

| Pos | Name | Category | Club | Time |
|-----|--------------------|----------|-------------------------|----------|
| 1 | GRANT CUNLIFFE | M | ROSSENDALE | 00:18:25 |
| 2 | CHRIS HOLDSWORTH | M | RIBBLE VALLEY HARRIERS | 00:18:42 |
| 3 | ANDREW WORSTER | M | TODMORDEN HARRIERS | 00:19:00 |
| 4 | MAX WHARTON | MU23 | CVFR | 00:19:14 |
| 5 | ALASDAIR PEDLEY | MU23 | CVFR | 00:20:23 |
| 6 | JACKSON MCKAY | MU18 | CLAYTON-LE-MOORS | 00:20:38 |
| 7 | ALEX WHITTEM | M | CVFR | 00:20:46 |
| 8 | STEPHEN HALL | M40 | RIBBLE VALLEY HARRIERS | 00:20:55 |
| 9 | SHAUN LIVESEY | M40 | RIBBLE VALLEY HARRIERS | 00:21:14 |
| 10 | JOSEPH WALLER | M | ROSSENDALE | 00:21:17 |
| 11 | MARC SENNETT | M | WHARFDALE | 00:21:23 |
| 12 | JON WRIGHT | M40 | TODMORDEN HARRIERS | 00:21:35 |
| 13 | CHARLIE PARKINSON | MU18 | CLAYTON-LE-MOORS | 00:21:43 |
| 14 | HOLLY PAGE | F | CVFR | 00:21:45 |
| 15 | MIKE ROBINSON | M40 | | 00:21:46 |
| 16 | JOSHUA HALL-BROWN | M | | 00:21:46 |
| 17 | JAMES ALLARD | M | WHARFDALE | 00:21:50 |
| 18 | TOM HODGSON | M | | 00:21:53 |
| 19 | ADAM STORER | M40 | | 00:22:00 |
| 20 | MATTHEW WARTERS | M | WHARFDALE | 00:22:07 |
| 21 | CHRIS BARNES | M40 | RIBBLE VALLEY HARRIERS | 00:22:14 |
| 22 | JONNY CROSTON | M40 | CVFR | 00:22:23 |
| 23 | MARC BARRETT | M40 | ROSSENDALE | 00:22:28 |
| 24 | GRAHAM MORRIS | M50 | ACCRINGTON ROAD RUNNERS | 00:22:34 |
| 25 | DANIEL HURD | M | WHARFDALE | 00:22:35 |
| 26 | ANDY BERRY | M40 | BARLICK FELL RUNNERS | 00:22:36 |
| 27 | GLEN GOODWIN | M50 | ACCRINGTON ROAD RUNNERS | 00:22:39 |
| 28 | BARRIE CHARNLEY | M40 | BARLICK FELL RUNNERS | 00:22:42 |
| 29 | DAN TAYLOR | M40 | TODMORDEN HARRIERS | 00:22:42 |
| 30 | DAMIAN KILPIN | M40 | PENISTONE | 00:22:53 |
| 31 | PHIL WELLS | M40 | CVFR | 00:22:55 |
| 32 | LUKE MELESCHKO | M40 | CVFR | 00:22:56 |
| 33 | CHRIS HALSTEAD | M40 | ACCRINGTON ROAD RUNNERS | 00:22:56 |
| 34 | CARL PAWSON | M40 | BARLICK FELL RUNNERS | 00:23:03 |
| 35 | JOSEPH CROSSFIELD | M | HALIFAX HARRIERS | 00:23:08 |
| 36 | IVAN GEE | M40 | TODMORDEN HARRIERS | 00:23:09 |
| 37 | LIAM WILLIAMS | M | CVFR | 00:23:10 |
| 38 | JAMES WILLIAMS | M40 | CVFR | 00:23:11 |
| 39 | ANDREW BRITTON | M40 | WHARFDALE | 00:23:11 |
| 40 | ALAN LUNDBERG-BURY | M50 | ROSSENDALE | 00:23:12 |
| 41 | GILES SIMON | M40 | CVFR | 00:23:13 |

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| 42 | CARL MURRAY | M | ASTLEY AND TYDESLEY ROAD RUNNERS | 00:23:16 |
| 43 | DARREN FISHWICK | M40 | CHORLEY | 00:23:19 |
| 44 | MARK WHARTON | M50 | CVFR | 00:23:26 |
| 45 | DOMINIC HOWELL | M40 | | 00:23:27 |
| 46 | MIKE GRADWELL | M | SADDLEWORTH RUNNERS | 00:23:33 |
| 47 | TRISTAN LANGLOIS | M40 | TODMORDEN HARRIERS | 00:23:39 |
| 48 | MATTHEW CLAWSON | M | ROSSENDALE | 00:23:44 |
| 49 | DARREN GRAHAM | M50 | TODMORDEN HARRIERS | 00:23:47 |
| 50 | JAMES WILLIAMSON | M | CLAYTON-LE-MOORS | 00:23:53 |
| 51 | RICHARD ADAMS | M | | 00:24:09 |
| 52 | ANDY THORPE | M50 | CVFR | 00:24:12 |
| 53 | JONNY CARTWRIGHT | M40 | STADIUM RUNNERS | 00:24:14 |
| 54 | ROB RAWLINSON | M40 | CVFR | 00:24:16 |
| 55 | NATASHA BUTTERFIELD | F | CVFR | 00:24:21 |
| 56 | RYAN KEENAN | M | ROCHDALE | 00:24:28 |
| 57 | NICOLA SQUIRES | F | RIBBLE VALLEY HARRIERS | 00:24:30 |
| 58 | JONNY HALL | M | CLAYTON-LE-MOORS | 00:24:35 |
| 59 | RICKY PARISH | M | TODMORDEN HARRIERS | 00:24:37 |
| 60 | JONATHON EMBERTON | M50 | CVFR | 00:24:38 |
| 61 | SOPHIE HORROCKS | F | ROSSENDALE | 00:24:40 |
| 62 | BRIDGET LANCASHIRE | F | SADDLEWORTH RUNNERS | 00:24:42 |
| 63 | ALEX FROST | M50 | ROCHDALE | 00:24:46 |
| 64 | KEVIN JONES | M50 | SADDLEWORTH RUNNERS | 00:25:10 |
| 65 | IAIN WICKENSON | M | CLAYTON-LE-MOORS | 00:25:13 |
| 66 | DAVIS SLOAN | M | ASTLEY AND TYDESLEY ROAD RUNNERS | 00:25:16 |
| 67 | SIMON FORD | M40 | ASTLEY AND TYDESLEY ROAD RUNNERS | 00:25:18 |
| 68 | PAUL GALLAGHER | M50 | ACCRINGTON ROAD RUNNERS | 00:25:19 |
| 69 | GRAHAM AULD | M40 | | 00:25:21 |
| 70 | REBECCA PATRICK | F50 | TODMORDEN HARRIERS | 00:25:23 |
| 71 | JOSH WOODSTOCK | M40 | ACCRINGTON ROAD RUNNERS | 00:25:29 |
| 72 | ANDY HAYNES | M40 | RADCLIFFE | 00:25:30 |
| 73 | ANDY POOLE | M50 | SADDLEWORTH RUNNERS | 00:25:31 |
| 74 | KIRK LUSTY | M40 | WORSTHORNE | 00:25:33 |
| 75 | CHRIS USHER | M40 | NEWBURGH NOMADS | 00:25:34 |
| 76 | DAVE HARTLEY | M40 | ACCRINGTON ROAD RUNNERS | 00:25:37 |
| 77 | ANDREW LEE | M40 | ROSSENDALE | 00:25:41 |
| 78 | MICHAEL TOMAN | M50 | ACCRINGTON ROAD RUNNERS | 00:25:41 |
| 79 | GRAHAM JORDEN | M40 | MIDDLETON HARRIERS | 00:25:48 |
| 80 | RONNIE TURNER | M50 | ROSSENDALE | 00:25:53 |
| 81 | GRAHAM STEVENS | M40 | HOLCOMBE HARRIERS | 00:25:56 |
| 82 | PHILIP GREENWOOD | M | ROSSENDALE | 00:25:59 |
| 83 | SEAMUS O'RIORDAN | M40 | ROSSENDALE | 00:26:00 |
| 84 | JAMES GOODWIN | M | SADDLEWORTH RUNNERS | 00:26:02 |
| 85 | MARTIN CONNOLLY | M | | 00:26:03 |

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| 86 | TOBY SYKES | M50 | CVFR | 00:26:04 |
| 87 | PAUL SWYERS | M50 | RADCLIFFE | 00:26:10 |
| 88 | ANDREW WEBSTER | M40 | CLAYTON-LE-MOORS | 00:26:11 |
| 89 | A COSTELLO | M50 | CVFR | 00:26:11 |
| 90 | FIONA WILLIAMS | F | ROCHDALE | 00:26:16 |
| 91 | MICHAEL BRAM | M40 | | 00:26:17 |
| 92 | PETER COBLEY | M40 | SADDLEWORTH RUNNERS | 00:26:18 |
| 93 | DANIEL SKWARCK | M | | 00:26:20 |
| 94 | FINN PHELAN-NAYLOR | MU23 | SADDLEWORTH RUNNERS | 00:26:20 |
| 95 | JAMES COOKE | M | CVFR | 00:26:21 |
| 96 | RICHARD BRISCOE | M40 | CLAYTON-LE-MOORS | 00:26:28 |
| 97 | RICHARD GRICE | M40 | ACCRINGTON ROAD RUNNERS | 00:26:36 |
| 98 | MATTHEW RIDGE | M40 | WORSTHORNE | 00:26:44 |
| 99 | JIM MAXFIELD | M60 | NEWBURGH NOMADS | 00:26:46 |
| 100 | SAM SWINDELLS | M | TODMORDEN HARRIERS | 00:26:47 |
| 101 | ANNEMARIE HINDLE | F40 | ROSSENDALE | 00:26:49 |
| 102 | JOHNNIE WATSON | M40 | CVFR | 00:27:01 |
| 103 | TIM BROOKS | M40 | CVFR | 00:27:06 |
| 104 | LISA PARKER | F40 | ACCRINGTON ROAD RUNNERS | 00:27:06 |
| 105 | LEE TURNER | M50 | RADCLIFFE | 00:27:13 |
| 106 | PHIL WHITE | M60 | CVFR | 00:27:19 |
| 107 | JOHN WRIGLEY | M | RADCLIFFE | 00:27:25 |
| 108 | JOANNA ADAMSON | F40 | MIDDLETON HARRIERS | 00:27:26 |
| 109 | JOHN THOMPSON | M50 | NEWBURGH NOMADS | 00:27:28 |
| 110 | ANDY DAVIES | M60 | CVFR | 00:27:29 |
| 111 | ANDREW FOSTER | M50 | CLAYTON-LE-MOORS | 00:27:30 |
| 112 | IAN DALE | M50 | ROYTON ROAD RUNNERS | 00:27:31 |
| 113 | GLEN GAWDY | M50 | MANCHESTER HARRIERS | 00:27:34 |
| 114 | CHRISTOPHER HOARE | M40 | | 00:27:37 |
| 115 | JULIE DARIGALA | F40 | PENISTONE | 00:27:40 |
| 116 | ANDREW GALLAGHER | M50 | BOLTON UNITED | 00:27:44 |
| 117 | JAMES SHEARD | M50 | SADDLEWORTH RUNNERS | 00:27:47 |
| 118 | LOUISE ADAMS | FU23 | EDINBURGH UNI | 00:27:48 |
| 119 | DAVID BARNES | M60 | HORWICH RMI HARRIERS | 00:27:54 |
| 120 | SARAH WALCH | F | PENISTONE | 00:28:03 |
| 121 | FRED GREEN | M | ACCRINGTON ROAD RUNNERS | 00:28:06 |
| 122 | BLAIR GARRETT | M | CVFR | 00:28:10 |
| 123 | EMMA BALL | F40 | MIDDLETON HARRIERS | 00:28:13 |
| 124 | PAUL PATRICK | M50 | STAINLAND LIONS | 00:28:15 |
| 125 | GARETH DAVIES | M | DARWEN DASHERS | 00:28:18 |
| 126 | CLAIRE DAVIES | F | DARWEN DASHERS | 00:28:21 |
| 127 | KEN TAYLOR | M70 | ROSSENDALE | 00:28:23 |
| 128 | MARTIN BRADY | M50 | CLAYTON-LE-MOORS | 00:28:27 |
| 129 | AMBI SWINDELLS | F | TODMORDEN HARRIERS | 00:28:29 |

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| 130 | GARY FIRTH | M40 | ASTLEY AND TYDESLEY ROAD RUNNERS | 00:28:38 |
| 131 | CAROLE FRYER | F50 | CVFR | 00:28:43 |
| 132 | PHIL HODGSON | M60 | TODMORDEN HARRIERS | 00:28:46 |
| 133 | WALLY COPPELOV | M60 | NEWBURGH NOMADS | 00:29:16 |
| 134 | ROSA BLACKWELL | F | TODMORDEN HARRIERS | 00:29:30 |
| 135 | BRANDON GREENE | M40 | SADDLEWORTH RUNNERS | 00:29:31 |
| 136 | KEVIN HEATON | M40 | | 00:29:34 |
| 137 | JAMIE STEPHENSON | M | | 00:29:39 |
| 138 | ANDREW HOLLAS | M50 | ACCRINGTON ROAD RUNNERS | 00:29:43 |
| 139 | RACHEL JOHNSON | F50 | CVFR | 00:29:53 |
| 140 | SOPHIE HOWARD | F | ROSSENDALE | 00:29:56 |
| 141 | MARTIN ROBERTS | M60 | TODMORDEN HARRIERS | 00:29:59 |
| 142 | JED FINNIGAN | M50 | SADDLEWORTH RUNNERS | 00:30:01 |
| 143 | LEE PETCH | M50 | BOLTON UNITED | 00:30:02 |
| 144 | ROBIN GREY | M50 | TODMORDEN HARRIERS | 00:30:06 |
| 145 | MARK CAFFERY | M40 | | 00:30:06 |
| 146 | RACHEL COMYN-DOYLE | F | | 00:30:08 |
| 147 | GRAHAM BARNES | M60 | | 00:30:08 |
| 148 | RICKY BILLINGTON | M40 | ACCRINGTON ROAD RUNNERS | 00:30:10 |
| 149 | GRAHAM LLOYD | M50 | CVFR | 00:30:12 |
| 150 | KEVIN MCGILVRAY | M60 | ROSSENDALE | 00:30:17 |
| 151 | BRINT LINDSAY | M50 | PENISTONE | 00:30:21 |
| 152 | DANIEL WOODCOCK | M | | 00:30:21 |
| 153 | JACKIE SCARF | F50 | CVFR | 00:30:24 |
| 154 | DAVE CULPAN | M50 | STAINLAND LIONS | 00:30:25 |
| 155 | PETER MCNAMEE | M | NEWBURGH NOMADS | 00:30:25 |
| 156 | ALAN GARVEY | M60 | MIDDLETON HARRIERS | 00:30:26 |
| 157 | ALAN ARCHER | M60 | CLAYTON-LE-MOORS | 00:30:32 |
| 158 | JON COMYN-PLATT | M70 | SADDLEWORTH RUNNERS | 00:30:33 |
| 159 | JACOB HALL-BROWN | M | | 00:30:35 |
| 160 | LAUREN WILLIAMS | F | MIDDLETON HARRIERS | 00:30:37 |
| 161 | LAWRENCE PINNELL | M50 | HORWICH RMI HARRIERS | 00:30:40 |
| 162 | JEFF HIGNETT | M60 | ROSSENDALE | 00:30:58 |
| 163 | GARY SUMNER | M50 | | 00:30:59 |
| 164 | ALAN DAVIES | M60 | | 00:31:00 |
| 165 | CLAIRE MATCHWICK | F | ASTLEY AND TYDESLEY ROAD RUNNERS | 00:31:01 |
| 166 | ROSS POPPER | M50 | | 00:31:10 |
| 167 | NEIL HINDLE | M60 | FRA | 00:31:12 |
| 168 | LIAM MODEN | M50 | ACCRINGTON ROAD RUNNERS | 00:31:28 |
| 169 | HELEN HODGKINSON | F40 | TODMORDEN HARRIERS | 00:31:42 |
| 170 | KEVIN WALKER | M60 | | 00:31:45 |
| 171 | JOCASTA FLETCHER | F40 | CVFR | 00:31:49 |
| 172 | CRAIG WELLENS | M40 | ROCHDALE | 00:31:53 |
| 173 | RACHEL HASLAM | F | ASTLEY AND TYDESLEY ROAD RUNNERS | 00:31:56 |

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| 174 | COLETTE COOKE | F | ROCHDALE | 00:32:00 |
| 175 | MARK WOLFENDEN | M50 | RADCLIFFE | 00:32:00 |
| 176 | LISA CARTER | F40 | RADCLIFFE | 00:32:06 |
| 177 | KATE SAVILLE | F40 | SADDLEWORTH RUNNERS | 00:32:13 |
| 178 | JANE LEONARD | F60 | TODMORDEN HARRIERS | 00:32:22 |
| 179 | CARL CHAMBERS | M50 | SADDLEWORTH RUNNERS | 00:32:24 |
| 180 | JAN STAINTHORPE | M40 | MIDDLETON HARRIERS | 00:32:33 |
| 181 | MATTHEW BOTT | M40 | CVFR | 00:32:38 |
| 182 | BEN HUDSON | M | | 00:32:43 |
| 183 | GRAEME WOODWARD | M50 | CVFR | 00:32:50 |
| 184 | JANET ADAMS | F50 | SYO | 00:32:56 |
| 185 | SHIRLEY TUERSLEY | F50 | SADDLEWORTH RUNNERS | 00:32:57 |
| 186 | KATHERYN DAVIES | F50 | RADCLIFFE | 00:33:04 |
| 187 | FRED DUENBIER | M60 | NEWBURGH NOMADS | 00:33:16 |
| 188 | CAROLYN SHIMWELL | F | CVFR | 00:33:43 |
| 189 | SOPHIE CUNNINGHAM | F | TODMORDEN HARRIERS | 00:33:59 |
| 190 | STEVE BOYER | M50 | STAINLAND LIONS | 00:34:02 |
| 191 | SISSSEL LUNDBERG-BURY | F50 | ROSSENDALE | 00:34:06 |
| 192 | MARTIN ELLIS | M50 | HALIFAX HARRIERS | 00:34:06 |
| 193 | KAREN HALLETT | F40 | MIDDLETON HARRIERS | 00:34:08 |
| 194 | CHRIS CASH | M60 | DARWEN DASHERS | 00:34:49 |
| 195 | CRAIG SUTHERLAND | M60 | MIDDLETON HARRIERS | 00:34:50 |
| 196 | VANESSA OLDHAM | F40 | ACCRINGTON ROAD RUNNERS | 00:34:51 |
| 197 | STEVEN CAVELL | M60 | CVFR | 00:34:56 |
| 198 | NICKI CARTWRIGHT | F50 | STADIUM RUNNERS | 00:34:59 |
| 199 | HELEN PEDLEY | F50 | | 00:35:02 |
| 200 | JANET GREENHALGH | F40 | DARWEN DASHERS | 00:35:04 |
| 201 | PAMELA MCCULLAGH | F40 | ACCRINGTON ROAD RUNNERS | 00:35:05 |
| 202 | SHAUN M? | M50 | STAINLAND LIONS | 00:35:11 |
| 203 | ANDREW BIDDLE | M60 | ROSSENDALE | 00:35:38 |
| 204 | ANGELA LEE | F50 | STAINLAND LIONS | 00:35:53 |
| 205 | JOANNE WALSH | F50 | ROCHDALE | 00:35:55 |
| 206 | TAMSIN COOKE | F | CVFR | 00:36:06 |
| 207 | MATT COCHRANE | M60 | NEWBURGH NOMADS | 00:36:28 |
| 208 | CATHERINE MURPHY | F50 | MIDDLETON HARRIERS | 00:36:36 |
| 209 | LOUISE ABDY | F50 | TODMORDEN HARRIERS | 00:36:44 |
| 210 | TONY GREENE | M70 | SADDLEWORTH RUNNERS | 00:36:57 |
| 211 | BRANDON DODSWORTH | M | | 00:36:58 |
| 212 | CHARLES BARLOW | M60 | SADDLEWORTH RUNNERS | 00:37:09 |
| 213 | DENNIS GIBSON | M70 | SADDLEWORTH RUNNERS | 00:37:31 |
| 214 | ROSALIND BEDFORD | F50 | DENBY DALE | 00:38:08 |
| 215 | SCOTT ROBERTSON | M40 | DARWEN DASHERS | 00:38:26 |
| 216 | REBECCA PHELAN | F40 | | 00:38:27 |
| 217 | ASHLEY NAYLOR | M40 | | 00:38:28 |

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| 218 | LOUISE STEVENSON | F60 | ACCRINGTON ROAD RUNNERS | 00:38:33 |
| 219 | HILARY FARREN | F50 | ROSSENDALE | 00:38:37 |
| 220 | JO STEVENS | F40 | HOLCOMBE HARRIERS | 00:38:45 |
| 221 | ABBIE DAGG | F40 | DENBY DALE | 00:38:50 |
| 222 | PAM BARMBY | F50 | TODMORDEN HARRIERS | 00:38:51 |
| 223 | KAREN OKANE | F50 | ACCRINGTON ROAD RUNNERS | 00:40:09 |
| 224 | KATHARINE GREGSON | F40 | ACCRINGTON ROAD RUNNERS | 00:40:10 |
| 225 | CATHERINE UNWIN | F50 | ROCHDALE | 00:41:45 |
| 226 | JILLIAN HEYWOOD | F40 | ROYTON ROAD RUNNERS | 00:41:45 |
| 227 | JIM TAYLOR | M70 | DARWEN DASHERS | 00:42:44 |
| 228 | BRENDA ROBERTS | F70 | SADDLEWORTH RUNNERS | 00:43:14 |
| 229 | ADRIAN MELTON | M70 | ACCRINGTON ROAD RUNNERS | 00:44:56 |
| 230 | GEORGE ARNOLD | M70 | PRESTON HARRIERS | 00:46:55 |
| 231 | ALISON FISHWICK | F40 | | 00:46:56 |
| 232 | ANTONIO CARDINALE | M70 | OTTLEY | 00:47:07 |
| 233 | RICHARD MERCH | M40 | SADDLEWORTH RUNNERS | DNF |