## 17 November 2019

| Pos | Name | Category | Time | 1 High Brown Knoll | 2 Dean Head res | 3 Warley Moor res | 4 Cock Hill fence corner | 5 High Brown Knoll | 6 Ferney Lee gate | 7 Sheepstones | 8 Calderdale Way stile | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Martin How CVFR | MU21 | 01:13:51 | $\begin{aligned} & \text { 00:14:27 (1st) } \\ & 00: 14: 27 \text { (1st) } \end{aligned}$ | $\begin{aligned} & \text { 00:19:39 (1st) } \\ & \text { 00:05:12 (1st) } \end{aligned}$ | $\begin{aligned} & \text { 00:30:52 (1st) } \\ & \text { 00:11:13 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:47 (3rd) } \\ & \text { 00:06:55 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 00:47:25 (1st) } \\ & \text { 00:09:38 (1st) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:16 (1st) } \\ & \text { 00:10:51 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:06:47 (1st) } \\ & \text { 00:08:31 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:11:15 (1st) } \\ & \text { 00:04:28 (3rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:13:51 (1st) } \\ & \text { 00:02:36 (1st) } \end{aligned}$ |
| 2 | Rob James Royton Road Runners | M | 01:14:02 | $\begin{aligned} & \text { 00:14:31 (2nd) } \\ & \text { 00:14:31 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:19:44 (2nd) } \\ & \text { 00:05:13 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:30:55 (2nd) } \\ & \text { 00:11:11 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:44 (2nd) } \\ & \text { 00:06:49 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:47:34 (2nd) } \\ & \text { 00:09:50 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:21 (3rd) } \\ & \text { 00:10:47 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:06:51 (2nd) } \\ & \text { 00:08:30 (1st) } \end{aligned}$ | $\begin{aligned} & \text { 01:11:23 (2nd) } \\ & \text { 00:04:32 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:02 (2nd) } \\ & \text { 00:02:39 (2nd) } \end{aligned}$ |
| 3 | Tom Mitchell Marsden Racers | M | 01:14:36 | $\begin{aligned} & \text { 00:14:35 (3rd) } \\ & 00: 14: 35 \text { (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:19:56 (3rd) } \\ & \text { 00:05:21 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:31:04 (3rd) } \\ & \text { 00:11:08 (1st) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:40 (1st) } \\ & \text { 00:06:36 (1st) } \end{aligned}$ | $\begin{aligned} & \text { 00:47:35 (3rd) } \\ & \text { 00:09:55 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:18 (2nd) } \\ & \text { 00:10:43 (1st) } \end{aligned}$ | $\begin{aligned} & \text { 01:06:53 (3rd) } \\ & \text { 00:08:35 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:11:31 (3rd) } \\ & \text { 00:04:38 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:36 (3rd) } \\ & \text { 00:03:05 (6th) } \end{aligned}$ |
| 4 | Paul Hobbs Todmorden Harriers | M40 | 01:20:40 | $\begin{aligned} & \text { 00:15:45 (9th=) } \\ & 00: 15: 45 \text { (9th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:21:37 (9th) } \\ & \text { 00:05:52 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 00:33:35 (9th) } \\ & \text { 00:11:58 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 00:40:42 (8th) } \\ & \text { 00:07:07 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 00:51:16 (9th) } \\ & \text { 00:10:34 (8th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:02 (9th) } \\ & \text { 00:11:46 (9th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:12:24 (4th) } \\ & 00: 09: 22 \text { (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:32 (5th) } \\ & \text { 00:05:08 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:40 (4th) } \\ & \text { 00:03:08 (8th=) } \end{aligned}$ |
| 5 | Thomas S Unattached | M | 01:20:41 | $\begin{aligned} & \text { 00:15:21 (6th) } \\ & \text { 00:15:21 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 00:21:12 (7th) } \\ & \text { 00:05:51 (8th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:33:05 (6th) } \\ & \text { 00:11:53 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:56 (6th) } \\ & \text { 00:06:51 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:50:30 (6th) } \\ & \text { 00:10:34 (8th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:42 (6th) } \\ & \text { 00:12:12 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:12:49 (6th) } \\ & \text { 00:10:07 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:35 (6th) } \\ & \text { 00:04:46 (7th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:41 (5th) } \\ & \text { 00:03:06 (7th) } \end{aligned}$ |
| 6 | $\begin{aligned} & \mathrm{Ar} \\ & \mathrm{Ur} \end{aligned}$ | M | 01:20:42 | $\begin{aligned} & \text { 00:15:51 (11th) } \\ & \text { 00:15:51 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 00:21:38 (10th) } \\ & \text { 00:05:47 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 00:33:40 (10th) } \\ & \text { 00:12:02 (9th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:40:46 (9th) } \\ & \text { 00:07:06 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 00:51:13 (8th) } \\ & \text { 00:10:27 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:57 (8th) } \\ & \text { 00:11:44 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:12:32 (5th) } \\ & 00: 09: 35 \text { (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:22 (4th) } \\ & \text { 00:04:50 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:42 (6th) } \\ & \text { 00:03:20 (11th) } \end{aligned}$ |
| 7 | Ethan Hassell <br> Wharfedale Harriers | M | 01:20:45 | $\begin{aligned} & \text { 00:14:50 (4th) } \\ & 00: 14: 50 \text { (4th) } \end{aligned}$ | $\begin{aligned} & \text { 00:20:41 (4th) } \\ & 00: 05: 51 \text { (8th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:32:15 (4th) } \\ & 00: 11: 34 \text { (6th) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:14 (4th) } \\ & \text { 00:06:59 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 00:49:17 (4th) } \\ & \text { 00:10:03 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:03 (4th) } \\ & \text { 00:11:46 (9th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:13:47 (12th) } \\ & \text { 00:12:44 (57th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:54 (9th) } \\ & \text { 00:04:07 (1st) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:45 (7th) } \\ & \text { 00:02:51 (3rd) } \end{aligned}$ |
| 8 | Stuart Heaviside Barlick Fell Runners | M | 01:20:47 | $\begin{aligned} & \text { 00:15:58 (13th) } \\ & \text { 00:15:58 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 00:21:43 (11th) } \\ & \text { 00:05:45 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 00:33:45 (11th) } \\ & \text { 00:12:02 (9th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:25 (12th) } \\ & \text { 00:07:40 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 00:52:10 (12th) } \\ & \text { 00:10:45 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:52 (11th) } \\ & \text { 00:11:42 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:13:24 (10th) } \\ & \text { 00:09:32 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:52 (8th) } \\ & \text { 00:04:28 (3rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:47 (8th) } \\ & \text { 00:02:55 (4th) } \end{aligned}$ |
| 9 | $\begin{aligned} & \text { W } \\ & \text { Ur } \end{aligned}$ | MU21 | 01:20:49 | $\begin{aligned} & \text { 00:15:54 (12th) } \\ & \text { 00:15:54 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 00:21:55 (13th) } \\ & \text { 00:06:01 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 00:34:09 (13th) } \\ & \text { 00:12:14 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:30 (13th) } \\ & \text { 00:07:21 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 00:52:17 (13th) } \\ & \text { 00:10:47 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:54 (12th) } \\ & \text { 00:11:37 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:13:00 (7th) } \\ & \text { 00:09:06 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:47 (7th) } \\ & \text { 00:04:47 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:49 (9th) } \\ & \text { 00:03:02 (5th) } \end{aligned}$ |
| 10 | Stephen Hall Ribble Valley Harriers | M40 | 01:21:08 | $\begin{aligned} & \text { 00:15:01 (5th) } \\ & \text { 00:15:01 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 00:21:06 (6th) } \\ & \text { 00:06:05 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 00:32:36 (5th) } \\ & 00: 11: 30 \text { (5th) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:39 (5th) } \\ & \text { 00:07:03 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 00:49:56 (5th) } \\ & \text { 00:10:17 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:24 (5th) } \\ & 00: 11: 28 \text { (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:13:44 (11th) } \\ & \text { 00:12:20 (52nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:18:00 (10th) } \\ & \text { 00:04:16 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:08 (10th) } \\ & \text { 00:03:08 (8th=) } \end{aligned}$ |
| 11 |  | M40 | 01:21:13 | $\begin{aligned} & \text { 00:15:22 (7th) } \\ & \text { 00:15:22 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 00:21:03 (5th) } \\ & \text { 00:05:41 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 00:33:23 (8th) } \\ & \text { 00:12:20 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 00:40:52 (10th) } \\ & \text { 00:07:29 (11th }=) \end{aligned}$ | $\begin{aligned} & \text { 00:51:55 (10th=) } \\ & \text { 00:11:03 (15th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:27 (10th) } \\ & \text { 00:11:32 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:13:18 (9th) } \\ & \text { 00:09:51 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:18:04 (11th) } \\ & \text { 00:04:46 (7th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:13 (11th) } \\ & \text { 00:03:09 (10th) } \end{aligned}$ |
| 12 | Tom Dobra Bristol Orienteering | M | 01:22:12 | $\begin{aligned} & \text { 00:15:36 (8th) } \\ & \text { 00:15:36 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 00:21:53 (12th) } \\ & \text { 00:06:17 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 00:33:16 (7th) } \\ & 00: 11: 23 \text { (4th) } \end{aligned}$ | $\begin{aligned} & \text { 00:40:18 (7th) } \\ & \text { 00:07:02 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 00:50:51 (7th) } \\ & \text { 00:10:33 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:56 (7th) } \\ & \text { 00:12:05 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:13:02 (8th) } \\ & \text { 00:10:06 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:18:16 (12th) } \\ & \text { 00:05:14 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:22:12 (12th) } \\ & \text { 00:03:56 (34th=) } \end{aligned}$ |
| 13 | Chris Goddard Todmorden Harriers | M40 | 01:23:00 | $\begin{aligned} & \text { 00:15:45 (9th=) } \\ & 00: 15: 45 \text { (9th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:21:34 (8th) } \\ & \text { 00:05:49 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 00:33:49 (12th) } \\ & \text { 00:12:15 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:18 (11th) } \\ & \text { 00:07:29 (11th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:51:55 (10th=) } \\ & \text { 00:10:37 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:04:31 (13th) } \\ & \text { 00:12:36 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:07 (13th) } \\ & \text { 00:09:36 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:22 (13th) } \\ & \text { 00:05:15 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:00 (13th) } \\ & \text { 00:03:38 (22nd=) } \end{aligned}$ |
| 14 | Annie Roberts Todmorden Harriers | W | 01:26:46 | $\begin{aligned} & \text { 00:16:28 (15th) } \\ & \text { 00:16:28 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 00:22:37 (15th) } \\ & \text { 00:06:09 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 00:34:53 (14th) } \\ & \text { 00:12:16 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 00:42:35 (14th) } \\ & \text { 00:07:42 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 00:53:38 (14th) } \\ & \text { 00:11:03 (15th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:06:38 (14th) } \\ & \text { 00:13:00 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:36 (14th) } \\ & \text { 00:10:58 (27th) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:09 (14th) } \\ & \text { 00:05:33 (32nd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:46 (14th) } \\ & \text { 00:03:37 (21st) } \end{aligned}$ |
| 15 | Ben Holmes Todmorden Harriers | M | 01:26:57 | $\begin{aligned} & \text { 00:17:45 (20th) } \\ & \text { 00:17:45 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 00:24:13 (19th) } \\ & \text { 00:06:28 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:29 (19th) } \\ & \text { 00:13:16 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:10 (19th) } \\ & \text { 00:07:41 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:00 (16th) } \\ & \text { 00:10:50 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:08:28 (15th) } \\ & \text { 00:12:28 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:18:22 (15th) } \\ & \text { 00:09:54 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:29 (15th) } \\ & \text { 00:05:07 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:57 (15th) } \\ & \text { 00:03:28 (14th) } \end{aligned}$ |
| 16 | Natasha Butterfield CVFR | W40 | 01:27:46 | $\begin{aligned} & \text { 00:18:24 (26th=) } \\ & 00: 18: 24 \text { (26th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:24:50 (25th) } \\ & \text { 00:06:26 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:33 (20th) } \\ & \text { 00:12:43 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:31 (20th) } \\ & \text { 00:07:58 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:25 (20th) } \\ & \text { 00:10:54 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:08:38 (17th) } \\ & \text { 00:12:13 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:18:52 (17th) } \\ & \text { 00:10:14 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:15 (17th) } \\ & \text { 00:05:23 (24th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:46 (16th) } \\ & \text { 00:03:31 (15th) } \end{aligned}$ |
| 17 | Michael Sanderson Holmfirth Harriers | M | 01:27:53 | $\begin{aligned} & \text { 00:17:22 (18th) } \\ & \text { 00:17:22 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 00:23:26 (18th) } \\ & \text { 00:06:04 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 00:36:49 (18th) } \\ & \text { 00:13:23 (25th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:00 (18th) } \\ & \text { 00:08:11 (26th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:11 (19th) } \\ & \text { 00:11:11 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 01:08:32 (16th) } \\ & \text { 00:12:21 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:18:47 (16th) } \\ & \text { 00:10:15 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:08 (16th) } \\ & \text { 00:05:21 (22nd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:53 (17th) } \\ & \text { 00:03:45 (25th=) } \end{aligned}$ |
| 18 | Mark Burley Macclesfield Hariers | M | 01:29:01 | $\begin{aligned} & \text { 00:18:06 (22nd) } \\ & \text { 00:18:06 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:24:39 (21st) } \\ & \text { 00:06:33 (25th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:41 (21st) } \\ & \text { 00:13:02 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:47 (22nd) } \\ & \text { 00:08:06 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:04 (21st) } \\ & \text { 00:11:17 (19th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:09:55 (22nd) } \\ & \text { 00:12:51 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:16 (18th) } \\ & \text { 00:10:21 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:39 (18th) } \\ & \text { 00:05:23 (24th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:01 (18th) } \\ & \text { 00:03:22 (12th) } \end{aligned}$ |
| 19 | Rob Rawlinson CVFR | M40 | 01:29:07 | $\begin{aligned} & 00: 18: 24(26 \mathrm{th}=) \\ & 00: 18: 24 \text { (26th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:24:46 (23rd) } \\ & \text { 00:06:22 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:44 (22nd) } \\ & \text { 00:12:58 (16th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:49 (23rd) } \\ & \text { 00:08:05 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:06 (22nd) } \\ & \text { 00:11:17 (19th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:09:43 (20th) } \\ & \text { 00:12:37 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:34 (19th) } \\ & \text { 00:10:51 (25th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:44 (19th) } \\ & \text { 00:05:10 (15th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:07 (19th) } \\ & \text { 00:03:23 (13th) } \end{aligned}$ |
| 20 | James Tingle Unattached | M | 01:29:47 | $\begin{aligned} & \text { 00:18:26 (28th) } \\ & \text { 00:18:26 (28th) } \end{aligned}$ | $\begin{aligned} & \text { 00:24:56 (27th) } \\ & \text { 00:06:30 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:18 (26th) } \\ & \text { 00:13:22 (23rd=) } \end{aligned}$ | $\begin{aligned} & \text { 00:46:25 (27th) } \\ & \text { 00:08:07 (22nd=) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:54 (27th) } \\ & \text { 00:11:29 (31st) } \end{aligned}$ | $\begin{aligned} & \text { 01:10:50 (25th) } \\ & \text { 00:12:56 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:08 (22nd) } \\ & \text { 00:10:18 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:13 (21st) } \\ & \text { 00:05:05 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:47 (20th) } \\ & \text { 00:03:34 (17th=) } \end{aligned}$ |
| 21 | Giles Bailey Meltham AC | M50 | 01:29:53 | $\begin{aligned} & \text { 00:18:21 (25th) } \\ & \text { 00:18:21 (25th) } \end{aligned}$ | $\begin{aligned} & \text { 00:24:53 (26th) } \\ & \text { 00:06:32 (23rd=) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:07 (25th) } \\ & \text { 00:13:14 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 00:46:19 (25th=) } \\ & \text { 00:08:12 (28th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:38 (25th) } \\ & \text { 00:11:19 (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:10:52 (26th) } \\ & \text { 00:13:14 (27th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:14 (24th) } \\ & \text { 00:10:22 (18th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:17 (22nd) } \\ & \text { 00:05:03 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:53 (21st) } \\ & \text { 00:03:36 (19th=) } \end{aligned}$ |


| 22 | Christopher Kay Unattached | M | 01:30:00 | $\begin{aligned} & \text { 00:18:11 (24th) } \\ & 00: 18: 11 \text { (24th) } \end{aligned}$ | $\begin{aligned} & \text { 00:24:48 (24th) } \\ & 00: 06: 37 \text { (27th) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:46 (23rd) } \\ & \text { 00:12:58 (16th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:46 (21st) } \\ & \text { 00:08:00 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:09 (23rd) } \\ & \text { 00:11:23 (26th) } \end{aligned}$ | $\begin{aligned} & \text { 01:09:58 (23rd) } \\ & \text { 00:12:49 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:39 (20th) } \\ & \text { 00:10:41 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:07 (20th) } \\ & \text { 00:05:28 (27th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:00 (22nd) } \\ & \text { 00:03:53 (32nd=) } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 23 | Paul Needham Trawden AC | M50 | 01:30:10 | $\begin{aligned} & \text { 00:18:10 (23rd) } \\ & 00: 18: 10 \text { (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:24:42 (22nd) } \\ & 00: 06: 32 \text { (23rd=) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:04 (24th) } \\ & \text { 00:13:22 (23rd=) } \end{aligned}$ | $\begin{aligned} & \text { 00:46:11 (24th) } \\ & \text { 00:08:07 (22nd=) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:35 (24th) } \\ & 00: 11: 24 \text { (27th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:10:48 (24th) } \\ & 00: 13: 13 \text { (25th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:12 (23rd) } \\ & \text { 00:10:24 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:22 (23rd) } \\ & \text { 00:05:10 (15th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:10 (23rd) } \\ & \text { 00:03:48 (29th) } \end{aligned}$ |
| 24 | Des Thorpe <br> Saddleworth Runners | M50 | 01:30:20 | $\begin{aligned} & \text { 00:18:30 (29th) } \\ & \text { 00:18:30 (29th) } \end{aligned}$ | $\begin{aligned} & \text { 00:25:23 (29th) } \\ & \text { 00:06:53 (29th) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:31 (28th) } \\ & \text { 00:13:08 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 00:46:19 (25th=) } \\ & \text { 00:07:48 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:40 (26th) } \\ & \text { 00:11:21 (25th) } \end{aligned}$ | $\begin{aligned} & \text { 01:11:04 (27th) } \\ & \text { 00:13:24 (30th) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:16 (25th) } \\ & \text { 00:10:12 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:27 (24th) } \\ & \text { 00:05:11 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:20 (24th) } \\ & \text { 00:03:53 (32nd=) } \end{aligned}$ |
| 25 | lain Pow CVFR | M40 | 01:30:53 | $\begin{aligned} & \text { 00:16:16 (14th) } \\ & \text { 00:16:16 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 00:22:30 (14th) } \\ & \text { 00:06:14 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 00:36:02 (15th) } \\ & \text { 00:13:32 (29th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:43:55 (15th) } \\ & \text { 00:07:53 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 00:55:59 (15th) } \\ & \text { 00:12:04 (40th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:09:49 (21st) } \\ & \text { 00:13:50 (35th) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:31 (26th) } \\ & 00: 11: 42 \text { (45th) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:52 (25th) } \\ & \text { 00:05:21 (22nd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:53 (25th) } \\ & \text { 00:04:01 (38th=) } \end{aligned}$ |
| 26 | Gareth Lee Unattached | M | 01:32:14 | $\begin{aligned} & \text { 00:16:49 (17th) } \\ & \text { 00:16:49 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 00:23:05 (17th) } \\ & \text { 00:06:16 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 00:36:30 (17th) } \\ & \text { 00:13:25 (27th) } \end{aligned}$ | $\begin{aligned} & \text { 00:44:43 (17th) } \\ & \text { 00:08:13 (30th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:07 (18th) } \\ & \text { 00:11:24 (27th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:08:59 (18th) } \\ & \text { 00:12:52 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:52 (21st) } \\ & 00: 11: 53 \text { (48th) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:32 (26th) } \\ & \text { 00:06:40 (59th) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:14 (26th) } \\ & \text { 00:04:42 (59th=) } \end{aligned}$ |
| 27 | Ricky Parrish Todmorden Harriers | M | 01:32:55 | $\begin{aligned} & \text { 00:16:34 (16th) } \\ & \text { 00:16:34 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 00:22:49 (16th) } \\ & \text { 00:06:15 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 00:36:04 (16th) } \\ & \text { 00:13:15 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 00:44:14 (16th) } \\ & \text { 00:08:10 (25th) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:05 (17th) } \\ & \text { 00:11:51 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 01:09:37 (19th) } \\ & \text { 00:13:32 (31st) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:41 (27th) } \\ & \text { 00:12:04 (49th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:28:05 (27th) } \\ & \text { 00:06:24 (52nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:55 (27th) } \\ & \text { 00:04:50 (62nd) } \end{aligned}$ |
| 28 | Anthony Costello CVFR | M50 | 01:34:01 | $\begin{aligned} & \text { 00:17:28 (19th) } \\ & \text { 00:17:28 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 00:24:37 (20th) } \\ & \text { 00:07:09 (38th) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:03 (29th) } \\ & \text { 00:14:26 (44th) } \end{aligned}$ | $\begin{aligned} & \text { 00:47:41 (29th) } \\ & \text { 00:08:38 (41st) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:33 (31st) } \\ & \text { 00:11:52 (38th) } \end{aligned}$ | $\begin{aligned} & \text { 01:13:39 (29th) } \\ & \text { 00:14:06 (39th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:53 (30th) } \\ & \text { 00:11:14 (32nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:25 (30th) } \\ & \text { 00:05:32 (31st) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:01 (28th=) } \\ & \text { 00:03:36 (19th=) } \end{aligned}$ |
| 29 | Phillip Rober Unattached | M40 | 01:34:01 | $\begin{aligned} & \text { 00:20:15 (49th) } \\ & \text { 00:20:15 (49th) } \end{aligned}$ | $\begin{aligned} & \text { 00:27:52 (49th) } \\ & \text { 00:07:37 (48th) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:30 (40th) } \\ & \text { 00:13:38 (31st) } \end{aligned}$ | $\begin{aligned} & \text { 00:49:39 (39th) } \\ & \text { 00:08:09 (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:47 (35th) } \\ & \text { 00:11:08 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:13:49 (30th) } \\ & \text { 00:13:02 (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:48 (28th) } \\ & \text { 00:10:59 (28th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:23 (29th) } \\ & \text { 00:05:35 (34th) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:01 (28th=) } \\ & \text { 00:03:38 (22nd=) } \end{aligned}$ |
| 30 | Steve Sanders Penistone F R | M40 | 01:34:06 | $\begin{aligned} & \text { 00:19:37 (38th) } \\ & \text { 00:19:37 (38th) } \end{aligned}$ | $\begin{aligned} & \text { 00:26:17 (35th) } \\ & \text { 00:06:40 (28th) } \end{aligned}$ | $\begin{aligned} & \text { 00:40:46 (36th) } \\ & 00: 14: 29 \text { (45th) } \end{aligned}$ | $\begin{aligned} & \text { 00:48:57 (35th) } \\ & \text { 00:08:11 (26th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:22 (34th) } \\ & \text { 00:11:25 (30th) } \end{aligned}$ | $\begin{aligned} & \text { 01:13:36 (28th) } \\ & \text { 00:13:14 (27th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:12 (33rd) } \\ & 00: 11: 36 \text { (43rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:32 (33rd) } \\ & \text { 00:05:20 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:06 (30th) } \\ & \text { 00:03:34 (17th=) } \end{aligned}$ |
| 31 | Nicholas Walker KCAC | M | 01:34:08 | $\begin{aligned} & \text { 00:20:13 (48th) } \\ & \text { 00:20:13 (48th) } \end{aligned}$ | $\begin{aligned} & \text { 00:27:34 (46th) } \\ & \text { 00:07:21 (40th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:45 (43rd) } \\ & \text { 00:14:11 (38th) } \end{aligned}$ | $\begin{aligned} & \text { 00:49:58 (42nd) } \\ & \text { 00:08:13 (30th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:22 (41st) } \\ & \text { 00:11:24 (27th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:35 (37th) } \\ & \text { 00:13:13 (25th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:23 (35th) } \\ & 00: 10: 48 \text { (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:36 (34th) } \\ & \text { 00:05:13 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:08 (31st) } \\ & \text { 00:03:32 (16th) } \end{aligned}$ |
| 32 | Dave Stephenson Bingley | M50 | 01:34:10 | $\begin{aligned} & \text { 00:18:59 (32nd) } \\ & \text { 00:18:59 (32nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:26:03 (33rd) } \\ & \text { 00:07:04 (34th) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:35 (31st) } \\ & \text { 00:13:32 (29th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:47:51 (30th) } \\ & \text { 00:08:16 (34th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:09 (29th) } \\ & \text { 00:11:18 (21st=) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:28 (34th) } \\ & \text { 00:15:19 (46th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:50 (29th) } \\ & \text { 00:10:22 (18th }=) \end{aligned}$ | $\begin{aligned} & \text { 01:30:21 (28th) } \\ & \text { 00:05:31 (28th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:10 (32nd) } \\ & \text { 00:03:49 (30th=) } \end{aligned}$ |
| 33 | Dan Jo CVFR | M | 01:34:16 | $\begin{aligned} & \text { 00:19:39 (39th) } \\ & \text { 00:19:39 (39th) } \end{aligned}$ | $\begin{aligned} & \text { 00:26:45 (39th) } \\ & \text { 00:07:06 (35th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:40:50 (37th) } \\ & \text { 00:14:05 (35th) } \end{aligned}$ | $\begin{aligned} & \text { 00:49:25 (37th) } \\ & \text { 00:08:35 (39th) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:56 (38th) } \\ & \text { 00:11:31 (32nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:08 (31st) } \\ & \text { 00:13:12 (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:59 (32nd) } \\ & \text { 00:10:51 (25th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:30 (32nd) } \\ & \text { 00:05:31 (28th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:16 (33rd) } \\ & \text { 00:03:46 (27th=) } \end{aligned}$ |
| 34 | Seamus O'Riordan Rossendale Harriers | M40 | 01:34:23 | $\begin{aligned} & \text { 00:18:37 (30th) } \\ & \text { 00:18:37 (30th) } \end{aligned}$ | $\begin{aligned} & \text { 00:25:58 (31st) } \\ & \text { 00:07:21 (40th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:40:08 (34th) } \\ & \text { 00:14:10 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 00:48:44 (33rd) } \\ & \text { 00:08:36 (40th) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:18 (32nd) } \\ & 00: 11: 34 \text { (34th) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:11 (32nd) } \\ & \text { 00:13:53 (36th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:56 (31st) } \\ & 00: 10: 45 \text { (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:27 (31st) } \\ & \text { 00:05:31 (28th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:23 (34th) } \\ & \text { 00:03:56 (34th=) } \end{aligned}$ |
| 35 | Cass Chisholm CVFR | W | 01:34:52 | $\begin{aligned} & \text { 00:19:57 (43rd) } \\ & \text { 00:19:57 (43rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:27:25 (43rd) } \\ & \text { 00:07:28 (45th) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:41 (42nd) } \\ & \text { 00:14:16 (39th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:49:53 (41st) } \\ & \text { 00:08:12 (28th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:11 (40th) } \\ & \text { 00:11:18 (21st=) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:33 (36th) } \\ & \text { 00:13:22 (29th) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:38 (38th) } \\ & \text { 00:11:05 (31st) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:14 (36th) } \\ & \text { 00:05:36 (35th) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:52 (35th) } \\ & \text { 00:03:38 (22nd=) } \end{aligned}$ |
| 36 | Anthony McCarthy Meltham AC | M50 | 01:34:58 | $\begin{aligned} & \text { 00:18:00 (21st) } \\ & \text { 00:18:00 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 00:25:02 (28th) } \\ & \text { 00:07:02 (33rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:25 (27th) } \\ & \text { 00:13:23 (25th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:46:39 (28th) } \\ & \text { 00:08:14 (32nd=) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:38 (28th) } \\ & \text { 00:11:59 (39th) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:38 (38th) } \\ & \text { 00:16:00 (52nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:20 (34th) } \\ & \text { 00:10:42 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:57 (35th) } \\ & \text { 00:05:37 (36th) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:58 (36th) } \\ & \text { 00:04:01 (38th=) } \end{aligned}$ |
| 37 | Stephen Ellison Mounts Bay Harriers | M | 01:35:03 | $\begin{aligned} & \text { 00:19:02 (33rd) } \\ & \text { 00:19:02 (33rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:25:35 (30th) } \\ & \text { 00:06:33 (25th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:39 (32nd) } \\ & \text { 00:14:04 (34th) } \end{aligned}$ | $\begin{aligned} & \text { 00:47:53 (31st) } \\ & \text { 00:08:14 (32nd=) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:11 (30th) } \\ & \text { 00:11:18 (21st=) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:29 (35th) } \\ & \text { 00:15:18 (45th) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:32 (37th) } \\ & \text { 00:11:03 (29th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:18 (37th) } \\ & \text { 00:05:46 (38th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:03 (37th) } \\ & \text { 00:03:45 (25th=) } \end{aligned}$ |
| 38 | Andy Poole Saddleworth Runners | M50 | 01:35:35 | $\begin{aligned} & \text { 00:18:52 (31st) } \\ & \text { 00:18:52 (31st) } \end{aligned}$ | $\begin{aligned} & \text { 00:26:00 (32nd) } \\ & \text { 00:07:08 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:30 (30th) } \\ & \text { 00:13:30 (28th) } \end{aligned}$ | $\begin{aligned} & \text { 00:48:11 (32nd) } \\ & \text { 00:08:41 (42nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:21 (33rd) } \\ & \text { 00:12:10 (44th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:26 (33rd) } \\ & \text { 00:14:05 (38th) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:30 (36th) } \\ & \text { 00:11:04 (30th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:23 (38th) } \\ & \text { 00:05:53 (42nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:35 (38th) } \\ & \text { 00:04:12 (46th=) } \end{aligned}$ |
| 39 | Mike Clayton CVFR | M | 01:35:54 | $\begin{aligned} & \text { 00:19:06 (35th) } \\ & \text { 00:19:06 (35th) } \end{aligned}$ | $\begin{aligned} & \text { 00:26:12 (34th) } \\ & \text { 00:07:06 (35th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:40:04 (33rd) } \\ & 00: 13: 52 \text { (32nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:48:49 (34th) } \\ & 00: 08: 45 \text { (45th }=) \end{aligned}$ | $\begin{aligned} & \text { 01:00:54 (36th=) } \\ & \text { 00:12:05 (42nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:40 (39th) } \\ & \text { 00:13:46 (33rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:57 (39th) } \\ & \text { 00:11:17 (33rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:45 (39th) } \\ & \text { 00:05:48 (40th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:54 (39th) } \\ & \text { 00:04:09 (43rd=) } \end{aligned}$ |
| 40 | Steven Perren Meltham AC | M50 | 01:36:23 | $\begin{aligned} & \text { 00:19:44 (41st) } \\ & \text { 00:19:44 (41st) } \end{aligned}$ | $\begin{aligned} & \text { 00:27:06 (40th) } \\ & \text { 00:07:22 (42nd=) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:05 (38th) } \\ & \text { 00:13:59 (33rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:49:32 (38th) } \\ & \text { 00:08:27 (36th) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:05 (39th) } \\ & \text { 00:11:33 (33rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:51 (40th) } \\ & \text { 00:13:46 (33rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:08 (40th) } \\ & \text { 00:11:17 (33rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:14 (40th) } \\ & \text { 00:06:06 (47th) } \end{aligned}$ | $\begin{aligned} & \text { 01:36:23 (40th) } \\ & \text { 00:04:09 (43rd=) } \end{aligned}$ |
| 41 | Dave Weedon <br> Todmorden Harriers | M40 | 01:36:39 | $\begin{aligned} & \text { 00:19:22 (36th) } \\ & \text { 00:19:22 (36th) } \end{aligned}$ | $\begin{aligned} & \text { 00:26:22 (36th) } \\ & \text { 00:07:00 (31st=) } \end{aligned}$ | $\begin{aligned} & \text { 00:40:40 (35th) } \\ & \text { 00:14:18 (41st) } \end{aligned}$ | $\begin{aligned} & \text { 00:49:05 (36th) } \\ & \text { 00:08:25 (35th) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:54 (36th=) } \\ & \text { 00:11:49 (35th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:15:23 (41st) } \\ & \text { 00:14:29 (42nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:41 (41st) } \\ & 00: 11: 18 \text { (36th) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:40 (41st) } \\ & \text { 00:05:59 (45th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:36:39 (41st) } \\ & \text { 00:03:59 (37th) } \end{aligned}$ |
| 42 | William Rushworth Stainland Lions | M | 01:37:22 | $\begin{aligned} & \text { 00:20:09 (47th) } \\ & \text { 00:20:09 (47th) } \end{aligned}$ | $\begin{aligned} & \text { 00:27:50 (48th) } \\ & \text { 00:07:41 (49th) } \end{aligned}$ | $\begin{aligned} & \text { 00:42:22 (48th) } \\ & \text { 00:14:32 (47th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:51:08 (48th) } \\ & \text { 00:08:46 (47th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:57 (44th=) } \\ & \text { 00:11:49 (35th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:16:56 (43rd) } \\ & \text { 00:13:59 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 01:28:13 (43rd) } \\ & 00: 11: 17 \text { (33rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:33:36 (42nd) } \\ & \text { 00:05:23 (24th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:22 (42nd) } \\ & \text { 00:03:46 (27th=) } \end{aligned}$ |
| 43 | Matt Wilcock Trawden AC | M50 | 01:37:35 | $\begin{aligned} & \text { 00:19:32 (37th) } \\ & \text { 00:19:32 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 00:26:32 (38th) } \\ & \text { 00:07:00 (31st=) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:14 (39th) } \\ & \text { 00:14:42 (50th) } \end{aligned}$ | $\begin{aligned} & \text { 00:49:48 (40th) } \\ & \text { 00:08:34 (38th) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:57 (42nd) } \\ & 00: 12: 09 \text { (43rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:16:17 (42nd) } \\ & \text { 00:14:20 (40th) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:56 (42nd) } \\ & \text { 00:11:39 (44th) } \end{aligned}$ | $\begin{aligned} & \text { 01:33:39 (43rd) } \\ & \text { 00:05:43 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:35 (43rd) } \\ & \text { 00:03:56 (34th=) } \end{aligned}$ |
| 44 | Mark Buskwood Totley AC | M50 | 01:38:08 | $\begin{aligned} & \text { 00:20:18 (50th) } \\ & \text { 00:20:18 (50th) } \end{aligned}$ | $\begin{aligned} & \text { 00:27:31 (45th) } \\ & \text { 00:07:13 (39th) } \end{aligned}$ | $\begin{aligned} & \text { 00:42:20 (47th) } \\ & 00: 14: 49 \text { (51st) } \end{aligned}$ | $\begin{aligned} & \text { 00:51:06 (47th) } \\ & \text { 00:08:46 (47th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:16 (47th) } \\ & \text { 00:12:10 (44th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:01 (44th) } \\ & \text { 00:13:45 (32nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:28:32 (45th) } \\ & \text { 00:11:31 (42nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:05 (44th) } \\ & \text { 00:05:33 (32nd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:38:08 (44th) } \\ & \text { 00:04:03 (41st) } \end{aligned}$ |
| 45 | Thornton Taylor Rossendale Harriers | M60 | 01:38:37 | $\begin{aligned} & \text { 00:20:00 (44th) } \\ & \text { 00:20:00 (44th) } \end{aligned}$ | $\begin{aligned} & \text { 00:27:29 (44th) } \\ & \text { 00:07:29 (46th) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:53 (45th) } \\ & \text { 00:14:24 (43rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:50:37 (44th) } \\ & \text { 00:08:44 (43rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:41 (43rd) } \\ & \text { 00:12:04 (40th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:03 (45th) } \\ & \text { 00:14:22 (41st) } \end{aligned}$ | $\begin{aligned} & \text { 01:28:30 (44th) } \\ & \text { 00:11:27 (38th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:17 (45th) } \\ & \text { 00:05:47 (39th) } \end{aligned}$ | $\begin{aligned} & \text { 01:38:37 (45th) } \\ & \text { 00:04:20 (49th) } \end{aligned}$ |
| 46 | Stebben Bracewell Unattached | M | 01:39:06 | $\begin{aligned} & \text { 00:20:05 (46th) } \\ & 00: 20: 05 \text { (46th) } \end{aligned}$ | 00:28:11 (52nd) <br> 00:08:06 (52nd=) | $\begin{aligned} & \text { 00:42:27 (50th) } \\ & \text { 00:14:16 (39th }=) \end{aligned}$ | $\begin{aligned} & \text { 00:50:55 (46th) } \\ & \text { 00:08:28 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:10 (46th) } \\ & \text { 00:12:15 (47th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:57 (47th) } \\ & 00: 14: 47 \text { (43rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:26 (47th) } \\ & \text { 00:11:29 (41st) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:17 (46th) } \\ & \text { 00:05:51 (41st) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:06 (46th) } \\ & \text { 00:03:49 (30th=) } \end{aligned}$ |


| 47 | Ronnie Turner Rossendale Harriers | M50 | 01:39:21 | $\begin{aligned} & \text { 00:19:41 (40th) } \\ & \text { 00:19:41 (40th) } \end{aligned}$ | $\begin{aligned} & \text { 00:27:15 (41st) } \\ & 00: 07: 34 \text { (47th) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:36 (41st) } \\ & 00: 14: 21 \text { (42nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:50:25 (43rd) } \\ & \text { 00:08:49 (49th) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:57 (44th=) } \\ & \text { 00:12:32 (49th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:55 (46th) } \\ & \text { 00:14:58 (44th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:23 (46th) } \\ & \text { 00:11:28 (40th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:20 (47th) } \\ & \text { 00:05:57 (43rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:21 (47th) } \\ & 00: 04: 01 \text { (38th=) } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 48 | Helen Price Harrogate Harriers | W40 | 01:42:05 | $\begin{aligned} & \text { 00:20:01 (45th) } \\ & \text { 00:20:01 (45th) } \end{aligned}$ | $\begin{aligned} & \text { 00:28:07 (51st) } \\ & \text { 00:08:06 (52nd=) } \end{aligned}$ | $\begin{aligned} & \text { 00:42:39 (51st) } \\ & \text { 00:14:32 (47th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:51:29 (50th) } \\ & \text { 00:08:50 (50th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:04:10 (51st) } \\ & \text { 00:12:41 (51st) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:38 (48th) } \\ & \text { 00:15:28 (48th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:04 (48th) } \\ & \text { 00:11:26 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:21 (48th) } \\ & \text { 00:06:17 (49th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:05 (48th) } \\ & \text { 00:04:44 (61st) } \end{aligned}$ |
| 49 | Graeme Smith Holmfirth Harriers | M40 | 01:43:00 | $\begin{aligned} & \text { 00:20:32 (54th) } \\ & \text { 00:20:32 (54th) } \end{aligned}$ | $\begin{aligned} & \text { 00:27:54 (50th) } \\ & \text { 00:07:22 (42nd=) } \end{aligned}$ | $\begin{aligned} & \text { 00:42:25 (49th) } \\ & \text { 00:14:31 (46th) } \end{aligned}$ | $\begin{aligned} & \text { 00:51:15 (49th) } \\ & \text { 00:08:50 (50th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:55 (49th) } \\ & \text { 00:12:40 (50th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:29 (49th) } \\ & \text { 00:16:34 (57th) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:21 (49th) } \\ & \text { 00:11:52 (47th) } \end{aligned}$ | $\begin{aligned} & \text { 01:38:48 (49th) } \\ & \text { 00:06:27 (53rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:00 (49th) } \\ & \text { 00:04:12 (46th=) } \end{aligned}$ |
| 50 | Philip Hobbs Holmfirth Harriers | M50 | 01:43:39 | 00:21:35 (59th) <br> 00:21:35 (59th) | $\begin{aligned} & \text { 00:29:47 (59th) } \\ & \text { 00:08:12 (55th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:13 (57th) } \\ & \text { 00:15:26 (55th) } \end{aligned}$ | $\begin{aligned} & \text { 00:53:57 (55th) } \\ & 00: 08: 44 \text { (43rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:06:17 (55th) } \\ & \text { 00:12:20 (48th) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:40 (53rd) } \\ & \text { 00:15:23 (47th) } \end{aligned}$ | $\begin{aligned} & \text { 01:33:27 (51st) } \\ & 00: 11: 47 \text { (46th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:25 (50th) } \\ & \text { 00:05:58 (44th) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:39 (50th) } \\ & \text { 00:04:14 (48th) } \end{aligned}$ |
| 51 | James Cooke CVFR | M | 01:44:01 | $\begin{aligned} & \text { 00:19:47 (42nd) } \\ & 00: 19: 47 \text { (42nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:27:46 (47th) } \\ & \text { 00:07:59 (50th }=) \end{aligned}$ | $\begin{aligned} & \text { 00:42:51 (52nd) } \\ & \text { 00:15:05 (53rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:52:30 (53rd) } \\ & \text { 00:09:39 (62nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:05:23 (52nd) } \\ & 00: 12: 53 \text { (54th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:57 (51st) } \\ & \text { 00:15:34 (49th) } \end{aligned}$ | $\begin{aligned} & \text { 01:33:32 (52nd) } \\ & \text { 00:12:35 (54th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:54 (52nd) } \\ & \text { 00:06:22 (50th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:44:01 (51st) } \\ & \text { 00:04:07 (42nd) } \end{aligned}$ |
| 52 | David Barnes <br> Horwich RMI Harriers | M60 | 01:44:08 | $\begin{aligned} & \text { 00:20:27 (53rd) } \\ & 00: 20: 27 \text { (53rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:28:48 (53rd) } \\ & \text { 00:08:21 (59th) } \end{aligned}$ | $\begin{aligned} & \text { 00:42:54 (53rd) } \\ & \text { 00:14:06 (36th) } \end{aligned}$ | $\begin{aligned} & \text { 00:51:39 (52nd) } \\ & \text { 00:08:45 (45th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:51 (48th) } \\ & \text { 00:12:12 (46th) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:35 (52nd) } \\ & \text { 00:17:44 (63rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:33:02 (50th) } \\ & \text { 00:11:27 (38th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:35 (51st) } \\ & \text { 00:06:33 (56th) } \end{aligned}$ | 01:44:08 (52nd) 00:04:33 (56th) |
| 53 | Honor Thompson Skelmersdale B H | W40 | 01:44:35 | $\begin{aligned} & \text { 00:20:20 (51st) } \\ & \text { 00:20:20 (51st) } \end{aligned}$ | $\begin{aligned} & \text { 00:29:04 (54th) } \\ & \text { 00:08:44 (63rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:44:00 (54th) } \\ & \text { 00:14:56 (52nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:53:11 (54th) } \\ & \text { 00:09:11 (54th) } \end{aligned}$ | $\begin{aligned} & \text { 01:06:07 (54th) } \\ & \text { 00:12:56 (55th) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:58 (55th) } \\ & \text { 00:15:51 (50th) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:02 (54th) } \\ & \text { 00:12:04 (49th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:40:11 (53rd) } \\ & \text { 00:06:09 (48th) } \end{aligned}$ | $\begin{aligned} & \text { 01:44:35 (53rd) } \\ & 00: 04: 24 \text { (52nd=) } \end{aligned}$ |
| 54 | Keith Baird Holmfirth Harriers | M40 | 01:45:44 | $\begin{aligned} & \text { 00:20:21 (52nd) } \\ & 00: 20: 21 \text { (52nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:27:18 (42nd) } \\ & \text { 00:06:57 (30th) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:50 (44th) } \\ & 00: 14: 32 \text { (47th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:50:41 (45th) } \\ & \text { 00:08:51 (52nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:56 (50th) } \\ & \text { 00:13:15 (57th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:47 (50th) } \\ & \text { 00:16:51 (58th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:33:54 (53rd) } \\ & \text { 00:13:07 (60th) } \end{aligned}$ | $\begin{aligned} & \text { 01:40:36 (54th) } \\ & \text { 00:06:42 (60th) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:44 (54th) } \\ & \text { 00:05:08 (67th=) } \end{aligned}$ |
| 55 | $\begin{aligned} & \text { Tim B } \\ & \text { CVFF } \end{aligned}$ | M50 | 01:45:56 | $\begin{aligned} & \text { 00:19:05 (34th) } \\ & \text { 00:19:05 (34th) } \end{aligned}$ | $\begin{aligned} & \text { 00:26:27 (37th) } \\ & \text { 00:07:22 (42nd=) } \end{aligned}$ | 00:41:56 (46th) 00:15:29 (56th) | $\begin{aligned} & \text { 00:51:31 (51st) } \\ & \text { 00:09:35 (60th) } \end{aligned}$ | $\begin{aligned} & \text { 01:05:57 (53rd) } \\ & \text { 00:14:26 (67th) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:56 (54th) } \\ & \text { 00:15:59 (51st) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:13 (55th) } \\ & 00: 13: 17 \text { (63rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:41:35 (55th) } \\ & \text { 00:06:22 (50th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:56 (55th) } \\ & \text { 00:04:21 (50th=) } \end{aligned}$ |
| 56 | Martyn Price Harrogate Harriers | M50 | 01:47:30 | $\begin{aligned} & \text { 00:21:18 (58th) } \\ & \text { 00:21:18 (58th) } \end{aligned}$ | $\begin{aligned} & \text { 00:29:30 (57th) } \\ & \text { 00:08:12 (55th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:15 (58th) } \\ & \text { 00:15:45 (60th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:54:32 (58th) } \\ & \text { 00:09:17 (58th) } \end{aligned}$ | $\begin{aligned} & \text { 01:07:53 (58th) } \\ & \text { 00:13:21 (58th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:20 (57th) } \\ & \text { 00:16:27 (56th) } \end{aligned}$ | $\begin{aligned} & \text { 01:36:34 (56th) } \\ & \text { 00:12:14 (51st) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:02 (56th) } \\ & \text { 00:06:28 (54th) } \end{aligned}$ | 01:47:30 (56th) <br> 00:04:28 (54th=) |
| 57 | Patrick Garland Unattached | M50 | 01:47:48 | $\begin{aligned} & \text { 00:21:10 (57th) } \\ & 00: 21: 10 \text { ( } 57 \text { th) } \end{aligned}$ | $\begin{aligned} & \text { 00:29:34 (58th) } \\ & \text { 00:08:24 (61st) } \end{aligned}$ | 00:45:17 (59th) 00:15:43 (59th) | $\begin{aligned} & \text { 00:54:20 (57th) } \\ & \text { 00:09:03 (53rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:07:02 (56th) } \\ & \text { 00:12:42 (52nd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:53 (56th) } \\ & \text { 00:16:51 (58th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:36:54 (57th) } \\ & \text { 00:13:01 (59th) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:24 (57th) } \\ & \text { 00:06:30 (55th) } \end{aligned}$ | $\begin{aligned} & \text { 01:47:48 (57th) } \\ & \text { 00:04:24 (52nd=) } \end{aligned}$ |
| 58 | Rachel Johnston CVFR | W50 | 01:48:14 | $\begin{aligned} & \text { 00:22:07 (64th) } \\ & \text { 00:22:07 (64th) } \end{aligned}$ | $\begin{aligned} & \text { 00:30:18 (62nd) } \\ & \text { 00:08:11 (54th) } \end{aligned}$ | $\begin{aligned} & \text { 00:46:14 (62nd) } \\ & \text { 00:15:56 (66th) } \end{aligned}$ | $\begin{aligned} & \text { 00:55:27 (62nd) } \\ & \text { 00:09:13 (56th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:08:09 (60th) } \\ & \text { 00:12:42 (52nd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:23 (58th) } \\ & \text { 00:16:14 (53rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:03 (58th) } \\ & \text { 00:12:40 (56th) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:46 (58th) } \\ & \text { 00:06:43 (61st) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:14 (58th) } \\ & \text { 00:04:28 (54th=) } \end{aligned}$ |
| 59 | Nicholas Andralojc Harrogate Harriers | M50 | 01:48:31 | $\begin{aligned} & \text { 00:22:11 (65th) } \\ & \text { 00:22:11 (65th) } \end{aligned}$ | $\begin{aligned} & \text { 00:30:34 (63rd) } \\ & \text { 00:08:23 (60th) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:56 (61st) } \\ & \text { 00:15:22 (54th) } \end{aligned}$ | $\begin{aligned} & \text { 00:55:09 (60th) } \\ & \text { 00:09:13 (56th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:08:06 (59th) } \\ & \text { 00:12:57 (56th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:29 (59th) } \\ & \text { 00:16:23 (55th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:19 (59th) } \\ & \text { 00:12:50 (58th) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:53 (59th) } \\ & \text { 00:06:34 (57th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:31 (59th) } \\ & \text { 00:04:38 (58th) } \end{aligned}$ |
| 60 | Lucy Brown <br> Barlick Fell Runners | W | 01:50:08 | 00:21:04 (56th) <br> 00:21:04 (56th) | $\begin{aligned} & \text { 00:29:18 (55th) } \\ & \text { 00:08:14 (57th) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:11 (56th) } \\ & \text { 00:15:53 (65th) } \end{aligned}$ | $\begin{aligned} & \text { 00:54:49 (59th) } \\ & \text { 00:09:38 (61st) } \end{aligned}$ | $\begin{aligned} & \text { 01:08:21 (61st) } \\ & \text { 00:13:32 (61st) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:41 (60th) } \\ & \text { 00:16:20 (54th) } \end{aligned}$ | $\begin{aligned} & \text { 01:38:09 (60th) } \\ & \text { 00:13:28 (65th) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:33 (60th) } \\ & \text { 00:07:24 (63rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:08 (60th) } \\ & \text { 00:04:35 (57th) } \end{aligned}$ |
| 61 | Andrew Sadler Unattahced | M | 01:52:35 | $\begin{aligned} & \text { 00:21:57 (63rd) } \\ & 00: 21: 57 \text { (63rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:29:56 (61st) } \\ & \text { 00:07:59 (50th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:46:42 (63rd) } \\ & \text { 00:16:46 (69th) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:09 (64th) } \\ & \text { 00:10:27 (69th) } \end{aligned}$ | $\begin{aligned} & \text { 01:11:15 (64th) } \\ & \text { 00:14:06 (64th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:12 (62nd) } \\ & \text { 00:17:57 (65th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:25 (63rd) } \\ & \text { 00:13:13 (61st=) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:24 (62nd) } \\ & \text { 00:05:59 (45th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:35 (61st) } \\ & \text { 00:04:11 (45th) } \end{aligned}$ |
| 62 | Bob Howard CVFR | M60 | 01:52:49 | $\begin{aligned} & \text { 00:22:15 (66th) } \\ & \text { 00:22:15 (66th) } \end{aligned}$ | $\begin{aligned} & \text { 00:31:39 (66th) } \\ & \text { 00:09:24 (68th) } \end{aligned}$ | $\begin{aligned} & \text { 00:47:47 (66th) } \\ & \text { 00:16:08 (68th) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:51 (66th) } \\ & \text { 00:10:04 (67th) } \end{aligned}$ | $\begin{aligned} & \text { 01:11:51 (67th) } \\ & 00: 14: 00 \text { (63rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:16 (63rd) } \\ & \text { 00:17:25 (60th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:41:54 (62nd) } \\ & \text { 00:12:38 (55th) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:28 (63rd) } \\ & \text { 00:06:34 (57th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:49 (62nd) } \\ & \text { 00:04:21 (50th=) } \end{aligned}$ |
| 63 | Jeff Miller Meltham AC | M40 | 01:52:57 | $\begin{aligned} & \text { 00:20:34 (55th) } \\ & \text { 00:20:34 (55th) } \end{aligned}$ | $\begin{aligned} & \text { 00:29:27 (56th) } \\ & \text { 00:08:53 (64th) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:04 (55th) } \\ & \text { 00:15:37 (57th) } \end{aligned}$ | $\begin{aligned} & \text { 00:54:16 (56th) } \\ & \text { 00:09:12 (55th) } \end{aligned}$ | $\begin{aligned} & \text { 01:07:44 (57th) } \\ & \text { 00:13:28 (59th) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:12 (61st) } \\ & \text { 00:18:28 (70th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:36 (61st) } \\ & \text { 00:13:24 (64th) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:15 (61st) } \\ & \text { 00:08:39 (70th) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:57 (63rd) } \\ & \text { 00:04:42 (59th=) } \end{aligned}$ |
| 64 | Sian Davies Rothwell Harriers | W | 01:55:32 | $\begin{aligned} & 00: 21: 43 \text { (62nd) } \\ & 00: 21: 43 \text { (62nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:31:12 (65th) } \\ & \text { 00:09:29 (69th) } \end{aligned}$ | $\begin{aligned} & \text { 00:47:19 (65th) } \\ & \text { 00:16:07 (67th) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:24 (65th) } \\ & \text { 00:10:05 (68th) } \end{aligned}$ | $\begin{aligned} & \text { 01:11:31 (65th) } \\ & \text { 00:14:07 (65th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:48 (65th) } \\ & \text { 00:18:17 (68th) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:01 (64th) } \\ & \text { 00:13:13 (61st=) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:35 (64th) } \\ & \text { 00:07:34 (64th) } \end{aligned}$ | $\begin{aligned} & \text { 01:55:32 (64th) } \\ & \text { 00:04:57 (65th) } \end{aligned}$ |
| 65 | Paul Elliott Meltham AC | M50 | 01:58:35 | $\begin{aligned} & \text { 00:22:28 (69th) } \\ & \text { 00:22:28 (69th) } \end{aligned}$ | $\begin{aligned} & \text { 00:32:11 (67th) } \\ & \text { 00:09:43 (70th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:48:00 (67th) } \\ & \text { 00:15:49 (64th) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:02 (67th) } \\ & \text { 00:10:02 (66th) } \end{aligned}$ | $\begin{aligned} & \text { 01:11:49 (66th) } \\ & 00: 13: 47 \text { (62nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:24 (64th) } \\ & \text { 00:17:35 (62nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:26 (65th) } \\ & \text { 00:14:02 (68th) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:44 (65th) } \\ & \text { 00:09:18 (78th) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:35 (65th) } \\ & \text { 00:05:51 (78th) } \end{aligned}$ |
| 66 | Judy Howells Wharfedale Harriers | W40 | 02:04:39 | $\begin{aligned} & \text { 00:21:39 (61st) } \\ & \text { 00:21:39 (61st) } \end{aligned}$ | $\begin{aligned} & \text { 00:31:01 (64th) } \\ & \text { 00:09:22 (67th) } \end{aligned}$ | $\begin{aligned} & \text { 00:46:46 (64th) } \\ & \text { 00:15:45 (60th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:09 (63rd) } \\ & \text { 00:09:23 (59th) } \end{aligned}$ | $\begin{aligned} & \text { 01:09:38 (63rd) } \\ & \text { 00:13:29 (60th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:28 (67th) } \\ & \text { 00:21:50 (80th) } \end{aligned}$ | $\begin{aligned} & \text { 01:49:07 (66th) } \\ & \text { 00:17:39 (81st) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:57 (66th) } \\ & \text { 00:09:50 (81st) } \end{aligned}$ | $\begin{aligned} & \text { 02:04:39 (66th) } \\ & \text { 00:05:42 (75th) } \end{aligned}$ |
| 67 | John Nunn CVFR | M60 | 02:07:58 | 00:23:11 (70th) <br> 00:23:11 (70th) | $\begin{aligned} & \text { 00:34:16 (75th) } \\ & \text { 00:11:05 (75th) } \end{aligned}$ | $\begin{aligned} & \text { 00:53:01 (73rd) } \\ & \text { 00:18:45 (76th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:56 (73rd) } \\ & \text { 00:10:55 (70th) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:42 (73rd) } \\ & \text { 00:17:46 (81st) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:49 (72nd) } \\ & \text { 00:18:07 (66th) } \end{aligned}$ | $\begin{aligned} & \text { 01:54:33 (69th) } \\ & \text { 00:14:44 (69th) } \end{aligned}$ | $\begin{aligned} & \text { 02:02:29 (67th) } \\ & \text { 00:07:56 (66th) } \end{aligned}$ | $\begin{aligned} & \text { 02:07:58 (67th) } \\ & \text { 00:05:29 (73rd) } \end{aligned}$ |
| 68 | John McDonald Trawden AC | M50 | 02:08:33 | $\begin{aligned} & \text { 00:23:24 (73rd) } \\ & \text { 00:23:24 (73rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:34:09 (74th) } \\ & \text { 00:10:45 (73rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:53:25 (74th) } \\ & \text { 00:19:16 (83rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:04:25 (74th) } \\ & \text { 00:11:00 (71st) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:49 (74th) } \\ & \text { 00:17:24 (80th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:58 (73rd) } \\ & \text { 00:18:09 (67th) } \end{aligned}$ | $\begin{aligned} & \text { 01:54:48 (71st) } \\ & \text { 00:14:50 (70th) } \end{aligned}$ | $\begin{aligned} & \text { 02:03:15 (68th) } \\ & \text { 00:08:27 (69th) } \end{aligned}$ | $\begin{aligned} & \text { 02:08:33 (68th) } \\ & \text { 00:05:18 (70th) } \end{aligned}$ |
| 69 | Ross Whittaker Unattached | M40 | 02:09:04 | $\begin{aligned} & \text { 00:24:48 (77th) } \\ & 00: 24: 48 \text { (77th) } \end{aligned}$ | $\begin{aligned} & \text { 00:34:02 (73rd) } \\ & \text { 00:09:14 (66th) } \end{aligned}$ | $\begin{aligned} & \text { 00:52:06 (71st) } \\ & \text { 00:18:04 (73rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:07 (70th) } \\ & \text { 00:11:01 (72nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:01 (70th) } \\ & \text { 00:15:54 (70th) } \end{aligned}$ | $\begin{aligned} & \text { 01:38:25 (68th) } \\ & \text { 00:19:24 (72nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:55:04 (72nd) } \\ & \text { 00:16:39 (77th) } \end{aligned}$ | $\begin{aligned} & \text { 02:04:03 (72nd) } \\ & \text { 00:08:59 (72nd) } \end{aligned}$ | $\begin{aligned} & \text { 02:09:04 (69th) } \\ & \text { 00:05:01 (66th) } \end{aligned}$ |
| 70 | Caroline Leigh Unattached | W | 02:09:07 | $\begin{aligned} & \text { 00:23:14 (71st) } \\ & \text { 00:23:14 (71st) } \end{aligned}$ | $\begin{aligned} & \text { 00:33:45 (72nd) } \\ & \text { 00:10:31 (72nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:53:56 (76th) } \\ & \text { 00:20:11 (87th) } \end{aligned}$ | $\begin{aligned} & \text { 01:05:11 (75th) } \\ & \text { 00:11:15 (73rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:22:16 (75th) } \\ & \text { 00:17:05 (75th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:41 (71st) } \\ & \text { 00:17:25 (60th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:53:13 (67th) } \\ & \text { 00:13:32 (66th) } \end{aligned}$ | $\begin{aligned} & \text { 02:03:44 (70th) } \\ & \text { 00:10:31 (82nd) } \end{aligned}$ | $\begin{aligned} & \text { 02:09:07 (70th) } \\ & \text { 00:05:23 (72nd) } \end{aligned}$ |
| 71 | Robin Grey <br> Todmorden Harriers | M50 | 02:09:32 | $\begin{aligned} & \text { 00:25:17 (80th) } \\ & \text { 00:25:17 (80th) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:21 (80th) } \\ & \text { 00:12:04 (80th) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:14 (80th) } \\ & \text { 00:18:53 (80th) } \end{aligned}$ | $\begin{aligned} & \text { 01:07:45 (80th) } \\ & \text { 00:11:31 (77th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:04 (77th) } \\ & \text { 00:16:19 (72nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:25 (78th) } \\ & \text { 00:21:21 (78th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:47 (75th) } \\ & \text { 00:12:22 (53rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:04:41 (73rd) } \\ & \text { 00:06:54 (62nd) } \end{aligned}$ | $\begin{aligned} & \text { 02:09:32 (71st) } \\ & \text { 00:04:51 (63rd) } \end{aligned}$ |


| 72 | Victoria Millward Unattached | W | 02:09:56 | $\begin{aligned} & \text { 00:22:20 (67th) } \\ & 00: 22: 20 \text { (67th) } \end{aligned}$ | $\begin{aligned} & \text { 00:33:37 (69th) } \\ & \text { 00:11:17 (76th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:49:23 (68th) } \\ & \text { 00:15:46 (62nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:18 (68th) } \\ & \text { 00:09:55 (64th) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:15 (68th) } \\ & 00: 14: 57 \text { (69th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:37 (70th) } \\ & \text { 00:25:22 (87th) } \end{aligned}$ | $\begin{aligned} & \text { 01:54:42 (70th) } \\ & \text { 00:15:05 (73rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:03:55 (71st) } \\ & \text { 00:09:13 (75th) } \end{aligned}$ | $\begin{aligned} & \text { 02:09:56 (72nd) } \\ & \text { 00:06:01 (79th) } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 73 | Jason Milward INOV8 | M40 | 02:09:59 | $\begin{aligned} & \text { 00:22:21 (68th) } \\ & \text { 00:22:21 (68th) } \end{aligned}$ | $\begin{aligned} & \text { 00:33:38 (70th) } \\ & \text { 00:11:17 (76th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:49:26 (69th) } \\ & \text { 00:15:48 (63rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:23 (69th) } \\ & \text { 00:09:57 (65th) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:18 (69th) } \\ & 00: 14: 55 \text { (68th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:22 (69th) } \\ & \text { 00:25:04 (86th) } \end{aligned}$ | $\begin{aligned} & \text { 01:54:21 (68th) } \\ & \text { 00:14:59 (71st=) } \end{aligned}$ | $\begin{aligned} & \text { 02:03:37 (69th) } \\ & \text { 00:09:16 (77th) } \end{aligned}$ | $\begin{aligned} & \text { 02:09:59 (73rd) } \\ & \text { 00:06:22 (82nd) } \end{aligned}$ |
| 74 | Gemma Lord unattached | W50 | 02:10:21 | $\begin{aligned} & \text { 00:23:48 (74th) } \\ & \text { 00:23:48 (74th) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:04 (79th) } \\ & \text { 00:13:16 (91st) } \end{aligned}$ | $\begin{aligned} & \text { 00:54:51 (79th) } \\ & \text { 00:17:47 (71st) } \end{aligned}$ | $\begin{aligned} & \text { 01:06:13 (76th) } \\ & \text { 00:11:22 (75th) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:21 (76th) } \\ & \text { 00:17:08 (76th) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:03 (77th) } \\ & \text { 00:19:42 (73rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:56:51 (74th) } \\ & 00: 13: 48 \text { (67th) } \end{aligned}$ | $\begin{aligned} & \text { 02:05:02 (74th) } \\ & \text { 00:08:11 (68th) } \end{aligned}$ | $\begin{aligned} & \text { 02:10:21 (74th) } \\ & \text { 00:05:19 (71st) } \end{aligned}$ |
| 75 | Dan Simmous Harrogate Harriers | M50 | 02:10:24 | $\begin{aligned} & \text { 00:25:30 (82nd) } \\ & 00: 25: 30 \text { (82nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:35:13 (76th) } \\ & \text { 00:09:43 (70th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:53:50 (75th) } \\ & \text { 00:18:37 (74th) } \end{aligned}$ | $\begin{aligned} & \text { 01:07:20 (79th) } \\ & \text { 00:13:30 (90th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:29 (79th) } \\ & \text { 00:17:09 (77th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:55 (76th) } \\ & \text { 00:18:26 (69th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:54 (76th) } \\ & \text { 00:14:59 (71st=) } \end{aligned}$ | $\begin{aligned} & \text { 02:05:29 (75th) } \\ & \text { 00:07:35 (65th) } \end{aligned}$ | $\begin{aligned} & \text { 02:10:24 (75th) } \\ & \text { 00:04:55 (64th) } \end{aligned}$ |
| 76 | Mick Fowler Unattahced | M60 | 02:11:09 | $\begin{aligned} & \text { 00:24:09 (75th) } \\ & \text { 00:24:09 (75th) } \end{aligned}$ | $\begin{aligned} & \text { 00:32:38 (68th) } \\ & \text { 00:08:29 (62nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:54:41 (77th) } \\ & \text { 00:22:03 (90th) } \end{aligned}$ | $\begin{aligned} & \text { 01:06:20 (77th) } \\ & \text { 00:11:39 (78th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:10 (78th) } \\ & \text { 00:17:50 (82nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:41:59 (75th) } \\ & 00: 17: 49 \text { (64th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:59 (77th) } \\ & \text { 00:16:00 (76th) } \end{aligned}$ | $\begin{aligned} & \text { 02:06:01 (77th) } \\ & \text { 00:08:02 (67th) } \end{aligned}$ | $\begin{aligned} & \text { 02:11:09 (76th) } \\ & \text { 00:05:08 (67th=) } \end{aligned}$ |
| 77 | Alison Fox <br> Huntingdonshire AC | W50 | 02:12:13 | $\begin{aligned} & \text { 00:21:38 (60th) } \\ & \text { 00:21:38 (60th) } \end{aligned}$ | $\begin{aligned} & \text { 00:29:54 (60th) } \\ & \text { 00:08:16 (58th) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:33 (60th) } \\ & \text { 00:15:39 (58th) } \end{aligned}$ | $\begin{aligned} & \text { 00:55:21 (61st) } \\ & \text { 00:09:48 (63rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:09:32 (62nd) } \\ & \text { 00:14:11 (66th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:00 (66th) } \\ & \text { 00:21:28 (79th) } \end{aligned}$ | $\begin{aligned} & \text { 01:55:53 (73rd) } \\ & \text { 00:24:53 (87th) } \end{aligned}$ | $\begin{aligned} & \text { 02:05:33 (76th) } \\ & \text { 00:09:40 (80th) } \end{aligned}$ | $\begin{aligned} & \text { 02:12:13 (77th) } \\ & \text { 00:06:40 (84th) } \end{aligned}$ |
| 78 | Sarah Dunnakey Todmorden Harriers | W50 | 02:16:26 | $\begin{aligned} & \text { 00:27:33 (90th) } \\ & \text { 00:27:33 (90th) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:43 (90th) } \\ & \text { 00:12:10 (81st) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:30 (86th) } \\ & \text { 00:18:47 (78th) } \end{aligned}$ | $\begin{aligned} & \text { 01:10:10 (84th) } \\ & \text { 00:11:40 (79th) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:02 (83rd) } \\ & \text { 00:16:52 (74th) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:56 (79th) } \\ & \text { 00:18:54 (71st) } \end{aligned}$ | $\begin{aligned} & \text { 02:01:53 (78th) } \\ & \text { 00:15:57 (75th) } \end{aligned}$ | $\begin{aligned} & \text { 02:10:46 (78th) } \\ & \text { 00:08:53 (71st) } \end{aligned}$ | $\begin{aligned} & \text { 02:16:26 (78th) } \\ & \text { 00:05:40 (74th) } \end{aligned}$ |
| 79 | Diane Lee <br> Holmfirth Harriers | W40 | 02:19:10 | $\begin{aligned} & \text { 00:25:05 (78th) } \\ & \text { 00:25:05 (78th) } \end{aligned}$ | $\begin{aligned} & \text { 00:36:04 (78th) } \\ & \text { 00:10:59 (74th) } \end{aligned}$ | $\begin{aligned} & \text { 00:54:46 (78th) } \\ & \text { 00:18:42 (75th) } \end{aligned}$ | $\begin{aligned} & \text { 01:07:09 (78th) } \\ & \text { 00:12:23 (83rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:46 (80th) } \\ & \text { 00:18:37 (84th) } \end{aligned}$ | $\begin{aligned} & \text { 01:46:27 (80th) } \\ & 00: 20: 41 \text { (74th) } \end{aligned}$ | $\begin{aligned} & \text { 02:04:08 (79th) } \\ & \text { 00:17:41 (82nd) } \end{aligned}$ | $\begin{aligned} & \text { 02:13:22 (79th) } \\ & \text { 00:09:14 (76th) } \end{aligned}$ | $\begin{aligned} & \text { 02:19:10 (79th) } \\ & \text { 00:05:48 (77th) } \end{aligned}$ |
| 80 | Andrew Smith Queensbury RC | M50 | 02:22:00 | $\begin{aligned} & \text { 00:26:14 (87th) } \\ & \text { 00:26:14 (87th) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:43 (84th) } \\ & \text { 00:12:29 (85th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:28 (83rd) } \\ & \text { 00:18:45 (76th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:09:31 (83rd) } \\ & \text { 00:12:03 (81st) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:42 (84th) } \\ & 00: 18: 11 \text { (83rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:53 (81st) } \\ & 00: 21: 11 \text { (77th) } \end{aligned}$ | $\begin{aligned} & \text { 02:05:34 (80th) } \\ & \text { 00:16:41 (78th) } \end{aligned}$ | $\begin{aligned} & \text { 02:14:39 (80th) } \\ & \text { 00:09:05 (73rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:22:00 (80th) } \\ & \text { 00:07:21 (85th) } \end{aligned}$ |
| 81 | Tamsin Cooke CVFR | W | 02:23:42 | $\begin{aligned} & \text { 00:28:02 (91st) } \\ & \text { 00:28:02 (91st) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:40 (89th) } \\ & \text { 00:11:38 (78th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:13 (87th) } \\ & \text { 00:19:33 (86th) } \end{aligned}$ | $\begin{aligned} & \text { 01:11:48 (87th) } \\ & \text { 00:12:35 (85th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:41 (87th) } \\ & 00: 18: 53 \text { (87th) } \end{aligned}$ | $\begin{aligned} & \text { 01:51:40 (84th) } \\ & \text { 00:20:59 (76th) } \end{aligned}$ | $\begin{aligned} & \text { 02:08:51 (81st) } \\ & \text { 00:17:11 (80th) } \end{aligned}$ | $\begin{aligned} & \text { 02:17:58 (81st) } \\ & \text { 00:09:07 (74th) } \end{aligned}$ | $\begin{aligned} & \text { 02:23:42 (81st) } \\ & \text { 00:05:44 (76th) } \end{aligned}$ |
| 82 | Mohanlal Mistry Saltaire Striders | M50 | 02:25:44 | $\begin{aligned} & \text { 00:26:01 (86th) } \\ & \text { 00:26:01 (86th) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:01 (87th=) } \\ & \text { 00:13:00 (89th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:18 (88th) } \\ & \text { 00:20:17 (88th) } \end{aligned}$ | $\begin{aligned} & \text { 01:12:00 (88th) } \\ & \text { 00:12:42 (87th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:55 (88th) } \\ & \text { 00:18:55 (88th) } \end{aligned}$ | $\begin{aligned} & \text { 01:55:04 (87th) } \\ & 00: 24: 09 \text { (84th) } \end{aligned}$ | $\begin{aligned} & \text { 02:10:55 (84th) } \\ & \text { 00:15:51 (74th) } \end{aligned}$ | $\begin{aligned} & \text { 02:20:27 (82nd) } \\ & \text { 00:09:32 (79th) } \end{aligned}$ | $\begin{aligned} & \text { 02:25:44 (82nd) } \\ & \text { 00:05:17 (69th) } \end{aligned}$ |
| 83 | Craig Sutherland Middleton Harriers | M60 | 02:28:17 | $\begin{aligned} & \text { 00:26:27 (88th=) } \\ & \text { 00:26:27 (88th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:53 (85th) } \\ & \text { 00:12:26 (84th) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:12 (85th) } \\ & \text { 00:19:19 (84th) } \end{aligned}$ | $\begin{aligned} & \text { 01:10:36 (85th) } \\ & \text { 00:12:24 (84th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:26 (86th) } \\ & 00: 18: 50 \text { (86th) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:21 (86th) } \\ & 00: 22: 55 \text { (82nd) } \end{aligned}$ | $\begin{aligned} & \text { 02:09:29 (82nd) } \\ & \text { 00:17:08 (79th) } \end{aligned}$ | $\begin{aligned} & \text { 02:20:40 (83rd) } \\ & \text { 00:11:11 (84th=) } \end{aligned}$ | $\begin{aligned} & \text { 02:28:17 (83rd) } \\ & \text { 00:07:37 (87th) } \end{aligned}$ |
| 84 | Catherine Murphy Middleton Harriers | W50 | 02:28:18 | $\begin{aligned} & \text { 00:26:27 (88th=) } \\ & \text { 00:26:27 (88th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:56 (86th) } \\ & \text { 00:12:29 (85th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:09 (84th) } \\ & \text { 00:19:13 (82nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:10:45 (86th) } \\ & \text { 00:12:36 (86th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:25 (85th) } \\ & 00: 18: 40 \text { (85th) } \end{aligned}$ | $\begin{aligned} & \text { 01:51:49 (85th) } \\ & \text { 00:22:24 (81st) } \end{aligned}$ | $\begin{aligned} & \text { 02:09:34 (83rd) } \\ & \text { 00:17:45 (83rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:20:44 (84th) } \\ & \text { 00:11:10 (83rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:28:18 (84th) } \\ & \text { 00:07:34 (86th) } \end{aligned}$ |
| 85 | Nicola Dobra Chorlton Runners | W | 02:36:58 | $\begin{aligned} & \text { 00:25:29 (81st) } \\ & \text { 00:25:29 (81st) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:00 (82nd) } \\ & \text { 00:12:31 (87th) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:55 (82nd) } \\ & \text { 00:18:55 (81st) } \end{aligned}$ | $\begin{aligned} & \text { 01:08:54 (82nd) } \\ & \text { 00:11:59 (80th) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:05 (82nd) } \\ & \text { 00:17:11 (78th) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:15 (83rd) } \\ & \text { 00:24:10 (85th) } \end{aligned}$ | $\begin{aligned} & \text { 02:13:37 (86th) } \\ & \text { 00:23:22 (85th) } \end{aligned}$ | $\begin{aligned} & \text { 02:30:49 (85th) } \\ & \text { 00:17:12 (87th) } \end{aligned}$ | $\begin{aligned} & \text { 02:36:58 (85th) } \\ & \text { 00:06:09 (81st) } \end{aligned}$ |
| 86 | Richard Mercer Saddleworth Runners | M50 | 02:37:01 | $\begin{aligned} & \text { 00:25:15 (79th) } \\ & \text { 00:25:15 (79th) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:36 (81st) } \\ & \text { 00:12:21 (82nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:28 (81st) } \\ & \text { 00:18:52 (79th) } \end{aligned}$ | $\begin{aligned} & \text { 01:08:40 (81st) } \\ & \text { 00:12:12 (82nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:02 (81st) } \\ & \text { 00:17:22 (79th) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:10 (82nd) } \\ & 00: 24: 08 \text { (83rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:13:33 (85th) } \\ & \text { 00:23:23 (86th) } \end{aligned}$ | $\begin{aligned} & \text { 02:30:53 (86th) } \\ & \text { 00:17:20 (88th) } \end{aligned}$ | $\begin{aligned} & \text { 02:37:01 (86th) } \\ & \text { 00:06:08 (80th) } \end{aligned}$ |
| 87 | Tony Lever Unattached | M70 | 02:42:25 | $\begin{aligned} & \text { 00:29:14 (92nd) } \\ & 00: 29: 14 \text { (92nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:38 (92nd) } \\ & \text { 00:12:24 (83rd) } \end{aligned}$ | 01:04:54 (92nd) <br> 00:23:16 (92nd) | $\begin{aligned} & \text { 01:19:04 (92nd) } \\ & \text { 00:14:10 (92nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:38:49 (92nd) } \\ & \text { 00:19:45 (90th) } \end{aligned}$ | $\begin{aligned} & \text { 02:04:28 (91st) } \\ & \text { 00:25:39 (89th) } \end{aligned}$ | $\begin{aligned} & \text { 02:23:27 (87th) } \\ & \text { 00:18:59 (84th) } \end{aligned}$ | $\begin{aligned} & \text { 02:34:38 (87th) } \\ & 00: 11: 11 \text { (84th=) } \end{aligned}$ | $\begin{aligned} & \text { 02:42:25 (87th) } \\ & \text { 00:07:47 (88th) } \end{aligned}$ |
| 88 | Roz Massey <br> Totley AC | W40 | 03:08:12 | $\begin{aligned} & \text { 00:25:52 (85th) } \\ & \text { 00:25:52 (85th) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:53 (91st) } \\ & \text { 00:14:01 (92nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:21 (89th) } \\ & \text { 00:19:28 (85th) } \end{aligned}$ | $\begin{aligned} & \text { 01:12:22 (89th) } \\ & \text { 00:13:01 (88th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:47 (89th) } \\ & \text { 00:19:25 (89th) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:20 (88th) } \\ & \text { 00:26:33 (91st) } \end{aligned}$ | $\begin{aligned} & \text { 02:48:08 (88th) } \\ & \text { 00:49:48 (88th) } \end{aligned}$ | $\begin{aligned} & \text { 03:01:43 (88th) } \\ & \text { 00:13:35 (86th) } \end{aligned}$ | $\begin{aligned} & \text { 03:08:12 (88th) } \\ & \text { 00:06:29 (83rd) } \end{aligned}$ |
|  | Theresa Oldroyd Harrogate Harriers | W50 | m7-8 | $\begin{aligned} & \text { 00:23:20 (72nd) } \\ & 00: 23: 20 \text { (72nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:35:15 (77th) } \\ & \text { 00:11:55 (79th) } \end{aligned}$ | $\begin{aligned} & \text { 00:52:22 (72nd) } \\ & \text { 00:17:07 (70th) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:37 (72nd) } \\ & \text { 00:11:15 (73rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:12 (72nd) } \\ & \text { 00:16:35 (73rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:41:09 (74th) } \\ & \text { 00:20:57 (75th) } \end{aligned}$ |  |  | 02:37:44 |
|  | Stefan Durkin York Knavesmire | M50 | rtd | $\begin{aligned} & \text { 00:25:49 (84th) } \\ & \text { 00:25:49 (84th) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:01 (87th=) } \\ & \text { 00:13:12 (90th) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:58 (91st) } \\ & \text { 00:21:57 (89th) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:50 (91st) } \\ & 00: 13: 52 \text { (91st) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:51 (91st) } \\ & \text { 00:21:01 (91st) } \end{aligned}$ | $\begin{aligned} & \text { 02:01:28 (89th) } \\ & \text { 00:25:37 (88th) } \end{aligned}$ |  |  |  |
|  | David Edward Grainger Unattached | M40 | rtd | $\begin{aligned} & \text { 00:25:46 (83rd) } \\ & 00: 25: 46 \text { (83rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:36 (83rd) } \\ & \text { 00:12:50 (88th) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:53 (90th) } \\ & \text { 00:22:17 (91st) } \end{aligned}$ | $\begin{aligned} & \text { 01:13:55 (90th) } \\ & \text { 00:13:02 (89th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:39 (90th) } \\ & 00: 21: 44 \text { (92nd) } \end{aligned}$ | $\begin{aligned} & \text { 02:01:31 (90th) } \\ & \text { 00:25:52 (90th) } \end{aligned}$ |  |  |  |
|  | Graeme Woodward CVFR | M50 | rtd | $\begin{aligned} & \text { 00:24:43 (76th) } \\ & \text { 00:24:43 (76th) } \end{aligned}$ | $\begin{aligned} & \text { 00:33:42 (71st) } \\ & \text { 00:08:59 (65th) } \end{aligned}$ | $\begin{aligned} & \text { 00:51:45 (70th) } \\ & \text { 00:18:03 (72nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:15 (71st) } \\ & \text { 00:11:30 (76th) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:30 (71st) } \\ & \text { 00:16:15 (71st) } \end{aligned}$ |  |  |  |  |

