Borrowdale Fell Race

4 August 2018

Pos	No	Name	Club	Cat	Time
1st	149	Ricky Lightfoot	Ellenborough Athletic Club	MSEN	2:51:59
2nd	70	Carl Bell	Keswick Athletic Club	MSEN	2:52:05
3rd	148	Josh Jardine	Helm Hill Runners	MU23	2:53:42
4th	220	Rhys Findlay-Robinson	Dark Peak Fell Runners	MSEN	2:58:52
5th	44	Mark Lamb	Keswick Athletic Club	MSEN	3:06:27
6th	159	lan Holmes	Bingley Harriers	M50	3:08:22
7th	199	Calum Tinnion	Keswick Athletic Club	MSEN	3:09:06
8th	257	Ted Ferguson	Borrowdale Fell Runners	MU23	3:09:55
9th	24	Kim Collison	Borrowdale Fell Runners	MSEN	3:10:04
10th	201	Sam Watson	Wharfedale Harriers	MSEN	3:11:21
11th	2	Martin Mikkelsen-Barron	Borrowdale Fell Runners	MSEN	3:13:19
12th	255	Pete Vale	Mercia Fell Runners	M45	3:14:15
13th	150	Ben Abdelnoor	Ambleside Athletic Club	MSEN	3:15:24
14th	211	Peter Davies	Dark Peak Fell Runners	MSEN	3:16:29
15th	193	Josh Williams	Dark Peak Fell Runners	MSEN	3:16:37
16th	182	Tom Simpson	Ambleside Athletic Club	MSEN	3:19:53
17th	167	Mark McGoldrick	Wharfedale Harriers	MSEN	3:20:00
18th	217	Simon Harding	Macclesfield Harriers	MSEN	3:20:14
19th	113	John Helme	Ambleside Athletic Club	M40	3:21:12
20th	210	Nicholas Barber	Pennine Fell Runners	MSEN	3:22:31
21st	77	James Harris	Black Combe Runners	MSEN	3:23:35
22nd	231	lan Phillips	Matlock Athletic Club	M40	3:24:59
23rd	240	George Foster	Keswick Athletic Club	MSEN	3:26:40
24th	212	Ben Bardsley	Borrowdale Fell Runners	M45	3:28:44
25th	117	Rob Brown	Keswick Athletic Club	MSEN	3:29:07
26th	128	Paul Aitken	Helm Hill Runners	MSEN	3:31:25
27th	8	Dave Ward	Pennine Fell Runners	M40	3:31:35
28th	23	Jasmin Paris	Carnethy Hill Running Club	FSEN	3:32:46
29th	122	Dave Milliken	Horwich RMI Harriers	M50	3:32:52
30th	160	Nic Ward	Northern Fells Running Club	MSEN	3:36:50
31st	53	Jack Wright	Ambleside Athletic Club	MSEN	3:39:52
32nd	154	Peter Mackie	Shettleston Harriers	M40	3:40:35
33rd	38	Jon Morgan	Dark Peak Fell Runners	M50	3:41:22
34th	78 127	Arthur Raffle	Altrincham & District Athletic Club	MU23	3:41:39
35th	127	Sam Dixon	Helm Hill Runners	MSEN	3:41:45
36th	136	Chris Jackson	Pennine Fell Runners	MSEN	3:43:06
37th	252	Nigel Wood	Helm Hill Runners	M40	3:44:12
38th	177	Robin Howie	Wharfedale Harriers	MU23	3:44:13
39th	14	Ross Litherland	Pennine Fell Runners Ambleside Athletic Club	M40	3:44:27
40th	263	Karl Steinegger		MSEN	3:47:00
41st	258 98	Scott Morley Philip Withnall	Eden Runners Lonsdale Fell Runners	MSEN MSEN	3:47:50
42nd 43rd	96 184	Jez Brown	Buckley Runners	M45	3:47:55
431u 44th	58	Matthew Richardson	Saltaire Striders	MSEN	3:48:08 3:48:14
45th	89	Matthew Hulley	Pennine Fell Runners	M40	3:48:30
45th	202	Mark Tuckett	Dark Peak Fell Runners	MSEN	3:49:40
47th	264	Luke Armitage	Unattached	MSEN	3:49:41
48th	141	Tobias Barthelmes	Keswick Athletic Club	MU23	3:49:52
49th	185	lan Ferguson	Bingley Harriers	M55	3:51:54
50th	145	Adam Jackson	Northern Fells Running Club	M45	3:52:14
51st	248	Max Wainwright	Dark Peak Fell Runners	MU23	3:52:53
51st 52nd	192	Tessa Strain	Hunters Bog Trotters	FSEN	3:54:01
53rd=	230	James Gray	Bowland Fell Runners	MSEN	3:54:26
53rd=	232	Doug Love	Bowland Fell Runners	MSEN	3:54:26

55th	73	Jonathan Kent	Eden Runners	MSEN	3:54:45
56th	137	Jacob Tonkin	Keswick Athletic Club	MSEN	3:55:25
57th	135	Nick Ray	Ellenborough Athletic Club	M45	3:56:27
58th	175	Virgil Barton	Barlick Fell Runners	M45	3:56:37
59th	35	Mark Irving	Bowland Fell Runners	MSEN	3:57:12
60th	195	David Williams	Ellenborough Athletic Club	MSEN	3:57:14
61st	242	Paul Hobbs	Todmorden Harriers	M40	3:57:34
62nd	250	Adnan Khan	Sunderland Strollers	MSEN	3:57:54
63rd	65	Craig Smith	Keswick Athletic Club	M50	3:57:59
64th=	125	Chris Balderson	Bowland Fell Runners	M50	3:58:17
64th=	15	Claire Nance	Lonsdale Fell Runners	FSEN	3:58:17
66th	178	Dan Gilbert	Horwich RMI Harriers	M40	3:58:51
67th	43	Colin Brearley	Holme Pierrepont Running Club	M40	3:59:13
68th	207	Joe Rigby	Unattached	MSEN	3:59:27
			Pennine Fell Runners	MSEN	
69th	67	Paul Rowley			3:59:59 4:00:46
70th	29	Mark Baddeley	Lincoln Wellington Athletic Club	M40	
71st	12	Leigh Warburton	Bowland Fell Runners	M60	4:01:09
72nd	86	Annie Roberts	Todmorden Harriers	FSEN	4:01:46
73rd	152	Dave Prosser	Keswick Athletic Club	M55	4:02:06
74th	219	Kate Marriott	Keswick Athletic Club	FSEN	4:02:45
75th	243	Colin Allott	Goyt Valley Striders	MSEN	4:03:29
76th	173	Philip Pearson	Northern Fells Running Club	M55	4:03:53
77th	102	Tom Leather	Tattenhall Runners	MSEN	4:03:55
78th	181	Matthew Hetherington	Northumberland Fell Runners	MSEN	4:03:59
79th	158	Tom Lynch	Otley Athletic Club	MSEN	4:04:13
80th	108	David White	Kilmarnock Harriers	M50	4:05:01
81st	31	Andrew Britton	Wharfedale Harriers	M40	4:05:40
82nd	239	Roger Sillito	Northumberland Fell Runners	M40	4:06:09
83rd=	118	Hayley Evans	Buckley Runners	FSEN	4:07:24
83rd=	168	Majka Kunicka	Dark Peak Fell Runners	FSEN	4:07:24
85th	69	Rob Harper	Ambleside Athletic Club	M45	4:07:53
86th	205	Jim Turner	Bowland Fell Runners	MSEN	4:08:18
87th	241	Matthew Farrer	Unattached	MSEN	4:08:38
88th	156	Benjamin Hoyle	Barlick Fell Runners	MSEN	4:09:08
89th	109	James Pierce	Dark Peak Fell Runners	M40	4:10:12
90th	84	John Duff	Northumberland Fell Runners	M45	4:11:26
91st	64	Stefan Phillips	Macclesfield Harriers	M40	4:11:37
92nd	81	Shaun Wilkinson	Keighley & Craven Athletic Club	M50	4:11:57
93rd	110	Martin Lyne	Keswick Athletic Club	MSEN	4:12:58
94th	196	Lee Newton	Keswick Athletic Club	MSEN	4:15:05
95th	63	Rick Solman	Unattached	MSEN	4:15:09
96th	164	Nicky Spinks	Dark Peak Fell Runners	F50	4:15:54
97th	233	Dominic Raby	Chorley Athletic & Tri Club	M45	4:16:02
98th	223	Rob Furness	Wharfedale Harriers	MSEN	4:16:08
99th	209	Sarah Lilleman	Dark Peak Fell Runners	FSEN	4:17:21
100th	32	Mark Chippendale	Bowland Fell Runners	M50	4:17:21
100th	126	Tim Raffle	Altrincham & District Athletic Club	M55	4:19:48
101st 102nd	26			M50	
		Jonathan Cross	Forth Valley Orienteers		4:21:40
103rd	166	Colin Moses	Wharfedale Harriers	M50	4:22:03
104th	180	Mark Jacobi	Totley Athletic Club	M50	4:22:15
105th	68	Simon Sampson	Unattached	MSEN	4:22:41
106th	229	Ed Richardson	Dark Peak Fell Runners	M45	4:23:10
107th	144	Lisa Watson	Unattached	FSEN	4:23:13
108th	50	James Allard	Unattached	MSEN	4:24:11
109th	107	Steve Adams	Dark Peak Fell Runners	M50	4:24:29
110th	200	Martyn Davidson	SPRA	MSEN	4:25:05
111th	100	Jim Thompson	Saltwell Harriers	M50	4:25:58
112th	245	Joseph Torr	Otley Athletic Club	MSEN	4:26:23
113^{th}	7	Will Johnson	Jump Runners Team X	MSEN	4:26:37
113^{th}	216	Steve Angus	Keswick Athletic Club	M45	4:26:37

115+6	120	Mally Dalphaan	Unattachad	F40	4.27.26
115th	138	Molly Ralphson	Unattached	F40	4:27:36
116th	99	Jules Coleman	Lonsdale Fell Runners	M50	4:27:48
117th	197	Peter Stobbs	Trawden Athletic Club	M55	4:29:02
118th	188	Jez Westgarth	Crossfit Cumbria	M40	4:30:05
119th	169	Pete Lloyd	Keighley & Craven Athletic Club	MSEN	4:30:41
120th	52	Caleb Reid	Borrowdale Fell Runners	M40	4:32:04
121st	54	Christian Poulton	Cambridge Harriers	M50	4:32:51
122nd	142	Robert Jones	Keswick Athletic Club	MSEN	4:33:32
123rd	260	Roy Gardner	Saddleworth Runners	M50	4:33:46
124th	75	Aaron Walmsley	Bowland Fell Runners	MSEN	4:33:47
125th	1	Paul Mason	Cumberland Fell Runners	M60	4:33:53
126th	234	Bill Williamson	Cumberland Fell Runners	M50	4:34:49
127th	176	Colin Jennings	Garstang Running Club	M45	4:34:57
128th	162	Ben Cartwright	Matlock Athletic Club	MSEN	4:35:15
129th	47	Miriam Leonard	Unattached	FSEN	4:35:28
130th	40	John Gill	Dallam Running Club	MSEN	4:35:53
131st	143	Janie Oates	Helm Hill Runners	FSEN	4:36:32
132nd	61	Matty Brennan	Erewash Valley Running Club	MSEN	4:37:14
133rd	42	Chris Curtis	Northern Fells Running Club	M50	4:37:20
134th	228	Martin Farrar	Wharfedale Harriers	M55	4:38:23
135th	76	Benjamin Wolstenholme	Bramhall Runners	MSEN	4:38:32
136th	57	Hannah Bradley	Cumberland Fell Runners	FSEN	4:38:44
137th	45	Stephen Lysaczenko	Unattached	M55	4:39:08
138th	215	Dave McGuire	Wharfedale Harriers	M50	4:39:53
139th	119	Paul Jennings	Cumberland Fell Runners	M50	4:39:55
140th	74	Seb Bufton	Saltwell Harriers	MSEN	4:40:00
141st	51	Dominic Nurse	North Leeds Fell Runners	M45	4:40:13
142nd	112	Monica Padilla	Wharfedale Harriers	FSEN	4:40:18
143rd	4	Marie Robson	Helm Hill Runners	F50	4:40:27
144th	92	Patrick Kingston	Unattached	M40	4:41:52
145th	249	Alison Wainwright	Dark Peak Fell Runners	F45	4:41:58
146th	174	Daniel Hurd	Unattached	MSEN	4:43:17
147th	203	Rose Singleton	Northern Fells Running Club	FSEN	4:43:23
148th	115	Martin Holroyd	Borrowdale Fell Runners	M50	4:43:55
149th	157	Mark Fussell	Cumberland Fell Runners	MSEN	4:43:57
150th	147	Darren Parker	Cumberland Fell Runners	M50	4:44:19
151st	5	Ady Humphrys	Darwen Dashers	M45	4:44:23
152nd	16	Paul Cornock	Keswick Athletic Club	MSEN	4:44:25
153rd	171	Stephen Bark	Lincoln & District Runners	M45	4:44:47
154th	256	James Roddis	Unattached	M45	4:45:26
155th	131	Brian Horn	Borrowdale Fell Runners	M60	4:45:36
156th	124	Clem Dixon	Cambridge Harriers	M55	4:45:39
157th	103	Michael Procter	Clayton-le-Moors Harriers	M50	4:45:43
158th	87	Neil Weightman	Dark Peak Fell Runners	M50	4:45:50
159th	30	Barry Edwards	Unattached	M60	4:45:53
160th	132	Andrew Bradley	Cumberland Fell Runners	M50	4:46:17
161st	179	Jean Powell	Wharfedale Harriers	F50	4:47:23
162nd	62	Tarbo Fukazawa	Cambridge Harriers	MSEN	4:47:26
163rd	17	Gemma Bradley	Saltwell Harriers	FSEN	4:47:55
164th	48	Adam Malloy	Unattached	MSEN	4:48:00
165th	151	Chris Lunson	Unattached	MSEN	4:48:10
166th	214	Leigh Hinchliffe	Pudsey Pacers	M45	4:48:18
167th	153	John Singh	Saltaire Striders	MSEN	4:49:46
168th	19	Deborah Millington	Mercia Fell Runners	F45	4:49:47
169th	101	Mark Smith	North Shields Poly Athletics Club	M45	4:50:01
170th	163	Michael Toman	Rossendale Harriers	M50	4:50:38
171st	140	Tyrrell Basson	Dark Peak Fell Runners	M40	4:50:42
172nd	130	Richard Clark	Esk Valley Fell Club	M45	4:50:44
173rd	94	Catherine Litherland	Pennine Fell Runners	F40	4:51:03
174th	129	John Messenger	Northern Fells Running Club	M40	4:51:17
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175th	46	David Heenan	Vegan Runners	MSEN	4:51:28
176th	121	lan Sutcliffe	Stadium Runners	M45	4:52:06
177th	198	James Parsons	Freedom Tri	MSEN	4:52:58
178th	66	Alan Lucker	Bowland Fell Runners	M40	4:53:14
179th	261	Tim Dempsey	Wharfedale Harriers	MSEN	4:53:21
			Durham Fell Runners		
180th	33	Andrew Henderson		M50	4:53:22
181st	139	Jim Clapp	Durham Fell Runners	M60	4:53:34
182nd	95	James Morrison	Tiverton Harriers	M40	4:53:50
183rd	227	Chris Plews	Wetherby Runners	M45	4:55:30
184th	13	Paul Coope	Bowland Fell Runners	M50	4:57:24
185th	10	Stuart McAleavy	Wharfedale Harriers	M40	5:01:09
186th	238	Rob Allen	Keswick Athletic Club	M40	5:02:54
187th	97	Andy Phelps	Lonsdale Fell Runners	MSEN	5:04:17
188th	236	Emma Watson	Wharfedale Harriers	FSEN	5:05:58
189th	208	Lewis Ashton	Dark Peak Fell Runners	M45	5:06:10
190th	20	Jenny Yeo	Derwent Valley Running Club	F40	5:06:13
191st	254	Richard Mackey	Saddleworth Runners	MSEN	5:06:14
192nd	9	Simon Bellwood	Keighley & Craven Athletic Club	M55	5:06:19
192nd 193rd	246	David Anderson	Pudsey & Bramley Athletic Club	MSEN	5:10:45
			Ambleside Athletic Club		
194th	25	Jo Simpson		FU23	5:12:09
195th	146	Alice Fellbaum	Ambleside Athletic Club	FSEN	5:12:11
196th	72	Brian Melia	Ilkley Harriers	M50	5:12:49
197th	194	Stephani Coe	Dark Peak Fell Runners	FSEN	5:13:09
198th	88	Barry Rawlinson	Rossendale Harriers	M70	5:13:28
199th	85	Graham Tagg	Bowland Fell Runners	M50	5:13:29
200th	18	Wendy Dodds	Clayton-le-Moors Harriers	F65	5:14:12
201st	222	Alan Dorrington	Clayton-le-Moors Harriers	M45	5:17:34
202nd	60	Mark Nutter	Clayton-le-Moors Harriers	M55	5:18:25
203rd	39	Robert Cunningham	Mooreabbey Milers Athletic Club	MSEN	5:19:26
204th	96	Dave Bowen	Pennine Fell Runners	M60	5:20:26
205th	56	Stephen Hartley	Eden Runners	M50	5:20:32
206th	120	Daryl Tacon	Cumberland Fell Runners	M45	5:20:56
207th	105	Lesley Malarkey	Keswick Athletic Club	F65	5:22:11
207th	91	-		MSEN	5:22:48
		Paul Leppard	Hillingdon Athletic Club		
209th	37	Neil Bowmer	Swaledale Runners	M50	5:23:36
210th	21	lan Race	Helm Hill Runners	M55	5:24:02
211th	224	Andrew Mansfield	Unattached	MSEN	5:25:30
212th	225	Sam Healy	North York Moors Athletic Club	M40	5:25:43
213th	251	Dan Taylor	Todmorden Harriers	M40	5:26:18
214th	114	Simon Stansfield	Clayton-le-Moors Harriers	M40	5:27:35
215th	106	Robin Tuddenham	Todmorden Harriers	M50	5:27:46
216th	41	Paul Doxford	South Shields Harriers	M55	5:28:06
217th	186	Chris Horsfall	Handsworth Roadhogs	M60	5:28:30
218th	165	Gary Mason	Northumberland Fell Runners	M45	5:29:22
219th	11	Joe Faulkner	Mercia Fell Runners	M55	5:32:40
220th	93	David Johnston	Mercia Fell Runners	M55	5:33:10
221st	123	Nick Harris	Rossendale Harriers	M65	5:33:37
222nd	155	Jack Ingham	Barlick Fell Runners	MSEN	5:35:21
22211d 223rd	226	Grace Leedham		F50	5:38:59
			Dallam Running Club		
224th	259	Jenny Lyon	Dallam Running Club	FSEN	5:39:00
225th	55	Jane Greening	Unattached	F40	5:39:01
226th	235	Edwin Sherstone	Southport Waterloo Athletic Club	M50	5:39:47
227th	49	Sarah Roscoe	Keswick Athletic Club	FSEN	5:44:09
228th	161	Gavin Bland	Borrowdale Fell Runners	M45	5:46:10
229th	59	Steve Wathall	Black Combe Runners	M60	5:48:01
230th	172	Andy Brightmore	Unattached	M40	5:51:57
231st	213	Steve Boom	Pudsey Pacers	M50	5:52:41
232nd	104	Tony Spicer	Rossendale Harriers	M65	5:52:50
233rd	134	Wiet Stokhuyzen	Unattached	M45	5:53:23
234th	262	Kevin Ayre	South Shields Harriers	M55	5:54:30
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235th 236th 237th 238th 239th	71 79 34 36 237 204 80 170 90 22 27 191 82 189 221 253 187 190 111 247 206 116 133 83	Anne Milner Malcolm Slater Michael Keavney Eddie Dealtry Richard Ashcroft Denise Tunstall Ros Blackmore Andrew Duncan Sarah Bowen Hilary Barber Stephen Currie lan Williams Darryl Stead Aaron Gourley Charlotte Milligan Philip Hadland Gareth Davies Tom Partington Tim Werrett Robin Hancock Claire Hardy Paul Simpson Gavin O'Connor Freda Summerfield leuan Jones Mark Sammon Michael Hadland	Wharfedale Harriers Northumberland Fell Runners Swaledale Runners Kendal Amateur Athletic Club Unattached Durham Fell Runners Swaledale Runners Northumberland Fell Runners Northern Fell Runners Keighley & Craven Athletic Club Saltwell Harriers Unattached Pudsey Pacers Elvet Striders Unattached Mercia Fell Runners Darwen Dashers Keswick Athletic Club Mercia Fell Runners Unattached Darwen Dashers Ambleside Athletic Club Trawden Athletic Club Gateshead Harriers Mercia Fell Runners SELOC Mercia Fell Runners	F50 M55 M50 M70 M40 F50 F50 M60 F40 F50 M45 M50 M45 M45 M55 MSEN MSEN M45 M45 FSEN M55 M55 MSEN M45 M45 M45 M50 M45 M50	5:54:55 5:57:17 5:58:22 5:59:27 6:03:33
	183	Stephen Priestnall	Mynydd Du	M50	
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	6	Peter Hadley	Cambridge Harriers	M70	

5:58:22 5:59:27

6:03:33