



Supported By
Different Strokes
and
Pete Bland Sports



Scout Scar - Results 6 January 2019

Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	765	Jack	Wright	Man	27:39	Ambleside	1st Man
2	614	Ben	Riddell	Man	27:49	Black Combe	2nd Man
3	666	Matthew	Knowles	MU21	27:52	Lancaster & Morecambe AC	3rd Man/1st MU21
4	732	Tom	Addison	Man	27:55	Helm Hill	
5	720	Michael	Ainsworth	Man	27:59	Helm Hill	
6	525	Jon	Rylance	MV40	28:05	Ambleside AC	1st MV40
7	588	Oliver	Heaton	Man	28:12	Preston Harriers	
8	718	Charlie	Ing	Man	28:16	Unattached	
9	790	Pete	Harrison	Man	28:23		
10	669	Benjamin	Forrest	MU21	28:54	Bury Athletic Club	
11	754	Mark	Purkis	Man	29:01	HBT	
12	781	John	Helme	MV40	29:36	Ambleside	
13	739	Chris	Waters	Man	30:01	Ambleside	
14	778	Steve	Jacques	MV40	30:04	Unattached	
15	725	Alex	Jones	MV50	30:04	Wellington Harriers	1st MV50
16	724	Ben	Jackson	Man	30:09		
17	697	Paul	Reilly	MV40	30:19	Helm Hill	
18	600	Robert	Askew	MU21	30:23	Helm Hill	
19	551	Will	Acland	MV40	30:29	Helm Hill	
20	733	Tom	Simpson	Man	30:29	Unattached	
21	642	Michael	Gregory	MV40	30:38	Ulverston Triathlon Club	
22	535	Brian	Pennington	MV40	30:43	Howgill Harriers	
23	716	Sebastian	Segger-Staveley	MU21	30:44	Settle Harriers	
24	695	John	Horrocks	Man	30:45	Blackburn Harriers	
25	760	George	Attwood	MU21	30:49	Dallam	
26	712	Matt	Simms	Man	30:52		
27	531	Alastair	Dunn	MV40	30:56	Helm Hill	
28	613	Sarah	Tunstall	Lady	30:57	Kendal AAC	1st Lady
29	650	Laurie	Kearsey	Man	30:58	Helm Hill	
30	789	Paul	Upton	Man	31:04	Helm Hill	
31	813	Jacob	Snowchowski	Man	31:05	Ambleside	
32	593	Scott	Umpleby	MV50	31:09	Kendal AAC	
33	574	Harvey	Lord	Man	31:19	Black Combe	
34	786	Joseph	Conner	MU21	31:22	Helm Hill	
35	819	Calvin	Routledge	MV50	31:24	Ambleside	
36	705	Joshua	Moon	Man	31:35		
37	599	Martin	Askew	MU21	31:38	Helm Hill	
38	722	Jack	Simpson	Man	31:39	Helm	
39	687	Josh	Murphy	Man	31:42	Levens Valley AC	
40	638	Simon	Mounsey	MV40	31:57	Howgill Harriers	
41	632	James	Baron	MV50	32:00	Helm Hill	
42	564	Rob	Harper	MV40	32:05	Ambleside	
43	595	Gary	Thorpe	MV50	32:18	Ambleside AC	
44	513	Justin	Tancrel	MV40	32:26	Helm Hill	
45	701	Sam	Moon	MV40	32:29	Helm Hill	
46	774	Graham	Hayes	MV40	32:33		
47	502	Daniel	Malcolm	MV40	32:48	Helm Hill	
48	547	Adam	Brailsford	MV40	32:49	Northern Fells	
49	713	John	Evason	Man	32:53	Black Combe	
50	640	James	Mellor	Man	32:54	Darwen Dashers	

51	797	Gavin	Lloyd	Man	32:55	Black Combe	
52	761	Rob	Mortimore	Man	32:57	Helm Hill	
53	662	David	Wilson	MV50	33:00	Bowland	
54	794	Simon	Whittaker	Man	33:02	Helm Hill	
55	753	Harry	Watler	Man	33:10	Ambleside	
56	625	Steve	Duncan	Man	33:21		
57	584	James	Todhunter	Man	33:26	Helm Hill	
58	554	Luke	Appleyard	Man	33:29	Wharfedale Harriers	
59	767	Tim	Pickering	Man	33:31	Helm Hill	
60	508	Billy	Procter	MV60	33:33	Helm Hill	1st MV60
61	601	Ben	Kirkman	MU21	33:33	Rossendale Harriers	
62	717	Kaisleigh	Atkinson	Lady	33:36		2nd Lady
63	603	Peter	German	Man	33:40	Helm Hill	
64	686	Lucas	Wilson	Man	33:45		
65	518	Rob	Crawford	MV40	33:50	Howgill Harriers	
66	672	Peter	Lawson	Man	33:53		
67	568	Mark	Cuthbertson	MV40	33:57	Hartfell	
68	734	Simon	Denney	Man	33:59	Bentham	
69	644	David	Griffin	MV50	34:00	Helm Hill	
70	633	Steven	Middleton	MV40	34:01	Howgill Harriers	
71	730	Anthony	Emmet	MV40	34:03	Helm Hill	
72	643	Annabel	Mason	Lady	34:04	Lancaster & Morecambe AC	3rd Lady
73	549	Graham	Schofield	MV60	34:07	Horwich RMI Harriers	
74	534	Gareth	Davies	Man	34:13	Darwen Dashers	
75	559	Sean	Robinson	MV40	34:16	Howgill Harriers	
76	648	David	Banks	MV50	34:19	Kendal AAC	
77	723	John	Dixon	Man	34:20		
78	770	Keith	Stronach	Man	34:24		
79	505	Tom	Matthew	MV40	34:26	Bowland	
80	618	Chris	Downham	Man	34:32	Unattached	
81	694	Celia	Powell	Lady	34:37		
82	591	Joey	Umpleby	MU21	34:45	Kendal AAC	
83	545	Dave	Bottomley	Man	34:46	Helm Hill	
84	582	Colin	Marston	MV40	34:52		
85	805	Robert	Moffat	Man	34:53		
86	649	Emma	Johnston	Lady	35:01	Helm Hill	
87	746	David	Holdsworth	MV60	35:11		
88	596	Alistair	Hearn	MV40	35:14	Helm Hill	
89	624	Michael	Toman	MV50	35:21	Accrington RR	
90	509	Chris	Green	MV40	35:25	Ambleside AC	
91	736	Tom	Batty	Man	35:26		
92	604	Dai	Bedwell	MV50	35:28	DVO	
93	752	Lucy	Varney	LV50	35:32	Kendal AAC	1st LV50
94	719	Matthew	Crawford	Man	35:34	Coniston	
95	707	Tony	Little	MV40	35:35	Bowland	
96	735	Joanna	Rycroft	Lady	35:40	Helm Hill	
97	516	Graham	Bird	MV50	35:45	Wharfedale Harriers	
98	566	Bianca	Dyer	LV40	35:48	Helm Hill	1st LV40
99	668	Michael	Green	MV40	35:49		
100	636	Brian	Thompson	MV60	35:51	Helm Hill	
101	820	Stuart	Allan	MV40	35:57	Helm Hill	
102	590	Nina	Walkingshaw	LV40	35:58	Howgill Harriers	
103	609	Simon	Waller	MV50	36:06	Helm Hill	
104	709	Ronald	Hummelink	MV40	36:17	Lonsdale Fell Runners	
105	628	James	Coulthard	MV40	36:19	Howgill Harriers	
106	522	Tom	Ward	MU21	36:20	Helm Hill	
107	660	John	Robson	MV50	36:24	Helm Hill	
108	671	Mick	Brankin	MV40	36:36	Unattached	
109	580	John	Jones	MV50	36:38	Helm Hill	
110	623	Richard	Briscoe	MV40	36:40	Clayton le Moors	
111	639	Keith	Tonkin	MV60	36:41	Border Liners OC	
112	605	Jack	Holt	MV70	36:42	Clayton le Moors	1st MV70

113	769	James	Metcalf	MV40	36:43		
114	795	Alison	Richards	LV40	36:44	Helm Hill	
115	521	John	Bagge	MV50	36:47	Helm Hill	
116	529	Jean	Brown	LV50	36:54	Clayton le Moors	
117	817	Michael	Smith	MV50	36:57	Dallam	
118	700	Jenny	Lyon	Lady	36:59	Dallam Running Club	
119	745	John	Fitzpatrick	MV50	37:02	Helm Hill	
120	692	Bill	Beckett	MV50	37:03	Chorley A&T	
121	696	Stephen	Roberts	MV40	37:04	Kendal AAC	
122	738	Gary	Lane	MV40	37:07	Howgill Harriers	
123	560	Sheldan	Pickles	MV40	37:18	Unattached	
124	702	Max	Nicholson	Man	37:28		
125	538	Ronnie	Haddow	MV40	37:30	Furness Fell Runners	
126	520	Alistair	Shawcross	MV40	37:30		
127	664	Larry	Day	MV40	37:32	Ambleside AC	
128	710	Andrew	Douglas	MV40	37:42	Kendal Tri	
129	670	James	Crawford	MV60	37:51	Border Liners OC	
130	816	Mark	Taylor	Man	37:54	Clayton le Moors	
131	804	Eddie	Leedham	MU21	37:58	Dallam	
132	583	Roger	Aubrey	MV50	37:58	Helm Hill	
133	758	Graham	Beaumont	MV50	38:04	Dallam	
134	657	Konstantinos	Georgalos	Man	38:07		
135	572	Robin	Parsons	MV40	38:12	Elvet Striders	
136	573	Andy	Evans	MV50	38:15	Settle Harriers	
137	565	Andy	Bennett	MV40	38:17	Helm Hill	
138	579	David	Barnes	MV60	38:18	Horwich RMI Harriers	
139	507	Andy	Holden	MV50	38:24	Wharfedale Harriers	
140	821	Neil	Robinson	MV40	38:26	Kendal Tri	
141	727	Paul	Corkill	Man	38:29	Levens Valley AC	
142	749	Will	Douthwaite	Man	38:33	Helm Hill	
143	673	Damian	Brankin	Man	38:36	Unattached	
144	680	Andrew	Stokes	MV60	38:40	Dallam	
145	512	Jonny	Grisedale	MV40	38:44	Helm Hill	
146	631	Debbie	Copley	LV50	38:49	Dallam	
147	570	Andy	Mingay	Man	38:51	Dallam	
148	743	Chloe	Brown	Lady	38:53	Howgill Harriers	
149	543	Mark	Villiers	MV40	38:53	Unattached	
150	818	Beth	Datson	Lady	38:59	Westerlands	
151	561	Toby	Smith	Man	39:00		
152	699	Alexander	Fairer	Lady	39:08	Black Combe	
153	620	Julia	Sier	LV40	39:11	Dallam	
154	741	David	Roper	MV60	39:17	Howgill Harriers	
155	740	Jim	Fisher	MV50	39:22	Howgill Harriers	
156	728	Craig	Brown	Man	39:24	Helm Hill	
157	750	Richard	Halliday	Man	39:32	Howgill Harriers	
158	798	Alistair	Kirkbride	MV50	39:35		
159	536	Martin	Brady	MV50	39:40	Clayton le Moors	
160	532	Maia	Doherty	LU21	39:46	Helm Hill	1st LU21
161	748	Andrew	Leach	Man	39:49	Howgill Harriers	
162	792	Graham	Capper	MV60	39:51	LOC	
163	555	Colin	Briffett	MV40	39:52	Lancaster Runners	
164	811	John	Leech	MV50	39:53	Dallam	
165	621	Mike	Walsh	MV60	39:57	Kendal AAC	
166	563	Daniel	King	MV40	39:59	Millom Striders	
167	791	Dave	Hollingham	MV50	40:00	Kendal Tri	
168	784	Andrew	Conner	MV50	40:02	Helm Hill	
169	807	Fay	Tuffen	LV40	40:05		
170	799	Adam	Roberts	Man	40:06		
171	619	Chris	Lawrence	MV50	40:07	Clayton le Moors	
172	803	Will	Leedham	Man	40:09	Dallam	
173	602	Mick	Kirkman	MV50	40:10	Rosendale Harriers	
174	533	Claire	Davies	Lady	40:11	Darwen Dashers	

175	782	Chris	Schofield	MV50	40:11	Helm Hill	
176	626	Joanne	Taylor	LV40	40:16	Kendal AAC	
177	517	Tim	Murray	MV50	40:19	Helm Hill	
178	711	Chloe	Lumsdon	Lady	40:28	Helm Hill	
179	759	Phil	Harrington	MV40	40:30	Helm Hill	
180	823	Steve	Wathall	MV60	40:31	Black Combe	
181	587	Liz	McNally	LV40	40:34	Levens Valley AC	
182	706	Mark	Glaister	MV50	40:35	SBH	
183	688	Caroline	Holden	LV50	40:38	Helm Hill	
184	515	Jeremy	Wilkinson	MV50	40:41	Keighley and Craven AC	
185	556	Martin	Smith	MV50	40:42	Dark Peak Fell Runners	
186	612	Eleanor	Parker	Lady	40:44	Preston Harriers	
187	598	Lorna	Askew	LV40	40:48	Helm Hill	
188	597	Marcia	Hearn	LV40	41:01	Helm Hill	
189	661	Peter	Singleton	MV60	41:03	Blackpool	
190	801	Andrew	Hewitson	MV40	41:09	Lonsdale	
191	690	Anna	Bailey	Lady	41:09		
192	647	Sarah	Storey	Lady	41:16		
193	768	Claire	Farrington	Lady	41:19		
194	780	Laurence	Ormerod	MV60	41:20	Settle Harriers	
195	546	Jo	Appleby	LV40	41:28	Helm Hill	
196	653	Neil	Hindle	MV60	41:30	FRA	
197	737	Stuart	Bell	MV60	41:39	Kendal AAC	
198	755	Joanne	Mcloud	LV50	41:46	Barrow & Furness striders	
199	785	Brian	Morris	MV50	41:53	Darwen Dashers	
200	646	Mark	Charnley	MV40	41:54	Settle Harriers	
201	682	Mike	Binks	Man	41:55	Unattached	
202	617	David	Johnson	MV50	41:56	Ambleside	
203	714	Pete	Coe	MV60	41:57	Helm Hill	
204	773	Abigail	Kerr	Lady	42:01		
205	808	Bertie	Gotte	MV40	42:06	Helm Hill	
206	685	John	Wood	MV40	42:11		
207	747	Wendy	Dodds	LV60	42:15	Clayton le Moors	1st LV60
208	772	Stephanie	Heys	Lady	42:25		
209	540	Richard	Cater	MV40	42:27	Helm Hill	
210	721	Grace	Leedham	LV50	42:33	Dallam	
211	674	Andy	Monk	MV60	42:36	FRA	
212	698	Rowan	Ranner	LV40	42:41	Helm Hill	
213	703	Sarah	Moon	LV40	42:54		
214	585	Leah	Albion	LU21	43:01	Broughton Runners	
215	523	Peter	Bardsley	MV40	43:06	Bowland	
216	751	Jerry	Purkis	MV60	43:10	LOC	
217	630	Jo	Taylor	LV50	43:13	Bowland FR	
218	610	Michael	McLoughlin	MV60	43:18	Preston Harriers	
219	524	Niki	Ryland	LV40	43:22	Ambleside AC	
220	744	Megan	Fitzpatrick	Lady	43:27	Helm Hill	
221	629	John	Taylor	MV60	43:30	Bowland FR	
222	757	Gary	Tagnet	MV60	43:36	Dallam	
223	678	Chris	Beesley	MV60	43:44	Settle Harriers	
224	742	Francis	Leach	Lady	43:51	Howgill Harriers	
225	553	Kate	Brayshaw	LV40	43:53	Helm Hill	
226	519	Helen	Samson	LV40	43:58	Helm Hill	
227	586	Eilidh	Miller	LU21	44:01	Broughton Runners	
228	562	Rob	Sanders	MV60	44:01	Black Combe	
229	764	Vicky	Atkinson	LV40	44:07	Helm Hill	
230	704	Andy	Dalton	MV50	44:15	SBH	
231	802	Jackie	Chapman	LV60	44:26	LOC	
232	815	Daniel	Rayson	MV50	44:37		
233	514	Helen	Wilkinson	LV40	44:44	Keighley and Craven AC	
234	814	Helen	Barker	LV40	44:46	Kendal AAC	
235	812	Amanda	Burrow	LV40	44:50	Helm Hill	
236	592	Jane	Umpleby	LV50	44:52	Unattached	

237	637	Keith	Butterworth	MV60	44:53	Clayton le Moors	
238	677	Stephen	Moor	MV50	44:56	Settle Harriers	
239	506	Lynn	Whittaker	LV50	44:58	Wharfedale Harriers	
240	622	Andrew	Sier	MV50	45:02		
241	558	Zoe	Robinson	Lady	45:09	Howgill Harriers	
242	503	Pam	Bagot	LV40	45:11	Settle Harriers	
243	656	Leslie	Pateloup	Lady	45:38		
244	511	Jo	Grisedale	LV40	45:41	Helm Hill	
245	548	Paula	Bowen	LV40	45:42	Ambleside	
246	550	Libby	Dixon	LV40	45:44	Ambleside	
247	756	John	Hodgson	MV70	45:50	Dallam	
248	539	Jo	Cater	LV40	45:58	Helm Hill	
249	634	Elizabeth	Adams	LV40	46:02	Helm Hill	
250	763	Oliver	Haines	Man	46:04	Trawden AC	
251	762	Annie	Carrington	LV50	46:19	Settle Harriers	
252	788	Louise	Dunn	LV50	46:25		
253	575	Pamela	Hardman	LV60	46:33	Lytham St Annes RR	
254	822	Will	Thwaites	Man	46:55	Howgill Harriers	
255	544	Hanna	Latty	LV40	47:05		
256	606	Stephen	Fish	MV60	47:13	Clayton le Moors	
257	684	Sarah	Senior	LV50	47:19	Helm Hill	
258	777	Caroline	Wade	Lady	47:25	Helm Hill	
259	731	Rachel	Addison	Lady	47:28	Helm Hill	
260	665	Katy	Thompson	LV60	47:30	Clayton le Moors	
261	608	Veronica	Waller	LV40	47:35	Dallam	
262	627	Graham	Breeze	MV70	47:39	Wharfedale Harriers	
263	607	Olga	Wiggins	Lady	48:02	Preston Harriers	
264	766	Patty	Davies	LV50	48:09	Helm Hill	
265	641	Graham	Schofield	MV60	48:12	Chorley	
266	775	Lindsay	Harrod	LV50	48:19	Helm Hill	
267	689	Emma	Blundell	Lady	48:35	Lonsdale	
268	537	Kath	Brady	LV50	48:46	Clayton le Moors	
269	589	Andrew	Dewhurst	MV50	49:08	MS Running Club	
270	557	May	Crawford	LV40	49:09	Helm Hill	
271	793	Karen	Shackleton	LV50	49:09	Darwen Dashers	
272	552	Ian	Oakey	MV40	49:10	Settle Harriers	
273	800	Steven	Roberts	MV60	49:13		
274	611	Kevin	Cooke	MV40	49:17		
275	526	Wendy	Smith	LV40	49:19	Helm Hill	
276	708	Chris	Cash	MV60	49:21	Darwen Dashers	
277	635	Tyla	Crook	LU21	49:32	Helm Hill	
278	576	Greg	Oulton	MV50	49:38	Lytham St Annes RR	
279	594	Caroline	Beardwood	LV40	49:42	Helm Hill	
280	809	Phil	Corris	MV60	49:50	Lancs Constabulary	
281	667	George	Thompson	MV60	49:55	Darwen Dashers	
282	787	Ian	Peters	MV60	50:03	Hoad Hill Harriers	
283	779	Elaine	Cowperthwaite	LV50	50:04		
284	776	Sarah	Hards	Lady	50:05	Swaledale Harriers	
285	645	Simone	Rigby	LU21	50:38	Settle Harriers	
286	541	Miriam	Rosen	LV60	50:53	Lancaster & Morecambe AC	
287	659	Alan	Smart	MV60	50:58	Blackpool	
288	569	Jennifer	Weir	LV40	51:02	Hartfell	
289	542	Ariane	Domingo	LV40	51:09	Helm Hill	
290	616	Roger	Hall	MV70	51:34	Wharfedale Harriers	
291	504	Jo	Matthew	LV40	51:41	Dallam	
292	654	Emily	Crossley	LU21	51:52	Settle Harriers	
293	651	Jill	Gates	LV50	51:57	Settle Harriers	
294	806	Jill	Leader	LV60	52:06	Kendal Tri	
295	796	Barry	Shackleton	MV60	52:20	Darwen Dashers	
296	655	Carol	Downing	LV50	52:26	Howgill Harriers	
297	658	Gary	Hollis	MV50	52:27		
298	679	Ben	Higginson	MV60	52:28	Preston Harriers	

299	715	Janet	Greenhalgh	LV40	52:29	Darwen Dashers	
300	527	Becky	Gibbs	LV40	52:30	Helm Hill	
301	810	Sonja	Vietoris	LV40	55:17		
302	578	Leonie	Black	LV40	55:25	Helm Hill	
303	726	Lara	Williams	Lady	56:03		
304	581	Rebecca	Walker	LV40	56:12	Dallam	
305	663	George	James	MV70	56:22	Blackpool	
306	729	Janet	Nash	LV60	56:34	LOC	
307	681	Phil	Kirkby	MV60	57:21	Coniston	
308	571	Zoe	Parsons	LV40	57:29	Elvet Striders	
309	652	Linda	Edmondson	LV50	57:43		
310	675	Richard	Handford	MV60	59:02	Settle Harriers	
311	510	Kristian	Clayton	MV40	59:13	Barlick Fell Runners	
312	693	Leanne	Richie	Lady	59:40		
313	691	Scott	Thwaites	Man	1:00:56		
314	577	Phil	Martin	MV70	1:01:15	Bowland	
315	683	Rebecca	Simms	LV50	1:02:51	Darwen Dashers	
316	783	Alison	Abbott	LV40	1:02:52	Darwen Dashers	
317	771	Jim	Taylor	MV70	1:05:23	Darwen Dashers	
318	615	Joe	Howard	MV70	1:05:39	Preston Harriers	
319	501	Denis	Wood	MV70	1:05:44	Borrowdale	
320	530	Bob	Gibbs	MV70	1:12:04	LOC	
321	528	Sam	Gibbs	MV40	1:12:04	Helm Hill	
DNF	676	Wilfred	Bell	MV60	DNF	Howgill Harriers	
DNF	567	Jacob	Dyer	MV40	DNF	Helm Hill	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Eric	Beaumont	Boy	16:49		1st Boy
2	118	Toby	Umpleby	Boy	17:01	Kendal AAC	2nd Boy
3	67	Jack	Villiers	Boy	17:17	Barlick Fell Runners	3rd Boy
4	25	Ollie	Sanders	Boy	17:22	Helm Hill	
5	49	Alex	Tallon	Boy	17:28	Helm Hill	
6	36	Chloe	Rylance	Girl	19:13	Ambleside AC	1st Girl
7	146	Alfie	Thorpe	Boy	19:33	Broughton Runners	
8	87	Adam	Scott	Boy	19:38	Helm Hill	
9	147	Sonny	Ashton-Fitch	Boy	20:25	Settle Harriers	
10	73	Emily	Swarbrick	Girl	21:32	Cumberland Fell Runners	2nd Girl
11	108	Oliver	Corbett	Boy	21:49		
12	9	Alex	Matthew	Boy	22:16	Dallam	
13	112	Joseph	Morgan	Boy	22:22	Kendal AAC	
14	145	Ella	Beardwood	Girl	23:19	Helm Hill	3rd Girl
15	94	Freya	Richards	Girl	23:27	Helm Hill	
16	105	Becky	Dyer	Girl	25:25	Helm Hill	

Under 15 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	65	Thomas	Brailsford	Boy	08:28	Ambleside	1st Boy
2	78	Dylan	Cater	Boy	08:40	Helm Hill	2nd Boy
3	32	John	Bardsley	Boy	08:48		3rd Boy
4	121	Ben	Greenep	Boy	08:51	Kendal AAC	
5	91	Amelie	Lane	Girl	08:54	Wharfedale Harriers	1st Girl
6	35	Sophie	Ryance	Girl	09:01	Ambleside AC	2nd Girl
7	59	Sarah	Smith	Girl	09:04	Helm Hill	3rd Girl
8	57	Jack	Dixon	Boy	09:13	Ambleside	
9	37	Joseph	Rigby	Boy	09:16	Helm Hill	
10	39	Christopher	Brown	Boy	09:26	Clayton le Moors	
11	81	Thomas	Adams	Boy	09:31	CFR	
12	27	Clara	Samson	Girl	09:34	Helm Hill	
13	99	Isaac	Robinson	Boy	09:35	Howgill Harriers	
14	139	Jamie	Waller	Boy	09:40	Dallam	
15	52	Caius	Pennington	Boy	09:43	Howgill Harriers	
16	19	Charlotte	Wilkinson	Girl	09:44	Horwich RMI Harriers	
17	7	Elodie	Malcolm	Girl	09:44	Helm Hill	
18	46	Elise	Tallon	Girl	09:48	Helm Hill	
19	131	Vladimir	Wiggins	Boy	10:03	Preston Harriers	
20	30	Melissa	McIntosh	Girl	10:05	Border Harriers	
21	76	Fayth	Bowness	Girl	10:14	CFR	
22	28	Ruby	Woodward	Girl	10:19		
23	98	Ciara	Duffy	Girl	10:30	Barlick Fell Runners	
24	69	Oliver	Willoughby	Boy	10:32	Helm Hill	
25	129	Travis	Coucom	Boy	10:44	Helm Hill	
26	88	Reece	Kinley	Boy	10:48	Helm Hill	
27	148	Joel	Saunders	Boy	10:49	Helm Hill	
28	96	Toby	Harper	Boy	11:02	Ambleside	
29	62	Vicky	Woof	Girl	11:04	Howgill Harriers	
30	90	Nathon	Ritchie	Boy	11:15	Levens Valley AC	
31	16	Finley	Grisedale	Boy	11:23	Helm Hill	
32	101	George	Campbell	Boy	11:25	Howgill Harriers	
33	8	Cate	Matthew	Girl	11:26	Dallam	
34	143	Beau	Walkingshaw	Girl	11:40	Howgill Harriers	
35	89	Megan	de Lacy-Perkins	Girl	12:49	Salt Ayre	
36	10	Benjamin	Grundy	Boy	13:16	Wharfedale Harriers	

Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	63	Archie	Peaker	Boy	07:21	Keighley and Craven AC	1st Boy
2	136	Will	McNally	Boy	07:32	Levens Valley AC	2nd Boy
3	5	Rowan	Ashworth	Boy	07:38	Ambleside	3rd Boy
4	54	Simon	Rigby	Boy	07:46	Helm Hill	
5	2	Alfie	Addison	Boy	07:57	Helm Hill	
6	24	Ewen	Wilkinson	Boy	08:05	Keighley and Craven AC	
7	117	Lucille	Pickles	Girl	08:14	Barlick Fell Runners	1st Girl
8	13	Ben	Allmond	Boy	08:17	Ambleside	
9	100	Toby	Acland	Boy	08:18	Helm Hill	
10	141	Aaran	Revoll	Boy	08:30	Helm Hill	
11	124	Finn	Houston	Boy	08:32		
12	106	Olivia	Swarbrick	Girl	08:37	Cumberland Fell Runners	2nd Girl
13	75	Stanley	Metcalfe	Boy	08:41		
14	102	Ella	Martindale	Girl	08:41	Helm Hill	3rd Girl
15	44	Charlotte	Pearl	Girl	08:45	Settle Harriers	
16	138	Sam	Greenep	Boy	08:52	Kendal AAC	
17	50	Cameron	Dunn	Boy	08:55	Helm Hill	
18	29	Amber	McIntosh	Girl	08:58	Border Harriers	
19	41	Marvin	Gibbs	Boy	08:59	Helm Hill	
20	11	Lara	Smith	Girl	09:00	Helm Hill	
21	74	Hester	Metcalfe	Girl	09:01	Ambleside AC	
22	42	Jude	Evans	Boy	09:01	Ambleside	
23	82	Ned	Whitaker	Boy	09:14	Settle Harriers	
24	38	Aaron	Smith	Boy	09:15	Howgill Harriers	
25	14	Cameron	Storey	Boy	09:28		
26	93	Peter	de Lacy-Perkins	Boy	09:30	Salt Ayre	
27	3	Lucy	Bagot	Girl	09:33	Settle Harriers	
28	84	Connie-Maye	Scott	Girl	09:40	Kendal AAC	
29	137	Thomas	Hearn	Boy	09:42	Helm Hill	
30	33	Emma	Duxbury	Girl	09:58	Ambleside	
31	113	Theo	Robinson	Boy	10:06	Howgill Harriers	
32	79	Ellen	Dickson	Girl	10:08	Ambleside	
33	60	Katie	Lewis	Girl	10:14	Howgill Harriers	
34	130	Daisy	Lees	Girl	10:23	Ambleside	
35	53	Finlay	Aitken	Boy	10:35	Helm Hill	
36	12	Seren	Green	Girl	10:41	Ambleside AC	
37	128	Hannah	Dyer	Girl	10:47	Helm Hill	
38	58	Jessica	Oakey	Girl	10:49	Settle Harriers	
39	17	Lily -Grace	Clayton	Girl	10:51	Barlick Fell Runners	
40	126	Sophie	Goodall	Girl	11:02		
41	22	Isobelle	Wilkinson	Girl	11:51	Horwich	
42	122	Alicia	Crawford	Girl	12:02	Helm Hill	
43	23	Emily	Kerr	Girl	13:54		
44	77	Isabella	Latty	Girl	13:58	Settle Harriers	
DNF	103	Madeleine	Martindale	Girl	DNF	Helm Hill	

Under 11 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	120	Leo	Ranner	Boy	08:05	Helm Hill	1st Boy
2	21	Joseff	Tancrel	Boy	08:15	Helm Hill	2nd Boy
3	6	Tom	Ashworth	Boy	08:20	Ambleside	3rd Boy
4	15	Harvey	Shaw	Boy	08:27	Ambleside	
5	97	Ewan	Black	Boy	08:40	Helm Hill	
6	115	Alfie	Tipping	Boy	08:45	Kendal AAC	
7	66	Blake	Fleming	Boy	08:49	Hoad Hill Harriers	
8	104	Will	Brayshaw	Boy	08:57	Helm Hill	
9	107	Ella	Brayshaw	Girl	09:04	Lancaster & Morecambe AC	1st Girl
10	85	Andrew	Mitchell	Boy	09:08	Howgill Harriers	
11	45	Millie	Jebb	Girl	09:17	Helm Hill	2nd Girl
12	51	Fraser	Dunn	Boy	09:19	Helm Hill	
13	71	Carla	Gardiner	Girl	09:20	Helm Hill	3rd Girl
14	111	Alex	Speight	Boy	09:20		
15	56	Ivan	Winder	Boy	09:27	Levens Valley AC	
16	47	Jackson	Bottomley	Boy	09:29	Helm Hill	
17	110	Eve	Briffett	Girl	09:30		
18	80	Isabella	Wright	Girl	09:31	Wharfedale Harriers	
19	119	Emmy	Ranner	Girl	09:32	Helm Hill	
20	61	Thomas	Lowis	Boy	09:39	Howgill Harriers	
21	95	Elissa	Kinley	Girl	09:39	Helm Hill	
22	133	Jack	Moon	Boy	09:44	Helm Hill	
23	127	Jack	Gilpin	Boy	09:46		
24	34	Ruby	Duxbury	Girl	09:49	Ambleside	
25	109	William	Hargreaves	Boy	09:50	Ambleside	
26	134	Ben	Todhunter	Boy	09:51	Unattached	
27	125	Aaron	Goodall	Boy	09:57		
28	70	George	Gardiner	Boy	10:03	Helm Hill	
29	114	Gus	Campbell	Boy	10:13	Howgill Harriers	
30	92	Robyn	de Lacy-Perkins	Girl	10:16	Salt Ayre	
31	140	Brodie	Revill	Boy	10:26	Helm Hill	
32	43	Tess	Evans	Girl	10:28	Ambleside	
33	64	Florrie	Haddow	Girl	10:40	Furness Fell Runners	
34	48	Jasmine	Bottomley	Girl	10:40	Helm Hill	
35	86	Luke	Mitchell	Boy	10:42	Howgill Harriers	
36	40	Tess	Gibbs	Girl	10:44	Helm Hill	
37	26	Edward	Shawcross	Boy	10:54		
38	142	Harry	Singleton	Boy	10:59		
39	18	Oscar	Clayton	Boy	11:10	Barlick Fell Runners	
40	116	Rowan	McCann	Girl	11:13		
41	55	Zach	Thomas	Boy	11:14	COLT	
42	132	Thomas	Iveson	Boy	11:14	Ambleside AC	
43	135	Ellie	Todhunter	Girl	11:16	Unattached	
44	83	Mabel	Whitaker	Girl	11:37	Settle Harriers	
45	68	Poppy	Cater	Girl	11:40	Helm Hill	
46	4	Francesca	Bagot	Girl	11:43	Settle Harriers	
47	123	Freddie	Crawford	Boy	12:15	Helm Hill	
48	1	Megan	Harris	Girl	12:27	Helm Hill	
49	31	Tommy	Brodrick	Boy	12:32	Ambleside	
50	144	Sadie	Walkingshaw	Girl	12:33	Eden Runners	

Scout Scar 2019 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	765	Jack	Wright	Man	27:39	Ambleside	1st Man
2	614	Ben	Riddell	Man	27:49	Black Combe	2nd Man
3	666	Matthew	Knowles	MU21	27:52	Lancaster & Morecambe AC	3rd Man/1st MU21
4	732	Tom	Addison	Man	27:55	Helm Hill	
5	720	Michael	Ainsworth	Man	27:59	Helm Hill	
6	525	Jon	Rylance	MV40	28:05	Ambleside AC	1st MV40
7	588	Oliver	Heaton	Man	28:12	Preston Harriers	
8	718	Charlie	Ing	Man	28:16	Unattached	
9	790	Pete	Harrison	Man	28:23		
10	669	Benjamin	Forrest	MU21	28:54	Bury Athletic Club	
11	754	Mark	Purkis	Man	29:01	HBT	
12	781	John	Helme	MV40	29:36	Ambleside	
13	739	Chris	Waters	Man	30:01	Ambleside	
14	778	Steve	Jacques	MV40	30:04	Unattached	
15	725	Alex	Jones	MV50	30:04	Wellington Harriers	1st MV50
16	724	Ben	Jackson	Man	30:09		
17	697	Paul	Reilly	MV40	30:19	Helm Hill	
18	600	Robert	Askew	MU21	30:23	Helm Hill	
19	551	Will	Acland	MV40	30:29	Helm Hill	
20	733	Tom	Simpson	Man	30:29	Unattached	
21	642	Michael	Gregory	MV40	30:38	Ulverston Triathlon Club	
22	535	Brian	Pennington	MV40	30:43	Howgill Harriers	
23	716	Sebastian	Segger-Staveley	MU21	30:44	Settle Harriers	
24	695	John	Horrocks	Man	30:45	Blackburn Harriers	
25	760	George	Attwood	MU21	30:49	Dallam	
26	712	Matt	Simms	Man	30:52		
27	531	Alastair	Dunn	MV40	30:56	Helm Hill	
28	650	Laurie	Kearsey	Man	30:58	Helm Hill	
29	789	Paul	Upton	Man	31:04	Helm Hill	
30	813	Jacob	Snowchowski	Man	31:05	Ambleside	
31	593	Scott	Umpleby	MV50	31:09	Kendal AAC	
32	574	Harvey	Lord	Man	31:19	Black Combe	
33	786	Joseph	Conner	MU21	31:22	Helm Hill	
34	819	Calvin	Routledge	MV50	31:24	Ambleside	
35	705	Joshua	Moon	Man	31:35		
36	599	Martin	Askew	MU21	31:38	Helm Hill	
37	722	Jack	Simpson	Man	31:39	Helm	
38	687	Josh	Murphy	Man	31:42	Levens Valley AC	
39	638	Simon	Mounsey	MV40	31:57	Howgill Harriers	
40	632	James	Baron	MV50	32:00	Helm Hill	
41	564	Rob	Harper	MV40	32:05	Ambleside	
42	595	Gary	Thorpe	MV50	32:18	Ambleside AC	
43	513	Justin	Tancrel	MV40	32:26	Helm Hill	
44	701	Sam	Moon	MV40	32:29	Helm Hill	
45	774	Graham	Hayes	MV40	32:33		
46	502	Daniel	Malcolm	MV40	32:48	Helm Hill	
47	547	Adam	Brailsford	MV40	32:49	Northern Fells	
48	713	John	Evason	Man	32:53	Black Combe	
49	640	James	Mellor	Man	32:54	Darwen Dashers	
50	797	Gavin	Lloyd	Man	32:55	Black Combe	
51	761	Rob	Mortimore	Man	32:57	Helm Hill	
52	662	David	Wilson	MV50	33:00	Bowland	
53	794	Simon	Whittaker	Man	33:02	Helm Hill	
54	753	Harry	Watler	Man	33:10	Ambleside	
55	625	Steve	Duncan	Man	33:21		
56	584	James	Todhunter	Man	33:26	Helm Hill	
57	554	Luke	Appleyard	Man	33:29	Wharfedale Harriers	
58	767	Tim	Pickering	Man	33:31	Helm Hill	

59	508	Billy	Procter	MV60	33:33	Helm Hill	1st MV60
60	601	Ben	Kirkman	MU21	33:33	Rossendale Harriers	
61	603	Peter	German	Man	33:40	Helm Hill	
62	686	Lucas	Wilson	Man	33:45		
63	518	Rob	Crawford	MV40	33:50	Howgill Harriers	
64	672	Peter	Lawson	Man	33:53		
65	568	Mark	Cuthbertson	MV40	33:57	Hartfell	
66	734	Simon	Denney	Man	33:59	Bentham	
67	644	David	Griffin	MV50	34:00	Helm Hill	
68	633	Steven	Middleton	MV40	34:01	Howgill Harriers	
69	730	Anthony	Emmet	MV40	34:03	Helm Hill	
70	549	Graham	Schofield	MV60	34:07	Horwich RMI Harriers	
71	534	Gareth	Davies	Man	34:13	Darwen Dashers	
72	559	Sean	Robinson	MV40	34:16	Howgill Harriers	
73	648	David	Banks	MV50	34:19	Kendal AAC	
74	723	John	Dixon	Man	34:20		
75	770	Keith	Stronach	Man	34:24		
76	505	Tom	Matthew	MV40	34:26	Bowland	
77	618	Chris	Downham	Man	34:32	Unattached	
78	591	Joey	Umpleby	MU21	34:45	Kendal AAC	
79	545	Dave	Bottomley	Man	34:46	Helm Hill	
80	582	Colin	Marston	MV40	34:52		
81	805	Robert	Moffat	Man	34:53		
82	746	David	Holdsworth	MV60	35:11		
83	596	Alistair	Hearn	MV40	35:14	Helm Hill	
84	624	Michael	Toman	MV50	35:21	Accrington RR	
85	509	Chris	Green	MV40	35:25	Ambleside AC	
86	736	Tom	Batty	Man	35:26		
87	604	Dai	Bedwell	MV50	35:28	DVO	
88	719	Matthew	Crawford	Man	35:34	Coniston	
89	707	Tony	Little	MV40	35:35	Bowland	
90	516	Graham	Bird	MV50	35:45	Wharfedale Harriers	
91	668	Michael	Green	MV40	35:49		
92	636	Brian	Thompson	MV60	35:51	Helm Hill	
93	820	Stuart	Allan	MV40	35:57	Helm Hill	
94	609	Simon	Waller	MV50	36:06	Helm Hill	
95	709	Ronald	Hummelink	MV40	36:17	Lonsdale Fell Runners	
96	628	James	Coulthard	MV40	36:19	Howgill Harriers	
97	522	Tom	Ward	MU21	36:20	Helm Hill	
98	660	John	Robson	MV50	36:24	Helm Hill	
99	671	Mick	Brankin	MV40	36:36	Unattached	
100	580	John	Jones	MV50	36:38	Helm Hill	
101	623	Richard	Briscoe	MV40	36:40	Clayton le Moors	
102	639	Keith	Tonkin	MV60	36:41	Border Liners OC	
103	605	Jack	Holt	MV70	36:42	Clayton le Moors	1st MV70
104	769	James	Metcalf	MV40	36:43		
105	521	John	Bagge	MV50	36:47	Helm Hill	
106	817	Michael	Smith	MV50	36:57	Dallam	
107	745	John	Fitzpatrick	MV50	37:02	Helm Hill	
108	692	Bill	Beckett	MV50	37:03	Chorley A&T	
109	696	Stephen	Roberts	MV40	37:04	Kendal AAC	
110	738	Gary	Lane	MV40	37:07	Howgill Harriers	
111	560	Sheldan	Pickles	MV40	37:18	Unattached	
112	702	Max	Nicholson	Man	37:28		
113	538	Ronnie	Haddow	MV40	37:30	Furness Fell Runners	
114	520	Alistair	Shawcross	MV40	37:30		
115	664	Larry	Day	MV40	37:32	Ambleside AC	
116	710	Andrew	Douglas	MV40	37:42	Kendal Tri	
117	670	James	Crawford	MV60	37:51	Border Liners OC	
118	816	Mark	Taylor	Man	37:54	Clayton le Moors	
119	804	Eddie	Leedham	MU21	37:58	Dallam	
120	583	Roger	Aubrey	MV50	37:58	Helm Hill	

121	758	Graham	Beaumont	MV50	38:04	Dallam	
122	657	Konstantinos	Georgalos	Man	38:07		
123	572	Robin	Parsons	MV40	38:12	Elvet Striders	
124	573	Andy	Evans	MV50	38:15	Settle Harriers	
125	565	Andy	Bennett	MV40	38:17	Helm Hill	
126	579	David	Barnes	MV60	38:18	Horwich RMI Harriers	
127	507	Andy	Holden	MV50	38:24	Wharfedale Harriers	
128	821	Neil	Robinson	MV40	38:26	Kendal Tri	
129	727	Paul	Corkill	Man	38:29	Levens Valley AC	
130	749	Will	Douthwaite	Man	38:33	Helm Hill	
131	673	Damian	Brankin	Man	38:36	Unattached	
132	680	Andrew	Stokes	MV60	38:40	Dallam	
133	512	Jonny	Grisedale	MV40	38:44	Helm Hill	
134	570	Andy	Mingay	Man	38:51	Dallam	
135	543	Mark	Villiers	MV40	38:53	Unattached	
136	561	Toby	Smith	Man	39:00		
137	741	David	Roper	MV60	39:17	Howgill Harriers	
138	740	Jim	Fisher	MV50	39:22	Howgill Harriers	
139	728	Craig	Brown	Man	39:24	Helm Hill	
140	750	Richard	Halliday	Man	39:32	Howgill Harriers	
141	798	Alistair	Kirkbride	MV50	39:35		
142	536	Martin	Brady	MV50	39:40	Clayton le Moors	
143	748	Andrew	Leach	Man	39:49	Howgill Harriers	
144	792	Graham	Capper	MV60	39:51	LOC	
145	555	Colin	Briffett	MV40	39:52	Lancaster Runners	
146	811	John	Leech	MV50	39:53	Dallam	
147	621	Mike	Walsh	MV60	39:57	Kendal AAC	
148	563	Daniel	King	MV40	39:59	Millom Striders	
149	791	Dave	Hollingham	MV50	40:00	Kendal Tri	
150	784	Andrew	Conner	MV50	40:02	Helm Hill	
151	799	Adam	Roberts	Man	40:06		
152	619	Chris	Lawrence	MV50	40:07	Clayton le Moors	
153	803	Will	Leedham	Man	40:09	Dallam	
154	602	Mick	Kirkman	MV50	40:10	Rosendale Harriers	
155	782	Chris	Schofield	MV50	40:11	Helm Hill	
156	517	Tim	Murray	MV50	40:19	Helm Hill	
157	759	Phil	Harrington	MV40	40:30	Helm Hill	
158	823	Steve	Wathall	MV60	40:31	Black Combe	
159	706	Mark	Glaister	MV50	40:35	SBH	
160	515	Jeremy	Wilkinson	MV50	40:41	Keighley and Craven AC	
161	556	Martin	Smith	MV50	40:42	Dark Peak Fell Runners	
162	661	Peter	Singleton	MV60	41:03	Blackpool	
163	801	Andrew	Hewitson	MV40	41:09	Lonsdale	
164	780	Laurence	Ormerod	MV60	41:20	Settle Harriers	
165	653	Neil	Hindle	MV60	41:30	FRA	
166	737	Stuart	Bell	MV60	41:39	Kendal AAC	
167	785	Brian	Morris	MV50	41:53	Darwen Dashers	
168	646	Mark	Charnley	MV40	41:54	Settle Harriers	
169	682	Mike	Binks	Man	41:55	Unattached	
170	617	David	Johnson	MV50	41:56	Ambleside	
171	714	Pete	Coe	MV60	41:57	Helm Hill	
172	808	Bertie	Gotte	MV40	42:06	Helm Hill	
173	685	John	Wood	MV40	42:11		
174	540	Richard	Cater	MV40	42:27	Helm Hill	
175	674	Andy	Monk	MV60	42:36	FRA	
176	523	Peter	Bardsley	MV40	43:06	Bowland	
177	751	Jerry	Purkis	MV60	43:10	LOC	
178	610	Michael	McLoughlin	MV60	43:18	Preston Harriers	
179	629	John	Taylor	MV60	43:30	Bowland FR	
180	757	Gary	Tagnet	MV60	43:36	Dallam	
181	678	Chris	Beesley	MV60	43:44	Settle Harriers	
182	562	Rob	Sanders	MV60	44:01	Black Combe	

183	704	Andy	Dalton	MV50	44:15	SBH	
184	815	Daniel	Rayson	MV50	44:37		
185	637	Keith	Butterworth	MV60	44:53	Clayton le Moors	
186	677	Stephen	Moor	MV50	44:56	Settle Harriers	
187	622	Andrew	Sier	MV50	45:02		
188	756	John	Hodgson	MV70	45:50	Dallam	
189	763	Oliver	Haines	Man	46:04	Trawden AC	
190	822	Will	Thwaites	Man	46:55	Howgill Harriers	
191	606	Stephen	Fish	MV60	47:13	Clayton le Moors	
192	627	Graham	Breeze	MV70	47:39	Wharfedale Harriers	
193	641	Graham	Schofield	MV60	48:12	Chorley	
194	589	Andrew	Dewhurst	MV50	49:08	MS Running Club	
195	552	Ian	Oakey	MV40	49:10	Settle Harriers	
196	800	Steven	Roberts	MV60	49:13		
197	611	Kevin	Cooke	MV40	49:17		
198	708	Chris	Cash	MV60	49:21	Darwen Dashers	
199	576	Greg	Oulton	MV50	49:38	Lytham St Annes RR	
200	809	Phil	Corris	MV60	49:50	Lancs Constabulary	
201	667	George	Thompson	MV60	49:55	Darwen Dashers	
202	787	Ian	Peters	MV60	50:03	Hoad Hill Harriers	
203	659	Alan	Smart	MV60	50:58	Blackpool	
204	616	Roger	Hall	MV70	51:34	Wharfedale Harriers	
205	796	Barry	Shackleton	MV60	52:20	Darwen Dashers	
206	658	Gary	Hollis	MV50	52:27		
207	679	Ben	Higginson	MV60	52:28	Preston Harriers	
208	663	George	James	MV70	56:22	Blackpool	
209	681	Phil	Kirkby	MV60	57:21	Coniston	
210	675	Richard	Handford	MV60	59:02	Settle Harriers	
211	510	Kristian	Clayton	MV40	59:13	Barlick Fell Runners	
212	691	Scott	Thwaites	Man	1:00:56		
213	577	Phil	Martin	MV70	1:01:15	Bowland	
214	771	Jim	Taylor	MV70	1:05:23	Darwen Dashers	
215	615	Joe	Howard	MV70	1:05:39	Preston Harriers	
216	501	Denis	Wood	MV70	1:05:44	Borrowdale	
217	530	Bob	Gibbs	MV70	1:12:04	LOC	
218	528	Sam	Gibbs	MV40	1:12:04	Helm Hill	
DNF	676	Wilfred	Bell	MV60	DNF	Howgill Harriers	
DNF	567	Jacob	Dyer	MV40	DNF	Helm Hill	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	765	Jack	Wright	Man	27:39	Ambleside	1st Man
2	614	Ben	Riddell	Man	27:49	Black Combe	2nd Man
3	666	Matthew	Knowles	MU21	27:52	Lancaster & Morecambe AC	3rd Man/1st MU21
4	732	Tom	Addison	Man	27:55	Helm Hill	
5	720	Michael	Ainsworth	Man	27:59	Helm Hill	
6	588	Oliver	Heaton	Man	28:12	Preston Harriers	
7	718	Charlie	Ing	Man	28:16	Unattached	
8	790	Pete	Harrison	Man	28:23		
9	669	Benjamin	Forrest	MU21	28:54	Bury Athletic Club	
10	754	Mark	Purkis	Man	29:01	HBT	
11	739	Chris	Waters	Man	30:01	Ambleside	
12	724	Ben	Jackson	Man	30:09		
13	600	Robert	Askew	MU21	30:23	Helm Hill	
14	733	Tom	Simpson	Man	30:29	Unattached	
15	716	Sebastian	Segger-Staveley	MU21	30:44	Settle Harriers	
16	695	John	Horrocks	Man	30:45	Blackburn Harriers	
17	760	George	Attwood	MU21	30:49	Dallam	
18	712	Matt	Simms	Man	30:52		
19	650	Laurie	Kearsey	Man	30:58	Helm Hill	
20	789	Paul	Upton	Man	31:04	Helm Hill	
21	813	Jacob	Snowchowski	Man	31:05	Ambleside	
22	574	Harvey	Lord	Man	31:19	Black Combe	
23	786	Joseph	Conner	MU21	31:22	Helm Hill	
24	705	Joshua	Moon	Man	31:35		
25	599	Martin	Askew	MU21	31:38	Helm Hill	
26	722	Jack	Simpson	Man	31:39	Helm	
27	687	Josh	Murphy	Man	31:42	Levens Valley AC	
28	713	John	Evason	Man	32:53	Black Combe	
29	640	James	Mellor	Man	32:54	Darwen Dashers	
30	797	Gavin	Lloyd	Man	32:55	Black Combe	
31	761	Rob	Mortimore	Man	32:57	Helm Hill	
32	794	Simon	Whittaker	Man	33:02	Helm Hill	
33	753	Harry	Watler	Man	33:10	Ambleside	
34	625	Steve	Duncan	Man	33:21		
35	584	James	Todhunter	Man	33:26	Helm Hill	
36	554	Luke	Appleyard	Man	33:29	Wharfedale Harriers	
37	767	Tim	Pickering	Man	33:31	Helm Hill	
38	601	Ben	Kirkman	MU21	33:33	Rosendale Harriers	
39	603	Peter	German	Man	33:40	Helm Hill	
40	686	Lucas	Wilson	Man	33:45		
41	672	Peter	Lawson	Man	33:53		
42	734	Simon	Denney	Man	33:59	Bentham	
43	534	Gareth	Davies	Man	34:13	Darwen Dashers	
44	723	John	Dixon	Man	34:20		
45	770	Keith	Stronach	Man	34:24		
46	618	Chris	Downham	Man	34:32	Unattached	
47	591	Joey	Umpleby	MU21	34:45	Kendal AAC	
48	545	Dave	Bottomley	Man	34:46	Helm Hill	
49	805	Robert	Moffat	Man	34:53		
50	736	Tom	Batty	Man	35:26		
51	719	Matthew	Crawford	Man	35:34	Coniston	
52	522	Tom	Ward	MU21	36:20	Helm Hill	
53	702	Max	Nicholson	Man	37:28		
54	816	Mark	Taylor	Man	37:54	Clayton le Moors	
55	804	Eddie	Leedham	MU21	37:58	Dallam	
56	657	Konstantinos	Georgalos	Man	38:07		
57	727	Paul	Corkill	Man	38:29	Levens Valley AC	
58	749	Will	Douthwaite	Man	38:33	Helm Hill	
59	673	Damian	Brankin	Man	38:36	Unattached	
60	570	Andy	Mingay	Man	38:51	Dallam	

61	561	Toby	Smith	Man	39:00		
62	728	Craig	Brown	Man	39:24	Helm Hill	
63	750	Richard	Halliday	Man	39:32	Howgill Harriers	
64	748	Andrew	Leach	Man	39:49	Howgill Harriers	
65	799	Adam	Roberts	Man	40:06		
66	803	Will	Leedham	Man	40:09	Dallam	
67	682	Mike	Binks	Man	41:55	Unattached	
68	763	Oliver	Haines	Man	46:04	Trawden AC	
69	822	Will	Thwaites	Man	46:55	Howgill Harriers	
70	691	Scott	Thwaites	Man	1:00:56		

MEN UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	666	Matthew	Knowles	MU21	27:52	Lancaster & Morecambe AC	3rd Man/1st MU21
2	669	Benjamin	Forrest	MU21	28:54	Bury Athletic Club	
3	600	Robert	Askew	MU21	30:23	Helm Hill	
4	716	Sebastian	Segger-Staveley	MU21	30:44	Settle Harriers	
5	760	George	Attwood	MU21	30:49	Dallam	
6	786	Joseph	Conner	MU21	31:22	Helm Hill	
7	599	Martin	Askew	MU21	31:38	Helm Hill	
8	601	Ben	Kirkman	MU21	33:33	Rosendale Harriers	
9	591	Joey	Umpleby	MU21	34:45	Kendal AAC	
10	522	Tom	Ward	MU21	36:20	Helm Hill	
11	804	Eddie	Leedham	MU21	37:58	Dallam	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	525	Jon	Rylance	MV40	28:05	Ambleside AC	1st MV40
2	781	John	Helme	MV40	29:36	Ambleside	
3	778	Steve	Jacques	MV40	30:04	Unattached	
4	697	Paul	Reilly	MV40	30:19	Helm Hill	
5	551	Will	Acland	MV40	30:29	Helm Hill	
6	642	Michael	Gregory	MV40	30:38	Ulverston Triathlon Club	
7	535	Brian	Pennington	MV40	30:43	Howgill Harriers	
8	531	Alastair	Dunn	MV40	30:56	Helm Hill	
9	638	Simon	Mounsey	MV40	31:57	Howgill Harriers	
10	564	Rob	Harper	MV40	32:05	Ambleside	
11	513	Justin	Tancrel	MV40	32:26	Helm Hill	
12	701	Sam	Moon	MV40	32:29	Helm Hill	
13	774	Graham	Hayes	MV40	32:33		
14	502	Daniel	Malcolm	MV40	32:48	Helm Hill	
15	547	Adam	Brailsford	MV40	32:49	Northern Fells	
16	518	Rob	Crawford	MV40	33:50	Howgill Harriers	
17	568	Mark	Cuthbertson	MV40	33:57	Hartfell	
18	633	Steven	Middleton	MV40	34:01	Howgill Harriers	
19	730	Anthony	Emmet	MV40	34:03	Helm Hill	
20	559	Sean	Robinson	MV40	34:16	Howgill Harriers	
21	505	Tom	Matthew	MV40	34:26	Bowland	
22	582	Colin	Marston	MV40	34:52		
23	596	Alistair	Hearn	MV40	35:14	Helm Hill	
24	509	Chris	Green	MV40	35:25	Ambleside AC	
25	707	Tony	Little	MV40	35:35	Bowland	
26	668	Michael	Green	MV40	35:49		
27	820	Stuart	Allan	MV40	35:57	Helm Hill	
28	709	Ronald	Hummelink	MV40	36:17	Lonsdale Fell Runners	
29	628	James	Coulthard	MV40	36:19	Howgill Harriers	
30	671	Mick	Brankin	MV40	36:36	Unattached	
31	623	Richard	Briscoe	MV40	36:40	Clayton le Moors	
32	769	James	Metcalfe	MV40	36:43		
33	696	Stephen	Roberts	MV40	37:04	Kendal AAC	
34	738	Gary	Lane	MV40	37:07	Howgill Harriers	
35	560	Sheldan	Pickles	MV40	37:18	Unattached	
36	538	Ronnie	Haddow	MV40	37:30	Furness Fell Runners	
37	520	Alistair	Shawcross	MV40	37:30		
38	664	Larry	Day	MV40	37:32	Ambleside AC	
39	710	Andrew	Douglas	MV40	37:42	Kendal Tri	
40	572	Robin	Parsons	MV40	38:12	Elvet Striders	
41	565	Andy	Bennett	MV40	38:17	Helm Hill	
42	821	Neil	Robinson	MV40	38:26	Kendal Tri	
43	512	Jonny	Grisedale	MV40	38:44	Helm Hill	
44	543	Mark	Villiers	MV40	38:53	Unattached	
45	555	Colin	Briffett	MV40	39:52	Lancaster Runners	
46	563	Daniel	King	MV40	39:59	Millom Striders	
47	759	Phil	Harrington	MV40	40:30	Helm Hill	
48	801	Andrew	Hewitson	MV40	41:09	Lonsdale	
49	646	Mark	Charnley	MV40	41:54	Settle Harriers	
50	808	Bertie	Gotte	MV40	42:06	Helm Hill	
51	685	John	Wood	MV40	42:11		
52	540	Richard	Cater	MV40	42:27	Helm Hill	
53	523	Peter	Bardsley	MV40	43:06	Bowland	
54	552	Ian	Oakey	MV40	49:10	Settle Harriers	
55	611	Kevin	Cooke	MV40	49:17		
56	510	Kristian	Clayton	MV40	59:13	Barlick Fell Runners	
57	528	Sam	Gibbs	MV40	1:12:04	Helm Hill	
DNF	567	Jacob	Dyer	MV40	DNF	Helm Hill	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	725	Alex	Jones	MV50	30:04	Wellington Harriers	1st MV50
2	593	Scott	Umpleby	MV50	31:09	Kendal AAC	
3	819	Calvin	Routledge	MV50	31:24	Ambleside	
4	632	James	Baron	MV50	32:00	Helm Hill	
5	595	Gary	Thorpe	MV50	32:18	Ambleside AC	
6	662	David	Wilson	MV50	33:00	Bowland	
7	644	David	Griffin	MV50	34:00	Helm Hill	
8	648	David	Banks	MV50	34:19	Kendal AAC	
9	624	Michael	Toman	MV50	35:21	Accrington RR	
10	604	Dai	Bedwell	MV50	35:28	DVO	
11	516	Graham	Bird	MV50	35:45	Wharfedale Harriers	
12	609	Simon	Waller	MV50	36:06	Helm Hill	
13	660	John	Robson	MV50	36:24	Helm Hill	
14	580	John	Jones	MV50	36:38	Helm Hill	
15	521	John	Bagge	MV50	36:47	Helm Hill	
16	817	Michael	Smith	MV50	36:57	Dallam	
17	745	John	Fitzpatrick	MV50	37:02	Helm Hill	
18	692	Bill	Beckett	MV50	37:03	Chorley A&T	
19	583	Roger	Aubrey	MV50	37:58	Helm Hill	
20	758	Graham	Beaumont	MV50	38:04	Dallam	
21	573	Andy	Evans	MV50	38:15	Settle Harriers	
22	507	Andy	Holden	MV50	38:24	Wharfedale Harriers	
23	740	Jim	Fisher	MV50	39:22	Howgill Harriers	
24	798	Alistair	Kirkbride	MV50	39:35		
25	536	Martin	Brady	MV50	39:40	Clayton le Moors	
26	811	John	Leech	MV50	39:53	Dallam	
27	791	Dave	Hollingham	MV50	40:00	Kendal Tri	
28	784	Andrew	Conner	MV50	40:02	Helm Hill	
29	619	Chris	Lawrence	MV50	40:07	Clayton le Moors	
30	602	Mick	Kirkman	MV50	40:10	Rosendale Harriers	
31	782	Chris	Schofield	MV50	40:11	Helm Hill	
32	517	Tim	Murray	MV50	40:19	Helm Hill	
33	706	Mark	Glaister	MV50	40:35	SBH	
34	515	Jeremy	Wilkinson	MV50	40:41	Keighley and Craven AC	
35	556	Martin	Smith	MV50	40:42	Dark Peak Fell Runners	
36	785	Brian	Morris	MV50	41:53	Darwen Dashers	
37	617	David	Johnson	MV50	41:56	Ambleside	
38	704	Andy	Dalton	MV50	44:15	SBH	
39	815	Daniel	Rayson	MV50	44:37		
40	677	Stephen	Moor	MV50	44:56	Settle Harriers	
41	622	Andrew	Sier	MV50	45:02		
42	589	Andrew	Dewhurst	MV50	49:08	MS Running Club	
43	576	Greg	Oulton	MV50	49:38	Lytham St Annes RR	
44	658	Gary	Hollis	MV50	52:27		

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	508	Billy	Procter	MV60	33:33	Helm Hill	1st MV60
2	549	Graham	Schofield	MV60	34:07	Horwich RMI Harriers	
3	746	David	Holdsworth	MV60	35:11		
4	636	Brian	Thompson	MV60	35:51	Helm Hill	
5	639	Keith	Tonkin	MV60	36:41	Border Liners OC	
6	670	James	Crawford	MV60	37:51	Border Liners OC	
7	579	David	Barnes	MV60	38:18	Horwich RMI Harriers	
8	680	Andrew	Stokes	MV60	38:40	Dallam	
9	741	David	Roper	MV60	39:17	Howgill Harriers	
10	792	Graham	Capper	MV60	39:51	LOC	
11	621	Mike	Walsh	MV60	39:57	Kendal AAC	
12	823	Steve	Wathall	MV60	40:31	Black Combe	
13	661	Peter	Singleton	MV60	41:03	Blackpool	
14	780	Laurence	Ormerod	MV60	41:20	Settle Harriers	
15	653	Neil	Hindle	MV60	41:30	FRA	
16	737	Stuart	Bell	MV60	41:39	Kendal AAC	
17	714	Pete	Coe	MV60	41:57	Helm Hill	
18	674	Andy	Monk	MV60	42:36	FRA	
19	751	Jerry	Purkis	MV60	43:10	LOC	
20	610	Michael	McLoughlin	MV60	43:18	Preston Harriers	
21	629	John	Taylor	MV60	43:30	Bowland FR	
22	757	Gary	Tagnet	MV60	43:36	Dallam	
23	678	Chris	Beesley	MV60	43:44	Settle Harriers	
24	562	Rob	Sanders	MV60	44:01	Black Combe	
25	637	Keith	Butterworth	MV60	44:53	Clayton le Moors	
26	606	Stephen	Fish	MV60	47:13	Clayton le Moors	
27	641	Graham	Schofield	MV60	48:12	Chorley	
28	800	Steven	Roberts	MV60	49:13		
29	708	Chris	Cash	MV60	49:21	Darwen Dashers	
30	809	Phil	Corris	MV60	49:50	Lancs Constabulary	
31	667	George	Thompson	MV60	49:55	Darwen Dashers	
32	787	Ian	Peters	MV60	50:03	Hoad Hill Harriers	
33	659	Alan	Smart	MV60	50:58	Blackpool	
34	796	Barry	Shackleton	MV60	52:20	Darwen Dashers	
35	679	Ben	Higginson	MV60	52:28	Preston Harriers	
36	681	Phil	Kirkby	MV60	57:21	Coniston	
37	675	Richard	Handford	MV60	59:02	Settle Harriers	
DNF	676	Wilfred	Bell	MV60	DNF	Howgill Harriers	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	605	Jack	Holt	MV70	36:42	Clayton le Moors	1st MV70
2	756	John	Hodgson	MV70	45:50	Dallam	
3	627	Graham	Breeze	MV70	47:39	Wharfedale Harriers	
4	616	Roger	Hall	MV70	51:34	Wharfedale Harriers	
5	663	George	James	MV70	56:22	Blackpool	
6	577	Phil	Martin	MV70	1:01:15	Bowland	
7	771	Jim	Taylor	MV70	1:05:23	Darwen Dashers	
8	615	Joe	Howard	MV70	1:05:39	Preston Harriers	
9	501	Denis	Wood	MV70	1:05:44	Borrowdale	
10	530	Bob	Gibbs	MV70	1:12:04	LOC	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	613	Sarah	Tunstall	Lady	30:57	Kendal AAC	1st Lady
2	717	Kaisleigh	Atkinson	Lady	33:36		2nd Lady
3	643	Annabel	Mason	Lady	34:04	Lancaster & Morecambe AC	3rd Lady
4	694	Celia	Powell	Lady	34:37		
5	649	Emma	Johnston	Lady	35:01	Helm Hill	
6	752	Lucy	Varney	LV50	35:32	Kendal AAC	1st LV50
7	735	Joanna	Rycroft	Lady	35:40	Helm Hill	
8	566	Bianca	Dyer	LV40	35:48	Helm Hill	1st LV40
9	590	Nina	Walkingshaw	LV40	35:58	Howgill Harriers	
10	795	Alison	Richards	LV40	36:44	Helm Hill	
11	529	Jean	Brown	LV50	36:54	Clayton le Moors	
12	700	Jenny	Lyon	Lady	36:59	Dallam Running Club	
13	631	Debbie	Copley	LV50	38:49	Dallam	
14	743	Chloe	Brown	Lady	38:53	Howgill Harriers	
15	818	Beth	Datson	Lady	38:59	Westerlands	
16	699	Alexander	Fairer	Lady	39:08	Black Combe	
17	620	Julia	Sier	LV40	39:11	Dallam	
18	532	Maïa	Doherty	LU21	39:46	Helm Hill	1st LU21
19	807	Fay	Tuffen	LV40	40:05		
20	533	Claire	Davies	Lady	40:11	Darwen Dashers	
21	626	Joanne	Taylor	LV40	40:16	Kendal AAC	
22	711	Chloe	Lumsdon	Lady	40:28	Helm Hill	
23	587	Liz	McNally	LV40	40:34	Levens Valley AC	
24	688	Caroline	Holden	LV50	40:38	Helm Hill	
25	612	Eleanor	Parker	Lady	40:44	Preston Harriers	
26	598	Lorna	Askew	LV40	40:48	Helm Hill	
27	597	Marcia	Hearn	LV40	41:01	Helm Hill	
28	690	Anna	Bailey	Lady	41:09		
29	647	Sarah	Storey	Lady	41:16		
30	768	Claire	Farrington	Lady	41:19		
31	546	Jo	Appleby	LV40	41:28	Helm Hill	
32	755	Joanne	Mcloud	LV50	41:46	Barrow & Furness striders	
33	773	Abigail	Kerr	Lady	42:01		
34	747	Wendy	Dodds	LV60	42:15	Clayton le Moors	1st LV60
35	772	Stephanie	Heys	Lady	42:25		
36	721	Grace	Leedham	LV50	42:33	Dallam	
37	698	Rowan	Ranner	LV40	42:41	Helm Hill	
38	703	Sarah	Moon	LV40	42:54		
39	585	Leah	Albion	LU21	43:01	Broughton Runners	
40	630	Jo	Taylor	LV50	43:13	Bowland FR	
41	524	Niki	Rylance	LV40	43:22	Ambleside AC	
42	744	Megan	Fitzpatrick	Lady	43:27	Helm Hill	
43	742	Francis	Leach	Lady	43:51	Howgill Harriers	
44	553	Kate	Brayshaw	LV40	43:53	Helm Hill	
45	519	Helen	Samson	LV40	43:58	Helm Hill	
46	586	Eilidh	Miller	LU21	44:01	Broughton Runners	
47	764	Vicky	Atkinson	LV40	44:07	Helm Hill	
48	802	Jackie	Chapman	LV60	44:26	LOC	
49	514	Helen	Wilkinson	LV40	44:44	Keighley and Craven AC	
50	814	Helen	Barker	LV40	44:46	Kendal AAC	
51	812	Amanda	Burrow	LV40	44:50	Helm Hill	
52	592	Jane	Umpleby	LV50	44:52	Unattached	
53	506	Lynn	Whittaker	LV50	44:58	Wharfedale Harriers	
54	558	Zoe	Robinson	Lady	45:09	Howgill Harriers	
55	503	Pam	Bagot	LV40	45:11	Settle Harriers	
56	656	Leslie	Pateloup	Lady	45:38		
57	511	Jo	Grisedale	LV40	45:41	Helm Hill	
58	548	Paula	Bowen	LV40	45:42	Ambleside	
59	550	Libby	Dixon	LV40	45:44	Ambleside	
60	539	Jo	Cater	LV40	45:58	Helm Hill	

61	634	Elizabeth	Adams	LV40	46:02	Helm Hill	
62	762	Annie	Carrington	LV50	46:19	Settle Harriers	
63	788	Louise	Dunn	LV50	46:25		
64	575	Pamela	Hardman	LV60	46:33	Lytham St Annes RR	
65	544	Hanna	Latty	LV40	47:05		
66	684	Sarah	Senior	LV50	47:19	Helm Hill	
67	777	Caroline	Wade	Lady	47:25	Helm Hill	
68	731	Rachel	Addison	Lady	47:28	Helm Hill	
69	665	Katy	Thompson	LV60	47:30	Clayton le Moors	
70	608	Veronica	Waller	LV40	47:35	Dallam	
71	607	Olga	Wiggins	Lady	48:02	Preston Harriers	
72	766	Patty	Davies	LV50	48:09	Helm Hill	
73	775	Lindsay	Harrod	LV50	48:19	Helm Hill	
74	689	Emma	Blundell	Lady	48:35	Lonsdale	
75	537	Kath	Brady	LV50	48:46	Clayton le Moors	
76	557	May	Crawford	LV40	49:09	Helm Hill	
77	793	Karen	Shackleton	LV50	49:09	Darwen Dashers	
78	526	Wendy	Smith	LV40	49:19	Helm Hill	
79	635	Tyla	Crook	LU21	49:32	Helm Hill	
80	594	Caroline	Beardwood	LV40	49:42	Helm Hill	
81	779	Elaine	Cowperthwaite	LV50	50:04		
82	776	Sarah	Hards	Lady	50:05	Swaledale Harriers	
83	645	Simone	Rigby	LU21	50:38	Settle Harriers	
84	541	Miriam	Rosen	LV60	50:53	Lancaster & Morecambe AC	
85	569	Jennifer	Weir	LV40	51:02	Hartfell	
86	542	Ariane	Domingo	LV40	51:09	Helm Hill	
87	504	Jo	Matthew	LV40	51:41	Dallam	
88	654	Emily	Crossley	LU21	51:52	Settle Harriers	
89	651	Jill	Gates	LV50	51:57	Settle Harriers	
90	806	Jill	Leader	LV60	52:06	Kendal Tri	
91	655	Carol	Downing	LV50	52:26	Howgill Harriers	
92	715	Janet	Greenhalgh	LV40	52:29	Darwen Dashers	
93	527	Becky	Gibbs	LV40	52:30	Helm Hill	
94	810	Sonja	Vietoris	LV40	55:17		
95	578	Leonie	Black	LV40	55:25	Helm Hill	
96	726	Lara	Williams	Lady	56:03		
97	581	Rebecca	Walker	LV40	56:12	Dallam	
98	729	Janet	Nash	LV60	56:34	LOC	
99	571	Zoe	Parsons	LV40	57:29	Elvet Striders	
100	652	Linda	Edmondson	LV50	57:43		
101	693	Leanne	Richie	Lady	59:40		
102	683	Rebecca	Simms	LV50	1:02:51	Darwen Dashers	
103	783	Alison	Abbott	LV40	1:02:52	Darwen Dashers	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	613	Sarah	Tunstall	Lady	30:57	Kendal AAC	1st Lady
2	717	Kaisleigh	Atkinson	Lady	33:36		2nd Lady
3	643	Annabel	Mason	Lady	34:04	Lancaster & Morecambe AC	3rd Lady
4	694	Celia	Powell	Lady	34:37		
5	649	Emma	Johnston	Lady	35:01	Helm Hill	
6	735	Joanna	Rycroft	Lady	35:40	Helm Hill	
7	700	Jenny	Lyon	Lady	36:59	Dallam Running Club	
8	743	Chloe	Brown	Lady	38:53	Howgill Harriers	
9	818	Beth	Datson	Lady	38:59	Westerlands	
10	699	Alexander	Fairer	Lady	39:08	Black Combe	
11	532	Maia	Doherty	LU21	39:46	Helm Hill	1st LU21
12	533	Claire	Davies	Lady	40:11	Darwen Dashers	
13	711	Chloe	Lumsdon	Lady	40:28	Helm Hill	
14	612	Eleanor	Parker	Lady	40:44	Preston Harriers	
15	690	Anna	Bailey	Lady	41:09		
16	647	Sarah	Storey	Lady	41:16		
17	768	Claire	Farrington	Lady	41:19		
18	773	Abigail	Kerr	Lady	42:01		
19	772	Stephanie	Heys	Lady	42:25		
20	585	Leah	Albion	LU21	43:01	Broughton Runners	
21	744	Megan	Fitzpatrick	Lady	43:27	Helm Hill	
22	742	Francis	Leach	Lady	43:51	Howgill Harriers	
23	586	Eilidh	Miller	LU21	44:01	Broughton Runners	
24	558	Zoe	Robinson	Lady	45:09	Howgill Harriers	
25	656	Leslie	Pateloup	Lady	45:38		
26	777	Caroline	Wade	Lady	47:25	Helm Hill	
27	731	Rachel	Addison	Lady	47:28	Helm Hill	
28	607	Olga	Wiggins	Lady	48:02	Preston Harriers	
29	689	Emma	Blundell	Lady	48:35	Lonsdale	
30	635	Tyla	Crook	LU21	49:32	Helm Hill	
31	776	Sarah	Hards	Lady	50:05	Swaledale Harriers	
32	645	Simone	Rigby	LU21	50:38	Settle Harriers	
33	654	Emily	Crossley	LU21	51:52	Settle Harriers	
34	726	Lara	Williams	Lady	56:03		
35	693	Leanne	Richie	Lady	59:40		

LADIES UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	532	Maia	Doherty	LU21	39:46	Helm Hill	1st LU21
2	585	Leah	Albion	LU21	43:01	Broughton Runners	
3	586	Eilidh	Miller	LU21	44:01	Broughton Runners	
4	635	Tyla	Crook	LU21	49:32	Helm Hill	
5	645	Simone	Rigby	LU21	50:38	Settle Harriers	
6	654	Emily	Crossley	LU21	51:52	Settle Harriers	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	566	Bianca	Dyer	LV40	35:48	Helm Hill	1st LV40
2	590	Nina	Walkingshaw	LV40	35:58	Howgill Harriers	
3	795	Alison	Richards	LV40	36:44	Helm Hill	
4	620	Julia	Sier	LV40	39:11	Dallam	
5	807	Fay	Tuffen	LV40	40:05		
6	626	Joanne	Taylor	LV40	40:16	Kendal AAC	
7	587	Liz	McNally	LV40	40:34	Levens Valley AC	
8	598	Lorna	Askew	LV40	40:48	Helm Hill	
9	597	Marcia	Hearn	LV40	41:01	Helm Hill	
10	546	Jo	Appleby	LV40	41:28	Helm Hill	
11	698	Rowan	Ranner	LV40	42:41	Helm Hill	
12	703	Sarah	Moon	LV40	42:54		
13	524	Niki	Rylance	LV40	43:22	Ambleside AC	
14	553	Kate	Brayshaw	LV40	43:53	Helm Hill	
15	519	Helen	Samson	LV40	43:58	Helm Hill	
16	764	Vicky	Atkinson	LV40	44:07	Helm Hill	
17	514	Helen	Wilkinson	LV40	44:44	Keighley and Craven AC	
18	814	Helen	Barker	LV40	44:46	Kendal AAC	
19	812	Amanda	Burrow	LV40	44:50	Helm Hill	
20	503	Pam	Bagot	LV40	45:11	Settle Harriers	
21	511	Jo	Grisedale	LV40	45:41	Helm Hill	
22	548	Paula	Bowen	LV40	45:42	Ambleside	
23	550	Libby	Dixon	LV40	45:44	Ambleside	
24	539	Jo	Cater	LV40	45:58	Helm Hill	
25	634	Elizabeth	Adams	LV40	46:02	Helm Hill	
26	544	Hanna	Latty	LV40	47:05		
27	608	Veronica	Waller	LV40	47:35	Dallam	
28	557	May	Crawford	LV40	49:09	Helm Hill	
29	526	Wendy	Smith	LV40	49:19	Helm Hill	
30	594	Caroline	Beardwood	LV40	49:42	Helm Hill	
31	569	Jennifer	Weir	LV40	51:02	Hartfell	
32	542	Ariane	Domingo	LV40	51:09	Helm Hill	
33	504	Jo	Matthew	LV40	51:41	Dallam	
34	715	Janet	Greenhalgh	LV40	52:29	Darwen Dashers	
35	527	Becky	Gibbs	LV40	52:30	Helm Hill	
36	810	Sonja	Vietoris	LV40	55:17		
37	578	Leonie	Black	LV40	55:25	Helm Hill	
38	581	Rebecca	Walker	LV40	56:12	Dallam	
39	571	Zoe	Parsons	LV40	57:29	Elvet Striders	
40	783	Alison	Abbott	LV40	1:02:52	Darwen Dashers	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	752	Lucy	Varney	LV50	35:32	Kendal AAC	1st LV50
2	529	Jean	Brown	LV50	36:54	Clayton le Moors	
3	631	Debbie	Copley	LV50	38:49	Dallam	
4	688	Caroline	Holden	LV50	40:38	Helm Hill	
5	755	Joanne	Mcloud	LV50	41:46	Barrow & Furness striders	
6	721	Grace	Leedham	LV50	42:33	Dallam	
7	630	Jo	Taylor	LV50	43:13	Bowland FR	
8	592	Jane	Umpleby	LV50	44:52	Unattached	
9	506	Lynn	Whittaker	LV50	44:58	Wharfedale Harriers	
10	762	Annie	Carrington	LV50	46:19	Settle Harriers	
11	788	Louise	Dunn	LV50	46:25		
12	684	Sarah	Senior	LV50	47:19	Helm Hill	
13	766	Patty	Davies	LV50	48:09	Helm Hill	
14	775	Lindsay	Harrod	LV50	48:19	Helm Hill	
15	537	Kath	Brady	LV50	48:46	Clayton le Moors	
16	793	Karen	Shackleton	LV50	49:09	Darwen Dashers	
17	779	Elaine	Cowperthwaite	LV50	50:04		
18	651	Jill	Gates	LV50	51:57	Settle Harriers	
19	655	Carol	Downing	LV50	52:26	Howgill Harriers	
20	652	Linda	Edmondson	LV50	57:43		
21	683	Rebecca	Simms	LV50	1:02:51	Darwen Dashers	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	747	Wendy	Dodds	LV60	42:15	Clayton le Moors	1st LV60
2	802	Jackie	Chapman	LV60	44:26	LOC	
3	575	Pamela	Hardman	LV60	46:33	Lytham St Annes RR	
4	665	Katy	Thompson	LV60	47:30	Clayton le Moors	
5	541	Miriam	Rosen	LV60	50:53	Lancaster & Morecambe AC	
6	806	Jill	Leader	LV60	52:06	Kendal Tri	
7	729	Janet	Nash	LV60	56:34	LOC	

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Eric	Beaumont	Boy	16:49		1st Boy
2	118	Toby	Umpleby	Boy	17:01	Kendal AAC	2nd Boy
3	67	Jack	Villiers	Boy	17:17	Barlick Fell Runners	3rd Boy
4	25	Ollie	Sanders	Boy	17:22	Helm Hill	
5	49	Alex	Tallon	Boy	17:28	Helm Hill	
6	146	Alfie	Thorpe	Boy	19:33	Broughton Runners	
7	87	Adam	Scott	Boy	19:38	Helm Hill	
8	147	Sonny	Ashton-Fitch	Boy	20:25	Settle Harriers	
9	108	Oliver	Corbett	Boy	21:49		
10	9	Alex	Matthew	Boy	22:16	Dallam	
11	112	Joseph	Morgan	Boy	22:22	Kendal AAC	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	36	Chloe	Rylance	Girl	19:13	Ambleside AC	1st Girl
2	73	Emily	Swarbrick	Girl	21:32	Cumberland Fell Runners	2nd Girl
3	145	Ella	Beardwood	Girl	23:19	Helm Hill	3rd Girl
4	94	Freya	Richards	Girl	23:27	Helm Hill	
5	105	Becky	Dyer	Girl	25:25	Helm Hill	

UNDER 15 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	65	Thomas	Brailsford	Boy	08:28	Ambleside	1st Boy
2	78	Dylan	Cater	Boy	08:40	Helm Hill	2nd Boy
3	32	John	Bardsley	Boy	08:48		3rd Boy
4	121	Ben	Greenep	Boy	08:51	Kendal AAC	
5	57	Jack	Dixon	Boy	09:13	Ambleside	
6	37	Joseph	Rigby	Boy	09:16	Helm Hill	
7	39	Christopher	Brown	Boy	09:26	Clayton le Moors	
8	81	Thomas	Adams	Boy	09:31	CFR	
9	99	Isaac	Robinson	Boy	09:35	Howgill Harriers	
10	139	Jamie	Waller	Boy	09:40	Dallam	
11	52	Caius	Pennington	Boy	09:43	Howgill Harriers	
12	131	Vladimir	Wiggins	Boy	10:03	Preston Harriers	
13	69	Oliver	Willoughby	Boy	10:32	Helm Hill	
14	129	Travis	Coucom	Boy	10:44	Helm Hill	
15	88	Reece	Kinley	Boy	10:48	Helm Hill	
16	148	Joel	Saunders	Boy	10:49	Helm Hill	
17	96	Toby	Harper	Boy	11:02	Ambleside	
18	90	Nathon	Ritchie	Boy	11:15	Levens Valley AC	
19	16	Finley	Grisedale	Boy	11:23	Helm Hill	
20	101	George	Campbell	Boy	11:25	Howgill Harriers	
21	10	Benjamin	Grundy	Boy	13:16	Wharfedale Harriers	

UNDER 15 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	91	Amelie	Lane	Girl	08:54	Wharfedale Harriers	1st Girl
2	35	Sophie	Rylance	Girl	09:01	Ambleside AC	2nd Girl
3	59	Sarah	Smith	Girl	09:04	Helm Hill	3rd Girl
4	27	Clara	Samson	Girl	09:34	Helm Hill	
5	19	Charlotte	Wilkinson	Girl	09:44	Horwich RMI Harriers	
6	7	Elodie	Malcolm	Girl	09:44	Helm Hill	
7	46	Elise	Tallon	Girl	09:48	Helm Hill	
8	30	Melissa	McIntosh	Girl	10:05	Border Harriers	
9	76	Fayth	Bowness	Girl	10:14	CFR	
10	28	Ruby	Woodward	Girl	10:19		
11	98	Ciara	Duffy	Girl	10:30	Barlick Fell Runners	
12	62	Vicky	Woof	Girl	11:04	Howgill Harriers	
13	8	Cate	Matthew	Girl	11:26	Dallam	
14	143	Beau	Walkingshaw	Girl	11:40	Howgill Harriers	
15	89	Megan	de Lacy-Perkins	Girl	12:49	Salt Ayre	

UNDER 13 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	63	Archie	Peaker	Boy	07:21	Keighley and Craven AC	1st Boy
2	136	Will	McNally	Boy	07:32	Levens Valley AC	2nd Boy
3	5	Rowan	Ashworth	Boy	07:38	Ambleside	3rd Boy
4	54	Simon	Rigby	Boy	07:46	Helm Hill	
5	2	Alfie	Addison	Boy	07:57	Helm Hill	
6	24	Ewen	Wilkinson	Boy	08:05	Keighley and Craven AC	
7	13	Ben	Allmond	Boy	08:17	Ambleside	
8	100	Toby	Acland	Boy	08:18	Helm Hill	
9	141	Aaran	Revill	Boy	08:30	Helm Hill	
10	124	Finn	Houston	Boy	08:32		
11	75	Stanley	Metcalfe	Boy	08:41		
12	138	Sam	Greenep	Boy	08:52	Kendal AAC	
13	50	Cameron	Dunn	Boy	08:55	Helm Hill	
14	41	Marvin	Gibbs	Boy	08:59	Helm Hill	
15	42	Jude	Evans	Boy	09:01	Ambleside	
16	82	Ned	Whitaker	Boy	09:14	Settle Harriers	
17	38	Aaron	Smith	Boy	09:15	Howgill Harriers	
18	14	Cameron	Storey	Boy	09:28		
19	93	Peter	de Lacy-Perkins	Boy	09:30	Salt Ayre	
20	137	Thomas	Hearn	Boy	09:42	Helm Hill	
21	113	Theo	Robinson	Boy	10:06	Howgill Harriers	
22	53	Finlay	Aitken	Boy	10:35	Helm Hill	

UNDER 13 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	117	Lucille	Pickles	Girl	08:14	Barlick Fell Runners	1st Girl
2	106	Olivia	Swarbrick	Girl	08:37	Cumberland Fell Runners	2nd Girl
3	102	Ella	Martindale	Girl	08:41	Helm Hill	3rd Girl
4	44	Charlotte	Peart	Girl	08:45	Settle Harriers	
5	29	Amber	McIntosh	Girl	08:58	Border Harriers	
6	11	Lara	Smith	Girl	09:00	Helm Hill	
7	74	Hester	Metcalfe	Girl	09:01	Ambleside AC	
8	3	Lucy	Bagot	Girl	09:33	Settle Harriers	
9	84	Connie-Maye	Scott	Girl	09:40	Kendal AAC	
10	33	Emma	Duxbury	Girl	09:58	Ambleside	
11	79	Ellen	Dickson	Girl	10:08	Ambleside	
12	60	Katie	Lewis	Girl	10:14	Howgill Harriers	
13	130	Daisy	Lees	Girl	10:23	Ambleside	
14	12	Seren	Green	Girl	10:41	Ambleside AC	
15	128	Hannah	Dyer	Girl	10:47	Helm Hill	
16	58	Jessica	Oakey	Girl	10:49	Settle Harriers	
17	17	Lily -Grace	Clayton	Girl	10:51	Barlick Fell Runners	
18	126	Sophie	Goodall	Girl	11:02		
19	22	Isobelle	Wilkinson	Girl	11:51	Horwich	
20	122	Alicia	Crawford	Girl	12:02	Helm Hill	
21	23	Emily	Kerr	Girl	13:54		
22	77	Isabella	Latty	Girl	13:58	Settle Harriers	
DNF	103	Madeleine	Martindale	Girl	DNF	Helm Hill	

UNDER 11 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	120	Leo	Ranner	Boy	08:05	Helm Hill	1st Boy
2	21	Joseff	Tancrel	Boy	08:15	Helm Hill	2nd Boy
3	6	Tom	Ashworth	Boy	08:20	Ambleside	3rd Boy
4	15	Harvey	Shaw	Boy	08:27	Ambleside	
5	97	Ewan	Black	Boy	08:40	Helm Hill	
6	115	Alfie	Tipping	Boy	08:45	Kendal AAC	
7	66	Blake	Fleming	Boy	08:49	Hoad Hill Harriers	
8	104	Will	Brayshaw	Boy	08:57	Helm Hill	
9	85	Andrew	Mitchell	Boy	09:08	Howgill Harriers	
10	51	Fraser	Dunn	Boy	09:19	Helm Hill	
11	111	Alex	Speight	Boy	09:20		
12	56	Ivan	Winder	Boy	09:27	Levens Valley AC	
13	47	Jackson	Bottomley	Boy	09:29	Helm Hill	
14	61	Thomas	Lewis	Boy	09:39	Howgill Harriers	
15	133	Jack	Moon	Boy	09:44	Helm Hill	
16	127	Jack	Gilpin	Boy	09:46		
17	109	William	Hargreaves	Boy	09:50	Ambleside	
18	134	Ben	Todhunter	Boy	09:51	Unattached	
19	125	Aaron	Goodall	Boy	09:57		
20	70	George	Gardiner	Boy	10:03	Helm Hill	
21	114	Gus	Campbell	Boy	10:13	Howgill Harriers	
22	140	Brodie	Revill	Boy	10:26	Helm Hill	
23	86	Luke	Mitchell	Boy	10:42	Howgill Harriers	
24	26	Edward	Shawcross	Boy	10:54		
25	142	Harry	Singleton	Boy	10:59		
26	18	Oscar	Clayton	Boy	11:10	Barlick Fell Runners	
27	55	Zach	Thomas	Boy	11:14	COLT	
28	132	Thomas	Iveson	Boy	11:14	Ambleside AC	
29	123	Freddie	Crawford	Boy	12:15	Helm Hill	
30	31	Tommy	Brodrick	Boy	12:32	Ambleside	

UNDER 11 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	107	Ella	Brayshaw	Girl	09:04	Lancaster & Morecambe AC	1st Girl
2	45	Millie	Jebb	Girl	09:17	Helm Hill	2nd Girl
3	71	Carla	Gardiner	Girl	09:20	Helm Hill	3rd Girl
4	110	Eve	Briffett	Girl	09:30		
5	80	Isabella	Wright	Girl	09:31	Wharfedale Harriers	
6	119	Emmy	Ranner	Girl	09:32	Helm Hill	
7	95	Elissa	Kinley	Girl	09:39	Helm Hill	
8	34	Ruby	Duxbury	Girl	09:49	Ambleside	
9	92	Robyn	de Lacy-Perkins	Girl	10:16	Salt Ayre	
10	43	Tess	Evans	Girl	10:28	Ambleside	
11	64	Florrie	Haddow	Girl	10:40	Furness Fell Runners	
12	48	Jasmine	Bottomley	Girl	10:40	Helm Hill	
13	40	Tess	Gibbs	Girl	10:44	Helm Hill	
14	116	Rowan	McCann	Girl	11:13		
15	135	Ellie	Todhunter	Girl	11:16	Unattached	
16	83	Mabel	Whitaker	Girl	11:37	Settle Harriers	
17	68	Poppy	Cater	Girl	11:40	Helm Hill	
18	4	Francesca	Bagot	Girl	11:43	Settle Harriers	
19	1	Megan	Harris	Girl	12:27	Helm Hill	
20	144	Sadie	Walkingshaw	Girl	12:33	Eden Runners	

