

Position	Number	Time	Name	Club	Category	Category Position	Min/Mile	Min/km	Points
1	142	00:31:57	Tom Adams	Ilkley Harriers	MS	1/28	00:05:36	00:03:28	150
2	42	00:32:22	Gary Priestley	Salford Harriers	MS	2/28	00:05:41	00:03:31	149
3	74	00:34:18	Andrew Worster	Todmorden Harriers	MS	3/28	00:06:01	00:03:44	148
4	31	00:35:32	Jonathan Cleaver	Barlick Fell Runners	MS	4/28	00:06:14	00:03:52	147
5	126	00:36:35	Adrian Cheetham	Unattached	M40	1/28	00:06:25	00:03:59	146
6	136	00:36:49	Dom Leckie	Todmorden Harriers	MS	5/28	00:06:28	00:04:00	145
7	32	00:37:40	Richard Stevenson	Clayton-le-Moors Harriers	M40	2/28	00:06:36	00:04:06	144
8	62	00:37:45	Anthony Mcloughlin	Unattached	MS	6/28	00:06:37	00:04:06	143
9	79	00:37:58	Andy Berry	Ribble Valley Harriers	M40	3/28	00:06:40	00:04:08	142
10	30	00:38:50	Michael Williams	Burnley AC	MS	7/28	00:06:49	00:04:13	141
11	82	00:39:13	Paul Targett	Holcombe Harriers	M50	1/20	00:06:53	00:04:16	140
12	60	00:39:55	Andrew Cross	Unattached	MS	8/28	00:07:00	00:04:20	139
13	88	00:39:59	Ian Cocks	Barlick fell runners	MS	9/28	00:07:01	00:04:21	138
14	50	00:40:13	Simon Reason	Blackpool, Wyre & Fylde Athletics Club	MS	10/28	00:07:03	00:04:22	137
15	131	00:40:26	Paul Needham	Trawden AC	M50	2/20	00:07:06	00:04:24	136
16	135	00:41:01	Jonathan Moon	Sowerby Bridge Snails R.C	MS	11/28	00:07:12	00:04:28	135
17	78	00:41:30	Graham Auld	Unattached	M40	4/28	00:07:17	00:04:31	134
18	4	00:42:28	Stuart Wright	Unattached	M40	5/28	00:07:27	00:04:37	133
19	34	00:42:36	Scott Cunliffe	Clayton-le-Moors Harriers	M40	6/28	00:07:28	00:04:38	132
20	71	00:42:47	David Pease	Barlick Fell Runners	M40	7/28	00:07:30	00:04:39	131
21	81	00:42:59	Adam Connell	GMFRS	MS	12/28	00:07:32	00:04:40	130
22	141	00:43:13	Kirk Lusty	Worsthorne With Hurstwood Runners	M40	8/28	00:07:35	00:04:42	129
23	1	00:43:26	Philip Greenwood	Rosendale Harriers	MS	13/28	00:07:37	00:04:43	128
24	5	00:43:30	Andrew Porter	Unattached	M40	9/28	00:07:38	00:04:44	127
25	140	00:43:47	Matt Ridge	Worsthorne With Hurstwood Runners	M40	10/28	00:07:41	00:04:46	126
26	121	00:43:54	Andrew Smith	Barlick fell runners	M50	3/20	00:07:42	00:04:46	125
27	87	00:43:58	Martin Hounslow	Trawden AC	MS	14/28	00:07:43	00:04:47	124
28	115	00:44:09	Jeremy Cosway	Salford Harriers	MS	15/28	00:07:45	00:04:48	123
29	58	00:44:15	Daniel Mark Whittaker	Blackburn Harriers AC	M40	11/28	00:07:46	00:04:49	122
30	70	00:44:34	Mark Storey	Trawden AC	M50	4/20	00:07:49	00:04:51	121
31	61	00:44:48	Alex Snaith	Unattached	MS	16/28	00:07:52	00:04:52	120
32	69	00:44:55	David Barnes	Horwich RMI Harriers	M60	1/4	00:07:53	00:04:53	119
33	54	00:45:06	Neil Whalley	Clayton-le-Moors Harriers	M40	12/28	00:07:55	00:04:54	118
34	59	00:45:15	Roy Hughes	Rochdale Triathlon Club	MS	17/28	00:07:56	00:04:55	117

35	139	00:45:25	Adam Howard	Trawden AC	MS	18/28	00:07:58	00:04:56	116
36	18	00:45:32	Jason Saunders	Worsthorne With Hurstwood Runners	M50	5/20	00:07:59	00:04:57	115
37	94	00:45:41	David Jones	Unattached	M40	13/28	00:08:01	00:04:58	114
38	53	00:45:43	Craig Eccles	Clayton-le-Moors Harriers	M40	14/28	00:08:01	00:04:58	113
39	113	00:45:46	Andy Hale	Red Rose Road Runners	M40	15/28	00:08:02	00:04:58	112
40	73	00:45:52	Philip Butler	Red Rose Road Runners	M50	6/20	00:08:03	00:04:59	111
41	56	00:46:25	Mark Wilkin	Blackburn Harriers AC	M50	7/20	00:08:09	00:05:03	110
42	39	00:46:28	Carl Carey	Clayton-le-Moors Harriers	M40	16/28	00:08:09	00:05:03	109
43	98	00:46:58	Stephen Mounsey	Worsthorne With Hurstwood Runners	M50	8/20	00:08:14	00:05:06	108
44	13	00:46:58	Wayne Foster	Worsthorne With Hurstwood Runners	M50	9/20	00:08:14	00:05:06	107
45	119	00:47:01	James Harris	Stainland Lions	M40	17/28	00:08:15	00:05:07	106
46	44	00:47:12	Emma Watson	Wharfedale Harriers	FS	1/15	00:08:17	00:05:08	105
47	97	00:47:40	Stephen Biscomb	Clayton-le-Moors Harriers	M60	2/4	00:08:22	00:05:11	104
48	49	00:47:43	Christopher Lawrence	Clayton-le-Moors Harriers	M50	10/20	00:08:22	00:05:11	103
49	35	00:47:49	Rachel Holt	Burnley AC	FS	2/15	00:08:23	00:05:12	102
50	112	00:48:00	Mauro Rotondi	Radcliffe AC	M40	18/28	00:08:25	00:05:13	101
51	122	00:48:09	Martin Brady	Clayton-le-Moors Harriers	M50	11/20	00:08:27	00:05:14	100
52	100	00:48:14	John Birchenough	Rossendale harriers	M60	3/4	00:08:28	00:05:15	99
53	95	00:48:18	Darren Rushton	Clayton-le-Moors Harriers	M40	19/28	00:08:28	00:05:15	98
54	27	00:48:20	Wayne Mcintosh	Clayton-le-Moors Harriers	MS	19/28	00:08:29	00:05:15	97
55	134	00:48:58	Wayne Elcock	Worsthorne With Hurstwood Runners	M40	20/28	00:08:35	00:05:19	96
56	29	00:49:05	Kieran Lomas	Unattached	MS	20/28	00:08:37	00:05:20	95
57	47	00:50:02	Denis Holmes	Burnley AC	MS	21/28	00:08:47	00:05:26	94
58	72	00:50:02	Emma Pease	Barlick Fell Runners	F40	1/19	00:08:47	00:05:26	93
59	75	00:50:28	David Culpan	Stainland Lions	M50	12/20	00:08:51	00:05:29	92
60	106	00:50:50	Steve Randall	Meltham AC	M40	21/28	00:08:55	00:05:32	91
61	67	00:50:59	Paul Smith	Rossendale harriers	MS	22/28	00:08:57	00:05:33	90
62	118	00:51:09	Chris Emmerson	Unattached	MS	23/28	00:08:58	00:05:34	89
63	48	00:51:14	Michelle Abbott	Clayton-le-Moors Harriers	FS	3/15	00:08:59	00:05:34	88
64	3	00:51:14	Cassandra Smedley	Clayton-le-Moors Harriers	F40	2/19	00:08:59	00:05:34	87
65	91	00:51:34	Matthew Hayes	Unattached	M40	22/28	00:09:03	00:05:36	86
66	138	00:51:44	Francesca Miller	Unattached	FS	4/15	00:09:05	00:05:37	85
67	85	00:52:09	Mabel Grimshaw	Unattached	F40	3/19	00:09:09	00:05:40	84
68	86	00:52:30	Kim Ashworth	Todmorden Harriers	FS	5/15	00:09:13	00:05:42	83
69	104	00:52:36	Robert Smith	Trawden AC	M60	4/4	00:09:14	00:05:43	82

70	137	00:52:41	Duncan Edwards	Trawden AC	M50	13/20	00:09:15	00:05:44	81
71	57	00:52:47	Joanne Motley	Clayton-le-Moors Harriers	FS	6/15	00:09:16	00:05:44	80
72	93	00:52:50	Jason Brown	Blackburn Road Runners	M40	23/28	00:09:16	00:05:45	79
73	43	00:52:55	Lisa Miles	Littleborough runners	F40	4/19	00:09:17	00:05:45	78
74	127	00:53:57	Craig Wellens	Rochdale Harriers	M50	14/20	00:09:28	00:05:52	77
75	17	00:54:44	Louise Fox	Team Deane	F40	5/19	00:09:36	00:05:57	76
76	132	00:54:44	Paul Grundy	Unattached	M40	24/28	00:09:36	00:05:57	75
77	20	00:55:21	Andy Lamb	Trawden AC	M50	15/20	00:09:43	00:06:01	74
78	38	00:55:38	Jason Kay	Worsthorne With Hurstwood Runners	M40	25/28	00:09:46	00:06:03	73
79	68	00:55:51	Lee Beckett	Unattached	M40	26/28	00:09:48	00:06:04	72
80	6	00:56:04	Phill Berry	Red Rose Road Runners	MS	24/28	00:09:50	00:06:06	71
81	16	00:56:19	Steven Bellamy	Red Rose Road Runners	M40	27/28	00:09:53	00:06:07	70
82	130	00:56:22	Dan Stolworthy	Unattached	MS	25/28	00:09:53	00:06:08	69
83	105	00:56:35	Graham Denney	Trawden AC	M50	16/20	00:09:56	00:06:09	68
84	11	00:56:49	David Smith	Unattached	M40	28/28	00:09:58	00:06:11	67
85	117	00:56:52	Steve Boyer	Stainland Lions	M50	17/20	00:09:59	00:06:11	66
86	116	00:56:53	Angela Lee	Stainland Lions	F50	1/13	00:09:59	00:06:11	65
87	125	00:56:58	Gary Morton	Unattached	MS	26/28	00:10:00	00:06:12	64
88	8	00:57:45	Victoria Scott	Unattached	FS	7/15	00:10:08	00:06:17	63
89	128	00:58:15	Ross Whittaker	Unattached	MS	27/28	00:10:13	00:06:20	62
90	129	00:58:28	Andrew Smith	Queensbury Running Club	M50	18/20	00:10:15	00:06:21	61
91	25	00:58:44	Caroline Hovington	Unattached	F40	6/19	00:10:18	00:06:23	60
92	110	00:58:47	Pilar Wilcock	Unattached	F50	2/13	00:10:19	00:06:23	59
93	80	00:58:48	Alexandra Mikita	Worsthorne With Hurstwood Runners	F40	7/19	00:10:19	00:06:23	58
94	76	00:58:48	Gary Mills	Worsthorne With Hurstwood Runners	M50	19/20	00:10:19	00:06:23	57
95	24	00:58:55	Cheryl Louise Ellis	Trawden AC	FS	8/15	00:10:20	00:06:24	56
96	10	00:59:01	Christopher Goldie	Bowland Fell Runners	MS	28/28	00:10:21	00:06:25	55
97	63	00:59:38	Raymond Mooney	Stainland Lions	M50	20/20	00:10:28	00:06:29	54
98	133	00:59:54	Laraine Penson	Stainland Lions	F40	8/19	00:10:31	00:06:31	53
99	64	00:59:59	Emma Smith	Rosendale Harriers	FS	9/15	00:10:31	00:06:31	52
100	7	01:00:13	Nikki Berry	Red Rose Road Runners	FS	10/15	00:10:34	00:06:33	51
101	109	01:01:09	Cheryl Schofield	Blackburn Road Runners	F40	9/19	00:10:44	00:06:39	50
102	12	01:01:45	Sandra Pinder	Sowerby Bridge Snails R.C	F50	3/13	00:10:50	00:06:43	49
103	36	01:01:51	Amanda Fuller	Blackpool, Wyre & Fylde Athletics Club	F40	10/19	00:10:51	00:06:43	48
104	52	01:01:57	Elizabeth Allison	Trawden AC	F50	4/13	00:10:52	00:06:44	47

105	22	01:02:10	Cath Neil	Sowerby Bridge Snails R.C	F50	5/13	00:10:54	00:06:45	46
106	46	01:03:18	Sara Steel	Rosendale Triathlon Club	F40	11/19	00:11:06	00:06:53	45
107	41	01:04:16	Linda Ensby	Unattached	F50	6/13	00:11:16	00:06:59	44
108	101	01:04:40	Hilary Farren	Rosendale Harriers	FS	11/15	00:11:21	00:07:02	43
109	26	01:04:56	Carolyn Edwards	Hive22 & Darkrun	F40	12/19	00:11:24	00:07:03	42
110	40	01:05:41	Robert Massey	Blackpool, Wyre & Fylde Athletics Club	M70	1/1	00:11:31	00:07:08	41
111	2	01:05:59	Verity Brown	Trawden AC	FS	12/15	00:11:35	00:07:10	40
112	114	01:06:02	Abigail Hargreaves	Unattached	FS	13/15	00:11:35	00:07:11	39
113	65	01:06:13	Lisa Heap	Unattached	FS	14/15	00:11:37	00:07:12	38
114	103	01:06:21	Sarah Cowdell	Acre Street Runners	F50	7/13	00:11:38	00:07:13	37
115	124	01:06:22	Dionne Ashworth	Unattached	F40	13/19	00:11:39	00:07:13	36
116	19	01:06:24	Alice Austin-Howarth	Sowerby Bridge Snails R.C	F40	14/19	00:11:39	00:07:13	35
117	14	01:06:27	Anne Molloy	Sowerby Bridge Snails R.C	F60	1/3	00:11:39	00:07:13	34
118	89	01:07:22	Angela Howarth	Unattached	F50	8/13	00:11:49	00:07:19	33
119	90	01:07:22	Rachel Fryers	Unattached	F40	15/19	00:11:49	00:07:19	32
120	37	01:08:19	Nickola Walker	Blackpool, Wyre & Fylde Athletics Club	F40	16/19	00:11:59	00:07:26	31
121	107	01:08:57	Diane Iddon	Fylde coast runners	F50	9/13	00:12:06	00:07:30	30
122	77	01:08:57	Anne-Marie Woodcock	Fylde Coast Runners	F40	17/19	00:12:06	00:07:30	29
123	45	01:09:05	Sarah Clancy	Rosendale Triathlon Club	F40	18/19	00:12:07	00:07:31	28
124	92	01:09:11	Joanne Brown	Blackburn Road Runners	F40	19/19	00:12:08	00:07:31	27
125	15	01:10:44	Elaine Holdsworth	Trawden AC	F50	10/13	00:12:25	00:07:41	26
126	21	01:18:14	Patricia Beesley	Trawden AC	F50	11/13	00:13:44	00:08:30	25
127	33	01:18:14	Julie Bithell	Trawden AC	F60	2/3	00:13:44	00:08:30	24
128	123	01:22:14	Beverley Dobson	Ramsbottom Running Club	FS	15/15	00:14:26	00:08:56	23
129	120	01:22:14	Janet Rubanik	Ramsbottom Running Club	F60	3/3	00:14:26	00:08:56	22
130	111	01:22:15	Christine Berry	Radcliffe AC	F50	12/13	00:14:26	00:08:56	21
131	96	01:22:15	Fiona Little	Blackpool, Wyre & Fylde Athletics Club	F50	13/13	00:14:26	00:08:56	20