

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 24th November 2018

Under 11 Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	2285	Gracie Scott	Blackpool Fylde & Wyre AC	7:47	37	3119	Lucy Hetherington	TNC	9:06
2	2661	Charlotte Robertshaw	Trawden AC	7:50	38	752	Lottie Hughes	Southport Waterloo Ac	9:08
3	2517	Eve Downham	Chorley Ac & Tri	7:53	39	530	Maddison Parrington	Lancaster & Morecambe	9:09
4	186	Sarah Yates	Liverpool Pembroke Sefton	7:54	40	1122	Georgia Tregay	Burnley Ac	9:10
5	3115	Lucille Pickles	Barlick Fell Runners	8:02	41	3120	Eve Maund	Liverpool Pembroke Sefton	9:11
6	3116	Evie May Robinson	Lancaster & Morecambe	8:02	42	3121	Bella Mccredie	Barlick Fell Runners	9:14
7	1699	Anna Nicholson	Lancaster & Morecambe	8:03	43	1891	Clemmie Tierney	Lytham St Annes Rr Club	9:15
8	1237	Amber McIntosh	Border Harriers & Ac	8:04	44	1887	Isabel Tuck	Lytham St Annes Rr Club	9:16
9	2799	Hannah Davies	Blackburn Harriers	8:07	45	1700	Annie Dickinson	Lancaster & Morecambe	9:18
10	184	Katy Nicholson	Liverpool Pembroke Sefton	8:11	46	2651	Agatha Taylor	Trawden AC	9:18
11	1429	Elsie Barker	Kendal-Helm Composite	8:13	47	2800	Tippi Francis	Blackburn Harriers	9:21
12	855	Eliena Lusty	Clayton Le Moors Harriers	8:15	48	2507	Lexi Webb	Chorley Ac & Tri	9:22
13	2803	Imogen Robinson	Blackburn Harriers	8:16	49	2283	Jemima Bradburn	Blackpool Fylde & Wyre AC	9:29
14	133	Eve O'Mahoney	Liverpool Harriers	8:20	50	132	Lucy Lafferty	Liverpool Harriers	9:29
15	255	Renee Adams	Southport Waterloo Ac	8:25	51	200	Ellie Francis	Lytham St Annes Rr Club	9:30
16	2805	Eve Coulson	Blackburn Harriers	8:25	52	2396	Rachel Thompson	Preston Harriers	9:35
17	69	Erin Gillan	Lancaster & Morecambe	8:33	53	1002	Iona Smith	Glaxo Hoad Hill Harriers	9:38
18	2653	Tamzin Osborne	Trawden AC	8:35	54	22	Charlotte Hallelwell	Chorley Ac & Tri	9:40
19	2656	Leah Harvey	Trawden AC	8:37	55	130	Samantha Birch	Liverpool Harriers	9:40
20	1644	Lucy Bell	Leven Valley AC	8:38	56	2203	Lily-Grace Clayton	Barlick Fell Runners	9:41
21	1426	Isla Ford	Kendal-Helm Composite	8:40	57	2798	Lulu Sharp	Blackburn Harriers	9:42
22	1126	Erica Corns	Burnley Ac	8:41	58	854	Phoebe Jackson	Clayton Le Moors Harriers	9:43
23	1427	Madeleine Martindale	Kendal-Helm Composite	8:41	59	1890	Leoma Gill	Lytham St Annes Rr Club	9:47
24	2286	Jess Ramsden	Blackpool Fylde & Wyre AC	8:42	60	858	Ellisia Smedley	Clayton Le Moors Harriers	9:59
25	2804	Charlotte Sousa	Blackburn Harriers	8:42	61	209	Sarah Winstanley	Preston Harriers	10:01
26	131	Bailey Hughes	Liverpool Harriers	8:47	62	61	Jasmine Madden	Kirkby Milers	10:05
27	1960	Eve Hannaway	Liverpool Pembroke Sefton	8:53	63	2512	Maisie Geary	Chorley Ac & Tri	10:20
28	860	Emily Nicholls	Clayton Le Moors Harriers	8:55	64	1123	Hollie Applegate	Burnley Ac	10:35
29	862	Olivia Huyton	Clayton Le Moors Harriers	8:57	65	3122	Lola Mae Sims	Trawden AC	10:36
30	1272	Lily Salt	TNC	8:58	66	2652	Ava Wright	Trawden AC	10:45
31	1125	Zoe Green	Burnley Ac	8:59	67	1889	Ella Wiseman	Lytham St Annes Rr Club	10:52
32	3117	Annabelle Hoyle	Barlick Fell Runners	9:00	68	1886	Rosa Gill	Lytham St Annes Rr Club	11:07
33	3118	Jenny Poole	Chorley Ac & Tri	9:00	69	2659	Eleanor Rosthorn	Trawden AC	11:13
34	2282	Polly Kershaw	Blackpool Fylde & Wyre AC	9:01	70	185	Naomi Read	Liverpool Pembroke Sefton	11:14
35	1127	Hollie Mayhew	Burnley Ac	9:01	71	59	Anna Case	Kirkby Milers	12:00
36	254	Felicity Fletcher	Southport Waterloo Ac	9:03	72	60	Niamh Keegan	Kirkby Milers	12:10

Under 11 Girls — TEAM RESULTS

1	Lancaster & Morecambe	30	—	6	Evie May Robinson	7	Anna Nicholson	17	Erin Gillan
2	Blackburn Harriers	38	—	9	Hannah Davies	13	Imogen Robinson	16	Eve Coulson
3	Trawden AC	39	—	2	Charlotte Robertshaw	18	Tamzin Osborne	19	Leah Harvey
4	Liverpool Pembroke Sefton	41	—	4	Sarah Yates	10	Katy Nicholson	27	Eve Hannaway
5	Kendal-Helm Composite	55	—	11	Elsie Barker	21	Isla Ford	23	Madeleine Martindale
6	Blackpool Fylde & Wyre AC	59	—	1	Gracie Scott	24	Jess Ramsden	34	Polly Kershaw
7	Clayton Le Moors Harriers	69	—	12	Eliena Lusty	28	Emily Nicholls	29	Olivia Huyton
8	Barlick Fell Runners	79	—	5	Lucille Pickles	32	Annabelle Hoyle	42	Bella Mccredie
9	Chorley Ac & Tri	84	—	3	Eve Downham	33	Jenny Poole	48	Lexi Webb
10	Burnley Ac	88	—	22	Erica Corns	31	Zoe Green	35	Hollie Mayhew
11	Southport Waterloo Ac	89	—	15	Renee Adams	36	Felicity Fletcher	38	Lottie Hughes
12	Liverpool Harriers	90	—	14	Eve O'Mahoney	26	Bailey Hughes	50	Lucy Lafferty
13	Lytham St Annes Rr Club	138	—	43	Clemmie Tierney	44	Isabel Tuck	51	Ellie Francis
14	Kirkby Milers	205	—	62	Jasmine Madden	71	Anna Case	72	Niamh Keegan

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 24th November 2018

Under 11 Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time			Time	
1	3123	Sebastian Mason	Border Harriers & Ac	6:58	46	1441Alfi Todd	Kendal-Helm Composite	8:12
2	1666	Will McNally	Leven Valley AC	7:03	47	101Cillian Clarke	Leigh Harriers	8:14
3	2747	Harry Smith	Trawden AC	7:06	48	198Archie Belfield	Lytham St Annes Rr Club	8:15
4	100	Samuel Barlow	Leigh Harriers	7:10	49	2871Felix Thompson	Blackburn Harriers	8:16
5	1439	Alfie Addison	Kendal-Helm Composite	7:11	50	2440Adam Link	Preston Harriers	8:16
6	2880	Matthew Smith	Blackburn Harriers	7:15	51	1133Caleb Tregay	Burnley Ac	8:17
7	2874	Samuel Aspey	Blackburn Harriers	7:22	52	3125Bobby Howard	Knowsley Schools	8:18
8	2887	Jacob Joyce	Blackburn Harriers	7:29	53	2237Michael Rigg-Moya	Barlick Fell Runners	8:19
9	1440	Noah Wadsworth	Kendal-Helm Composite	7:29	54	2876Findlay Carroll	Blackburn Harriers	8:19
10	1203	William McCash	Hyndburn Ac	7:31	55	2577Dominic Evans	Chorley Ac & Tri	8:20
11	2888	Oliver Gill	Blackburn Harriers	7:32	56	2870Loucas Lancashire	Blackburn Harriers	8:22
12	2444	Ethan Chadwick	Preston Harriers	7:34	57	2744Jamie Williamson	Trawden AC	8:22
13	129	Max Taylor	Liverpool Harriers	7:34	58	1924Finlay Hughes	Lytham St Annes Rr Club	8:23
14	2736	Harry Jordan	Trawden AC	7:35	59	16Oliver Walsh	Burnley Ac	8:24
15	2742	Oliver Brown	Trawden AC	7:36	60	119Keiran Bannister	Leven Valley AC	8:24
16	208	Connor Rigby	Preston Harriers	7:39	61	182James Kearsley	Liverpool Pembroke Sefton	8:27
17	2743	James Galloway	Trawden AC	7:39	62	121Jack Middleton	Leven Valley AC	8:29
18	18	Matthew Allchurch	Chorley Ac & Tri	7:40	63	535David Hall	Preston Harriers	8:30
19	523	Alfie Hall	Blackpool Fylde & Wyre AC	7:40	64	514Ivan Winder	Leven Valley AC	8:32
20	532	Oliver Ball	Lancaster & Morecambe	7:41	65	21Max Winstanley	Chorley Ac & Tri	8:34
21	125	Freddie Barden	Liverpool Harriers	7:44	66	2439Matthew Link	Preston Harriers	8:34
22	930	Charlie Fee	Clayton Le Moors Harriers	7:49	67	929Fraser Anforth	Clayton Le Moors Harriers	8:37
23	2242	Logan McCredie	Barlick Fell Runners	7:49	68	2734Seth Fenton-Clough	Trawden AC	8:40
24	2868	William Grundy	Blackburn Harriers	7:50	69	3126Will Pease	Barlick Fell Runners	8:43
25	551	Leo Ranner	Kendal-Helm Composite	7:50	70	1665John Williamson	Leven Valley AC	8:43
26	181	Toby Farrer	Liverpool Pembroke Sefton	7:52	71	207Joshua Collie	Preston Harriers	8:47
27	2445	Hayden Ridgley	Preston Harriers	7:53	72	2328Billy Kershaw	Blackpool Fylde & Wyre AC	8:49
28	529	Ben Brassington	Lancaster & Morecambe	7:55	73	2875Alexander Brien	Blackburn Harriers	8:51
29	1442	Josh Todd	Kendal-Helm Composite	7:56	74	57Luke Culshaw	Kirkby Milers	8:53
30	2737	Callum Singleton	Trawden AC	7:57	75	58Charlie Murray	Kirkby Milers	8:56
31	525	Eddie Chandler	Preston Harriers	7:58	76	1719Nathan Giles	Lancaster & Morecambe	8:58
32	1722	Matthew Harwood	Lancaster & Morecambe	7:59	77	2867George Holman	Blackburn Harriers	9:00
33	2329	Otis Leah	Blackpool Fylde & Wyre AC	8:00	78	2571Jack McCann	Chorley Ac & Tri	9:02
34	1926	Eric Wrigley	Lytham St Annes Rr Club	8:01	79	2569Joseph Glew	Chorley Ac & Tri	9:03
35	2869	Charlie Haworth	Blackburn Harriers	8:01	80	127Cruz Charlie De	Liverpool Harriers	9:10
36	2884	George Ramsden	Blackburn Harriers	8:05	81	15Declan Andrews	Burnley Ac	9:21
37	2331	Jack Balshaw	Blackpool Fylde & Wyre AC	8:06	82	2443Josh Perry	Preston Harriers	9:31
38	1136	Richard Nicolls	Burnley Ac	8:07	83	2574Lewis Mercer	Chorley Ac & Tri	9:33
39	2239	Garth Duffy	Barlick Fell Runners	8:07	84	3127Oscar Clayton	Barlick Fell Runners	9:35
40	253	Charles Fletcher	Southport Waterloo Ac	8:08	85	1134Benjamin Mayhew	Burnley Ac	9:40
41	3124	Harry Collins	Barlick Fell Runners	8:08	86	549Isaac Smith	Blackburn Harriers	9:59
42	927	Charlie Barnes	Clayton Le Moors Harriers	8:10	87	1569Joseph Ogilvie	Kirkby Milers	10:14
43	1927	Lewis Bentley	Lytham St Annes Rr Club	8:10	88	199Curtis Da'volls	Lytham St Annes Rr Club	10:16
44	536	Russell Hall	Preston Harriers	8:10	89	56Benjamin Carey	Kirkby Milers	10:25
45	544	Liam Bennison	Blackburn Harriers	8:11	90	3128Rylrey Box	Chorley Ac & Tri	10:41

Under 11 Boys — TEAM RESULTS

1	Blackburn Harriers	21	—	6	Matthew Smith	7	Samuel Aspey	8	Jacob Joyce
2	Trawden AC	32	—	3	Harry Smith	14	Harry Jordan	15	Oliver Brown
3	Kendal-Helm Composite	39	—	5	Alfie Addison	9	Noah Wadsworth	25	Leo Ranner
4	Preston Harriers	55	—	12	Ethan Chadwick	16	Connor Rigby	27	Hayden Ridgley
5	Lancaster & Morecambe	80	—	20	Oliver Ball	28	Ben Brassington	32	Matthew Harwood
6	Blackpool Fylde & Wyre AC	89	—	19	Alfie Hall	33	Otis Leah	37	Jack Balshaw
7	Barlick Fell Runners	103	—	23	Logan McCredie	39	Garth Duffy	41	Harry Collins
8	Liverpool Harriers	114	—	13	Max Taylor	21	Freddie Barden	80	Cruz Charlie De
9	Leven Valley AC	124	—	2	Will McNally	60	Keiran Bannister	62	Jack Middleton
10	Lytham St Annes Rr Club	125	—	34	Eric Wrigley	43	Lewis Bentley	48	Archie Belfield
11	Clayton Le Moors Harriers	131	—	22	Charlie Fee	42	Charlie Barnes	67	Fraser Anforth
12	Chorley Ac & Tri	138	—	18	Matthew Allchurch	55	Dominic Evans	65	Max Winstanley
13	Burnley Ac	148	—	38	Richard Nicolls	51	Caleb Tregay	59	Oliver Walsh
14	Kirkby Milers	236	—	74	Luke Culshaw	75	Charlie Murray	87	Joseph Ogilvie

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Under 13 Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	865	Helana White	Clayton Le Moors Harriers	11:49	38	1966	Chloe Bousfield	Liverpool Pembroke Sefton	13:37
2	3129	Lara Bellingham	Liverpool Harriers	11:52	39	150	Megan McMutrie	Liverpool Harriers	13:39
3	3130	Eoie Taylor	Rosendale Harriers	11:56	40	2664	Isobel Beechey	Trawden AC	13:41
4	1895	Sophie Bohannon	Lytham St Annes Rr Club	12:01	41	2815	Isabelle Hartley	Blackburn Harriers	13:43
5	3131	Harriet Bain	Liverpool Harriers	12:07	42	864	Eleanor Edwards	Clayton Le Moors Harriers	13:44
6	149	Ella McMutrie	Liverpool Harriers	12:12	43	189	Charlotte Kearsley	Liverpool Pembroke Sefton	13:45
7	105	Lily Edwards	Leigh Harriers	12:21	44	1965	Alicia Woods	Liverpool Pembroke Sefton	13:46
8	1704	Maddie Hutton	Lancaster & Morecambe	12:24	45	1962	Hannah Williamson	Liverpool Pembroke Sefton	13:46
9	2524	Lara Ingram-Weston	Chorley Ac & Tri	12:28	46	2663	Leila Smithurst	Trawden AC	13:49
10	2533	Lucy Poole	Chorley Ac & Tri	12:30	47	2291	Olivia Sellars	Blackpool Fylde & Wyre AC	13:50
11	863	Amelia Halstead	Clayton Le Moors Harriers	12:31	48	2825	Caroline Woodworth	Blackburn Harriers	13:55
12	275	Hannah Culshaw	Wigan & District Harriers	12:35	49	2662	Ruby Fort	Trawden AC	13:57
13	146	Mia Ireston	Liverpool Harriers	12:36	50	2521	Martha Singleton	Chorley Ac & Tri	13:57
14	144	Emma Gittens	Liverpool Harriers	12:36	51	1963	Georgia Hurst	Liverpool Pembroke Sefton	13:58
15	1433	Sophie Cowin	Kendal-Helm Composite	12:37	52	141	Beatrix Cole	Liverpool Harriers	14:01
16	753	Emily Dean	Southport Waterloo Ac	12:37	53	3132	Poppi Watson	Preston Harriers	14:03
17	2402	Anna Thompson	Preston Harriers	12:37	54	2289	Holly Tickle	Blackpool Fylde & Wyre AC	14:10
18	2293	Betty Kershaw	Blackpool Fylde & Wyre AC	12:38	55	153	Hannah Suckling	Liverpool Harriers	14:10
19	1276	Fayth Bowness	TNC	12:40	56	190	Anna Yates	Liverpool Pembroke Sefton	14:15
20	2669	Eve Hartley	Trawden AC	12:42	57	3133	Grac Wareing-Yeulett	Preston Harriers	14:18
21	2523	Louise Hallowell	Chorley Ac & Tri	12:55	58	147	Christiana Kelly	Liverpool Harriers	14:22
22	143	Alicia Evans	Liverpool Harriers	12:59	59	3134	Rachel Curzon	Liverpool Pembroke Sefton	14:23
23	2823	Keira Haxton	Blackburn Harriers	13:01	60	1557	Amelia McCarthy	Kirkby Milers	14:30
24	2667	Isabel Holt	Trawden AC	13:05	61	1964	Amy English	Liverpool Pembroke Sefton	14:35
25	2212	Ciara Duffy	Barlick Fell Runners	13:05	62	3135	Jemima Fletcher	Southport Waterloo Ac	14:39
26	1274	Olivia Swarbrick	TNC	13:06	63	151	Phoebe Melia	Liverpool Harriers	14:43
27	1130	Amelia Southam	Burnley Ac	13:09	64	3136	Lacy-Perkins Mega De	Lancaster & Morecambe	14:46
28	1170	Jasmine Barlow	Leigh Harriers	13:14	65	754	Apphia Keenan	Southport Waterloo Ac	14:53
29	148	Mae Lawless	Liverpool Harriers	13:15	66	154	Lottie Threadgold	Liverpool Harriers	15:14
30	2814	Molly Grimshaw	Blackburn Harriers	13:28	67	2813	Kady Thompson	Blackburn Harriers	15:26
31	2399	Megan Reynolds	Preston Harriers	13:29	68	1555	Sophie Ogilvie	Kirkby Milers	15:46
32	2288	Louisa Bradburn	Blackpool Fylde & Wyre AC	13:30	69	2397	Ella Sturzaker	Preston Harriers	15:57
33	755	Libby Simpson	Southport Waterloo Ac	13:30	70	145	Olivia Howard	Liverpool Harriers	16:01
34	2821	Kiera Booth	Blackburn Harriers	13:31	71	521	Katelyn Swift	Liverpool Pembroke Sefton	16:05
35	1432	Ella Martindale	Kendal-Helm Composite	13:32	72	1556	Aimee Clare	Kirkby Milers	16:21
36	2665	Matilda Hird	Trawden AC	13:33	73	142	Madeline Courtney	Liverpool Harriers	16:31
37	265	Anna Whiteside	Trawden AC	13:35	74	2290	Naomi Wrigley	Blackpool Fylde & Wyre AC	16:32

Under 13 Girls — TEAM RESULTS

1	Liverpool Harriers	13	—	2	Lara Bellingham	5	Harriet Bain	6	Ella McMutrie
2	Chorley Ac & Tri	40	—	9	Lara Ingram-Weston	10	Lucy Poole	21	Louise Hallowell
3	Clayton Le Moors Harriers	54	—	1	Helana White	11	Amelia Halstead	42	Eleanor Edwards
4	Trawden AC	80	—	20	Eve Hartley	24	Isabel Holt	36	Matilda Hird
5	Blackburn Harriers	87	—	23	Keira Haxton	30	Molly Grimshaw	34	Kiera Booth
6	Blackpool Fylde & Wyre AC	97	—	18	Betty Kershaw	32	Louisa Bradburn	47	Olivia Sellars
7	Preston Harriers	101	—	17	Anna Thompson	31	Megan Reynolds	53	Poppi Watson
8	Southport Waterloo Ac	111	—	16	Emily Dean	33	Libby Simpson	62	Jemima Fletcher
9	Liverpool Pembroke Sefton	125	—	38	Chloe Bousfield	43	Charlotte Kearsley	44	Alicia Woods
10	Kirkby Milers	200	—	60	Amelia McCarthy	68	Sophie Ogilvie	72	Aimee Clare

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 24th November 2018

Race 4 - Under 13 Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	2903	Isaac Butler	Blackburn Harriers	11:13	34	3186	Ben Stratton	Lancaster & Morecambe	12:23
2	3141	Max Webster	Preston Harriers	11:15	35	1448	Jack Hewitson	Kendal-Helm Composite	12:27
3	3142	Louis Bigland	Blackpool Fylde & Wyre AC	11:16	36	3190	Ben Taylor	Clayton Le Moors Harriers	12:28
4	3143	Jenson Warren	Leigh Harriers	11:19	37	3192	William Moorhouse	Kendal-Helm Composite	12:30
5	2902	Dexta Thompson	Blackburn Harriers	11:21	38	3194	Saul Sharp	Liverpool Pembroke Sefton	12:31
6	3145	Ben Dilworth	Kendal-Helm Composite	11:24	39	3195	Joseph Marzollini	Lancaster & Morecambe	12:31
7	3146	Rafael Eaton	Rossendale Harriers	11:28	40	3196	James Twigg	Leven Valley AC	12:37
8	3147	Ethan Davies	Liverpool Harriers	11:28	41	3197	Benjamin Livesey	Kirkby Milers	12:38
9	3148	Theo Watson	Southport Waterloo Ac	11:30	42	3201	Jenson Bentham	Leven Valley AC	12:43
10	3150	Jack Lamb	Liverpool Pembroke Sefton	11:32	43	3202	Alex Glew	Liverpool Harriers	12:44
11	3151	Jack Barker	Barrow & Furness Striders AC	11:33	44	3204	Conrad Lucas	Preston Harriers	12:49
12	3152	Joseph Ormrod	Clayton Le Moors Harriers	11:34	45	3205	Alex Maude	Chorley Ac & Tri	12:52
13	3153	Josh Redmond	Wigan & District Harriers	11:35	46	3207	James Roberts	Preston Harriers	12:54
14	3154	Luke Ward	Blackburn Harriers	11:36	47	3212	Oliver Farrer	Chorley Ac & Tri	13:02
15	3155	Iwan Williams	Blackburn Harriers	11:37	48	3215	Oliver Thomson	TNC	13:05
16	3159	James Read	Trawden AC	11:51	49	3216	William Cooper	Liverpool Harriers	13:06
17	3160	Greg Barnard-Macke	Kirkby Milers	11:53	50	3218	Sam Greenep	Preston Harriers	13:09
18	3162	Robbie Smedley	Liverpool Pembroke Sefton	11:55	51	3219	Zach Earnshaw	Clayton Le Moors Harriers	13:10
19	3163	Will Lloyd	Preston Harriers	11:55	52	3221	Jack Winstanley	Chorley Ac & Tri	13:14
20	3164	Codie Dewhurst	Kendal-Helm Composite	11:55	53	1731	Archie Honeysett	Lancaster & Morecambe	13:16
21	3166	Daniel Smith	Liverpool Pembroke Sefton	11:57	54	3228	Abel Lennighan	Trawden AC	13:27
22	3167	George Dodgson	Trawden AC	12:02	55	3230	Isaac Lennighan	Liverpool Harriers	13:33
23	3168	James Brassington	Trawden AC	12:02	56	3235	Oliver Willoughby	Preston Harriers	13:42
24	3169	Isaac Dickinson	Kendal-Helm Composite	12:04	57	3237	Guy Whalley	Trawden AC	13:54
25	3170	Callum Osborne	Liverpool Harriers	12:04	58	3238	Antoni Ignatiou	Leven Valley AC	13:56
26	3171	Derri Henderson	Preston Harriers	12:07	59	3239	Matthew Buttery	Liverpool Harriers	14:00
27	2892	Jonathan Brindle	Blackburn Harriers	12:10	60	3241	James Sloss	Clayton Le Moors Harriers	14:08
28	3172	James Gardner	Chorley Ac & Tri	12:12	61	3242	Lewis Hardman	Liverpool Harriers	14:08
29	3175	Sam Smalley	Clayton Le Moors Harriers	12:15	62	1994	Sam Connor	Liverpool Pembroke Sefton	14:12
30	3176	Rio Egner	Chorley Ac & Tri	12:16	63	3246	Benjamin Giles	Trawden AC	14:29
31	3178	Orlando Hudson	Blackpool Fylde & Wyre AC	12:17	64	3249	Lewis Warner-Jones	Liverpool Harriers	14:47
32	3181	Evan Williams	Lytham St Annes Rr Club	12:19	65	3252	Charlie Martin	Southport Waterloo Ac	15:16
33	3185	Matthew Fleming	Preston Harriers	12:22	66	3254	Xander Heaton	Southport Waterloo Ac	15:22

Race 4 - Under 13 Boys — TEAM RESULTS

1	Blackburn Harriers	20	—	1	Isaac Butler	5	Dexta Thompson	14	Luke Ward
2	Preston Harriers	47	—	2	Max Webster	19	Will Lloyd	26	Derri Henderson
3	Liverpool Pembroke Sefton	49	—	10	Jack Lamb	18	Robbie Smedley	21	Daniel Smith
4	Kendal-Helm Composite	50	—	6	Ben Dilworth	20	Codie Dewhurst	24	Isaac Dickinson
5	Trawden AC	61	—	16	James Read	22	George Dodgson	23	James Brassington
6	Liverpool Harriers	76	—	8	Ethan Davies	25	Callum Osborne	43	Alex Glew
7	Clayton Le Moors Harriers	77	—	12	Joseph Ormrod	29	Sam Smalley	36	Ben Taylor
8	Chorley Ac & Tri	103	—	28	James Gardner	30	Rio Egner	45	Alex Maude
9	Lancaster & Morecambe	126	—	34	Ben Stratton	39	Joseph Marzollini	53	Archie Honeysett
10	Leven Valley AC	140	—	40	James Twigg	42	Jenson Bentham	58	Antoni Ignatiou
11	Southport Waterloo Ac	140	—	9	Theo Watson	65	Charlie Martin	66	Xander Heaton

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 24th November 2018

Race 4 - Under 15 Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	3137	Olivia Logan	Blackburn Harriers	10:54	32	3209	Imogen Ferguson	Blackburn Harriers	12:54
2	3138	Anna Mason	Liverpool Harriers	10:59	33	2673	Amelia Dugdale	Trawden AC	12:55
3	3139	Olivia Leigh	Kendal-Helm Composite	11:06	34	3210	Leah Hoole	Lytham St Annes Rr Club	12:58
4	3140	Olesia Winder	Preston Harriers	11:12	35	3211	Caitlin O'Brien	Preston Harriers	12:59
5	3144	Faye O'Hare	Chorley Ac & Tri	11:22	36	3213	Bethany Whipp	Preston Harriers	13:03
6	3149	Ava Lloyd	Liverpool Harriers	11:30	37	3214	Emily Williamson	Lancaster & Morecambe	13:03
7	3156	Grace Brown	Kendal-Helm Composite	11:38	38	3217	Amy Heaton	Clayton Le Moors Harriers	13:06
8	3157	Maisie Burns	Lancaster & Morecambe	11:43	39	3220	Isabel Leyland	Barrow & Furness Striders AC	13:13
9	3158	Gabrielle Hodson	Liverpool Pembroke Sefton	11:47	40	3222	Jessica Lane	Southport Waterloo Ac	13:17
10	3161	Jessica Watson	Blackburn Harriers	11:53	41	3223	Faye Hannaway	Blackpool Fylde & Wyre AC	13:17
11	3165	Olivia Miller	Liverpool Harriers	11:56	42	3224	Ellie Singleton	Blackburn Harriers	13:19
12	3173	Eleesha Charnley	Lancaster & Morecambe	12:12	43	3225	Niamh McNally	Lancaster & Morecambe	13:23
13	3174	Abigail Stratton	Blackburn Harriers	12:14	44	3226	Clark Is Blakemore	Liverpool Pembroke Sefton	13:23
14	3177	Madelane Markham	Liverpool Pembroke Sefton	12:16	45	3227	Emily Knell	Clayton Le Moors Harriers	13:26
15	3179	Libby Huxley	Liverpool Pembroke Sefton	12:18	46	3229	Hannah Eccles	Blackburn Harriers	13:31
16	3180	Robyn Lee	Liverpool Pembroke Sefton	12:18	47	3231	Ella Radford	Blackpool Fylde & Wyre AC	13:34
17	3182	Faye Houghton	Leigh Harriers	12:20	48	3232	Rebecca Ramsden	Liverpool Pembroke Sefton	13:35
18	3183	Larissa Hannam	Kendal-Helm Composite	12:21	49	3233	Freya Wissett	Chorley Ac & Tri	13:36
19	3184	Emily Swarbrick	Lancaster & Morecambe	12:21	50	3234	Freya Nelson	Liverpool Harriers	13:38
20	3187	Tamzin Dentith	Chorley Ac & Tri	12:23	51	3236	Charlotte Kilgallon	Liverpool Pembroke Sefton	13:45
21	3188	Sophie Ashworth	Chorley Ac & Tri	12:25	52	3240	Paige Singleton	Preston Harriers	14:02
22	3189	Emily Reynolds	Clayton Le Moors Harriers	12:27	53	3243	Megan Short	Blackburn Harriers	14:11
23	3191	Ella Dorrington-Levy	Preston Harriers	12:28	54	3244	Leah Monk	Leven Valley AC	14:16
24	3193	Laura Brown	Blackburn Harriers	12:30	55	3245	Faye Robinson	Leigh Harriers	14:22
25	2538	Katie Mathison	Chorley Ac & Tri	12:33	56	3247	Eva Sturzaker	Leigh Harriers	14:31
26	3198	Kirsty Maher	Southport Waterloo Ac	12:38	57	3248	Ruth Usher	Chorley Ac & Tri	14:31
27	3199	Eleanor James	Border Harriers & Ac	12:41	58	3250	Katie Piercy	Preston Harriers	15:03
28	3200	Lucy Tickle	Chorley Ac & Tri	12:42	59	3251	Isobel Davidson	Liverpool Pembroke Sefton	15:06
29	3203	Hollie Cubbon	Wigan & District Harriers	12:45	60	3253	Millie Ireland	Liverpool Harriers	15:21
30	3206	Amelie Earnshaw	Chorley Ac & Tri	12:52	61	2830	Holly Sousa	Blackburn Harriers	15:58
31	3208	Kate Sutcliffe	Preston Harriers	12:54					

Race 4 - Under 15 Girls — TEAM RESULTS

1	Liverpool Harriers	19	—	2	Anna Mason	6	Ava Lloyd	11	Olivia Miller
2	Blackburn Harriers	24	—	1	Olivia Logan	10	Jessica Watson	13	Abigail Stratton
3	Kendal-Helm Composite	28	—	3	Olivia Leigh	7	Grace Brown	18	Larissa Hannam
4	Liverpool Pembroke Sefton	38	—	9	Gabrielle Hodson	14	Madelane Markham	15	Libby Huxley
5	Lancaster & Morecambe	39	—	8	Maisie Burns	12	Eleesha Charnley	19	Emily Swarbrick
6	Chorley Ac & Tri	46	—	5	Faye O'Hare	20	Tamzin Dentith	21	Sophie Ashworth
7	Preston Harriers	58	—	4	Olesia Winder	23	Ella Dorrington-Levy	31	Kate Sutcliffe
8	Clayton Le Moors Harriers	105	—	22	Emily Reynolds	38	Amy Heaton	45	Emily Knell
9	Leigh Harriers	128	—	17	Faye Houghton	55	Faye Robinson	56	Eva Sturzaker

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 24th November 2018

Race 5 - Under 15 Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1740	Rhys Ashton	Lancaster & Morecambe	9:41	35	2455	Charlie Haigh	Preston Harriers	11:31
2	3256	Fraser Sproul	Kendal AA C	9:47	36	3265	Finley Corkhill	Leven Valley AC	11:31
3	2461	Thomas Durney	Preston Harriers	10:10	37	1739	Alex Blessington	Lancaster & Morecambe	11:35
4	2248	Jack Villiers	Barlick Fell Runners	10:16	38	2021	Jared Nicholls	Liverpool Pembroke Sefton	11:37
5	161	Charlie Teare	Liverpool Harriers	10:17	39	1737	Thomas McGrattan	Lancaster & Morecambe	11:37
6	24	Daniel Lilley	Chorley Ac & Tri	10:20	40	2017	Nicholas Usher	Liverpool Pembroke Sefton	11:46
7	2023	Jake Dickinson	Liverpool Pembroke Sefton	10:21	41	943	William Nicholls	Clayton Le Moors Harriers	11:48
8	946	Jackson McKay	Clayton Le Moors Harriers	10:22	42	202	Louis Eunson	Lytham St Annes Rr Club	11:49
9	3259	Alex Kerfoot	Preston Harriers	10:28	43	159	Benjamin Roach	Liverpool Harriers	11:58
10	193	Andrew Storch	Liverpool Pembroke Sefton	10:32	44	2906	Joseph Joyce	Blackburn Harriers	12:02
11	1738	Tobias Swarbrick	Lancaster & Morecambe	10:32	45	158	Conal McMahon	Liverpool Harriers	12:03
12	3260	Thom Barnes	Preston Harriers	10:36	46	2913	George Whittaker	Blackburn Harriers	12:07
13	2024	Mark Roberts	Liverpool Pembroke Sefton	10:41	47	9	Jack Paget-Fowler	Blackburn Harriers	12:08
14	2015	Michael Henderson	Liverpool Pembroke Sefton	10:41	48	807	Sam Coupland	Southport Waterloo Ac	12:08
15	556	Connor Fletcher	Wigan & District Harriers	10:45	49	947	Lennon Jackson	Clayton Le Moors Harriers	12:16
16	2337	Luke Rawcliffe	Blackpool Fylde & Wyre AC	10:45	50	1573	Cameron Oliver	Kirkby Milers	12:17
17	3262	Sam Gilson	Rosendale Harriers	10:45	51	2909	Thomas Brooks	Blackburn Harriers	12:19
18	1455	Henry Hunter	Kendal-Helm Composite	10:48	52	2912	Danny Woodcock	Blackburn Harriers	12:21
19	160	Harry Sweeney	Liverpool Harriers	10:50	53	192	Thomas Liggat	Liverpool Pembroke Sefton	12:23
20	1452	Harry Bowen	Kendal-Helm Composite	10:59	54	191	Charlie Campbell	Liverpool Pembroke Sefton	12:27
21	3263	Jacob Nelson	Leven Valley AC	11:00	55	2905	Sebastian Burton	Blackburn Harriers	12:29
22	2590	Josh Geary	Chorley Ac & Tri	11:02	56	2453	Vladimir Wiggins	Preston Harriers	12:34
23	1459	John Egner	Kendal-Helm Composite	11:04	57	215	William Kay	Preston Harriers	12:36
24	155	Matthew Brennan	Liverpool Harriers	11:05	58	806	James Pike	Southport Waterloo Ac	13:00
25	2758	Harry Beechey	Trawden AC	11:07	59	203	Ben Gregson	Lytham St Annes Rr Club	13:02
26	3264	Tom Brailsford	Kendal-Helm Composite	11:11	60	2904	Rory Teare	Blackburn Harriers	13:13
27	520	Se Loughlin	Liverpool Pembroke Sefton	11:12	61	945	Theo Burfield	Clayton Le Moors Harriers	13:24
28	2016	Gideon Lucas	Liverpool Pembroke Sefton	11:13	62	63	Joseph Allen	Kirkby Milers	13:36
29	2910	Pomfret Kyle Taylor	Blackburn Harriers	11:20	63	213	Keelan Goodwin	Preston Harriers	13:50
30	2454	Thomas Chadwick	Preston Harriers	11:23	64	2010	Jack Hitchmough	Liverpool Pembroke Sefton	13:59
31	1576	Charlie Deakin	Kirkby Milers	11:25	65	2011	Daniel Rathbone	Liverpool Pembroke Sefton	14:16
32	2915	Ethan Barbarewicz	Blackburn Harriers	11:27	66	214	Harry Hutchinson	Preston Harriers	14:29
33	156	Alex Kelly	Liverpool Harriers	11:29	67	2756	Sims Joe Mackenzie	Trawden AC	17:05
34	1451	Ben Greenep	Kendal-Helm Composite	11:30					

Race 5 - Under 15 Boys — TEAM RESULTS

1	Preston Harriers	24	—	3	Thomas Durney	9	Alex Kerfoot	12	Thom Barnes
2	Liverpool Pembroke Sefton	30	—	7	Jake Dickinson	10	Andrew Storch	13	Mark Roberts
3	Liverpool Harriers	48	—	5	Charlie Teare	19	Harry Sweeney	24	Matthew Brennan
4	Lancaster & Morecambe	49	—	1	Rhys Ashton	11	Tobias Swarbrick	37	Alex Blessington
5	Kendal-Helm Composite	61	—	18	Henry Hunter	20	Harry Bowen	23	John Egner
6	Clayton Le Moors Harriers	98	—	8	Jackson McKay	41	William Nicholls	49	Lennon Jackson
7	Blackburn Harriers	105	—	29	Pomfret Kyle Taylor	32	Ethan Barbarewicz	44	Joseph Joyce
8	Kirkby Milers	143	—	31	Charlie Deakin	50	Cameron Oliver	62	Joseph Allen

Race 5 - Under 17 Women — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	3255	Keeley Hodgkinson	Leigh Harriers	16:06	10	873	Nicola Moynihan	Clayton Le Moors Harriers	18:47
2	3257	Ella Mcniven	Liverpool Harriers	16:25	11	769	Lilly-Ann Grayson	Southport Waterloo Ac	18:48
3	283	Charlotte Edwards	Wigan & District Harriers	17:05	12	772	Jessica Dean	Southport Waterloo Ac	18:58
4	3258	Amy-Nicola Davies	Blackburn Harriers	17:24	13	768	Freya Walsh	Southport Waterloo Ac	19:22
5	2305	Danielle Whipp	Blackpool Fylde & Wyre AC	17:57	14	3261	Phoebe Lucas	Liverpool Pembroke Sefton	20:09
6	2555	Bethany Reid	Chorley Ac & Tri	18:09	15	2839	Hollie Oldham	Blackburn Harriers	20:46
7	2677	Jasmine Aherne	Trawden AC	18:15	16	2838	Alex Taylor	Blackburn Harriers	22:19
8	173	Niamh Donnelly	Liverpool Harriers	18:21	17	116	Annabelle Sharrock	Leigh Harriers	24:00
9	1983	Jennifer Williamson	Liverpool Pembroke Sefton	18:26					

Race 5 - Under 17 Women — TEAM RESULTS

1	Blackburn Harriers	35	—	4	Amy-Nicola Davies	15	Hollie Oldham	16	Alex Taylor
2	Southport Waterloo Ac	36	—	11	Lilly-Ann Grayson	12	Jessica Dean	13	Freya Walsh

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 24th November 2018

Race 6 - Under 17 Men — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time						
1	1624	Matthew Mackay	Rossendale Harriers	17:37	22	949	Michael Stevens	Clayton Le Moors Harriers	20:12	
2	1295	Samuel Almond	TNC	18:04	23	172	Mackenzie Woodward	Liverpool Harriers	20:13	
3	2917	Matthew Ramsden	Blackburn Harriers	18:12	24	1618	Ryan Heneghan	Rossendale Harriers	20:17	
4	2342	Jake Dudley	Blackpool Fylde & Wyre AC	18:19	25	2341	Jack Tickle	Blackpool Fylde & Wyre AC	20:19	
5	3266	Matthew Fazakerley	Preston Harriers	18:20	26	13	Mitchell Liddle	Border Harriers & Ac	20:23	
6	1616	Max Cunningham	Rossendale Harriers	18:30	27	2598	Luke Wilson	Chorley Ac & Tri	20:40	
7	1617	Joel Taylor	Rossendale Harriers	18:33	28	948	Peter Stevens	Clayton Le Moors Harriers	20:42	
8	2921	Sam Hodgkinson	Blackburn Harriers	18:55	29	2920	Jamie Teare	Blackburn Harriers	20:49	
9	1623	Benjamin Forrest	Rossendale Harriers	19:02	30	1622	Benjamin Kirkman	Rossendale Harriers	21:04	
10	2028	Oliver Sutcliffe	Liverpool Pembroke Sefton	19:07	31	1619	Charlie Taylor	Rossendale Harriers	21:31	
11	2599	Ben Wilson	Chorley Ac & Tri	19:18	32	2026	Daniel Howells	Liverpool Pembroke Sefton	21:40	
12	1742	Lukas Eichmeyer	Lancaster & Morecambe	19:30	33	71	Oliver Beaumont	Lancaster & Morecambe	21:44	
13	1040	Connor O'Hara	Glaxo Hoad Hill Harriers	19:32	34	2918	Harry Wilkin	Blackburn Harriers	21:57	
14	1673	Sam McSherry	Leven Valley AC	19:36	35	1672	Harvey Cooper	Leven Valley AC	23:24	
15	1620	Kurtis Mitton	Rossendale Harriers	19:39	36	952	Josh Hall	Clayton Le Moors Harriers	23:36	
16	1464	Jacob Smith	Kendal-Helm Composite	19:44	37	111	Shea Mellor	Leigh Harriers	23:52	
17	2025	Fletcher Foster	Liverpool Pembroke Sefton	19:47	38	1674	Adam Williamson	Leven Valley AC	24:16	
18	222	Harry Everett	Preston Harriers	19:55	39	3267	Harry Sanderson	Kendal-Helm Composite	26:03	
19	110	Joel Denton	Leigh Harriers	19:57	40	65	Ben Cook	Kirkby Milers	27:13	
20	2027	Thomas Corcoran	Liverpool Pembroke Sefton	20:05	41	2462	Arran Baldwin	Preston Harriers	31:03	
21	2339	James Smith	Blackpool Fylde & Wyre AC	20:07						

Race 6 - Under 17 Men — TEAM RESULTS

1	Rossendale Harriers	14	—	1	Matthew Mackay	6	Max Cunningham	7	Joel Taylor
2	Blackburn Harriers	40	—	3	Matthew Ramsden	8	Sam Hodgkinson	29	Jamie Teare
3	Liverpool Pembroke Sefton	47	—	10	Oliver Sutcliffe	17	Fletcher Foster	20	Thomas Corcoran
4	Blackpool Fylde & Wyre AC	50	—	4	Jake Dudley	21	James Smith	25	Jack Tickle
5	Preston Harriers	64	—	5	Matthew Fazakerley	18	Harry Everett	41	Arran Baldwin
6	Clayton Le Moors Harriers	86	—	22	Michael Stevens	28	Peter Stevens	36	Josh Hall
7	Leven Valley AC	87	—	14	Sam McSherry	35	Harvey Cooper	38	Adam Williamson

Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	2307	Jessica Rogers	L20	1 Blackpool Fylde & Wyre AC	32:21
2	1140	Jemma Cliff	L20	2 Lancaster University	35:46
3	557	Jenny Cooper	L20	3 Lancaster University	38:33
4	2425	Emily Wiggins	L20	4 Preston Harriers	44:27
5	1561	Rebecca Harrison	L20	5 Kirkby Milers	53:08

Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 24th November 2018

Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time
1	2848	Jessica Judd	L	1 Blackburn Harriers	27:11
2	3268	Eleanor Davis	L	2 Preston Harriers	27:45
3	570	Jacqueline Fairchild	L	3 Preston Harriers	28:03
4	1991	Kirsty Longley	L35	1 Liverpool Pembroke Sefton	28:26
5	3269	Abigail Howarth	L	5 Leigh Harriers	28:33
6	1905	Liz Abbot	L35	2 Lytham St Annes Rr Club	29:01
7	3270	Rosie Johnson	L	7 Liverpool Pembroke Sefton	29:04
8	3271	Rachael Burns	L	8 Liverpool Harriers	29:38
9	1243	Rhiannon Douglas	L	9 Border Harriers & Ac	30:19
10	3272	Hannah Delaney	L	10 Liverpool Harriers	30:38
11	6	Annabel Ralph	L	11 Blackburn Harriers	30:44
12	2846	Katie Buckingham	L	12 Blackburn Harriers	32:01
13	2307	Jessica Rogers	L20	1 Blackpool Fylde & Wyre AC	32:21
14	2862	Joanne Nelson	L45	1 Blackburn Harriers	32:29
15	1912	Catherine Carrus	L45	2 Lytham St Annes Rr Club	32:32
16	2135	Danielle Brearton	L35	3 Wigan & District Harriers	32:52
17	3273	Char Wilson-Dewhurst	L	17 Liverpool Harriers	32:59
18	1513	Sally Ford	L35	4 Kendal AA C	33:18
19	1109	Emma Johnston	L	19 Helm Hill Runners	33:26
20	1914	Joanna Goorney	L45	3 Lytham St Annes Rr Club	33:30
21	787	Clare Constable	L45	4 Southport Waterloo Ac	33:54
22	2854	Carly Edwards	L	22 Blackburn Harriers	34:06
23	123	Hannah Hughes	L	23 Liverpool Harriers	34:07
24	2132	Laura Dootson	L35	5 Wigan & District Harriers	34:07
25	90	Josie Hull	L	25 Lancaster University	34:11
26	777	Tracy Allan	L35	6 Southport Waterloo Ac	34:13
27	1906	Melanie Koth	L45	5 Lytham St Annes Rr Club	34:27
28	2326	Bev Wright	L55	1 Blackpool Fylde & Wyre AC	34:31
29	612	Jenny Wren	L	29 Preston Harriers	34:44
30	2149	Jayne Taylor	L55	2 Wigan & District Harriers	34:44
31	1759	Jackie Price	L35	7 Astley & Tyldesley	34:52
32	2857	Janine Fallon	L35	8 Blackburn Harriers	34:53
33	1244	Rachel Brown	L	33 Border Harriers & Ac	34:58
34	93	Natalie Thompson	L	34 Lancaster University	34:58
35	271	Serena Edmonds	L	35 Wigan & District Harriers	35:12
36	888	Michelle Abbott	L35	9 Clayton Le Moors Harriers	35:15
37	251	Nicola Simpson	L35	10 Southport Waterloo Ac	35:20
38	1286	Heather Eccles	L	38 TNC	35:23
39	54	Sarah Treble	L	39 Kirkby Milers	35:24
40	1140	Jemma Cliff	L20	2 Lancaster University	35:46
41	1356	Janice Callister	L45	6 Walney Wind Cheetahs	35:51
42	3274	Cass Darling-Smedley	L35	11 Clayton Le Moors Harriers	35:53
43	2428	Emma Essex-Crosby	L35	12 Preston Harriers	35:57
44	1819	Samantha Edwards	L	44 Red Rose Runners	36:06
45	88	Esme Bridge	L	45 Lancaster University	36:08
46	611	Teresa Medley	L35	13 Border Harriers & Ac	36:18
47	3275	Sara Bouffer	L35	14 Barrow & Furness Striders AC	36:23
48	1661	Elizabeth McNally	L45	7 Leven Valley AC	36:23
49	583	Lauren Gora	L35	15 Lancaster & Morecambe	36:24
50	1488	Joanne McLeod	L45	8 Barrow & Furness Striders AC	36:30
51	2861	Lindsay Davies	L45	9 Blackburn Harriers	36:31
52	2688	Katie Lomas	L35	16 Trawden AC	36:35
53	1481	Zoe Travers	L	53 Barrow & Furness Striders AC	36:53
54	2136	Kelly-Anne Towns	L35	17 Wigan & District Harriers	37:25
55	1664	Karen Oldham	L45	10 Leven Valley AC	37:27
56	2320	Michelle Tickle	L35	18 Blackpool Fylde & Wyre AC	37:28
57	3276	Amie Mcvoy	L	57 Garstang Running Club	37:31
58	1483	Jill Seddon	L35	19 Barrow & Furness Striders AC	37:41
59	3277	Amanda Phillips	L	59 Blackhill Bounders	37:47
60	547	Sally Brassington	L35	20 Lancaster & Morecambe	37:47
61	2139	Jayne Salloum	L45	11 Wigan & District Harriers	37:48
62	3278	Stephanie Gillies	L45	12 Glaxo Hoad Hill Harriers	38:00
63	2716	Dawn Tibbs	L45	13 Trawden AC	38:03
64	1564	Helen Kelsall	L35	21 Kirkby Milers	38:06
65	89	Lucy Haney	L	65 Lancaster University	38:13
66	782	Michelle Spencer	L35	22 Southport Waterloo Ac	38:15
67	1131	Rachel Holt	L	67 Burnley Ac	38:17
68	1519	Jaqueline Nowell	L45	14 Kendal AA C	38:20
69	2322	Laura Lawler	L45	15 Blackpool Fylde & Wyre AC	38:24
70	1027	Alison Cooke	L55	3 Glaxo Hoad Hill Harriers	38:27
71	887	Donna Airey	L35	23 Clayton Le Moors Harriers	38:28
72	557	Jenny Cooper	L20	3 Lancaster University	38:33
73	1351	Sandra Garnett	L35	24 Wigan Wind Cheetahs	38:36
74	124	Emily Rowe	L	74 Liverpool Harriers	38:41
75	2140	Lisa Heyes	L45	16 Wigan & District Harriers	38:47
76	794	Carole James	L45	17 Southport Waterloo Ac	39:12
77	1514	Helen Barker	L35	25 Kendal AA C	39:13
78	1657	Anastasia Winder	L35	26 Leven Valley AC	39:16
79	3279	Yvonne Morell	L45	18 Barrow & Furness Striders AC	39:18
80	1485	Kerry Travers	L45	19 Barrow & Furness Striders AC	39:21
81	2730	Julie Townsend	L55	4 Trawden AC	39:21
82	1659	Joanna Barnard	L45	20 Leven Valley AC	39:27
83	919	Irene Roche	L55	5 Clayton Le Moors Harriers	39:43
84	1512	Hazel Clark	L35	27 Kendal AA C	39:44
85	2323	Andrea Smith	L45	21 Blackpool Fylde & Wyre AC	39:46
86	884	Lisa Ellis	L35	28 Clayton Le Moors Harriers	39:46
87	1522	Carolyn Kevan	L55	6 Kendal AA C	39:52
88	912	Julia Rushton	L45	22 Clayton Le Moors Harriers	39:57
89	2719	Caroline Fleming	L	45 23 Trawden AC	40:02
90	2432	Vicki Sherrington	L45	24 Preston Harriers	40:04
91	3280	Claire Godfrey	L	91 Garstang Running Club	40:06
92	1144	Katherine Holmes	L	92 Lancaster University	40:09
93	1033	Stevie Barron	L55	7 Glaxo Hoad Hill Harriers	40:14
94	1511	Rachel Mann	L35	29 Kendal AA C	40:15
95	564	Paula Plowman	L55	8 Red Rose Runners	40:22
96	1287	Kerry Davies	L45	25 TNC	40:26
97	2860	Michelle Teare	L45	26 Blackburn Harriers	40:55
98	50	Kirsty Giller	L	98 Kirkby Milers	40:57
99	2063	Kath Hoyer	L55	9 Wesham Road Runners	40:59
100	2709	Jenny McAndrew	L35	30 Trawden AC	41:02
101	1211	Elizabeth Anderson	L	101 Garstang Running Club	41:09
102	1352	Helen Marr	L35	31 Walney Wind Cheetahs	41:17
103	94	Eleanor Walkerdine	L	103 Lancaster University	41:19
104	1348	Laura Leigh	L35	32 Walney Wind Cheetahs	41:19
105	1907	Claire Markham	L45	27 Lytham St Annes Rr Club	41:28
106	790	Helen Lodge	L45	28 Southport Waterloo Ac	41:35
107	266	Paula Herbert	L45	29 Walney Wind Cheetahs	41:36
108	1523	Dianne Priestley	L65	1 Kendal AA C	41:43
109	533	Victoria Holgate	L35	33 Lancaster & Morecambe	41:46
110	1489	Catherine Grisdale	L55	10 Barrow & Furness Striders AC	41:52
111	1568	Bhavna Mistry	L45	30 Kirkby Milers	41:59
112	1656	Louise Gill	L	112 Leven Valley AC	42:14
113	1345	Jenny Fazackerley	L	113 Walney Wind Cheetahs	42:17
114	99	Brenda Wane	L55	11 Leigh Harriers	42:18
115	1012	Leanne Bayliff	L35	34 Glaxo Hoad Hill Harriers	42:23
116	1658	Fiona Bannister	L35	35 Leven Valley AC	42:33
117	1487	Sonja Farish	L45	31 Barrow & Furness Striders AC	42:53
118	580	Zoe Batty	L35	36 Garstang Running Club	42:58
119	1562	Stephanie Donald	L	119 Kirkby Milers	43:06
120	798	Susan Stewart	L65	2 Southport Waterloo Ac	43:18
121	876	Rebecca Bradshaw	L	121 Clayton Le Moors Harriers	43:21
122	1143	Alice Lake	L	122 Lancaster University	43:32
123	3281	Denise Ryley	L35	37 Wigan & District Harriers	43:46
124	793	Gina Bellhouse	L45	32 Southport Waterloo Ac	43:53
125	2144	Julie Valentine	L45	33 Wigan & District Harriers	43:54
126	49	Lynne Doyle	L45	34 Kirkby Milers	44:02
127	245	Corrina Howorth	L	127 Rossendale Harriers	44:11
128	1565	Rachel Murray	L35	38 Kirkby Milers	44:22
129	91	Georgina Letts	L	129 Lancaster University	44:27
130	2425	Emily Wiggins	L20	4 Preston Harriers	44:27
131	902	Jane Hylands	L45	35 Clayton Le Moors Harriers	44:34
132	2429	Olga Wiggins	L35	39 Preston Harriers	44:45
133	1827	Margaret Worbey	L35	40 Red Rose Runners	44:47
134	910	Helen Harrison	L45	36 Clayton Le Moors Harriers	44:49
135	788	Catherine McElhinney	L45	37 Southport Waterloo Ac	44:50
136	252	Sue Cooper	L65	3 Southport Waterloo Ac	44:54
137	1357	Adrienne Banks	L55	12 Walney Wind Cheetahs	44:58
138	263	Jennifer Townson	L45	38 Trawden AC	45:11
139	2133	Diane Hill	L35	41 Wigan & District Harriers	45:26
140	1222	Mary Hewitt	L55	13 Garstang Running Club	45:37
141	2145	Marsha Shack	L45	39 Wigan & District Harriers	45:51
142	48	Katy Davitt	L35	42 Kirkby Milers	45:52
143	1028	Sally Barton	L55	14 Glaxo Hoad Hill Harriers	46:02
144	797	Jane Blacklin	L55	15 Southport Waterloo Ac	46:13
145	2150	Pauline Foster	L55	16 Wigan & District Harriers	46:27
146	784	Katy Coupland	L35	43 Southport Waterloo Ac	46:35
147	2142	Michelle Jones	L45	40 Wigan & District Harriers	47:29
148	2318	Claire Irons	L35	44 Blackpool Fylde & Wyre AC	47:55
149	1767	Kay Campbell	L45	41 Astley & Tyldesley	47:56
150	1031	Penny Moreton	L55	17 Glaxo Hoad Hill Harriers	48:20
151	1007	Stephanie Roberts	L35	45 Glaxo Hoad Hill Harriers	50:45
152	51	Ann Green	L55	18 Kirkby Milers	50:50
153	1029	Julie Newnham	L55	19 Glaxo Hoad Hill Harriers	50:52
154	2138	Adele Lowe	L35	46 Wigan & District Harriers	51:41
155	922	Christine Leathley	L65	4 Clayton Le Moors Harriers	51:42
156	2706	Nicola Fenton-Clough	L35	47 Trawden AC	51:47
157	2434	Angela Tranter	L45	42 Preston Harriers	52:35
158	1561	Rebecca Harrison	L20	5 Kirkby Milers	53:08
159	2137	Leah Walsh	L35	48 Wigan & District Harriers	53:42
160	916	Susan Allen	L55	20 Clayton Le Moors Harriers	54:48
161	52	Paula Heaton	L35	49 Kirkby Milers	55:37
162	235	Gina Biggs	L	162 Red Rose Runners	58:24
163	3283?		L	163 Trawden AC	1:13:45

Race 6 - Ladies over 18 — TEAM RESULTS

1 Blackburn Harriers	24	—	1 Jessica Judd	11 Annabel Ralph	12 Katie Buckingham
2 Preston Harriers	34	—	2 Eleanor Davis	3 Jacqueline Fairchild	29 Jenny Wren
3 Liverpool Harriers	35	—	8 Rachael Burns	10 Hannah Delaney	17 Char Wilson-Dewhurst
4 Lytham St Annes Rr Club	41	—	6 Liz Abbot	15 Catherine Carrdus	20 Joanna Goorney
5 Blackburn Harriers 'B'	68	—	14 Joanne Nelson	22 Carly Edwards	32 Janine Fallon
6 Wigan & District Harriers	70	—	16 Danielle Brearton	24 Laura Dootson	30 Jayne Taylor
7 Southport Waterloo Ac	84	—	21 Clare Constable	26 Tracy Allan	37 Nicola Simpson
8 Border Harriers & Ac	88	—	9 Rhiannon Douglas	33 Rachel Brown	46 Teresa Medley
9 Blackpool Fylde & Wyre AC	97	—	13 Jessica Rogers	28 Bev Wright	56 Michelle Tickle
10 Lancaster University	99	—	25 Josie Hull	34 Natalie Thompson	40 Jemma Cliff
11 Clayton Le Moors Harriers	149	—	36 Michelle Abbott	42 Cass Darling-Smedley	71 Donna Airey
12 Barrow & Furness Striders AC	150	—	47 Sara Bouffer	50 Joanne McLeod	53 Zoe Travers
13 Wigan & District Harriers 'B'	150	—	35 Serena Edmonds	54 Kelly-Anne Towns	61 Jayne Salloum
14 Kendal AA C	163	—	18 Sally Ford	68 Jacqueline Nowell	77 Helen Barker
15 Leven Valley AC	181	—	48 Elizabeth McNally	55 Karen Oldham	78 Anastasia Winder
16 Lancaster University 'B'	182	—	45 Esme Bridge	65 Lucy Haney	72 Jenny Cooper
17 Trawden AC	196	—	52 Katie Lomas	63 Dawn Tibbs	81 Julie Townson
18 Kirkby Milers	201	—	39 Sarah Treble	64 Helen Kelsall	98 Kirsty Gillier
19 Walney Wind Cheetahs	216	—	41 Janice Callister	73 Sandra Garnett	102 Helen Marr
20 Barrow & Furness Striders 'B'	217	—	58 Jill Seddon	79 Yvonne Morell	80 Kerry Travers
21 Lancaster & Morecambe	218	—	49 Lauren Gora	60 Sally Brassington	109 Victoria Holgate
22 Glaxo Hoad Hill Harriers	225	—	62 Stephanie Gillies	70 Alison Cooke	93 Stevie Barron
23 Southport Waterloo Ac 'B'	248	—	66 Michelle Spencer	76 Carole James	106 Helen Lodge
24 Garstang Running Club	249	—	57 Amie Mcvoy	91 Claire Godfrey	101 Elizabeth Anderson
25 Clayton Le Moors Harriers 'B'	257	—	83 Irene Roche	86 Lisa Ellis	88 Julia Rushton
26 Preston Harriers 'B'	263	—	43 Emma Essex-Crosby	90 Vicki Sherrington	130 Emily Wiggins
27 Kendal AA C 'B'	265	—	84 Hazel Clark	87 Carolyn Kevan	94 Rachel Mann
28 Red Rose Runners	272	—	44 Samantha Edwards	95 Paula Plowman	133 Margaret Worbey
29 Blackpool Fylde & Wyre AC 'B'	302	—	69 Laura Lawler	85 Andrea Smith	148 Claire Irons
30 Leven Valley AC 'B'	310	—	82 Joanna Barnard	112 Louise Gill	116 Fiona Bannister
31 Walney Wind Cheetahs 'B'	324	—	104 Laura Leigh	107 Paula Herbert	113 Jenny Fazackerley
32 Trawden AC 'B'	327	—	89 Caroline Fleming	100 Jenny McAndrew	138 Jennifer Townson
33 Kirkby Milers 'B'	356	—	111 Bhavna Mistry	119 Stephanie Donald	126 Lynne Doyle
34 Glaxo Hoad Hill Harriers 'B'	408	—	115 Leanne Bayliff	143 Sally Barton	150 Penny Moreton

Race 6 - Ladies over 35 — TEAM RESULTS

1 Lytham St Annes Rr Club	13	—	2 Liz Abbot	4 Catherine Carrdus	7 Joanna Goorney
2 Wigan & District Harriers	27	—	5 Danielle Brearton	9 Laura Dootson	13 Jayne Taylor
3 Southport Waterloo Ac	35	—	8 Clare Constable	10 Tracy Allan	17 Nicola Simpson
4 Blackburn Harriers	44	—	3 Joanne Nelson	15 Janine Fallon	26 Lindsay Davies
5 Clayton Le Moors Harriers	76	—	16 Michelle Abbott	19 Cass Darling-Smedley	41 Donna Airey
6 Barrow & Furness Striders AC	78	—	22 Sara Bouffer	25 Joanne McLeod	31 Jill Seddon
7 Blackpool Fylde & Wyre AC	81	—	12 Bev Wright	30 Michelle Tickle	39 Laura Lawler
8 Kendal AA C	89	—	6 Sally Ford	38 Jacqueline Nowell	45 Helen Barker
9 Leven Valley AC	98	—	23 Elizabeth McNally	29 Karen Oldham	46 Anastasia Winder
10 Trawden AC	111	—	27 Katie Lomas	35 Dawn Tibbs	49 Julie Townson
11 Walney Wind Cheetahs	126	—	18 Janice Callister	42 Sandra Garnett	66 Helen Marr
12 Lancaster & Morecambe	128	—	24 Lauren Gora	32 Sally Brassington	72 Victoria Holgate
13 Glaxo Hoad Hill Harriers	133	—	34 Stephanie Gillies	40 Alison Cooke	59 Stevie Barron
14 Preston Harriers	165	—	20 Emma Essex-Crosby	58 Vicki Sherrington	87 Olga Wiggins
15 Kirkby Milers	194	—	36 Helen Kelsall	74 Bhavna Mistry	84 Lynne Doyle

Race 6 - Ladies over 45 — TEAM RESULTS

1 Lytham St Annes Rr Club	10	—	2 Catherine Carrdus	3 Joanna Goorney	5 Melanie Koth
2 Wigan & District Harriers	39	—	7 Jayne Taylor	13 Jayne Salloum	19 Lisa Heyes
3 Leven Valley AC	45	—	9 Elizabeth McNally	12 Karen Oldham	24 Joanna Barnard
4 Blackburn Harriers	46	—	1 Joanne Nelson	11 Lindsay Davies	34 Michelle Teare
5 Blackpool Fylde & Wyre AC	49	—	6 Bev Wright	17 Laura Lawler	26 Andrea Smith
6 Barrow & Furness Striders AC	53	—	10 Joanne McLeod	21 Yvonne Morell	22 Kerry Travers
7 Southport Waterloo Ac	61	—	4 Clare Constable	20 Carole James	37 Helen Lodge
8 Glaxo Hoad Hill Harriers	63	—	14 Stephanie Gillies	18 Alison Cooke	31 Stevie Barron
9 Trawden AC	67	—	15 Dawn Tibbs	23 Julie Townson	29 Caroline Fleming
10 Kendal AA C	82	—	16 Jacqueline Nowell	27 Carolyn Kevan	39 Dianne Priestley
11 Walney Wind Cheetahs	98	—	8 Janice Callister	38 Paula Herbert	52 Adrienne Banks
12 Clayton Le Moors Harriers	101	—	25 Irene Roche	28 Julia Rushton	48 Jane Hylands
13 Kirkby Milers	150	—	41 Bhavna Mistry	47 Lynne Doyle	62 Ann Green

Race 6 - Ladies over 55 — TEAM RESULTS

1 Glaxo Hoad Hill Harriers	27	—	3 Alison Cooke	7 Stevie Barron	17 Sally Barton
2 Southport Waterloo Ac	45	—	13 Susan Stewart	14 Sue Cooper	18 Jane Blacklin
3 Clayton Le Moors Harriers	52	—	5 Irene Roche	23 Christine Leathley	24 Susan Allen

Race 6 - Ladies over 65 — TEAM RESULTS

No complete teams

Race 6 - Vet 70 Men — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time
1	2506	Alan Appleby	V70 1 Preston Harriers	36:04
2	1753	George Parrington	V70 2 Lancaster & Morecambe	41:29
3	2117	Dave Waywell	V70 3 Wesham Road Runners	46:16
4	2646	Mike Coppin	V70 4 Chorley Ac & Tri	1:09:28

Race 6 - Vet 70 Men — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 24th November 2018

Senior Men — PROVISIONAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time					
1	2471	Patrick Dever		Preston Harriers	28:44	86	3086	Glen Groves	Liverpool Harriers	36:07
2	3056	Dejene Gezimu		Liverpool Harriers	29:01	87	3087	Phil Mcdonald	Liverpool Pembroke Sefton	36:11
3	3057	Daniel Jarvis		Liverpool Harriers	29:20	88	1536	Richard Wilson	V4011 Kendal AA C	36:19
4	3058	Abdulqani Sharif		Liverpool Harriers	29:33	89	1059	Mark Tomkinson	V4012 Glaxo Hoad Hill Harriers	36:21
5	2472	Daniel Bebbington		Preston Harriers	29:48	90	3088	Robbie Collins	Liverpool Harriers	36:28
6	3059	Jacob Adkin		TNC	30:01	91	585	Daniel Hughes	Red Rose Runners	36:31
7	3060	Liam Burthem		Liverpool Harriers	30:14	92	3089	Sammy Rashid	V50 3 Liverpool Pembroke Sefton	36:32
8	3061	Cameron Field		Liverpool Harriers	30:43	93	968	James Dunderdale	Clayton Le Moors Harriers	36:33
9	823	James Tarrt		Southport Waterloo Ac	30:48	94	250	James Paybody	Southport Waterloo Ac	36:35
10	2937	Tim Raynes		Blackburn Harriers	30:50	95	1796	Tim Campbell	V4013 Astley & Tyldesley	36:38
11	822	Ben Johnson		Southport Waterloo Ac	30:56	96	81	Chris Olive	Lancaster University	36:44
12	3062	Mathew Jackson		Liverpool Harriers	31:18	97	2483	Andy Whaley	V4014 Preston Harriers	36:45
13	1156	Jack Turner		Lancaster University	31:21	98	1675	Jake Cooper	U20 2 Leven Valley AC	36:49
14	87	James Young		Lancaster University	31:29	99	3090	Mike Gall	Liverpool Pembroke Sefton	36:53
15	2349	Luke Minns		Blackpool Fylde & Wyre AC	31:31	100	1940	Thomas Howarth	Lytham St Annes Rr Club	36:54
16	2468	Chris Durney		Preston Harriers	31:41	101	1946	Neil Tate	Lytham St Annes Rr Club	36:57
17	3063	Aaron Jarvis		Liverpool Harriers	31:42	102	1794	Simon Ford	V4015 Astley & Tyldesley	36:57
18	1533	Jonathon Dry		Kendal AA C	31:43	103	1509	Pat Miller	V50 4 Barrow & Furness Striders AC	36:58
19	3064	Thomas Rogerson		Liverpool Harriers	31:50	104	3091	Harry Shelbourne	Lancaster University	37:00
20	3065	Richard Burney		Liverpool Harriers	31:56	105	1750	Kevin Wilson	V4016 Lancaster & Morecambe	37:02
21	242	Matthew Harris		Rosendale Harriers	31:58	106	1686	David McNally	V4017 Leven Valley AC	37:06
22	1500	Ross Campbell		Barrow & Furness Striders AC	32:02	107	826	Stephen Ward	Southport Waterloo Ac	37:08
23	605	Beau Smith		Lancaster & Morecambe	32:17	108	1538	Joe Todd	V4018 Kendal AA C	37:09
24	3066	Christopher Maher		Liverpool Pembroke Sefton	32:24	109	2604	Ryan Sciacca	Chorley Ac & Tri	37:13
25	1743	David Brown		Lancaster & Morecambe	32:33	110	197	Jonathan Tuck	V4019 Lytham St Annes Rr Club	37:16
26	819	Ciaran Walsh		Southport Waterloo Ac	32:37	111	97	Philip Williams	Leigh Harriers	37:16
27	3067	Lee Siemaszko		Liverpool Harriers	32:51	112	2185	Mark Morgan-Hillam	V4020 Wigan & District Harriers	37:16
28	3068	Christopher G Davies	V40 1	Blackburn Harriers	32:53	113	1696	Tim Winder	V50 5 Leven Valley AC	37:17
29	827	Mark Dunham		Southport Waterloo Ac	32:55	114	2476	Joe Sharples	Preston Harriers	37:20
30	3069	Andy Salmon		Liverpool Harriers	33:02	115	1684	Christopher Durkin	Leven Valley AC	37:24
31	3070	Mark Wynne		Liverpool Pembroke Sefton	33:04	116	1581	Lee Moore	Kirkby Milers	37:30
32	3071	James Wootton		Liverpool Harriers	33:08	117	1795	Mark Collins	V4021 Astley & Tyldesley	37:32
33	1050	Dave Fulford		Glaxo Hoad Hill Harriers	33:12	118	11	Mark Ryan	Border Harriers & Ac	37:33
34	2347	Harry Poole		Blackpool Fylde & Wyre AC	33:16	119	2486	Chris Wales	V4022 Preston Harriers	37:33
35	67	Lee Parrington		Lancaster & Morecambe	33:20	120	845	Rob McGrath	V50 6 Southport Waterloo Ac	37:36
36	96	Robert Thorpe		Leigh Harriers	33:24	121	1535	William Sisson	Kendal AA C	37:41
37	841	David Hamilton	V50 1	Southport Waterloo Ac	33:40	122	849	John Sprackland	V50 7 Southport Waterloo Ac	37:48
38	2477	Richard Smith		Preston Harriers	33:41	123	1067	Jeffrey Chadwick	V50 8 Glaxo Hoad Hill Harriers	37:51
39	1744	Raymond Edgar		Lancaster & Morecambe	33:46	124	3092	Mark Bellfield	Wesham Road Runners	37:53
40	83	Ben Sache		Lancaster University	33:49	125	578	Lee Walmsley	Kirkby Milers	37:55
41	1532	Tom Hartley		Kendal AA C	34:02	126	545	Gareth Simpson	Southport Waterloo Ac	37:56
42	2939	Thomas Blaney		Blackburn Harriers	34:06	127	34	Mark Dunn	Kirkby Milers	37:57
43	3072	Calum Holmes		Blackburn Harriers	34:09	128	1550	Mike Egner	V60 1 Kendal AA C	37:58
44	1747	Mark Leadbeatter		Lancaster & Morecambe	34:11	129	569	Neil McDonald	V50 9 Preston Harriers	38:03
45	1528	Matthew Doey		Kendal AA C	34:14	130	3093	Colin Shuttleworth	V5010 Preston Harriers	38:09
46	1583	Ryan Jones		Kirkby Milers	34:15	131	2767	Jamie Osborne	V4023 Trawden AC	38:12
47	1262	Stephen Berry		Border Harriers & Ac	34:29	132	3094	Sam Carr	Liverpool Pembroke Sefton	38:14
48	964	Mark Magee		Clayton Le Moors Harriers	34:31	133	1588	Kevin Harrison	V4024 Kirkby Milers	38:16
49	2929	Joseph Howe		Blackburn Harriers	34:33	134	593	Duncan Copley	V5011 Kendal AA C	38:19
50	3073	Ian Roberts		Liverpool Pembroke Sefton	34:35	135	1589	Gary Wiltton	V4025 Kirkby Milers	38:22
51	1676	Ryan Everett		Leven Valley AC	34:39	136	1681	Danny Bouffler	Leven Valley AC	38:25
52	977	Richard Stevenson	V40 2	Clayton Le Moors Harriers	34:48	137	2469	Ben Read	Preston Harriers	38:28
53	1936	Joe Greenwood		Lytham St Annes Rr Club	34:48	138	1398	Paul Blakemore	Wigan Phoenix	38:29
54	3074	Euan Martin		Liverpool Harriers	34:52	139	27	Adam Taylor	Kendal AA C	38:30
55	1749	Mark Holgate	V40 3	Lancaster & Morecambe	34:57	140	2618	Ian Leigh	V4026 Chorley Ac & Tri	38:33
56	3075	Callum Ross		Pendle AC	34:57	141	1680	John Bell	Leven Valley AC	38:34
57	816	Andrew Kershaw		Southport Waterloo Ac	34:58	142	73	Callum Barttrop	Lancaster University	38:34
58	3076	Calum Mitchell		Liverpool Harriers	35:01	143	1159	Ryan Skeats	Lancaster University	38:35
59	3077	Alan Ashton		Liverpool Harriers	35:02	144	85	Glenn Sherwin	Lancaster University	38:38
60	1054	Mark Bonner	V40 4	Glaxo Hoad Hill Harriers	35:05	145	205	Dominic Moon	Preston Harriers	38:39
61	3078	Adrian Roach		Liverpool Harriers	35:10	146	2971	Chris Funnell	V5012 Clayton Le Moors Harriers	38:41
62	817	Alex Waddelove		Southport Waterloo Ac	35:15	147	1160	Ben Francis	Lancaster University	38:48
63	2607	Thomas Belcher		Chorley Ac & Tri	35:19	148	267	Phil Quibell	V60 2 Wesham Road Runners	38:50
64	1257	Daniel Hornsby		Border Harriers & Ac	35:19	149	1369	David Harker	V4027 Walney Wind Cheetahs	38:52
65	956	Ryan Bradshaw		Clayton Le Moors Harriers	35:24	150	1850	Barry Wheeler	Red Rose Runners	38:53
66	3079	Joseph Twigg	U20 1	Lancaster & Morecambe	35:24	151	1150	Hamish Child	Lancaster University	38:54
67	3080	Sean Bolland	V40 5	Lancaster & Morecambe	35:25	152	2183	Stuart Towns	V4028 Wigan & District Harriers	38:55
68	1748	James Dalgleish	V40 6	Lancaster & Morecambe	35:26	153	1367	Gary Broadbent	V4029 Walney Wind Cheetahs	38:58
69	241	Michael Hunt	V45 1	Rosendale Harriers	35:31	154	835	Mike Taylor	V4030 Southport Waterloo Ac	38:59
70	1117	Carl Hanaghan		Helm Hill Runners	35:31	155	204	Steve Hallas	V4031 Preston Harriers	39:01
71	3081	Jonathan Kearsley		Wigan & District Harriers	35:32	156	79	Calum Laing	Lancaster University	39:10
72	2962	Mark Chippendale	V50 2	Blackburn Harriers	35:33	157	1875	Frank Nightingale	V5013 Red Rose Runners	39:12
73	1540	Matt Wilson	V40 7	Kendal AA C	35:36	158	1153	Alec Fowler	Lancaster University	39:13
74	3082	Wesley Wilkinson		Preston Harriers	35:36	159	1378	Ian Sadler	V5014 Walney Wind Cheetahs	39:18
75	1155	Harry Lancaster		Lancaster University	35:38	160	2772	Adrian Blackledge	V4032 Trawden AC	39:18
76	78	Ben Hutchins		Lancaster University	35:41	161	1851	Andrew Christie	Red Rose Runners	39:24
77	3083	Paul Milburn		Liverpool Pembroke Sefton	35:45	162	833	Carl McMahon	V4033 Southport Waterloo Ac	39:26
78	3084	Andrew Storey		Liverpool Harriers	35:46	163	2499	William Johnstone	V5015 Preston Harriers	39:26
79	2615	Robert Walsh	V40 8	Chorley Ac & Tri	35:48	164	1148	Long Ip	U20 3 Lancaster University	39:28
80	2188	John Heyes	V40 9	Wigan & District Harriers	35:54	165	1227	Simon Gora	Garstang Running Club	39:29
81	961	Matthew Duckworth		Clayton Le Moors Harriers	35:54	166	3095	Peter Saga	Hyndburn Ac	39:35
82	3085	Kyle Nicholls		Liverpool Pembroke Sefton	35:58	167	2492	David Watson	V5016 Preston Harriers	39:36
83	1584	James Ellis		Kirkby Milers	36:01	168	82	Jordan Phillipson	Lancaster University	39:38
84	1677	Matthew Wall		Leven Valley AC	36:05	169	2366	Paul Sparrow	V5017 Blackpool Fylde & Wyre AC	39:42
85	249	Mike Leatherbarrow	V4010	Southport Waterloo Ac	36:05	170	3096	John Connolly	Liverpool Harriers	39:43

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Sport
Soft

171 3097	Danny Gilbody		Liverpool Pembroke Sefton	39:44	246 2386	Stephen McLean	V5040	Southport Waterloo Ac	43:28
172 1639	Thornton Taylor	V60 3	Rossendale Harriers	39:48	247 829	Steve Flanagan	V4053	Southport Waterloo Ac	43:32
173 1154	Ben Peace		Lancaster University	39:50	248 990	Jason Pier	V4054	Clayton Le Moors Harriers	43:34
174 1417	Chris Wilson	V5018	Wigan Phoenix	39:52	249 2788	John McDonald	V5041	Trawden AC	43:38
175 832	Marty Smyth	V4034	Southport Waterloo Ac	39:56	250 1877	Philip Butler	V5042	Red Rose Runners	43:43
176 3098	Neil Whittle	V4035	Wigan & District Harriers	39:58	251 575	Nick Morton		Kirkby Milers	43:44
177 230	Manolo Mendoza	V4036	Red Rose Runners	39:59	252 2194	Kevin Edwards	V5043	Wigan & District Harriers	43:54
178 613	Stuart Cann	V5019	Red Rose Runners	40:01	253 3106	Stephen Lennon		Liverpool Pembroke Sefton	44:02
179 3099	Christopher Pedder		Liverpool Pembroke Sefton	40:03	254 3107	Gary Firth	V4055	Astley & Tyldesley	44:07
180 538	Neil Grace	V5020	Barrow & Furness Striders AC	40:04	255 1503	Glen Travers	V5044	Barrow & Furness Striders AC	44:07
181 2186	Mike Harris	V4037	Wigan & District Harriers	40:10	256 1233	Geoff Lyons	V5045	Garstang Running Club	44:10
182 3100	Dan Alexander		Kirkby Milers	40:12	257 46	Tony Beyga	V6012	Kirkby Milers	44:11
183 3101	Matt Dun	V4038	Kendal AA C	40:13	258 36	Tom Loughran		Kirkby Milers	44:13
184 37	Andrew McGlone		Kirkby Milers	40:16	259 1687	Philip Everrett	V4056	Leven Valley AC	44:20
185 1579	Adam Fitzsimmons		Kirkby Milers	40:17	260 3108	Paul Wilson		Liverpool RC	44:24
186 3102	Robert Burke		Liverpool RC	40:18	261 1147	Peter Viney	U20 6	Lancaster University	44:26
187 1810	Shaun Moran	V5021	Astley & Tyldesley	40:19	262 2393	Phil Bailey	V6013	Southport Waterloo Ac	44:35
188 1360	James Thomas		Walney Wind Cheetahs	40:22	263 38	Terry Noon		Kirkby Milers	44:40
189 2184	Darren Jackson	V4039	Wigan & District Harriers	40:31	264 561	Philip Horrocks	V5046	Walney Wind Cheetahs	44:44
190 562	Gary Corcoran	V4040	Red Rose Runners	40:33	265 3109	George Pierce		Liverpool RC	44:47
191 2500	John Rainford	V5022	Preston Harriers	40:34	266 35	Michael Graham		Kirkby Milers	44:50
192 979	Mick Hughes	V4041	Clayton Le Moors Harriers	40:34	267 2493	Andrew Tranter	V5047	Preston Harriers	44:53
193 1580	Joseph Chedgzyo		Kirkby Milers	40:37	268 2985	James Hickie	V5048	Clayton Le Moors Harriers	44:56
194 1073	Gary Dover	V5023	Glaxo Hoard Hill Harriers	40:40	269 1361	Carl Wilkes		Walney Wind Cheetahs	45:01
195 1056	Mark Lehrle	V4042	Glaxo Hoard Hill Harriers	40:53	270 3110	John Crosse		Lancaster University	45:03
196 1157	Matthew Green		Lancaster University	40:55	271 2783	Chris O'Brien	V5049	Trawden AC	45:09
197 980	Craig Nicholls	V4043	Clayton Le Moors Harriers	40:59	272 1951	Mark Hughes	V4057	Lytham St Annes Rr Club	45:16
198 848	Ian Fitzpatrick	V5024	Southport Waterloo Ac	41:01	273 844	Graham Liu	V5050	Southport Waterloo Ac	45:18
199 1685	Benjamin Park		Leven Valley AC	41:04	274 2955	Danny Teare	V4058	Blackburn Harriers	45:21
200 2193	Paul Fitzsimmons	V5025	Wigan & District Harriers	41:06	275 2360	Daniel Smith	V4059	Blackpool Fylde & Wyre AC	45:21
201 1151	Alister Diplock		Lancaster University	41:10	276 1846	Ben Smithers		Red Rose Runners	45:34
202 3103	Paul Harrison		Liverpool Harriers	41:16	277 2951	Allan Hartley	V4060	Blackburn Harriers	45:50
203 1548	Stuart McGurk	V5026	Kendal AA C	41:17	278 1380	Ian Jones	V6014	Walney Wind Cheetahs	45:55
204 1042	Luke Turner	U20 4	Glaxo Hoard Hill Harriers	41:19	279 850	Clive James	V5051	Southport Waterloo Ac	46:02
205 248	James Tipton		Rossendale Harriers	41:22	280 602	Simon Worbey		Red Rose Runners	46:07
206 1880	Simon Shaw	V5027	Red Rose Runners	41:22	281 1083	Adrian Newnham	V6015	Glaxo Hoard Hill Harriers	46:10
207 2391	Rob Johnson	V60 4	Southport Waterloo Ac	41:31	282 3111	Stephen Hollis		Kirkby Milers	46:11
208 2637	Paul Wareing	V5028	Chorley Ac & Tri	41:33	283 1802	Craig Bradbury	V4061	Astley & Tyldesley	46:20
209 268	Shaun Cunliffe	V4044	Wigan & District Harriers	41:33	284 2273	Tony Duffy	V4062	Barlick Fell Runners	46:24
210 1362	Chris Puntun		Walney Wind Cheetahs	41:33	285 229	Rob Mather	V4063	Red Rose Runners	46:50
211 1139	Michael Williams		Burnley Ac	41:39	286 1065	Erik Hampton	V4064	Glaxo Hoard Hill Harriers	46:56
212 2949	Paulo Sousa	V4045	Blackburn Harriers	41:40	287 1884	Philip Dean	V6016	Red Rose Runners	47:01
213 2196	David Collins	V5029	Wigan & District Harriers	41:42	288 2077	Ben Wrigley		Wesham Road Runners	47:17
214 1069	Nigel Storey	V5030	Glaxo Hoard Hill Harriers	41:43	289 2197	Tony Foster	V5052	Wigan & District Harriers	47:20
215 28	Dave Wilkinson	V60 5	Kendal AA C	41:45	290 608	Alan Archer	V5053	Clayton Le Moors Harriers	47:22
216 1577	Matthew Whalley	U20 5	Kirkby Milers	41:47	291 2501	Michael Brown	V5054	Preston Harriers	47:25
217 1746	Andrew Clokey		Lancaster & Morecambe	41:48	292 80	William Moss		Lancaster University	47:32
218 118	David Kyriacou		Leven Valley AC	41:55	293 2795	Allan Boulton	V5055	Trawden AC	47:42
219 1866	Steven Moon	V4046	Red Rose Runners	41:59	294 45	John Clarke	V5056	Kirkby Milers	47:45
220 1061	Keith Conway	V4047	Glaxo Hoard Hill Harriers	42:01	295 610	Anthony Pritchard	V6017	Garstang Running Club	47:45
221 1379	Steven Batty	V5031	Walney Wind Cheetahs	42:02	296 2505	Michael McLoughlin	V6018	Preston Harriers	47:51
222 234	Steven Willetts		Red Rose Runners	42:07	297 2387	Gareth Williams	V5057	Southport Waterloo Ac	47:59
223 3104	Mattew Conway		Rossendale Harriers	42:08	298 43	Sean Loughran	V5058	Kirkby Milers	48:57
224 606	Paul Mann	V4048	Kendal AA C	42:11	299 2792	Mark Walsh	V5059	Trawden AC	48:59
225 2363	Peter Bradburn	V4049	Blackpool Fylde & Wyre AC	42:11	300 1236	Graham Hobson	V6019	Garstang Running Club	49:05
226 2355	Chris Rawcliffe		Blackpool Fylde & Wyre AC	42:12	301 1079	Simon Barton	V6020	Glaxo Hoard Hill Harriers	49:16
227 2113	John Collier	V60 6	Wesham Road Runners	42:15	302 228	John Hyde	V6021	Red Rose Runners	49:38
228 1959	Graham Webster	V60 7	Lytham St Annes Rr Club	42:18	303 2370	Simon Scarr	V5060	Blackpool Fylde & Wyre AC	50:04
229 1504	Graham Dacre	V5032	Barrow & Furness Striders AC	42:22	304 539	Matthew Tranter		Barrow & Furness Striders AC	50:14
230 1679	Ben Gill		Leven Valley AC	42:22	305 1596	David Barrow	V6022	Kirkby Milers	50:29
231 988	Jeremy Bradshaw	V4050	Clayton Le Moors Harriers	42:25	306 1381	John Greenwood	V6023	Walney Wind Cheetahs	50:50
232 1075	Damian Jones	V5033	Glaxo Hoard Hill Harriers	42:39	307 2987	Peter Browning	V5061	Clayton Le Moors Harriers	50:55
233 1595	Ian Rivers	V5034	Kirkby Milers	42:41	308 831	Lee Coupland	V4065	Southport Waterloo Ac	51:03
234 987	Andy Quinn	V4051	Clayton Le Moors Harriers	42:43	309 1368	David Marr	V4066	Walney Wind Cheetahs	51:16
235 1375	Paul Quinn	V5035	Walney Wind Cheetahs	42:51	310 1363	Martin Clarkson		Walney Wind Cheetahs	51:21
236 847	Mike Cunningham	V5036	Southport Waterloo Ac	42:55	311 3112	Russell Mabbett		Wesham Road Runners	51:47
237 227	Philip Davidson	V5037	Red Rose Runners	42:58	312 3113	Jeff Darbyshire	V4067	Wigan & District Harriers	52:04
238 2038	Mark Hudson	V5038	Liverpool Pembroke Sefton	43:03	313 3114	Richie Webster		Liverpool Pembroke Sefton	52:13
239 1076	Graham Pinder	V60 8	Glaxo Hoard Hill Harriers	43:04	314 1694	Mark Williamson	V5062	Leven Valley AC	52:24
240 2796	David Howard	V60 9	Trawden AC	43:08	315 837	Ian Pike	V4068	Southport Waterloo Ac	52:55
241 1085	Pat Thomas	V6010	Glaxo Hoard Hill Harriers	43:16	316 1954	Greg Oulton	V5063	Lytham St Annes Rr Club	53:30
242 3105	Paul Corkhill		Leven Valley AC	43:18	317 1084	Tony Clarke	V6024	Glaxo Hoard Hill Harriers	54:12
243 1072	Alan Wilson	V5039	Glaxo Hoard Hill Harriers	43:21	318 2382	Alan Wilkinson	V70 1	Blackpool Fylde & Wyre AC	54:36
244 1958	Terry Hellings	V6011	Lytham St Annes Rr Club	43:24	319 1845	Faisal Ali		Red Rose Runners	56:57
245 66	Richard Hannam	V4052	Lancaster & Morecambe	43:25	320 2385	John Winters	V70 2	Blackpool Fylde & Wyre AC	1:12:00

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	3079	Joseph Twigg	U20 1	Lancaster & Morecambe	35:24
2	1675	Jake Cooper	U20 2	Leven Valley AC	36:49
3	1148	Long Ip	U20 3	Lancaster University	39:28
4	1042	Luke Turner	U20 4	Glaxo Hoard Hill Harriers	41:19
5	1577	Matthew Whalley	U20 5	Kirkby Milers	41:47
6	1147	Peter Viney	U20 6	Lancaster University	44:26

Senior Men under 20 — TEAM RESULTS

No complete teams

Senior Men — TEAM RESULTS

1 Liverpool Harriers	36	—	2	Dejene Gezimu	3	Daniel Jarvis	4	Abdulqani Sharif	7	Liam Burthem	8	Cameron Field	12	Mathew Jackson
2 Liverpool Harriers 'B'	145	—	17	Aaron Jarvis	19	Thomas Rogerson	20	Richard Burney	27	Lee Siemaszko	30	Andy Salmon	32	James Wootton
3 Southport Waterloo Ac	169	—	9	James Tarrt	11	Ben Johnson	26	Ciaran Walsh	29	Mark Dunham	37	David Hamilton	57	Andrew Kershaw
4 Lancaster & Morecambe	221	—	23	Beau Smith	25	David Brown	35	Lee Parrington	39	Raymond Edgar	44	Mark Leadbeater	55	Mark Holgate
5 Preston Harriers	231	—	1	Patrick Dever	5	Daniel Bebbington	16	Chris Durney	38	Richard Smith	74	Wesley Wilkinson	97	Andy Whaley
6 Blackburn Harriers	244	—	10	Tim Raynes	28	Christopher G Davies	42	Thomas Blaney	43	Calum Holmes	49	Joseph Howe	72	Mark Chippendale
7 Lancaster University	314	—	13	Jack Turner	14	James Young	40	Ben Sache	75	Harry Lancaster	76	Ben Hutchins	96	Chris Olive
8 Liverpool Pembroke Sefton	351	—	24	Christopher Maher	31	Mark Wynne	50	Ian Roberts	77	Paul Milburn	82	Kyle Nicholls	87	Phil McDonald
9 Kendal AA C	373	—	18	Jonathon Dry	41	Tom Hartley	45	Matthew Doney	73	Matt Wilson	88	Richard Wilson	108	Joe Todd
10 Clayton Le Moors Harriers	485	—	48	Mark Magee	52	Richard Stevenson	65	Ryan Bradshaw	81	Matthew Duckworth	93	James Dunderdale	146	Chris Funnell
11 Leven Valley AC	567	—	51	Ryan Everett	84	Matthew Wall	98	Jake Cooper	106	David McNally	113	Tim Winder	115	Christopher Durkin
12 Southport Waterloo Ac 'B'	590	—	62	Alex Waddelove	85	Mike Leatherbarrow	94	James Paybody	107	Stephen Ward	120	Rob McGrath	122	John Sprackland
13 Kirkby Milers	630	—	46	Ryan Jones	83	James Ellis	116	Lee Moore	125	Lee Walmsley	127	Mark Dunn	133	Kevin Harrison
14 Glaxo Hoad Hill Harriers	694	—	33	Dave Fulford	60	Mark Bonner	89	Mark Tomkinson	123	Jeffrey Chadwick	194	Ben Read	195	Mark Lehrle
15 Lancaster & Morecambe 'B'	768	—	66	Joseph Twigg	67	Sean Bolland	68	James Dalgleish	105	Kevin Wilson	217	Andrew Clokey	245	Richard Hannam
16 Wigan & District Harriers	772	—	71	Jonathan Kearsley	80	John Heyes	112	Mark Morgan-Hillam	152	Stuart Towns	176	Neil Whittle	181	Mike Harris
17 Preston Harriers 'B'	774	—	114	Joe Sharples	119	Chris Wales	129	Neil McDonald	130	Colin Shuttleworth	176	Neil Whittle	181	Mike Harris
18 Lancaster University 'B'	831	—	104	Harry Shelbourne	142	Callum Bartrop	143	Ryan Skeats	144	Glenn Sherwin	147	Ben Francis	151	Hamish Child
19 Lytham St Annes Rr Club	836	—	53	Joe Greenwood	100	Thomas Howarth	101	Neil Tate	110	Jonathan Tuck	228	Graham Webster	244	Terry Helligs
20 Kendal AA C 'B'	908	—	51	William Sisson	128	Mike Egner	134	Duncan Copley	139	Adam Taylor	183	Matt Dun	203	Stuart McGurk
21 Liverpool Pembroke Sefton 'B'	911	—	92	Sammy Rashid	99	Mike Gall	132	Sam Carr	171	Danny Gilbody	179	Christopher Pedder	238	Mark Hudson
22 Red Rose Runners	914	—	91	Daniel Hughes	150	Barry Wheeler	157	Frank Nightingale	161	Andrew Christie	177	Manolo Mendoza	178	Stuart Cann
23 Blackpool Fylde & Wyre AC	944	—	15	Luke Minns	34	Harry Poole	169	Paul Sparrow	225	Peter Bradburn	226	Chris Rawcliffe	275	Daniel Smith
24 Astley & Tyldesley	1038	—	95	Tim Campbell	102	Simon Ford	117	Mark Collins	187	Shaun Moran	254	Gary Firth	283	Craig Bradbury
25 Walney Wind Cheetahs	1080	—	149	David Harker	153	Gary Broadbent	159	Ian Sadler	188	James Thomas	210	Chris Puntton	221	Steven Batty
26 Barrow & Furness Striders AC	1093	—	122	Ross Campbell	103	Pat Miller	180	Neil Grace	229	Graham Dacre	255	Glen Travers	304	Matthew Tranter
27 Kirkby Milers 'B'	1095	—	135	Gary Wilton	182	Dan Alexander	184	Andrew McGlone	185	Adam Fitzsimmons	193	Joseph Chedzoy	216	Matthew Whalley
28 Leven Valley AC 'B'	1166	—	136	Danny Bouffler	141	John Bell	199	Benjamin Park	218	David Kyriacou	230	Ben Gill	242	Paul Corkhill
29 Red Rose Runners 'B'	1324	—	190	Gary Corcoran	206	Simon Shaw	219	Steven Moon	222	Steven Willetts	237	Philip Davidson	250	Philip Butler
30 Trawden AC	1344	—	131	Jamie Osborne	160	Adrian Blackledge	240	David Howard	249	John McDonald	271	Chris O'Brien	293	Allan Boulton
31 Glaxo Hoad Hill Harriers 'B'	1350	—	204	Luke Turner	214	Nigel Storey	220	Keith Conway	232	Damian Jones	239	Graham Pinder	241	Pat Thomas
32 Wigan & District Harriers 'B'	1352	—	189	Darren Jackson	200	Paul Fitzsimmons	209	Shaun Cunliffe	213	David Collins	252	Kevin Edwards	289	Tony Foster
33 Clayton Le Moors Harriers 'B'	1370	—	192	Mick Hughes	197	Craig Nicholls	231	Jeremy Bradshaw	234	Andy Quinn	248	Jason Pier	268	James Hickie
34 Walney Wind Cheetahs 'B'	1661	—	235	Paul Quinn	264	Philip Horrocks	269	Carl Wilkes	278	Ian Jones	306	John Greenwood	309	David Marr

Senior Men (Vets) over 40 — TEAM RESULTS

1 Lancaster & Morecambe	38	—	4	Mark Holgate	6	Sean Bolland	7	James Dalgleish	21	Kevin Wilson
2 Southport Waterloo Ac	74	—	2	David Hamilton	13	Mike Leatherbarrow	29	Rob McGrath	30	John Sprackland
3 Kendal AA C	79	—	10	Matt Wilson	14	Richard Wilson	23	Joe Todd	32	Mike Egner
4 Preston Harriers	113	—	18	Andy Whaley	28	Chris Wales	33	Neil McDonald	34	Colin Shuttleworth
5 Glaxo Hoad Hill Harriers	119	—	5	Mark Bonner	15	Mark Tomkinson	31	Jeffrey Chadwick	68	Gary Dover
6 Astley & Tyldesley	126	—	17	Tim Campbell	19	Simon Ford	27	Mark Collins	63	Shaun Moran
7 Wigan & District Harriers	137	—	12	John Heyes	25	Mark Morgan-Hillam	43	Stuart Towns	57	Neil Whittle
8 Clayton Le Moors Harriers	180	—	3	Richard Stevenson	40	Chris Funnell	67	Mick Hughes	70	Craig Nicholls
9 Blackburn Harriers	210	—	1	Christopher G Davies	9	Mark Chippendale	78	Paulo Sousa	122	Danny Teare
10 Walney Wind Cheetahs	218	—	42	David Harker	44	Gary Broadbent	48	Ian Sadler	84	Steven Batty
11 Red Rose Runners	229	—	47	Frank Nightingale	58	Manolo Mendoza	59	Stuart Cann	65	Gary Corcoran
12 Kirkby Milers	279	—	36	Kevin Harrison	38	Gary Wilton	92	Ian Rivers	113	Tony Beyga
13 Barrow & Furness Striders AC	280	—	20	Pat Miller	60	Neil Grace	89	Graham Dacre	111	Glen Travers
14 Trawden AC	290	—	35	Jamie Osborne	49	Adrian Blackledge	99	David Howard	107	John McDonald
15 Leven Valley AC	315	—	22	David McNally	26	Tim Winder	114	Philip Everett	153	Mark Williamson
16 Lytham St Annes Rr Club	334	—	24	Jonathan Tuck	88	Graham Webster	102	Terry Helligs	120	Mark Hughes
17 Blackpool Fylde & Wyre AC	408	—	53	Paul Sparrow	86	Peter Bradburn	123	Daniel Smith	146	Simon Scarr

Senior Men (Vets) over 50 — TEAM RESULTS

1 Southport Waterloo Ac	14	—	1	David Hamilton	6	Rob McGrath	7	John Sprackland
2 Preston Harriers	38	—	10	Neil McDonald	11	Colin Shuttleworth	17	William Johnstone
3 Kendal AA C	50	—	9	Mike Egner	12	Duncan Copley	29	Stuart McGurk
4 Barrow & Furness Striders AC	66	—	4	Pat Miller	23	Neil Grace	39	Graham Dacre
5 Red Rose Runners	67	—	15	Frank Nightingale	22	Stuart Cann	30	Simon Shaw
6 Glaxo Hoad Hill Harriers	68	—	8	Jeffrey Chadwick	26	Gary Dover	34	Nigel Storey
7 Walney Wind Cheetahs	94	—	16	Ian Sadler	36	Steven Batty	42	Paul Quinn
8 Wigan & District Harriers	115	—	28	Paul Fitzsimmons	33	David Collins	54	Kevin Edwards
9 Clayton Le Moors Harriers	143	—	13	Chris Funnell	61	James Hickie	69	Alan Archer
10 Trawden AC	161	—	47	David Howard	52	John McDonald	62	Chris O'Brien
11 Kirkby Milers	170	—	41	Ian Rivers	57	Tony Beyga	72	John Clarke
12 Lytham St Annes Rr Club	174	—	38	Graham Webster	50	Terry Helligs	86	Greg Oulton
13 Blackpool Fylde & Wyre AC	188	—	19	Paul Sparrow	81	Simon Scarr	88	Alan Wilkinson
14 Garstang Running Club	207	—	56	Geoff Lyons	73	Anthony Pritchard	78	Graham Hobson

Senior Men (Vets) over 60 — TEAM RESULTS

1 Glaxo Hoad Hill Harriers	33	—	8	Graham Pinder	10	Pat Thomas	15	Adrian Newnham
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