Milne | MV50 | 41:17 | Trawden | |
| 99 | 64 | Kate | Brayshaw | LV40 | 41:22 | Helm Hill | |
| 100 | 103 | John | Taylor | MV60 | 41:41 | Bowland | |
| 101 | 246 | John | Hodgson | MV70 | 41:54 | Dallam | 1st MV70 |
| 102 | 55 | Barry | Scholes | MV60 | 42:16 | Settle | |
| 103 | 313 | Vicky | Kirkwood | LV40 | 42:40 | Dallam | |
| 104 | 151 | Gordon | Thompson | MV50 | 43:03 | Preston Harriers | |
| 105 | 58 | Anastasia | Winder | Lady | 43:06 | Leven Valley | |
| 106 | 459 | Helena | Lewis | LV50 | 43:08 | Dallam | |
| 107 | 285 | Vicky | Atkinson | LV40 | 43:30 | Helm Hill | |
| 108 | 202 | Greg | Oulton | MV50 | 44:23 | Lytham | |
| 109 | 230 | Ian | Peters | MV60 | 44:34 | Glaxo | |
| 110 | 68 | Pam | Bagot | LV40 | 44:39 | Settle | |
| 111 | 334 | Elizabeth | Adams | LV40 | 44:50 | Helm Hill | |
| 112 | 450 | Ariane | Gardiner | LV40 | 45:05 | | |
| 113 | 83 | Rebecca | Atkinson | Lady | 45:44 | | |
| 114 | 345 | Stephen | Fish | MV60 | 46:31 | Clayton Le Moors | |
| 115 | 2 | Wendy | Smith | LV40 | 48:51 | Helm Hill | |

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|-----|-----|--------|------------|------|-------|------------|--|
| 116 | 93 | Jill | Gates | LV50 | 49:24 | Settle | |
| 117 | 374 | Lynda | Hargreaves | LV50 | 50:00 | Wharfedale | |
| 118 | 371 | Jo | Matthew | LV40 | 51:59 | | |
| 119 | 120 | Philip | Kirkby | MV60 | 55:37 | Coniston | |
| 120 | 456 | Paul | Willams | MV50 | 56:43 | | |
| 121 | 15 | Denis | Wood | MV70 | 57:08 | Borrowdale | |

| Under 17 Race | | | | | | | |
|---------------|----------|------------|------------|------|-------|-----------------------|----------|
| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
| 1 | 1081 | Matthew | Knowles | Boy | 16:15 | Lancaster & Morecambe | 1st Boy |
| 2 | 1189 | Eric | Beaumont | Boy | 17:18 | KCAC | 2nd Boy |
| 3 | 1241 | Kurtis | Mitton | Boy | 17:23 | Rosendale | 3rd Boy |
| 4 | 1038 | Jacob | Smith | Boy | 17:51 | Kendal AAC | |
| 5 | 1133 | Toby | Umpleby | Boy | 18:22 | Kendal AAC | |
| 6 | 1207 | Bernadette | Raven | Girl | 19:41 | Ilkley | 1st Girl |
| 7 | 1255 | Jack | Rigal | Boy | 20:00 | Sedbergh School | |
| 8 | 1244 | Adam | Williamson | Boy | 20:31 | Levens Valley AC | |
| 9 | 1130 | Harvey | Cooper | Boy | 20:55 | Leven Valley | |
| 10 | 1007 | Vaughan | Samson | Boy | 21:02 | Helm Hill | |
| 11 | 1120 | Adam | Scott | Boy | 21:20 | Kendal | |
| 12 | 1074 | Maia | Doherty | Girl | 21:26 | Helm Hill | 2nd Girl |
| 13 | 1097 | Lottie | Beardwood | Girl | 21:59 | Helm Hill | 3rd Girl |
| 14 | 1073 | Becky | Dyer | Girl | 24:15 | Helm Hill | |
| 15 | 1134 | Emily | Crossley | Girl | 28:05 | Settle | |

| Under 15 Race | | | | | | | |
|---------------|----------|------------|--------------|------|-------|----------------------|----------|
| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
| 1 | 1179 | Jack | Villiers | Boy | 10:02 | Barlick Fell Runners | 1st Boy |
| 2 | 1050 | William | Hall | Boy | 10:07 | Calder Valley | 2nd Boy |
| 3 | 1054 | Alex | Tallon | Boy | 10:15 | Helm Hill | 3rd Boy |
| 4 | 1037 | Ben | Smith | Boy | 10:22 | Kendal AAC | |
| 5 | 1256 | Tommy | Calvert | Boy | 10:34 | Sedbergh School | |
| 6 | 1003 | Henry | Hunter | Boy | 10:35 | Helm Hill | |
| 7 | 1149 | Finley | Corkill | Boy | 10:37 | Levens Valley AC | |
| 8 | 1180 | Sonny | Ashton-Fitch | Boy | 10:49 | Settle | |
| 9 | 1045 | Dylan | Cater | Boy | 10:52 | Helm Hill | |
| 10 | 1170 | Olesia | Winder | Girl | 10:58 | Leven Valley | 1st Girl |
| 11 | 1205 | Edward | Sargent | Boy | 11:03 | Hoad Hill Harriers | |
| 12 | 1088 | Ben | Greenep | Boy | 11:09 | Settle | |
| 13 | 1100 | Joe | Clayton | Boy | 11:32 | Helm Hill | |
| 14 | 1028 | Holly | Dobson | Girl | 11:35 | Ambleside | 2nd Girl |
| 15 | 1017 | Elodie | Malcolm | Girl | 11:42 | Helm Hill | 3rd Girl |
| 16 | 1253 | Addison | Willis | Boy | 11:48 | Wharfedale | |
| 17 | 1167 | Alex | Matthew | Boy | 12:13 | | |
| 18 | 1098 | Ella | Beardwood | Girl | 12:23 | Helm Hill | |
| 19 | 1234 | Ciara | Duffy | Girl | 13:25 | Barlick Fell Runners | |
| 20 | 1126 | Freya | Richards | Girl | 13:41 | Helm Hill | |
| 21 | 1051 | Finley | Grisedale | Boy | 14:00 | Helm Hill | |
| 22 | 1113 | Nathan | Ritchie | Boy | 14:04 | Hoad Hill Harriers | |
| 23 | 1121 | Benjamin | Grundy | Boy | 17:53 | Wharfedale | |
| 24 | 1006 | Ollie | Sanders | Boy | dnf | Helm Hill | |

Under 13 Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|-----------------------|----------|
| 1 | 1211 | Oliver | Smith | Boy | 07:11 | Helm Hill | 1st Boy |
| 2 | 1025 | Rowan | Ashworth | Boy | 07:21 | Ambleside | 2nd Boy |
| 3 | 1001 | Joseph | Rigby | Boy | 07:24 | Helm Hill | 3rd Boy |
| 4 | 1035 | Sarah | Smith | Girl | 07:24 | Helm Hill | 1st Girl |
| 5 | 1164 | Harry | Ewbank | Boy | 07:27 | Eden | |
| 6 | 1166 | Will | McNally | Boy | 07:29 | Leven Valley | |
| 7 | 1247 | Jack | Barker | Boy | 07:31 | Kendal AAC | |
| 8 | 1198 | Evie | Taylor | Girl | 07:38 | Rossendale | 2nd Girl |
| 9 | 1141 | Alex | Graham | Boy | 07:46 | Ambleside | |
| 10 | 1145 | Alfie | Addison | Boy | 07:49 | Helm Hill | |
| 11 | 1056 | Elise | Tallon | Girl | 07:52 | Helm Hill | 3rd Girl |
| 12 | 1148 | Jack | Sanderson | Boy | 07:55 | Settle | |
| 13 | 1063 | Patrick | Casey | Boy | 07:57 | Calder Valley | |
| 14 | 1127 | Arran | Revill | Boy | 08:00 | Helm Hill | |
| 15 | 1052 | Harvey | Shaw | Boy | 08:01 | Ambleside | |
| 16 | 1174 | Sam | Greenep | Boy | 08:04 | Settle | |
| 17 | 1031 | Caius | Pennington | Boy | 08:04 | Howgill Harriers | |
| 18 | 1008 | Clara | Samson | Girl | 08:06 | Helm Hill | |
| 19 | 1082 | Jody | Middleton | Boy | 08:07 | Howgill Harriers | |
| 20 | 1234 | Ciara | Duffy | Girl | 08:12 | Barlick Fell Runners | |
| 21 | 1173 | Leo | Ranner | Boy | 08:18 | Helm Hill | |
| 22 | 1184 | Joseff | Tancrel | Boy | 08:21 | | |
| 23 | 1099 | Charlie | Clayton | Boy | 08:24 | Helm Hill | |
| 24 | 1251 | Adam | Hall | Boy | 08:25 | Howgill Harriers | |
| 25 | 1128 | Matthew | Gornall | Boy | 08:29 | Ambleside | |
| 26 | 1091 | Ella | Martindale | Girl | 08:31 | Helm Hill | |
| 27 | 1228 | Andrew | Mitchell | Boy | 08:32 | Howgill Harriers | |
| 28 | 1254 | Grace | Wells | Girl | 08:34 | Howgill Harriers | |
| 29 | 1022 | Jamie | Graham | Boy | 08:35 | Ambleside | |
| 30 | 1032 | Aaron | Smith | Boy | 08:37 | Howgill Harriers | |
| 31 | 1246 | Faith | Bowness | Girl | 08:39 | Cumberland | |
| 32 | 1093 | Charlotte | Peart | Girl | 08:42 | Settle | |
| 33 | 1005 | Richard | Goode-Smith | Boy | 08:47 | Ambleside | |
| 34 | 1115 | Samuel | Jackson | Boy | 08:48 | Helm Hill | |
| 35 | 1004 | Luke | Campbell | Boy | 08:49 | Ambleside | |
| 36 | 1114 | Will | Brayshaw | Boy | 08:50 | Helm Hill | |
| 37 | 1116 | Euan | Wells | Boy | 08:56 | Howgill Harriers | |
| 38 | 1233 | Garth | Duffy | Boy | 08:57 | Barlick Fell Runners | |
| 39 | 1232 | Lucille | Pickles | Girl | 08:59 | Barlick Fell Runners | |
| 40 | 1033 | Ellen | Dickson | Girl | 09:04 | Ambleside | |
| 41 | 1078 | Toby | Harper | Boy | 09:07 | Ambleside | |
| 42 | 1248 | Isabella | Wright | Girl | 09:08 | Wharfedale | |
| 43 | 1111 | Jude | Evans | Boy | 09:12 | Ambleside | |
| 44 | 1061 | Oliver | Brummitt | Boy | 09:20 | Settle | |
| 45 | 1172 | Arran | Goodall | Boy | 09:22 | | |
| 46 | 1019 | Emma | Duxbury | Girl | 09:25 | Ambleside | |
| 47 | 1118 | Connie-May | Scott | Girl | 09:27 | Kendal | |
| 48 | 1117 | Lucy | Bagot | Girl | 09:29 | Settle | |
| 49 | 1077 | Vicky | Woof | Girl | 09:41 | Howgill Harriers | |
| 50 | 1249 | Carla | Gardiner | Girl | 09:43 | Helm Hill | |
| 51 | 1215 | John | Williamson | Boy | 09:45 | Leven Valley | |
| 52 | 1238 | Roan | Saunders | Boy | 09:54 | Ambleside | |
| 53 | 1092 | Madeleine | Martindale | Girl | 09:57 | | |
| 54 | 1103 | Joel | Saunders | Boy | 10:02 | Helm Hill | |
| 55 | 1200 | Harry | Ball | Boy | 10:06 | Lancaster & Morecambe | |
| 56 | 1196 | William | Hargreaves | Boy | 10:07 | Ambleside | |
| 57 | 1075 | Katie | Lowis | Girl | 10:10 | Howgill Harriers | |
| 58 | 1250 | George | Gardiner | Boy | 10:10 | Helm Hill | |
| 59 | 1016 | Cate | Matthew | Girl | 10:11 | | |
| 60 | 1168 | Broadie | Revill | Boy | 10:13 | Helm Hill | |

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|----|------|---------|-----------|------|-------|-----------------------|--|
| 61 | 1216 | Ellie | Todhunter | Girl | 10:16 | | |
| 62 | 1199 | Oliver | Ball | Boy | 10:23 | Lancaster & Morecambe | |
| 63 | 1024 | Rory | Knowles | Boy | 10:27 | Ambleside | |
| 64 | 1023 | Patrick | Wood | Boy | 10:38 | Ambleside | |
| 65 | 1096 | Alicia | Crawford | Girl | 10:39 | Helm Hill | |
| 66 | 1124 | Tess | Evans | Girl | 10:40 | Ambleside | |
| 67 | 1146 | Ella | Stamp | Girl | 10:45 | Dallam | |
| 68 | 1132 | Bridget | Atkinson | Girl | 10:54 | | |
| 69 | 1071 | Hannah | Dyer | Girl | 10:58 | Helm Hill | |
| 70 | 1109 | Poppy | Scott | Girl | 10:59 | | |
| 71 | 1070 | Seren | Green | Girl | 11:11 | Ambleside | |
| 72 | 1094 | Sophie | Hearn | Girl | 11:19 | | |
| 73 | 1065 | Eleanor | King | Girl | 11:37 | Helm Hill | |
| 74 | 1144 | Lauren | Evans | Girl | 11:50 | Settle | |
| 75 | 1102 | Ava | Saunders | Girl | 12:03 | | |
| 76 | 1055 | Megan | Harris | Girl | 12:12 | Helm Hill | |
| 77 | 1252 | Betsy | Willis | Girl | 12:22 | Wharfedale | |
| 78 | 1240 | Jonah | Hughes | Boy | 13:49 | Helm Hill | |

Sedbergh School 2018 Category Results

ALL SENIOR MEN

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|-----------------------|------------------|
| 1 | 4 | Michael | Ainsworth | Man | 26:06 | Helm Hill | 1st Man |
| 2 | 51 | Tom | Addison | Man | 26:15 | Helm Hill | 2nd Man |
| 3 | 454 | Reuben | Copley | MU21 | 27:26 | Barrow | 3rd Man/1st MU21 |
| 4 | 1152 | Benjamin | Forrest | MU21 | 27:29 | Rossendale | |
| 5 | 280 | Harvey | Lord | Man | 27:56 | Black Combe | |
| 6 | 457 | Jospeh | Twigg | MU21 | 28:15 | Lancaster & Morecambe | |
| 7 | 402 | Jos | Addison | Man | 28:28 | Helm Hill | |
| 8 | 185 | Jacob | Aubrey | MU21 | 28:30 | Helm Hill | |
| 9 | 95 | Jonathon | Lowther | Man | 28:36 | Helm Hill | |
| 10 | 279 | Richard | Wells | MV40 | 28:45 | Howgill Harriers | 1st MV40 |
| 11 | 99 | Phil | Mather | Man | 28:50 | Lonsdale | |
| 12 | 260 | Laurie | Kearsey | Man | 28:52 | Helm Hill | |
| 13 | 87 | Scott | Umpleby | MV50 | 28:55 | Kendal AAC | 1st MV50 |
| 14 | 228 | Peter | Rigby | Man | 29:39 | | |
| 15 | 30 | Brian | Pennington | MV40 | 29:51 | Howgill Harriers | |
| 16 | 24 | Craig | Burrow | MV40 | 30:03 | Helm Hill | |
| 17 | 207 | Ross | Jenkin | Man | 30:16 | Howgill Harriers | |
| 18 | 49 | Jacob | Dyer | MV40 | 30:19 | Helm Hill | |
| 19 | 26 | Daniel | Malcolm | MV40 | 30:23 | Helm Hill | |
| 20 | 10 | Jake | Lowther | Man | 30:25 | Helm Hill | |
| 21 | 79 | Jake | Cooper | MU21 | 30:26 | Leven Valley | |
| 22 | 146 | Martin | Askew | MU21 | 30:40 | Helm Hill | |
| 23 | 183 | Ben | Whitham | Man | 30:59 | | |
| 24 | 284 | Justin | Tancrel | MV40 | 31:09 | | |
| 25 | 308 | Stephen | Nicholls | Man | 31:12 | Wigan & District | |
| 26 | 45 | James | Baron | MV50 | 31:15 | Helm Hill | |
| 27 | 447 | John | Hosker | Man | 31:18 | Howgill Harriers | |
| 28 | 451 | Ian | Willis | MV40 | 31:21 | KCAC | |
| 29 | 136 | Declan | Bulmer | Man | 31:42 | Wharfedale | |
| 30 | 362 | Mark | Cropper | MV40 | 31:44 | Helm Hill | |
| 31 | 1190 | Ben | Kirkman | MU21 | 31:46 | Rossendale | |
| 32 | 452 | Jon | Richardson | Man | 31:49 | Rossendale | |
| 33 | 53 | Steven | Middleton | MV40 | 32:04 | Howgill Harriers | |
| 34 | 127 | John | Rainford | MV50 | 32:14 | Preston Harriers | |
| 35 | 177 | David | Griffin | MV50 | 32:24 | Dallam | |
| 36 | 117 | Simon | Fox | MV50 | 32:30 | Darwen Dashers | |
| 37 | 448 | Simon | Wright | MV50 | 32:35 | Bingley | |
| 38 | 263 | Tim | Pickering | Man | 32:46 | Helm Hill | |
| 39 | 98 | Rowan | Wood | Man | 32:50 | Lonsdale | |
| 40 | 194 | Dominic | Merchant | Man | 32:52 | Helm Hill | |
| 41 | 174 | Alistair | Hearn | MV40 | 32:53 | Helm Hill | |
| 42 | 309 | Joseph | Sharples | Man | 32:55 | Preston Harriers | |
| 43 | 192 | Brian | Thompson | MV60 | 33:16 | Helm Hill | 1st MV60 |
| 44 | 237 | James | Todhunter | Man | 33:18 | Helm Hill | |
| 45 | 314 | Ray | Gill | MV50 | 33:20 | Dallam | |
| 46 | 25 | Tom | Matthew | MV40 | 33:48 | Bowland | |
| 47 | 343 | Mick | Kirkman | MV50 | 34:03 | Rossendale | |
| 48 | 62 | David | Appleyard | MV50 | 34:26 | Helm Hill | |
| 49 | 455 | Roger | Taylor | MV50 | 34:32 | Preston Harriers | |
| 50 | 1209 | Thomas | Ward | MU21 | 34:45 | Helm Hill | |
| 51 | 12 | Tim | Murray | MV50 | 34:45 | Helm Hill | |
| 52 | 205 | Ronald | Hummelink | Man | 34:46 | Lonsdale | |
| 53 | 235 | Tyrone | Lewis | MV50 | 35:02 | Dallam | |
| 54 | 40 | Jonny | Grisedale | MV40 | 35:05 | Helm Hill | |
| 55 | 203 | Toby | Johnson | MV40 | 35:09 | Helm Hill | |
| 56 | 85 | Ian | Hutchinson | MV50 | 35:18 | Bowland Fell Runners | |
| 57 | 86 | Joey | Umpleby | MU21 | 35:28 | Kendal AAC | |
| 58 | 105 | Paul | Corkill | Man | 35:31 | Levens Valley AC | |

| | | | | | | | |
|----|-----|---------|------------|------|-------|------------------|----------|
| 59 | 266 | Andy | Evans | MV50 | 35:51 | Settle | |
| 60 | 42 | Andy | Holden | MV50 | 36:01 | Wharfedale | |
| 61 | 449 | Gavin | Clar?? | Man | 36:02 | | |
| 62 | 106 | Peter | Singleton | MV60 | 36:05 | Blackpool | |
| 63 | 436 | David | Hunter | MV50 | 36:19 | Helm Hill | |
| 64 | 460 | Mike | Cooper | MV40 | 36:58 | Leven Valley | |
| 65 | 75 | Andy | Mingay | Man | 37:03 | Eden Runners | |
| 66 | 305 | Steve | Taylor | MV60 | 38:11 | Preston Harriers | |
| 67 | 6 | David | Barnes | MV60 | 38:13 | Horwich | |
| 68 | 286 | Pete | Coe | MV60 | 38:27 | Helm Hill | |
| 69 | 173 | Michael | McLoughlin | MV60 | 40:16 | Preston Harriers | |
| 70 | 458 | Richard | Milne | MV50 | 41:17 | Trawden | |
| 71 | 103 | John | Taylor | MV60 | 41:41 | Bowland | |
| 72 | 246 | John | Hodgson | MV70 | 41:54 | Dallam | 1st MV70 |
| 73 | 55 | Barry | Scholes | MV60 | 42:16 | Settle | |
| 74 | 151 | Gordon | Thompson | MV50 | 43:03 | Preston Harriers | |
| 75 | 202 | Greg | Oulton | MV50 | 44:23 | Lytham | |
| 76 | 230 | Ian | Peters | MV60 | 44:34 | Glaxo | |
| 77 | 345 | Stephen | Fish | MV60 | 46:31 | Clayton Le Moors | |
| 78 | 120 | Philip | Kirkby | MV60 | 55:37 | Coniston | |
| 79 | 456 | Paul | Willams | MV50 | 56:43 | | |
| 80 | 15 | Denis | Wood | MV70 | 57:08 | Borrowdale | |

| MEN | | | | | | | |
|----------|----------|------------|------------|------|-------|-----------------------|------------------|
| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
| 1 | 4 | Michael | Ainsworth | Man | 26:06 | Helm Hill | 1st Man |
| 2 | 51 | Tom | Addison | Man | 26:15 | Helm Hill | 2nd Man |
| 3 | 454 | Reuben | Copley | MU21 | 27:26 | Barrow | 3rd Man/1st MU21 |
| 4 | 1152 | Benjamin | Forrest | MU21 | 27:29 | Rossendale | |
| 5 | 280 | Harvey | Lord | Man | 27:56 | Black Combe | |
| 6 | 457 | Jospeh | Twigg | MU21 | 28:15 | Lancaster & Morecambe | |
| 7 | 402 | Jos | Addison | Man | 28:28 | Helm Hill | |
| 8 | 185 | Jacob | Aubrey | MU21 | 28:30 | Helm Hill | |
| 9 | 95 | Jonathon | Lowther | Man | 28:36 | Helm Hill | |
| 10 | 99 | Phil | Mather | Man | 28:50 | Lonsdale | |
| 11 | 260 | Laurie | Kearsey | Man | 28:52 | Helm Hill | |
| 12 | 228 | Peter | Rigby | Man | 29:39 | | |
| 13 | 207 | Ross | Jenkin | Man | 30:16 | Howgill Harriers | |
| 14 | 10 | Jake | Lowther | Man | 30:25 | Helm Hill | |
| 15 | 79 | Jake | Cooper | MU21 | 30:26 | Leven Valley | |
| 16 | 146 | Martin | Askew | MU21 | 30:40 | Helm Hill | |
| 17 | 183 | Ben | Whitham | Man | 30:59 | | |
| 18 | 308 | Stephen | Nicholls | Man | 31:12 | Wigan & District | |
| 19 | 447 | John | Hosker | Man | 31:18 | Howgill Harriers | |
| 20 | 136 | Declan | Bulmer | Man | 31:42 | Wharfedale | |
| 21 | 1190 | Ben | Kirkman | MU21 | 31:46 | Rossendale | |
| 22 | 452 | Jon | Richardson | Man | 31:49 | Rossendale | |
| 23 | 263 | Tim | Pickering | Man | 32:46 | Helm Hill | |
| 24 | 98 | Rowan | Wood | Man | 32:50 | Lonsdale | |
| 25 | 194 | Dominic | Merchant | Man | 32:52 | Helm Hill | |
| 26 | 309 | Joseph | Sharples | Man | 32:55 | Preston Harriers | |
| 27 | 237 | James | Todhunter | Man | 33:18 | Helm Hill | |
| 28 | 1209 | Thomas | Ward | MU21 | 34:45 | Helm Hill | |
| 29 | 205 | Ronald | Hummelink | Man | 34:46 | Lonsdale | |
| 30 | 86 | Joey | Umpleby | MU21 | 35:28 | Kendal AAC | |
| 31 | 105 | Paul | Corkill | Man | 35:31 | Levens Valley AC | |
| 32 | 449 | Gavin | Clar?? | Man | 36:02 | | |
| 33 | 75 | Andy | Mingay | Man | 37:03 | Eden Runners | |

MEN UNDER 21

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|-------|-----------------------|------------------|
| 1 | 454 | Reuben | Copley | MU21 | 27:26 | Barrow | 3rd Man/1st MU21 |
| 2 | 1152 | Benjamin | Forrest | MU21 | 27:29 | Rosendale | |
| 3 | 457 | Jospeh | Twigg | MU21 | 28:15 | Lancaster & Morecambe | |
| 4 | 185 | Jacob | Aubrey | MU21 | 28:30 | Helm Hill | |
| 5 | 79 | Jake | Cooper | MU21 | 30:26 | Leven Valley | |
| 6 | 146 | Martin | Askew | MU21 | 30:40 | Helm Hill | |
| 7 | 1190 | Ben | Kirkman | MU21 | 31:46 | Rosendale | |
| 8 | 1209 | Thomas | Ward | MU21 | 34:45 | Helm Hill | |
| 9 | 86 | Joey | Umpleby | MU21 | 35:28 | Kendal AAC | |

MEN - VET 40

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|------------------|----------|
| 1 | 279 | Richard | Wells | MV40 | 28:45 | Howgill Harriers | 1st MV40 |
| 2 | 30 | Brian | Pennington | MV40 | 29:51 | Howgill Harriers | |
| 3 | 24 | Craig | Burrow | MV40 | 30:03 | Helm Hill | |
| 4 | 49 | Jacob | Dyer | MV40 | 30:19 | Helm Hill | |
| 5 | 26 | Daniel | Malcolm | MV40 | 30:23 | Helm Hill | |
| 6 | 284 | Justin | Tancrel | MV40 | 31:09 | | |
| 7 | 451 | Ian | Willis | MV40 | 31:21 | KCAC | |
| 8 | 362 | Mark | Cropper | MV40 | 31:44 | Helm Hill | |
| 9 | 53 | Steven | Middleton | MV40 | 32:04 | Howgill Harriers | |
| 10 | 174 | Alistair | Hearn | MV40 | 32:53 | Helm Hill | |
| 11 | 25 | Tom | Matthew | MV40 | 33:48 | Bowland | |
| 12 | 40 | Jonny | Grisedale | MV40 | 35:05 | Helm Hill | |
| 13 | 203 | Toby | Johnson | MV40 | 35:09 | Helm Hill | |
| 14 | 460 | Mike | Cooper | MV40 | 36:58 | Leven Valley | |

MEN - VET 50

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|----------------------|----------|
| 1 | 87 | Scott | Umpleby | MV50 | 28:55 | Kendal AAC | 1st MV50 |
| 2 | 45 | James | Baron | MV50 | 31:15 | Helm Hill | |
| 3 | 127 | John | Rainford | MV50 | 32:14 | Preston Harriers | |
| 4 | 177 | David | Griffin | MV50 | 32:24 | Dallam | |
| 5 | 117 | Simon | Fox | MV50 | 32:30 | Darwen Dashers | |
| 6 | 448 | Simon | Wright | MV50 | 32:35 | Bingley | |
| 7 | 314 | Ray | Gill | MV50 | 33:20 | Dallam | |
| 8 | 343 | Mick | Kirkman | MV50 | 34:03 | Rosendale | |
| 9 | 62 | David | Appleyard | MV50 | 34:26 | Helm Hill | |
| 10 | 455 | Roger | Taylor | MV50 | 34:32 | Preston Harriers | |
| 11 | 12 | Tim | Murray | MV50 | 34:45 | Helm Hill | |
| 12 | 235 | Tyrone | Lewis | MV50 | 35:02 | Dallam | |
| 13 | 85 | Ian | Hutchinson | MV50 | 35:18 | Bowland Fell Runners | |
| 14 | 266 | Andy | Evans | MV50 | 35:51 | Settle | |
| 15 | 42 | Andy | Holden | MV50 | 36:01 | Wharfedale | |
| 16 | 436 | David | Hunter | MV50 | 36:19 | Helm Hill | |
| 17 | 458 | Richard | Milne | MV50 | 41:17 | Trawden | |
| 18 | 151 | Gordon | Thompson | MV50 | 43:03 | Preston Harriers | |
| 19 | 202 | Greg | Oulton | MV50 | 44:23 | Lytham | |
| 20 | 456 | Paul | Willams | MV50 | 56:43 | | |

MEN - VET 60

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|------------------|----------|
| 1 | 192 | Brian | Thompson | MV60 | 33:16 | Helm Hill | 1st MV60 |
| 2 | 106 | Peter | Singleton | MV60 | 36:05 | Blackpool | |
| 3 | 305 | Steve | Taylor | MV60 | 38:11 | Preston Harriers | |
| 4 | 6 | David | Barnes | MV60 | 38:13 | Horwich | |
| 5 | 286 | Pete | Coe | MV60 | 38:27 | Helm Hill | |
| 6 | 173 | Michael | McLoughlin | MV60 | 40:16 | Preston Harriers | |
| 7 | 103 | John | Taylor | MV60 | 41:41 | Bowland | |
| 8 | 55 | Barry | Scholes | MV60 | 42:16 | Settle | |
| 9 | 230 | Ian | Peters | MV60 | 44:34 | Glaxo | |
| 10 | 345 | Stephen | Fish | MV60 | 46:31 | Clayton Le Moors | |
| 11 | 120 | Philip | Kirkby | MV60 | 55:37 | Coniston | |

MEN - VET 70

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|-------|------------|----------|
| 1 | 246 | John | Hodgson | MV70 | 41:54 | Dallam | 1st MV70 |
| 2 | 15 | Denis | Wood | MV70 | 57:08 | Borrowdale | |

ALL SENIOR LADIES

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|--------------|-------------------|
| 1 | 425 | Hannah | Russell | LU21 | 30:04 | Helm Hill | 1st Lady/1st LU21 |
| 2 | 225 | Kelli | Roberts | Lady | 30:49 | Helm Hill | 2nd Lady |
| 3 | 23 | Imogen | Burrow | LU21 | 31:54 | Helm Hill | 3rd Lady |
| 4 | 261 | Emma | Johnston | Lady | 32:11 | Helm Hill | |
| 5 | 267 | Carol | Evans | LV50 | 33:29 | Settle | 1st LV50 |
| 6 | 48 | Bianca | Dyer | LV40 | 34:22 | Helm Hill | 1st LV40 |
| 7 | 17 | Ali | Richards | LV40 | 34:59 | Helm Hill | |
| 8 | 130 | Amy | Slattery | LU21 | 35:30 | Helm Hill | |
| 9 | 322 | Kate | Simpson | LV40 | 35:40 | Helm Hill | |
| 10 | 8 | Jayne | Rigby | LV40 | 36:13 | Helm Hill | |
| 11 | 63 | Erica | Evans | Lady | 36:24 | Ambleside | |
| 12 | 178 | Caroline | Lambert | LV40 | 37:12 | | |
| 13 | 274 | Rowan | Ranner | LV40 | 37:40 | Helm Hill | |
| 14 | 443 | Jessica | Bagnall | LV40 | 38:07 | Settle | |
| 15 | 186 | Liz | McNally | LV40 | 38:26 | Leven Valley | |
| 16 | 201 | Katie | Palmer | LV40 | 38:27 | Helm Hill | |
| 17 | 33 | Leah | Albion | LU21 | 38:31 | Broughton | |
| 18 | 264 | Anne Marie | Swallow | LV40 | 38:41 | | |
| 19 | 149 | Rachel | Slattery | LV40 | 38:45 | Helm Hill | |
| 20 | 380 | Jo | Appleby | LV40 | 38:47 | Helm Hill | |
| 21 | 102 | Jo | Taylor | LV50 | 38:49 | Bowland | |
| 22 | 34 | Joanne | Pennington | LV40 | 38:59 | Kendal AAC | |
| 23 | 96 | Helen | Barker | LV40 | 39:23 | Kendal AAC | |
| 24 | 41 | Lynn | Whittaker | LV50 | 39:28 | Wharfedale | |
| 25 | 453 | Maria | Hearn | LV40 | 40:29 | Helm Hill | |
| 26 | 37 | Jo | Cater | Lady | 40:31 | Helm Hill | |
| 27 | 437 | Jane | Umpleby | LV50 | 41:06 | | |
| 28 | 64 | Kate | Brayshaw | LV40 | 41:22 | Helm Hill | |
| 29 | 313 | Vicky | Kirkwood | LV40 | 42:40 | Dallam | |
| 30 | 58 | Anastasia | Winder | Lady | 43:06 | Leven Valley | |
| 31 | 459 | Helena | Lewis | LV50 | 43:08 | Dallam | |
| 32 | 285 | Vicky | Atkinson | LV40 | 43:30 | Helm Hill | |
| 33 | 68 | Pam | Bagot | LV40 | 44:39 | Settle | |
| 34 | 334 | Elizabeth | Adams | LV40 | 44:50 | Helm Hill | |
| 35 | 450 | Ariane | Gardiner | LV40 | 45:05 | | |
| 36 | 83 | Rebecca | Atkinson | Lady | 45:44 | | |
| 37 | 2 | Wendy | Smith | LV40 | 48:51 | Helm Hill | |
| 38 | 93 | Jill | Gates | LV50 | 49:24 | Settle | |
| 39 | 374 | Lynda | Hargreaves | LV50 | 50:00 | Wharfedale | |
| 40 | 371 | Jo | Matthew | LV40 | 51:59 | | |

LADIES

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|----------|------|-------|--------------|-------------------|
| 1 | 425 | Hannah | Russell | LU21 | 30:04 | Helm Hill | 1st Lady/1st LU21 |
| 2 | 225 | Kelli | Roberts | Lady | 30:49 | Helm Hill | 2nd Lady |
| 3 | 23 | Imogen | Burrow | LU21 | 31:54 | Helm Hill | 3rd Lady |
| 4 | 261 | Emma | Johnston | Lady | 32:11 | Helm Hill | |
| 5 | 130 | Amy | Slattery | LU21 | 35:30 | Helm Hill | |
| 6 | 63 | Erica | Evans | Lady | 36:24 | Ambleside | |
| 7 | 33 | Leah | Albion | LU21 | 38:31 | Broughton | |
| 8 | 37 | Jo | Cater | Lady | 40:31 | Helm Hill | |
| 9 | 58 | Anastasia | Winder | Lady | 43:06 | Leven Valley | |
| 10 | 83 | Rebecca | Atkinson | Lady | 45:44 | | |

LADIES UNDER 21

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|----------|------|-------|-----------|-------------------|
| 1 | 425 | Hannah | Russell | LU21 | 30:04 | Helm Hill | 1st Lady/1st LU21 |
| 2 | 23 | Imogen | Burrow | LU21 | 31:54 | Helm Hill | 3rd Lady |
| 3 | 130 | Amy | Slattery | LU21 | 35:30 | Helm Hill | |
| 4 | 33 | Leah | Albion | LU21 | 38:31 | Broughton | |

LADIES - VET 40

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|--------------|----------|
| 1 | 48 | Bianca | Dyer | LV40 | 34:22 | Helm Hill | 1st LV40 |
| 2 | 17 | Ali | Richards | LV40 | 34:59 | Helm Hill | |
| 3 | 322 | Kate | Simpson | LV40 | 35:40 | Helm Hill | |
| 4 | 8 | Jayne | Rigby | LV40 | 36:13 | Helm Hill | |
| 5 | 178 | Caroline | Lambert | LV40 | 37:12 | | |
| 6 | 274 | Rowan | Ranner | LV40 | 37:40 | Helm Hill | |
| 7 | 443 | Jessica | Bagnall | LV40 | 38:07 | Settle | |
| 8 | 186 | Liz | McNally | LV40 | 38:26 | Leven Valley | |
| 9 | 201 | Katie | Palmer | LV40 | 38:27 | Helm Hill | |
| 10 | 264 | Anne Marie | Swallow | LV40 | 38:41 | | |
| 11 | 149 | Rachel | Slattery | LV40 | 38:45 | Helm Hill | |
| 12 | 380 | Jo | Appleby | LV40 | 38:47 | Helm Hill | |
| 13 | 34 | Joanne | Pennington | LV40 | 38:59 | Kendal AAC | |
| 14 | 96 | Helen | Barker | LV40 | 39:23 | Kendal AAC | |
| 15 | 453 | Maria | Hearn | LV40 | 40:29 | Helm Hill | |
| 16 | 64 | Kate | Brayshaw | LV40 | 41:22 | Helm Hill | |
| 17 | 313 | Vicky | Kirkwood | LV40 | 42:40 | Dallam | |
| 18 | 285 | Vicky | Atkinson | LV40 | 43:30 | Helm Hill | |
| 19 | 68 | Pam | Bagot | LV40 | 44:39 | Settle | |
| 20 | 334 | Elizabeth | Adams | LV40 | 44:50 | Helm Hill | |
| 21 | 450 | Ariane | Gardiner | LV40 | 45:05 | | |
| 22 | 2 | Wendy | Smith | LV40 | 48:51 | Helm Hill | |
| 23 | 371 | Jo | Matthew | LV40 | 51:59 | | |

LADIES - VET 50

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|------------|----------|
| 1 | 267 | Carol | Evans | LV50 | 33:29 | Settle | 1st LV50 |
| 2 | 102 | Jo | Taylor | LV50 | 38:49 | Bowland | |
| 3 | 41 | Lynn | Whittaker | LV50 | 39:28 | Wharfedale | |
| 4 | 437 | Jane | Umpleby | LV50 | 41:06 | | |
| 5 | 459 | Helena | Lewis | LV50 | 43:08 | Dallam | |
| 6 | 93 | Jill | Gates | LV50 | 49:24 | Settle | |
| 7 | 374 | Lynda | Hargreaves | LV50 | 50:00 | Wharfedale | |

| LADIES - VET 60 | | | | | | | |
|-----------------|----------|------------|---------|-----|------|------|----------|
| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|-----|------|------|----------|
|----------|----------|------------|---------|-----|------|------|----------|

UNDER 17 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|-----|-------|-----------------------|----------|
| 1 | 1081 | Matthew | Knowles | Boy | 16:15 | Lancaster & Morecambe | 1st Boy |
| 2 | 1189 | Eric | Beaumont | Boy | 17:18 | KCAC | 2nd Boy |
| 3 | 1241 | Kurtis | Mitton | Boy | 17:23 | Rosendale | 3rd Boy |
| 4 | 1038 | Jacob | Smith | Boy | 17:51 | Kendal AAC | |
| 5 | 1133 | Toby | Umpleby | Boy | 18:22 | Kendal AAC | |
| 6 | 1255 | Jack | Rigal | Boy | 20:00 | Sedbergh School | |
| 7 | 1244 | Adam | Williamson | Boy | 20:31 | Levens Valley AC | |
| 8 | 1130 | Harvey | Cooper | Boy | 20:55 | Leven Valley | |
| 9 | 1007 | Vaughan | Samson | Boy | 21:02 | Helm Hill | |
| 10 | 1120 | Adam | Scott | Boy | 21:20 | Kendal | |

UNDER 17 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|------|-------|-----------|----------|
| 1 | 1207 | Bernadette | Raven | Girl | 19:41 | Ilkley | 1st Girl |
| 2 | 1074 | Maia | Doherty | Girl | 21:26 | Helm Hill | 2nd Girl |
| 3 | 1097 | Lottie | Beardwood | Girl | 21:59 | Helm Hill | 3rd Girl |
| 4 | 1073 | Becky | Dyer | Girl | 24:15 | Helm Hill | |
| 5 | 1134 | Emily | Crossley | Girl | 28:05 | Settle | |

UNDER 15 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|--------------|-----|-------|----------------------|----------|
| 1 | 1179 | Jack | Villiers | Boy | 10:02 | Barlick Fell Runners | 1st Boy |
| 2 | 1050 | William | Hall | Boy | 10:07 | Calder Valley | 2nd Boy |
| 3 | 1054 | Alex | Tallon | Boy | 10:15 | Helm Hill | 3rd Boy |
| 4 | 1037 | Ben | Smith | Boy | 10:22 | Kendal AAC | |
| 5 | 1256 | Tommy | Calvert | Boy | 10:34 | Sedbergh School | |
| 6 | 1003 | Henry | Hunter | Boy | 10:35 | Helm Hill | |
| 7 | 1149 | Finley | Corkill | Boy | 10:37 | Levens Valley AC | |
| 8 | 1180 | Sonny | Ashton-Fitch | Boy | 10:49 | Settle | |
| 9 | 1045 | Dylan | Cater | Boy | 10:52 | Helm Hill | |
| 10 | 1205 | Edward | Sargent | Boy | 11:03 | Hoad Hill Harriers | |
| 11 | 1088 | Ben | Greenep | Boy | 11:09 | Settle | |
| 12 | 1100 | Joe | Clayton | Boy | 11:32 | Helm Hill | |
| 13 | 1253 | Addison | Willis | Boy | 11:48 | Wharfedale | |
| 14 | 1167 | Alex | Matthew | Boy | 12:13 | | |
| 15 | 1051 | Finley | Grisedale | Boy | 14:00 | Helm Hill | |
| 16 | 1113 | Nathan | Ritchie | Boy | 14:04 | Hoad Hill Harriers | |
| 17 | 1121 | Benjamin | Grundy | Boy | 17:53 | Wharfedale | |
| dnf | 1006 | Ollie | Sanders | Boy | dnf | Helm Hill | |

UNDER 15 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|------|-------|----------------------|----------|
| 1 | 1170 | Olesia | Winder | Girl | 10:58 | Leven Valley | 1st Girl |
| 2 | 1028 | Holly | Dobson | Girl | 11:35 | Ambleside | 2nd Girl |
| 3 | 1017 | Elodie | Malcolm | Girl | 11:42 | Helm Hill | 3rd Girl |
| 4 | 1098 | Ella | Beardwood | Girl | 12:23 | Helm Hill | |
| 5 | 1234 | Ciara | Duffy | Girl | 13:25 | Barlick Fell Runners | |
| 6 | 1126 | Freya | Richards | Girl | 13:41 | Helm Hill | |

UNDER 13 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|-----|-------|-----------------------|----------|
| 1 | 1211 | Oliver | Smith | Boy | 07:11 | Helm Hill | 1st Boy |
| 2 | 1025 | Rowan | Ashworth | Boy | 07:21 | Ambleside | 2nd Boy |
| 3 | 1001 | Joseph | Rigby | Boy | 07:24 | Helm Hill | 3rd Boy |
| 4 | 1164 | Harry | Ewbank | Boy | 07:27 | Eden | |
| 5 | 1166 | Will | McNally | Boy | 07:29 | Leven Valley | |
| 6 | 1247 | Jack | Barker | Boy | 07:31 | Kendal AAC | |
| 7 | 1141 | Alex | Graham | Boy | 07:46 | Ambleside | |
| 8 | 1145 | Alfie | Addison | Boy | 07:49 | Helm Hill | |
| 9 | 1148 | Jack | Sanderson | Boy | 07:55 | Settle | |
| 10 | 1063 | Patrick | Casey | Boy | 07:57 | Calder Valley | |
| 11 | 1127 | Arran | Revill | Boy | 08:00 | Helm Hill | |
| 12 | 1052 | Harvey | Shaw | Boy | 08:01 | Ambleside | |
| 13 | 1174 | Sam | Greenep | Boy | 08:04 | Settle | |
| 14 | 1031 | Caius | Pennington | Boy | 08:04 | Howgill Harriers | |
| 15 | 1082 | Jody | Middleton | Boy | 08:07 | Howgill Harriers | |
| 16 | 1173 | Leo | Ranner | Boy | 08:18 | Helm Hill | |
| 17 | 1184 | Joseff | Tancrel | Boy | 08:21 | | |
| 18 | 1099 | Charlie | Clayton | Boy | 08:24 | Helm Hill | |
| 19 | 1251 | Adam | Hall | Boy | 08:25 | Howgill Harriers | |
| 20 | 1128 | Matthew | Gornall | Boy | 08:29 | Ambleside | |
| 21 | 1228 | Andrew | Mitchell | Boy | 08:32 | Howgill Harriers | |
| 22 | 1022 | Jamie | Graham | Boy | 08:35 | Ambleside | |
| 23 | 1032 | Aaron | Smith | Boy | 08:37 | Howgill Harriers | |
| 24 | 1005 | Richard | Goode-Smith | Boy | 08:47 | Ambleside | |
| 25 | 1115 | Samuel | Jackson | Boy | 08:48 | Helm Hill | |
| 26 | 1004 | Luke | Campbell | Boy | 08:49 | Ambleside | |
| 27 | 1114 | Will | Brayshaw | Boy | 08:50 | Helm Hill | |
| 28 | 1116 | Euan | Wells | Boy | 08:56 | Howgill Harriers | |
| 29 | 1233 | Garth | Duffy | Boy | 08:57 | Barlick Fell Runners | |
| 30 | 1078 | Toby | Harper | Boy | 09:07 | Ambleside | |
| 31 | 1111 | Jude | Evans | Boy | 09:12 | Ambleside | |
| 32 | 1061 | Oliver | Brummitt | Boy | 09:20 | Settle | |
| 33 | 1172 | Arran | Goodall | Boy | 09:22 | | |
| 34 | 1215 | John | Williamson | Boy | 09:45 | Leven Valley | |
| 35 | 1238 | Roan | Saunders | Boy | 09:54 | Ambleside | |
| 36 | 1103 | Joel | Saunders | Boy | 10:02 | Helm Hill | |
| 37 | 1200 | Harry | Ball | Boy | 10:06 | Lancaster & Morecambe | |
| 38 | 1196 | William | Hargreaves | Boy | 10:07 | Ambleside | |
| 39 | 1250 | George | Gardiner | Boy | 10:10 | Helm Hill | |
| 40 | 1168 | Broadie | Revill | Boy | 10:13 | Helm Hill | |
| 41 | 1199 | Oliver | Ball | Boy | 10:23 | Lancaster & Morecambe | |
| 42 | 1024 | Rory | Knowles | Boy | 10:27 | Ambleside | |
| 43 | 1023 | Patrick | Wood | Boy | 10:38 | Ambleside | |
| 44 | 1240 | Jonah | Hughes | Boy | 13:49 | Helm Hill | |

UNDER 13 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|----------------------|----------|
| 1 | 1035 | Sarah | Smith | Girl | 07:24 | Helm Hill | 1st Girl |
| 2 | 1198 | Evie | Taylor | Girl | 07:38 | Rossendale | 2nd Girl |
| 3 | 1056 | Elise | Tallon | Girl | 07:52 | Helm Hill | 3rd Girl |
| 4 | 1008 | Clara | Samson | Girl | 08:06 | Helm Hill | |
| 5 | 1234 | Ciara | Duffy | Girl | 08:12 | Barlick Fell Runners | |
| 6 | 1091 | Ella | Martindale | Girl | 08:31 | Helm Hill | |
| 7 | 1254 | Grace | Wells | Girl | 08:34 | Howgill Harriers | |
| 8 | 1246 | Faith | Bowness | Girl | 08:39 | Cumberland | |
| 9 | 1093 | Charlotte | Peart | Girl | 08:42 | Settle | |
| 10 | 1232 | Lucille | Pickles | Girl | 08:59 | Barlick Fell Runners | |
| 11 | 1033 | Ellen | Dickson | Girl | 09:04 | Ambleside | |
| 12 | 1248 | Isabella | Wright | Girl | 09:08 | Wharfedale | |
| 13 | 1019 | Emma | Duxbury | Girl | 09:25 | Ambleside | |
| 14 | 1118 | Connie-May | Scott | Girl | 09:27 | Kendal | |
| 15 | 1117 | Lucy | Bagot | Girl | 09:29 | Settle | |
| 16 | 1077 | Vicky | Woof | Girl | 09:41 | Howgill Harriers | |
| 17 | 1249 | Carla | Gardiner | Girl | 09:43 | Helm Hill | |
| 18 | 1092 | Madeleine | Martindale | Girl | 09:57 | | |
| 19 | 1075 | Katie | Lowis | Girl | 10:10 | Howgill Harriers | |
| 20 | 1016 | Cate | Matthew | Girl | 10:11 | | |
| 21 | 1216 | Ellie | Todhunter | Girl | 10:16 | | |
| 22 | 1096 | Alicia | Crawford | Girl | 10:39 | Helm Hill | |
| 23 | 1124 | Tess | Evans | Girl | 10:40 | Ambleside | |
| 24 | 1146 | Ella | Stamp | Girl | 10:45 | Dallam | |
| 25 | 1132 | Bridget | Atkinson | Girl | 10:54 | | |
| 26 | 1071 | Hannah | Dyer | Girl | 10:58 | Helm Hill | |
| 27 | 1109 | Poppy | Scott | Girl | 10:59 | | |
| 28 | 1070 | Seren | Green | Girl | 11:11 | Ambleside | |
| 29 | 1094 | Sophie | Hearn | Girl | 11:19 | | |
| 30 | 1065 | Eleanor | King | Girl | 11:37 | Helm Hill | |
| 31 | 1144 | Lauren | Evans | Girl | 11:50 | Settle | |
| 32 | 1102 | Ava | Saunders | Girl | 12:03 | | |
| 33 | 1055 | Megan | Harris | Girl | 12:12 | Helm Hill | |
| 34 | 1252 | Betsy | Willis | Girl | 12:22 | Wharfedale | |