

Pos	Name	Category	Club	Time
1	Rhys Findlay-Robinson	M	DPFR	03:59:55
2	Peter Davies	M	DPFR	04:01:06
3	Sam Watson	M	Wharfdale	04:02:42
4	Ben Abdelnoor	M	Ambleside AC	04:06:50
5	James Harris	M	Black Coombe	04:07:05
6	Tom Simpson	MU23	Ambleside AC	04:09:16
7	Pete Vale	M40	Mercia	04:16:46
8	Jack Eyre	M	Eden	04:24:35
9	Tobias Barthelme	MU23	Keswick	04:25:51
10	John Helme	M40	Ambleside AC	04:27:34
11	Harvey Lord	M	Black Coombe	04:29:05
12	Jasmin Paris	F	Carnethy	04:29:48
13	Huw Davies	M	Mercia	04:32:25
14	Stew Glendinning	M	Ambleside	04:35:04
15	James Lowe	MU23	DPRF	04:35:56
16	Charlie Lowther	M40	Eden	04:36:57
17	John Hunt	M50	DPFR	04:40:10
18	Konrad Rawlick	M	Carnethy	04:40:31
19	Dave Ward	M40	Pennine Fell Runners	04:45:09
20	Ross Litherland	M40	Pennine Fell Runners	04:47:25
21	Jack Foxall	M40	DPFR	04:51:43
22	Peter Mackie	M40	Shettleston	04:53:04
23	Dave Lund	M	DPFR	04:53:12
24	Jill Stephen	F	HBT	04:55:26
25	Digby Harris	M	Pennine Fell Runners	04:59:22
26	Scott Morley	M	Eden	05:00:16
27	Janathan Whitauer	M50	Harrogate	05:02:18
28	Claire Nance	F	Lonsdale FR	05:03:47
29	David White	M50	Kilmarnock harriers	05:04:12
30	Nick Ray	M40	Ellenborough AC	05:08:02
31	David Williams	M	Elenborough Ac	05:09:33
32	Jamie Lawen	M40		05:14:49
33	Paul Fernandez	M40	Abbingdon AC	05:15:05
34	Jim Turner	M	Bowland	05:15:55
35	Will Herman	M40	Clayton Le Moors	05:16:28
36	Leigh Warburton	M60	Bowland Fell Runners	05:16:42
37	Hayley Evans	F	Buckley Runners	05:16:55
38	Rob Waddy	MU23	Cambridge University	05:17:56
39	Andy Dunn	M40	Bristol And West AC	05:19:53
40	Dan Walmsley	M40	Highland	05:20:50
41	Tony Holt	M40	Morpeth Harriers	05:21:17

42	Craig Freshwater	M	HBT	05:21:20
43	Philip Withnall	M	Losdale FR	05:21:21
44	Rob Crawford	M	Howgill Harriers	05:25:36
45	Caleb Reid	M40	Borrowdale	05:25:45
46	Dave Sykes	M40	DPFR	05:26:48
47	Andrew Britton	M40	Wharfedale	05:26:52
48	Dan Gilbert	M40	Horwich	05:27:28
49	Natalie Hawkrigg	F40	Nothern Fells	05:27:32
50	Jason Lewis	M40	U/a	05:29:07
51	Chris Alloby	M	Goyt Valley Striders	05:29:17
52	Tom Lynch	M	Otley	05:29:39
53	Darren Parker	M50	CFR	05:34:13
54	Ben Hoyle	M	Barleck Fell Runners	05:34:45
55	Lynden Ashley	M40	Esk Vslley	05:38:53
56	Aaron Walmsley	M	Bowland	05:39:10
57	Matt Dunn	M40	Holcombe	05:39:14
58	Joe Williams	M	U/A	05:40:39
59	Barry Scott	M40	Wharfedale	05:40:42
60	John Allan	M	Calder Valley	05:40:45
61	Mark Burley	M	Macclesfield	05:41:03
62	John Gill	M	Dallam	05:43:33
63	Alan Renville	M40	Carnethy	05:44:23
64	Bobby Gard-Story	M	Unattached	05:47:18
65	Sam Waddy	M40	Dartmoor Runners	05:48:14
66	Roy Ruddle	M50	Ilkley	05:49:03
67	Martin Terry	M55	Clayton Le Moor	05:49:58
68	Paul Jennings	M50	CFR	05:50:41
69	Sarah Lilleman	F	Dark Peak	05:51:04
70	Mike Hewitt	M		05:52:05
71	Clare Oliffe	F	DPFR	05:52:20
72	Scott Henderson	M40	Glasgow South Road Runners	05:53:17
73	Charlotte Milligan	FU23	Helm Hill	05:53:53
74	Catherine Litherland	F40	Pennine Fell Runners	05:58:55
75	Mick Proctor	M50	Clayton	05:59:11
76	Simon Whittaker	M	Helme Hill	05:59:37
77	Stephen Lysacenko	M50	Quantoct Orienteers	06:00:18
78	Ben Wolstenholme	M	Bramall	06:00:30
79	Chris Lee	M40		06:02:31
80	John Boothman	M50	Barlick	06:04:24
81	James Morrison	M40	Tiverton Harriers	06:05:44
82	Brian Horn	M60	Borrowdale	06:06:25
83	Gary Bradley	M50	Barlick Fell Runners	06:07:53
84	Gavin Reach	M	U/A	06:08:06
85	Paul Coupe	M50	Bowland	06:08:27

86	Hugh Balfour	M60	Dulwich Runners	06:09:35
87	Jack Ingham	M	Barlick Fel	06:09:42
88	Elaine Bisson	F40	Elvet Striders	06:10:57
89	Mark Liptrot	M50	Lostock	06:11:23
90	Steven OKeeffe	M40	Northern Fells	06:14:28
91	John Horrocks	M	Blackburn Harriers	06:15:00
92	Jonathan Heaney	M40	North Sheilds Poly	06:15:33
93	Danny Richardson	M	North Sheilds Poly	06:15:58
94	Sue Richmond	F40	Pennine Fell Runners	06:17:33
95	Graham Lewis-Dale	M		06:18:53
96	Darren Graham	M40	Todmorden	06:20:13
97	Johnny Ulett	M	Saddleworth	06:21:44
98	Bill Becket	M50	Chorley	06:23:32
99	Richard Mackey	M	Saddleworth	06:25:00
100	Paul Taylor	M50	Saddleworth	06:25:06
101	Helen Buchan	F40	Calder Valley	06:25:10
102	Emma Watson	F	Warfdale	06:26:41
103	James Wilson	M		06:32:44
104	Lee Walker	M40		06:37:26
105	Nina Walkingshaw	F	Howgill Harriers	06:38:27
106	Steve Wathall	M60	Black Combe	06:40:05
107	Zac Poulton	M40	Northern Fells	06:57:46