

# Long Duddon

1 June 2019

Pos	Name	Club	Cat	Time
1	Rhys Findley Robinson	Dark Peak Fell Runners	M	2:59:15
2	Tom Simson	Ambleside AC	M	3:13:53
3	Andy Laycock	Clayton le Moors Harriers	M	3:14:28
4	Josh Jardine	Helm Hill Runners	MU23	3:15:03
5	Pete Rigby	Helm Hill Runners	M	3:21:15
6	John Helme	Ambleside AC	MV40	3:21:25
7	Neil Talbott	Ambleside AC	M	3:22:20
8	Andrew Schofield	Borrowdale Fell Runners	MV50	3:22:32
9	Ben Abdelnoor	Ambleside AC	M	3:26:03
10	Jack Wright	Ambleside AC	M	3:27:56
11	Lova Chechik	Dark Peak Fell Runners	M	3:28:10
12	Kenny Richmond	Shettleston Harriers	MV40	3:28:57
13	Rob Jebb	Helm Hill Runners	MV40	3:35:55
14	Nigel Wood	Helm Hill Runners	MV40	3:45:48
15	Jack ReduersHarris	Pennine Fell Runners	M	3:45:56
16	David Bagot	Clayton le Moors Harriers	M	3:45:57
17	Ross Litherland	Pennine Fell Runners	MV40	3:46:25
18	Jack Wood	Ilkley Harriers AC	M	3:48:36
19	Paul Johnson	Cumberland Fell Runners	MV40	3:49:40
20	Steve Adams	Dark Peak Fell Runners	MV50	3:55:42
21	Hugo Hunt	Ambleside AC	M	3:55:51
22	Bryony Halcrow	Harrogate Harriers AC	F	3:55:59
23	Steve Jacques	Unattached	MV40	3:56:19
24	Jonathan Whitaker	Harrogate Harriers AC	MV50	3:56:33
25	Adam Perry	Helm Hill Runners	M	3:56:36
26	Nathaniel Booker	Macclesfield Harriers & AC	M	3:57:12
27	Fraser MacdonaldOulds	Chorlton Runners	M	3:59:51
28	Alistair Hearn	Unattached	MV40	4:00:02
29	Dave Sykes	Dark Peak Fell Runners	MV40	4:00:26
30	Majka Kunicka	Dark Peak Fell Runners	F	4:00:34
31	Jack Smith	Wharfedale Harriers	M	4:01:08
32	Matthew Allen	Black Combe Runners	M	4:01:26
33	Peter Watson	Matlock AC	M	4:01:31
34	Ammon Piepgrass	Harpenden Harriers	MV40	4:03:33
35	Angela Mudge	Carnethy Hill Running Club	FV40	4:03:38
36	Wayne Collins	Fell Runners Association	MV40	4:05:24
37	Tim Rutter	Dark Peak Fell Runners	MV40	4:05:54
38	Mark Burley	Macclesfield Harriers & AC	M	4:06:09
39	Al Smithson	Mersey Tri	M	4:07:41
40	Mike Harrison	Cumberland Fell Runners	MV40	4:07:55
41	Carlos Bedson	Cheshire Hill Racers	MV50	4:08:08
42	Leigh Warburton	Bowland Fell Runners	MV60	4:09:29
43	Ben Hogh	Barlick Fell Runners	MV40	4:13:17
44	Philip Pearson	Northern Fells RC	MV50	4:13:39
45	Barry Wilkinson	Borrowdale Fell Runners	MV50	4:14:27
46	Sharon Taylor	Helm Hill Runners	F	4:15:04
47	Michael Elliott	Unattached	MV40	4:15:26
48	Bobby GardStorry	Unattached	M	4:15:54
49	Matt Owens	Chorlton Runners	M	4:15:55
50	Andrew Slattery	Keswick AC	MV50	4:16:03
51	Leigh Hinchcliffe	Pudsey Pacers Running Club	MV40	4:16:07
52	Tom Leather	Tattenhall Runners	M	4:20:52
53	Chris Huggett	RM Running Association	M	4:21:12
54	Hannah Bradley	Cumberland Fell Runners	F	4:21:31
55	Jack Foxall	Dark Peak Fell Runners	MV40	4:22:21

56	Matthew Richardson	Saltaire Striders	M	4:24:42
57	Peter German	Helm Hill Runners	M	4:25:16
58	Andy Roberts	Congleton Harriers	MV50	4:25:46
59	Jenny Rice	Helm Hill Runners	F	4:25:52
60	Zoe Webber	Keswick AC	F	4:26:21
61	John Evason	Black Combe Runners	M	4:27:11
62	Tony Little	Bowland Fell Runners	MV40	4:27:24
63	Richard Baldwin	Dark Peak Fell Runners	M	4:27:37
64	Gary Bradley	Barlick Fell Runners	MV50	4:28:40
65	Martin Hancock	Skipton AC	MV50	4:29:36
66	Jean Brown	Clayton le Moors Harriers	FV50	4:31:06
67	Catherine Litherland	Pennine Fell Runners	FV40	4:31:36
68	Helene Whitaker	Harrogate Harriers AC	FV50	4:33:22
69	Paul Scully	Helm Hill Runners	MV40	4:37:00
70	James Roddis	Unattached	MV40	4:43:18
71	John Boothman	Barlick Fell Runners	MV50	4:43:41
72	Peter Carvell	Coniston Fell Runners	MV40	4:46:36
73	Brian Rycroft	Helm Hill Runners	MV50	4:47:11
74	Gareth Bradbury	Monross Trailblazers	MV40	4:47:47
75	Roy Ruddle	Ilkley Harriers AC	MV50	4:48:56
76	Charlie Bradshaw	Keswick AC	F	4:49:16
77	Will Buckton	Ilkley Harriers AC	M	4:49:22
78	Paul Simpson	Ambleside AC	MV50	4:49:44
79	David Banks	Kendal AAC	MV50	4:49:52
80	Carrie Gibson	Helm Hill Runners	FV40	4:50:05
81	Jo Simpson	Ambleside AC	FU23	4:50:18
82	Andrew Reid	Porter Valley Plodders	MV40	4:50:46
83	James Paxman	Dark Peak Fell Runners	MV60	4:53:11
84	David Heenan	Vegan Runners UK	M	4:53:52
85	Phil Carter	Unattached	MV50	4:54:30
86	Paul Woolhouse	Southwell Running Club	MV40	4:56:57
87	Jim Semmelroth	Unattached	M	4:56:58
88	Stuart Allan	Helm Hill Runners	FV50	4:57:42
89	Richard Smith	Unattached	M	4:58:17
90	Steven O'keeffe	Northern Fells RC	MV40	4:58:52
91	Chris Curtis	Northern Fells RC	MV50	4:58:54
92	Michael Keavney	Swaledale Road Runners	MV50	4:59:02
93	Tim Grimwood	Swaledale Road Runners	M	5:00:18
94	Bill Beckett	Chorley Athletic & Triathlon Club	MV50	5:00:19
95	Michael Proctor	Clayton le Moors Harriers	MV50	5:00:39
96	Nicky Spinks	Dark Peak Fell Runners	FV50	5:02:00
97	Mhairi Helme	Helm Hill Runners	FV40	5:02:10
98	Les Barker	Cumberland Fell Runners	MV50	5:03:41
99	Jenny Caddick	Dark Peak Fell Runners	FV40	5:04:01
100	Greg Rimmer	Dark Peak Fell Runners	MV50	5:04:36
101	Dan Lounds	Unattached	MV50	5:06:09
102	Andrew Sandercock	North Leeds FR	M	5:06:26
103	Tom Partington	Keswick AC	M	5:06:36
104	Rachel Slattery	Helm Hill Runners	FV50	5:06:41
105	Daryl Tacon	Cumberland Fell Runners	MV40	5:06:42
106	Lesley Malarkey	Keswick AC	FV70	5:06:45
107	Shaun Taylor	Porter Valley Plodders	MV40	5:07:16
108	Will Ross	Black Combe Runners	MV40	5:10:12
109	John Thompson	Newburgh Nomads	MV50	5:10:51
110	Susan Ross	Black Combe Runners	FV40	5:11:09
111	Steve Wathall	Black Combe Runners	MV60	5:36:17
112	Max Howard	Retford AC	MV60	5:36:18
113	Wendy Dodds	Clayton le Moors Harriers	FV60	5:37:21
114	Matt Williams	Steel City Striders Running Club	MV40	5:43:27
115	Amy Duck	Steel City Striders Running Club	F	5:43:31
116	Jean Powell	Wharfedale Harriers	FV50	5:56:41

117	Chris Little	Keswick AC	MV50	5:56:47
DNF	Christopher Colla	Northern Fells RC	M	
DNF	Mathew Driscoll	Unattached	MV40	
DNF	John Hunt	Dark Peak Fell Runners	MV50	
DNF	Jonathan Bailey	Black Combe Runners	MV40	
DNF	Jon Punshon	Northumberland Fell Runners	MV60	
DNF	Christopher Smith	Pennine Fell Runners	MV40	
DNF	Nicholas Barber	Helm Hill Runners	M	
DNF	David Williams	Ellenborough AC	M	
DNF	Peter Mackie	Shettleston Harriers	MV40	
DNF	Graham Porter	Unattached	MV60	