



Supported By
Different Strokes
and
Pete Bland Sports



Scout Scar - Results 5 January 2020

Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	660	Matthew	Knowles	MU21	27:23	Lancaster & Morecambe AC	1st Man/1st MU21
2	781	Mark	Addison	Man	28:13	Helm Hill	2nd Man
3	687	Charlie	Ing	Man	29:03	Calder Valley Fell Runners	3rd Man
4	607	Josh	Hartley	Man	29:25	Black Combe	
5	521	Jon	Rylance	MV40	29:35	Ambleside AC	1st MV40
6	670	Kenny	Richmond	MV50	29:43	Shettleston	1st MV50
7	633	Pete	Harrison	Man	30:03	Helm Hill	
8	693	Joshua	Jardine	Man	30:26	Helm Hill	
9	606	Harry	Shuell	Man	30:28	Ambleside	
10	530	Ashley	Holt	MV40	30:37	Rossendale	
11	518	Brian	Pennington	MV40	31:07	Howgill Harriers	
12	632	Michael	Gregory	MV40	31:15	Leven Valley	
13	649	Joss	Livesey	Man	31:22	Howgill Harriers	
14	600	Eric	Beaumont	MU21	31:26	kcac	
15	701	David	Goadby	Man	31:27	Helm Hill	
16	544	Josh	Murphy	Man	31:28	Black Combe Runners	
17	509	Alastair	Dunn	MV40	31:31	Helm Hill Runners	
18	559	Charlie	Taylor	MU21	31:43	Rossendale Harriers AC	
19	716	Ross	Brannighan	Man	31:48	Ochil Hill Runners	
20	745	Matthew	Fretwell	Man	31:51	Settle Harriers	
21	593	Rod	Scott	MV40	31:53	Helm Hill Runners	
22	727	Shane	Ohly	MV40	32:02	Helm Hill	
23	639	Andy	F	Man	32:04		
24	777	Seb	Sillito	Man	32:06	Helm Hill	
25	598	Jethro	Whitfield	MV40	32:10	Garlick Fell Runners	
26	704	Tom	Simpson	Man	32:17		
27	571	Sam	Brummitt	MV40	32:30	Settle Harriers	
28	641	Ben	Kirkman	MU21	32:32	Rossendale Harriers	
29	684	Kelli	Roberts	Lady	32:34	Helm Hill	1st Lady
30	754	Rob	Mortimore	Man	32:42	Helm Hill	
31	753	Paul	Reilly	MV40	32:44	Helm hill	
32	776	Joseph	Conner	MU21	32:45	Helm Hill	
33	780	Jack	Simpson	Man	32:52	Helm Hill	
34	621	Scott	Morley	Man	33:09	Eden Runners	
35	514	Joe	Todd	MV40	33:11	Kendal A. C	
36	614	Dominic	Howell	MV40	33:13		
37	561	James	Byrne	MV40	33:15	Ambleside AC	
38	616	Jon	Green	MV40	33:21	Preston Harriers	
39	668	George	Norris	MU21	33:24	Chorley Athletics	
40	746	Jon	Deegan	MV50	33:27	Ambleside SC	
41	582	Andy	Thompson	Man	33:30	Helm Hill	
42	599	Rob	Harper	MV50	33:32	Ambleside	
43	519	Chloe	Rylance	LU21	33:33	Ambleside AC	2nd Lady/1st LU21
44	574	James	Baron	MV50	33:36	Helm Hill	
45	654	Mike	Page	Man	33:50	Unattached	
46	676	Tim	Pickering	Man	34:02	Helm Hill	
47	575	Justin	Tancrel	MV40	34:04	Helm Hill	
48	533	Carl	Pawson	MV40	34:07	Barlick fell runners	
49	580	Paul	Troughton	MV40	34:08	Helm Hill	
50	560	Colin	Houston	MV40	34:14	Helm Hill	
51	750	Gavin	Lloyd	Man	34:28	Black Combe Runners	

52	644	Beth	Hanson	Lady	34:30	Ambleside AC	3rd Lady
53	730	Adam	Crowe	Man	34:36	Ambleside	
54	653	Scott	Newburn	Man	34:40	Eden Runners	
55	729	Ross	Jenkins	Man	34:40	Howgill Harriers	
56	601	James	Bailey	MV40	34:43	Levens Valley	
57	692	James	Todhunter	MV40	34:50	Helm Hill	
58	736	Paul	Law	Man	34:53		
59	549	Sam	Merckel	Man	34:58	Lonsdale	
60	618	Ross	Butler	MV40	35:00	Keswick AC	
61	740	Peter	Lawson	Man	35:02	Howgill Harriers	
62	741	Anthony	Emmet	MV40	35:05	Helm Hill	
63	708	David	Griffin	MV60	35:13	Helm Hill	1st MV60
64	659	James	Coulthard	MV40	35:20	Howgill Harriers	
65	567	Olivier	Jumeau	MU21	35:29		
66	705	Celia	Powell	Lady	35:31		
67	768	Jenny	Rice	Lady	35:35	Helm Hill	
68	577	David	Kyriacou	Man	35:39	Leven Valley	
69	551	Pete	Bagnall	MV40	35:50	Settle Harriers	
70	756	Antony	Scott	MV50	35:55	Watercrock warriors	
71	619	John	Rainford	MV50	35:57	Preston Harriers	
72	702	Paul	Crabtree	MV50	36:01	Keighley & Craven	
73	590	Sheldan	Pickles	MV40	36:05	Unattached	
74	697	Jim	Andrews	MV50	36:16	Helm Hill	
75	584	Simon	Wright	MV50	36:20	Bingley Harriers	
76	534	Bianca	Dyer	LV40	36:21	Helm Hill	1st LV40
77	585	Sean	Robinson	MV40	36:23	Howgill Harriers	
78	703	John	Dixon	Man	36:31		
79	592	Adam	Scott	MU21	36:32	Helm Hill Runners	
80	508	Tom	Matthew	MV40	36:36	Bowland	
81	622	Rhys	Morris	Man	36:43		
82	770	Howard	Dracup	Man	36:47	Helm Hill	
83	604	Michael	Wilding	MV50	36:54	Darwen Dashers	
84	506	John	Bagge	MV50	36:55	Helm Hill	
85	537	David	Pease	MV40	37:03	Barlick Fell Runners	
86	666	Nick	Hewitt	MV60	37:05	Bowland Fell Runners	
87	608	Steve	Hopwood	Man	37:09	Ambleside	
88	568	Unknown	Runner 1	Man	37:15		
89	535	Andrew	Smith	MV50	37:22	Barlick	
90	553	Sean	Gibson	Man	37:25	helmhill	
91	743	Thornton	Taylor	MV60	37:26	Rossendale	
92	630	Simon	Waller	MV50	37:27	Helm Hill	
93	522	Chris	Green	MV40	37:34	Ambleside AC	
94	715	Adam	Roberts	Man	37:43		
95	609	Toby	Smith	Man	37:54		
96	513	Ronnie	Haddow	MV50	38:03	Furness Fell Runners	
97	671	Shaun	Jackson	MV40	38:06	Altringham	
98	771	Clive	Allen	MV50	38:07	Helm Hill	
99	650	Jack	Palmer	Man	38:08		
100	717	Andrew	Douglas	MV40	38:16		
101	558	Shane	Muller	MV40	38:18	Barlick fell runners	
102	505	John	Robson	MV50	38:20	Helm Hill	
103	511	Alistair	Shawcross	MV40	38:23	Dallam	
104	769	Martin	Ramsay	MV50	38:24	Helm Hill	
105	698	William	Coupe	MV50	38:27	Helm Hill	
106	707	Lucy	Varney	LV50	38:30	Kendal AC	1st LV50
107	643	Mick	Kirkman	MV50	38:36	Rossendale Harriers	
108	543	Amy	Pearman	LV40	38:48	Helm Hill	
109	773	Mick	Brankin	MV40	38:49	Trawden AC	
110	688	Roger	Taylor	MV50	38:50	Preston Harriers	
111	554	Chris	Whitfield	MV40	38:51	Sue Me DH Team	
112	696	Claire	Wilson	Lady	38:55	Helm Hill	
113	555	David	Bottomley	MV40	38:56	Helm Hill Runners	
114	765	Andy	Smith	MV50	38:57	Darwen Dashers	

115	611	Jonny	Marchant	MV40	39:02	Helm Hill Runners	
116	667	Verity	Russo	Lady	39:04		
117	738	Sarah	Gerrish	Lady	39:06	Helm Hill	
118	603	Simon	Fox	MV50	39:13	Darwen Dashers	
119	694	Jeff	Powell Davies	Man	39:14	BL	
120	695	Jenny	Lyon	LV40	39:16	Dallam	
121	724	Graham	Beaumont	MV60	39:23	Dallam	
122	726	Neil	Whipp	MV40	39:24	Wesham Road Runners	
123	540	Andy	Holden	MV50	39:32	Wharfedale Harriers	
124	550	Richard	Ducket	MV40	39:33		
125	539	Sarah	McCartney	LV40	39:37	Lonsdale Fell Runners	
126	661	Rosie	Dale	Lady	39:48		
127	594	Graham	Jordan	MV40	39:57	Middleton Harriers	
128	552	Steve	Wathall	MV60	40:00	Black Combe Runners	
129	504	David	Appleyard	MV50	40:02	Helm Hill	
130	610	brian	thompson	MV60	40:09	Helm Hill	
131	564	Beth	Dutson	Lady	40:13	Westerlands CC	
132	545	Steve	King	MV40	40:14	Kendal Tri Club	
133	712	Jonnathan	Stubbs	MV50	40:26	Settle Harriers	
134	757	Konstantinos	Georgalos	Man	40:27	COLT	
135	503	Alison	Richards	LV40	40:30	Helm Hill	
136	658	Graham	Britton	MV60	40:31		
137	556	David	Hunter	MV50	40:32	Helm Hill	
138	699	Matt	Davis	Man	40:33	Howgill Harriers	
139	627	Liz	McNally	LV40	40:34	Leven Valley A/C	
140	523	Colin	Briffett	MV40	40:41	Lonsdale Fell Runners	
141	502	Jayne	Rigby	LV40	40:51	Helm hill	
142	602	Geoff	Lyons	MV60	40:55	Garstang	
143	728	Andrew	Lee	MV40	41:00	Rossendale	
144	690	Andrew	Stokes	MV60	41:01	Dallam	
145	624	Andrew	Bennett	MV40	41:05	Helm Hill	
146	674	Karl	Mason	Man	41:05	Helm Hill	
147	679	Jon	Tombs	MV40	41:10	Eden	
148	562	Rowan	Ranner	LV40	41:12	Helm Hill	
149	532	Jeremy	Wilkinson	MV50	41:16	Keighley and Craven	
150	691	Lucie-Ellen	Todhunter	Lady	41:18	U/A	
151	543	Amy	Pearman	LV40	41:33	Helm Hill	
152	742	Ken	Taylor	MV70	41:39	Rossendale	1st MV70
153	501	Caroline	Holden	LV50	41:43	Helm Hill	
154	686	Philip	Harrington	MV40	41:53	Helm Hill	
155	510	Simon	Collin	MV40	41:58		
156	677	Jimmy	Ryan	MV40	41:59		
157	793	Dave	Hollwotham	MV50	42:02		
158	589	Mark	Villiers	MV40	42:06	Unattached	
159	719	John	Leech	MV50	42:18	Dallam	
160	636	Chris	Roberts	MV60	42:30	Black Combe Runners	
161	672	Craig	Partridge	MV50	42:42	Altringham	
162	748	Andrew	Russell	MV50	42:43	Helm Hill Runners	
163	790	BJ	Morris	MV50	42:44	Darwen Dashers	
164	642	Mark	Charnley	MV40	42:47	Settle harriers	
165	752	Alison	Eagle	LV50	42:51		
166	645	Peter	Singleton	MV60	42:57	blackpool wyre & fylde a.c.	
167	566	Phil	Jumeau	MV50	43:00		
168	583	Stefan	Bradley	MV40	43:03	unattached	
169	624	Andrew	Bennett	MV40	43:10	Helm Hill	
170	591	John	Orrell	MV50	43:15	Blackburn Harriers	
171	625	Andrea	Benson	LV40	43:18		
172	739	Victoria	Upton	Lady	43:19	Helm Hill Runners	
173	775	Andrew	Conner	MV50	43:20	Helm Hill	
174	657	Andy	Monk	MV60	43:21	FRA	
175	711	Kerri	Wadsworth	LV40	43:22	Helm Hill	
176	706	Laura	Bramholtz	Lady	43:23		
177	617	Michael	McLoughlin	MV60	43:37	Preston Harriers	

178	520	Niki	Rylance	LV40	43:43	Ambleside AC	
179	749	Abigail	Kerr	Lady	43:51		
180	573	Maria	Hearn	LV40	44:07	Helm Hill	
181	536	Emma	Pease	LV40	44:22	Barlick Fell Runners	
182	718	Dorothy	Pelly	LV60	44:27	Ambleside AC	1st LV60
183	751	Will	Thaity	Man	44:38	Howgill Harriers	
184	772	Richard	Simpson	MV60	44:48	Dallam	
185	597	Richard	Cater	MV40	44:50	Helm Hill Runners	
186	723	Robert	Lee	Man	44:56	Lancaster Uni	
187	588	Mary	Ockenden	LV60	44:57	Bowland Fell Runners	
188	565	Paul	Corkill	MV40	44:59	Leven Valley	
189	524	Jo	Taylor	LV50	45:02	Bowland FR	
190	792	Ian	Wilson	MV40	45:05	Helm Hill	
191	541	Lynn	Whittaker	LV50	45:10	Wharfedale Harriers	
192	744	Jen	Henry	Lady	45:11		
193	782	Helen	Greenep	LV50	45:15	Settle Harriers	
194	725	Pete	Coe	MV60	45:20	Helm	
195	669	Emma	Blundell	Lady	45:25	Lonsdale Fell Runners	
196	764	Graham	Capper	MV60	45:31		
197	515	Peter	Bardsley	MV50	45:38	Bowland Fell Runners	
198	528	Kate	Evans	Lady	45:41	AAC	
199	525	John	Taylor	MV70	45:49	Bowland FR	
200	655	Chris	Lees	MV40	45:51		
201	788	Philip	Seddon	MV60	46:13	Darwen Dashers	
202	612	Peter	Bascombe	MV40	46:16	Kendal Tri	
203	755	Leslie	Pateloup	Lady	46:22		
204	681	Rebecca	Wilson	Lady	46:24	Helm Hill	
205	774	Simon	Theobald	MV50	46:25	Helm Hill	
206	517	Kate	Brayshaw	LV40	46:27	Helm Hill	
207	673	Joanne	Grisedale	LV40	46:31	Helm Hill	
208	623	Justine	Carruthers	LV40	46:33	Eden Runners	
209	721	John	Hodgson	MV70	46:47	Dallam	
210	680	Vicky	Atkinson	LV40	46:50	Helm Hill	
211	638	Vicky	O'Neill	Lady	46:53		
212	538	Steve	Murdoch	MV50	47:27	FRA	
213	596	Jo	Cater	LV40	47:35	Helm Hill Runners	
214	734	Lindsay	Harrod	LV50	47:47	Helm Hill Runners	
215	572	PAM	BAGOT	LV40	47:56	settle	
216	578	May	Crawford	LV40	47:57	Helm Hill	
217	579	Robert	Crawford	MV40	48:02	Howgill Harrier	
218	531	Helen	Wilkinson	LV40	48:10	Keighley and Craven	
219	557	Nicola	Muller	LV40	48:15	Barlick fell runners	
220	720	Wendy	Dodds	LV60	48:23	Dallam Running Club	
221	747	Unknown	Runner 2	Man	48:29		
222	646	Ed	Key	MV40	48:33		
223	713	Sarah	Senior	LV50	48:37	Helm	
224	700	Ian	Peters	MV60	48:39	Glaxo Hoad Hill Harriers	
225	615	Olga	Wiggins	LV40	48:40	Preston Harriers	
226	678	Nicola	Heaton	LV40	48:47		
227	651	Katy	Thompson	LV60	48:53	Clayton-le-Moors	
228	665	Alison	Harper	LV40	48:57		
229	635	Darren	Baker	MV50	49:15	FRA	
230	631	Libby	Dixon	LV40	49:16	Ambleside	
231	626	Paula	Bowen	LV40	49:27	Ambleside	
232	731	Helen	Halsall	LV50	49:37		
233	760	David	Mainwaring	MV50	49:43		
234	628	Veronica	Wallia	LV50	50:04	Dallam	
235	766	Louise	Capper	LV50	50:12		
236	640	Erin	Bagge	LU21	50:20		
237	689	Isabel	Berry	Lady	50:24		
238	648	Graham	schofield	MV60	50:26	Chorley Athletic and Tri Club	
239	663	Marian	de Silver	LV60	50:38	Dallam running club	
240	664	Caroline	Nussey	Lady	50:42	Dallam Running Club	

241	763	Emily	Crossley	LU21	50:43	Settle Harriers	
242	546	Ian	Oakey	MV40	50:52	Settle Harriers	
243	529	Lorna	Holt	LV40	50:58	Rossendale harriers	
244	613	Phil	Jones	MV40	51:00		
245	629	Abi	Waller	LU21	51:06		
246	786	Mark	Taylor	MV40	51:25	Darwen Dashers	
247	767	Hannah	Reynolds	LV40	51:53		
248	548	David	Hodges	MV50	51:58		
249	733	Joanne	McLeod	LV50	52:07	Barrow and Furness Striders Ac	
250	709	Ellie	Kent	Lady	52:23		
251	526	Geoff	Thompson	MV60	52:41	Wharfedale Harriers	
252	722	Steven	Roberts	MV60	52:42		
253	675	Ruth	Maxwell	LV50	52:50	Settle Harriers	
254	761	Iain	Crossley	MV60	52:52	Settle Harriers	
255	527	Su	Thompson	LV50	53:44	Wharfedale Harriers	
256	656	Leanne	Ritchie	Lady	53:54		
257	581	Rebecca	Atkinson	Lady	54:09	Helm Hill	
258	732	Anna	Stevens	LV40	54:11	Helm Hill	
259	569	Richard	Cookson	MV50	54:13		
260	576	Leonie	Black	LV40	54:15	Helm Hill	
261	586	Miriam	Rosen	LV70	54:46	Lancaster & Morecambe AC	
262	647	Alan	Smart	MV60	55:26	blackpool wyre & fylde a.c.	
263	662	Aggie	Dudlik	Lady	55:36		
264	785	Louise	Oldfield	LV40	55:57	Darwen Dashers	
265	758	Sonja	Vietoris	LV60	56:36		
266	714	Jill	Leader	LV60	56:40		
267	637	George	James	MV70	56:44	blackpool wyre & fylde a.c.	
268	595	Janine	Jordan	Lady	56:50	Middleton Harriers	
269	779	Brian	Carlisle	MV60	56:56	Askrigg	
270	762	Julie	Dawson	LV40	57:03	Darwen Dashers	
271	682	Janet	Nash	LV60	57:38	Lakeland OC	
272	542	Katharine	Shrine	LV40	57:54		
273	507	Jo	Matthew	LV40	58:17	Bowland	
274	620	Phil	Corris	MV60	58:36	Lancashire Constabulary A C	
275	759	Jill	Gates	LV50	58:48	Settle Harriers	
276	737	Philippa	Adams	LV40	59:49		
277	563	Jane	Campbell	Lady	59:52	Howgill Harriers	
278	516	Trevor	Metcalfe	MV60	1:00:29	Wharfedale harriers	
279	710	Samantha	Carlisle	Lady	1:00:29		
280	778	John	McGartland	Man	1:00:59	City of Lancaster Triathlon (COLT)	
281	605	Selwyn	Wright	MV60	1:01:24	Ambleside AC	
282	570	Rachel	Brummitt	LV40	1:01:50	Settle Harriers	
283	783	Linda	Coffey	LV60	1:06:12	Darwen Dashers	
284	683	Richard	Handford	MV60	1:07:53	Settle Harriers	
285	512	Maf	Haddow	LV40	1:09:19	Furness Fell Runners	
286	787	Viki	Walsh	LV40	1:09:20	Darwen Dashers	
287	791	Alison	Abbot	LV40	1:09:21	Darwen Dashers	
288	789	Jim	Taylor	MV70	1:13:12	Darwen Dashers	
289	652	George	Thompson	MV60	1:17:40	Darwen Dashers	
290	587	David	Rosen	MV60	1:27:25	Lancaster & Morecambe AC	
291	685	Antonio	Cardinale	MV70	-	Otley AC	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	144	Charlie	Allmond	Boy	16:52	Ambleside AC	1st Boy
2	16	Alex	Tallon	Boy	17:38	Helm Hill	2nd Boy
3	143	Jack	Villiers	Boy	18:06	Clayton-le-Moors Harriers	3rd Boy
4	97	Henry	Hunter	Boy	18:11	Helm Hill	
5	32	Marcus	Laws	Boy	18:23	Tynedale Harriers & AC	
6	148	Alexander	Holme	Boy	18:29	Helm Hill	
7	145	Dylan	Cater	Boy	18:32	Helm Hill Runners	
8	28	John	Bardsley	Boy	19:40		
9	137	Isaac	Robinson	Boy	20:49	Howgill Harriers	
10	149	Joe	Morgan	Boy	20:54	Helm Hill	
11	5	Emily	Swarbrick	Girl	20:55	Cumberland Fell Runners	1st Girl
12	104	Finley	Corkill	Boy	21:04	Leven Valley	
13	43	Sophie	Rylance	Girl	21:05	Ambleside AC	2nd Girl
14	7	Alex	Matthew	Boy	22:21	Bowland	
15	150	Nathan	Ritchie	Boy	22:27	Leven Valley	
16	47	Maesie	Evans	Girl	26:03	Ambleside AC	3rd Girl
17	62	Ciara	Duffy	Girl	26:06	Barlick Fell Runners	
18	151	Benjamin	Grundy	Boy	31:36	Wharfedale Harriers	

Under 15 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	152	Jessica	Bailey	Girl	08:47	Levens Valley	1st Girl
2	35	Rowan	Ashworth	Boy	09:01	Ambleside	1st Boy
3	14	Oliver	Willoughby	Boy	09:02	Helm hill	2nd Boy
4	51	Amelie	Lane	Girl	09:04	Wharfedale Harriers	2nd Girl
5	95	Sarah	Smith	Girl	09:23	Helm Hill	3rd Girl
6	37	Caius	Pennington	Boy	09:37	Howgill Harriers	3rd Boy
7	82	Finn	Houston	Boy	09:50	Helm Hill	
8	65	Oliver	Oldham	Boy	09:55	Leven Valley AC	
9	92	Ben	Allmond	Boy	09:57	Ambleside AC	
10	153	Jamie	Waller	Boy	09:58	Dallam	
11	4	Olivia	Swarbrick	Girl	09:59	Cumberland Fell Runners	
12	72	Oliva	Aldham	Girl	10:03	Wharfedale Harriers	
13	59	Riley	Holt	Boy	10:08	Rossendale	
14	74	Archie	Honeysett	Boy	10:11		
15	63	Alex	Graham	Boy	10:26	Ambleside AC	
16	113	Oliver	Brummitt	Boy	10:28	Settle Harriers	
17	6	Fayth	Bowness	Girl	10:32	CFR	
18	146	Connie Maye	Scott	Girl	10:38	Helm Hill Runners	
19	56	Charlotte	Peart	Girl	10:41	Settle Harriers	
20	54	Megan	Wilkinson	Girl	10:45	Keighley and Craven	
21	46	Riley	Merryfield	Boy	10:49	Ambleside	
22	49	Vicky	Woof	Girl	11:08	Howgill Harriers	
23	103	Kalyan	Dhillon-Downey	Boy	11:25	Keighley & Craven AC	
24	154	Henry	Cookson	Boy	11:39		
25	61	Jody	Whitfield	Girl	11:44	Barlick Fell Runners	
26	8	Cate	Matthew	Girl	11:48	Bowland	
27	147	Toby	Harper	Boy	11:51	Ambleside	
28	96	Amber	Muller	Girl	12:31	Barlick fell runners	
29	68	Alice	Sanderson	Girl	12:55	Helm Hill	
30	83	George	Campbell	Boy	13:11	Howgill Harriers	
31	100	Louie	Earp	Boy	13:27		
32	122	Alicia	Crawford	Girl	13:37	Helm Hill	
33	11	Rory	Knowles	Boy	13:48	Ambleside AC	

Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	30	archie	peaker	Boy	07:22	KCAC	1st Boy
2	52	Ewen	Wilkinson	Boy	07:38	Keighley and Craven	2nd Boy
3	10	Alfie	Addison	Boy	07:42	Helm Hill	3rd Boy
4	2	Simon	Rigby	Boy	07:53	Helm	
5	33	Harvey	Shaw	Boy	08:03	Ambleside	
6	34	Tom	Ashworth	Boy	08:04	Ambleside	
7	13	Kate	Collin	Girl	08:08	Kendal Acc	1st Girl
8	116	Joseff	Tancrel	Boy	08:10	Helm Hill	
9	23	Josh	Todd	Boy	08:14	Kendal A. C	
10	109	Ewan	Black	Boy	08:16	Helm Hill	
11	24	Lara	Smith	Girl	08:17	Helm	2nd Girl
12	66	Toby	Acland	Boy	08:18	Helm Hill	
13	60	Will	Pease	Boy	08:19	Barlick Fell Runners	
14	29	Daisy	Fielding	Girl	08:19	Sedbergh School Running Club	3rd Girl
15	45	Max	Hazlehurst	Boy	08:25	Hoad Hill Harriers	
16	31	Will	Brayshaw	Boy	08:26	Helm Hill	
17	22	Alfie	Todd	Boy	08:31	Kendal A. C	
18	90	Alfie	Tipping	Boy	08:34	Helm Hill	
19	87	Mack	Bagnall	Boy	08:38	Settle Harriers	
20	15	Fraser	Dunn	Boy	08:44	Helm Hill Runners	
21	76	Jack	Pearman	Boy	08:45	Herlm Hill	
22	20	Jude	Evans	Boy	08:48	Ambleside	
23	121	Zeke	Sumner	Boy	08:49	Ambleside AC	
24	107	Alex	Speight	Boy	08:53		
25	140	Thomas	Hearn	Boy	09:00	Helm Hill	
26	130	Isabella	Wright	Girl	09:01	Wharfedale Harriers	
27	38	Millie	Jebb	Girl	09:07	Helm Hill	
28	58	Finn	Durkin	Boy	09:10	Settle Harriers	
29	18	Ruby	Duxbury	Girl	09:10	Ambleside	
30	69	William	Hargreaves	Boy	09:16	Ambleside ac	
31	129	Cara	Bradley	Girl	09:21	Ambleside AC	
32	94	Alfie	Muller	Boy	09:24	Barlick fell runners	
33	105	Harry Tom	Singleton	Boy	09:30	Kendal AC	
34	21	Tess	Evans	Girl	09:37	Ambleside	
35	111	lucy	bagot	Girl	09:38	SETTLE	
36	26	Florrie	Haddow	Girl	09:39	Furness Fell Runners	
37	27	Coen	Edwards	Boy	09:47	Helm Hill	
38	79	Unknown	Runner 4	Boy	09:57		
39	108	Isabelle	Teal	Girl	09:57	Barlick Fell Runners	
40	48	Eve	Briffett	Girl	10:05	Dallam Running Club	
41	57	Hannah	Dyer	Girl	10:20	Helm Hill	
42	93	Jasmine	Bottomley	Girl	10:24	Helm Hill Runners	
43	133	Ben	Todhunter	Boy	10:25	Dallam	
44	132	Ellie	Todhunter	Girl	10:26	Dallam	
45	124	Bridget	Atkinson	Girl	10:31	Helm Hill	
46	86	Lily-Grace	Clayton	Girl	10:33	Wharfedale Harriers	
47	71	Eleanor	King	Girl	10:34	Helm Hill	
48	67	Isabel	Sanderson	Girl	10:41	Helm Hill	
49	138	Theo	Robinson	Boy	10:43	Howgill Harriers	
50	70	Jessica	Oakey	Girl	11:02	Settle Harriers	
51	40	Seren	Green	Girl	11:31	Ambleside AC	
52	1	Megan	Harris	Girl	12:11	Helm Hill	
53	115	Jonah	Hughes	Boy	12:32	Helm	

Under 11 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	39	Blake	Fleming	Boy	08:33	Ambleside AC	1st Boy
2	123	Evan	Mulvany	Boy	08:36	Helm Hill Runners	2nd Boy
3	25	Jake	Smith	Boy	08:41	Helm	3rd Boy
4	64	Sam	Oldham	Boy	08:43	Leven Valley AC	
5	80	Gus William	Campbell	Boy	08:51	Howgill Harriers	
6	41	Joe	Green	Boy	08:52	Ambleside AC	
7	91	Freddie	Byrne	Boy	08:52	Ambleside AC	
8	117	Ivan	Winder	Boy	08:52	Leven Valley AC	
9	135	Harry	Fife	Boy	09:09		
10	101	Emmy	Ranner	Girl	09:14	Helm Hill	1st Girl
11	42	Magnus	Foxwell	Boy	09:19	Ambleside AC	
12	19	William	Gornall	Boy	09:20		
13	112	Ben	Brummitt	Boy	09:29	Settle Harriers	
14	134	Reuben	Fife	Boy	09:32		
15	84	Charlie	Morgan	Boy	09:42		
16	118	Demitri	Kyriacou	Boy	09:48	Leven Valley	
17	98	Stan	Marston	Boy	09:50		
18	125	Bethany	Godfrey	Girl	09:51		2nd Girl
19	89	Arran	Goodall	Boy	09:54	Dallam	
20	55	Floyd	Palmer	Boy	09:55	Helm Hill	
21	106	Rosie	Speight	Girl	09:56		3rd Girl
22	36	Isla	Jebb	Girl	09:59	Helm Hill	
23	77	Annabel	Hinds	Girl	10:02	Settle Harriers	
24	12	Lara	Collin	Girl	10:09	Kendal AC	
25	102	Billy	Dutson	Boy	10:14		
26	44	Ben	Barclay	Boy	10:15	Hoad Hill Harriers	
27	128	Rowan	Bradley	Boy	10:16	unattached	
28	85	Oscar	Clayton	Boy	10:19	Wharfedale Harriers	
29	141	Arthur	Kirby	Boy	10:20	Ambleside	
30	17	Edward	Shawcross	Boy	10:24	Dallam	
31	50	Thomas	Iveson	Boy	10:33	Ambleside AC	
32	81	Dougal	Houston	Boy	10:36	Helm Hill	
33	9	Freya	Addison	Girl	10:37	Helm Hill	
34	126	Joe	Gargner	Boy	10:39	Ambleside AC	
35	75	Isla	Pearman	Girl	10:41	Helm Hill	
36	3	Bethany	Swarbrick	Girl	10:46	Cumberland Fell Runners	
37	119	Harry	Troughton	Boy	10:55	Helm Hill	
38	136	Isla	Douglas	Girl	10:58	Helm Hill	
39	139	Lua	Swami	Girl	11:00	Helm Hill	
40	99	Ghyll	Baker	Boy	11:08	Helm Hill	
41	110	Francesca	Bagot	Girl	11:15	SETTLE	
42	120	Freddie	Crawford	Boy	11:18	Helm Hill	
43	78	Fay	Thomas	Girl	11:27		
44	53	Matthew	Nugent	Boy	12:03	Helm Hill	
45	131	Elouise	Shepherd	Girl	12:15	Settle Harriers	
46	88	Euan	Goodall	Boy	12:22	Dallam	
47	114	Zachary	Hughes	Boy	12:56	Helm	
48	127	Roisin	Jordan	Girl	13:10	FRA	
49	73	Harry	Gould	Boy	14:59	Settle Harriers	

Scout Scar 2020 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	660	Matthew	Knowles	MU21	27:23	Lancaster & Morecambe AC	1st Man/1st MU21
2	781	Mark	Addison	Man	28:13	Helm Hill	2nd Man
3	687	Charlie	Ing	Man	29:03	Calder Valley Fell Runners	3rd Man
4	607	Josh	Hartley	Man	29:25	Black Combe	
5	521	Jon	Rylance	MV40	29:35	Ambleside AC	1st MV40
6	670	Kenny	Richmond	MV50	29:43	Shettleston	1st MV50
7	633	Pete	Harrison	Man	30:03	Helm Hill	
8	693	Joshua	Jardine	Man	30:26	Helm Hill	
9	606	Harry	Shuell	Man	30:28	Ambleside	
10	530	Ashley	Holt	MV40	30:37	Rossendale	
11	518	Brian	Pennington	MV40	31:07	Howgill Harriers	
12	632	Michael	Gregory	MV40	31:15	Leven Valley	
13	649	Joss	Livesey	Man	31:22	Howgill Harriers	
14	600	Eric	Beaumont	MU21	31:26	kcac	
15	701	David	Goadby	Man	31:27	Helm Hill	
16	544	Josh	Murphy	Man	31:28	Black Combe Runners	
17	509	Alastair	Dunn	MV40	31:31	Helm Hill Runners	
18	559	Charlie	Taylor	MU21	31:43	Rossendale Harriers AC	
19	716	Ross	Brannighan	Man	31:48	Ochil Hill Runners	
20	745	Matthew	Fretwell	Man	31:51	Settle Harriers	
21	593	Rod	Scott	MV40	31:53	Helm Hill Runners	
22	727	Shane	Ohly	MV40	32:02	Helm Hill	
23	639	Andy	F	Man	32:04		
24	777	Seb	Sillito	Man	32:06	Helm Hill	
25	598	Jethro	Whitfield	MV40	32:10	Garlick Fell Runners	
26	704	Tom	Simpson	Man	32:17		
27	571	Sam	Brummitt	MV40	32:30	Settle Harriers	
28	641	Ben	Kirkman	MU21	32:32	Rossendale Harriers	
29	754	Rob	Mortimore	Man	32:42	Helm Hill	
30	753	Paul	Reilly	MV40	32:44	Helm hill	
31	776	Joseph	Conner	MU21	32:45	Helm Hill	
32	780	Jack	Simpson	Man	32:52	Helm Hill	
33	621	Scott	Morley	Man	33:09	Eden Runners	
34	514	Joe	Todd	MV40	33:11	Kendal A. C	
35	614	Dominic	Howell	MV40	33:13		
36	561	James	Byrne	MV40	33:15	Ambleside AC	
37	616	Jon	Green	MV40	33:21	Preston Harriers	
38	668	George	Norris	MU21	33:24	Chorley Athletics	
39	746	Jon	Deegan	MV50	33:27	Ambleside SC	
40	582	Andy	Thompson	Man	33:30	Helm Hill	
41	599	Rob	Harper	MV50	33:32	Ambleside	
42	574	James	Baron	MV50	33:36	Helm Hill	
43	654	Mike	Page	Man	33:50	Unattached	
44	676	Tim	Pickering	Man	34:02	Helm Hill	
45	575	Justin	Tancrel	MV40	34:04	Helm Hill	
46	533	Carl	Pawson	MV40	34:07	Barlick fell runners	
47	580	Paul	Troughton	MV40	34:08	Helm Hill	
48	560	Colin	Houston	MV40	34:14	Helm Hill	
49	750	Gavin	Lloyd	Man	34:28	Black Combe Runners	
50	730	Adam	Crowe	Man	34:36	Ambleside	
51	653	Scott	Newburn	Man	34:40	Eden Runners	
52	729	Ross	Jenkins	Man	34:40	Howgill Harriers	
53	601	James	Bailey	MV40	34:43	Levens Valley	
54	692	James	Todhunter	MV40	34:50	Helm Hill	
55	736	Paul	Law	Man	34:53		
56	549	Sam	Merckel	Man	34:58	Lonsdale	
57	618	Ross	Butler	MV40	35:00	Keswick AC	
58	740	Peter	Lawson	Man	35:02	Howgill Harriers	
59	741	Anthony	Emmet	MV40	35:05	Helm Hill	

60	708	David	Griffin	MV60	35:13	Helm Hill	1st MV60
61	659	James	Coulthard	MV40	35:20	Howgill Harriers	
62	567	Olivier	Jumeau	MU21	35:29		
63	577	David	Kyriacou	Man	35:39	Leven Valley	
64	551	Pete	Bagnall	MV40	35:50	Settle Harriers	
65	756	Antony	Scott	MV50	35:55	Watercrock warriors	
66	619	John	Rainford	MV50	35:57	Preston Harriers	
67	702	Paul	Crabtree	MV50	36:01	Keighley & Craven	
68	590	Sheldan	Pickles	MV40	36:05	Unattached	
69	697	Jim	Andrews	MV50	36:16	Helm Hill	
70	584	Simon	Wright	MV50	36:20	Bingley Harriers	
71	585	Sean	Robinson	MV40	36:23	Howgill Harriers	
72	703	John	Dixon	Man	36:31		
73	592	Adam	Scott	MU21	36:32	Helm Hill Runners	
74	508	Tom	Matthew	MV40	36:36	Bowland	
75	622	Rhys	Morris	Man	36:43		
76	770	Howard	Dracup	Man	36:47	Helm Hill	
77	604	Michael	Wilding	MV50	36:54	Darwen Dashers	
78	506	John	Bagge	MV50	36:55	Helm Hill	
79	537	David	Pease	MV40	37:03	Barlick Fell Runners	
80	666	Nick	Hewitt	MV60	37:05	Bowland Fell Runners	
81	608	Steve	Hopwood	Man	37:09	Ambleside	
82	568	Unknown	Runner 1	Man	37:15		
83	535	Andrew	Smith	MV50	37:22	Barlick	
84	553	Sean	Gibson	Man	37:25	helmhill	
85	743	Thornton	Taylor	MV60	37:26	Rosendale	
86	630	Simon	Waller	MV50	37:27	Helm Hill	
87	522	Chris	Green	MV40	37:34	Ambleside AC	
88	715	Adam	Roberts	Man	37:43		
89	609	Toby	Smith	Man	37:54		
90	513	Ronnie	Haddow	MV50	38:03	Furness Fell Runners	
91	671	Shaun	Jackson	MV40	38:06	Altringham	
92	771	Clive	Allen	MV50	38:07	Helm Hill	
93	650	Jack	Palmer	Man	38:08		
94	717	Andrew	Douglas	MV40	38:16		
95	558	Shane	Muller	MV40	38:18	Barlick fell runners	
96	505	John	Robson	MV50	38:20	Helm Hill	
97	511	Alistair	Shawcross	MV40	38:23	Dallam	
98	769	Martin	Ramsay	MV50	38:24	Helm Hill	
99	698	William	Coupe	MV50	38:27	Helm Hill	
100	643	Mick	Kirkman	MV50	38:36	Rosendale Harriers	
101	773	Mick	Brankin	MV40	38:49	Trawden AC	
102	688	Roger	Taylor	MV50	38:50	Preston Harriers	
103	554	Chris	Whitfield	MV40	38:51	Sue Me DH Team	
104	555	David	Bottomley	MV40	38:56	Helm Hill Runners	
105	765	Andy	Smith	MV50	38:57	Darwen Dashers	
106	611	Jonny	Marchant	MV40	39:02	Helm Hill Runners	
107	603	Simon	Fox	MV50	39:13	Darwen Dashers	
108	694	Jeff	Powell Davies	Man	39:14	BL	
109	724	Graham	Beaumont	MV60	39:23	Dallam	
110	726	Neil	Whipp	MV40	39:24	Wesham Road Runners	
111	540	Andy	Holden	MV50	39:32	Wharfedale Harriers	
112	550	Richard	Ducket	MV40	39:33		
113	594	Graham	Jordan	MV40	39:57	Middleton Harriers	
114	552	Steve	Wathall	MV60	40:00	Black Combe Runners	
115	504	David	Appleyard	MV50	40:02	Helm Hill	
116	610	brian	thompson	MV60	40:09	Helm Hill	
117	545	Steve	King	MV40	40:14	Kendal Tri Club	
118	712	Jonnathan	Stubbs	MV50	40:26	Settle Harriers	
119	757	Konstantinos	Georgalos	Man	40:27	COLT	
120	658	Graham	Britton	MV60	40:31		
121	556	David	Hunter	MV50	40:32	Helm Hill	
122	699	Matt	Davis	Man	40:33	Howgill Harriers	

123	523	Colin	Briffett	MV40	40:41	Lonsdale Fell Runners	
124	602	Geoff	Lyons	MV60	40:55	Garstang	
125	728	Andrew	Lee	MV40	41:00	Rossendale	
126	690	Andrew	Stokes	MV60	41:01	Dallam	
127	624	Andrew	Bennett	MV40	41:05	Helm Hill	
128	674	Karl	Mason	Man	41:05	Helm Hill	
129	679	Jon	Tombs	MV40	41:10	Eden	
130	532	Jeremy	Wilkinson	MV50	41:16	Keighley and Craven	
131	742	Ken	Taylor	MV70	41:39	Rossendale	1st MV70
132	686	Philip	Harrington	MV40	41:53	Helm Hill	
133	510	Simon	Collin	MV40	41:58		
134	677	Jimmy	Ryan	MV40	41:59		
135	793	Dave	Hollwotham	MV50	42:02		
136	589	Mark	Villiers	MV40	42:06	Unattached	
137	719	John	Leech	MV50	42:18	Dallam	
138	636	Chris	Roberts	MV60	42:30	Black Combe Runners	
139	672	Craig	Partridge	MV50	42:42	Altringham	
140	748	Andrew	Russell	MV50	42:43	Helm Hill Runners	
141	790	BJ	Morris	MV50	42:44	Darwen Dashers	
142	642	Mark	Charnley	MV40	42:47	Settle harriers	
143	645	Peter	Singleton	MV60	42:57	blackpool wyre & fylde a.c.	
144	566	Phil	Jumeau	MV50	43:00		
145	583	Stefan	Bradley	MV40	43:03	unattached	
146	624	Andrew	Bennett	MV40	43:10	Helm Hill	
147	591	John	Orrell	MV50	43:15	Blackburn Harriers	
148	775	Andrew	Conner	MV50	43:20	Helm Hill	
149	657	Andy	Monk	MV60	43:21	FRA	
150	617	Michael	McLoughlin	MV60	43:37	Preston Harriers	
151	751	Will	Thaity	Man	44:38	Howgill Harriers	
152	772	Richard	Simpson	MV60	44:48	Dallam	
153	597	Richard	Cater	MV40	44:50	Helm Hill Runners	
154	723	Robert	Lee	Man	44:56	Lancaster Uni	
155	565	Paul	Corkill	MV40	44:59	Leven Valley	
156	792	Ian	Wilson	MV40	45:05	Helm Hill	
157	725	Pete	Coe	MV60	45:20	Helm	
158	764	Graham	Capper	MV60	45:31		
159	515	Peter	Bardsley	MV50	45:38	Bowland Fell Runners	
160	525	John	Taylor	MV70	45:49	Bowland FR	
161	655	Chris	Lees	MV40	45:51		
162	788	Philip	Seddon	MV60	46:13	Darwen Dashers	
163	612	Peter	Bascombe	MV40	46:16	Kendal Tri	
164	774	Simon	Theobald	MV50	46:25	Helm Hill	
165	721	John	Hodgson	MV70	46:47	Dallam	
166	538	Steve	Murdoch	MV50	47:27	FRA	
167	579	Robert	Crawford	MV40	48:02	Howgill Harrier	
168	747	Unknown	Runner 2	Man	48:29		
169	646	Ed	Key	MV40	48:33		
170	700	Ian	Peters	MV60	48:39	Glaxo Hoad Hill Harriers	
171	635	Darren	Baker	MV50	49:15	FRA	
172	760	David	Mainwaring	MV50	49:43		
173	648	Graham	schofield	MV60	50:26	Chorley Athletic and Tri Club	
174	546	Ian	Oakey	MV40	50:52	Settle Harriers	
175	613	Phil	Jones	MV40	51:00		
176	786	Mark	Tailor	MV40	51:25	Darwen Dashers	
177	548	David	Hodges	MV50	51:58		
178	526	Geoff	Thompson	MV60	52:41	Wharfedale Harriers	
179	722	Steven	Roberts	MV60	52:42		
180	761	Iain	Crossley	MV60	52:52	Settle Harriers	
181	569	Richard	Cookson	MV50	54:13		
182	647	Alan	Smart	MV60	55:26	blackpool wyre & fylde a.c.	
183	637	George	James	MV70	56:44	blackpool wyre & fylde a.c.	
184	779	Brian	Carlisle	MV60	56:56	Askrigg	
185	620	Phil	Corris	MV60	58:36	Lancashire Constabulary A C	

186	516	Trevor	Metcalfe	MV60	1:00:29	Wharfedale harriers	
187	778	John	McGartland	Man	1:00:59	City of Lancaster Triathlon (COLT)	
188	605	Selwyn	Wright	MV60	1:01:24	Ambleside AC	
189	683	Richard	Handford	MV60	1:07:53	Settle Harriers	
190	789	Jim	Taylor	MV70	1:13:12	Darwen Dashers	
191	652	George	Thompson	MV60	1:17:40	Darwen Dashers	
192	587	David	Rosen	MV60	1:27:25	Lancaster & Morecambe AC	
-	685	Antonio	Cardinale	MV70	-	Otley AC	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	660	Matthew	Knowles	MU21	27:23	Lancaster & Morecambe AC	1st Man/1st MU21
2	781	Mark	Addison	Man	28:13	Helm Hill	2nd Man
3	687	Charlie	Ing	Man	29:03	Calder Valley Fell Runners	3rd Man
4	607	Josh	Hartley	Man	29:25	Black Combe	
5	633	Pete	Harrison	Man	30:03	Helm Hill	
6	693	Joshua	Jardine	Man	30:26	Helm Hill	
7	606	Harry	Shuell	Man	30:28	Ambleside	
8	649	Joss	Livesey	Man	31:22	Howgill Harriers	
9	600	Eric	Beaumont	MU21	31:26	kcac	
10	701	David	Goadby	Man	31:27	Helm Hill	
11	544	Josh	Murphy	Man	31:28	Black Combe Runners	
12	559	Charlie	Taylor	MU21	31:43	Rossendale Harriers AC	
13	716	Ross	Brannighan	Man	31:48	Ochil Hill Runners	
14	745	Matthew	Fretwell	Man	31:51	Settle Harriers	
15	639	Andy	F	Man	32:04		
16	777	Seb	Sillito	Man	32:06	Helm Hill	
17	704	Tom	Simpson	Man	32:17		
18	641	Ben	Kirkman	MU21	32:32	Rossendale Harriers	
19	754	Rob	Mortimore	Man	32:42	Helm Hill	
20	776	Joseph	Conner	MU21	32:45	Helm Hill	
21	780	Jack	Simpson	Man	32:52	Helm Hill	
22	621	Scott	Morley	Man	33:09	Eden Runners	
23	668	George	Norris	MU21	33:24	Chorley Athletics	
24	582	Andy	Thompson	Man	33:30	Helm Hill	
25	654	Mike	Page	Man	33:50	Unattached	
26	676	Tim	Pickering	Man	34:02	Helm Hill	
27	750	Gavin	Lloyd	Man	34:28	Black Combe Runners	
28	730	Adam	Crowe	Man	34:36	Ambleside	
29	653	Scott	Newburn	Man	34:40	Eden Runners	
30	729	Ross	Jenkins	Man	34:40	Howgill Harriers	
31	736	Paul	Law	Man	34:53		
32	549	Sam	Merckel	Man	34:58	Lonsdale	
33	740	Peter	Lawson	Man	35:02	Howgill Harriers	
34	567	Olivier	Jumeau	MU21	35:29		
35	577	David	Kyriacou	Man	35:39	Leven Valley	
36	703	John	Dixon	Man	36:31		
37	592	Adam	Scott	MU21	36:32	Helm Hill Runners	
38	622	Rhys	Morris	Man	36:43		
39	770	Howard	Dracup	Man	36:47	Helm Hill	
40	608	Steve	Hopwood	Man	37:09	Ambleside	
41	568	Unknown	Runner 1	Man	37:15		
42	553	Sean	Gibson	Man	37:25	helmhill	
43	715	Adam	Roberts	Man	37:43		
44	609	Toby	Smith	Man	37:54		
45	650	Jack	Palmer	Man	38:08		
46	694	Jeff	Powell Davies	Man	39:14	BL	
47	757	Konstantinos	Georgalos	Man	40:27	COLT	
48	699	Matt	Davis	Man	40:33	Howgill Harriers	
49	674	Karl	Mason	Man	41:05	Helm Hill	
50	751	Will	Thaity	Man	44:38	Howgill Harriers	
51	723	Robert	Lee	Man	44:56	Lancaster Uni	
52	747	Unknown	Runner 2	Man	48:29		
53	778	John	McGarland	Man	1:00:59	City of Lancaster Triathlon (COLT)	

MEN UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	660	Matthew	Knowles	MU21	27:23	Lancaster & Morecambe AC	1st Man/1st MU21
2	600	Eric	Beaumont	MU21	31:26	kcac	
3	559	Charlie	Taylor	MU21	31:43	Rosendale Harriers AC	
4	641	Ben	Kirkman	MU21	32:32	Rosendale Harriers	
5	776	Joseph	Conner	MU21	32:45	Helm Hill	
6	668	George	Norris	MU21	33:24	Chorley Athletics	
7	567	Olivier	Jumeau	MU21	35:29		
8	592	Adam	Scott	MU21	36:32	Helm Hill Runners	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	521	Jon	Rylance	MV40	29:35	Ambleside AC	1st MV40
2	530	Ashley	Holt	MV40	30:37	Rossendale	
3	518	Brian	Pennington	MV40	31:07	Howgill Harriers	
4	632	Michael	Gregory	MV40	31:15	Leven Valley	
5	509	Alastair	Dunn	MV40	31:31	Helm Hill Runners	
6	593	Rod	Scott	MV40	31:53	Helm Hill Runners	
7	727	Shane	Ohly	MV40	32:02	Helm Hill	
8	598	Jethro	Whitfield	MV40	32:10	Garlick Fell Runners	
9	571	Sam	Brummitt	MV40	32:30	Settle Harriers	
10	753	Paul	Reilly	MV40	32:44	Helm hill	
11	514	Joe	Todd	MV40	33:11	Kendal A. C	
12	614	Dominic	Howell	MV40	33:13		
13	561	James	Byrne	MV40	33:15	Ambleside AC	
14	616	Jon	Green	MV40	33:21	Preston Harriers	
15	575	Justin	Tancrel	MV40	34:04	Helm Hill	
16	533	Carl	Pawson	MV40	34:07	Barlick fell runners	
17	580	Paul	Troughton	MV40	34:08	Helm Hill	
18	560	Colin	Houston	MV40	34:14	Helm Hill	
19	601	James	Bailey	MV40	34:43	Levens Valley	
20	692	James	Todhunter	MV40	34:50	Helm Hill	
21	618	Ross	Butler	MV40	35:00	Keswick AC	
22	741	Anthony	Emmet	MV40	35:05	Helm Hill	
23	659	James	Coulthard	MV40	35:20	Howgill Harriers	
24	551	Pete	Bagnall	MV40	35:50	Settle Harriers	
25	590	Sheldan	Pickles	MV40	36:05	Unattached	
26	585	Sean	Robinson	MV40	36:23	Howgill Harriers	
27	508	Tom	Matthew	MV40	36:36	Bowland	
28	537	David	Pease	MV40	37:03	Barlick Fell Runners	
29	522	Chris	Green	MV40	37:34	Ambleside AC	
30	671	Shaun	Jackson	MV40	38:06	Altringham	
31	717	Andrew	Douglas	MV40	38:16		
32	558	Shane	Muller	MV40	38:18	Barlick fell runners	
33	511	Alistair	Shawcross	MV40	38:23	Dallam	
34	773	Mick	Brankin	MV40	38:49	Trawden AC	
35	554	Chris	Whitfield	MV40	38:51	Sue Me DH Team	
36	555	David	Bottomley	MV40	38:56	Helm Hill Runners	
37	611	Jonny	Marchant	MV40	39:02	Helm Hill Runners	
38	726	Neil	Whipp	MV40	39:24	Wesham Road Runners	
39	550	Richard	Ducket	MV40	39:33		
40	594	Graham	Jordan	MV40	39:57	Middleton Harriers	
41	545	Steve	King	MV40	40:14	Kendal Tri Club	
42	523	Colin	Briffett	MV40	40:41	Lonsdale Fell Runners	
43	728	Andrew	Lee	MV40	41:00	Rossendale	
44	624	Andrew	Bennett	MV40	41:05	Helm Hill	
45	679	Jon	Tombs	MV40	41:10	Eden	
46	686	Philip	Harrington	MV40	41:53	Helm Hill	
47	510	Simon	Collin	MV40	41:58		
48	677	Jimmy	Ryan	MV40	41:59		
49	589	Mark	Villiers	MV40	42:06	Unattached	
50	642	Mark	Charnley	MV40	42:47	Settle harriers	
51	583	Stefan	Bradley	MV40	43:03	unattached	
52	624	Andrew	Bennett	MV40	43:10	Helm Hill	
53	597	Richard	Cater	MV40	44:50	Helm Hill Runners	
54	565	Paul	Corkill	MV40	44:59	Leven Valley	
55	792	Ian	Wilson	MV40	45:05	Helm Hill	
56	655	Chris	Lees	MV40	45:51		
57	612	Peter	Bascombe	MV40	46:16	Kendal Tri	
58	579	Robert	Crawford	MV40	48:02	Howgill Harrier	
59	646	Ed	Key	MV40	48:33		
60	546	Ian	Oakey	MV40	50:52	Settle Harriers	
61	613	Phil	Jones	MV40	51:00		

62	786	Mark	Tailor	MV40	51:25	Darwen Dashers	
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MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	670	Kenny	Richmond	MV50	29:43	Shettleston	1st MV50
2	746	Jon	Deegan	MV50	33:27	Ambleside SC	
3	599	Rob	Harper	MV50	33:32	Ambleside	
4	574	James	Baron	MV50	33:36	Helm Hill	
5	756	Antony	Scott	MV50	35:55	Watercrock warriors	
6	619	John	Rainford	MV50	35:57	Preston Harriers	
7	702	Paul	Crabtree	MV50	36:01	Keighley & Craven	
8	697	Jim	Andrews	MV50	36:16	Helm Hill	
9	584	Simon	Wright	MV50	36:20	Bingley Harriers	
10	604	Michael	Wilding	MV50	36:54	Darwen Dashers	
11	506	John	Bagge	MV50	36:55	Helm Hill	
12	535	Andrew	Smith	MV50	37:22	Barlick	
13	630	Simon	Waller	MV50	37:27	Helm Hill	
14	513	Ronnie	Haddow	MV50	38:03	Furness Fell Runners	
15	771	Clive	Allen	MV50	38:07	Helm Hill	
16	505	John	Robson	MV50	38:20	Helm Hill	
17	769	Martin	Ramsay	MV50	38:24	Helm Hill	
18	698	William	Coupe	MV50	38:27	Helm Hill	
19	643	Mick	Kirkman	MV50	38:36	Rossendale Harriers	
20	688	Roger	Taylor	MV50	38:50	Preston Harriers	
21	765	Andy	Smith	MV50	38:57	Darwen Dashers	
22	603	Simon	Fox	MV50	39:13	Darwen Dashers	
23	540	Andy	Holden	MV50	39:32	Wharfedale Harriers	
24	504	David	Appleyard	MV50	40:02	Helm Hill	
25	712	Jonnathan	Stubbs	MV50	40:26	Settle Harriers	
26	556	David	Hunter	MV50	40:32	Helm Hill	
27	532	Jeremy	Wilkinson	MV50	41:16	Keighley and Craven	
28	793	Dave	Hollwotham	MV50	42:02		
29	719	John	Leech	MV50	42:18	Dallam	
30	672	Craig	Partridge	MV50	42:42	Altringham	
31	748	Andrew	Russell	MV50	42:43	Helm Hill Runners	
32	790	BJ	Morris	MV50	42:44	Darwen Dashers	
33	566	Phil	Jumeau	MV50	43:00		
34	591	John	Orrell	MV50	43:15	Blackburn Harriers	
35	775	Andrew	Conner	MV50	43:20	Helm Hill	
36	515	Peter	Bardsley	MV50	45:38	Bowland Fell Runners	
37	774	Simon	Theobald	MV50	46:25	Helm Hill	
38	538	Steve	Murdoch	MV50	47:27	FRA	
39	635	Darren	Baker	MV50	49:15	FRA	
40	760	David	Mainwaring	MV50	49:43		
41	548	David	Hodges	MV50	51:58		
42	569	Richard	Cookson	MV50	54:13		

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	708	David	Griffin	MV60	35:13	Helm Hill	1st MV60
2	666	Nick	Hewitt	MV60	37:05	Bowland Fell Runners	
3	743	Thornton	Taylor	MV60	37:26	Rossendale	
4	724	Graham	Beaumont	MV60	39:23	Dallam	
5	552	Steve	Wathall	MV60	40:00	Black Combe Runners	
6	610	brian	thompson	MV60	40:09	Helm Hill	
7	658	Graham	Britton	MV60	40:31		
8	602	Geoff	Lyons	MV60	40:55	Garstang	
9	690	Andrew	Stokes	MV60	41:01	Dallam	
10	636	Chris	Roberts	MV60	42:30	Black Combe Runners	
11	645	Peter	Singleton	MV60	42:57	blackpool wyre & fylde a.c.	
12	657	Andy	Monk	MV60	43:21	FRA	
13	617	Michael	McLoughlin	MV60	43:37	Preston Harriers	
14	772	Richard	Simpson	MV60	44:48	Dallam	
15	725	Pete	Coe	MV60	45:20	Helm	
16	764	Graham	Capper	MV60	45:31		
17	788	Philip	Seddon	MV60	46:13	Darwen Dashers	
18	700	Ian	Peters	MV60	48:39	Glaxo Hoad Hill Harriers	
19	648	Graham	schofield	MV60	50:26	Chorley Athletic and Tri Club	
20	526	Geoff	Thompson	MV60	52:41	Wharfedale Harriers	
21	722	Steven	Roberts	MV60	52:42		
22	761	Iain	Crossley	MV60	52:52	Settle Harriers	
23	647	Alan	Smart	MV60	55:26	blackpool wyre & fylde a.c.	
24	779	Brian	Carlisle	MV60	56:56	Askrigg	
25	620	Phil	Corris	MV60	58:36	Lancashire Constabulary A C	
26	516	Trevor	Metcalfe	MV60	1:00:29	Wharfedale harriers	
27	605	Selwyn	Wright	MV60	1:01:24	Ambleside AC	
28	683	Richard	Handford	MV60	1:07:53	Settle Harriers	
29	652	George	Thompson	MV60	1:17:40	Darwen Dashers	
30	587	David	Rosen	MV60	1:27:25	Lancaster & Morecambe AC	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	742	Ken	Taylor	MV70	41:39	Rosendale	1st MV70
2	525	John	Taylor	MV70	45:49	Bowland FR	
3	721	John	Hodgson	MV70	46:47	Dallam	
4	637	George	James	MV70	56:44	blackpool wyre & fylde a.c.	
5	789	Jim	Taylor	MV70	1:13:12	Darwen Dashers	
-	685	Antonio	Cardinale	MV70	-	Otley AC	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	684	Kelli	Roberts	Lady	32:34	Helm Hill	1st Lady
2	519	Chloe	Rylance	LU21	33:33	Ambleside AC	2nd Lady/1st LU21
3	644	Beth	Hanson	Lady	34:30	Ambleside AC	3rd Lady
4	705	Celia	Powell	Lady	35:31		
5	768	Jenny	Rice	Lady	35:35	Helm Hill	
6	534	Bianca	Dyer	LV40	36:21	Helm Hill	1st LV40
7	707	Lucy	Varney	LV50	38:30	Kendal AC	1st LV50
8	543	Amy	Pearman	LV40	38:48	Helm Hill	
9	696	Claire	Wilson	Lady	38:55	Helm Hill	
10	667	Verity	Russo	Lady	39:04		
11	738	Sarah	Gerrish	Lady	39:06	Helm Hill	
12	695	Jenny	Lyon	LV40	39:16	Dallam	
13	539	Sarah	McCartney	LV40	39:37	Lonsdale Fell Runners	
14	661	Rosie	Dale	Lady	39:48		
15	564	Beth	Dutson	Lady	40:13	Westerlands CC	
16	503	Alison	Richards	LV40	40:30	Helm Hill	
17	627	Liz	McNally	LV40	40:34	Leven Valley A/C	
18	502	Jayne	Rigby	LV40	40:51	Helm hill	
19	562	Rowan	Ranner	LV40	41:12	Helm Hill	
20	691	Lucie-Ellen	Todhunter	Lady	41:18	U/A	
21	543	Amy	Pearman	LV40	41:33	Helm Hill	
22	501	Caroline	Holden	LV50	41:43	Helm Hill	
23	752	Alison	Eagle	LV50	42:51		
24	625	Andrea	Benson	LV40	43:18		
25	739	Victoria	Upton	Lady	43:19	Helm Hill Runners	
26	711	Kerri	Wadsworth	LV40	43:22	Helm Hill	
27	706	Laura	Bramholtz	Lady	43:23		
28	520	Niki	Rylance	LV40	43:43	Ambleside AC	
29	749	Abigail	Kerr	Lady	43:51		
30	573	Maria	Hearn	LV40	44:07	Helm Hill	
31	536	Emma	Pease	LV40	44:22	Barlick Fell Runners	
32	718	Dorothy	Pelly	LV60	44:27	Ambleside AC	1st LV60
33	588	Mary	Ockenden	LV60	44:57	Bowland Fell Runners	
34	524	Jo	Taylor	LV50	45:02	Bowland FR	
35	541	Lynn	Whittaker	LV50	45:10	Wharfedale Harriers	
36	744	Jen	Henry	Lady	45:11		
37	782	Helen	Greenep	LV50	45:15	Settle Harriers	
38	669	Emma	Blundell	Lady	45:25	Lonsdale Fell Runners	
39	528	Kate	Evans	Lady	45:41	AAC	
40	755	Leslie	Pateloup	Lady	46:22		
41	681	Rebecca	Wilson	Lady	46:24	Helm Hill	
42	517	Kate	Brayshaw	LV40	46:27	Helm Hill	
43	673	Joanne	Grisedale	LV40	46:31	Helm Hill	
44	623	Justine	Carruthers	LV40	46:33	Eden Runners	
45	680	Vicky	Atkinson	LV40	46:50	Helm Hill	
46	638	Vicky	O'Neill	Lady	46:53		
47	596	Jo	Cater	LV40	47:35	Helm Hill Runners	
48	734	Lindsay	Harrod	LV50	47:47	Helm Hill Runners	
49	572	PAM	BAGOT	LV40	47:56	settle	
50	578	May	Crawford	LV40	47:57	Helm Hill	
51	531	Helen	Wilkinson	LV40	48:10	Keighley and Craven	
52	557	Nicola	Muller	LV40	48:15	Barlick fell runners	
53	720	Wendy	Dodds	LV60	48:23	Dallam Running Club	
54	713	Sarah	Senior	LV50	48:37	Helm	
55	615	Olga	Wiggins	LV40	48:40	Preston Harriers	
56	678	Nicola	Heaton	LV40	48:47		
57	651	Katy	Thompson	LV60	48:53	Clayton-le-Moors	
58	665	Alison	Harper	LV40	48:57		
59	631	Libby	Dixon	LV40	49:16	Ambleside	
60	626	Paula	Bowen	LV40	49:27	Ambleside	
61	731	Helen	Halsall	LV50	49:37		

62	628	Veronica	Wallia	LV50	50:04	Dallam	
63	766	Louise	Capper	LV50	50:12		
64	640	Erin	Bagge	LU21	50:20		
65	689	Isabel	Berry	Lady	50:24		
66	663	Marian	de Silver	LV60	50:38	Dallam running club	
67	664	Caroline	Nussey	Lady	50:42	Dallam Running Club	
68	763	Emily	Crossley	LU21	50:43	Settle Harriers	
69	529	Lorna	Holt	LV40	50:58	Rossendale harriers	
70	629	Abi	Waller	LU21	51:06		
71	767	Hannah	Reynolds	LV40	51:53		
72	733	Joanne	McLeod	LV50	52:07	Barrow and Furness Striders Ac	
73	709	Ellie	Kent	Lady	52:23		
74	675	Ruth	Maxwell	LV50	52:50	Settle Harriers	
75	527	Su	Thompson	LV50	53:44	Wharfedale Harriers	
76	656	Leanne	Ritchie	Lady	53:54		
77	581	Rebecca	Atkinson	Lady	54:09	Helm Hill	
78	732	Anna	Stevens	LV40	54:11	Helm Hill	
79	576	Leonie	Black	LV40	54:15	Helm Hill	
80	586	Miriam	Rosen	LV70	54:46	Lancaster & Morecambe AC	
81	662	Aggie	Dudlik	Lady	55:36		
82	785	Louise	Oldfield	LV40	55:57	Darwen Dashers	
83	758	Sonja	Vietoris	LV60	56:36		
84	714	Jill	Leader	LV60	56:40		
85	595	Janine	Jordan	Lady	56:50	Middleton Harriers	
86	762	Julie	Dawson	LV40	57:03	Darwen Dashers	
87	682	Janet	Nash	LV60	57:38	Lakeland OC	
88	542	Katharine	Shrine	LV40	57:54		
89	507	Jo	Matthew	LV40	58:17	Bowland	
90	759	Jill	Gates	LV50	58:48	Settle Harriers	
91	737	Philippa	Adams	LV40	59:49		
92	563	Jane	Campbell	Lady	59:52	Howgill Harriers	
93	710	Samantha	Carlisle	Lady	1:00:29		
94	570	Rachel	Brummitt	LV40	1:01:50	Settle Harriers	
95	783	Linda	Coffey	LV60	1:06:12	Darwen Dashers	
96	512	Maf	Haddow	LV40	1:09:19	Furness Fell Runners	
97	787	Viki	Walsh	LV40	1:09:20	Darwen Dashers	
98	791	Alison	Abbot	LV40	1:09:21	Darwen Dashers	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	684	Kelli	Roberts	Lady	32:34	Helm Hill	1st Lady
2	519	Chloe	Rylance	LU21	33:33	Ambleside AC	2nd Lady/1st LU21
3	644	Beth	Hanson	Lady	34:30	Ambleside AC	3rd Lady
4	705	Celia	Powell	Lady	35:31		
5	768	Jenny	Rice	Lady	35:35	Helm Hill	
6	696	Claire	Wilson	Lady	38:55	Helm Hill	
7	667	Verity	Russo	Lady	39:04		
8	738	Sarah	Gerrish	Lady	39:06	Helm Hill	
9	661	Rosie	Dale	Lady	39:48		
10	564	Beth	Dutson	Lady	40:13	Westerlands CC	
11	691	Lucie-Ellen	Todhunter	Lady	41:18	U/A	
12	739	Victoria	Upton	Lady	43:19	Helm Hill Runners	
13	706	Laura	Bramholtz	Lady	43:23		
14	749	Abigail	Kerr	Lady	43:51		
15	744	Jen	Henry	Lady	45:11		
16	669	Emma	Blundell	Lady	45:25	Lonsdale Fell Runners	
17	528	Kate	Evans	Lady	45:41	AAC	
18	755	Leslie	Pateloup	Lady	46:22		
19	681	Rebecca	Wilson	Lady	46:24	Helm Hill	
20	638	Vicky	O'Neill	Lady	46:53		
21	640	Erin	Bagge	LU21	50:20		
22	689	Isabel	Berry	Lady	50:24		
23	664	Caroline	Nussey	Lady	50:42	Dallam Running Club	
24	763	Emily	Crossley	LU21	50:43	Settle Harriers	
25	629	Abi	Waller	LU21	51:06		
26	709	Ellie	Kent	Lady	52:23		
27	656	Leanne	Ritchie	Lady	53:54		
28	581	Rebecca	Atkinson	Lady	54:09	Helm Hill	
29	662	Aggie	Dudlik	Lady	55:36		
30	595	Janine	Jordan	Lady	56:50	Middleton Harriers	
31	563	Jane	Campbell	Lady	59:52	Howgill Harriers	
32	710	Samantha	Carlisle	Lady	1:00:29		

LADIES UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	519	Chloe	Rylance	LU21	33:33	Ambleside AC	2nd Lady/1st LU21
2	640	Erin	Bagge	LU21	50:20		
3	763	Emily	Crossley	LU21	50:43	Settle Harriers	
4	629	Abi	Waller	LU21	51:06		

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	534	Bianca	Dyer	LV40	36:21	Helm Hill	1st LV40
2	543	Amy	Pearman	LV40	38:48	Helm Hill	
3	695	Jenny	Lyon	LV40	39:16	Dallam	
4	539	Sarah	McCartney	LV40	39:37	Lonsdale Fell Runners	
5	503	Alison	Richards	LV40	40:30	Helm Hill	
6	627	Liz	McNally	LV40	40:34	Leven Valley A/C	
7	502	Jayne	Rigby	LV40	40:51	Helm hill	
8	562	Rowan	Ranner	LV40	41:12	Helm Hill	
9	543	Amy	Pearman	LV40	41:33	Helm Hill	
10	625	Andrea	Benson	LV40	43:18		
11	711	Kerri	Wadsworth	LV40	43:22	Helm Hill	
12	520	Niki	Rylance	LV40	43:43	Ambleside AC	
13	573	Maria	Hearn	LV40	44:07	Helm Hill	
14	536	Emma	Pease	LV40	44:22	Barlick Fell Runners	
15	517	Kate	Brayshaw	LV40	46:27	Helm Hill	
16	673	Joanne	Grisedale	LV40	46:31	Helm Hill	
17	623	Justine	Carruthers	LV40	46:33	Eden Runners	
18	680	Vicky	Atkinson	LV40	46:50	Helm Hill	
19	596	Jo	Cater	LV40	47:35	Helm Hill Runners	
20	572	PAM	BAGOT	LV40	47:56	settle	
21	578	May	Crawford	LV40	47:57	Helm Hill	
22	531	Helen	Wilkinson	LV40	48:10	Keighley and Craven	
23	557	Nicola	Muller	LV40	48:15	Barlick fell runners	
24	615	Olga	Wiggins	LV40	48:40	Preston Harriers	
25	678	Nicola	Heaton	LV40	48:47		
26	665	Alison	Harper	LV40	48:57		
27	631	Libby	Dixon	LV40	49:16	Ambleside	
28	626	Paula	Bowen	LV40	49:27	Ambleside	
29	529	Lorna	Holt	LV40	50:58	Rosendale harriers	
30	767	Hannah	Reynolds	LV40	51:53		
31	732	Anna	Stevens	LV40	54:11	Helm Hill	
32	576	Leonie	Black	LV40	54:15	Helm Hill	
33	785	Louise	Oldfield	LV40	55:57	Darwen Dashers	
34	762	Julie	Dawson	LV40	57:03	Darwen Dashers	
35	542	Katharine	Shrine	LV40	57:54		
36	507	Jo	Matthew	LV40	58:17	Bowland	
37	737	Philippa	Adams	LV40	59:49		
38	570	Rachel	Brummitt	LV40	1:01:50	Settle Harriers	
39	512	Maf	Haddow	LV40	1:09:19	Furness Fell Runners	
40	787	Viki	Walsh	LV40	1:09:20	Darwen Dashers	
41	791	Alison	Abbot	LV40	1:09:21	Darwen Dashers	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	707	Lucy	Varney	LV50	38:30	Kendal AC	1st LV50
2	501	Caroline	Holden	LV50	41:43	Helm Hill	
3	752	Alison	Eagle	LV50	42:51		
4	524	Jo	Taylor	LV50	45:02	Bowland FR	
5	541	Lynn	Whittaker	LV50	45:10	Wharfedale Harriers	
6	782	Helen	Greenep	LV50	45:15	Settle Harriers	
7	734	Lindsay	Harrod	LV50	47:47	Helm Hill Runners	
8	713	Sarah	Senior	LV50	48:37	Helm	
9	731	Helen	Halsall	LV50	49:37		
10	628	Veronica	Wallia	LV50	50:04	Dallam	
11	766	Louise	Capper	LV50	50:12		
12	733	Joanne	McLeod	LV50	52:07	Barrow and Furness Striders Ac	
13	675	Ruth	Maxwell	LV50	52:50	Settle Harriers	
14	527	Su	Thompson	LV50	53:44	Wharfedale Harriers	
15	759	Jill	Gates	LV50	58:48	Settle Harriers	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	718	Dorothy	Pelly	LV60	44:27	Ambleside AC	1st LV60
2	588	Mary	Ockenden	LV60	44:57	Bowland Fell Runners	
3	720	Wendy	Dodds	LV60	48:23	Dallam Running Club	
4	651	Katy	Thompson	LV60	48:53	Clayton-le-Moors	
5	663	Marian	de Silver	LV60	50:38	Dallam running club	
6	758	Sonja	Vietoris	LV60	56:36		
7	714	Jill	Leader	LV60	56:40		
8	682	Janet	Nash	LV60	57:38	Lakeland OC	
9	783	Linda	Coffey	LV60	1:06:12	Darwen Dashers	

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	144	Charlie	Allmond	Boy	16:52	Ambleside AC	1st Boy
2	16	Alex	Tallon	Boy	17:38	Helm Hill	2nd Boy
3	143	Jack	Villiers	Boy	18:06	Clayton-le-Moors Harriers	3rd Boy
4	97	Henry	Hunter	Boy	18:11	Helm Hill	
5	32	Marcus	Laws	Boy	18:23	Tynedale Harriers & AC	
6	148	Alexander	Holme	Boy	18:29	Helm Hill	
7	145	Dylan	Cater	Boy	18:32	Helm Hill Runners	
8	28	John	Bardsley	Boy	19:40		
9	137	Isaac	Robinson	Boy	20:49	Howgill Harriers	
10	149	Joe	Morgan	Boy	20:54	Helm Hill	
11	104	Finley	Corkill	Boy	21:04	Leven Valley	
12	7	Alex	Matthew	Boy	22:21	Bowland	
13	150	Nathan	Ritchie	Boy	22:27	Leven Valley	
14	151	Benjamin	Grundy	Boy	31:36	Wharfedale Harriers	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	5	Emily	Swarbrick	Girl	20:55	Cumberland Fell Runners	1st Girl
2	43	Sophie	Rylance	Girl	21:05	Ambleside AC	2nd Girl
3	47	Maesie	Evans	Girl	26:03	Ambleside AC	3rd Girl
4	62	Ciara	Duffy	Girl	26:06	Barlick Fell Runners	

UNDER 15 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	35	Rowan	Ashworth	Boy	09:01	Ambleside	1st Boy
2	14	Oliver	Willoughby	Boy	09:02	Helm hill	2nd Boy
3	37	Caius	Pennington	Boy	09:37	Howgill Harriers	3rd Boy
4	82	Finn	Houston	Boy	09:50	Helm Hill	
5	65	Oliver	Oldham	Boy	09:55	Leven Valley AC	
6	92	Ben	Allmond	Boy	09:57	Ambleside AC	
7	153	Jamie	Waller	Boy	09:58	Dallam	
8	59	Riley	Holt	Boy	10:08	Rossendale	
9	74	Archie	Honeysett	Boy	10:11		
10	63	Alex	Graham	Boy	10:26	Ambleside AC	
11	113	Oliver	Brummitt	Boy	10:28	Settle Harriers	
12	46	Riley	Merryfield	Boy	10:49	Ambleside	
13	103	Kalyan	Dhillon-Downey	Boy	11:25	Keighley & Craven AC	
14	154	Henry	Cookson	Boy	11:39		
15	147	Toby	Harper	Boy	11:51	Ambleside	
16	83	George	Campbell	Boy	13:11	Howgill Harriers	
17	100	Louie	Earp	Boy	13:27		
18	11	Rory	Knowles	Boy	13:48	Ambleside AC	

UNDER 15 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	152	Jessica	Bailey	Girl	08:47	Levens Valley	1st Girl
2	51	Amelie	Lane	Girl	09:04	Wharfedale Harriers	2nd Girl
3	95	Sarah	Smith	Girl	09:23	Helm Hill	3rd Girl
4	4	Olivia	Swarbrick	Girl	09:59	Cumberland Fell Runners	
5	72	Oliva	Aldham	Girl	10:03	Wharfedale Harriers	
6	6	Fayth	Bowness	Girl	10:32	CFR	
7	146	Connie Maye	Scott	Girl	10:38	Helm Hill Runners	
8	56	Charlotte	Peart	Girl	10:41	Settle Harriers	
9	54	Megan	Wilkinson	Girl	10:45	Keighley and Craven	
10	49	Vicky	Woof	Girl	11:08	Howgill Harriers	
11	61	Jody	Whitfield	Girl	11:44	Barlick Fell Runners	
12	8	Cate	Matthew	Girl	11:48	Bowland	
13	96	Amber	Muller	Girl	12:31	Barlick fell runners	
14	68	Alice	Sanderson	Girl	12:55	Helm Hill	
15	122	Alicia	Crawford	Girl	13:37	Helm Hill	

UNDER 13 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	30	archie	peaker	Boy	07:22	KCAC	1st Boy
2	52	Ewen	Wilkinson	Boy	07:38	Keighley and Craven	2nd Boy
3	10	Alfie	Addison	Boy	07:42	Helm Hill	3rd Boy
4	2	Simon	Rigby	Boy	07:53	Helm	
5	33	Harvey	Shaw	Boy	08:03	Ambleside	
6	34	Tom	Ashworth	Boy	08:04	Ambleside	
7	116	Joseff	Tancrel	Boy	08:10	Helm Hill	
8	23	Josh	Todd	Boy	08:14	Kendal A. C	
9	109	Ewan	Black	Boy	08:16	Helm Hill	
10	66	Toby	Acland	Boy	08:18	Helm Hill	
11	60	Will	Pease	Boy	08:19	Barlick Fell Runners	
12	45	Max	Hazlehurst	Boy	08:25	Hoad Hill Harriers	
13	31	Will	Brayshaw	Boy	08:26	Helm Hill	
14	22	Alfie	Todd	Boy	08:31	Kendal A. C	
15	90	Alfie	Tipping	Boy	08:34	Helm Hill	
16	87	Mack	Bagnall	Boy	08:38	Settle Harriers	
17	15	Fraser	Dunn	Boy	08:44	Helm Hill Runners	
18	76	Jack	Pearman	Boy	08:45	Herlm Hill	
19	20	Jude	Evans	Boy	08:48	Ambleside	
20	121	Zeke	Sumner	Boy	08:49	Ambleside AC	
21	107	Alex	Speight	Boy	08:53		
22	140	Thomas	Hearn	Boy	09:00	Helm Hill	
23	58	Finn	Durkin	Boy	09:10	Settle Harriers	
24	69	William	Hargreaves	Boy	09:16	Ambleside ac	
25	94	Alfie	Muller	Boy	09:24	Barlick fell runners	
26	105	Harry Tom	Singleton	Boy	09:30	Kendal AC	
27	27	Coen	Edwards	Boy	09:47	Helm Hill	
28	79	Unknown	Runner 4	Boy	09:57		
29	133	Ben	Todhunter	Boy	10:25	Dallam	
30	138	Theo	Robinson	Boy	10:43	Howgill Harriers	
31	115	Jonah	Hughes	Boy	12:32	Helm	

UNDER 13 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	13	Kate	Collin	Girl	08:08	Kendal Acc	1st Girl
2	24	Lara	Smith	Girl	08:17	Helm	2nd Girl
3	29	Daisy	Fielding	Girl	08:19	Sedbergh School Running Club	3rd Girl
4	130	Isabella	Wright	Girl	09:01	Wharfedale Harriers	
5	38	Millie	Jebb	Girl	09:07	Helm Hill	
6	18	Ruby	Duxbury	Girl	09:10	Ambleside	
7	129	Cara	Bradley	Girl	09:21	Ambleside AC	
8	21	Tess	Evans	Girl	09:37	Ambleside	
9	111	lucy	bagot	Girl	09:38	SETTLE	
10	26	Florrie	Haddow	Girl	09:39	Furness Fell Runners	
11	108	Isabelle	Teal	Girl	09:57	Barlick Fell Runners	
12	48	Eve	Briffett	Girl	10:05	Dallam Running Club	
13	57	Hannah	Dyer	Girl	10:20	Helm Hill	
14	93	Jasmine	Bottomley	Girl	10:24	Helm Hill Runners	
15	132	Ellie	Todhunter	Girl	10:26	Dallam	
16	124	Bridget	Atkinson	Girl	10:31	Helm Hill	
17	86	Lily-Grace	Clayton	Girl	10:33	Wharfedale Harriers	
18	71	Eleanor	King	Girl	10:34	Helm Hill	
19	67	Isabel	Sanderson	Girl	10:41	Helm Hill	
20	70	Jessica	Oakey	Girl	11:02	Settle Harriers	
21	40	Seren	Green	Girl	11:31	Ambleside AC	
22	1	Megan	Harris	Girl	12:11	Helm Hill	

UNDER 11 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	39	Blake	Fleming	Boy	08:33	Ambleside AC	1st Boy
2	123	Evan	Mulvany	Boy	08:36	Helm Hill Runners	2nd Boy
3	25	Jake	Smith	Boy	08:41	Helm	3rd Boy
4	64	Sam	Oldham	Boy	08:43	Leven Valley AC	
5	80	Gus William	Campbell	Boy	08:51	Howgill Harriers	
6	41	Joe	Green	Boy	08:52	Ambleside AC	
7	91	Freddie	Byrne	Boy	08:52	Ambleside AC	
8	117	Ivan	Winder	Boy	08:52	Leven Valley AC	
9	135	Harry	Fife	Boy	09:09		
10	42	Magnus	Foxwell	Boy	09:19	Ambleside AC	
11	19	William	Gornall	Boy	09:20		
12	112	Ben	Brummitt	Boy	09:29	Settle Harriers	
13	134	Reuben	Fife	Boy	09:32		
14	84	Charlie	Morgan	Boy	09:42		
15	118	Demitri	Kyriacou	Boy	09:48	Leven Valley	
16	98	Stan	Marston	Boy	09:50		
17	89	Arran	Goodall	Boy	09:54	Dallam	
18	55	Floyd	Palmer	Boy	09:55	Helm Hill	
19	102	Billy	Dutson	Boy	10:14		
20	44	Ben	Barclay	Boy	10:15	Hoad Hill Harriers	
21	128	Rowan	Bradley	Boy	10:16	unattached	
22	85	Oscar	Clayton	Boy	10:19	Wharfedale Harriers	
23	141	Arthur	Kirby	Boy	10:20	Ambleside	
24	17	Edward	Shawcross	Boy	10:24	Dallam	
25	50	Thomas	Iveson	Boy	10:33	Ambleside AC	
26	81	Dougal	Houston	Boy	10:36	Helm Hill	
27	126	Joe	Gargner	Boy	10:39	Ambleside AC	
28	119	Harry	Troughton	Boy	10:55	Helm Hill	
29	99	Ghyll	Baker	Boy	11:08	Helm Hill	
30	120	Freddie	Crawford	Boy	11:18	Helm Hill	
31	53	Matthew	Nugent	Boy	12:03	Helm Hill	
32	88	Euan	Goodall	Boy	12:22	Dallam	
33	114	Zachary	Hughes	Boy	12:56	Helm	
34	73	Harry	Gould	Boy	14:59	Settle Harriers	

UNDER 11 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	101	Emmy	Ranner	Girl	09:14	Helm Hill	1st Girl
2	125	Bethany	Godfrey	Girl	09:51		2nd Girl
3	106	Rosie	Speight	Girl	09:56		3rd Girl
4	36	Isla	Jebb	Girl	09:59	Helm Hill	
5	77	Annabel	Hinds	Girl	10:02	Settle Harriers	
6	12	Lara	Collin	Girl	10:09	Kendal AC	
7	9	Freya	Addison	Girl	10:37	Helm Hill	
8	75	Isla	Pearman	Girl	10:41	Helm Hill	
9	3	Bethany	Swarbrick	Girl	10:46	Cumberland Fell Runners	
10	136	Isla	Douglas	Girl	10:58	Helm Hill	
11	139	Lua	Swami	Girl	11:00	Helm Hill	
12	110	Francesca	Bagot	Girl	11:15	SETTLE	
13	78	Fay	Thomas	Girl	11:27		
14	131	Elouise	Shepherd	Girl	12:15	Settle Harriers	
15	127	Roisin	Jordan	Girl	13:10	FRA	