

Langdale Horseshoe

12 October 2019

Pos	No	Name	Club	Cat	Time
1	254	Finlay Wild	Lochaber Athletic Club	MSEN	2:00:51
2	80	Garry Greenhow	Ambleside AC	M40	2:09:33
3	368	Carl Bell	Keswick AC	MSEN	2:10:10
4	69	George Foster	Ambleside AC	MSEN	2:10:55
5	381	Jack Wood	Ilkley Harriers AC	MSEN	2:13:45
6	217	Brennan Townshend	Keswick AC	MSEN	2:14:15
7	139	Rob Jebb	Helm Hill Runners	M40	2:15:35
8	193	Sam Fisher	Howgill Harriers	MSEN	2:18:40
9	6	Tom Simpson	Ambleside AC	MSEN	2:19:11
10	272	Calum Tinnion	Keswick AC	MSEN	2:19:46
11	325	Joshua Jardine	Helm Hill Runners	MSEN	2:20:05
12	53	Huw Davies	Mercia Fell Runners	MSEN	2:20:27
13	165	Rob Fielding	Sedbergh School	M40	2:20:37
14	250	Mario Yeomans	Cumberland Fell Runners	MSEN	2:20:59
15	243	Pete Rigby	Helm Hill Runners	MSEN	2:21:14
16	101	Ian Holmes	Bingley Harriers & AC	M50	2:21:41
17	170	Kenny Richmond	Shettleston Harriers	M50	2:21:46
18	175	Lova Chechik	Dark Peak Fell Runners	MSEN	2:22:28
19	181	Richard McGrath	Ellenborough AC	M40	2:22:31
20	329	Matthew Atkinson	Keswick AC	MSEN	2:23:02
21	364	Pete Harrison	Helm Hill Runners	MSEN	2:23:26
22	283	Sam Watson	Wharfedale Harriers	MSEN	2:23:40
23	4	James Harris	Ambleside AC	MSEN	2:24:37
24	306	Mark McGoldrick	Wharfedale Harriers	M40	2:25:07
25	221	Andrew Jebb	Bingley Harriers & AC	M40	2:25:55
26	98	Peter Davies	Dark Peak Fell Runners	MSEN	2:26:17
27	10	Andy Laycock	Clayton-le-Moors Harriers	MSEN	2:26:36
28	71	Matt Reedy	Ambleside AC	M40	2:28:07
29	244	Ben Kent	Helm Hill Runners	MU23	2:28:43
30	180	Tom Brunt	Dark Peak Fell Runners	M40	2:29:27
31	123	Kieran Hodgson	Helm Hill Runners	M40	2:29:58
32	375	David Cope	Howgill Harriers	MSEN	2:31:17
33	269	David Birch	Keswick AC	M50	2:31:33
34	106	Carlton Rowlands	Team Vibram	MSEN	2:31:44
35	386	Michael Malyon	Baildon Runners	MSEN	2:31:55
36	279	Neal Crampton	Pudsey & Bramley AC	M40	2:31:59
37	201	Paul Tierney	Ambleside AC	MSEN	2:32:05
38	157	Kelli Roberts	Helm Hill Runners	WSEN	2:32:22
39	160	Harvey Lord	Black Combe Runners	MSEN	2:32:25
40	235	Richard Mellon	Bowland Fell Runners	M40	2:32:41
41	150	Chris Webb	Glossopdale Harriers	MSEN	2:33:01
42	93	Brendon Taylor	Rosendale Harriers & AC	M40	2:33:29
43	45	Matthew Fretwell	Settle Harriers	MSEN	2:34:23
44	330	Ben Kelsey	Dark Peak Fell Runners	MSEN	2:35:17
45	229	Steven Jacques		M40	2:35:21
46	132	Will Herman	Clayton-le-Moors Harriers	M40	2:35:25
47	13	Ian Symington		M40	2:37:09
48	224	Tim Grimwood	Swaledale Runners	MSEN	2:37:20
49	89	Chris Perry	Matlock Athletic Club	MSEN	2:37:55
50	260	Mark Clarkson	Northumberland Fell Runners	MSEN	2:38:48
51	281	Chris Owens		MSEN	2:39:11
52	227	Adam Jackson	Northern Fells Running Club	M40	2:39:14
53	128	John Ockenden	Bowland Fell Runners	MSEN	2:39:33
54	104	Mike Robinson	Dark Peak Fell Runners	M50	2:39:42
55	125	Peter Watson	Matlock Athletic Club	MSEN	2:39:53

56	367	Jacob Tonkin	Keswick AC	MSEN	2:40:08
57	113	Dave Ward	Pennine Fell Runners	M40	2:40:19
58	319	Thomas Dobbing	Durham Fell Runners	MSEN	2:40:22
59	203	Jamie Lawler	Keswick AC	M40	2:40:26
60=	151	Mark Whittaker		M40	2:40:36
60=	264	James Edwards	Lonsdale Fell Runners	M40	2:40:36
62	94	Ross Spalding	Ochil Hill Runners	MSEN	2:41:01
63	61	Andy Gibbons	Warrington Road Runners	MSEN	2:41:09
64	38	James Allard	Wharfedale Harriers	MSEN	2:41:16
65	112	Christopher Balderson	Bowland Fell Runners	M50	2:41:16
66	155	Jack Simpson	Helm Hill Runners	MSEN	2:41:39
67	248	Bob Johnston	Dark Peak Fell Runners	M40	2:42:05
68	167	Jack Foxall	Dark Peak Fell Runners	M40	2:42:08
69	323	Stuart Heaviside	Barlick Fell Runners	MSEN	2:42:18
70	309	Scott Morley	Eden Runners	MSEN	2:42:32
71	211	Chris Huggett		MSEN	2:42:35
72	208	Sam Downey	Keighley & Craven AC	M40	2:43:10
73	275	Tim Perry		MSEN	2:43:12
74	52	John Allan	Calder Valley Fell Runners	MSEN	2:43:26
75	154	James Baron	Helm Hill Runners	M50	2:43:37
76	184	Karl Steinegger	Ambleside AC	MSEN	2:44:42
77	24	Jez Brown	Buckley Runners	M40	2:45:16
78	337	Steve Birkinshaw	Borrowdale Fell Runners	M50	2:45:31
79	336	James Warburton	Harrogate Tri Club	MSEN	2:45:37
80	1	Neil McKenzie	Ambleside AC	M40	2:45:43
81	49	Nick Leigh		MSEN	2:45:44
82	55	Sharon Taylor	Helm Hill Runners	W40	2:46:33
83	343	Ross Bibby	Valley Striders AC	MSEN	2:46:46
84	54	Nathanael Booker	Macclesfield Harriers & AC	MSEN	2:47:18
85	176	Colin Allott	Goyt Valley Striders	MSEN	2:47:30
86	99	Darren Fishwick	Chorley Athletic and Triathlon Club	M40	2:47:43
87	251	Matt Tomkins		MSEN	2:48:13
88	246	Christopher Barnes	Dee Orienteering	M40	2:48:32
89	102	Martin Holroyd	Settle Harriers	M50	2:48:48
90	91	Ellis Bland	Bowland Fell Runners	MSEN	2:48:55
91	241	Neil Hardiman	Clayton-le-Moors Harriers	M50	2:48:59
92	35	Annie Roberts	Todmorden Harriers	WSEN	2:49:08
93	156	Benjamin Hoyle	Barlick Fell Runners	M40	2:50:10
94	59	David Siska		MSEN	2:50:17
95	225	Dave Nuttall	Bowland Fell Runners	M50	2:50:22
96	321	Philip Pearson	Northern Fells Running Club	M60	2:50:25
97	141	James Williamson	Clayton-le-Moors Harriers	MSEN	2:50:31
98	274	Tom Lynch	Otley AC	MSEN	2:50:53
99	131	Ian Hawley	Ripley Running Club	MSEN	2:51:30
100	26	Andrew Britton	Wharfedale Harriers	M40	2:51:50
101	334	John Millen	Black Combe Runners	M40	2:51:58
102	120	Richard Bolton	Pennine Fell Runners	M40	2:52:14
103	62	Anna Lupton	Black Combe Runners	W40	2:52:16
104	36	Alistair Cox	Tinto Hill Runners	M40	2:52:46
105	352	Gary Thorpe	Ambleside AC	M50	2:52:52
106	135	Donny Walker	RAF Athletics	M40	2:53:07
107	310	Gwilym Jones		MSEN	2:53:18
108	47	Richard Hudson	Macclesfield Harriers & AC	M40	2:53:27
109	8	Mark Webster	Keswick AC	M50	2:53:51
110	162	Dave Sykes	Dark Peak Fell Runners	M40	2:53:54
111	218	Majka Kunicka	Dark Peak Fell Runners	WSEN	2:53:57
112	107	Jules Coleman	Lonsdale Fell Runners	M50	2:54:40
113	183	David Williams	Ellenborough AC	MSEN	2:54:47
114	397	Reuben Kouidri		MU23	2:54:47
115	361	Matt Dunn.	Holcombe Harriers	M40	2:55:04
116	74	Dave Robson	Ilkley Harriers AC	M40	2:55:14
117	297	Colin Moses	Wharfedale Harriers	M50	2:55:34

118	305	Oliver Wade	Bowland Fell Runners	MSEN	2:55:37
119	105	Leigh Warburton	Bowland Fell Runners	M60	2:55:45
120	301	Paul Swindles	Pennine Fell Runners	M40	2:56:15
121	172	Al Smithson	Mersey Tri	MSEN	2:56:18
122	44	Richard Snowden	Totley AC	M50	2:56:30
123	142	Dave Garner	Todmorden Harriers	M50	2:57:38
124	189	Claire Nance	Lonsdale Fell Runners	WSEN	2:57:44
125	186	Ed Richardson	Dark Peak Fell Runners	M40	2:58:31
126	88	Mark Harris		M40	2:58:56
127	133	Luke Beresford	Ripley Running Club	MSEN	2:58:58
128	21	Martin Lane	Helm Hill Runners	MSEN	2:59:10
129	205	Simon Pickard	Stockport Harriers & AC	M40	2:59:35
130	303	Tom Leather	Tattenhall Runners	MSEN	2:59:38
131	231	Mike Johnson	Bowland Fell Runners	M50	2:59:40
132	121	Tom Pape	Dark Peak Fell Runners	M40	2:59:53
133	28	Hayley Evans	Buckley Runners	W40	2:59:55
134	293	Dan Walmsley	Highland Hill Runners	M40	3:00:06
135	144	Mark Burley	Macclesfield Harriers & AC	MSEN	3:00:08
136	16	Paul Freeman		MSEN	3:00:10
137	68	Sean Giblin		M40	3:00:33
138	287	Lucy Scott		WSEN	3:00:37
139	97	Jim Masters	Cumberland Fell Runners	M40	3:01:13
140	129	Dave Stephenson	Bingley Harriers & AC	M50	3:01:17
141	313	Peter Murphy	Tynedale Harriers & AC	M50	3:01:45
142	204	Bryony Halcrow	Harrogate Harriers & AC	WSEN	3:02:39
143	192	Mick Loftus	Valley Striders AC	M50	3:04:09
144	191	Tim Campbell	Astley & Tyldesley Road Runners	M40	3:04:55
145	365	Ian Ferguson	Bingley Harriers & AC	M50	3:05:04
146	207	Wayne Collins		M40	3:05:09
147	258	Mick Procter	Clayton-le-Moors Harriers	M50	3:06:06
148	358	Ben Frankel	OneLife Triathlon	M40	3:07:40
149	320	Alex Chesters		MU23	3:07:51
150	377	Edward Poulter		MSEN	3:08:01
151	213	Sue Richmond	Pennine Fell Runners	W40	3:08:04
152	299	Andrew Bryan	Ambleside AC	M40	3:08:38
153	311	Sam Allsopp	Settle Harriers	MSEN	3:09:08
154	370	Christopher Atherton	Ambleside AC	MSEN	3:09:17
155	216	Roy Gibson	Kendal Amateur Athletic Club	M50	3:09:19
156	394	Richard Timms	Settle Harriers	M50	3:09:36
157	19	Derek Chetwin	Matlock Athletic Club	MSEN	3:09:46
158	328	Ivan Holroyd	Keswick AC	M40	3:09:59
159	77	Alan Clarke		MSEN	3:10:10
160	23	Lucy Burnett	Keswick AC	W40	3:10:22
161	270	Nigel Jeff	Buxton AC	M50	3:11:09
162	43	Andrew Stimson		MSEN	3:11:34
163	265	David White	Kilmarnock Harrier & Athletic Club	M50	3:11:44
164	146	Matt Machouki	Scarborough Athletic Club	M50	3:11:57
165	114	Bianca Dyer	Helm Hill Runners	W40	3:12:02
166	276	Hinda Hardaker	Keighley & Craven AC	W40	3:12:12
167	333	Ross Bell	Swaledale Outdoor Club	MSEN	3:12:13
168=	168	Hugh Lindsay		MSEN	3:12:22
168=	92	John Messenger	Northern Fells Running Club	M40	3:12:22
170	37	Andy Armstrong	Clayton-le-Moors Harriers	M50	3:12:26
171	70	Barry Wilkinson	Borrowdale Fell Runners	M50	3:12:59
172	209	Lance Taylor		MSEN	3:13:01
173	348	Helen Wood	Ilkley Harriers AC	WSEN	3:13:03
174	87	Daniel Latham	Buxton AC	MSEN	3:13:08
175	138	Paul Hodgson	Durham Fell Runners	M40	3:13:20
176	300	Littledave Cumins	Mow Cop Runners	M40	3:13:38
177	50	James Morrison	Tiverton Harriers	M40	3:13:50
178	292	David McChesney		MSEN	3:14:01
179	271	Kristina Schou Madsen	Kolding Motion	WSEN	3:14:26

180	137	Robert Halstead	Todmorden Harriers	M50	3:14:52
181	177	David Parkington	Preston Harriers	M50	3:14:59
182	291	Kieron Larkin		MSEN	3:15:06
183	163	Jenny Caddick	Dark Peak Fell Runners	W40	3:15:09
184	263	Paul Wilson	Northern Fells Running Club	M40	3:15:14
185	219	Tim Raffle	Altrincham & District Athletic Club	M50	3:15:15
186	109	Robin Hoffmann	Glossopdale Harriers	M40	3:15:28
187	212	Sarah Andrew	Glossopdale Harriers	WSEN	3:15:36
188	384	Will Buckton	Settle Harriers	MSEN	3:15:53
189	136	Chris Bird	Durham Fell Runners	M40	3:15:59
190	159	David Colgan		MSEN	3:16:11
191	108	Mark Bentley	Hook Runners	M50	3:16:13
192	314	Jim Roberts	Keighley & Craven AC	M50	3:16:22
193	31	Peter Agnew	Buckley Runners	M50	3:16:34
194	122	John Boothman	Barlick Fell Runners	M50	3:16:35
195	268	Michael Clayton	Calder Valley Fell Runners	MSEN	3:16:38
196	42	Matthew Hirst	Bowland Fell Runners	M40	3:16:49
197	72	Suzy Devey	Lochaber Athletic Club	W40	3:16:53
198	57	Paul Barnett		M40	3:16:56
199	356	James Roddis		M40	3:17:37
200	340	David Hakes	Dark Peak Fell Runners	MSEN	3:18:15
201	380	Dave McGuire	Wharfedale Harriers	M50	3:18:15
202	223	Andrew Priory	Clayton-le-Moors Harriers	M50	3:18:33
203	79	Adam Hayden	Dark Peak Fell Runners	MSEN	3:19:26
204	232	Kim Baxter	Dark Peak Fell Runners	W40	3:19:36
205	318	Tom Whittington	Macclesfield Harriers & AC	M40	3:19:42
206	153	Dave Roberts	FRA	M50	3:19:44
207	324	David Riding	Achille Ratti	M40	3:20:00
208	17	Jon Sharples	Clayton-le-Moors Harriers	M60	3:20:12
209	195	Pete Lloyd	Keighley & Craven AC	MSEN	3:20:39
210	130	Matthew Bourne	Bowland Fell Runners	M50	3:20:46
211	347	Mark Richmond	Settle Harriers	MSEN	3:21:01
212	173	Chris Usher	Newburgh Nomads RC	M40	3:21:10
213	115	Robert Green	Achille Ratti	MSEN	3:21:22
214	140	Chris Taylor	Lostock AC	M50	3:21:31
215	371	Tyrone Lewis	Dallam Running Club	M50	3:21:49
216	278	Keith Murray	Teviotdale Harriers	M50	3:21:51
217	245	Andrew Wright	Calder Valley Fell Runners	M40	3:21:52
218	256	Richard Garside	Ochil Hill Runners	M40	3:21:56
219	239	Darren Parker	Cumberland Fell Runners	M50	3:21:56
220	366	Tim Dempsey	Wharfedale Harriers	MSEN	3:22:21
221	164	Paul Walwyn	Dark Peak Fell Runners	MSEN	3:22:37
222	315	Boyd Brad		M40	3:22:49
223	147	Steve Swallow	Macclesfield Harriers & AC	M50	3:23:03
224	200	Natasha Fellowes	Chorley Athletic and Triathlon Club	W50	3:23:16
225	116	Paul Simpson	Ambleside AC	M50	3:23:42
226	342	Clive Allen	Helm Hill Runners	M50	3:24:15
227	32	Chris Clay	Dark Peak Fell Runners	M40	3:24:15
228	353	David Almond		M50	3:24:31
229	81	Oliver Cook	Long Eaton Running Club	M50	3:24:32
230	197	Bill Beckett	Chorley Athletic and Triathlon Club	M50	3:24:49
231	178	Andy Dickenson	Dark Peak Fell Runners	M50	3:24:59
232	273	Neil Weightman		M50	3:25:16
233	322	Neil McGoun	Orion Harriers	MSEN	3:25:19
234	27	David Naughton	Clayton-le-Moors Harriers	M50	3:25:29
235	206	Carlos Bedson	Cheshire Hill Racers	M50	3:25:36
236	285	Neil Swan	Prestwich AC	M40	3:25:44
237	119	Stuart Thomas	Buckley Runners	M40	3:25:51
238	190	Chloe Lumsdon	Helm Hill Runners	WSEN	3:26:11
239	257	Andrew Hearle	Mercia Fell Runners	M60	3:26:30
240	56	Graham Brown	Macclesfield Harriers & AC	M50	3:26:57
241	30	Rachel Findlay-Robinson	Keswick AC	WSEN	3:27:22

242	298	Rob Allen	Keswick AC	M40	3:27:33
243	304	Antonia Fan	Skyrac Athletic Club	WSEN	3:27:41
244	145	Ian Porter	South Ribble Orienteering Club	M50	3:27:44
245	198	Chris Curtis	Northern Fells Running Club	M50	3:27:47
246	282	Aaron Walmsley	Bowland Fell Runners	MSEN	3:27:48
247	307	Andrew Hallam	Holcombe Harriers	MSEN	3:27:54
248	326	Clare Cummings		WSEN	3:27:59
249	277	Alice Rigby	New Marske Harriers Club	WU23	3:28:01
250	359	Ellen Downs	Dark Peak Fell Runners	WU23	3:28:02
251	40	Sophie Fosker	Bowland Fell Runners	W40	3:28:04
252	390	Ralph Baines	Clayton-le-Moors Harriers	M50	3:28:16
253	100	Gavin Haworth		M40	3:28:20
254	46	Sam Gibbs	Helm Hill Runners	M40	3:28:30
255	228	Neil Pettie	Macclesfield Harriers & AC	M40	3:28:32
256	14	Paul Law		MSEN	3:28:34
257	350	Will Smith	Bowland Fell Runners	MSEN	3:29:00
258	385	Peter Kirby	Bowland Fell Runners	MSEN	3:29:02
259	215	Michael Duffield	Ilkley Harriers AC	M50	3:29:03
260	267	Alison Wainwright	Dark Peak Fell Runners	W50	3:29:17
261	188	Kenneth Taylor	Rossendale Harriers & AC	M70	3:29:22
262	9	Will Carver	Halifax Harriers & AC	M40	3:29:25
263	185	Matt Searson		M40	3:29:28
264	64	Leanne Ayres	Ambleside AC	WSEN	3:29:32
265	391	Vicky Thornton	Forth Valley Orienteers	W50	3:29:52
266	103	Robert Cutting	Fat Boys Running Club	M40	3:30:14
267	29	Richard Smith	Ambleside AC	MSEN	3:30:19
268	262	Monica Padilla	Wharfedale Harriers	WSEN	3:30:35
269	376	Tricia Everett	Elvet Striders	WSEN	3:30:36
270	302	Stephen Radcliffe	Rossendale Harriers & AC	M40	3:30:43
271	266	Helen Price	Harrogate Harriers & AC	W40	3:31:00
272	230	Nicholas Cooper	Southern Navigators Orienteers	M40	3:31:34
273	226	Mark Midgley	Bowland Fell Runners	M50	3:31:53
274	395	Adam Kouidri		MSEN	3:33:13
275	158	Tim Brooks	Calder Valley Fell Runners	M50	3:33:16
276	396	Youcef Kouidri		MSEN	3:33:16
277	58	Ashley Kay	Dark Peak Fell Runners	M60	3:33:18
278	296	Tim Sterland		MSEN	3:33:26
279	85	Joanne Worboys-Hodgson	Denby Dale Athletics Club	W40	3:33:52
280	331	David Jackson	Achille Ratti	M40	3:33:58
281	247	Tony Marlow	Lostock AC	M50	3:34:05
282	67	Daryl Tacon	Cumberland Fell Runners	M40	3:34:15
283	152	Graham Jordan	Middleton Harriers AC	M40	3:34:22
284	118	John Hayes	Ilkley Harriers AC	M50	3:34:25
285	18	Neil Wilkes	Mercia Fell Runners	M40	3:34:28
286	222	Rowena Browne	Bowland Fell Runners	W50	3:34:49
287	220	Jim Paxman	Dark Peak Fell Runners	M60	3:35:29
288	25	Charlie Bradshaw	Keswick AC	WSEN	3:35:43
289	34	James McMurtry	Ashbourne Running Club	M50	3:35:47
290	126	Lewis Ashton	Dark Peak Fell Runners	M50	3:35:56
291	63	Kate Ayres	Ambleside AC	W60	3:36:02
292	242	Rebecca Wadeson	Skelmersdale Boundary Harriers	WSEN	3:36:03
293	60	Maria Cook	Skelmersdale Boundary Harriers	W40	3:36:04
294	143	Kirsty Patten	Todmorden Harriers	WSEN	3:36:26
295	86	Angela Wilson	Northern Fells Running Club	W40	3:37:33
296	387	Christopher Everett	Elvet Striders	MSEN	3:37:58
297	83	Roderick Pugh	Kilmarnock Harrier & Athletic Club	M60	3:38:19
298	5	Paul Cook	Durham Fell Runners	M40	3:39:26
299	148	Phil Hodgson	Todmorden Harriers	M60	3:39:38
300	373	Peter Riley		MSEN	3:39:48
301	339	Andrew Haworth	Trawden Athletic Club	MSEN	3:39:50
302	253	Rachel Slattery	Helm Hill Runners	W50	3:40:07
303	7	Marie Robson	Helm Hill Runners	W50	3:40:08

304	48	Andrew Hubert		M40	3:40:19
305	12	Andrew Firth	Clayton-le-Moors Harriers	M60	3:40:32
306	73	Les Barker	Cumberland Fell Runners	M50	3:40:35
307	234	Eric Hildrew		M40	3:40:50
308	286	Alex Venn		M50	3:41:13
309	379	Randolph Haggerty	Kirkstall Harriers	M50	3:41:19
310	199	John Thompson	Newburgh Nomads RC	M50	3:41:30
311	280	Honor Thompson	Skelmersdale Boundary Harriers	W40	3:41:31
312	369	Christopher Kelsey	Wells City Harriers	M60	3:42:33
313	393	Rob Crawford	Howgill Harriers	M40	3:43:18
314	341	Tom Hayward		MSEN	3:43:38
315	238	Adam Todd		MSEN	3:43:42
316	41	Daniel Grose	Ambleside AC	M50	3:45:06
317	360	Dave Baglee	Eden Runners	M50	3:45:48
318	179	Simon Frost		M40	3:46:09
319	166	Josie Greenhalgh	Lostock AC	W40	3:46:52
320	345	Adam Malloy	Northumberland Fell Runners	MSEN	3:47:10
321	95	Lorna Ascroft	Carnethy Hill Racing Club	W40	3:47:27
322	362	Eddie Lesniak	Achille Ratti	M60	3:47:33
323	66	Steve Wathall	Black Combe Runners	M60	3:48:46
324	236	Jim Londesborough		M50	3:49:11
325	317	Andy Poole	Saddleworth Runners Club	M50	3:50:26
326	351	Peter Cobley	Saddleworth Runners Club	M40	3:50:29
327	259	Richard Campbell	Rossendale Harriers & AC	M40	3:51:28
328	252	Alice Willson	Glossopdale Harriers	WSEN	3:52:14
329	127	Simon Stansfield	Clayton-le-Moors Harriers	M40	3:52:42
330	124	David Patrick	Ashbourne Running Club	M50	3:52:51
331	149	Simon Fox	Macclesfield Harriers & AC	M50	3:53:14
332	90	Kyla Bennett	Lancaster Runners	W40	3:53:23
333	372	Stephen Atherton	Ambleside AC	M60	3:53:48
334	196	Simon Theobald	Helm Hill Runners	M50	3:54:16
335	117	Lesley Malarkey	Keswick AC	W70	3:55:26
336	84	Martyn Price	Harrogate Harriers & AC	M50	3:55:48
337	255	Denise Tunstall	Durham Fell Runners	W50	3:56:41
338	332	John Leech	Dallam Running Club	M50	3:56:45
339	294	Scott Watson	Hyde Park Harriers	M40	3:57:29
340	33	Jonathan Tombs	Eden Runners	M40	3:57:36
341	187	Andrew Case		MSEN	4:00:24
342	210	Nigel Briggs	North York Moors AC	M50	4:02:00
343	110	David Tait	Dark Peak Fell Runners	M70	4:02:23
344	82	Richard Fletcher		M50	4:03:12
345	65	Mark Sammon	SELOC	M40	4:03:45
346	355	Sam Healy	North York Moors AC	M40	4:08:06
347	39	John Graham	Bowland Fell Runners	M50	4:08:17
348	335	Pete Jobes	Heaton Harriers & AC	MSEN	4:08:29
349	51	Daniel Baron	Calder Valley Fell Runners	MSEN	4:09:06
350	261	Richard Slack	Claremont Road Runners	M50	4:09:52
351	389	Thomas Keegan	Howgill Harriers	M50	4:10:15
352	171	Friedrich-Wilhelm Duenbier	Newburgh Nomads RC	M60	4:10:34
353	75	Wally Coppelov	Newburgh Nomads RC	M60	4:10:34
354	290	Nick Harris	Rossendale Harriers & AC	M70	4:11:41
355	383	Kirsty Struthers	North York Moors AC	WSEN	4:12:49
356	382	Kimberley Skiba	North York Moors AC	WSEN	4:12:52
357	15	Jim Maxfield	Newburgh Nomads RC	M60	4:16:45
358	346	Mike Roberts	Horsforth Fellandale Club	MSEN	4:17:04
359	295	Nicholas Smith		M40	4:17:21
360	96	Tanya Shepherd	Horsforth Fellandale Club	WSEN	4:17:45
361	182	Clare Smurthwaite	Keighley & Craven AC	W40	4:18:04
362	284	Lucie Kelly	Achille Ratti	W40	4:18:19
363	3	Steve Milner	Wharfedale Harriers	M50	4:22:12
364	2	Anne Milner	Wharfedale Harriers	W50	4:22:13
365	174	Charlotte Wetton	Cumberland Fell Runners	WSEN	4:22:46

366	338	Alison Bramall	Ambleside AC	W60	4:23:54
367	214	Mary Edgerton	Pennine Fell Runners	W50	4:23:54
368	169	David Gill	Denby Dale Athletics Club	M50	4:27:04
369	374	Susan Scott	Elvet Striders	W40	4:29:33
370	349	Stuart Scott	Elvet Striders	MSEN	4:29:34
371	240	Debbie Cooper	Bowland Fell Runners	W40	4:30:22
372	237	Dennis Kentrop	Macclesfield Harriers & AC	M50	4:30:24
373	327	Giles Robertson	Dulwich Runners AC	M40	4:30:27
374	78	Helen Harrison	Barlick Fell Runners	WSEN	4:32:55
375	161	James Thompson	Liverpool Pembroke & Sefton H AC	MU23	4:34:39
376	392	David Wotton	Claremont Road Runners	M40	4:37:07
377	388	Michael Boyle		MSEN	4:38:04
	134	David Wilson	Bowland Fell Runners	M50	m6-7
	316	Graham Lloyd	Calder Valley Fell Runners	M50	m4-7
	289	Philip Withnall	Lonsdale Fell Runners	MSEN	rtd
	20	Alex Braysford	Clayton-le-Moors Harriers	M40	rtd
	22	Jenny Rice	Helm Hill Runners	WSEN	rtd
	202	Martin Walsh	Bowland Fell Runners	M70	rtd
	233	Richard Baxter	Dark Peak Fell Runners	M50	rtd
	344	Karen Goodyear	Ambleside AC	W60	rtd
	11	Stevie Clare		W40	rtd
	111	Mark Irving	Bowland Fell Runners	MSEN	rtd
	194	Jackie Keasley	Helsby Running Club	W60	rtd
	354	Tom Middleton	Eden Runners	MSEN	rtd
	357	Christian Hodgson	Vegan Runners UK	M40	rtd
	308	Matt Tupling		M40	rtd
	288	Zoe Avner		WSEN	rtd
	249	Steve Green		MSEN	rtd
	378	Richard Tait	Ambleside AC	M60	rtd
	363	Kate O'Donoghue		W50	rtd
	312	Carl Topham		MSEN	rtd